

#OTalk Transcript

Healthcare social media transcript of the [#OTalk](#) hashtag.

Tue, November 9th 2021, 8:00PM – Fri, November 12th 2021, 9:00PM (Europe/London).

See [#OTalk Influencers/Analytics](#).



Ms Rachel Booth-Gardiner ❤️ [@OT_rach](#)

RT [@OTalk](#): Is everyone ready for tonight's [#OTalk](#) in 15 minutes? <https://t.co/5R80s8iLj8>



Ms Rachel Booth-Gardiner ❤️ [@OT_rach](#)

RT [@OTalk](#): If you haven't taken part before (or if you have and need a refresher!) we have a guide on our website about how to join in, in...



Ms Rachel Booth-Gardiner ❤️ [@OT_rach](#)

[#OTalk](#) is anyone else fining the phone add odd?



Natasha Bruce-Jones [@NatashaBJo](#)

[@OTalk](#) Evening All, lets get the conversation flowing with the first question of the evening – Question 1. What is it about your OT role that prevents you re: full OT potential? [#OTalk](#)



Susan Griffiths [@SusanGriffiths5](#)

[@OTalk](#) Has it started yet? [#OTalk](#)



#OTalk [@OTalk](#)

RT [@NatashaBJo](#): [@OTalk](#) Evening All, lets get the conversation flowing with the first question of the evening – Question 1. What is it abou...



Bill Wong, OTD, OTR/L [@BillWongOT](#)

Hello folks. [#otalk](#)



Fiona Peters [@Fipee789](#)

RT [@NatashaBJo](#): [@OTalk](#) Evening All, lets get the conversation flowing with the first question of the evening – Question 1. What is it abou...



Aimee Crane [@AimeeCraneOT](#)

[@NatashaBJo](#) [@OTalk](#) I felt unfulfilled as an OT due to the lack of client contact I had. My role involved so much more paperwork than I had expected as a always felt that I could make more of a difference if I could get away from a computer desk and work directly with my clients. [#OTalk](#)



#OTalk [@OTalk](#)

RT [@AimeeCraneOT](#): [@NatashaBJo](#) [@OTalk](#) I felt unfulfilled as an OT due to the lack of client contact I had. My role involved so much more pa...



Ros French [@RosFrench1](#)

[@NatashaBJo](#) [@OTalk](#) [#OTalk](#) service demand/expectations/pathways and being short staffed. Lack of understanding about the role of OT within the servi...



#OTalk [@OTalk](#)

[@sherlynmelody](#) [@SusanGriffiths5](#) <https://t.co/mn3ngYOOeN> [#OTalk](#)



Anya de longh [@anyadei](#)

[@OTalk](#) I am, but not sure my WiFi is... apologies in advance if I disappear! [#OTalk](#) <https://t.co/p4GfATZFL1>



#OTalk [@OTalk](#)

RT [@RosFrench1](#): [@NatashaBJo](#) [@OTalk](#) [#OTalk](#) service demand/expectations/pathways and being short staffed. Lack of understanding about the ro...

Toks O [@TokunboTweetz](#)

[@OTalk](#) I had planned on joining but there seems to be a new twitter update that doesn't allow you to follow the [#OTalk](#) well. Any tips?

**Bel Youngson** @OTBeLYRT @OTalk_: Is everyone ready for tonight's #OTalk in 15 minutes? <https://t.co/5R80s8iLj8>**Chantelle Martin** @chaniedavies

@NatashaBJo @OTalk_ #OTalk spend too much of my time over 2 years explaining what my role is...granted primary care is new but this has been common others understanding in all roles. Also timing when to pitch suggestions. In previous roles generic service constraints

**Susan Griffiths** @SusanGriffiths5

@TokunboTweetz @OTalk_ Yes me too. I click on latest but it does bring up the #OTalk tweets in order. Maybe go directly to the person hosting twitter page'

**s** @StephFleetTweet

@OTalk_ I felt really restricted with my skill set. I felt really passionate leaving uni to deliver holistic therapy but found I was to some extent told my skill set #



#OTalk @OTalk_

@TokunboTweetz Oh that's strange! I haven't gotten the update so can't check for myself; you may need to keep an eye on @NatashaBJo's account and the account to make sure you don't miss any tweets #OTalk

**Student Platform OT** @SPOTeuropeRT @OTalk_: Is everyone ready for tonight's #OTalk in 15 minutes? <https://t.co/5R80s8iLj8>

#OTalk @OTalk_

RT @StephFleetTweet: @OTalk_ I felt really restricted with my skill set. I felt really passionate leaving uni to deliver holistic therapy...



#OTalk @OTalk_

RT @chaniedavies: @NatashaBJo @OTalk_ #OTalk spend too much of my time over 2 years explaining what my role is...granted primary care is ne...

**Anya de longh** @anyadei

@NatashaBJo @OTalk_ As a student, I see access to shared records but also demands of contributing to those medical records both limiting potential of OT doesn't sound contradictory! Also time... and the wider social services / housing / benefits #OTalk



#OTalk @OTalk_

#OTalk

**Ms Rachel Booth-Gardiner** ❤️ @OT_rach

I can see the live chat from my app tonight? #OTalk

**Dr Jenny Preston MBE** @preston_jenny

It seems to have resolved itself #OTalk. Mine was odd at first but is now back to normal again.

**Aimee Crane** @AimeeCraneOT

@RosFrench1 @NatashaBJo @OTalk_ 100%! That pressure to meet the demands of the service versus the expectations of our clients is real. #OTalk

**Sherlyn** 🌟 (she/her) @sherlynmelody

@NatashaBJo @OTalk_ #otalk working in social care sometimes means I have to do care management which I feel takes me away from focusing on clients



#OTalk @OTalk_

@NatashaBJo @AimeeCraneOT Don't forget the #OTalk tag so all your tweets are included in our transcript!

**Susan Griffiths** @SusanGriffiths5

@NatashaBJo @OTalk_ Lack of funding, short staffed, restricted scope of practice, pointless NHS bureaucracy, etc #OTalk

**Student Platform OT** @SPOTeuropeRT @OTalk_: @sherlynmelody @SusanGriffiths5 <https://t.co/mn3ngYOOeN> #OTalk**Sarah Baptist Ball** @OT_Sarah



@NatashaBJo @OTalk_ Good evening, 1st off great question I think OTs become OT's to fulfill others lives through occupation. So to be an OT and be unfulfilled work seems off! But that red tape, budget cuts and paperwork makes me less cheerful! [#OTalk](#)



#OTalk @OTalk_

RT **@sherlynmelody: @NatashaBJo @OTalk_ #otalk** working in social care sometimes means I have to do care management which I feel takes me away...



Bill Wong, OTD, OTR/L @BillWongOT

@NatashaBJo @OTalk_ If it is my clinical job, many of my colleagues are very whatever about their CPD's. [#otalk](#)



#OTalk @OTalk_

RT **@OT_Sarah: @NatashaBJo @OTalk_** Good evening, 1st off great question I think OTs become OT's to fulfill others lives through occupation....



Kelly M @OTontheTracks

@preston_jenny Seems to be working for me too now. [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

RT **@AimeeCraneOT: @NatashaBJo @OTalk_** I felt unfulfilled as an OT due to the lack of client contact I had. My role involved so much more pa...



#OTalk @OTalk_

RT **@SusanGriffiths5: @NatashaBJo @OTalk_** Lack of funding, short staffed, restricted scope of practice, pointless NHS bureaucracy, etc [#OTalk](#)



Ed Sum Occupational Therapist 🇧🇷🇬🇧 @musedNeuroOT

@NatashaBJo @OTalk_ Covering 3.0 to 5.0 whole time equivalent posts for the past 12 months 😊 [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

RT **@StephFleetTweet: @OTalk_** I felt really restricted with my skill set. I felt really passionate leaving uni to deliver holistic therapy...



Toks O @TokunboTweetz

@NatashaBJo @OTalk_ The small/ lack of evidence base for emerging areas of practice. I constantly question if I'm focused on occupation. I, of course, take responsibility for this as it is my area of practice so I should be contributing to the development of evidence based practice [#OTalk](#)



Ms Rachel Booth-Gardiner 💚 @OT_rach

@OTalk_ @sherlynmelody @SusanGriffiths5 Having issues seeing chat? Guess others are? [#otalk](#) has there been an update on Twitter?



Aimee Crane @AimeeCraneOT

@StephFleetTweet @OTalk_ This happened to me in my Housing role sadly. I felt that I lost a huge array of my skill set and became "too specialist" to step c Housing arena [#OTalk](#)



#OTalk @OTalk_

[#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

@TokunboTweetz @OTalk_ I got that issue too. The tweets are not in chronological order! Ugh! [#otalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

RT **@sherlynmelody: @NatashaBJo @OTalk_ #otalk** working in social care sometimes means I have to do care management which I feel takes me away...



Susan Griffiths @SusanGriffiths5

@OTalk_ @TokunboTweetz @NatashaBJo When we go to her account, nothing is showing up. I think there is a problem with Twitter as some of us can't see tweets.



Bill Wong, OTD, OTR/L @BillWongOT

RT **@OT_Sarah: @NatashaBJo @OTalk_** Good evening, 1st off great question I think OTs become OT's to fulfill others lives through occupation....



Bill Wong, OTD, OTR/L @BillWongOT

RT **@chaniedavies: @NatashaBJo @OTalk_ #OTalk** spend too much of my time over 2 years explaining what my role is...granted primary care is ne...

#OTalk @OTalk_



@OT_rach @sherlynmelody @SusanGriffiths5 There are new features being rolled out on iOS I think - my phone hasn't gotten them yet but it seems like a few are having the same issue [#OTalk](#)



Sherlyn 🌟 (she/her) @sherlynmelody
@OT_rach @OTalk @SusanGriffiths5 [#otalk](#) it's not how it normally is 😞 I'm having to search for the chat.



Dr Jenny Preston MBE @preston_jenny
I feel very lucky in my career that I have always had great opportunities and support. I too trained many years ago but in a sense that prepared me for the "r" challenges. Sometimes I think we expect others to move mountains on our behalf [#OTalk](#)



Aimee Crane @AimeeCraneOT
@PWosahlo @NatashaBJo @OTalk_ Doesn't feel very "holistic" does it? [#OTalk](#)



#OTalk @OTalk_
@SusanGriffiths5 @TokunboTweetz @NatashaBJo Yes I think the new update is causing problems [#OTalk](#)



Toks O @TokunboTweetz
@OT_rach I'm struggling too 🗨️ has there been some kind of twitter update? [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT
@OTRhannon @NatashaBJo @OTalk_ And even you see that for teaching too. Lots of zoom meetings nowadays! [#otalk](#)



#OTalk @OTalk_
[#OTalk](#)



#OTalk @OTalk_
RT @preston_jenny: I feel very lucky in my career that I have always had great opportunities and support. I too trained many years ago but...



Bill Wong, OTD, OTR/L @BillWongOT
@OTRhannon @NatashaBJo @OTalk_ PS. You got to make your tweets public during this time. [#otalk](#)



Bill Wong, OTD, OTR/L @BillWongOT
RT @preston_jenny: I feel very lucky in my career that I have always had great opportunities and support. I too trained many years ago but...



Bel Youngson @OTBelY
RT @tt1st: Reminder to check out our Clinical Director @NatashaBJo who is hosting this evening's [#OTalk](#) 8pm GMT <https://t.co/RhBFOX01OX>

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#OTalk @OTalk_
@PWosahlo @NatashaBJo Hi Sherlyn! Don't forget to add [#OTalk](#) to your tweets so that they're included in our post chat transcript.



Natasha Bruce-Jones @NatashaBJo
Question 2. How can OTs provide client led services if working within the 'top down' management systems of local authorities and NHS? [#OTalk](#)



Susan Griffiths @SusanGriffiths5
@sherlynmelody @OT_rach @OTalk_ Nope, still not working for me. So annoying! [#OTalk](#)



#OTalk @OTalk_
RT @NatashaBJo: Question 2. How can OTs provide client led services if working within the 'top down' management systems of local authorities...



Aimee Crane @AimeeCraneOT
RT @NatashaBJo: Question 2. How can OTs provide client led services if working within the 'top down' management systems of local authorities...



Anya de longh @anyadei
@NatashaBJo @OTalk_ From these responses, it also seems that as students at uni we need to get taught about the realities and restrictions of practice and thrive and feel we are reaching out potential despite these as well as 'ideal' OT [#OTalk](#)



Joanne @jomadav39
@RosFrench1 @NatashaBJo @OTalk_ Yes definitely agree about lack of understanding also OT being pigeon holed into limited role and people not wanting wider reach of OT only wanting minimum [#otalk](#)

Chantelle Martin @chaniedavies



@preston_jenny Am pushing that mount everest with a tribe of supporters and years post qual see my personal responsibility [#OTalk](#) <https://t.co/ujW6PCXN>



#OTalk @OTalk_

@SusanGriffiths5 @sherlynmelody @OT_rach Sorry to hear that! Your tweets are showing up in the hashtag if that's any help 🙄 [#OTalk](#)



Ms Rachel Booth-Gardiner ❤️ **@OT_rach**

@NatashaBJo @OTalk_ Time, expectations of Role, nhs policy not supporting what OT could do, misunderstood across all other professions, management : inspector of services like CQC, being ask to do things seen to be with role, but could be done by others, no value on the unique role, [#OTalk](#)



Dr Jenny Preston MBE **@preston_jenny**

Sorry to get on my old hobby horse but we need to be influencing and driving the changes needed [#OTalk](#)



Toks O **@TokunboTweez**

@SusanGriffiths5 @OTalk_ Thank you. I'm seeing tweets from 5 days ago 🙄🙄 [#OTalk](#)



#OTalk @OTalk_

RT **@preston_jenny**: Sorry to get on my old hobby horse but we need to be influencing and driving the changes needed [#OTalk](#)



Ms Rachel Booth-Gardiner ❤️ **@OT_rach**

RT **@OTalk_ @OT_rach @sherlynmelody @SusanGriffiths5** There are new features being rolled out on iOS I think - my phone hasn't gotten them y...



Bill Wong, OTD, OTR/L **@BillWongOT**

RT **@jomadav39 @RosFrench1 @NatashaBJo @OTalk_** Yes definitely agree about lack of understanding also OT being pigeon holed into limited rol...



#OTalk @OTalk_

[#OTalk](#)



Sherlyn 🌟 (she/her) **@sherlynmelody**

@NatashaBJo #otalk use the care act/legislation as a way to justify interventions as well as cost savings. Using "top down" terminology. Obviously interventi focused person centred.



Bill Wong, OTD, OTR/L **@BillWongOT**

@jomadav39 @RosFrench1 @NatashaBJo @OTalk_ And sometimes in the US, repaying loans ASAP is also a factor. [#otalk](#)



Anya de longh **@anyadei**

@NatashaBJo Embrace management roles themselves to influence the system! 🙄 AHPs generally and OT specially can contribute so much in managemer roles, but appreciate it's not for everyone! [#OTalk](#)



Bill Wong, OTD, OTR/L **@BillWongOT**

RT **@OT_rach @NatashaBJo @OTalk_** Time, expectations of Role, nhs policy not supporting what OT could do, misunderstood across all other p...



Bill Wong, OTD, OTR/L **@BillWongOT**

RT **@RosFrench1 @NatashaBJo @OTalk_ #OTalk** service demand/expectations/pathways and being short staffed. Lack of understanding about the ro...



Bill Wong, OTD, OTR/L **@BillWongOT**

RT **@anyadei @NatashaBJo** Embrace management roles themselves to influence the system! 🙄 AHPs generally and OT specially can contribute so m...



Chantelle Martin **@chaniedavies**

@NatashaBJo #OTalk each interaction can be personalised and make it fit system. Or hide/just get on with it until someone complains then justify from patie perspective and reason why (granted not easy in some services). Basically make what we do fit system not conform pt to system



#OTalk @OTalk_

RT **@sherlynmelody @NatashaBJo #otalk** use the care act/legislation as a way to justify interventions as well as cost savings. Using "top do...



Margaret Spencer MA **@margaretOT360**

We have to demonstrate cost benefit analysis [#otalk](#)



#OTalk @OTalk_

RT **@anyadei @NatashaBJo** Embrace management roles themselves to influence the system! 🙄 AHPs generally and OT specially can contribute so m...

Bill Wong, OTD, OTR/L **@BillWongOT**

RT **@chaniedavies @NatashaBJo #OTalk** each interaction can be personalised and make it fit system. Or hide/just get on with it until someo...

**#OTalk @OTalk_****@EmmaODwyer13 @NatashaBJo** Hi Emma! Don't forget the [#OTalk](#) hashtag**#OTalk @OTalk_**RT **@margaretOT360**: We have to demonstrate cost benefit analysis [#otalk](#)**Margaret Spencer MA @margaretOT360**RT **@preston_jenny**: Sorry to get on my old hobby horse but we need to be influencing and driving the changes needed [#OTalk](#)**#OTalk @OTalk_**RT **@chaniedavies**: **@NatashaBJo #OTalk** each interaction can be personalised and make it fit system. Or hide/just get on with it until someo...**Anya de longh @anyadei****@OT_rach @NatashaBJo @OTalk_** That's interesting... I see much NHS policy very much aligning with OT (eg Personalised care) but the policy rarely uses occupational language so isn't an obvious fit to OT for those outside the OT bubble? [#OTalk](#)**Ros French @RosFrench1****@NatashaBJo #OTalk** it's hard! Using MDT meetings to discuss clients goals - what matters to them and adding notes to care plans to aid empowerment. But those would can influence - case studies, reflections**#OTalk @OTalk_**RT **@anyadei**: **@OT_rach @NatashaBJo @OTalk_** That's interesting... I see much NHS policy very much aligning with OT (eg Personalised care) but...**#OTalk @OTalk_**RT **@RosFrench1**: **@NatashaBJo #OTalk** it's hard! Using MDT meetings to discuss clients goals - what matters to them and adding notes to care p...**OTRhiannon @OTRhiannon****@NatashaBJo** Going back to utilising our clinical reasoning is key. OTs also are and should be change makers so taking those upper management roles to influence wider changes [#OTalk](#)**#OTalk @OTalk_**RT **@OTRhiannon**: **@NatashaBJo** Going back to utilising our clinical reasoning is key. OTs also are and should be change makers so taking those...**Nicky Low @nickysarahlow1****@OT_Sarah @NatashaBJo @OTalk_** Weirdly tho I have 0 contact with clients (social care) my 'clients' are our OTs & managers [#OTalk](#) and feel I'm able to influence through training and development role. Mentoring degree course apprentices org. student placements & leading on dev accessible digital platforms v OT!**Natasha Bruce-Jones @NatashaBJo**Question 3. How can OTs refuse to allow role or service changes that reduce their scope and impact? [#OTalk](#)**Bill Wong, OTD, OTR/L @BillWongOT****@NatashaBJo** Given that i don't always do the evals in my setting, try to find out info quickly prior to or during my first visit is crucial. [#otalk](#)**Sherlyn 🌟 (she/her) @sherlynmelody****@NatashaBJo @OTalk_ #otalk** lack of clinical/professional supervision**Bill Wong, OTD, OTR/L @BillWongOT**RT **@RosFrench1**: **@NatashaBJo #OTalk** it's hard! Using MDT meetings to discuss clients goals - what matters to them and adding notes to care p...**Anya de longh @anyadei****@NatashaBJo** There are great role models out there doing this, but it does require confidence in our own professional identity! [#OTalk](#)**Bill Wong, OTD, OTR/L @BillWongOT**RT **@OTRhiannon**: **@NatashaBJo** Going back to utilising our clinical reasoning is key. OTs also are and should be change makers so taking those...**Ms Rachel Booth-Gardiner ❤️ @OT_rach**Looks like people are having an issues seeing tonight's live chat using the [#OTalk](#) on phones with Twitter App, but working on laptops, we are trying to work happening. [@OTalk_](#)**Jennie W. @jwot77**



@NatashaBJo I want to say change the system to fit what we do and the people we're doing it with. [#OTalk](#)



#OTalk @OTalk_

RT [@OT_rach](#): Looks like people are having an issues seeing tonight's live chat using the [#OTalk](#) on phones with Twitter App, but working o...



#OTalk @OTalk_

RT [@jwot77](#): [@NatashaBJo](#) I want to say change the system to fit what we do and the people we're doing it with. [#OTalk](#)



#OTalk @OTalk_

RT [@NatashaBJo](#): Question 3. How can OTs refuse to allow role or service changes that reduce their scope and impact? [#OTalk](#)



s @StephFleetTweet

[@NatashaBJo @OTalk_](#) Show casing at every opportunity what we can do is great. But, I sometimes feel that our voice isn't heard as much as other profess... [#OTalk](#)



Margaret Spencer MA @margaretOT360

[#otalk](#) use supervision to help to create a response



Anya de longh @anyadei

[@NatashaBJo](#) Also comes back to evidence - to justify our input in ways that matter to the person and being explicit about how that will then meet system or hard in OT to translate our person-centered outcomes into system language and stats! [#otalk](#)



Margaret Spencer MA @margaretOT360

RT [@jwot77](#): [@NatashaBJo](#) I want to say change the system to fit what we do and the people we're doing it with. [#OTalk](#)



Aimee Crane @AimeeCraneOT

[@NatashaBJo](#) Create customer journeys to demonstrate (to the decision makers) the perspective of the client(s) and their carers [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

[@OTRhannon @NatashaBJo](#) And should also add political too- government policies can also affect our practice! US has a good example... but no so good practice. [#otalk](#)



Sherlyn 🌟 (she/her) @sherlynmelody

[@StephFleetTweet @NatashaBJo @OTalk_ @otalk](#) I fully agree. Majority of my team are social workers so it takes lead.



#OTalk @OTalk_

RT [@AimeeCraneOT](#): [@NatashaBJo](#) Create customer journeys to demonstrate (to the decision makers) the perspective of the client(s) and their c...



Dawn Drury @DDawnOT

RT [@OT_rach](#): Looks like people are having an issues seeing tonight's live chat using the [#OTalk](#) on phones with Twitter App, but working o...



Sarah Baptist Ball @OT_Sarah

[@NatashaBJo](#) Having our voices heard at all levels so that everyone in the service knows what waves we are making on a daily basis, but we need to have confidence to "show off" our achievements. Also having representation at all levels help [#OTalk](#)



Aimee Crane @AimeeCraneOT

RT [@anyadei](#): [@NatashaBJo](#) Also comes back to evidence - to justify our input in ways that matter to the person and being explicit about how...



Chantelle Martin @chaniedavies

[@NatashaBJo @OTalk](#) ...practice impactful confident reasoning pitches with confidence! Keep going, seek support, use pt positive feedback <https://t.co/g7kA>



Bill Wong, OTD, OTR/L @BillWongOT

[@NatashaBJo](#) In the US, more of us should take day offs to talk to our legislators and their staff during advocacy days organized by our state associations o [#otalk](#)



s @StephFleetTweet

[@NatashaBJo @OTalk_](#) That's so hard. In all my previous roles Rocking the boat didn't go down well! [#OTalk](#)



Ellen Martinez @ElmoSE24

[@NatashaBJo](#) Advocate for and involve service users and carers in the development of services. Reach outside of usual pathways, embrace the community needs not pathways/services. [#OTalk](#)

Dr Jenny Preston MBE @preston_jenny

Right up my street [#OTalk](#). Perhaps it's about influencing and guiding at an earlier stage through education, evidence and strategy, helping others such as m



understand how outcomes/targets/KPIs can be met more effectively & efficiently.



Hannah Kay @HannahKayOT

@NatashaBJo @OTalk_ Currently that I'm the only occupational therapist in our community forensic team #OTalk



#OTalk @OTalk_

@PWosahlo @NatashaBJo You don't need to tag us in every tweet, just use the # (hashtag) symbol to make the #OTalk hashtag 😊



#OTalk @OTalk_

RT @preston_jenny: Right up my street #OTalk. Perhaps it's about influencing and guiding at an earlier stage through education, evidence a...



Bill Wong, OTD, OTR/L @BillWongOT

RT @sherlynmelody: @NatashaBJo #otalk use the care act/legislation as a way to justify interventions as well as cost savings. Using "top do..."



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Bill Wong, OTD, OTR/L @BillWongOT

RT @TokunboTweetz: @NatashaBJo @OTalk_ The small/ lack of evidence base for emerging areas of practice. I constantly question if I'm focuse...



Bill Wong, OTD, OTR/L @BillWongOT

RT @ElmoSE24: @NatashaBJo Advocate for and involve service users and carers in the development of services. Reach outside of usual pathways...



#OTalk @OTalk_

RT @BillWongOT: @NatashaBJo In the US, more of us should take day offs to talk to our legislators and their staff during advocacy days orga...



Chantelle Martin @chaniedavies

@NatashaBJo #OTalk respectfully push back sometimes. Hold and stand up to personal values



Bill Wong, OTD, OTR/L @BillWongOT

RT @anyadei: @OT_rach @NatashaBJo @OTalk_ That's interesting... I see much NHS policy very much aligning with OT (eg Personalised care) but...



#OTalk @OTalk_

RT @chaniedavies: @NatashaBJo #OTalk ...practice impactful confident reasoning pitches with confidence! Keep going, seek support, use pt p...



Bill Wong, OTD, OTR/L @BillWongOT

RT @anyadei: @NatashaBJo There are great role models out there doing this, but it does require confidence in our own professional identity!...



Sherlyn 🌟 (she/her) @sherlynmelody

@NatashaBJo #otalk I'd like to know how to refuse anything in my organisation? Maybe I've misread this 🤔 We need to promote OT - outcome measures- advantage/value of OT.



Margaret Spencer MA @margaretOT360

Clients are our greatest advocates #otalk get testimonials and stories and send to managers



Ros French @RosFrench1

@NatashaBJo @OTalk_ #OTalk again another hard thing to do as personally I have found that changes are brought in without discussion.. "this is how we are working" and it's about open honest feedback and discussions and doing the best you can with the clients you see



Bill Wong, OTD, OTR/L @BillWongOT

RT @anyadei: @NatashaBJo @OTalk_ From these responses, it also seems that as students at uni we need to get taught about the realities and...



Margaret Spencer MA @margaretOT360

RT @OT_Sarah: @NatashaBJo Having our voices heard at all levels so that everyone in the service knows what waves we are making on a daily b...



s @StephFleetTweet

@NatashaBJo @OTalk_ I've always tried to bring it back to the patient but been met with 'that's not our scope of practice' #OTalk

Jennie W. @jwot77

@NatashaBJo Provide robust evidence to show that what is being done by OTs makes a considerable difference to the people they're working with. #OTalk



#OTalk @OTalk_

RT @RosFrench1: @NatashaBJo @OTalk_ #OTalk again another hard thing to do as personally I have found that changes are brought in without di...

**Bill Wong, OTD, OTR/L** @BillWongOT

@anyadei @NatashaBJo @OTalk_ I think this is where placement educators have to give students doses of reality in ways that they can digest such info. #

**Margaret Spencer MA** @margaretOT360

RT @ElmoSE24: @NatashaBJo Advocate for and involve service users and carers in the development of services. Reach outside of usual pathways...



#OTalk @OTalk_

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**Bill Wong, OTD, OTR/L** @BillWongOT

RT @StephFleetTweet: @NatashaBJo @OTalk_ I've always tried to bring it back to the patient but been met with 'that's not our scope of pract...

**Sarah Baptist Ball** @OT_Sarah

@NatashaBJo By talking to the commissioners too, with data, outcome measures and the numbers that represent our value and worth. Good numbers are li us more funding which is only ever a good thing for our clients! #OTalk



#OTalk @OTalk_

RT @OT_Sarah: @NatashaBJo By talking to the commissioners too, with data, outcome measures and the numbers that represent our value and wor...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OT_Sarah: @NatashaBJo Having our voices heard at all levels so that everyone in the service knows what waves we are making on a daily b...

**Ed Sum Occupational Therapist** @musedNeuroOT

@StephFleetTweet @NatashaBJo @OTalk_ Empty vessels make the most noise! 🗣️ Trust that your voice and actions are noticed by your service users and around them. How @MichaelRosenYes talks about Emma is a great example #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@OT_Sarah @NatashaBJo Maybe more people need to learn about how I organize TEDx events? 🗣️ #otalk

**Toks O** @TokunboTweetz

@NatashaBJo -Use of outcome measurement and demonstrating impact from practice -Feedback (from clients, colleagues, ect) -Support from our professio Support from the evidence that exists -Being confident in communicating our effectiveness #OTalk

**Sherlyn** (she/her) @sherlynmelody

@BillWongOT @OT_Sarah @NatashaBJo 🗣️🗣️ #otalk

**Margaret Spencer MA** @margaretOT360

Use @theRCOT guidelines and @The_HCPC standards #otalk

**Dr Jenny Preston MBE** @preston_jenny

RT @chaniedavies: @NatashaBJo #OTalk ...practice impactful confident reasoning pitches with confidence! Keep going, seek support, use pt p...

**Sarah Baptist Ball** @OT_Sarah

@NatashaBJo Also to add, we as the OT ensure the services we provide are client led as that's client centred practice and at the heart of what we do regard management system #OTalk

**Sherlyn** (she/her) @sherlynmelody

RT @margaretOT360: Use @theRCOT guidelines and @The_HCPC standards #otalk

**Sherlyn** (she/her) @sherlynmelody

RT @TokunboTweetz: @NatashaBJo -Use of outcome measurement and demonstrating impact from practice -Feedback (from clients, colleagues, ect)...

Margaret Spencer MA @margaretOT360

🗣️ #otalk

**Anya de longh** @anyadei

@jwot77 @NatashaBJo Yes - and I think we need to recognize what sorts of evidence 'counts' in these kind of systems and provide that as well as staying true to person-centred roots with that kind of evidence too! #OTalk

**Margaret Spencer MA** @margaretOT360

RT @jwot77: @NatashaBJo Provide robust evidence to show that what is being done by OTs makes a considerable difference to the people they'r...

**Bill Wong, OTD, OTR/L** @BillWongOT

@StephFleetTweet @NatashaBJo @OTalk_ I rocked the boat at my uni about organizing TEDx's. A lot of my OT faculty team looked at me with a crazy look probably wondered, "How is this part of our scope as OT academics?" 🤔 #otalk

**Margaret Spencer MA** @margaretOT360

RT @OT_Sarah: @NatashaBJo By talking to the commissioners too, with data, outcome measures and the numbers that represent our value and wor...

**OTRhiannon** @OTRhiannon

@NatashaBJo Go back to the core OT role, create mutual understanding, set boundaries and respect of own role and the benefits and importance of it in a patient's journey to recovery. Showcase examples via case studies, presentations, etc. #OTalk

**Anya de longh** @anyadei

@musedNeuroOT @StephFleetTweet @NatashaBJo @OTalk_ @MichaelRosenYes Absolutely Ed! I feel our actions speak louder than words... #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@sherylnmelody @OT_Sarah @NatashaBJo I love setting seemingly impossible standards for OT. 🤔🤔🤔 #otalk

**#OTalk** @OTalk_

RT @OTRhiannon: @NatashaBJo Go back to the core OT role, create mutual understanding, set boundaries and respect of own role and the benefi...

**Joanne** @jomadav39

@StephFleetTweet @NatashaBJo @OTalk_ I would agree with you it can be tricky at times. I have found that being managed by nurses has been in my experience difficult than with AHPs from different profession to mine #otalk

**Margaret Spencer MA** @margaretOT360

🤔🤔 who knew you were going to throw that one in? #otalk You are right of course!

**Margaret Spencer MA** @margaretOT360

RT @TokunboTweez: @NatashaBJo -Use of outcome measurement and demonstrating impact from practice -Feedback (from clients, colleagues, etc)...

**Margaret Spencer MA** @margaretOT360

Exactly and if we are not doing that we are not doing #OccupationalTherapy #otalk

**Margaret Spencer MA** @margaretOT360

RT @anyadei: @jwot77 @NatashaBJo Yes - and I think we need to recognize what sorts of evidence 'counts' in these kind of systems and provid...

**Bill Wong, OTD, OTR/L** @BillWongOT

@margaretOT360 I think instead of a sore thumb award, I need to be given a tired brain award. #otalk 🤔🤔

**Natasha Bruce-Jones** @NatashaBJo

@musedNeuroOT @StephFleetTweet @OTalk_ @MichaelRosenYes #OTalk the voices of our users are an incredibly powerful resource

**Anya de longh** @anyadei

@StephFleetTweet @NatashaBJo @OTalk_ I'm intrigued as a student how 'scope of practice' is defined explicitly within teams? I've not seen a document that outlines... so interested to know how formally this is articulated (beyond HCPC/banding and specialist roles) #OTalk

**Margaret Spencer MA** @margaretOT360

RT @OTRhiannon: @NatashaBJo Go back to the core OT role, create mutual understanding, set boundaries and respect of own role and the benefi...

**Natasha Bruce-Jones** @NatashaBJo

Question 4. Is Occupational Therapy's use of terms like 'prescribing' and 'consultant' a sign of OTs feeling a need for medical recognition and contributing to blurry public understanding? #OTalk

Sarah Baptist Ball @OT_Sarah



@NatashaBJo Oh no.. you did the nomenclature bit...i like some of the articles coming out about this and whether this is an attempt to confine and make us model. Not enough characters [#OTalk](#) 🙄 <https://t.co/Z4dgachhiW>



#OTalk @OTalk

RT @OTRhannon: @NatashaBJo I think it allows us as OTs to venture out and promote OT in various areas it's a positive thing [#OTalk](#)



#OTalk @OTalk

RT @OT_Sarah: @NatashaBJo I personally don't think so, what I do struggle with is OT's with generic titles like community practitioner or c...



#OTalk @OTalk

RT @preston_jenny: Interesting question for me as a Consultant [#OTalk](#). I don't see this as a need for medicalisation but more for equity o...



Sherlyn 🌟 (she/her) @sherlynmelody

RT @jwot77: @NatashaBJo @OTalk_ Call me naive but I've yet to reach my full potential as still learning and think that the world is my oyst...



#OTalk @OTalk

RT @chaniedavies: @NatashaBJo Oh no.. you did the nomenclature bit...i like some of the articles coming out about this and whether this is...



Anya de longh @anyadei

@musedNeuroOT @StephFleetTweet @NatashaBJo @OTalk_ Sounds like while respecting the importance of scope of practice in terms of HCPC safe prac there is critical analysis needed in how the term 'scope of practice' is used to justify / defend decisions / limitations that get imposed? [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

@OT_Sarah @NatashaBJo But it is fair to wonder though- how can undergrad students from other fields pull such off, but almost everyone of us can't? [#ota](#)



Joanne @jomadav39

@NatashaBJo I don't use the term prescribe instead I use recommend as it's up to the person to make an informed decision but the term social prescribing is accepted now [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

@NatashaBJo I heard consultant more in the US. Sometimes that's more appropriate because we are providing critical expertise. [#otalk](#)



#OTalk @OTalk

[#OTalk](#)



Anya de longh @anyadei

@jwot77 @NatashaBJo @OTalk_ And how lucky are your patients and colleagues are to benefit from that! Don't loose that 🌟🌟🌟 [#OTalk](#)



#OTalk @OTalk

RT @jomadav39: @NatashaBJo I don't use the term prescribe instead I use recommend as it's up to the person to make an informed decision but...



Bill Wong, OTD, OTR/L @BillWongOT

RT @chaniedavies: @NatashaBJo Oh no.. you did the nomenclature bit...i like some of the articles coming out about this and whether this is...



Bill Wong, OTD, OTR/L @BillWongOT

RT @margaretOT360: Education, education, education [#otalk](#)



Margaret Spencer MA @margaretOT360

Totally agree, but sometimes we need to speak the language of GPs eg prescribing to get in through the door...then we can start to change the language [#o](#)



Ed Sum Occupational Therapist 🏳️🇬🇧 @musedNeuroOT

@jwot77 @NatashaBJo @OTalk_ I also like the idea of 'synergy'. I reach lots of my potentials with and through others as we grow together [#OTalk](#) I can talk about how I have got this far because of others but also how others have thanked me for what I have done for them



Margaret Spencer MA @margaretOT360

This happens a lot in supervision [#otalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

@margaretOT360 And one powerful thing that I have nailed 2 birds with one stone- when my students watch the TEDx talks I have produced! [#otalk](#) [#leadby](#) <https://t.co/CvjefhdwIC>

Lauren Osborne @LaurenOsborneOT

@NatashaBJo By providing clinical reasoning and evidence base for what the client population need with cost benefit analysis to demonstrate how/why it ma



business sense [#OTalk](#)



Anya de longh [@anyadei](#)

[@NatashaBJo](#) Reality is that we work in medical system of healthcare so for parity of esteem some terms (but not all) are useful, but with them we need to own professional identity and develop them because they work for patients not just to protect our profession! [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

RT [@sherlynmelody](#): [@NatashaBJo](#) [#otalk](#) I'd like to know how to refuse anything in my organisation? Maybe I've misread this 😊 We need to prom...



Jennie W. [@jwot77](#)

[@NatashaBJo](#) I don't think so, I think it's a sign of growth in a career which deserves recognition and a role description/job title for an expert in their field. prescribing, consider social prescribing, a move away from medical interventions so could be used like this in OT. [#OTalk](#)



#OTalk [@OTalk](#)

RT [@margaretOT360](#): Totally agree, but sometimes we need to speak the language of GPs eg prescribing to get in through the door...then we can...



#OTalk [@OTalk](#)

RT [@BillWongOT](#): [@NatashaBJo](#) I heard consultant more in the US. Sometimes that's more appropriate because we are providing critical expertis...



Chantelle Martin [@chaniedavies](#)

[@preston_jenny](#) Equity of status and opportunity for such is hugely important [#OTalk](#)



Toks O [@TokunboTweetz](#)

[@NatashaBJo](#) Im not sure about prescribing, as I wouldn't really use it in the context that I work in. I think that consultation absolutely describes what we offer clients and colleagues, and should be acknowledge. So I don't think it is an attempt of medical recognition. [#OTalk](#)



#OTalk [@OTalk](#)

RT [@jwot77](#): [@NatashaBJo](#) I don't think so, I think it's a sign of growth in a career which deserves recognition and a role description/job t...



Bill Wong, OTD, OTR/L [@BillWongOT](#)

[@sherlynmelody](#) [@NatashaBJo](#) We actually will have at least 4 TEDx talks this year by OT community. We should be up to date on those too! [#otalk](#)



#OTalk [@OTalk](#)

RT [@TokunboTweetz](#): [@NatashaBJo](#) Im not sure about prescribing, as I wouldn't really use it in the context that I work in. I think that cons...



Margaret Spencer MA [@margaretOT360](#)

RT [@LaurenOsborneOT](#): [@NatashaBJo](#) By providing clinical reasoning and evidence base for what the client population need with cost benefit an...



#OTalk [@OTalk](#)

RT [@anyadei](#): [@NatashaBJo](#) Reality is that we work in medical system of healthcare so for parity of esteem some terms (but not all) are usefu...



Margaret Spencer MA [@margaretOT360](#)

The word 'patient' is just another example [#otalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

RT [@margaretOT360](#): Totally agree, but sometimes we need to speak the language of GPs eg prescribing to get in through the door...then we can...



Emma O'Dwyer [@EmmaODwyer13](#)

[@NatashaBJo](#) I think when these terms are in job titles then this is often in more 'role emerging' roles. In terms of my own role I never refer to 'prescribing' g equipment, adaptations, advice.....not a common term I would want to use! [#OTalk](#)



Margaret Spencer MA [@margaretOT360](#)

RT [@TokunboTweetz](#): [@NatashaBJo](#) Im not sure about prescribing, as I wouldn't really use it in the context that I work in. I think that cons...



#OTalk [@OTalk](#)

RT [@EmmaODwyer13](#): [@NatashaBJo](#) I think when these terms are in job titles then this is often in more 'role emerging' roles. In terms of my o...



Ros French [@RosFrench1](#)

[@NatashaBJo](#) [@OTalk](#) [#OTalk](#) I hadn't thought about terms being "medicalised" so many roles are "generic" and whether they reflect the roles OTs do and roles are understood by others, brings back to the discussion around OT professional identity

Toks O [@TokunboTweetz](#)



@NatashaBJo And I think as a profession, we need to advance and develop in our confidence when it comes to consultation. We have so much to offer! #OTalk



Margaret Spencer MA @margaretOT360

RT @TokunboTweetz: @NatashaBJo And I think as a profession, we need to advance and develop in our confidence when it comes to consultation....



Sherlyn 🌟 (she/her) @sherlynmelody

@NatashaBJo #otalk where does this terminology originate! You could be 100% right. Defo thought provoking 🤔



Bill Wong, OTD, OTR/L @BillWongOT

@chaniedavies @NatashaBJo I think more OT academics should take a look at my mock TEDx application assignment for my US OT class. #otalk
<https://t.co/GFIZviE71>



Lauren Osborne @LaurenOsborneOT

@NatashaBJo Very difficult in my experience. We need to be strong in our worth as a profession and use those arguments of clinical reasoning and cost benefit leverage. It takes confidence. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@AimeeCraneOT @NatashaBJo I know Helene Polatajko's TEDx's talk did a great job of that. #otalk



Ed Sum Occupational Therapist 🌈📧 @musedNeuroOT

@anyadei @StephFleetTweet @NatashaBJo @OTalk The consideration may be around risk. It may appear to be 'less risky' doing what is common practice; this biased thinking can be a fallacy. Anything innovative may be heavily influenced by a risk assessment or change implemented as a way to manage risk #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @RosFrench1: @NatashaBJo @OTalk I hadn't thought about terms being "medicalised" so many roles are "generic" and whether they re...



Bill Wong, OTD, OTR/L @BillWongOT

RT @TokunboTweetz: @NatashaBJo And I think as a profession, we need to advance and develop in our confidence when it comes to consultation....



Natasha Bruce-Jones @NatashaBJo

Time is whizzing by!! I'm so glad I've had the opportunity to make you all take some time to pause and reflect on the greatness and challenges of OT. Final question remind us why we do what we do Qu 5. What is the most fun you've had delivering your OT in the last year? #OTalk



Anya de longh @anyadei

@RosFrench1 @NatashaBJo @OTalk Good point! Also I think we need be more nuanced ... although I know this might sound odd, I don't think medicalizing 'bad' - in the right place and at the right time it can be helpful, so need to recognise +ve and -ve aspects of medicalizing roles/terms! #OTalk



#OTalk @OTalk

RT @anyadei: @RosFrench1 @NatashaBJo @OTalk Good point! Also I think we need be more nuanced ... although I know this might sound odd, I d...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTRhiannon: @NatashaBJo Go back to the core OT role, create mutual understanding, set boundaries and respect of own role and the benefits...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTRhiannon: @NatashaBJo I think it allows us as OTs to venture out and promote OT in various areas it's a positive thing #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @anyadei: @NatashaBJo Reality is that we work in medical system of healthcare so for parity of esteem some terms (but not all) are useful...



#OTalk @OTalk

RT @NatashaBJo: Time is whizzing by!! I'm so glad I've had the opportunity to make you all take some time to pause and reflect on the greatness...



Aimee Crane @AimeeCraneOT

@NatashaBJo A picnic in the park with my client, followed by throwing a frisbee to one another. Great therapy opportunity with lots of rehab occurring, but most importantly, fun! #OTalk



#OTalk @OTalk

RT @AimeeCraneOT: @NatashaBJo A picnic in the park with my client, followed by throwing a frisbee to one another. Great therapy opportunity...



Aimee Crane @AimeeCraneOT

@BillWongOT @NatashaBJo Will check them out, thank you! #OTalk

Bill Wong, OTD, OTR/L @BillWongOT



@NatashaBJo I will go outside the box answer- having 6 TEDx talks I curated being uploaded for the world to see so far (3 already up and 3 coming up soon) satisfying to do something that no other OT has done yet! [#otalk](#)



Anya de longh [@anyadei](#)

[@NatashaBJo](#) Oh what a lovely question! 🤔 Using sheets of paper and simple origami patterns to help person develop hand function towards goal of using functional and meaningful for the person as well as effective! [#otalk](#)



Lauren Osborne [@LaurenOsborneOT](#)

[@NatashaBJo](#) I think it depends on the setting or specialty. I prescribe wheelchairs and it's called a prescription. I guess we could also say "spec a wheelchair" setting I feel the clinical term is appropriate [#OTalk](#)



#OTalk [@OTalk_](#)

RT [@anyadei](#): [@NatashaBJo](#) Oh what a lovely question! 🤔 Using sheets of paper and simple origami patterns to help person develop hand function...



Bill Wong, OTD, OTR/L [@BillWongOT](#)

[@AimeeCraneOT](#) [@NatashaBJo](#) Yeah- she is probably one of the Hall of Famers in our profession, if there is such a thing. [#otalk](#)



#OTalk [@OTalk_](#)

RT [@BillWongOT](#): [@NatashaBJo](#) I will go outside the box answer- having 6 TEDx talks I curated being uploaded for the world to see so far (3 a...



#OTalk [@OTalk_](#)

[#OTalk](#)



Sherlyn 🌟 (she/her) [@sherlynmelody](#)

[@NatashaBJo](#) [#otalk](#) finding various solutions to meet service users goals. Bed bound palliative care client ended up in a wheelchair in M&S. I received Wh... as she achieved each goal. It was the best feeling ever 🥰🥰



Bill Wong, OTD, OTR/L [@BillWongOT](#)

RT [@margaretOT360](#): Exactly and if are not doing that we are not doing [#OccupationalTherapy](#) [#otalk](#)



Anya de longh [@anyadei](#)

Thank you [#OTalk](#) for thought provoking talk as always! Lots to reflect on! ❤️



Bill Wong, OTD, OTR/L [@BillWongOT](#)

RT [@anyadei](#): [@RosFrench1](#) [@NatashaBJo](#) [@OTalk_](#) Good point! Also I think we need be more nuanced ... although I know this might sound odd, I d...



Katie Caspero MS, OTR/L [@otgraphically](#)

[@NatashaBJo](#) Writing a story over multiple sessions and submitting it to highlights magazine, cover art and all! [#otalk](#)



Ed Sum Occupational Therapist 🏡❤️📧 [@musedNeuroOT](#)

[@NatashaBJo](#) Meeting all the pets, learning all about them and having fuses [#OTalk](#)



Jennie W. [@jwot77](#)

[@NatashaBJo](#) Personal favourites include a virtual placement in Fiji for a youth mental health charity, working with a healthcare improvement organisation or people from protected characteristics groups and helping assess kids with sensory processing issues+autism. [#OTalk](#)



Dr Jenny Preston MBE [@preston_jenny](#)

In view of the challenges this last year I had the chance to be even more involved clinically. We had a blast and throughout the Ward there was a sense of fun alongside some serious therapy. Everybody noticed not just me [#OTalk](#)



Sherlyn 🌟 (she/her) [@sherlynmelody](#)

[@NatashaBJo](#) thank you for a great [#otalk](#) You did a great job. I enjoyed that 🍪🍪



#OTalk [@OTalk_](#)

We're coming up to 9pm so I just want to say a big thank you to [@NatashaBJo](#) for hosting and everyone else for taking part in spite of technical difficulties and contributing to such an interesting chat! [#OTalk](#) <https://t.co/IAYD5WAFVt>



Ros French [@RosFrench1](#)

[@NatashaBJo](#) [@OTalk_](#) [#OTalk](#) I have spend most of the last year at uni doing my MSc in Advanced OT but has to be joint visits with colleagues, listening to carers experience discussing changes in roles and routines, enabling independent bed transfers and sharing skills and expertise



Toks O [@TokunboTweez](#)

[@NatashaBJo](#) Making sushi with one of my kids! They enjoyed cooking but their symptoms impacted executive functions which disrupted safe engagement. to make something we both enjoyed, to help skill development and practice. 🤔 [#OTalk](#) <https://t.co/hP9mDMskFy>

Chantelle Martin [@chaniedavies](#)



@NatashaBJo Laughing with patients, training sessions, talking with residents in community cafe, giving myself and family occupational opportunities and O laughter **@RosFrench1** **#OTalk**



Lauren Osborne **@LaurenOsborneOT**

@NatashaBJo Giving a 5 year old powered mobility and seeing the smiles and giggles of joy from first experiences of independent movement **#OTalk**



Sarah Baptist Ball **@OT_Sarah**

@NatashaBJo Seeing an older chap get so excited to eat his own home made meal after living off ready meals for 1 year. We made some accessible easy r and graded the task that it was the right challenge within his physical and cognitive abilities 🍴 **#OTalk**



Sherlyn 🌟 (she/her) **@sherlynmelody**

@TokunboTweetz **@NatashaBJo** **#otalk** food 🍴



OTRhiannon **@OTRhiannon**

@NatashaBJo Being newly qualified and finally being able to be my own OT and really get stuck into my role using my own initiative and having my own cas seeing a clients journey to the end ❤️... also been loving my baking sessions with a client, meaningful, tasty and fun 🍴 **#OTalk**



#OTalk **@OTalk_**

We have reflective resources on our site for you to record and reflect on tonight's chat for your CPD **#OTalk** <https://t.co/HSHHvoGfxN>



Ros French **@RosFrench1**

@OTalk **@NatashaBJo** **#OTalk** thank you the time flew past tonight and great questions



Michaela Santoro **@Heres_Kla**

@NatashaBJo **@OTalk** By definition, they mean to recommend and to offer expert advice, respectively. Is it a need for medical recognition, or is the role be professional and highly regarded as experts in their/our field? **#OTalk**



Aimee Crane **@AimeeCraneOT**

@TokunboTweetz **@NatashaBJo** Love this **#OTalk**



#OTalk **@OTalk_**

Keep an eye on our blog for the transcript of this chat if you would like to catch up later **#OTalk**



Aimee Crane **@AimeeCraneOT**

@chaniedavies **@NatashaBJo** **@RosFrench1** I need to know more about 'OT gin club' **#OTalk**



Ros French **@RosFrench1**

@chaniedavies **@NatashaBJo** **#OTalk** got to love OT 'gin club'!



Natasha Bruce-Jones **@NatashaBJo**

#OTalk thank you all, I'm so pleased to have had such a great audience to interact with. Just remember we all have such potential to make change and make household name!!



OTRhiannon **@OTRhiannon**

@NatashaBJo Thank you really enjoyed today's **#OTalk**



Aimee Crane **@AimeeCraneOT**

@NatashaBJo Fab **#OTalk** thank you **@NatashaBJo**



Chantelle Martin **@chaniedavies**

@AimeeCraneOT **@NatashaBJo** **@RosFrench1** The funnier term for peer support out of work, socialising with colleagues and descending in convo topics (r always alcohol we had a civilised tea and scone evening **#OTalk**



Ellen Martinez **@ElmoSE24**

@NatashaBJo Going for a walk in the park with a patient who had not been out of their home for 18 months. Enabling a patient to bathe who hadn't done so : Teaching 1st year students to truly understand the value and meaning of Occupation. **#OTalk**



Ros French **@RosFrench1**

@chaniedavies **@AimeeCraneOT** **@NatashaBJo** **#OTalk** add in support for job applications, informal safe support with friends, the last few have been hot dr cakes and not forgetting the grim biscuits lol!



Charlotte Betteridge **@CharlOTte_Paeds**

@NatashaBJo The freedom of tapping into a child's interest every day, finding solutions to continue their hobbies through cancer treatment & providing mear treatment not having a focus on assess & discharge! **#PaedsRocks** **#OTalk**

Chantelle Martin **@chaniedavies**



And small child said "mummy you are the best OT you can be...is that why you are so good at calming people down...except daddy?" [#OTalk](#) [#inspiringnext](#) but you shouldn't go on masterchef or bake off " 😊



Chantelle Martin [@chaniedavies](#)

Great questions tonight and loved reflecting beyond initial responses. Never enough space could all be nlogs in themselves. Interesting from different service of practice so thanks to all [#OTalk](#)



Chantelle Martin [@chaniedavies](#)

[@RosFrench1](#) [@AimeeCraneOT](#) [@NatashaBJo](#) Personal and professional confidence building and just a bloomin good giggle in a stressful work world...pri [#OTalk](#)



OT Sophie [@OTSophie](#)

Completely missed [#OTalk](#) as I'm losing track of days and dates. Also feels like it wasn't that long since the last one 😊



Chantelle Martin [@chaniedavies](#)

[@anyadei](#) [@RosFrench1](#) [@NatashaBJo](#) [@OTalk_](#) Agree depends on setting, use e.g level of practice and others understanding and respect for OT around. terminology means to all can help or hinder. [#neverbeneatconsultant](#) 😊 but those who are there in OT deserve recognition on par with other professions [#OT](#)



Jess Blake Occupational Therapist ❤️ [@JessBlakeOT](#)

[@NatashaBJo](#) Bit late to the party...lead by example and treat everyone across the system as equal partners and important pieces of the support network 'jic is some flex in the top-down approach if we work together! [#OTalk](#)



SueH. (😬ret'd-ish) 🇬🇧❤️💎👩🏻👩🏻👩🏻 [@therapy2optimum](#)

[@NatashaBJo](#) [#OTalk](#) sadly banging on about stuff can often leave you with a self-imposed headache. I had to get out, [#Retired](#), my time was done. I can be & outspoken now as [@Retired_AHPs](#)



Natasha Bruce-Jones [@NatashaBJo](#)

[@therapy2optimum](#) [@Retired_AHPs](#) I was tempted to leave OT altogether after maternity but changed my career route instead. Independent Practise has b changed#r [#OTalk](#)



Natasha Bruce-Jones [@NatashaBJo](#)

[@JessBlakeOT](#) [#OTalk](#) united forces bring change! We all need to realise our potential to make change and our potential to showcase how vast the scope o



STUDENTS- OCCUPATIONAL THERAPY [@StudentOTs](#)

Just going to RT this if anyone has any suggestions [#OTalk](#)



Natasha Bruce-Jones [@NatashaBJo](#)

[@Fipec789](#) This is OT at its finest [#OTalk](#)



Natasha Bruce-Jones [@NatashaBJo](#)

[@OTRhannon](#) [#OTalk](#) good to hear new grads are getting the chance to keep activity at the core of their delivery! Never let that fade.



Natasha Bruce-Jones [@NatashaBJo](#)

[@TokunboTweez](#) [#OTalk](#) Rehab should be fun! Great idea



#OTalk [@OTalk_](#)

[#OTalk](#) – Are you ready for the OTshow? Tuesday 16th November 2021 <https://t.co/mPmRzjegHa>



Saffron OT 🍀 [@SaffronY14](#)

[@NatashaBJo](#) Creating a robust Occupational Therapy pathway for the company I work for and my own independent practice! [#OTalk](#)



Lynsay Duke [@DukeLynsay](#)

[@NatashaBJo](#) [#OTalk](#) be leaders at whatever level you are at. Show that by engaging your patients in their own care leads to better outcomes, increased se management and appreciation of what OT is.



Lynsay Duke [@DukeLynsay](#)

[@NatashaBJo](#) [#OTalk](#) laughing with patients, enjoying seeing them again after their isolation, receiving a birthday card months in advance in case of lockdown



Lynsay Duke [@DukeLynsay](#)

[@NatashaBJo](#) [@OTalk_](#) [#OTalk](#) capped career progression opportunities within my service - I can go up by leaving or get temp promoted posts by staying. I Consultants, no Advanced Practitioners. Value of OT still not recognised by senior management- represented by nurses on boards ...



Lynsay Duke [@DukeLynsay](#)

[@NatashaBJo](#) [#OTalk](#) Be the periscope - stick your head up and demonstrate your worth. How can OT add value, improve patient outcomes, drive change. forced to reduce role demonstrate the disadvantages - what they will lose - refuse to do 'extra stuff'

**Natasha Bruce-Jones** @NatashaBJo

@DukeLynsay @OTalk #OTalk I've been in posts where OT was totally under utilised from poor understanding of our potential too. Our value is immense. Some users in statutory weren't getting the best of my OT!

**Lynsay Duke** @DukeLynsay

@NatashaBJo @OTalk think Consultant OT is ok as that denotes a level of practice/ responsibility and expertise. I wouldn't use prescribe as that suggests a clinical power that detracts from person centred care. I engage/collaborate/negotiate rather than prescribe

**helen mary** @hmprew

RT @NatashaBJo: Question 2. How can OTs provide client led services if working within the 'top down' management systems of local authorities...

**Liz Rose Hand Therapy & Scar Treatment** @LizRoseHands

RT @NatashaBJo: Question 4. Is Occupational Therapy's use of terms like 'prescribing' and 'consultant' a sign of OTs feeling a need for me...

**John Peter Guite** @JPGUITE1

RT @margaretOT360: Use @theRCOT guidelines and @The_HCPC standards #otalk

**UWOT** @UoW_OT

Students! I missed #OTalk last night but this is a really fascinating debate - strongly recommend you read this thread & consider all of the variable perspectives [#criticaldebate](#)

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