

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, July 20th 2021, 7:00PM – Wed, July 21st 2021, 5:20PM (Europe/London).

See #OTalk Influencers/Analytics.

#OTalk @OTalk_

8pm tonight we'll be joined by @OTSusnet to talk about sustainability    #OTalk

OT Susnet @OTSusnet

Join us for the #OTalk this evening about Sustainable Occupational Therapy Practice. Starting in 15 minutes @OTalk_

Sue Parkinson @MOHOspark

Starting in 5 minutes ... 4 ...

Bill Wong, OTD, OTR/L @BillWongOT

Glad I will be regularly joining #otalk again for at least the next 8-9 months. No more classes that will interfere with participating!

#OTalk @OTalk_

Hello to everyone who's joining us for #OTalk! It feels like an appropriate evening to talk about climate change as we're all feeling the heat 😊

#OTalk @OTalk_

This is @colourful_ot here this evening with the usual weekly reminders: use the #OTalk hashtag throughout the chat to make sure we don't miss your Twee other participants, don't discriminate, and remember your professional ethics and social media guidelines 😊

#OTalk @OTalk_

Our hosts @OTSusnet will be starting to post questions shortly, feel free to have a quick read of the blog post to see what's coming: <https://t.co/vKT3Bt2NCf>

Molly The OT @mollyOT

Joining #OTalk tonight and I'm intrigued by the topic... an area which I have personally never thought about in relation to occupational therapy practice... loc to learning more! @OTalk_

Alicia Ridout @AliciaRidout

@OTalk_ @colourful_ot Evening! #OTalk 😊👏

OfficialCAHPR @OfficialCAHPR

Get involved with #OTalk this evening...

Bill Wong, OTD, OTR/L @BillWongOT

Hello! #otalk <https://t.co/6rrVvnDcs2>

Alicia Ridout @AliciaRidout

RT @OfficialCAHPR: Get involved with #OTalk this evening... <https://t.co/lItCaboBnu>

OT Susnet @OTSusnet

#OTalk This evening's questions are from the WFOT's Sustainability Guiding Principles <https://t.co/Ws08agpMwX>

Sue Parkinson @MOHOspark

RT @OTSusnet: #OTalk This evening's questions are from the WFOT's Sustainability Guiding Principles <https://t.co/Ws08agpMwX>

#OTalk @OTalk_

RT @mollyOT: Joining #OTalk tonight and I'm intrigued by the topic... an area which I have personally never thought about in relation to occ...



Bill Wong, OTD, OTR/L @BillWongOT

@mollyOT @OTTalk I joined a US based group a few months ago... mainly because I was the originator of a recent request for action for AOTA's Represen Assembly on such issues. #otalk



OT Susnet @OTSusnet

#OTTalk Principle 1: Understanding sustainability



OT Susnet @OTSusnet

#OTTalk Q1. What skills do you need to learn at this point to help you work more successfully with individuals and communities to help them reflect about sus their actions as they choose and participate in meaningful occupations?



#OTTalk @OTTalk

RT @OTSusnet: #OTTalk Principle 1: Understanding sustainability



#OTTalk @OTTalk

RT @OTSusnet: #OTTalk Q1. What skills do you need to learn at this point to help you work more successfully with individuals and communities...



Bill Wong, OTD, OTR/L @BillWongOT

@OTSusnet A1. I am going to break out the T-word NOW! I am organizing a virtual @TEDCountdown on November 6. (Details will be out in beginning of Se tickets.) #otalk <https://t.co/GtIvTbjIN5>



Bill Wong, OTD, OTR/L @BillWongOT

@OTSusnet And in my academia job, I made my students watch at least 2 of TED Countdown 2020 videos as part of their leadership and management cou #otalk



Molly The OT @mollyOT

@OTSusnet #OTTalk for me personally it's possibly being more aware of my contributions initially and understanding how I can role model positive changes t sustainability within my practice.



Alicia Ridout @AliciaRidout

@OTSusnet Listening. Lots of communities are on thier knees. How does this become a priority? #OTTalk



Pete Vesey @VeseyPete

RT @OTTalk: Our hosts @OTSusnet will be starting to post questions shortly, feel free to have a quick read of the blog post to see what's c...



Pete Vesey @VeseyPete

RT @OTTalk: Hello to everyone who's joining us for #OTTalk! It feels like an appropriate evening to talk about climate change as we're all f...



#OTTalk @OTTalk

RT @AliciaRidout: @OTSusnet Listening. Lots of communities are on thier knees. How does this become a priority? #OTTalk



#OTTalk @OTTalk

RT @mollyOT: @OTSusnet #OTTalk for me personally it's possibly being more aware of my contributions initially and understanding how I can r...



OT Susnet @OTSusnet

@mollyOT @OTTalk_ What do you think it involves? #OTTalk



Jo Collier @MassDecoration

@OTSusnet I try &help my patients view things from a long term perspective, which is an aspect of sustainability #OTTalk



Sue Parkinson @MOHOspark

Really interested to hear answers to tonight's #OTTalk questions



Georgia Vine @GeorgiaVineOT

@mollyOT @OTSusnet Agreed, excellent point #OTTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @mollyOT: @OTSusnet #OTalk for me personally it's possibly being more aware of my contributions initially and understanding how I can r...



#OTalk @OTalk_

RT @MOHOspark: Really interested to hear answers to tonight's #OTalk questions <https://t.co/1OSVdUO19z>



OT Susnet @OTSusnet

@BillWongOT @TEDCountdown #OTalk This looks awesome Bill! Looking forward to it 😊



OT Susnet @OTSusnet

@BillWongOT #OTalk Great. Are there any particular videos that you'd recommend? Did you get any good responses from your students?



Pete Vesey @VeseyPete

#OTalk



Bill Wong, OTD, OTR/L @BillWongOT

And more A1- EVERY one of us can do organize discussions like this in our respective communities. You can choose how frequent and public/private you w discussions. <https://t.co/0XyLGo2aa0> (This works just like #otalk media club we had in the past!)



OT Susnet @OTSusnet

@AliciaRidout Yes it is a difficult crisis and the climate would be even worse so we need to start thinking of solutions now #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTSusnet In terms of last year's, the ones by Prince William and the Pope were pretty good. #otalk



#OTalk @OTalk_

#OTalk



Charlotte French OT @charfrenchOT

When I think about sustainability in my prison role, I immediately think about our contribution to sustaining quality of life and subsequently reducing a possibl the criminal justice system. #OTalk



Alicia Ridout @AliciaRidout

@OTSusnet For me its the focus on making the most of what we have, getting creative to find solutions #OTalk



Molly The OT @mollyOT

@OTalk_ Oooops!!! #OTalk hashtagging from now on!!!



OT Susnet @OTSusnet

@MassDecoration yes the long term perspective is what it is all about and acting now in the short term matters because we can create our future #OTalk



#OTalk @OTalk_

RT @AliciaRidout: @OTSusnet For me its the focus on making the most of what we have, getting creative to find solutions #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTSusnet @TEDCountdown I am paving a way for OT students and practitioners to do something like this in their local/uni communities! I am going to pr NOT impossible! (This is the second of 3 TEDx events I am organizing this year.) #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @charfrenchOT: When I think about sustainability in my prison role, I immediately think about our contribution to sustaining quality of...



Alicia Ridout @AliciaRidout

@OTSusnet @MassDecoration 'We' is a really important word! Where is the power differential? #OTalk



OT Susnet @OTSusnet

#OTalk Principle 2: Mitigation of environmental damage due to unsustainable lifestyles Q2. What could you do as an individual to help reduce the carbon foc your practice setting?

 **Bill Wong, OTD, OTR/L @BillWongOT**

RT @OTSusnet: @MassDecoration yes the long term perspective is what it is all about and acting now in the short term matters because we can...

 **Jo Collier @MassDecoration**

@AliciaRidout @OTSusnet I wonder whether it is something that is a privilege to prioritise. For many it's an issue of affordability & accessibility which reduce #OTalk

 **Georgia Vine @GeorgiaVineOT**

@OTSusnet Virtual/remote working? #OTalk

 **Sue Parkinson @MOHOspark**

RT @OTSusnet: #OTalk Principle 2: Mitigation of environmental damage due to unsustainable lifestyles Q2. What could you do as an individua...

 **Bill Wong, OTD, OTR/L @BillWongOT**

@OTSusnet A2. The fact that I don't have to drive 60 km for my academia job (thanks to COVID) every week can surely help! #otalk

 **#OTalk @OTalk_**

RT @AliciaRidout: @OTSusnet @MassDecoration 'We' is a really important word! Where is the power differential? #OTalk

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RT @MassDecoration: @AliciaRidout @OTSusnet I wonder whether it is something that is a privilege to prioritise. For many it's an issue of a...

 **#OTalk @OTalk_**

RT @OTSusnet: #OTalk Principle 2: Mitigation of environmental damage due to unsustainable lifestyles Q2. What could you do as an individua...

 **OT Susnet @OTSusnet**

@GeorgiaVineOT That is one useful way as it can help reduce travel and pollution #OTalk

 **#OTalk @OTalk_**

RT @BillWongOT: @OTSusnet A2. The fact that I don't have to drive 60 km for my academia job (thanks to COVID) every week can surely help! #...

 **#OTalk @OTalk_**

RT @GeorgiaVineOT: @OTSusnet Virtual/remote working? #OTalk

 **Molly The OT @mollyOT**

@OTSusnet I remember one month I clocked up 800 business miles in my car whilst working! I was so shocked at this! Our locality area is huge and virtual/working will have a massively positive impact on this I feel! #OTalk

 **OT Susnet @OTSusnet**

@cody_GOATA Being efficient in working practices and driving the best health outcome overall is a sure sign of sustainability #OTalk

 **Alicia Ridout @AliciaRidout**

@OTSusnet We need a google map that shows you the eco route for home visits/community work when that is what is needed! 🌎 Remote is an adjunct to 'best' option for everyone. #OTalk

 **Bill Wong, OTD, OTR/L @BillWongOT**

@mollyOT @OTSusnet hmmm... I sometimes can exceed that in my clinical job if census is low. Sadly, working virtual is not an option with the nursing hom #otalk

 **Sue Parkinson @MOHOspark**

@OTSusnet #OTalk Are OTs enabling people to think about energy conservation when cooking? water conservation when washing up? food miles when sh...

 **OT Susnet @OTSusnet**

OT Susnet Innovation is key as we can find better more sustainable solution everywhere - it just means looking at it from... and social perspective #OTalk

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 **Bill Wong, OTD, OTR/L @BillWongOT**

RT @OTSusnet: @AliciaRidout Innovation is key as we can find better more sustainable solution everywhere - it just means looking at it from...

[You can change your preferences at any time.](#)

 **OT Susnet @OTSusnet**

@BillWongOT @mollyOT #OTalk For sure. Do you have any thoughts about how the footprint could be reduced in this setting?

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @MOHOspark: @OTSusnet #OTalk Are OTs enabling people to think about energy conservation when cooking? water conservation when washing up...

**#OTalk @OTalk_**

RT @MOHOspark: @OTSusnet #OTalk Are OTs enabling people to think about energy conservation when cooking? water conservation when washing up...

**Alicia Ridout @AliciaRidout**

@MassDecoration @OTSusnet A privilege for who to prioritise? Home visits/community working? #OTalk

**Molly The OT @mollyOT**

@OTSusnet Remember to pre prepare my lunches as opposed to buying whilst on the move during appointments - helping reduction of plastic and waste #OTalk

**#OTalk @OTalk_**

RT @mollyOT: @OTSusnet Remember to pre prepare my lunches as opposed to buying whilst on the move during appointments - helping reduction...

**Wendy Foo @wendy_foo_**

@AliciaRidout @OTSusnet I've personally learnt the most from colleagues working with displaced people in disaster prone areas - sustainable interventions even in difficult circumstances #OTalk

**OT Susnet @OTSusnet**

@charfrenchOT Minimising impacts in the future is key - with a focus on wellbeing - OTs have a huge role to play #OTalk

**Jo Collier @MassDecoration**

@AliciaRidout @OTSusnet 'We' is an important word but so is acknowledging the inherent power differential embedded in the real world. It is a very uncomfortable that there's often inherent privilege & power differences in healthcare settings. Sometimes it isn't 'we' & this shouldn't be denied #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

@OTSusnet @mollyOT that's pretty hard to control in my setting. Sometimes you find out you have to go to certain nursing homes because some OT staff are out sick. #otalk

**Alicia Ridout @AliciaRidout**

@wendy_foo_ @OTSusnet Have you seen the @thewfot work on this? #OTalk

**Pete Vesey @VeseyPete**

@OTSusnet #OTalk q1 I'm struggling to answer this question as I think it's not so much skills as knowledge and confidence. It's challenging enough to make changes but our service users face additional challenges on top of this

**Jo Collier @MassDecoration**

@OTSusnet I realise I was thinking about the sustainability of symptom management strategies. Completely off-track. Sorry! #OTalk

**OT Susnet @OTSusnet**@MOHOspark #OTalk These are all good suggestions thanks Sue. Have you seen BDA's One Blue Dot campaign for environmentally sustainable diets? <https://t.co/CVVcCqC8goO>**OT Susnet @OTSusnet**@mollyOT other practices also available here <https://t.co/ej566eszWp> #OTalk**Bill Wong, OTD, OTR/L @BillWongOT**

@OTSusnet @mollyOT and another reason that is hard- sometimes when census is low, you either would have to take reduced hours or go to another nursing home to make sure you get the hours you need working wise. #otalk

**Molly The OT @mollyOT**

@BillWongOT @OTSusnet Our company lease scheme is now offering electric cars which is amazing! A couple of my team members who do similar or even longer mileage have opted for these cars! #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

@mollyOT @OTSusnet Not greedy nursing home contract companies in the USA! #otalk

**Missy G @missy_g_**

@mollyOT @OTSusnet Routine and structure - use of weekly planners/meal planners etc to reduce waste and improve sustainable lifestyle. I like it! #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @VeseyPete: @OTSusnet #OTalk q1 I'm struggling to answer this question as I think it's not so much skills as knowledge and confidence. I...

#OTalk @OTalk_



RT @wendy_foo : @AliciaRidout @OTSusnet I've personally learnt the most from colleagues working with displaced people in disaster prone are...



Bill Wong, OTD, OTR/L @BillWongOT

RT @missy_g : @mollyOT @OTSusnet Routine and structure - use of weekly planners/meal planners etc to reduce waste and improve sustainable...



Sue Parkinson @MOHOspark

Brilliant 👍 #OTalk



#OTalk @OTalk_

RT @MassDecoration: @AliciaRidout @OTSusnet 'We' is an important word but so is acknowledging the inherent power differential embedded in t...



OT Susnet @OTSusnet

@BillWongOT @mollyOT #OTalk Are you aware of sustainable quality improvement (SusQI)? <https://t.co/84RVtUD0Wl>



Molly The OT @mollyOT

@missy_g @OTSusnet Absolutely #OTalk



#OTalk @OTalk_

RT @OTSusnet: @MOHOspark #OTalk These are all good suggestions thanks Sue. Have you seen BDA's One Blue Dot campaign for environmentally s...



#OTalk @OTalk_

RT @OTSusnet: @mollyOT other practices also available here <https://t.co/ej566eszWp> #OTalk



Charlotte French OT @charfrenchOT

RT @OTSusnet: @charfrenchOT Minimising impacts in the future is key - with a focus on wellbeing - OTs have a huge role to play #OTalk



OT Susnet @OTSusnet

@VeseyPete OTs can help navigate these difficult waters - as part of our practice - and we can focus on no regret measures or win win solutions as a startin #OTalk



OT Susnet @OTSusnet

#OTalk WFOT Sustainability Guiding Principle 3: Helping service users adapt to the consequences of environmental damage



#OTalk @OTalk_

RT @OTSusnet: #OTalk WFOT Sustainability Guiding Principle 3: Helping service users adapt to the consequences of environmental damage



OT Susnet @OTSusnet

#OTalk Q3. How can you help people in the community (individually or in groups) develop skills in and use of their pADLs to advocate for themselves so that access resources needed to adapt to the adverse consequences of climate change?



Pete Vesey @VeseyPete

@OTSusnet #OTalk q2. I think for me it starts with conversations-raising climate change and sustainability whenever I can



Sue Parkinson @MOHOspark

@VeseyPete @OTSusnet #OTalk and yet, hasn't occupational therapy always been about enabling an increased sense of agency, personal causation, effec



Bill Wong, OTD, OTR/L @BillWongOT

@OTSusnet @mollyOT In my clinical setting, I don't think USA nursing home management or contract companies give a damn about such! #otalk



#OTalk @OTalk_

RT @OTSusnet: #OTalk Q3. How can you help people in the community (individually or in groups) develop skills in and use of their pADLs to a...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: #OTalk WFOT Sustainability Guiding Principle 3: Helping service users adapt to the consequences of environmental damage



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @VeseyPete OTs can help navigate these difficult waters - as part of our practice - and we can focus on no regret measures or...

Sue Parkinson @MOHOspark

#OTalk Check this out 👍

**Molly The OT** @mollyOT

@BillWongOT @OTSusnet Which is possible a slice of the problem! Although it's very hard as we all get caught up in everyday practice #OTalk

**Sue Parkinson** @MOHOspark

RT @missy_g__: @mollyOT @OTSusnet Routine and structure - use of weekly planners/meal planners etc to reduce waste and improve sustainable...

**Bill Wong, OTD, OTR/L** @BillWongOT

@OTSusnet As I mentioned in A1, I think organizing @TED_Circles for our communities can be a helpful start. #otalk

**Wendy Foo** @wendy_foo

@OTSusnet our trust is rolling out patient initiated follow ups - reducing unnecessary appointments and offering virtual appointments when this is appropriate

**Alicia Ridout** @AliciaRidout

@OTSusnet Can we break that down a bit? resources to adapt to climate change adverse effects... how about the extreme heat? #OTalk

**Charlotte French OT** @charfrenchOT

@OTSusnet Especially during COVID, the requirement for single use handouts and tools has not been great for our carbon footprint, I'm looking forward to items again! #OTalk

**#OTalk** @OTalk

RT @charfrenchOT: @OTSusnet Especially during COVID, the requirement for single use handouts and tools has not been great for our carbon fo...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @VeseyPete: @OTSusnet #OTalk q2. I think for me it starts with conversations-raising climate change and sustainability whenever I can

**OT Susnet** @OTSusnet@MOHOspark @VeseyPete <https://t.co/dfpBWYQ10g> and also about supporting vulnerable people so understanding the impacts is key #OTalk**Georgia Vine** @GeorgiaVineOT

@OTSusnet Online communities of practice? #OTalk

**Alicia Ridout** @AliciaRidout

@charfrenchOT @OTSusnet Its had such an impact! So much single use plastic #OTalk

**Pete Vesey** @VeseyPete

@OTSusnet #OTalk q3. One way could be to collate signposting info on how to shop, eat and cook more sustainably

**Molly The OT** @mollyOT

@OTSusnet Education and knowledge wins all #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@VeseyPete @OTSusnet I haven't thought about how I structure my virtual @TEDCountdown event in November too much yet. Even though I sadly won't feature OT, but I will definitely create spaces for people to discuss and reflect what they have watched. #eadbyexample #otalk

**#OTalk** @OTalk

RT @VeseyPete: @OTSusnet #OTalk q3. One way could be to collate signposting info on how to shop, eat and cook more sustainably

**Jo Collier** @MassDecoration

@AliciaRidout @OTSusnet I was thinking about how differences in opportunities can assist or impeded sustainability & reflect privilege of choice, eg rural cc practice, referral criteria for sustainable projects like therapeutic gardening, financial privilege, time privilege etc #OTalk

**Sue Parkinson** @MOHOspark

@OTSusnet @VeseyPete #OTalk Yep - all progress, however small, is progress. This is my daughter's mantra on her sustainability insta account: simplelife

**OT Susnet** @OTSusnet@charfrenchOT And have you seen this great case study? Greener NHS - reducing single use plastics <https://t.co/8eQwdol2hX> #OTalk**Alicia Ridout** @AliciaRidout



@VeseyPete @OTSusnet And socioeconomic and cultural elements that people might just need initial help to facilitate rather than us doing? #OTalk



#OTalk @OTTalk
RT @AliciaRidout: @VeseyPete @OTSusnet And socioeconomic and cultural elements that people might just need initial help to facilitate rather...



#OTalk @OTTalk
RT @OTSusnet: @charfrenchOT And have you seen this great case study? Greener NHS - reducing single use plastics <https://t.co/8eQwdol2hX> #OT...



Bill Wong, OTD, OTR/L @BillWongOT
RT @AliciaRidout: @VeseyPete @OTSusnet And socioeconomic and cultural elements that people might just need initial help to facilitate rather...



Charlotte French OT @charfrenchOT

It frustrates me the amount of plastic is used for cutlery, plates and cups in the prison due to risks associated with metal, surely wooden would be better?! #C



Bill Wong, OTD, OTR/L @BillWongOT

RT @MOHOspark: @OTSusnet @VeseyPete #OTalk Yep - all progress, however small, is progress. This is my daughter's mantra on her sustainabil...



Sue Parkinson @MOHOspark

Another great resource 



Bill Wong, OTD, OTR/L @BillWongOT

RT @MassDecoration: @AliciaRidout @OTSusnet I was thinking about how differences in opportunities can assist or impeded sustainability & re...



#OTalk @OTTalk

RT @MassDecoration: @AliciaRidout @OTSusnet I was thinking about how differences in opportunities can assist or impeded sustainability & re...



Bill Wong, OTD, OTR/L @BillWongOT

RT @mollyOT: @OTSusnet Education and knowledge wins all #OTalk



Pete Vesey @VeseyPete

@MOHOspark @OTSusnet #OTalk I guess you still need sufficient knowledge and confidence to then help clients navigate their own choices



OT Susnet @OTSusnet

@AliciaRidout Being aware of heat waves, air pollution levels, flooding zones and who and where vulnerable people are, is all part of the thinking and planning with individuals and communities #OTalk



Sue Parkinson @MOHOspark

@VeseyPete @OTSusnet Agreed. #OTalk



Pete Vesey @VeseyPete

@OTSusnet #OTalk what are no regret measures?



OT Susnet @OTSusnet

@GeorgiaVineOT #OTalk We have networks for different clinical specialities at the Centre for Sustainable Healthcare @SusHealthcare where people can link resources and share best practice <https://t.co/SCBAmTyrSHW>



Bill Wong, OTD, OTR/L @BillWongOT

@mollyOT @OTSusnet I actually find the process of curating talks from my TEDxCountdown event (as I have 3 of my own on top of TED programming) very invigorating. Learning so much from my speakers' ideas! #otalk



OT Susnet @OTSusnet

@AliciaRidout @VeseyPete empowerment is key #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @GeorgiaVineOT #OTalk We have networks for different clinical specialities at the Centre for Sustainable Healthcare @SusHealth...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @AliciaRidout Being aware of heat waves, air pollution levels, flooding zones and who and where vulnerable people are, is all...



Sue Parkinson @MOHOspark

RT @OTSusnet: @AliciaRidout Being aware of heat waves, air pollution levels, flooding zones and who and where vulnerable people are, is all...



Alicia Ridout @AliciaRidout

@OTSusnet Difficult to mitigate without money on the whole... but small changes can make a big impact. Maybe we can focus on a cumulative impact? How that? #OTalk



Charlotte French OT @charfrenchOT

@OTSusnet Ooooh no I hadn't thank you! I am very inspired by this talk to do a sustainability group with our service users! Maybe..."what's in your bin" to create alternative use for previously disposed items? 😊 #OTalk



#OTalk @OTalk

RT @OTSusnet: @AliciaRidout Being aware of heat waves, air pollution levels, flooding zones and who and where vulnerable people are, is all...



Alicia Ridout @AliciaRidout

@charfrenchOT @OTSusnet Brilliant! 😊 #OTalk



Georgia Vine @GeorgiaVineOT

@OTSusnet @SusHealthcare Amazing #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@charfrenchOT COVID sort of complicated things, though, especially in the early days when cases were rising with no vaccines in sight! #otalk



OT Susnet @OTSusnet

@VeseyPete Have you seen these WFOT sustainability guiding principles: <https://t.co/Ws08agpMwX> #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @charfrenchOT: @OTSusnet Ooooh no I hadn't thank you! I am very inspired by this talk to do a sustainability group with our service users...



Deborah murphy @Murphlempurh

@charfrenchOT Sorry I didn't realise I had wandered into an #OTalk !!



OT Susnet @OTSusnet

@mollyOT #OTalk Yes it does. Addressing sustainability issues is included in the @thewfot minimum standards for education, and @theRCOT learning standards that curricula must incorporate the five WFOT sustainability guiding principles



Charlotte French OT @charfrenchOT

@Murphlempurh I've learnt something new there! #OTalk



Charlotte French OT @charfrenchOT

@Murphlempurh Wander on in! #OTalk



OT Susnet @OTSusnet

#OTalk WFOT Sustainability Guiding Principle 4: Community sustainability Q4. What might you include in an education program for small groups in the community to promote sustainability and its relationship to daily occupational performance?



Sue Parkinson @MOHOspark

@AliciaRidout @OTSusnet #OTalk Good idea. Occupational therapists have always supported budgeting.



OT Susnet @OTSusnet

@BillWongOT @charfrenchOT There are drivers to start making sure we purchase items designed for re-use rather than single use - Covid helped a bit because we were running low ;_) #OTalk



Sue Parkinson @MOHOspark

Love this 🌟



Deborah murphy @Murphlempurh

@charfrenchOT Just planting some potatoes so I'm doing sustainability in action 😂 #OTalk



Wendy Foo @wendy_foo

@MOHOspark @AliciaRidout @OTSusnet Working closely with community leaders and neighbours to support with basic emotional and practical needs - helping each other, collecting water/ food if difficult w/c access. The therapy team were not always able to visit due to bad weather/ road conditions.. #OTalk



#OTalk @OTalk

RT @OTSusnet: **#OTalk** WFOT Sustainability Guiding Principle 4: Community sustainability Q4. What might you include in an education program...



Charlotte French OT @charfrenchOT

@OTSusnet @BillWongOT We definitely need to be proactive rather than reactive when it comes to sustainability! Like you said before..the long term goal! ;



Sue Parkinson @MOHOspark

RT @OTSusnet: @mollyOT **#OTalk** Yes it does. Addressing sustainability issues is included in the [@thewfot](#) minimum standards for education, a...



Sue Parkinson @MOHOspark

RT @OTSusnet: **#OTalk** WFOT Sustainability Guiding Principle 4: Community sustainability Q4. What might you include in an education program...



Molly The OT @mollyOT

@OTSusnet Education on what sustainability is, and identifying from our personal routines, roles and habits how we contributing to sustainability of the planet everyday occupations maybe **#OTalk**



Alicia Ridout @AliciaRidout

@MOHOspark @OTSusnet @BBCSounds podcast 39 ways to save the planet **#OTalk**



Charlotte French OT @charfrenchOT

@MOHOspark Thank you! 😊 I will let you know how it goes when an idea becomes an activity! **#OTalk**



Bill Wong, OTD, OTR/L @BillWongOT

And speaking of prison- if inmates are constantly tossing away subpar quality food in prison, this also sure won't help in terms of sustainability and climate change
<https://t.co/8UtJc0tNu9> **#otalk**



Charlotte French OT @charfrenchOT

@Murphlemurph Well your allotment has sustainability written allll over it!! **#OTalk**



#OTalk @OTalk

RT @mollyOT: **#OTalk** Education on what sustainability is, and identifying from our personal routines, roles and habits how we contributi...



Sue Parkinson @MOHOspark

@Murphlemurph @charfrenchOT **#OTalk** Gotta love all the occupational therapists who are supporting people to grow their own food 😊



OT Susnet @OTSusnet

@charfrenchOT @BillWongOT And it all makes sense when you look at it as needing everyone to be 'fit for the future' **#OTalk**



Missy G @missy_g

@charfrenchOT @OTSusnet @BillWongOT Yep - and often the people we work with are on a limited budget, so those re-use, recycle, planning, help to support sustainable lifestyle. **#OTalk**



Charlotte French OT @charfrenchOT

@BillWongOT Good point! As well as the laundry costs of remand/high turn over of individuals in and out of reception prisons. **#OTalk**



Deborah murphy @Murphlemurph

@charfrenchOT @OTSusnet I started designing a group pre lockdown as I think recycling etc should come under ADLs, so perhaps we could think about to **#OTalk**



Bill Wong, OTD, OTR/L @BillWongOT

@charfrenchOT @OTSusnet and then in nursing home settings, not easy to educate some patients about climate change and sustainability and climate change regarding food waste. Some patients may not have cognitive awareness to recognize their food waste are contributing to the issue! **#otalk**



Alicia Ridout @AliciaRidout

@Murphlemurph @charfrenchOT My first ever courgette flower yesterday. My son is expecting tempura batter....😊 I did it to pass time in lockdown and pos **#OTalk**



Molly The OT @mollyOT

@charfrenchOT Ordering Bamboo reusable cutlery as we type! **#OTalk**



OT Susnet @OTSusnet

#OTalk Camille Dieterle from [@USC](#) developed Green Lifestyle Redesign for small community groups <https://t.co/f7HVPkEkgM>

OT Susnet @OTSusnet



@mollyOT And how we can manage health to best effect often uses less resources and is empowering #OTalk



Sue Parkinson @MOHOspark
@wendy_foo_ @AliciaRidout @OTSusnet #OTalk working to involve whole communities is so important.



Charlotte French OT @charfrenchOT
@MOHOspark @Murphlemurph We grew cress egg heads last week..does that count? #Amateurgardener #OTalk



#OTalk @OTalk
RT @Murphlemurph: @charfrenchOT @OTSusnet I started designing a group pre lockdown as I think recycling etc should come under ADLs, so perh...



Charlotte French OT @charfrenchOT
@mollyOT Yess Molly! 🌎 #OTalk



Jo Collier @MassDecoration
@AliciaRidout @Murphlemurph @charfrenchOT Courgette are my favourite veg plant. I just love their leaves. #OTalk



Sue Parkinson @MOHOspark
RT @mollyOT: @OTSusnet Education on what sustainability is, and identifying from our personal routines, roles and habits how we contributi...



Bill Wong, OTD, OTR/L @BillWongOT
@OTSusnet I think my @TEDCountdown event response from A1 will also work with this question... lol! #otalk



OT Susnet @OTSusnet
@Murphlemurph @charfrenchOT Yes re-use of daily living aids and making sure this is by design rather than an afterthought! #OTalk



Sue Parkinson @MOHOspark
RT @AliciaRidout: @MOHOspark @OTSusnet @BBCSounds podcast 39 ways to save the planet #OTalk



Deborah murphy @Murphlemurph
@MassDecoration @AliciaRidout @charfrenchOT Just discovered this monster that I had no idea was there. Right I'll start sticking to the subject! #OTalk
<https://t.co/BIDkCHj8Sn>



Bill Wong, OTD, OTR/L @BillWongOT
RT @OTSusnet: @Murphlemurph @charfrenchOT Yes re-use of daily living aids and making sure this is by design rather than an afterthought! #O...



Molly The OT @mollyOT
@OTSusnet Totally agree! For some of our service patients who really struggle to care for themselves, practicing care for the environment could really help | recovery barriers too and demonstrate that it is allowed and beneficial! #OTalk



OT Susnet @OTSusnet
@BillWongOT @TEDCountdown #OTalk It's the gift that keeps on giving! 😊



Charlotte French OT @charfrenchOT
@Murphlemurph @OTSusnet Yes that would be amazing, I have noticed the lack of recycling in the prison setting! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @OTSusnet: #OTalk Camille Dieterle from @USC developed Green Lifestyle Redesign for small community groups <https://t.co/f7HVPkEkgM>



#OTalk @OTalk
RT @OTSusnet: @Murphlemurph @charfrenchOT Yes re-use of daily living aids and making sure this is by design rather than an afterthought! #O...



OT Susnet @OTSusnet
@mollyOT @charfrenchOT Perfect and there is even edible cutlery ;-) #OTalk



Alicia Ridout @AliciaRidout
@MOHOspark @wendy_foo_ @OTSusnet We have a fabulous network #FeedLeeds. I set up an allotment with our rehab unit almost 30 yrs ago and we grow things. @TCVhollybush helped fund it 😊 #OTalk

Deborah murphy @Murphlemurph

@charfrenchOT @OTSusnet I don't know about your prison but all of our waste is gone through by a recycling team. It looks like there is no recycling, when



everything in the bin is religiously gone through to be recycled #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@OTSusnet @TEDCountdown well- my goal is to feature an OT perspective next year. I don't think such a TEDx talk exists yet. #otalk



Alicia Ridout @AliciaRidout



Molly The OT @mollyOT
@OTSusnet @charfrenchOT Anything food I must have it #OTalk



Jo Collier @MassDecoration
@Murphlelmurph @AliciaRidout @charfrenchOT Here's my first courgette just before I picked it #OTalk <https://t.co/iaPEMKljau>



Deborah murphy @Murphlelmurph
@charfrenchOT @OTSusnet There is a horror show of broken furniture & TV waste, but our grounds man strips all back & sells scrap metal too #OTalk



OT Susnet @OTSusnet
#OTalk WFOT Sustainability Guiding Principle 5: Developing professional competence Q5. What kind of educational support do you need in order to become in contributing to sustainability in your practice and how should this support be provided?



OT Susnet @OTSusnet
@mollyOT Great idea we can learn to care for ourselves by learning to care for the environment #OTalk



Wendy Foo @wendy_foo
@MOHOspark @AliciaRidout @OTSusnet when improving physical access to temporary homes, also considering location and design so that homes are not washed or blown away in a typhoon/ flood #OTalk



Charlotte French OT @charfrenchOT
@Murphlelmurph @OTSusnet That is probably what happens with ours too..I only see this end of the process where everything goes into one bag and I'm not there is a recycling team, I would really love to get my ISU patients involved! #OTalk



Sue Parkinson @MOHOspark
Fab idea: recycling as an Activity of Daily living. And reducing and re-using too?



Deborah murphy @Murphlelmurph
@MOHOspark @charfrenchOT I split my bulk purchase of seedlings between home and work. Food everywhere! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@OTSusnet here's one that I don't think is discussed yet- we should minimize the need for refunding online merchandise, especially if they are from Amazon <https://t.co/NILDgFXYXA> #otalk



Alicia Ridout @AliciaRidout
@wendy_foo_ @MOHOspark @OTSusnet Psychological impact of repeated flooding is an issue in some parts UK. How could we help? #OTalk



OT Susnet @OTSusnet
One option is using the WFOT Quality Evaluation Strategy Tool: <https://t.co/mPv2x7eHyR> #OTalk



Deborah murphy @Murphlelmurph
@charfrenchOT @OTSusnet It's a bloody awful job! #OTalk



Sue Parkinson @MOHOspark
RT @OTSusnet: @mollyOT And how we can manage health to best effect often uses less resources and is empowering #OTalk



Charlotte French OT @charfrenchOT
@OTSusnet Visual aids and stats for me to gain a clear impression of the impact of sustainability which I can share with my client group #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
And this is where our online Amazon returns may go. <https://t.co/qkTLxhXLuX> #horrifying #otalk

Bill Wong, OTD, OTR/L @BillWongOT



RT @charfrenchOT: @OTSusnet Visual aids and stats for me to gain a clear impression of the impact of sustainability which I can share with...



Charlotte French OT @charfrenchOT
@Murphlelmurph @OTSusnet Haha they may hate me for suggesting it then...tumbleweed? #OTalk



#OTalk @OTalk_
RT @OTSusnet: #OTalk WFOT Sustainability Guiding Principle 5: Developing professional competence Q5. What kind of educational support do y...



OT Susnet @OTSusnet
Sustainability is included as one of QUEST's seven quality indicators #OTalk



#OTalk @OTalk_
RT @AliciaRidout: @wendy_foo_ @MOHOspark @OTSusnet Psychological impact of repeated flooding is an issue in some parts UK. How could we hel...



Bill Wong, OTD, OTR/L @BillWongOT
@OTSusnet A5. And another one that is also not being discussed tonight- perhaps when we shop online using Amazon Smile, make an effort to have part c proceeds contributing to a sustainability and climate change friendly charity! #otalk



#OTalk @OTalk_
RT @charfrenchOT: @OTSusnet Visual aids and stats for me to gain a clear impression of the impact of sustainability which I can share with...



Molly The OT @mollyOT
@OTSusnet More networking and support check ins for me being a total novice to this issue within occupational therapy practice #OTalk



#OTalk @OTalk_
RT @mollyOT: @OTSusnet More networking and support check ins for me being a total novice to this issue within occupational therapy practic...



Charlotte French OT @charfrenchOT
@Murphlelmurph @OTSusnet Life is all about balance is going to be my selling tactic! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @mollyOT: @OTSusnet More networking and support check ins for me being a total novice to this issue within occupational therapy practic...



Sue Parkinson @MOHOspark
#OTalk Caring for the planet can be included as a discussed in the Caring Activities topic in a Recovery Through Activity programmes. Caring isn't just about to others.



Bill Wong, OTD, OTR/L @BillWongOT
@mollyOT @OTSusnet and one way to do that is to try to find OT groups that already exists. #otalk



OT Susnet @OTSusnet
@BillWongOT #OTalk Reducing waste is a core component of sustainable healthcare. This needs to happen right across the triple bottom line so that we get financial, social and environmental benefits.



#OTalk @OTalk_
RT @MOHOspark: #OTalk Caring for the planet can be included as a discussed in the Caring Activities topic in a Recovery Through Activity pr...



Charlotte French OT @charfrenchOT
@mollyOT @OTalk_ @OTSusnet Agreed! #OTalk



Pete Vesey @VeseyPete
@OTSusnet #otalk q5. Quick start guides, step by step guides, key stats. I'm visual, video/audio but also live coaching or action learning sets



Bill Wong, OTD, OTR/L @BillWongOT
RT @VeseyPete: @OTSusnet #otalk q5. Quick start guides, step by step guides, key stats. I'm visual, video/audio but also live coaching or a...



Molly The OT @mollyOT
@MOHOspark Great idea! I was just reading another comment from #OTalk and wondering how this would fit with Recovery Through Activity... you read my

Bill Wong, OTD, OTR/L @BillWongOT

RT @MOHOspark: #OTalk Caring for the planet can be included as a discussed in the Caring Activities topic in a Recovery Through Activity pr...



Sue Parkinson @MOHOspark

RT @OTSusnet: #OTTalk WFOT Sustainability Guiding Principle 5: Developing professional competence Q5. What kind of educational support do y...



Molly The OT @mollyOT

100% 😊



Alicia Ridout @AliciaRidout

@OTSusnet @BillWongOT Clothes too then...where are uniforms in this?? #OTTalk



rhiannon ashbourne @OTRhiannon

@OTSusnet #OTTalk Self-learning, taking on own initiative, so many resources online. However, also around trusts - posters for example as a reminder to keep sustainability in mind always.



OT Susnet @OTSusnet

@BillWongOT @mollyOT #OTTalk Do join us at Occupational Therapy Susnet <https://t.co/sNU5eDPJ9i>



Deborah murphy @Murphlemurph

@MOHOspark Yes! Caring for the planet/ helps us understand relationships & the importance of interdependence #OTTalk



#OTTalk @OTTalk

RT @OTRhiannon: @OTSusnet #OTTalk Self-learning, taking on own initiative, so many resources online. However, also around trusts - posters f...



#OTTalk @OTTalk

RT @VeseyPete: @OTSusnet #otalk q5. Quick start guides, step by step guides, key stats. I'm visual, video/audio but also live coaching or a...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @BillWongOT @mollyOT #OTTalk Do join us at Occupational Therapy Susnet <https://t.co/sNU5eDPJ9i>



OT Susnet @OTSusnet

@mollyOT #OTTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Pete Vesey @VeseyPete

@OTSusnet #otalk . I'm particularly interested in sushi but as I already work in QI it's more the application to sustainability innovation and improvements than helpful. And promoting organisational change



#OTTalk @OTTalk

RT @OTSusnet: @mollyOT #OTTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Wendy Foo @wendy_foo

@AliciaRidout @MOHOspark @OTSusnet agree the mental health impact is huge - OTs can help work on occupations as part of preparing, during and recovering in conjunction with charities like @NatFloodForum Also highlighting vulnerability as often those with disabilities are left out of preparedness plans #OTTalk



Molly The OT @mollyOT

RT @OTSusnet: @mollyOT #OTTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Missy G @missy_g

RT @OTSusnet: @mollyOT #OTTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Alicia Ridout @AliciaRidout

@OTRhiannon @OTSusnet Validated sources of info too. Often when you backward chain there is a confounding, unsustainable element in the supply chain to realise. Refrigeration units for example. #OTTalk



Bill Wong, OTD, OTR/L @BillWongOT

@AliciaRidout @OTSusnet That's why I think it's important to buy these things in person rather than online. #otalk



OT Susnet @OTSusnet

@AliciaRidout @BillWongOT Uniforms are key too - and it is possible to find more sustainable more comfortable and re-useable uniforms - one hospital had of bamboo! #otalk

OT Susnet @OTSusnet

@charfrenchOT #OTTalk Might you be interested in the courses offered by @SusHealthcare <https://t.co/3xI9nlvzlZ>



Bill Wong, OTD, OTR/L @BillWongOT

RT @AliciaRidout: @OTRhiannon @OTSusnet Validated sources of info too. Often when you backward chain thee is a confounding, unsustainable e...



Bill Wong, OTD, OTR/L @BillWongOT

RT @wendy_foo_: @AliciaRidout @MOHOspark @OTSusnet agree the mental health impact is huge - OTs can help work on occupations as part of pre...



Bill Wong, OTD, OTR/L @BillWongOT

RT @VeseyPete: @OTSusnet #otalk . I'm particularly interested in sushi but as I already work in QI it's more the application to sustainabil...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @mollyOT #OTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Charlotte French OT @charfrenchOT

@OTSusnet Exploring personal responsibility and actions to making a difference..to quote @theRCOT "Small Change, Big Impact" #OTalk



Sue Parkinson @MOHOspark

#OTalk I'm learning so much. Thank you.



#OTalk @OTalk_

RT @OTSusnet: @charfrenchOT #OTalk Might you be interested in the courses offered by @SusHealthcare <https://t.co/3xI9nlvzlZ>



Bill Wong, OTD, OTR/L @BillWongOT

RT @charfrenchOT: @OTSusnet Exploring personal responsibility and actions to making a difference..to quote @theRCOT "Small Change, Big Impa...



Kirsty Stanley Occupation4Life 💙 @Occ4LifeLtd

RT @MOHOspark: #OTalk Caring for the planet can be included as a discussed in the Caring Activities topic in a Recovery Through Activity pr...



Pete Vesey @VeseyPete

@OTSusnet #otalk



Deborah murphy @Murphlemurph

RT @OTSusnet: @mollyOT #OTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Charlotte French OT @charfrenchOT

@OTSusnet @SusHealthcare I will look into this! 😊 thank you. #OTalk



Alicia Ridout @AliciaRidout

@OTSusnet @BillWongOT Why is that not an innovation that is system wide cc @NHS_RobW bamboo uniforms?? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@charfrenchOT @OTSusnet @theRCOT That's why I also made it a point to share a TED talk about where would our online Amazon returns would go. It's learn that sometimes perfectly great merchandise could end up in a landfill! #otalk



Sue Parkinson @MOHOspark

RT @OTRhiannon: @OTSusnet #OTalk Self-learning, taking on own initiative, so many resources online. However, also around trusts - posters f...



Sue Parkinson @MOHOspark

RT @Murphlemurph: @MOHOspark Yes! Caring for the planet/ helps us understand relationships & the importance of interdependence #OTalk



OT Susnet @OTSusnet

@charfrenchOT @SusHealthcare More resources here <https://t.co/kKw7pPMnE3> #otalk



OT Susnet @OTSusnet

#OTalk Thank you for all your responses and insight this evening. Our questions and many more reflective questions can be found in the @thewfot Sustaina Principles <https://t.co/Ws08agpMwX>

Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @charfrenchOT @SusHealthcare More resources here <https://t.co/kKw7pPMnE3> #otalk



Sue Parkinson @MOHOspark

RT @OTSusnet: @charfrenchOT #OTalk Might you be interested in the courses offered by @SusHealthcare <https://t.co/3xI9nVzI>



Deborah murphy @MurphleMurph

Planting potatoes while trying to follow #OTalk re sustainability. Feeling like I'm getting there 🥔🥔🥔🥔 <https://t.co/AlykG0RZB>



OT Susnet @OTSusnet

#OTalk Find us at Occupational Therapy Susnet <https://t.co/bz5XLCJa7V>



Sue Parkinson @MOHOspark

RT @OTSusnet: @charfrenchOT @SusHealthcare More resources here <https://t.co/kKw7pPMnE3> #Otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: #OTalk Find us at Occupational Therapy Susnet <https://t.co/bz5XLCJa7V>



#OTalk @OTalk

Thank you for hosting! It's been a fascinating chat and thank you for sharing so many resources for further learning #OTalk



OT Susnet @OTSusnet

#OTalk And it would be great to see you at our upcoming networking event <https://t.co/m27GKJObcm>



#OTalk @OTalk

RT @OTSusnet: #OTalk Find us at Occupational Therapy Susnet <https://t.co/bz5XLCJa7V>



Sue Parkinson @MOHOspark

RT @OTSusnet: #OTalk And it would be great to see you at our upcoming networking event <https://t.co/m27GKJObcm>



Wendy Foo @wendy_foo

@OTSusnet a toolkit that has a ready-to-deliver interactive workshop outline + slides + facilitator guide would be fab for using within OT teams - ideally more session for follow ups #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @wendy_foo_: @OTSusnet a toolkit that has a ready-to-deliver interactive workshop outline + slides + facilitator guide would be fab for...



#OTalk @OTalk

Thanks everyone for joining, if you want to reflect on tonight's chat we have some forms on our website that are free to use #otalk <https://t.co/HSHHvGfxN>



rhiannon ashbourne @OTRhiannon

@OTSusnet #OTalk Also continuously self-reflecting as it will take time for it to become set in practice and sustainability will change over time with the way it ever-changing.



Sue Parkinson @MOHOspark

@wendy_foo_ @OTSusnet #OTalk Fab idea



Bill Wong, OTD, OTR/L @BillWongOT

@wendy_foo_ @OTSusnet I actually like @TEDCountdown format. I have seen some events where participants will go to breakout rooms to reflect upon what was watched during a particular session. #otalk



OT Susnet @OTSusnet

@OTRhiannon Yes this an adventure and journey we are all on! Thankyou for being on it with us! #Otalk



Alison Kerr (she / her) @alisonkerrOT

@OTSusnet #OTalk for me one of the challenges is how to broach and encourage people to reflect upon sustainability of their actions without coming across judgemental or authoritarian. although surely there are parallels with " making every contact count" ? #StartTheConversation



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ we should do more of such this conversation at another time! Requesting encore in near future! #otalk

Bill Wong, OTD, OTR/L @BillWongOT



RT @OTRiannon: @OTSusnet #OTalk Also continuously self-reflecting as it will take time for it to become set in practice and sustainability...



OT Susnet @OTSusnet
@alisonkerrOT excellent point it is about making every moment matter and highlighting the choices available #OTalk



OT Susnet @OTSusnet
#OTalk The networking event is happening on 2nd August at 7pm GMT. Hope to see you there



#OTalk @OTalk
RT @OTSusnet: #OTalk The networking event is happening on 2nd August at 7pm GMT. Hope to see you there



Bill Wong, OTD, OTR/L @BillWongOT
@alisonkerrOT @OTSusnet One way- follow my lead to organize a TEDxCountdown event! Such an event will feature a variety of perspectives and backgrounds for people to listen, reflect, and discuss from! It's doable and manageable as long as you are strategic! #otalk



Wendy Foo @wendy_foo
@alisonkerrOT @OTSusnet there is evidence that sustainable interventions can improve patient satisfaction and outcomes and staff wellbeing! so much to be won! #winwinsolution #OTalk



Alison Kerr (she / her) @alisonkerrOT
@OTSusnet @mollyOT The more conversations we start the more we become informed and can learn from each other.....much easier for the actions to be taken. Thankful for these and other networking events to spur on action #Sustainability #OTalk



OT Susnet @OTSusnet
@MOHOspark @VeseyPete #OTalk Sustainability in Quality Improvement (SusQI) is a way to address this and improve patient outcomes <https://t.co/84RVt>



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: #OTalk Q1. What skills do you need to learn at this point to help you work more successfully with individuals and communities...



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: #OTalk Principle 2: Mitigation of environmental damage due to unsustainable lifestyles Q2. What could you do as an individual...



Sue Parkinson @MOHOspark
RT @OTSusnet: @MOHOspark @VeseyPete #OTalk Sustainability in Quality Improvement (SusQI) is a way to address this and improve patient outcomes...



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: #OTalk Q3. How can you help people in the community (individually or in groups) develop skills in and use of their pADLs to a...



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: #OTalk WFOT Sustainability Guiding Principle 4: Community sustainability Q4. What might you include in an education program...



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: #OTalk WFOT Sustainability Guiding Principle 5: Developing professional competence Q5. What kind of educational support do you...



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: @mollyOT #OTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Bill Wong, OTD, OTR/L @BillWongOT
@alisonkerrOT @OTSusnet And just to note- I am organizing this year's TEDxCountdown event by myself. I have virtually NO external help in terms of organization, speaker coaching, and video editing. I only will ask experienced organizers for occasional pointers. #otalk



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
RT @OTSusnet: @charfrenchOT #OTalk Might you be interested in the courses offered by @SusHealthcare <https://t.co/3xI9nlvzlZ>



OT Susnet @OTSusnet
@OTRiannon #OTalk Good point Rhiannon. Do you know Health Declares? They're doing great work calling on health organisations to declare a climate emergency



Sue Parkinson @MOHOspark
RT @alisonkerrOT: @OTSusnet @mollyOT The more conversations we start the more we become informed and can learn from each other.....much easier...

Sue Parkinson @MOHOspark



RT @wendy_foo : @alisonkerrOT @OTSusnet there is evidence that sustainable interventions can improve patient satisfaction and outcomes and...



SustainabilityTrends @SustainTrends

RT @alisonkerrOT: @OTSusnet @mollyOT The more conversations we start the more we become informed and can learn from each other.....much ea...



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @OTRhiannon #OTalk Good point Rhiannon. Do you know Health Declares? They're doing great work calling on health organisation...



Alison Kerr (she / her) @alisonkerrOT

@mollyOT @OTSusnet Totally agree @mollyOT #OTalk @Murphlemurph am i right i thinking this is something you have found to be beneficial in your setti



Alison Kerr (she / her) @alisonkerrOT

@OTSusnet @AliciaRidout @BillWongOT Within our University our student and staff sustainability group looked at a scheme for students to be able to return that could be reused....Covid of course impacted upon this, but hopefully just a momentary pause #OTalk



Jo Collier @MassDecoration

@alisonkerrOT @AliciaRidout @OTSusnet Definitely. #OTalk



Alison Kerr (she / her) @alisonkerrOT

@MOHOspark @MOHOspark in our recent round table discussion #rcot2021 we asked people how they are capturing sustainability within assessments so hear this Sue, anything else form a #MOHOPerspective? #FormalisedAssessment #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @wendy_foo : @alisonkerrOT @OTSusnet there is evidence that sustainable interventions can improve patient satisfaction and outcomes and...



Deborah murphy @Murphlemurph

@alisonkerrOT @mollyOT @OTSusnet Yes, we were just getting started before the pandemic With a room heavy with indoor plants, plot to plate projects a sustainability discussion groups. All with much potential in the prison setting #OTalk



OT Susnet @OTSusnet

@wendy_foo @alisonkerrOT #OTalk This is such an important point. Sustainable healthcare hits the sweet spot which saves money, reduces carbon and improves patient outcomes and staff experience.



SustainABle OT ❤️🌍♻️ @OtSustainable

@OTSusnet #OTalk Q4 Increasing Occupational Therapists Role In Health Promotion To Keep People Well And Healthy. Subsequently Less Sickness, Second Health And Hospital Admissions. Relationship Between Environment, Health & Economy Is Important In Sustainability



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @wendy_foo @alisonkerrOT #OTalk This is such an important point. Sustainable healthcare hits the sweet spot which saves money...



Bill Wong, OTD, OTR/L @BillWongOT

@OTSusnet @wendy_foo @alisonkerrOT And I think this needs to be a collaborative effort across AHP's! This is a war that all disciplines should fight together



Bill Wong, OTD, OTR/L @BillWongOT

RT @OtSustainable: @OTSusnet #OTalk Q4 Increasing Occupational Therapists Role In Health Promotion To Keep People Well And Healthy. Subsequently Less Sickness, Second Health And Hospital Admissions. Relationship Between Environment, Health & Economy Is Important In Sustainability



Bill Wong, OTD, OTR/L @BillWongOT

@OtSustainable @OTSusnet and also collaboration between countries on this is important! #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @Murphlemurph: @alisonkerrOT @mollyOT @OTSusnet Yes, we were just getting started before the pandemic With a room heavy with indoor plants, plot to plate projects a sustainability discussion groups. All with much potential in the prison setting #OTalk



OT Susnet @OTSusnet

@alisonkerrOT @MassDecoration @AliciaRidout #OTalk Socially vulnerable groups are more sensitive to the impacts of climate change <https://t.co/dfpBWY>



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTSusnet: @alisonkerrOT @MassDecoration @AliciaRidout #OTalk Socially vulnerable groups are more sensitive to the impacts of climate change



OT Susnet @OTSusnet

@OTRhiannon @healthdeclares #OTalk Would you be up for sharing your essay? I'd be interested to read it

Bill Wong, OTD, OTR/L @BillWongOT



<https://t.co/4mdaX78fHx> And this is also a good talk on climate change. #OTalk



Wendy Foo @wendy_foo
@alisonkerrOT @OTSusnet I'd also encourage people to recognise that in their work as OTs - enabling independence, self-management and reducing the ongoing care/ equipment are sustainable interventions so celebrating what they're already doing! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @wendy_foo : @alisonkerrOT @OTSusnet I'd also encourage people to recognise that in their work as OTs - enabling independence, self-mana...



OT Susnet @OTSusnet
@alisonkerrOT @MassDecoration @AliciaRidout #OTalk @cse_bristol explored the effects of climate change on social justice in the UK <https://t.co/XqEBcz>



OT Susnet @OTSusnet
@alisonkerrOT @MassDecoration @AliciaRidout @cse_bristol #OTalk Some research from @TheCentricLab exploring air pollution, poverty and other stres <https://t.co/GTsBajm2od>



Alicia Ridout @AliciaRidout
RT @alisonkerrOT: @OTSusnet @AliciaRidout @BillWongOT Within our University our student and staff sustainability group looked at a scheme f...



OT Susnet @OTSusnet
@BillWongOT @OtSustainable #OTalk Yep, let's keep linking up across the globe😊🌐



OT Susnet @OTSusnet
@OtSustainable #OTalk Great point! Do you know @FrancesMortimer 's four principles of sustainable healthcare? One of them is disease prevention and h promotion <https://t.co/9Qle3nyvZv>



OT Susnet @OTSusnet
@OTRhiannon #OTalk Another of @FrancesMortimer's principles for sustainable clinical practice is using the lowest carbon treatment options <https://t.co/9C>



OT Susnet @OTSusnet
@OTalk_ Thanks again @OTalk_! Here's a link to our sustainable occupational therapy practice resource map: <https://t.co/CminKvv8mU> #OTalk



OT Susnet @OTSusnet
@MOHOspark @wendy_foo Yes, a fab idea. Some presentations are available on our resource map <https://t.co/hUYinmbGpq> We should develop a toolkit suggests too #OTalk



OT Susnet @OTSusnet
@BillWongOT @wendy_foo_ @TEDCountdown Thanks Bill. I'll look into this too #OTalk



OT Susnet @OTSusnet
@VeseyPete #OTalk Are there any suggestions for other things it would be good for us to have on our resource map? <https://t.co/CminKvv8mU>



Anna Braunizer (she/her) @ABraunizer
RT @OTSusnet: #OTalk Principle 2: Mitigation of environmental damage due to unsustainable lifestyles Q2. What could you do as an individua...



Deborah murphy @Murphiemurph
@cathymc9781 @charfrenchOT @OTSusnet Compost is on the make. I am pleased to see that most companies have now removed peat from their compo: soon be a thing of the past. Also noticed a pear free publicity campaign in prime position in Saint Pancras station #OTalk



Sue Parkinson @MOHOspark
Presentations on sustainability 🌱



Jennie W. @jwot77
RT @OTSusnet: @mollyOT #OTalk We have a free online networking event on 2nd August <https://t.co/m27GKJObcm>



Deborah murphy @Murphiemurph
@OTSusnet @AliciaRidout @BillWongOT I had understood that the processing to make bamboo into clothing wasn't especially sustainable. I thought it was green wash? Do you know anything about this? #OTalk



OT_Expert ✨🏳️‍🌈 #StopTheShock @OT_Expert
@DanielSakana I don't have any PDFs but have found this useful post, from @OT_rach as part of one of the fab #OTalk @OTalk_ <https://t.co/nvcBuCf1Di> - #OccupationalTherapy



Kirsty Stanley Occupation4Life **@Occ4LifeLtd**
@charfrenchOT What about eco alternatives - cornstarch or compostable ones **#OTalk**



Deborah murphy **@Murphlemurph**
 Oops. **#OTalk**



Deborah murphy **@Murphlemurph**
@AliciaRidout Yes, I knew it wasn't great. I just couldn't remember why. Less stuff generally seems to be the answer! **#OTalk**

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