

#OTalk Transcript

Healthcare social media transcript of the [#OTalk](#) hashtag.

Tue, February 22nd 2022, 8:00PM – Thu, February 24th 2022, 10:15PM (Europe/London).

See [#OTalk Influencers/Analytics](#).



#OTalk @OTalk

Some [#OTalk](#) housekeeping & a few things to keep in mind through our chat. Please remember that your codes of practice apply online as they do in practice. Be respectful, listen, share, learn & most importantly enjoy. Don't forget to use your engagement in [#OTalk](#) for your [#CPD](#) <https://t.co/XMwDq3sBHp>



#OTalk @OTalk

What is the first rule of [#OTalk](#) ? Don't forget the hashtag We do not want to miss your contribution to the chat, and without the hashtag your tweets will not be in the transcript. <https://t.co/4FRXblT5HR>



#OTalk @OTalk

Good evening [#OTalk](#) @Helen_OTUK on the account this evening and our host is Lois @lcOT26 Say hi even if you plan on lurking... <https://t.co/004PfWkQh>



Harriet Stevens @Harriet59760915

@OTalk @Helen_OTUK @lcOT26 Hi there [#OTalk](#)



Melissa Morris @MelissaMorris

Hi there everyone! [#OTalk](#)



Helen Arnfield MSc (she/her) @HelenArnfieldOT

@OTalk @Helen_OTUK @lcOT26 Evening all, lurking/multi tasking [#otalk](#)



Lois OT @lcOT26

RT @OTalk : Good evening [#OTalk](#) @Helen_OTUK on the account this evening and our host is Lois @lcOT26 Say hi even if you plan on lurking....



#OTalk @OTalk

So are we settled and ready? I will hand over to our host for the evening Lois @lcOT26 [#OTalk](#)



Rachel Johnson OT @RJohnsonOT

@OTalk @Helen_OTUK @lcOT26 Hello! [#OTalk](#)



Lucy Thomas @lucyevt

@OTalk @Helen_OTUK @lcOT26 Hi! [#OTalk](#)



Lois OT @lcOT26

Hello all! Thank you @Helen_OTUK . Thanks so much for joining me this evening and my first time hosting. I'm an OT working with adults with learning disabilities. I wanted to raise awareness of this population and accessing mainstream services. [#OTalk](#) <https://t.co/0lIUrrluzt>



#OTalk @OTalk

RT @lcOT26: Hello all! Thank you @Helen_OTUK . Thanks so much for joining me this evening and my first time hosting. I'm an OT working with...



Lois OT @lcOT26

Ok let's get straight to it! Please share and participate in each other's responses. Q1) There are around 1.5 million people living with a learning disability in the UK. How do you think society currently view adults with learning disabilities? Has this changed... why? [#OTalk](#) <https://t.co/PyfHERxulj>



#OTalk @OTalk

[#OTalk](#) Question 1



Phoebe Swinburn @Phoebe_OT_1992
@OTalk_ @Helen_OTUK @lcOT26 Hi! #OTalk 🙌



Lucy Thomas @lucyevt
@lcOT26 Lack of education or public discourse still delaying wider understanding. Seen as one homogenous "type" or ability. But the compassion is there. I cynically maybe - change is relying on advocates for learning difficulties having to educate others, (1/2) #OTalk



Carolyn OT (she/her) @CeeCeeOT
RT @lcOT26: Ok let's get straight to it! Please share and participate in each other's responses. Q1) There are around 1.5 million people I...



Helen OTUK @Helen_OTUK
@lcOT26 #OTalk I am looking forward to hearing how things have developed since my time as an informal carer. #OTalk



Carolyn OT (she/her) @CeeCeeOT
RT @lcOT26: Hello all! Thank you @Helen_OTUK . Thanks so much for joining me this evening and my first time hosting. I'm an OT working with...



Chloe 🌻 @ChloeHagueOT
@lcOT26 I think society is becoming more understanding and accepting of disabilities in general, however I still think there's still a lot of stereotypes / misconceptions among the population in relation to individuals with LD. #OTalk



Melissa Morris ❤️ @MelissaMorris__
Q1- Over the past few years, we have seen an increase in acceptance and understanding. Autism hours in shops, sunflower lanyards, makaton on TV and public charity events. More laws and employment opportunities! #OTalk



Lucy Thomas @lucyevt
@lcOT26 rather than the public directing and seeking out their own education. I hope and believe this will start momentum that the public can then build upon



Chloe 🌻 @ChloeHagueOT
@lcOT26 For example, assumptions that individuals with LD need 'looking after' and can not make their own decisions. #OTalk



Lucy Thomas @lucyevt
@ChloeHagueOT @lcOT26 Completely agree! #OTalk



Lois OT @lcOT26
@lucyevt Exactly Lucy! There is definitely still scope for the public to be educated on learning disabilities. How do you think the public could be educated about? #OTalk



Helen OTUK @Helen_OTUK
@lucyevt @lcOT26 Hmmm, yes are the advocates getting the message across? #OTalk



Lois OT @lcOT26
@ChloeHagueOT There seems to be a bit more compassion and 'promotion' (if that's the right word) of learning disabilities in the media and things, but there are still misconceptions of people's abilities #OTalk



Lucy Thomas @lucyevt
@Helen_OTUK @lcOT26 Hard to know if in a curated bubble of like-minded people! I think the gap in translating receptiveness to a "story" to making active institutional/ in personal conduct and allyship show there's a way to go #OTalk



DeeGarrettGrimwood @GedgraveGirls
#OTalk - Tuesday 22nd Feb 2022 - Access to mainstream services for adults with learning disabilities <https://t.co/eoll5yqA1p> via @OTalk_



Helen OTUK @Helen_OTUK
@lcOT26 @lucyevt I think more 'popular' cultural references and actors, radio host comedians.... exposure and getting to know people with a disability. #OTalk



Lois OT @lcOT26
@MelissaMorris__ @ChloeHagueOT I love that Melissa! Especially because it rhymes!! #OTalk

#OTalk @OTalk_
#OTalk



Jade @occujade



@lcOT26 I think that society agree more & more that adults with LD can be productive members of societies and this shows through more employers proacti
employing without allowing the LD to define the individual. EG: supermarkets. This allows for feeling valued and independent [#OTalk](#)

Lucy Thomas @lucyevt



@Helen_OTUK @lcOT26 this week there was a small news feature re the first Victoria's Secret model to have Down's Syndrome. VS controversial in itself n
shows one cultural boundary being challenged? [#OTalk](#)



#OTalk @OTalk_

@mabotse2005 @Helen_OTUK @lcOT26 Just 1 T in [#OTalk](#)



#OTalk @OTalk_

[#OTalk](#)



Lois OT @lcOT26

Amazing responses! Q2) What are the barriers for people with learning disabilities accessing mainstream services? [#OTalk](#) <https://t.co/2XFOC8KDAW>



#OTalk @OTalk_

[#OTalk](#) Question 2



Lois OT @lcOT26

@Harriet59760915 Definitely Harriet, the automatic phone messages aren't accessible at all and jargon is such a biggie! [#OTalk](#)



Helen Arnfield MSc (she/her) @HelenArnfieldOT

@ChloeHagueOT @lcOT26 Absolutely [#otalk](#)



Rachel Johnson OT @RJohnsonOT

@lcOT26 Oops [#OTalk](#)!



Melissa Morris @MelissaMorris

Q2- biggest barrier: accessible and personalised communication. Visual timetables, when are things going to happen? What will it look like? Providing visual
before, during and after access to health care [#OTalk](#)



ElsbethOT @Els_OT

@OTalk_ @Helen_OTUK @lcOT26 Hello, here but lurking this eve [#OTalk](#)



hloe @ChloeHagueOT

@lcOT26 Saddens me to say it, but a lack of understanding / knowledge among some health care professionals, particularly in relation to reasonable adjust



Lois OT @lcOT26

@RJohnsonOT These barriers are also evident in a variety of mainstream areas - shopping, bars, cinemas etc. [#OTalk](#)



Helen OTUK @Helen_OTUK

@lcOT26 Navigating the complicated 'systems'. It was almost a full time job on top of my full time job keeping up, tracking down and 'advocating'. It has been
now so hope things have improved! [#OTalk](#)



#OTalk @OTalk_

[#OTalk](#)



Lois OT @lcOT26

@ChloeHagueOT There definitely needs to be further education amongst health professionals. Maybe even at undergraduate/postgraduate level? [#OTalk](#)



Lucy Thomas @lucyevt

@lcOT26 The fact that institutions don't see them equitably enough to be mainstream! Reflects social model of disability. Also requires care network to push
access - which takes time, ability, finances, etc they might not have [#OTalk](#)

**Lois OT** @lcOT26

@Helen_OTUK Carers play SUCH an important role in these adults' lives. It must be so overwhelming for people who don't have that support trying to navigate mainstream services on their own [#OTalk](#)

**Lucy Thomas** @lucyevt

@lcOT26 Also knowing where to look - services aren't publicised so takes more effort. Reliance on 3rd sector. Mainstream isn't able to be flexible, allow extra appointments, lack of training in specific communication skills etc [#OTalk](#)

**Harriet Stevens** @Harriet59760915

[#OTalk](#) @lcOT26 I think unfortunately we have to rely on charitable services for support at present, due to how constrained main stream services are with tin and burning out...

**Chloe** 🌞 @ChloeHagueOT

@lcOT26 Agreed. I think training particularly in health settings where coming across an individual with an LD may not be as common [#OTalk](#)

**Lucy Thomas** @lucyevt

@lcOT26 @Harriet59760915 And meeting "criteria" or generalised thresholds that don't take into account the individual, what's significant to them and their [#OTalk](#)

**Ros French** @RosFrench1

@lcOT26 [#OTalk](#) communication - expectations that they can read letters, pick out the important details, have access to internet and online services. Also cc their own needs and knowing what services exist

**Clare McShane** @McStudentOT

@lcOT26 Whilst things have improved over the decades, I think society has a lack of ambition for people with a learning disability leading to a lack of opportunity access mainstream services [#OTalk](#)

**Lois OT** @lcOT26

@RosFrench1 MASSIVE barrier yes Ros! Even sending text messages of appointments and assuming people will be able to reply or ring to make another [#OTalk](#)

**Lucy Thomas** @lucyevt

@lcOT26 @Helen_OTUK Absolutely. Service users/ carers end up becoming experts, which is great and can be empowering (also feeds into skills in education awareness for the public) but shouldn't be necessary! [#OTalk](#)

**Chloe** 🌞 @ChloeHagueOT

@lcOT26 I think particularly with covid there has been a big shift towards virtual assessments / telephone assessments, which aren't always accessible for individuals with LD [#OTalk](#)

**Ros French** @RosFrench1

@lcOT26 [#OTalk](#), whilst I think there is more awareness in society access to services is still difficult and little understanding of the difficulties individuals might

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**DeeGarrettGrimwood** @GedgraveGirls

RT @EvaEastmanOT: @GeekyOT @jwot77 @LGBTQAOTUK @InERCOL First time I've seen it! [#OTalk](#) <https://t.co/hUDVH9qBOm>

**Lois OT** @lcOT26

AMAZING! Let's move on to our 3rd question. Q3) What reasonable adjustments could be implemented to ensure adults with learning disabilities access mainstream services? Let's think of a GP appointment. [#OTalk](#) <https://t.co/ljHWxPFZKe>

**Lucy Thomas** @lucyevt

@lcOT26 SEN/ LD being segregated at school levels means lack of awareness from day one, and therefore perpetuates barriers in society, healthcare and in children grow up not considering the need to make adjustments when they're in the workplace [#OTalk](#)

**Helen OTUK** @Helen_OTUK

@ChloeHagueOT @lcOT26 yes I suspect (hope) that some have taken this into account, as said before the 'numbers' do not make it a high 'business' priority sectors. [#OTalk](#)

**Claire Nesham** @NeshamClaire

@lcOT26 [#OTalk](#) even interacting with phone provider for example complicated, and support staff often need to speak up on their behalf.

**Harriet Stevens** @Harriet59760915

[#OTalk](#) @lcOT26 longer appointments, easy access booking appointments...

**#OTalk** @OTalk_

[#OTalk](#) Question 3.

Ros French @RosFrench1

@lcOT26 [#OTalk](#) absolutely the assumption that everyone has access to smart technology and are able to use it. Just finding telephone numbers on a letter



someone is difficult then add in automatic voices "press 1 for..."



Chloe 🌞 @ChloeHagueOT

@lcOT26 Allowing longer appointment times and face to face appointments, for those who may need it #OTalk



Melissa Morris ❤️ @MelissaMorris__

Q3- A named GP known to the person. Pictures to visualise appointment topic. Take away read sheet to look at later and ask for support from family/carers if Feedback sheet from the patient to staff. #OTalk



Lois OT @lcOT26

@ChloeHagueOT Double slot appointments are really important #OTalk



Lucy Thomas @lucyevt

@lcOT26 having LD as a core rotation in medical training as is with eg gastro, paed, ortho etc not just an add on. Making longer appointment slots, commu tools, user-friendly booking system, outreach for check-ups, care-coordination through GP practice to manage follow-up #OTalk



Hello my name is Jim @OT_Jim

@OTalk @Helen_OTUK @lcOT26 Here in spirit only tonight #OTalk



DeeGarrettGrimwood @GedgraveGirls

@lcOT26 Precisely @lcOT26 Easy Clear Read materials Simple Language (ditch the Jargon) More Accessible Formats Or Alternative preferred Formats Pr Language Pictures or Peck Cards Simple Clear Signage 🙌🏻🙄🏻 #OTalk



Lorraine @Lorrain04092860

@lcOT26 Appointments at quieter times of the day and quieter areas to wait in to reduce overwhelm #OTalk



Chloe 🌞 @ChloeHagueOT

@lcOT26 Where possible, ensuring continuity of professionals involved with their care, to build up understanding and trust between the individual & professi



Ros French @RosFrench1

@lcOT26 #OTalk longer appointments, easier system to access appointments, asking the person what would make it easier - written down for carer to read : pictures, access to a "carer" to attend if requested. Quieter calmer waiting room



Harriet Stevens @Harriet59760915

#OTalk @lcOT26 educating carers or relatives regarding virtual equipment, tele health to support access to appointments. Also I wonder how many people v disabilities are offered opportunity to part of clinical research / trials



Lucy Thomas @lucyevt

@lcOT26 Support with transport to GP if required? #OTalk



Lois OT @lcOT26

@GedgraveGirls Hi Dee, amazing list! My team complete a reasonable adjustment screen for our service users which outlines all of the above, as well as se aspects of environment and if these can be altered. #OTalk



Lorraine @Lorrain04092860

@lcOT26 Ideally contact with one or two GPs who know them and their circumstances well #OTalk



Carolyn OT (she/her) @CeeCeeOT

RT @lcOT26: AMAZING! Let's move on to our 3rd question. Q3) What reasonable adjustments could be implemented to ensure adults with learning...



Carolyn OT (she/her) @CeeCeeOT

RT @lucyevt: @lcOT26 having LD as a core rotation in medical training as is with eg gastro, paed, ortho etc not just an add on. Making lon...



Susan Griffiths @SusanGriffiths5

@lcOT26 HCPs beliefs/attitudes towards LD people. They often dont take their concerns seriously or don't bother to look beyond what they perceive to be 'c behaviour' #OTalk



Lois OT @lcOT26

@lucyevt Definitely! Photos or a visit to the environment is useful too. As well as maybe sharing the bus timetables and taxi services that could help? #OTalk



DeeGarrettGrimwood @GedgraveGirls

RT @lcOT26: AMAZING! Let's move on to our 3rd question. Q3) What reasonable adjustments could be implemented to ensure adults with learning...

Chloe 🌞 @ChloeHagueOT

@MelissaMorris__ @lcOT26 Absolutely! It must be so frustrating having to explain yourself to someone new each time #OTalk

**Rachel Johnson OT** @RJohnsonOT

@lcOT26 It would be great if the receptionists could have some basic training about how to communicate with people with a learning disability / AAC users e

**Chloe** @ChloeHagueOT

@RJohnsonOT @lcOT26 Agreed. I think education is needed among the wider health care force, not just clinical staff #OTalk

**Lois OT** @lcOT26

@GedgraveGirls Another reasonable adjustment might be looking at the sensory aspects of the GP surgery and if these could be altered at all, such as noise temperature. We also ask if the service user would like to bring any home comforts with them such as toys, iPad, music #OTalk

**Lois OT** @lcOT26

@RJohnsonOT Agreed! I'm surprised they don't actually, considering they are the first professional patients interact with #OTalk my team provide training to other health professionals but maybe we need to direct it elsewhere too

**Lucy Thomas** @lucyvt

@ChloeHagueOT @MelissaMorris_ @lcOT26 Think this is maybe my number 1! Certainly one of the most crucial (IMO) #OTalk

**Chloe** @ChloeHagueOT

@LaurenMinton_x @lcOT26 Yes more flexibility is needed with certain 'rules' among services #otalk

**#OTalk** @OTalk_Warning - 10 minutes of tonight's #OTalk left, have you said everything you wanted to? <https://t.co/WuLH60N0rY>**Susan Griffiths** @SusanGriffiths5

@lcOT26 Ask the people with LD what reasonable adjustments they need rather than assuming we know what they need and make sure they are in place when they arrive for their appointment. #OTalk

**Lucy Thomas** @lucyvt

@lcOT26 asking when booking the appointment what would help them, specifically, so it can be prepared/ provided for in advance #OTalk

**#OTalk** @OTalk_

Don't worry we will not add the transcript for at least 24hrs... but good to get your take away thoughts together... #OTalk

**Lois OT** @lcOT26Moving onto our final question as I've just noticed the time.. :) Q4) Let's think about practice – please reflect on a time where you made a reasonable adjustment (small) for someone to access your service. Or reflect on a time where you could have. How did this go? #OTalk <https://t.co/9BsrnepDps>**#OTalk** @OTalk_

#OTalk Question 4

**Lois OT** @lcOT26

@SusanGriffiths5 Definitely, promoting person centred practice #OTalk

**Harriet Stevens** @Harriet59760915

#OTalk @lcOT26 Sounds silly, but having their wheelchair brought in so they could use the hospital as an inpatient independently...

**Melissa chieza** @melissa_chieza

@lcOT26 Tell them what they should expect. Either through a video / social story. So this prepares them ahead of the consultation at GP. #otalk

**Carolina C** @colourful_ot

@lcOT26 Plenty of notice of when the appointment is and what will happen so that the person and carers can prepare beforehand (e.g. enough time to make a story or sensory story about the appointment) #OTalk

**Lucy Thomas** @lucyvt

@lcOT26 If something didn't work in the session, ask them what will help next time, what they like. Facilitate and empower them to direct their care #OTalk

**Lois OT** @lcOT26

@colourful_ot Social stories are actually so powerful aren't they! #OTalk

**Ros French** @RosFrench1



@lcOT26 #OTalk working in the community was easier as seeing the person in their environment rather than a phone call - use of body language, writing on who had been name and telephone number. Outside work I assist my neighbour with his post and appointments



Chloe 🌞 @ChloeHagueOT

@lcOT26 I have an individual who prefers to communicate via text message rather than phone calls, so I accommodated this #OTalk



Susan Griffiths @SusanGriffiths5

@lcOT26 I asked an autistic girl how I can make the environment comfortable for her & how she prefers to communicate. We closed all the blinds, turned off removed her coat & she whispered her answers to her dad. 10 mins later she felt comfortable to talk to me directly. #OTalk



Lois OT @lcOT26

@RosFrench1 Supporting in the community helps as you are in their environment, they are more comfortable and you can follow their lead #OTalk



Melissa Morris ❤️ @MelissaMorris__

Q4- In my past role (care) I created a calmer environment for LD to manage type 1 diabetes (screen, music, seated) Visuals created of food choices available independent choices. The same consistent adult for each blood glucose check, personal visual timetable #OTalk



Lois OT @lcOT26

@lucyevt Yes, getting them involved and participate in their sessions is essential #OTalk



Lois OT @lcOT26

@SusanGriffiths5 Honestly so amazing Susan, I bet that meant the world to her.. and her dad! #OTalk



Chloe 🌞 @ChloeHagueOT

@lcOT26 There's a big focus on virtual assessments in my service, however I always offer a home visit if they would find it easier. Also accommodating if they present at the assessment #otalk



K-OT (she, her) 💙 @kalessandram

@lcOT26 Lack of understanding of what constitute reasonable adjustments from mainstream services, sadly some perceive specialist services are always not their role. There are great services out there who do a fabulous job of meeting individual needs. #otalk



Melissa chieza @melissa_chieza

@lcOT26 The way information is provided to service user in a language that accessible. For instance, having a likert scale to determine how the client feels mainstream service. #otalk



Ros French @RosFrench1

@lcOT26 #OTalk definitely adapting my own approach or questions to meet their needs



#OTalk @OTalk

That is the official #OTalk hour up. Please do keep chatting as we don't grab the chat transcript until Thursdays. Can we all thank our host Lois @lcOT26 for tonight. <https://t.co/ZxqwfYXzSf>



DeeGarrettGrimwood @GedgraveGirls

@OTalk Agree with @SusanGriffiths5 Asking Them & Asking Significant Others -Reassurance, pre & post Communications of Expectations including Follow Empowering them to manage any anxieties they may feel or felt. 😊 Enabling a positive Service User Experience #OTalk



#OTalk @OTalk

#OTalk Research – Tuesday 1st March – Ethics and Social Media <https://t.co/3pLSxmY2oW>



Harriet Stevens @Harriet59760915

Thankyou @lcOT26 #OTalk really thought provoking!



K-OT (she, her) 💙 @kalessandram

@lcOT26 There are great tools out there to help such as hospital passports, and health action plans. #otalk



Melissa Morris ❤️ @MelissaMorris__

@OTalk @lcOT26 Thank you @lcOT26 it's been my first #OTalk and I have loved it! Great to hear lots of different opinions and experiences. 😊



Lois OT @lcOT26

It's 9pm! thank you so much for participating in my first time hosting. We need to ensure we are advocating for adults with learning disabilities as well as all client groups. Let's make sure we are all inclusive and accessible! People First #OTalk <https://t.co/VmT4voNb9y>



#OTalk @OTalk

RT @lcOT26: It's 9pm! thank you so much for participating in my first time hosting. We need to ensure we are advocating for adults with le...

#OTalk @OTalk



#OTalk <https://t.co/QltSgWrAjc>



Ros French @RosFrench1

@OTalk @lcOT26 #OTalk thank you @lcOT26 another good session



Melissa Morris ❤️ @MelissaMorris__

Great #OTalk tonight thank you @lcOT26 People first! 🙌



Susan Griffiths @SusanGriffiths5

@lcOT26 It shouldn't be amazing. This should be standard practice for everyone, but unfortunately it is not. Much work needed to improve practice #OTalk



Lois OT @lcOT26

This has been fun! Here are some resources.. #OTalk <https://t.co/18gGXUSgQW> <https://t.co/KrXdhXAASK> <https://t.co/QWkSyu9X26> <https://t.co/hxRu15bNL> <https://t.co/e0RE3kR0Bb>



Melissa chieza @melissa_chieza

@lcOT26 Some people with LD may demonstrate difficulties with numeracy and literacy. However, this is not represented in the population. #otalk



Chloe 🌞 @ChloeHagueOT

@lcOT26 Well done mate 🙌 Very thought provoking discussions! 😊 #OTalk



Lorraine @Lorrain04092860

@lcOT26 I worked with someone who struggled with home visits and instead preferred virtual appointments. This led to some creative virtual appointments for the individual and meant a much fuller assessment #OTalk



DeeGarrettGrimwood @GedgraveGirls

Looking Forward to this #OTalk...



DeeGarrettGrimwood @GedgraveGirls

RT @lcOT26: It's 9pm! thank you so much for participating in my first time hosting. We need to ensure we are advocating for adults with le...



K-OT (she, her) ❤️ @kalessandram

@lcOT26 Giving more time, using different forms of communication as well as finding out communication needs, using easy read where needed. Finding out would like to have someone to support them. Sending information ahead about what the appointment involves, see same GP #otalk



Susan Griffiths @SusanGriffiths5

@lcOT26 I always make the point of letting the patient know that they will see me every time, in the same room and let them know what will happen in next session to provide predictability, familiarity and consistency to help reduce anxiety and improve their experience #OTalk



#OTalk @OTalk__

Well that was a blast... I am sure I missed some tweets, but for this evening I am logging off. Can always come back to them in the morning. #OTalk. @Helen logging off now folks. Take care and chat soon. <https://t.co/MHZtbiF0Nv>



Lucy Thomas @lucyvt

@lcOT26 So interesting, love hearing everyone's insights and ideas. Thank you for hosting @lcOT26 ! #OTalk



Lois OT @lcOT26

@SusanGriffiths5 It's important to keep the familiarity and consistency and to build that rapport with the service user #OTalk



Lois OT @lcOT26

@lucyvt You're welcome Lucy, loved your insights #OTalk



Dr Jenny Preston MBE @preston_jenny

So excited about next weeks #OTalk Research with @SarahPedersen2



DeeGarrettGrimwood @GedgraveGirls

RT @lcOT26: This has been fun! Here are some resources.. #OTalk <https://t.co/18gGXUSgQW> <https://t.co/KrXdhXAASK> <https://t.co/QWkSyu9X26> ht...



katy @katysimpsonOT

@lcOT26 Being able to communicate what the problem. I support so many people who constantly get told they are shouting/being rude or use limited words short sentences back to ensure communication. #OTalk

Jade @occujade

@lcOT26 LD can be sometimes seen as specialist by GP as the population LD is drastically smaller than those without. LD teams could meet with GP s



highlight most commonly required reasonable adjustments and work as an MDT to improve on services and protocols [#OTalk](#)



K-OT (she, her) [@kalessandram](#)

[@lcOT26](#) So important to get reasonable adjustments right with GP appointments , especially to ensure timely referrals to secondary services when needed quality Annual health check. Need to reduce avoidable & preventable deaths. [#leder](#) [#otalk](#)



Lois OT [@lcOT26](#)

[@katysimpsonOT](#) When my team gave GPs training on learning disabilities, some GPs were horrified of not using medical terms. They did not want to use 'f' vagina, even though that is the only name the SU knew for the body part [#OTalk](#)



Lois OT [@lcOT26](#)

[@occujade](#) Hi Jade! Really important - my team deliver training to GPs as well as other professionals about learning disabilities and general reasonable adju could be implemented. This definitely needs to be delivered more widely though. [#OTalk](#)



Lois OT [@lcOT26](#)

[@kalessandram](#) 'Almost half of 433 adults with learning disabilities who usually have an annual health check have not received one since first lockdown in M I'm aware that the pandemic hasn't helped at all but it's shocking that nearly half haven't had a basic health check [#OTalk](#)



Anya de longh [@anyadei](#)

RT [@preston_jenny](#): So excited about next weeks [#OTalk](#) Research with [@SarahPedersen2](#)



katy [@katysimpsonOT](#)

[@lcOT26](#) Someone I once supported got banned from the GP for asking to see ppls breasts (she said knockers) - Receptionist told her she was inappropriate actually doing was to try and find out if hers were normal because she had a lump in one. [#OTalk](#)



Kelly M [@OTontheTracks](#)

RT [@preston_jenny](#): So excited about next weeks [#OTalk](#) Research with [@SarahPedersen2](#)



Lois OT [@lcOT26](#)

[#OTalk](#) If anyone is interested, look up the Learning Disability Mortality Review (LeDeR) report. Shocking that so many deaths of adults with learning disabilities have been avoided if they received better quality health care, diagnosis etc.



katy [@katysimpsonOT](#)

[@lcOT26](#) I think there's a lot of talk about adults with learning disabilities but there's still a massive lack of action on the whole [#OTalk](#)



K-OT (she, her) [@kalessandram](#)

[@lcOT26](#) There is also a RCOT specialist section People with learning disabilities , which can be joined easily from RCOT website [@RCOT_PLD](#) [#otalk](#)



katy [@katysimpsonOT](#)

[@lcOT26](#) Not my reasonable adjustment but one of the ppl I support has the local GP calling weekly with practice syringes to support the person to make a about his vaccine. The GP at first couldn't enter the house, he now gets a cup of coffee before he's shoo'ed away! [#otalk](#)



Lois OT [@lcOT26](#)

[@katysimpsonOT](#) That's really good Katy. For some, needles/syringes can cause anxiety and phobias, desensitisation work is really important. Sounds like I built a great rapport! [#OTalk](#)



K-OT (she, her) [@kalessandram](#)

[@lcOT26](#) I know, and it has such a massive heart breaking impact. [#otalk](#)



Dr Nikki Daniels [@NikkiDanielsOT](#)

RT [@OTalk](#) : [#OTalk](#) Research – Tuesday 1st March – Ethics and Social Media <https://t.co/3pLSxmY2oW>



ACN [@allencognitive](#)

RT [@lcOT26](#): Hello all! Thank you [@Helen_OTUK](#) . Thanks so much for joining me this evening and my first time hosting. I'm an OT working with...



Samantha Tavender [@SamOTantha](#)

Looking forward to this next week! [#OTalk](#)



#OTalk [@OTalk](#)

[#OTalk](#) Research Tuesday 1st March 2022 Ethics and Social Media This month's [#OTalk](#) Research will be hosted by Professor Sarah Pederson [@SarahPec](#) Robert Gordon University. Have a read and get yourself prepared for an interesting chat. <https://t.co/R7vMm9a61q> <https://t.co/KczpczBQU7>



Prof. Sarah Pedersen [@SarahPedersen2](#)

Very much looking forward to talking to [#OTalk](#) people about using social media data for research next Tuesday.

[Leanne](#) [@Leanneyoung1972](#)



RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



Northern Healthcare @Northern_HC

We've marked our diary - this is going to be an interesting chat! @OTalk_



@UCianOT @uclanot

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



#OTalk @OTalk_

RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



Beverley Turtle, PhD @bevaturtle

RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



OfficialCAHPR @OfficialCAHPR

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



CPD@RCOT @CPD_RCOT

RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



Dr Jenny Preston MBE @preston_jenny

RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



Dr Nikki Daniels @NikkiDanielsOT

RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



Dr Gemma Wells @GemmaOTPhD

RT @SarahPedersen2: Very much looking forward to talking to #OTalk people about using social media data for research next Tuesday.



Harriet Stevens @Harriet59760915

RT @lcOT26: #OTalk If anyone is interested, look up the Learning Disability Mortality Review (LeDeR) report. Shocking that so many deaths o...



#OTalk @OTalk_

Thinking about hosting a #OTalk chat but not quite sure what's involved? This handy guide should help. <https://t.co/XbTMv0nS7b> <https://t.co/Yh7LStsLWT>



Gabrielle Taylor @GbrlITylr

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



Dr Nikki Daniels @NikkiDanielsOT

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



Sam Pywell @smileyfacehalo

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



Dr Mary Birken @MaryBirken

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



Kelly M @OTontheTracks

RT @OTalk_: #OTalk Research Tuesday 1st March 2022 Ethics and Social Media This month's #OTalk Research will be hosted by Professor Sarah...



Michelle Gersh @mershy73

RT @lcOT26: It's 9pm! thank you so much for participating in my first time hosting. We need to ensure we are advocating for adults with le...

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