

#OTalk Transcript

Healthcare social media transcript of the [#OTalk](#) hashtag.

Tue, July 26th 2022, 8:00PM – Thu, July 28th 2022, 9:45AM (Europe/London).

See [#OTalk Influencers/Analytics](#).



#OTalk @OTalk_

Its 8pm that means its [#OTalk](#) time. Tonight's topic - It's [@OT_rach](#) on [@OTalk_](#) account support tonight. Say hello, let us know you're here tonight. <https://t.co/c3TBrMNNkv>



Natalie H - T Student (she/her) @nataliehixy

Not long now [#OTalk](#) [#DisabilityPrideMonth](#) [#BeAnAbleOTUKAlly](#)



Sam Pywell @smileyfacehalo

[@OTalk_](#) [@OT_rach](#) Hello everyone !! 🌈 [#OTalk](#) <https://t.co/ED6WoRRSeD>



#OTalk @OTalk_

I know [#England](#) are playing [#Sweden](#) one [@BBC1](#) right now, but you can multitask right? Join us now for [#OTalk](#)



#OTalk @OTalk_

[#OTalk](#) Engagement Guidance 1 - To see the conversation, Click on the HASHTAG, it will take you to a page of just tweets including [#OTalk](#). Click LATEST to chat in real time, you will need to refresh this page often. <https://t.co/amFGozUn9s>



Natalie H - T Student (she/her) @nataliehixy

[@OTalk_](#) [@OT_rach](#) Hi! [#OTalk](#)



AbleOTUK @AbleOTUK

RT [@OTalk_](#) : I know [#England](#) are playing [#Sweden](#) one [@BBC1](#) right now, but you can multitask right? Join us now for [#OTalk](#)



#OTalk @OTalk_

[#OTalk](#) Engagement Guidance 2 - To reply to a questions, simply CLICK reply, type what you want to say in under 280 characters making sure you included your tweet. <https://t.co/Q42QfhasHf>



Bill Wong, OTD, OTR/L @BillWongOT

hello folks! [#otalk](#)



#OTalk @OTalk_

[#OTalk](#) Engagement Guidance 3 - 'Don't forget to include the [#OTalk](#) hashtag in ALL your tweets/replies.' That way everyone can see them, and they will appreciate. <https://t.co/EsqFVy0LKz>



Georgia Vine @GeorgiaVineOT

And at Bramall Lane! I'm listening as I type!



#OTalk @OTalk_

[#OTalk](#) Engagement Guidance 4 - Lastly your codes of practice apply online as they do in practice. Be Polite, Respectful, Share, Listen, Learn & enjoy. <https://t.co/AIYQA0kXwE>



Saskia Grassie @SaskiaGrassie

[@OTalk_](#) [@OT_rach](#) Hello everyone- not as prepared as would like and apologies for being late but happy to be here 😊 [#OTalk](#)



#OTalk @OTalk_

Welcome [#OTalk](#)



#OTalk @OTalk_
Welcome Bill [#OTalk](#)



#OTalk @OTalk_
#OTalk Engagement Guidance 5 - There is only 1 T in the hashtag its pronounced O Talk as in 'Occupation Talk' - [#OTalk](#) - a place to talk occupation <https://t.co/Q0SEbM5yYj>



#OTalk @OTalk_
With that out of the way. We hand over to [@AbleOTUK](#) to start us off with the first question. [#OTalk](#) <https://t.co/xbJQoUWLX7>



Sharon@OT @SharonOTUclan
[@OTalk_](#) @BBC1 Multitasking [#OTalk](#) <https://t.co/0X610EDeLn>



AbleOTUK @AbleOTUK
RT [@OTalk_](#): With that out of the way. We hand over to [@AbleOTUK](#) to start us off with the first question. [#OTalk](#) <https://t.co/xbJQoUWLX7>



AbleOTUK @AbleOTUK
Q1What have you learnt this year about ableism? [#OTalk](#) [@OTalk_](#)



Georgia Vine @GeorgiaVineOT
RT [@AbleOTUK](#): Q1What have you learnt this year about ableism? [#OTalk](#) [@OTalk_](#)



#OTalk @OTalk_
Question 1 [#OTalk](#) <https://t.co/h9mJi7pKhx>



Bill Wong, OTD, OTR/L @BillWongOT
[@AbleOTUK](#) [@OTalk_](#) A1. I actually talked about it as my first take home point for my most recent TEDx speech. [#otalk](#)



#OTalk @OTalk_
Don't forget that hashtag in every tweet [@nataliehixy](#) otherwise your tweet will be missed and will not make the transcript. [#OTalk](#)



Natalie H - T Student (she/her) @nataliehixy
[@OTalk_](#) This can be anything about ableism itself, or about yourself, or others, it is a really wide open question [#OTalk](#)



#OTalk @OTalk_
RT [@nataliehixy](#): [@OTalk_](#) This can be anything about ableism itself, or about yourself, or others, it is a really wide open question [#OTalk](#)



Natalie H - T Student (she/her) @nataliehixy
[@OTalk_](#) Thanks - good reminder [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT
RT [@nataliehixy](#): [@OTalk_](#) This can be anything about ableism itself, or about yourself, or others, it is a really wide open question [#OTalk](#)



Sam Pywell @smileyfacehalo
[@AbleOTUK](#) [@OTalk_](#) Q1. Loads from colleagues in the [@AbleOTUK](#) affinity group... that people can experience ableism daily, that it exists in the world, that we don't talk about it enough when it comes to our colleagues, students and peers needs [#OTalk](#) [#StampOutAbleism](#) [#BeAnAbleOTally](#)



AbleOTUK @AbleOTUK
What sort of things did you discuss? [#OTalk](#)



Sharon@OT @SharonOTUclan
[@AbleOTUK](#) [@OTalk_](#) I have learned that my mixed experiences of disabilities as an OT student show that there is a real need for [@AbleOTUK](#) Thank you to my experiences, it can be hard being an advocate for our own disabilities [#OTalk](#)



#OTalk @OTalk_
RT [@smileyfacehalo](#): [@AbleOTUK](#) [@OTalk_](#) Q1. Loads from colleagues in the [@AbleOTUK](#) affinity group... that people can experience ableism daily, that it exists in the world, that we don't talk about it enough when it comes to our colleagues, students and peers needs [#OTalk](#) [#StampOutAbleism](#) [#BeAnAbleOTally](#)

**#OTalk @OTalk_**

RT @SharonOTUclan: @AbleOTUK @OTalk_ I have learned that my mixed experiences of disabilities as an OT student show that there is a real need for @OTalk. Thank you for listening to my experiences, it can be hard being an advocate for our own disabilities #OTalk

**AbleOTUK @AbleOTUK**

RT @smileyfacehalo: @AbleOTUK @OTalk_ Q1. Loads from colleagues in the @AbleOTUK affinity group... that people can experience ableism daily, that in the world, that we don't talk about it enough when it comes to our colleagues, students and peers needs #OTalk #StampOutAbleism #BeAnAbleOTally

**Holly Graham @HollyGtheOT**

@AbleOTUK @OTalk_ I've learnt a lot about the massive variety of ableism experienced, from small to big, including in the OT community #OTalk

**Holly Graham @HollyGtheOT**

RT @AbleOTUK: Q1What have you learnt this year about ableism? #OTalk @OTalk_

**Natalie H - T Student (she/her) @nataliehixy**

@BillWongOT @AbleOTUK @OTalk_ Have you got a link to your TEDx speech or any way to access it @BillWongOT? It would be great to find out more #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

@AbleOTUK I had to make the audience aware of what this type of behavior is and be mindful that ableism behaviors can be harmful. #otalk

**AbleOTUK @AbleOTUK**

RT @SharonOTUclan: @AbleOTUK @OTalk_ I have learned that my mixed experiences of disabilities as an OT student show that there is a real need for @OTalk. Thank you for listening to my experiences, it can be hard being an advocate for our own disabilities #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

@nataliehixy @AbleOTUK @OTalk_ not yet- ETA is about 3 months, per the organizer. #otalk

**#OTalk @OTalk_**

Ableism – Discrimination & social prejudice against people with disabilities based on the belief that typical abilities are superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. #OTalk

**Susan Griffiths @SusanGriffiths5**

@AbleOTUK @OTalk_ That it is not talked about enough in our OT training and OT jobs or even outside of OT #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

能力主義 is ableism in Chinese, by the way. #otalk

**#OTalk @OTalk_**

RT @SusanGriffiths5: @AbleOTUK @OTalk_ That it is not talked about enough in our OT training and OT jobs or even outside of OT #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @SusanGriffiths5: @AbleOTUK @OTalk_ That it is not talked about enough in our OT training and OT jobs or even outside of OT #OTalk

**Natalie H - T Student (she/her) @nataliehixy**

@BillWongOT @AbleOTUK @OTalk_ Please keep me and @AbleOTUK in the loop as we would love to know more and watch it. Congratulations! #OTalk

**AbleOTUK @AbleOTUK**

RT @HollyGtheOT: @AbleOTUK @OTalk_ I've learnt a lot about the massive variety of ableism experienced, from small to big, including in the OT community #OTalk

**Sharon@OT @SharonOTUclan**

RT @OTalk_: Ableism – Discrimination & social prejudice against people with disabilities based on the belief that typical abilities are superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

@SusanGriffiths5 @AbleOTUK @OTalk_ and the consequence of that is- some of our students could be exposed to it and not really know how to handle it. #otalk



Sam Pywell @smileyfacehalo

RT @OTalk: Ableism – Discrimination & social prejudice against people with disabilities based on the belief that typical abilities are superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. #OTalk



Sharon@OT @SharonOTUclan

RT @smileyfacehalo: @AbleOTUK @OTalk Q1. Loads from colleagues in the @AbleOTUK affinity group... that people can experience ableism daily, that in the world, that we don't talk about it enough when it comes to our colleagues, students and peers needs #OTalk #StampOutAbleism #BeAnAbleOTally



#OTalk @OTalk

How familiar are you with this term? #OTalk it's ok if it's new to you!!



Holly Graham @HollyGtheOT

@smileyfacehalo @AbleOTUK @OTalk Yes! I had a lightbulb moment that it isn't talked about enough and until we do, things are not going to change #OTalk



Holly Graham @HollyGtheOT

RT @smileyfacehalo: @AbleOTUK @OTalk Q1. Loads from colleagues in the @AbleOTUK affinity group... that people can experience ableism daily, that in the world, that we don't talk about it enough when it comes to our colleagues, students and peers needs #OTalk #StampOutAbleism #BeAnAbleOTally



AbleOTUK @AbleOTUK

THIS!!



AbleOTUK @AbleOTUK

Q2 What positive changes have you and your organisation made this year to address ableism? #OTalk @OTalk



Natalie H - T Student (she/her) @nataliehixy

@SusanGriffiths5 @AbleOTUK @OTalk We haven't touched on it yet in 2 years :(#OTalk



#OTalk @OTalk

RT @HollyGtheOT: @smileyfacehalo @AbleOTUK @OTalk Yes! I had a lightbulb moment that it isn't talked about enough and until we do, things are not going to change #OTalk



#OTalk @OTalk

Don't forget those #OTalk hashtags a few of you are on my naughty step already.



Bill Wong, OTD, OTR/L @BillWongOT

@nataliehixy @AbleOTUK @OTalk I am 99.9% certain that this is my last time. This record is like a Pandora's box if people attempt to tie or break it. #otalk <https://t.co/Ck36k11bdf>



#OTalk @OTalk

@HollyGtheOT @smileyfacehalo @AbleOTUK How can we ensure #Ableism is talked about and addressed when training? #OTalk



Saskia Grassie @SaskiaGrassie

@AbleOTUK @OTalk @AbleOTUK have really opened my eyes to external & internal ableism & I am now shocked that I see it everywhere and even more didn't see it before - as an OT too! I'm used to observing and trying to see things from others perspectives and I still missed so much! #OTalk



Georgia Vine @GeorgiaVineOT

RT @AbleOTUK: Q2 What positive changes have you and your organisation made this year to address ableism? #OTalk @OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk @HollyGtheOT @smileyfacehalo @AbleOTUK one answer- when students are about to go on placements, make sure the subject is talked about so they can identify it and how to handle such if they are targets of it. #otalk



#OTalk @OTalk

Don't forget that hashtag @GeorgiaVineOT you don't want to be on my naughty step! 🙄 #OTalk



Sharon@OT @SharonOTUclan

@OTalk @HollyGtheOT @smileyfacehalo @AbleOTUK Guest speakers from @AbleOTUK would be great @smileyfacehalo #OTalk <https://t.co/jlK6SDNNv>



Sam Pywell @smileyfacehalo

@HollyGtheOT @AbleOTUK @OTalk Agreed 🌈 last year was my lightbulb moment re reasonable request/ adjustment to dial in, and this year re: creating for disclosure. We haven't talked about ableism in the profession (cheers Encanto, now have this music to it 🥳) #OTalk <https://t.co/Tm1b73uOCd>



Bill Wong, OTD, OTR/L @BillWongOT

@AbleOTUK @OTalk A2. I am actually stepping into the co-facilitator role in AOTA's Community of Practice in Autism. I know I bring the service user perspective. #otalk



#OTalk @OTalk_

Question 2 #OTalk <https://t.co/2QnWAjkd2e>

OTBayArea @otbayarea

RT @AbleOTUK: Q1What have you learnt this year about ableism? #OTalk @OTalk_



DisruptOT @DisruptOT

RT @AbleOTUK: Q2 What positive changes have you and your organisation made this year to address ableism? #OTalk @OTalk_



DisruptOT @DisruptOT

RT @AbleOTUK: Q1What have you learnt this year about ableism? #OTalk @OTalk_



DisruptOT @DisruptOT

RT @OTalk_: With that out of the way. We hand over to @AbleOTUK to start us off with the first question. #OTalk <https://t.co/xbJQoUWLX7>

Bill Wong, OTD, OTR/L @BillWongOT

RT @SaskiaGrassie: @AbleOTUK @OTalk_ @AbleOTUK have really opened my eyes to external & internal ableism & I am now shocked that I see it every even more so that I didn't see it before - as an OT too! I'm used to observing and trying to see things from others perspectives and I still missed so much! #C



Susan Griffiths @SusanGriffiths5

@AbleOTUK @OTalk_ I've provided training to my team on ableism within paediatric services. Making small changes to the way we work in paediatric i.e. m toys/books representing disabled children; challenging views when the blame is put on the child i.e. child is not motivated #OTalk



DisruptOT @DisruptOT

RT @OTalk_: Who is planning to join us tonight? 10min before we start, just enough time to read the blog and think about tonights questions. #OTalk <https://t.co/z5xRpyl2tu>

🇧🇷🇵🇹 Natalie H - 🟢 T Student (she/her) @nataliehixy

@SaskiaGrassie @AbleOTUK @OTalk_ We are all learning here about ableism, and all have it inbuilt - which is hard to unlearn. But recognition is the first s



DisruptOT @DisruptOT

RT @AbleOTUK: Who's ready for the @AbleOTUK & @OTalk_ Disability Pride Month celebration? #OTalk



DisruptOT @DisruptOT

RT @AbleOTUK: Are you ready to join us, @nataliehixy & @GeorgiaVineOT in half an hour for tonights #OTalk to celebrate #DisabilityPrideMonth and chat #BeAnAbleOTUKally <https://t.co/fSmVJc7mo5...> <https://t.co/lSEgxa7UhC>

🇧🇷🇵🇹 Georgia Vine @GeorgiaVineOT

@AbleOTUK @OTalk_ I've done a blog for us on Disability Pride Month to try and make people aware of ableism. I wasn't very happy to see that it was just 'discrimination of disabled people' in my mandatory training #OTalk



Sam Pywell @smileyfacehalo

@OTalk_ @HollyGtheOT @AbleOTUK #OTalk Ableism needs embedding within documentation for pre reg standards and prep for placement (and practice I We need to take a hard stance with when it occurs to send the message it's not acceptable. That comes from explicitly writing it into EDB strategy



Bill Wong, OTD, OTR/L @BillWongOT

RT @smileyfacehalo: @OTalk_ @HollyGtheOT @AbleOTUK #OTalk Ableism needs embedding within documentation for pre reg standards and prep for pla practice Ed training). We need to take a hard stance with when it occurs to send the message it's not acceptable. That comes from explicitly writing it into EC



Bill Wong, OTD, OTR/L @BillWongOT

RT @GeorgiaVineOT: @AbleOTUK @OTalk_ I've done a blog for us on Disability Pride Month to try and make people aware of ableism. I wasn't very happy was just 'discrimination of disabled people' in my mandatory training #OTalk



Saskia Grassie @SaskiaGrassie

@HollyGtheOT @AbleOTUK @OTalk_ I think that seeing it so clearly within the OT community has unsettled me the most #OTalk



🇧🇷🇵🇹 Georgia Vine @GeorgiaVineOT

@OTalk_ I realised straight away 😊 thought you may let me off with all the multitasking I'm currently doing 🙄🙄 #OTalk



🇧🇷🇵🇹 Natalie H - 🟢 T Student (she/her) @nataliehixy

@BillWongOT @OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK I agree - students must be taught, and it should be identified and dealt with there. It ingrained, it will take time, but students always bring change through #OTalk



AbleOTUK @AbleOTUK

RT @SusanGriffiths5: @AbleOTUK @OTalk_ I've provided training to my team on ableism within paediatric services. Making small changes to the way we w paediatric i.e. more inclusive toys/books representing disabled children; challenging views when the blame is put on the child i.e. child is not motivated #OTa

**#OTalk @OTalk_**

Hello @kalessandram welcome & please make sure you include [#OTalk](#) in all your tweets tonight, that way people can see what your saying and when we g transcript it only includes tweets that have the hashtag in it, making it really important not to forget! 🍷

**AbleOTUK @AbleOTUK**

RT @BillWongOT: @AbleOTUK @OTalk_ A2. I am actually stepping into the co-facilitator role in AOTA's Community of Practice in Autism. I know I bring the perspective as a co-facilitator. [#otalk](#)

**Sam Pywell @smileyfacehalo**

@nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Try being nearly 20 years into your career and this being the lightbulb moment, it's wrong to get this f remember being taught/ no mandatory training/ no inservice development or cpd on antiableism and it's criticality to EDB [#OTalk](#)

**Bill Wong, OTD, OTR/L @BillWongOT**

@nataliehixy @OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK and for me- I always take other programs' autistic OT students for CPD mentoring. I t supplement what their programs already provide. [#otalk](#)

**Sharon@OT @SharonOTUclan**

@OTalk_ Q2. Met with Occupational Health @LancsHospitals & positive experience talking about disabilities, reasonable adjustments. Encouraged to say th disability...this is what I need for my learning & development. Increased confidence talking about my disabilities [#OTalk](#)

**K-OT (she, her) @kalessandram**

@AbleOTUK @OTalk_ I've been reflecting a lot on this recently, I think its not talked about, particularly how ableist OT can be, often inadvertently and the im internal ableism - can be so damaging & negative [#OTalk](#)

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @SharonOTUclan: @OTalk_ Q2. Met with Occupational Health @LancsHospitals & positive experience talking about disabilities, reasonable adjustment Encouraged to say this is my disability...this is what I need for my learning & development. Increased confidence talking about my disabilities [#OTalk](#)

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @smileyfacehalo: @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Try being nearly 20 years into your career and this being the lightbulb moment get this far in and not remember being taught/ no mandatory training/ no inservice development or cpd on antiableism and it's criticality to EDB [#OTalk](#)

**#OTalk @OTalk_**

@GeorgiaVineOT It's ok that's what I'm here for!! [#otalk](#)

**Susan Griffiths @SusanGriffiths5**

@SaskiaGrassie @HollyGtheOT @AbleOTUK @OTalk_ Even more shocking for me is that even when pointed out, some OTs refuses to recognise or accep ableists [#OTalk](#)

**Saskia Grassie @SaskiaGrassie**

@OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK We can include conversations on placements and encourage and support reflection and model act

**Georgia Vine @GeorgiaVineOT**

@OTalk_ 🍷🍷🍷 [#OTalk](#)

**#OTalk @OTalk_**

RT @GeorgiaVineOT: @AbleOTUK @OTalk_ I've done a blog for us on Disability Pride Month to try and make people aware of ableism. I wasn't very happy was just 'discrimination of disabled people' in my mandatory training [#OTalk](#)

**#OTalk @OTalk_**

RT @SaskiaGrassie: @OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK We can include conversations on placements and encourage and support ref model action [#OTalk](#)

**#OTalk @OTalk_**

@SaskiaGrassie @HollyGtheOT @smileyfacehalo @AbleOTUK Great idea 💡 [#OTalk](#)

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @SaskiaGrassie: @OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK We can include conversations on placements and encourage and support ref model action [#OTalk](#)

**#OTalk @OTalk_**

RT @SusanGriffiths5: @SaskiaGrassie @HollyGtheOT @AbleOTUK @OTalk_ Even more shocking for me is that even when pointed out, some OTs refuse: recognise or accept that we are ableists [#OTalk](#)

**Bill Wong, OTD, OTR/L @BillWongOT**

@SaskiaGrassie @OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK and speaking of placements, if students report such behaviors from their placeme unis need to take action! [#otalk](#)

**K-OT (she, her) @kalessandram**

@AbleOTUK @OTalk_ I've been talking about it more, raising awareness and trying to get others to think about it more. I think it is a new concept for many [#OTalk](#)

**#OTalk @OTalk_**Have others found this? Really interesting, I wonder why? [#OTalk](#)**Natalie H - OT Student (she/her) @nataliehixy**[@AbleOTUK @OTalk_](#) I'm trying to recognise my own ableism, where I don't understand other disabilities. I understand my own, and I thought that meant I was wrong. I now recognise the difficulties some of my AbleOTUK peers face, but I don't fully understand, and my [#OTalk](#)**Sharon@OT @SharonOTUclan**[@OTalk_ @AbleOTUK](#) educated me about this term and gave a name for my mixed experiences of my disabilities, I felt listened to and supported and not marginalised. [#OTalk https://t.co/pvnydjExFv](#)**Sam Pywell @smileyfacehalo**[@OTalk_ #OTalk](#) joined [#AbleOTUK](#), we went to conference, supporting change within the profession, supporting and fighting for reasonable request/ reasonable adjustment to dial in as it will outlive the pandemic as someone many always need this option, shared at EDB meet on Monday**Sherlyn @sherlynmelody**🙄 I'm late I'm late [#OTalk https://t.co/De90Fb7qs0](#)**AbleOTUK @AbleOTUK**Are you allowed to retweet your own comment? 🤔 [#OTalk](#)**Odeth Richardson: she/her/hers @OdethRichardson**[@OTalk_](#) Hello [@OTalk_](#), it's Odeth here. Sorry I'm late joining [#otalk](#)**AbleOTUK @AbleOTUK**What would you like to see from [@AbleOTUK](#) this next year? [#OTalk @OTalk_](#)**Holly Graham @HollyGtheOT**[@AbleOTUK @OTalk_](#) I talk about it constantly, w/ colleagues incl management. I talk about it from all angles - ableism disabled colleagues face, ableism in institutionalised ableism (inc. schools) & our essential role to change this. I use the word [#ableism](#), not sugar coating [#OTalk](#)**#OTalk @OTalk_**I would also be interested to hear if people find OT models and assessment tools [#Ableist](#)? A whole other subject for [#OTalk](#) perhaps.**Natalie H - OT Student (she/her) @nataliehixy**[@AbleOTUK @OTalk_](#) aim is to start to understand more, and actually support people better, and be less ableist. I think we all have the capacity to discriminate and I need to learn more, to understand better [#OTalk](#)**#OTalk @OTalk_**RT [@HollyGtheOT: @AbleOTUK @OTalk_](#) I talk about it constantly, w/ colleagues incl management. I talk about it from all angles - ableism disabled colleagues face, ableism in OT practice, institutionalised ableism (inc. schools) & our essential role to change this. I use the word [#ableism](#), not sugar coating [#OTalk](#)**#OTalk @OTalk_**RT [@AbleOTUK](#): What would you like to see from [@AbleOTUK](#) this next year? [#OTalk @OTalk_](#)**AbleOTUK @AbleOTUK**RT [@HollyGtheOT: @AbleOTUK @OTalk_](#) I talk about it constantly, w/ colleagues incl management. I talk about it from all angles - ableism disabled colleagues face, ableism in OT practice, institutionalised ableism (inc. schools) & our essential role to change this. I use the word [#ableism](#), not sugar coating [#OTalk](#)**Sharon@OT @SharonOTUclan**[@OTalk_](#) Yes I have experiences like this and it was like...how is this happening in 2022!!! [#OTalk https://t.co/SCzynxsSk1](#)**Natalie H - OT Student (she/her) @nataliehixy**[@SusanGriffiths5 @SaskiaGrassie @HollyGtheOT @AbleOTUK @OTalk_](#) YES!!! I agree 100% with you [@SusanGriffiths5 #OTalk](#)**AbleOTUK @AbleOTUK**RT [@nataliehixy: @AbleOTUK @OTalk_](#) I'm trying to recognise my own ableism, where I don't understand other disabilities. I understand my own, and I thought that meant I wasn't ableist, and I am wrong. I now recognise the difficulties some of my AbleOTUK peers face, but I don't fully understand, and my [#OTalk](#)**Sam Pywell @smileyfacehalo**[@nataliehixy @AbleOTUK @OTalk_](#) Power of reflection, but we all need strong role models who actively fight ableism to learn from. And the recognition for fighting, it's tiring [#OTalk](#)**Sharon@OT @SharonOTUclan**RT [@HollyGtheOT: @AbleOTUK @OTalk_](#) I talk about it constantly, w/ colleagues incl management. I talk about it from all angles - ableism disabled colleagues face, ableism in OT practice, institutionalised ableism (inc. schools) & our essential role to change this. I use the word [#ableism](#), not sugar coating [#OTalk](#)

**Sherlyn** 🌟 (she/her) @sherlynmelody

@AbleOTUK @OTalk_ #otalk I only learnt of Ableism last year and I was surprised how ableist I am just in basic language! It was striking how simple statements can be offensive.

**Susan Griffiths** @SusanGriffiths5

@OTalk_ Oh don't get me started on this topic 😞 I find a lot of the paediatric assessments are embedded in ableism as they impose 'typical developing' milestones on disabled children #OTalk

**Saskia Grassie** @SaskiaGrassie

@kalessandram @AbleOTUK @OTalk_ Very true and it's been a sharp wake up call for me this past year. It's also hard to look at oneself and consider where one may reside or hide inadvertently. Feel like I have big ableism 'antennae' wiggling about on hyper alert! #OTalk

**Natalie H - T Student (she/her)** @nataliehixy

@HollyGtheOT @AbleOTUK @OTalk_ You are my hero @HollyGtheOT #OTalk

**#OTalk** @OTalk_

Welcome @OdethRichardson the questions tonight are coming from @AbleOTUK and @GeorgiaVineOT & @nataliehixy we have had two questions so far! the hashtag #OTalk and you will see what people have been tweeting.

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @sherlynmelody: @AbleOTUK @OTalk_ #otalk I only learnt of Ableism last year and I was surprised how ableist I am just in basic language! It was striking how simple statements can be offensive.

**Natalie H - T Student (she/her)** @nataliehixy

@OdethRichardson @OTalk_ Welcome @OdethRichardson #OTalk

**AbleOTUK** @AbleOTUK

YES NAT!! We have to take responsibility and be willing to learn!

**Sherlyn** 🌟 (she/her) @sherlynmelody

RT @OTalk_ : Ableism – Discrimination & social prejudice against people with disabilities based on the belief that typical abilities are superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @smileyfacehalo: @nataliehixy @AbleOTUK @OTalk_ Power of reflection, but we all need strong role models who actively fight ableism to learn from. A recognition for those fighting, it's tiring #OTalk

**Sherlyn** 🌟 (she/her) @sherlynmelody

@SusanGriffiths5 @AbleOTUK @OTalk_ #otalk yes very true.

**Natalie H - T Student (she/her)** @nataliehixy

@AbleOTUK Erm yeah #OTalk

**Georgia Vine** @GeorgiaVineOT

RT @OTalk_ : Welcome @OdethRichardson the questions tonight are coming from @AbleOTUK and @GeorgiaVineOT & @nataliehixy we have had two questions so far! Just search the hashtag #OTalk and you will see what people have been tweeting.

**Natalie H - T Student (she/her)** @nataliehixy

@sherlynmelody You made it! Better late than never #OTalk

**Sharon@OT** @SharonOTUclan

@OTalk_ Great idea for another #OTalk <https://t.co/7EsUlqggEx>

**AbleOTUK** @AbleOTUK

Welcome Odeth!

**#OTalk** @OTalk_

Warning - We are now halfway through tonight's #OTalk.

**#OTalk** @OTalk_

Don't forget that hashtag @smileyfacehalo 🍷 #OTalk

**#OTalk** @OTalk_

RT @SusanGriffiths5: @OTalk_ Oh don't get me started on this topic 😞 I find a lot of the paediatric assessments are embedded in ableism as they impose 'typical developing' milestones on disabled children #OTalk

Saskia Grassie @SaskiaGrassie



@smileyfacehalo @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Indeed! - I've been an OT for 25 years now and the same! #OTalk



🇧🇷 Natalie H - T Student (she/her) @nataliehixy

@smileyfacehalo @OTalk_ Yes @smileyfacehalo conference was massive and challenged perceptions of ableism #OTalk



🇧🇷 Georgia Vine @GeorgiaVineOT

RT @AbleOTUK: What would you like to see from @AbleOTUK this next year? #OTalk @OTalk_



Bill Wong, OTD, OTR/L @BillWongOT

RT @nataliehixy: @AbleOTUK @OTalk_ aim is to start to understand more, and actually support people better, and be less ableist. I think we all have the ca discriminate without realising and I need to learn more, to understand better #OTalk



Sam Pywell @smileyfacehalo

@SaskiaGrassie @kalessandram @AbleOTUK @OTalk_ Feel the same. It's not an easy topic and doesn't suddenly get learned it's like an internal process reflection which changes your view point. ? Is ableism a Threshold concept in the profession? Discuss 🌈 #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody

@AbleOTUK @OTalk_ #otalk if I'm honest I'm not entirely sure what my organisation has done. But I think I should share #Ableism with my team I think it w great subject to share as well as for self development! As I've done nothing!



AbleOTUK @AbleOTUK

QUESTION 3



Teoh Jou Yin @teohjouyin

@SusanGriffiths5 @SaskiaGrassie @HollyGtheOT @AbleOTUK @OTalk_ Yes, big problem we have there #OTalk



Saskia Grassie @SaskiaGrassie

@nataliehixy @AbleOTUK @OTalk_ Absolutely! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@nataliehixy @AbleOTUK @OTalk_ Yes, there are always opportunities to learn. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @HollyGtheOT: @AbleOTUK @OTalk_ I talk about it constantly, w/ colleagues incl management. I talk about it from all angles - ableism disabled colleag ableism in OT practice, institutionalised ableism (inc. schools) & our essential role to change this. I use the word #ableism, not sugar coating #OTalk



Sam Pywell @smileyfacehalo

@OTalk_ Noooooo!!!! 🤔 not been on the naughty step for ages 😊 sorry ! #OTalk



#OTalk @OTalk_

Make sure you include the hashtag #OTalk !. All your tweets @OdethRichardson that way people will see your tweets and they will be captured in the trans afterwards, only tweets with the hashtag get picked up! 🤔



Bill Wong, OTD, OTR/L @BillWongOT

RT @smileyfacehalo: @OTalk_ #OTalk joined #AbleOTUK, we went to conference, supporting change within the profession, supporting and fighting for reas request/ reasonable adjustment to dial in as it will outlive the pandemic as someone many always need this option, shared at EDB meet on monday



🇧🇷 Natalie H - T Student (she/her) @nataliehixy

@AbleOTUK @OTalk_ I also had an interview with @theRCOT about what it is like to be a #DisabledStudent @uclan which was fantastic and explained how @AbleOTUK are. #OTalk



#OTalk @OTalk_

@smileyfacehalo 🤔 #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody

RT @SusanGriffiths5: @AbleOTUK @OTalk_ I've provided training to my team on ableism within paediatric services. Making small changes to the way we w paediatric i.e. more inclusive toys/books representing disabled children; challenging views when the blame is put on the child i.e. child is not motivated #OTa



Sharon@OT @SharonOTUclan

@AbleOTUK @OTalk_ Stronger links with @RCOT, awareness of upcoming events, increased presence on social media, training events, stronger links in C love the monthly support groups - brilliant work so far 🙌🙌 @AbleOTUK #OTalk https://t.co/SR8A744ibU



Bill Wong, OTD, OTR/L @BillWongOT

@smileyfacehalo @OTalk_ perhaps you can also submit conversation that matters abstracts abroad- like AOTA or CAOT. #otalk

Bill Wong, OTD, OTR/L @BillWongOT



RT @nataliehixy: @AbleOTUK @OTalk_ I'm trying to recognise my own ableism, where I don't understand other disabilities. I understand my own, and I thought I wasn't ableist, and I am wrong. I now recognise the difficulties some of my AbleOTUK peers face, but I don't fully understand, and my #OTalk



Sam Pywell @smileyfacehalo

@SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ We need to say it's ok if you didn't get taught it but learn it now it's very important to matter where you work/ study etc #OTalk #AntiAbleistEducator



Natalie H - T Student (she/her) @nataliehixy

@sherlynmelody @AbleOTUK @OTalk_ Being here is something you have done! #OTalk



#OTalk @OTalk_

That hashtag again — Tut tut #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody

@GeorgiaVineOT @AbleOTUK @OTalk_ #otalk @GeorgiaVineOT where is the blog. I'd like to use it with your permission!



Bill Wong, OTD, OTR/L @BillWongOT

@nataliehixy @AbleOTUK @OTalk_ as a trilingual OT, I have to be mindful in recognizing such for the 3 languages that I speak. I think Mandarin is the only can have the excuse of, "Sorry... this is my worst language! Please excuse my ignorance." #otalk



Sam Pywell @smileyfacehalo

@SharonOTUclan @AbleOTUK @OTalk_ @rcot I've heard they rock 🌈 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @smileyfacehalo: @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ We need to say it's ok if you didn't get taught it but learn it no important to EDB no matter where you work/ study etc #OTalk #AntiAbleistEducator



Itsme @Itsmegettingon

@AbleOTUK @OTalk_ I'm trying but it can be exhausting sometimes fight against the tide and your own internal ableism at the same time. Still having people don't know any disabled people at work! Will get there. Having support from others to have the conversation gives strength #OTalk



AbleOTUK @AbleOTUK

Agreed and we are glad you are loving the monthly catch ups! #OTalk



Sam Pywell @smileyfacehalo

@BillWongOT @OTalk_ Oooh how do we do that/ when's the next abstract call? #OTalk ?



Odeth Richardson: she/her/hers @OdethRichardson

@AbleOTUK @OTalk_ A bit more on ableism. We don't talk about it enough. Also would be great to hear members experience of the areas where we succeed remove barriers #otalk



#OTalk @OTalk_

@sherlynmelody @GeorgiaVineOT @AbleOTUK This is @GeorgiaVineOT blog #OTalk <https://t.co/J7mrCXk9h5>



Bill Wong, OTD, OTR/L @BillWongOT

@smileyfacehalo @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ and unis should also encourage this if they have conversations with educators who received ableism related complaints from students. #otalk



Natalie H - T Student (she/her) @nataliehixy

@kalessandram @AbleOTUK @OTalk_ Sounds like you are doing loads - as you say it is a strange new subject for many - so you are doing a great service the world #OTalk



Georgia Vine @GeorgiaVineOT

@sherlynmelody @AbleOTUK @OTalk_ If you DM me your email I'll share the Google drive version of it! #OTalk



Odeth Richardson: she/her/hers @OdethRichardson

@AbleOTUK @OTalk_ Also I'm really interested in how @theRCOT can remove barriers to make it easier for members to participate. Any suggestions welcome



Susan Griffiths @SusanGriffiths5

@AbleOTUK @OTalk_ Just to continue to raise awareness and challenge ableism. More importantly, I would like to see RCOT, universities, employers and (and be anti-ableists. @AbleOTUK can't do everything- we need everyone help #OTalk



AbleOTUK @AbleOTUK

Q4 What are your goals for next year to address ableism? #OTalk @OTalk_

Bill Wong, OTD, OTR/L @BillWongOT



@smileyfacehalo @OTalk_ For CAOT, that is an available session format in the initial round for call for papers. For AOTA, this will be announced later on in 1 alongside with call for late breaking research abstract proposals. #otalk



Sherlyn 🌟 (she/her) @sherlynmelody
@nataliehixy @AbleOTUK @OTalk_ Thanks for that 🙏. But I recognise I could 100% do more #otalk 🙄



Odeth Richardson: she/her/hers @OdethRichardson
RT @SharonOTUclan: @AbleOTUK @OTalk_ Stronger links with @RCOT, awareness of upcoming events, increased presence on social media, training ev stronger links in OT training, love the monthly support groups - brilliant work so far 🙌🙌 @AbleOTUK #OTalk <https://t.co/SR8A744ibU>



Sharon@OT @SharonOTUclan
Brilliant work - I feel exactly the same as in mandatory training is just 'discrimination of disabled people' So sorry - just got a bit distracted by England ladies 1 scoring their 1st goal #Lionesses #OTalk



Sharon@OT @SharonOTUclan
RT @OTalk_: @sherlynmelody @GeorgiaVineOT @AbleOTUK This is @GeorgiaVineOT blog #OTalk <https://t.co/J7mrCXk9h5>



Sherlyn 🌟 (she/her) @sherlynmelody
@GeorgiaVineOT @AbleOTUK @OTalk_ #otalk thank you so very very much 🙏



#OTalk @OTalk_
It's a really busy chat tonight, if your a bit lost, tweet me directly using @OTalk_ and I'll try and help you out. Remember click the hashtag to see what people and include the hashtag in all your tweets #OTalk



🇧🇷 Natalie H - T Student (she/her) @nataliehixy
@OdethRichardson @AbleOTUK @OTalk_ It seems like it is only spoken of in hushed tones and it must change, we all do it, and we need to say loudly how better - for the sakes of colleagues and service users, lets be better #otalk



Bill Wong, OTD, OTR/L @BillWongOT
@AbleOTUK @OTalk_ I will change that to next month... since I am attending #wfot22 in person. I will try to have conversations with any colleagues I come can benefit from the conversation. #otalk



Saskia Grassie @SaskiaGrassie
@AbleOTUK @OTalk_ Looking at how we communicate with parents and carers and slowly starting to change format of written advice which hopefully will le changes which take different needs into account as everyday normal practice. Using <https://t.co/1warLdsaUc> as a guide #OTalk



Sharon@OT @SharonOTUclan
RT @nataliehixy: @AbleOTUK @OTalk_ I'm trying to recognise my own ableism, where I don't understand other disabilities. I understand my own, and I thou meant I wasn't ableist, and I am wrong. I now recognise the difficulties some of my AbleOTUK peers face, but I don't fully understand, and my #OTalk



Sam Pywell @smileyfacehalo
@BillWongOT @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Workplaces need pathway on reporting concerns which include #abl



#OTalk @OTalk_
Question 3 #OTalk <https://t.co/GLtkcO4kae>



🇧🇷 Georgia Vine @GeorgiaVineOT
I'm glad I'm not the only one! And I know go ladies! But dads screaming and its making me spasm whilst trying to tweet from @AbleOTUK it's not a pretty sig this computer! 🤔🤔



Bill Wong, OTD, OTR/L @BillWongOT
@smileyfacehalo @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ In the US, what some unis did with placement educators who dor ableism or get it, they are permanently blacklisted as a placement site for these unis. #otalk



Odeth Richardson: she/her/hers @OdethRichardson
RT @smileyfacehalo: @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ We need to say it's ok if you didn't get taught it but learn it no important to EDB no matter where you work/ study etc #OTalk #AntiAbleistEducator



#OTalk @OTalk_
Question 4 #OTalk 📌



🇧🇷 Natalie H - T Student (she/her) @nataliehixy
@AbleOTUK Yay! Glad you love it! We aim to please :-)) #otalk



Susan Griffiths @SusanGriffiths5
@AbleOTUK @OTalk_ 1) to continue to work with @AbleOTUK 2) to continue to raise awareness and challenge ableism 3) to challenge my own ableist view become an anti-ableist 4) to work through my own internalised ableist views #OTalk

**#OTalk @OTalk**

RT @sherlynmelody: @AbleOTUK @OTalk_ #otalk I only learnt of Ableism last year and I was surprised how ableist I am just in basic language! It was striking simple statements can be offensive.

**AbleOTUK @AbleOTUK**

RT @SusanGriffiths5: @AbleOTUK @OTalk_ 1) to continue to work with @AbleOTUK 2) to continue to raise awareness and challenge ableism 3) to challenge ableist views and become an anti-ableist 4) to work through my own internalised ableist views #OTalk

**Sharon@OT @SharonOTUclan**

@smileyfacehalo @nataliehixy @AbleOTUK @OTalk_ Agree it is tiring, but valuable work, inspired by people @AbleOTUK who are amazing strong role models <https://t.co/nrV56Oimcd>

**Bill Wong, OTD, OTR/L @BillWongOT**

An ableism related TEDx talks- <https://t.co/uTNntGScHs> #otalk

**Bill Wong, OTD, OTR/L @BillWongOT**

<https://t.co/v0k5POwo6q> More ableism TEDx talks #otalk

**AbleOTUK @AbleOTUK**

RT @BillWongOT: @AbleOTUK @OTalk_ I will change that to next month... since I am attending #wfot22 in person. I will try to have conversations with anyone who comes across that can benefit from the conversation. #otalk

**Bill Wong, OTD, OTR/L @BillWongOT**

<https://t.co/Haw2Xrk2k1> Another ableism TEDx talk. #otalk

**Itsme @Itsmegettingon**

@AbleOTUK @OTalk_ Support is great - keep doing this. Like to see all of us challenging more, especially RCOT, Universities & Organisations. Need to challenge othering, power dynamic of ableism i.e. OT is always someone with no disabilities advising someone with disabilities. #OTalk

**Sharon@OT @SharonOTUclan**

RT @sherlynmelody: @AbleOTUK @OTalk_ #otalk I only learnt of Ableism last year and I was surprised how ableist I am just in basic language! It was striking simple statements can be offensive.

**Bill Wong, OTD, OTR/L @BillWongOT**

<https://t.co/O2MASzWY5> #otalk

**AbleOTUK @AbleOTUK**

RT @SusanGriffiths5: @AbleOTUK @OTalk_ Just to continue to raise awareness and challenge ableism. More importantly, I would like to see RCOT, university employers and OTs step up and be anti-ableists. @AbleOTUK can't do everything- we need everyone's help #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

<https://t.co/Ly8RA02Kvg> #otalk

**Hannah Spencer (they/them) @hspenceruk**

@AbleOTUK @OTalk_ @AbleOTUK have really highlighted how inherently ableist our society and profession are. Recognition, responsibility and challenge level & broadly/structurally #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

<https://t.co/DGfsvsSFgl> #otalk

**Sam Pywell @smileyfacehalo**

@BillWongOT @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Is that common practice/ known / talked about? #OTalk needs to be a penalty or consequence/ management of ableism or it will continue to exist. Are there any best practice examples of how to deal with ableism and scenarios?

**AbleOTUK @AbleOTUK**

RT @OdethRichardson: @AbleOTUK @OTalk_ A bit more on ableism. We don't talk about it enough. Also would be great to hear members' experience of where we successfully remove barriers #otalk

**Natalie H - T Student (she/her) @nataliehixy**

@smileyfacehalo @SharonOTUclan @AbleOTUK @OTalk_ @rcot Potentially having more people to help us would be good - getting the word out to Universities. Maybe having a couple of Student @AbleOTUK representatives, who could do freshers week virtually? #otalk

**Holly Graham @HollyGtheOT**

@BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Yes I had a terrible experience on placement. I think a mix of both educators' feelings about ableist views. Recipe for disaster. Not taken seriously at midway marks. Seemed to be taken more so at de-brief but never told outcome... #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

<https://t.co/K5YQltX0AJ> #otalk

**Holly Graham** @HollyGtheOT

@BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK And also a little too late then really! #OTalk

**Sam Pywell** @smileyfacehalo

@SusanGriffiths5 @AbleOTUK @OTalk_ Ditto. ❤️ these Susan #OTalk

**AbleOTUK** @AbleOTUK

RT @nataliehixy: @OdethRichardson @AbleOTUK @OTalk_ It seems like it is only spoken of in hushed tones and it must change, we all do it, and we need how we can do better - for the sakes of colleagues and service users, lets be better #otalk



#OTalk @OTalk_

@sherlynmelody @AbleOTUK This is good to hear, it's great you can reflect this!! #OTalk when I first came across the word #intersectional in a @GuiltFemF it really opened my mind. Words are amazing! 🍌

**Odeth Richardson: she/her/hers** @OdethRichardson

@smileyfacehalo @nataliehixy @OTalk_ And we need to do a lot more. Its a start but we have a way to go yet #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@smileyfacehalo @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ According to the poster I checked out at #aota22 on this topic, this recommended practice. The presenter mentioned that students should not be expected to be exposed to ableism. #otalk

🇧🇷🇬🇧 **Natalie H - T Student (she/her)** @nataliehixy

@smileyfacehalo @SharonOTUclan @AbleOTUK @OTalk_ @rcot Maybe the student reps could be points of contact for students who need support to continue. Encourage more students to join. #OTalk



#OTalk @OTalk_

RT @hspenceruk: @AbleOTUK @OTalk_ @AbleOTUK have really highlighted how inherently ableist our society and profession are. Recognition, responsibility challenge @ personal level & broadly/structurally #OTalk

**AbleOTUK** @AbleOTUK

RT @Itsmegettingon: @AbleOTUK @OTalk_ Support is great - keep doing this. Like to see all of us challenging more, especially RCOT, Universities & Orga Need to change the othering, power dynamic of ableism i.e OT is always someone with no disabilities advising someone with disabilities. #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @nataliehixy: @smileyfacehalo @SharonOTUclan @AbleOTUK @OTalk_ @rcot Maybe the student reps could be points of contact for students who need contact. Encourage more students to join. #OTalk

**Saskia Grassie** @SaskiaGrassie

@smileyfacehalo @BillWongOT @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Yes they do! And these need to feel safe and supportive and challenge all at the same time! #OTalk

**Holly Graham** @HollyGtheOT

@OTalk_ @smileyfacehalo @AbleOTUK It needs to be part of the training, formally and informally. We should be understanding the roots of theories and dis-ableist practices. Educators should be taught about it during their placement educator training, and it should be part of core competencies #OTalk

🇧🇷🇬🇧 **Georgia Vine** @GeorgiaVineOT

RT @AbleOTUK: Q4 What are your goals for next year to address ableism? #OTalk @OTalk_

**Sam Pywell** @smileyfacehalo

@BillWongOT @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ Wow is there any chance u can share the poster ref/ any info on the by dm would like to see thanks #OTalk

🇧🇷🇬🇧 **Natalie H - T Student (she/her)** @nataliehixy

@OdethRichardson @smileyfacehalo @OTalk_ We have started - and nothing can stop us now! #OTalk



#OTalk @OTalk_

RT @OdethRichardson: @smileyfacehalo @nataliehixy @OTalk_ And we need to do a lot more. Its a start but we have a way to go yet #otalk

**Sharon@OT** @SharonOTUclan@OTalk_ Q4 To feel more comfortable talking about my disabilities, only diagnosed few days b4 1st UK Covid lockdown started, so Covid pandemic took over hard having to be an advocate for my own disability so feel I have to educate others when feeling vulnerable #OTalk <https://t.co/DJTs3Xu8di>**Sharon@OT** @SharonOTUclan

RT @nataliehixy: @smileyfacehalo @SharonOTUclan @AbleOTUK @OTalk_ @rcot Maybe the student reps could be points of contact for students who need contact. Encourage more students to join. #OTalk

**Hannah Spencer (they/them)** @hspenceruk

@AbleOTUK @OTalk_ Recognised/owned my ignorance & done something about it. Continued to listen, learn & challenge myself & will now critically think & myself & others consistently. Learning is always ongoing, but the standard we pass (aka bystand) = standard we accept @AbleOTUK #OTalk

**Hannah Spencer (they/them) @hspenceruk**

@AbleOTUK @OTalk_ As a cohort of community-based OTs, I think we bring that critical thinking and challenge to peer sessions too. Just because a stand assessment is published and widely known/used/studied, doesn't make it exempt from ableism or other forms of discrimination [#OTalk](#)

**Sharon@OT @SharonOTUclan**

RT @OdethRichardson: @smileyfacehalo @nataliehixy @OTalk_ And we need to do a lot more. Its a start but we have a way to go yet [#otalk](#)

**Odeth Richardson: she/her/hers @OdethRichardson**

@HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an issue in some areas. We this for our patients/clients but it seems harder when it's our colleagues [#otalk](#) which is not good enough.

**Sharon@OT @SharonOTUclan**

RT @nataliehixy: @OdethRichardson @smileyfacehalo @OTalk_ We have started - and nothing can stop us now! [#OTalk](#)

**Sharon@OT @SharonOTUclan**

RT @hspenceruk: @AbleOTUK @OTalk_ @AbleOTUK have really highlighted how inherently ableist our society and profession are. Recognition, responsibility challenge @ personal level & broadly/structurally [#OTalk](#)

**Hannah Spencer (they/them) @hspenceruk**

@AbleOTUK @OTalk_ @AbleOTUK are an unstoppable force (...but see answer to Q4! 😊) [#LookAfterYou](#) [#OTalk](#)

**K-OT (she, her) @kalessandram**

@AbleOTUK @OTalk_ Challenge more with confidence, encourage to question and reflect [#OTalk](#)

**#OTalk @OTalk_**

@JacquiG47 @sherlynmelody @AbleOTUK Definition, is in the blog post for this chat, please include the hashtag [#OTalk](#) during the conference so others can see what you are saying <https://t.co/z5xRpykuDW>

**Holly Graham @HollyGtheOT**

@AbleOTUK @OTalk_ More of what already doing! Peer support, advocating, writing on ableism, how to support disabled OTs, ableism w/in the profession (interventions), OT essential role to address structural ableism, how we can incorporate into our practice, working with @theRCOT [#OTalk](#)

**Georgia Vine @GeorgiaVineOT**

To write a book on it! [#OTalk](#) 😊😊

**#OTalk @OTalk_**

@JacquiG47 @sherlynmelody @AbleOTUK Ableism – Discrimination and social prejudice against people with disabilities based on the belief that typical ability is superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. [#OTalk](#)

**AbleOTUK @AbleOTUK**

RT @AbleOTUK: Q4 What are your goals for next year to address ableism? [#OTalk](#) @OTalk_

**Susan Griffiths @SusanGriffiths5**

@GeorgiaVineOT This made me laugh out loud 😂 [#OTalk](#)

**Natalie H - T Student (she/her) @nataliehixy**

@SharonOTUclan @OTalk_ Being disabled and owning it is so hard. It can take a lifetime to admit that you are disabled, and some people never accept that you don't owe anyone an explanation about your disability, that's YOUR personal information. You are doing amazing [#OTalk](#)

**Hannah Spencer (they/them) @hspenceruk**

@AbleOTUK @OTalk_ I'd like to see the whole profession to have sufficient understanding of ableism to be able to be an ally. Allyship isn't about knowledge understanding, intention; it's about action; doing. Consistently. [#OTalk](#)

**#OTalk @OTalk_**

Warning - 10 minutes of tonight's [#OTalk](#) left, have you said everything you wanted to?

**Bill Wong, OTD, OTR/L @BillWongOT**

@smileyfacehalo @SaskiaGrassie @nataliehixy @SusanGriffiths5 @AbleOTUK @OTalk_ The session title was- Prevalence of Incivility and Bullying in the Therapy Fieldwork Environment. I forgot who did it. [#otalk](#)

**Sam Pywell @smileyfacehalo**

@OdethRichardson @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK More needs to be done supporting students, staff and colleague requests. As a profession we get beyond the diagnosis yet don't apply well to our own. A reasonable request can be as important as a reasonable adjustment.

**AbleOTUK @AbleOTUK**

Q5 In an ideal world, what would you like to see from the profession moving forward? [#OTalk](#) @OTalk_



Susan Griffiths @SusanGriffiths5
@hspenceruk @AbleOTUK @OTalk_ Preach #OTalk



#OTalk @OTalk_

RT @hspenceruk: @AbleOTUK @OTalk_ I'd like to see the whole profession to have sufficient understanding of ableism to be able to be an ally. Allyship is knowledge, understanding, intention; it's about action; doing. Consistently. #OTalk



Odeth Richardson: she/her/hers @OdethRichardson

RT @HollyGtheOT: @AbleOTUK @OTalk_ More of what already doing! Peer support, advocating, writing on ableism, how to support disabled OTs, ableism profession (theories, interventions), OT essential role to address structural ableism, how we can incorporate into our practice, working with @theRCOT #OT;



Natalie H - T Student (she/her) @nataliehixy

@SusanGriffiths5 @GeorgiaVineOT Then you can say 'I wrote the book on ableism' literally. #otalk made me chuckle too



#OTalk @OTalk_

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues #otalk which is not good enough.



Odeth Richardson: she/her/hers @OdethRichardson

RT @kalessandram: @AbleOTUK @OTalk_ Challenge more with confidence , encourage to question and reflect #OTalk



Georgia Vine @GeorgiaVineOT

@SusanGriffiths5 Hahaha! Glad someone found it funny and not obnoxious 😂😂 #OTalk



Holly Graham @HollyGtheOT

@AbleOTUK @OTalk_ More to raise awareness. Looking at role more holistically - how, as children's OT, can be part of changing culture of acceptance earl childhood, changing culture of organisations at universal, targeted & specialist levels. Continue to tackle my internalised ableism #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues #otalk which is not good enough.



Bill Wong, OTD, OTR/L @BillWongOT

RT @smileyfacehalo: @OdethRichardson @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK More needs to be done supporting stude colleagues reasonable requests. As a profession we get beyond the diagnosis yet don't apply well to our own. A reasonable request can be as important as : adjustment #OTalk



Sharon@OT @SharonOTUclan

@OTalk_ Q4 From OT profession I would like more understanding of all disabilities & they affect everyone differently. The same disability can affect different different ways. Person-centred. Some OTs are brilliant at this and inspire and motivate me in the profession #OTalk <https://t.co/5WidkzP2VX>



CharleyG @JacquiG47

@OTalk_ @sherlynmelody @AbleOTUK #otalk thank you. I guess it would have previously been people talking about 'normal' people so by definition people disability are not normal. Just never heard it described that way but makes sense. Thank you



Susan Griffiths @SusanGriffiths5

@OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in becoming the first anti-ab profession. C'mon, let do it 🙌 #OTalk



Sharon@OT @SharonOTUclan

@nataliehixy @OTalk_ Q4 From OT profession I would like more understanding of all disabilities & they affect everyone differently. The same disability can a people in different ways. Person-centred. Some OTs are brilliant at this and inspire and motivate me in the profession #OTalk <https://t.co/DheNSQ7zx1>



#OTalk @OTalk_

Absolutely @OdethRichardson this comes up every month in @AbleOTUK support sessions! #otalk



Odeth Richardson: she/her/hers @OdethRichardson

RT @smileyfacehalo: @OdethRichardson @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK More needs to be done supporting stude colleagues reasonable requests. As a profession we get beyond the diagnosis yet don't apply well to our own. A reasonable request can be as important as : adjustment #OTalk



Natalie H - T Student (she/her) @nataliehixy

@GeorgiaVineOT @SusanGriffiths5 You are the least obnoxious person ever. You are totally lovely and kind. I'm 100000% excited for you and the book. #O



Bill Wong, OTD, OTR/L @BillWongOT

An article worth checking out- <https://t.co/DxDuk4D54a> #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@HollyGtheOT @OTalk_ @smileyfacehalo @AbleOTUK and it has to be mandatory for placement educators. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @SharonOTUclan: @nataliehixy @OTalk_ Q4 From OT profession I would like more understanding of all disabilities & they affect everyone differently. The disability can affect different people in different ways. Person-centred. Some OTs are brilliant at this and inspire and motivate me in the profession [#OTalk](https://t.co/DheNSQ7zx1) <https://t.co/DheNSQ7zx1>

**Sharon@OT** @SharonOTUclan

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues [#otalk](#) which is not good enough.

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @SusanGriffiths5: @OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in be first anti-ableist profession. C'mon, let do it 🙌 [#OTalk](#)

**AbleOTUK** @AbleOTUKYASSS! [#OTalk](#)**Bill Wong, OTD, OTR/L** @BillWongOT

RT @JacquiG47: @OTalk_ @sherylnmelody @AbleOTUK [#otalk](#) thank you. I guess it would have previously been people talking about 'normal' people so b people with a disability are not normal. Just never heard it described that way but makes sense. Thank you

**Susan Griffiths** @SusanGriffiths5@nataliehixy @GeorgiaVineOT Ditto [#OTalk](#)**Bill Wong, OTD, OTR/L** @BillWongOT

RT @HollyGtheOT: @AbleOTUK @OTalk_ More to raise awareness. Looking at role more holistically - how, as children's OT, can be part of changing cultur acceptance early in childhood, changing culture of organisations at universal, targeted & specialist levels. Continue to tackle my internalised ableism [#OTalk](#)

**Georgia Vine** @GeorgiaVineOT@nataliehixy @SusanGriffiths5 Ahh thank you ladies [#OTalk](#)**Sharon@OT** @SharonOTUclan@hspenceruk @OTalk_ @AbleOTUK I agree [#OTalk](#) <https://t.co/35WYUgPSCp>**Itsme** @Itsmegettingon

@AbleOTUK @OTalk_ Keep going in addressing my own internal ableism. Be braver in coming out challenging , especially when others say things like they any or few disabled OTs. There are many , like me but our disabilities aren't always visible. Stop working harder to compensate [#OTalk](#)

**Holly Graham** @HollyGtheOT

@smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK Yes, and for reasonable requested to be advertised. I know no have been entitled to taxis through NHS bursary to get to/from placements. I'm sure my uni lecturers knew that too, but it was never mentioned? It can't just I to the individual to know. [#OTalk](#)

**Sharon@OT** @SharonOTUclanRT @OTalk_: Absolutely @OdethRichardson this comes up every month in @AbleOTUK support sessions! [#otalk](#)**Bill Wong, OTD, OTR/L** @BillWongOT

@AbleOTUK @OTalk_ All OT associations across the globe should collectively work together and tackle this issue. Wisdom and culturally relevant ideas car exchanged. [#otalk](#)

**Alice** @aliceonsaxRT @AbleOTUK: Q4 What are your goals for next year to address ableism? [#OTalk](#) @OTalk_**Odeth Richardson: she/her/hers** @OdethRichardson@OTalk_ @AbleOTUK Especially when it's just a simple adjustment that's required. It can be frustrating when it takes some time to do [#otalk](#)**AbleOTUK** @AbleOTUKWe couldn't agree more! [#OTalk](#)**Susan Griffiths** @SusanGriffiths5@Itsmegettingon @AbleOTUK @OTalk_ Stop working so hard to compensate....my life story and definitely something air need to work on [#OTalk](#)**#OTalk** @OTalk_

Hi @carolinef_90 welcome to [#OTalk](#). (there is only one T In the hashtag). It's pronounced. O Talk (as in occupation talk, remember our tagline [#OTalk](#) a pl occupation helps. 🙌 <https://t.co/LUfPqhguB>

Bill Wong, OTD, OTR/L @BillWongOT



RT @SusanGriffiths5: @Itsmegettingon @AbleOTUK @OTalk_ Stop working so hard to compensate....my life story and definitely something air need to wor



AbleOTUK @AbleOTUK

RT @HollyGtheOT: @AbleOTUK @OTalk_ More to raise awareness. Looking at role more holistically - how, as children's OT, can be part of changing cultur acceptance early in childhood, changing culture of organisations at universal, targeted & specialist levels. Continue to tackle my internalised ableism #OTalk



#OTalk @OTalk_

Missing that hashtag again!! #OTalk <https://t.co/kbZUQo1kA1>



Bill Wong, OTD, OTR/L @BillWongOT

RT @HollyGtheOT: @smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK Yes, and for reasonable requested to be : know now I would have been entitled to taxis through NHS bursary to get to/from placements. I'm sure my uni lecturers knew that too, but it was never menti just be left down to the individual to know. #OTalk



Odeth Richardson: she/her/hers @OdethRichardson

RT @SusanGriffiths5: @Itsmegettingon @AbleOTUK @OTalk_ Stop working so hard to compensate....my life story and definitely something air need to wor



#OTalk @OTalk_

Again just the 1 T in the hashtag #OTalk!!



Natalie H - T Student (she/her) @nataliehixy

@OTalk_ @OdethRichardson @AbleOTUK Yes this is really common, students are finding placements difficult, one was refused a placement for an old diag is no longer current, but is still on her records #OTalk



#OTalk @OTalk_

RT @OdethRichardson: @OTalk_ @AbleOTUK Especially when it's just a simple adjustment that's required. It can be frustrating when it takes some time to



Sharon@OT @SharonOTUclan

@nataliehixy @OTalk_ I have had mixed experiences in OT profession and it leaves me <https://t.co/UXIPYqndvi> #OTalk <https://t.co/eFUnjkqFsm>



Odeth Richardson: she/her/hers @OdethRichardson

RT @BillWongOT: @AbleOTUK @OTalk_ All OT associations across the globe should collectively work together and tackle this issue. Wisdom and cultural! ideas can be exchanged. #otalk



CharleyG @JacquiG47

@SusanGriffiths5 @SaskiaGrassie @HollyGtheOT @AbleOTUK @OTalk_ #otalk i guess it depends on the person and what they want.. so working with an who wants to return to walking and what was normal for them... isn't ableist if that's what the individual wants. We need to keep focussed on enabling what th wants to do or be.



Kimberley Innes @AKimboCake

@AbleOTUK @DisruptOT @OTalk_ #OTalk internalised ableism! Bit of a process, easier to spot in others first then myself.



#OTalk @OTalk_

Don't forget that hashtag #OTalk



Odeth Richardson: she/her/hers @OdethRichardson

RT @hspenceruk: @AbleOTUK @OTalk_ I'd like to see the whole profession to have sufficient understanding of ableism to be able to be an ally. Allyship isn knowledge, understanding, intention; it's about action; doing. Consistently. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@HollyGtheOT @smileyfacehalo @OdethRichardson @SaskiaGrassie @OTalk_ @AbleOTUK and disabilOT on Facebook did not exist when I was a stude academic should be aware of this page, especially if their programs are using holistic admissions approach. #otalk



AbleOTUK @AbleOTUK

We love this! 🥰



Saskia Grassie @SaskiaGrassie

@AbleOTUK @OTalk_ Bother! Forgot #OTalk 😞



Odeth Richardson: she/her/hers @OdethRichardson

RT @SusanGriffiths5: @OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in be first anti-ableist profession. C'mon, let do it 🙌 #OTalk

Sharon@OT @SharonOTUclan

@OdethRichardson @OTalk_ @AbleOTUK Yep, very frustrating #OTalk <https://t.co/s8a3lerLcz>



Bill Wong, OTD, OTR/L @BillWongOT

RT @nataliehixy: @OTalk_ @OdethRichardson @AbleOTUK Yes this is really common, students are finding placements difficult, one was refused a placement diagnosis, which is no longer current, but is still on her records #OTalk



Aspiring Allies @AlliesAspiring

#OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @ltsmegettingon: @AbleOTUK @OTalk_ Keep going in addressing my own internal ableism. Be braver in coming out challenging, especially when others like they don't know any or few disabled OTs. There are many, like me but our disabilities aren't always visible. Stop working harder to compensate #OTalk



Aspiring Allies @AlliesAspiring

#OTalk



#OTalk @OTalk_

9pm that's our official #OTalk hour up. Please do keep chatting as we don't grab the chat transcript until Thursdays. Can we all thank our host @AbleOTUK @GeorgiaVineOT @nataliehixy for a great chat tonight. <https://t.co/NLI8mCx7r5>



Holly Graham @HollyGtheOT

@AbleOTUK @OTalk_ Acceptance that ableism is embedded in our communities. Action from the profession (organisation level and individuals) to change it with disabled people. Words not enough. Change can be little or big, but start somewhere. For it to be part of every discussion #OTalk



WY AHP Faculty @WYH_AHPFaculty

#OTalk



#OTalk @OTalk_

It's ok, that's what we are here for, supporting the host, and those engaging, ensuring people see your tweets, your not the first and will not be the last! #OTa



Bill Wong, OTD, OTR/L @BillWongOT

RT @HollyGtheOT: @AbleOTUK @OTalk_ Acceptance that ableism is embedded in our communities. Action from the profession (organisation level and individuals) to change it. Working with disabled people. Words not enough. Change can be little or big, but start somewhere. For it to be part of every discussion #OTalk



Saskia Grassie @SaskiaGrassie

@OTalk_ Sorry! Distracted by family interaction - can't multi task as well this evening it seems! #OTalk



WY AHP Faculty @WYH_AHPFaculty

#OTalk



#OTalk @OTalk_

Don't forget participating in or hosting an #OTalk can contribute towards your CPD. Remember @TheHCPC are interested in your learning so why not complete our reflective log to help evidence your learning. <https://t.co/HSHHvoGfxN>



Natalie H - T Student (she/her) @nataliehixy

@SharonOTUclan @OTalk_ Some OTs changed my life which is why I decided to follow this path. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@HollyGtheOT @AbleOTUK @OTalk_ just don't put it on my already full to-do list when it comes to OT TEDx topics to be produced. #otalk <https://t.co/A094>



Sharon@OT @SharonOTUclan

@OTalk_ Thank you @AbleOTUK Great #OTalk tonight, thank you everyone - back to 2nd half of the ladies England football match #LionessesLive #OTalk <https://t.co/JR3b8oqU9b>



#OTalk @OTalk_

Hi @AKimboCake welcome so people see your tweets out the hashtag it the@ #OTalk 🍪



Kimberley Innes @AKimboCake

@AbleOTUK @DisruptOT @OTalk_ #OTalk about to bring a little discussion to @physio_qmu social media in August. It's something my derby folk continue to use language especially @LothianRD



Sharon@OT @SharonOTUclan

RT @nataliehixy: @SharonOTUclan @OTalk_ Some OTs changed my life which is why I decided to follow this path. #OTalk



Natalie H - T Student (she/her) @nataliehixy
@SaskiaGrassie @OTalk Needs must! #OTalk



AbleOTUK @AbleOTUK
Thank you for having us, I will catch up on any missed comments as soon as I can! #OTalk



#OTalk @OTalk
RT @SharonOTUclan: @OTalk Thank you @AbleOTUK Great #OTalk tonight, thank you everyone - back to 2nd half of the ladies England football match #LionessesLive #OTalk <https://t.co/JR3b8oqU9b>



#OTalk @OTalk
RT @AbleOTUK: Thank you for having us, I will catch up on any missed comments as soon as I can! #OTalk



#OTalk @OTalk
Thanks everyone this is @OT_rach signing off from #OTalk. Good night, stay safe. <https://t.co/lG0bmfqjra>



AbleOTUK @AbleOTUK
RT @kalessandram: @AbleOTUK @OTalk Challenge more with confidence, encourage to question and reflect #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody
RT @HollyGtheOT: @AbleOTUK @OTalk Acceptance that ableism is embedded in our communities. Action from the profession (organisation level and individual) change it. Working with disabled people. Words not enough. Change can be little or big, but start somewhere. For it to be part of every discussion #OTalk



Natalie H - T Student (she/her) @nataliehixy
@WYH_AHPFaculty Wow thats amazing! #OTalk We would love to hear if this improves things and reduces #ableism



Sharon@OT @SharonOTUclan
Another goal #LionessesLive England 2 Sweden 0 Perfect timing to end @OTalk @AbleOTUK #OTalk



Ms Rachel Booth-Gardiner ❤️ @OT_rach
Really busy chat tonight, well done everyone! #OTalk keep chatting will grab the transcript on Thursday! Who will make the top influence list? 🙏



K-OT (she, her) 💙 @kalessandram
@AbleOTUK @OTalk #OTalk re-evaluating how we work in terms of ensuring that as a profession seek to reflect and challenge the dynamic of ableism. As we should be best at this but we are not there yet. #OTalk



Saskia Grassie @SaskiaGrassie
@HollyGtheOT @smileyfacehalo @OdethRichardson @BillWongOT @OTalk @AbleOTUK No, it should NOT be left to the individual either as student or employee. We can contribute and discuss needs but it is a lonely and isolating place if all or most coming from us #OTalk



Sharon@OT @SharonOTUclan
@AbleOTUK @OTalk Thank you @AbleOTUK You all do amazing work that is so valuable #OTalk



Odeth Richardson: she/her/hers @OdethRichardson
RT @SaskiaGrassie: @HollyGtheOT @smileyfacehalo @OdethRichardson @BillWongOT @OTalk @AbleOTUK No, it should NOT be left to the individual student or employee. We can contribute and discuss needs but it is a lonely and isolating place if all or most coming from us #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody
@AbleOTUK @OTalk #otalk I will be starting this year. I plan to share various things including @GeorgiaVineOT's talk I think I might even create a survey to fill in. 🙏 and some other things. I'll keep you posted 🙏



Natalie H - T Student (she/her) @nataliehixy
@OTalk @AbleOTUK @GeorgiaVineOT Thanks all for coming. Thanks @OT_rach for all of your amazing work this evening and always as an @AbleOTUK! Thanks @GeorgiaVineOT for tweeting on @AbleOTUK account. And thanks to @smileyfacehalo and @SusanGriffiths5 @AbleOTUK co-founders for support



AbleOTUK @AbleOTUK
RT @OdethRichardson: @OTalk @AbleOTUK Especially when it's just a simple adjustment that's required. It can be frustrating when it takes some time to



Holly Graham @HollyGtheOT
@JacquiG47 @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk Yes, individualism is key. Although is also important to work delicately in these situations explore feelings behind goals like that, being mindful of internalised ableism. Perhaps at wider level, is "returning to normal" advertised as the best? #OTalk



Saskia Grassie @SaskiaGrassie
@Itsmegettingon @AbleOTUK @OTalk YES to all - and stop working harder to compensate is a BIG one!! #OTalk

Natalie H - T Student (she/her) @nataliehixy



@sherlynmelody @AbleOTUK @OTalk_ @GeorgiaVineOT Great ideas! Contact us on @AbleOTUK to keep us filled in, and join our meets if you don't already Thursday of each month #OTalk



Ms Rachel Booth-Gardiner ❤️ @OT_rach

RT @nataliehixy: @OTalk_ @AbleOTUK @GeorgiaVineOT Thanks all for coming. Thanks @OT_rach for all of your amazing work this evening and always : @AbleOTUK co-founder. Thanks @GeorgiaVineOT for tweeting on @AbleOTUK account. And thanks to @smileyfacehalo and @SusanGriffiths5 @AbleOTUK founders for support. #OTalk



🇧🇷 🇧🇷 **Natalie H - T Student (she/her)** @nataliehixy

@SharonOTUclan @AbleOTUK @OTalk_ You are welcome. We are all in the same boat, and it is great to have support together. #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody

@AbleOTUK @OTalk_ #otalk for you guys to keep doing what you are doing. I find I get overwhelmed with lots of things, juggling is not my forte. So as long as doing your thing. I can dip in and out when I need filling in 🙏 #PleaseAndThanks 🌟



🇧🇷 🇧🇷 **Georgia Vine** @GeorgiaVineOT

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues #otalk which is not good enough.



K-OT (she, her) ❤️ @kalessandram

@OdethRichardson @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK As OTs we should be the best at this but unfortunately sometimes we don't apply the same to ourselves and our colleagues as our clients. Need to change this #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody

RT @SusanGriffiths5: @AbleOTUK @OTalk_ 1) to continue to work with @AbleOTUK 2) to continue to raise awareness and challenge ableism 3) to challenge ableist views and become an anti-ableist 4) to work through my own internalised ableist views #OTalk



#OTalk @OTalk_

RT @SaskiaGrassie: @AbleOTUK @OTalk_ @AbleOTUK have really opened my eyes to external & internal ableism & I am now shocked that I see it every even more so that I didn't see it before - as an OT too! I'm used to observing and trying to see things from others perspectives and I still missed so much! #C



AbleOTUK @AbleOTUK

RT @sherlynmelody: @AbleOTUK @OTalk_ #otalk I only learnt of Ableism last year and I was surprised how ableist I am just in basic language! It was striking simple statements can be offensive.



Holly Graham @HollyGtheOT

@SaskiaGrassie @smileyfacehalo @OdethRichardson @BillWongOT @OTalk_ @AbleOTUK & how can disabled people self advocate if not given full facts with knowledge. We can't know what we don't know. Same with being asked "what do you need" when starting placement/job. #OTalk



🇧🇷 🇧🇷 **Georgia Vine** @GeorgiaVineOT

RT @nataliehixy: @OTalk_ @AbleOTUK @GeorgiaVineOT Thanks all for coming. Thanks @OT_rach for all of your amazing work this evening and always : @AbleOTUK co-founder. Thanks @GeorgiaVineOT for tweeting on @AbleOTUK account. And thanks to @smileyfacehalo and @SusanGriffiths5 @AbleOTUK founders for support. #OTalk



Sherlyn 🌟 (she/her) @sherlynmelody

@AbleOTUK @OTalk_ #otalk Honesty Transparency Representation



Saskia Grassie @SaskiaGrassie

@kalessandram @OdethRichardson @HollyGtheOT @BillWongOT @OTalk_ @smileyfacehalo @AbleOTUK This is so interesting isn't it?! Exactly this has and reflecting +++ Why is this so? It seems counter intuitive! #OTalk



🇧🇷 🇧🇷 **Natalie H - T Student (she/her)** @nataliehixy

@HollyGtheOT @smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK Oh Holly that's AWFUL!!! How can this inform found out by AbleOTUK? If we have these answers maybe we can support students. It is awful that students are missing out on support! #OTalk



Hannah Spencer (they/them) @hspenceruk

RT @sherlynmelody: @AbleOTUK @OTalk_ #otalk Honesty Transparency Representation



Bill Wong, OTD, OTR/L @BillWongOT

@nataliehixy @HollyGtheOT @smileyfacehalo @OdethRichardson @SaskiaGrassie @OTalk_ @AbleOTUK perhaps each country should have something : OTGenius Facebook page for prospective OT students. I know OTGenius page is more universal for pre-OT students. But, if each country has such a resource be helpful for such students. #otalk



BAMEOTUK @BAMEOTUK

RT @OTalk_ : Don't forget participating in or hosting an #OTalk can contribute towards your CPD. Remember @TheHCPC are interested in your learning so complete one of our reflective log to help evidence your learning. <https://t.co/HSHHvGfxN>



🇧🇷 **Kirsty Stanley Occupation4Life** ❤️ @Occ4LifeLtd

RT @HollyGtheOT: @smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK Yes, and for reasonable requested to be : know now I would have been entitled to taxis through NHS bursary to get to/from placements. I'm sure my uni lecturers knew that too, but it was never mentioned just be left down to the individual to know. #OTalk

**AbleOTUK** @AbleOTUK

RT @hspenceruk: @AbleOTUK @OTalk_ @AbleOTUK have really highlighted how inherently ableist our society and profession are. Recognition, responsibility challenge @ personal level & broadly/structurally #OTalk

**Kirsty Stanley Occupation4Life** @Occ4LifeLtd

RT @smileyfacehalo: @OdethRichardson @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK More needs to be done supporting student colleagues reasonable requests. As a profession we get beyond the diagnosis yet don't apply well to our own. A reasonable request can be as important as adjustment #OTalk

**Kirsty Stanley Occupation4Life** @Occ4LifeLtd

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues #otalk which is not good enough.

**Saskia Grassie** @SaskiaGrassie

@nataliehixy @OTalk_ @AbleOTUK @GeorgiaVineOT @OT_rach @smileyfacehalo @SusanGriffiths5 Thank you one and all for insights, inspiration and the make changes - where did the last hour + go?! #OTalk

**AbleOTUK** @AbleOTUK

RT @SaskiaGrassie: @OTalk_ @HollyGtheOT @smileyfacehalo @AbleOTUK We can include conversations on placements and encourage and support referral model action #OTalk

**Holly Graham** @HollyGtheOT

@nataliehixy @smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK I found disability services not familiar w NHS for courses so didn't know answers. Lecturers would but maybe felt not their role? Would it be helpful to collate exp, like with qnaires? Could make "top tips" for "top pitfalls" for educators/lecturers #OTalk

**Natalie H - T Student (she/her)** @nataliehixy

@SaskiaGrassie @OTalk_ @AbleOTUK @GeorgiaVineOT @OT_rach @smileyfacehalo @SusanGriffiths5 It went really quickly! I really enjoyed it, such fan answers #otalk

**Chrisi Ward Pronouns She/Her** @WardChrisi884

@OTalk_ @OT_rach #OTalk I'll catch up on the transcript I'm up to my eye balls in a presentation for uni! Sad to have missed this

**Mary Brown** @slit_mary

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues #otalk which is not good enough.

**AbleOTUK** @AbleOTUK

Indeed! I know it went all too fast!

**Natalie H - T Student (she/her)** @nataliehixy

@BillWongOT @HollyGtheOT @smileyfacehalo @OdethRichardson @SaskiaGrassie @OTalk_ @AbleOTUK I haven't heard of OTGenius - now I want to go Prior to starting uni, I joined a fantastic group for disabled OTs, which was started by an OT friend of mine who I have known a long time, and most people like Danlos like me, so it was helpful to me #OTalk

**AbleOTUK** @AbleOTUK

RT @SusanGriffiths5: @OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in being first anti-ableist profession. C'mon, let's do it 🙌 #OTalk

**Holly Graham** @HollyGtheOT

@JacquiG47 @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ I definitely think our job. Whether we address personally w individual may not be. But your service/profession speak about itself? Is it ableist in its messaging? Promoting "back to baseline" or similar. What happens for those where this isn't a re #OTalk

**Natalie H - T Student (she/her)** @nataliehixy

@BillWongOT @HollyGtheOT @smileyfacehalo @OdethRichardson @SaskiaGrassie @OTalk_ @AbleOTUK However in response to what you said, yes a OT, UK group would be great, and some students, and newly qualified OTs could be on there to answer questions, or just RCOT admin. And same for USA etc

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @nataliehixy: @BillWongOT @HollyGtheOT @smileyfacehalo @OdethRichardson @SaskiaGrassie @OTalk_ @AbleOTUK However in response to what you said, yes a prospective OT, UK group would be great, and some students, and newly qualified OTs could be on there to answer questions, or just RCOT admin. And same for USA etc. #OTalk

**Holly Graham** @HollyGtheOT

@JacquiG47 @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ How does that messaging impact their self esteem, their participation in roles and responsibilities the outset? Thinking about WHO's ICF showing experience of disability is dependent on contextual factors, without hierarchy of importance. 2/2 #OTalk

**Natalie H - T Student (she/her)** @nataliehixy

@HollyGtheOT @JacquiG47 @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ Yes that's why I LOVED it when the Phoenix went bye bye. The phoenix in itself is Ableist. I will never ever be who I was before. It is so much the medical model of disability, and we need to distance from it #OTalk

Holly Graham @HollyGtheOT

@nataliehixy @JacquiG47 @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ Me too! I was born disabled. I can't transform to being non-disabled a



need to transform to anything! #OTalk



AbleOTUK @AbleOTUK

RT @OTalk_: @JacquiG47 @sherlynmelody @AbleOTUK Ableism – Discrimination and social prejudice against people with disabilities based on the belief abilities are superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. #OTalk



Natalie H - T Student (she/her) @nataliehixy

@HollyGtheOT @JacquiG47 @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ I have Ehlers Danlos Syndrome. I used to be just a double jointed & sprained her ankles. Then I was 20 odd with chronic pain, dislocations, prolapsed discs, waiting for hip surgery - There ain't no putting that genie back in it's bottle



AbleOTUK @AbleOTUK

RT @OTalk_: Absolutely @OdethRichardson this comes up every month in @AbleOTUK support sessions! #otalk



K-OT (she, her) @kalessandram

@HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK We really need as a profession to practice what we preach, to ourselves, setting up placements, with colleagues & supervisees. #OTalk



Sharon@OT @SharonOTUclan

RT @SusanGriffiths5: @OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in being first anti-ableist profession. C'mon, let's do it! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @kalessandram: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK We really need as a profession to practice what we preach, to ourselves, in setting up placements, with colleagues & supervisees. #OTalk



Natalie H - T Student (she/her) @nataliehixy

@JacquiG47 @HollyGtheOT @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ don't forget to #Otalk or you won't be in the transcript



Allison Sullivan @_allisulli

RT @BillWongOT: An article worth checking out- <https://t.co/DxDUK4D54a> #otalk



Sharon@OT @SharonOTUclan

RT @nataliehixy: @OTalk_ @AbleOTUK @GeorgiaVineOT Thanks all for coming. Thanks @OT_rach for all of your amazing work this evening and always @AbleOTUK co-founder. Thanks @GeorgiaVineOT for tweeting on @AbleOTUK account. And thanks to @smileyfacehalo and @SusanGriffiths5 @AbleOTUK founders for support. #Otalk



Holly Graham @HollyGtheOT

@FaithSchoolOT @AbleOTUK @OTalk_ I ask qs and explore views, I challenge them & can be disruptive. I choose strategies that can be whole-school (I prefer "strategy" for a school to have neuroaffirmity training). We should focus on changing occupations & environments. Moving away from changing individual. #C



Natalie H - T Student (she/her) @nataliehixy

@WardChris884 @OTalk_ @OT_rach Come back when you have chance. It will be waiting #OTalk



Natalie H - T Student (she/her) @nataliehixy

@HollyGtheOT @smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK That would be really good. It is so hard to find answers, especially in these current covid times, as year groups don't mix with each other to pass information around. #Otalk



Natalie H - T Student (she/her) @nataliehixy

@HollyGtheOT @SaskiaGrassie @smileyfacehalo @OdethRichardson @BillWongOT @OTalk_ @AbleOTUK This always gets me at the start of a placement haven't been in this role before so you have no idea at the adaptations you will need. And you don't know if the furniture is suitable for you - or if they even have a suitable chair in the building. #Otalk



Holly Graham @HollyGtheOT

@FaithSchoolOT @AbleOTUK @OTalk_ Also function needs to be at heart of what we do. A school raised concerns autistic 3 year old (3!) liked to put things in fingers. Answer to my "so what?" was "yeah but how will it look when she moves to reception?". Didn't impact OP. Issue was w/ society, not child #OTalk



CharleyG @JacquiG47

@nataliehixy @HollyGtheOT @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ #otalk most of what we do is long term conditions so we try to adapt environment or the tasks to make things achievable in whatever way is possible for that person. The drive or ambition always comes from the client though



Holly Graham @HollyGtheOT

@FaithSchoolOT @AbleOTUK @OTalk_ This is great! Would love to hear more. I think OTs still not always getting involved in policy, but key role in school to #OTalk



Susan Griffiths @SusanGriffiths5

@FaithSchoolOT @OTalk_ Unfortunately, the whole education system is ableist. I often find EHCPs are designed around what the adults think the child needs the child actually need & want. For example the child must sit still to learn 😞 whereas the child needs to move to learn #OTalk

Occupational Therapy for Long Covid @OTforLC

RT @AbleOTUK: Q1What have you learnt this year about ableism? #OTalk @OTalk_



 **Natalie H - T Student (she/her) @nataliehixy**



@kalessandram @OdethRichardson @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK I think some OTs don't want colleagues and students. However others are amazing. Other times there is no suitable equipment ie suitable chair for someone with a physical disability. The issues #OTalk



Faith Newton @FaithSchoolOT

@OTalk_ #otalk 1/2 I think ableism is built into the history of the profession. We are brought in to 'fix' people, make them as independent as possible and get to work / kids to pass exams etc. Instruments of the state. Obviously there is much more to OT than this...



 **Natalie H - T Student (she/her) @nataliehixy**

@JacquiG47 @HollyGtheOT @SusanGriffiths5 @SaskiaGrassie @AbleOTUK @OTalk_ Ableism is more than supporting your client to do what they want. E Ableist in some way, even disabled people. The purpose of this is to show how we are ableist #OTalk



Sharon@OT @SharonOTUclan

RT @nataliehixy: @AbleOTUK @OTalk_ I also had an interview with @theRCOT about what it is like to be a #DisabledStudent @uclan which was fantastic explained how awesome @AbleOTUK are. #OTalk



Sharon@OT @SharonOTUclan

RT @GeorgiaVineOT: @AbleOTUK @OTalk_ I've done a blog for us on Disability Pride Month to try and make people aware of ableism. I wasn't very happy was just 'discrimination of disabled people' in my mandatory training #OTalk



Sharon@OT @SharonOTUclan

RT @Itsmegettingon: @AbleOTUK @OTalk_ I'm trying but it can be exhausting sometimes fight against the tide and your own internal ableism at the same time having people saying they don't know any disabled people at work! Will get there. Having support from others to have the conversation gives strength #OTalk



Dr Clare Taylor @ClareTaylorBU

RT @AnnetteF_OT: Calling newly qualified occupational therapists-share your experiences of transition. #highereducation, #RCOT, #ot_chill, #OTalk, clinica readiness on transition. Please get in touch using details below.... <https://t.co/xp5cG3KgHF>



Anya de longh @anyadei

RT @AnnetteF_OT: Calling newly qualified occupational therapists-share your experiences of transition. #highereducation, #RCOT, #ot_chill, #OTalk, clinica readiness on transition. Please get in touch using details below.... <https://t.co/xp5cG3KgHF>



LecturerMish 🌟🇬🇧🇪🇺🇦🇨🇦🇪 She/Her/Hers @LecturerMish

RT @AbleOTUK: Q1 What have you learnt this year about ableism? #OTalk @OTalk_



Freya Sledding 🍌💙 @SleddingFreya

RT @AlliesAspiring: #OTalk



Freya Sledding 🍌💙 @SleddingFreya

RT @AlliesAspiring: #OTalk



OTBayArea @otbayarea

RT @AbleOTUK: Q2 What positive changes have you and your organisation made this year to address ableism? #OTalk @OTalk_



OTBayArea @otbayarea

RT @AbleOTUK: Q4 What are your goals for next year to address ableism? #OTalk @OTalk_



DisruptOT @DisruptOT

RT @AbleOTUK: Q4 What are your goals for next year to address ableism? #OTalk @OTalk_



Jane Moseley @janiemoseley

RT @OTalk_: @JacquiG47 @sherlynmelody @AbleOTUK Ableism – Discrimination and social prejudice against people with disabilities based on the belief abilities are superior. At its heart, ableism is rooted in the assumption that disabled people require 'fixing' and defines people by their disability. #OTalk



Jane Moseley @janiemoseley

RT @OTalk_: Don't forget participating in or hosting an #OTalk can contribute towards your CPD. Remember @TheHCPC are interested in your learning so complete one of our reflective log to help evidence your learning. <https://t.co/HSSHvGfxN>



Jane Moseley @janiemoseley

RT @Itsmegettingon: @AbleOTUK @OTalk_ Keep going in addressing my own internal ableism. Be braver in coming out challenging, especially when others like they don't know any or few disabled OTs. There are many like me but our disabilities aren't always visible. Stop working harder to compensate #OTalk



Jane Moseley @janiemoseley

RT @OdethRichardson: @HollyGtheOT @BillWongOT @SaskiaGrassie @OTalk_ @smileyfacehalo @AbleOTUK Reasonable adjustments seems to be an issue in some areas. We talk about this for our patients/clients but it seems harder when it's our colleagues #otalk which is not good enough.

**OTBayArea** @otbayarea

RT @AbleOTUK: Q5 In an ideal world, what would you like to see from the profession moving forward? #OTalk @OTalk_

**OTBayArea** @otbayarea

RT @AbleOTUK: What would you like to see from @AbleOTUK this next year? #OTalk @OTalk_

**OTBayArea** @otbayarea

@AbleOTUK @OTalk_ Would love to see more global collaboration! @AbleOTUK is doing amazing work that can inspire other countries AHPs to take more play a role in policy. If we can get working groups going, maybe #DisruptOT can support this so it's not more work for you all. #OTalk

**OTBayArea** @otbayarea

@AbleOTUK @OTalk_ Acknowledging the ableist harms and narratives inherent to OT, owning it, doing something about it. Prioritizing lived experience exp them, actually listeing. #OTalk

**OTBayArea** @otbayarea

@AbleOTUK @OTalk_ Global platform with #DisruptOT to acknowledge and address ableism in all of our events, bigger focus on intersectionality. #OTalk

**Kimberley Innes** @AKimboCake

@AbleOTUK @OTalk_ I'm moving from OT to PT, and it feels like OT have a head start on this topic! #OTalk I guess talking about ableism at uni, including tl perspective in our person centred care - believing patients (+ colleagues etc) when they tell us they have experienced it from our profession

**Saskia Grassie** @SaskiaGrassie

@AbleOTUK @OTalk_ reflecting on mentioning being an active ally for parents & carers - this also opens up opportunities for discussion about being an ally other as OTs - it brings the language of ableism into the workplace #OTalk

**Jen Gash** @OTCoachUK

RT @hspenceruk: @AbleOTUK @OTalk_ I'd like to see the whole profession to have sufficient understanding of ableism to be able to be an ally. Allyship isn knowledge, understanding, intention; it's about action; doing. Consistently. #OTalk

**Jen Gash** @OTCoachUKRT @AnnetteF_OT: Calling newly qualified occupational therapists-share your experiences of transition. #highereducation, #RCOT, #ot_chill, #OTalk, clinica readiness on transition. Please get in touch using details below.... <https://t.co/xp5cG3KgHF>**Sharon@OT** @SharonOTUclan

Yes, definitely. 🙌🙌🙌 #OTalk

**Sharon@OT** @SharonOTUclan@HollyGtheOT @smileyfacehalo @OdethRichardson @BillWongOT @SaskiaGrassie @OTalk_ @AbleOTUK So sorry to hear about this experience #OTalk @AbleOTUK <https://t.co/inu17hbaV2>**Sharon@OT** @SharonOTUclan

@AbleOTUK @smileyfacehalo

**Sharon@OT** @SharonOTUclan

RT @GeorgiaVineOT: To write a book on it! #OTalk 🤔🤔

**Anne Clarke OT** @OT_Anne_We're recruiting! Come and meet our lovely team! Ask us anything! 😊 Free parking, no need to book #OT #derbyunistudent #UoSOTC #shout_team #RCO #OTalk #OccupationalTherapy #derbyuni #RCOT <https://t.co/ozQYF1evN>**Natalie H - T Student (she/her)** @nataliehixy

@EmpowermentPas1 @OTalk_ @AbleOTUK @GeorgiaVineOT You can still contribute- the transcript isn't pulled until tomorrow just use #otalk to make sure comments are included

**Saskia Grassie** @SaskiaGrassie

@JacquiG47 @SusanGriffiths5 @HollyGtheOT @AbleOTUK @OTalk_ The individual's aspirations and sense of self need to be kept at the core - and no gu even if we think we know someone well. Communication is key and where negotiation required this needs to be done with sensitivity and an open mind #OTi

**Georgia Vine** @GeorgiaVineOT

RT @SusanGriffiths5: @OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in be first anti-ableist profession. C'mon, let do it 🙌 #OTalk

**Georgia Vine** @GeorgiaVineOT

RT @hspenceruk: @AbleOTUK @OTalk_ I'd like to see the whole profession to have sufficient understanding of ableism to be able to be an ally. Allyship isn knowledge, understanding, intention; it's about action; doing. Consistently. #OTalk

**Saskia Grassie** @SaskiaGrassie

@OdethRichardson @HollyGtheOT @BillWongOT @OTalk_ @smileyfacehalo @AbleOTUK And the difference adjustments can make for OTs is immense in participation, engagement, activity level and a sense of belonging and feeling valued. Is there any research on OT staff retention where reasonable adjustme been made? #OTalk

**Richard Luke** @Speedincaesar

Please make this happen. OTs are an integral part of disabled people being able to live the life they choose [#OTalk](#)

**AbleOTUK** @AbleOTUK

🤔 There needs to be.

**Susan Griffiths** @SusanGriffiths5

RT @Speedincaesar: Please make this happen. OTs are an integral part of disabled people being able to live the life they choose [#OTalk](#)

**AbleOTUK** @AbleOTUK

You heard him - let do this!

**John Peter Guite** @JPGUITE1

RT @Speedincaesar: Please make this happen. OTs are an integral part of disabled people being able to live the life they choose [#OTalk](#)

**Odeth Richardson: she/her/hers** @OdethRichardson

RT @SaskiaGrassie: @OdethRichardson @HollyGtheOT @BillWongOT @OTalk_ @smileyfacehalo @AbleOTUK And the difference adjustments can make immense in terms of participation, engagement, activity level and a sense of belonging and feeling valued. Is there any research on OT staff retention where adjustments have been made? [#OTalk](#)

**Margaret Spencer MA** @margaretOT360

RT @SaskiaGrassie: @AbleOTUK @OTalk_ Looking at how we communicate with parents and carers and slowly starting to change format of written advice hopefully will lead to other changes which take different needs into account as everyday normal practice. Using <https://t.co/1warLdsuUc> as a guide [#OTalk](#)

**Dawn Drury** @DDawnOT

RT @SaskiaGrassie: @OdethRichardson @HollyGtheOT @BillWongOT @OTalk_ @smileyfacehalo @AbleOTUK And the difference adjustments can make immense in terms of participation, engagement, activity level and a sense of belonging and feeling valued. Is there any research on OT staff retention where adjustments have been made? [#OTalk](#)

**Kirsty Stanley Occupation4Life** @Occ4LifeLtd

RT @Speedincaesar: Please make this happen. OTs are an integral part of disabled people being able to live the life they choose [#OTalk](#)

**#OTalk** @OTalk_

[#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice. <https://t.co/oOCxOystTC>

**#OTalk** @OTalk_

RT @OTalk_ : [#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice <https://t.co/oOCxOystTC>

**Dr Nikki Daniels** @NikkiDanielsOT

RT @OTalk_ : [#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice <https://t.co/oOCxOystTC>

**Sharon@OT** @SharonOTUclan

RT @smileyfacehalo: @OTalk_ @HollyGtheOT @AbleOTUK [#OTalk](#) Ableism needs embedding within documentation for pre reg standards and prep for pla practice Ed training). We need to take a hard stance with when it occurs to send the message it's not acceptable. That comes from explicitly writing it into EC

**CPD@RCOT** @CPD_RCOT

RT @OTalk_ : [#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice <https://t.co/oOCxOystTC>

**Anya de longh** @anyadei

RT @OTalk_ : [#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice <https://t.co/oOCxOystTC>

**Sharon@OT** @SharonOTUclan

RT @OTalk_ : [#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice <https://t.co/oOCxOystTC>

**Sharon@OT** @SharonOTUclan

RT @smileyfacehalo: @HollyGtheOT @AbleOTUK @OTalk_ Agreed 🌈 last year was my lightbulb moment re reasonable request/ adjustment to dial in, and creating safe spaces for disclosure. We haven't talked about ableism in the profession (cheers Encanto, now have this music to it 🥳) [#OTalk](#) <https://t.co/Tm>

**Alan Mathew** @House_OT

RT @OTalk_ : Ableism – Discrimination & social prejudice against people with disabilities based on the belief that typical abilities are superior. At its heart, ab rooted in the assumption that disabled people require 'fixing' and defines people by their disability. [#OTalk](#)

CAHPR-Greater Manchester @CAHPR_GM

RT @OTalk_ : [#OTalk](#) Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical practice

<https://t.co/oOCxOystTC>**LecturerMish** 🇬🇧 🇪🇺 🇬🇧 🇬🇧 🇬🇧 🇬🇧 🇬🇧 🇬🇧 🇬🇧 🇬🇧 **She/Her/Hers** @LecturerMish

RT @SusanGriffiths5: @OTalk_ Challenging ableism is everyone responsibility - we can no longer continue to ignore this. As OTs we can lead the way in be first anti-ableist profession. C'mon, let do it 🙌 #OTalk

**UoB Physiotherapy** @BrightPhysiosRT @AnnetteF_OT: Calling newly qualified occupational therapists-share your experiences of transition. #highereducation, #RCOT, #ot_chill, #OTalk, clinica readiness on transition. Please get in touch using details below.... <https://t.co/xp5cG3KgHF>**Katie Moffat** @Katie_MoffatRT @OTalk_ : #OTalk Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical pract <https://t.co/oOCxOystTC>**Kerry Edwards** @KerryEdwardsOT

This looks interesting @YSJOT @YSJOTSOC 🙌

**York St John OT Society** @YSJOTSOCRT @OTalk_ : #OTalk Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical pract <https://t.co/oOCxOystTC>**Samantha Tavender** @SamOTantha

@OTalk_ Hope you can join us :) #OTalk

**Jay Webster (They/Them)** 🇬🇧 🇬🇧 🇬🇧 @jwot77RT @OTalk_ : #OTalk Research Tuesday 2nd Aug 2022 – What next for the newly qualified OT? Transferring research skills from university into clinical pract <https://t.co/oOCxOystTC>

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