


#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.


Tue, June 8th 2021, 8:00PM – Thu, June 10th 2021, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.

-
- 


#OTalk @OTalk 2 days ago

Good evening all, well it is 8pm so that must mean #OTalk time. @Helen_OTUK on the account this evening, do say hi (even if you plan on lurking). A friendly reminder of the House Rules. But most of all enjoy! <https://t.co/3ZnXwSKRLr>

🗨️ ↻️ ❤️
-
- 


#OTalk @OTalk 2 days ago

Let us all say a big #OTalk welcome to @sarahjoOT and @VikkiBarryOT who will be hosting this evenings chat discussing 'Occupational Identity' <https://t.co/sGQvDFG4yu> Don't forget to include the # in all your tweets. <https://t.co/G2oma21HbW>

🗨️ ↻️ ❤️
-
- 


Carolyn @CeeCeeOT 2 days ago

RT @OTalk: Let us all say a big #OTalk welcome to @sarahjoOT and @VikkiBarryOT who will be hosting this evenings chat discussing 'Occupati...

🗨️ ↻️ ❤️
-
- 


Vikki Barry @VikkiBarryOT 2 days ago

Great to be here - who's here joining us? Even if your lurking say hi #OTalk

🗨️ ↻️ ❤️
-
- 


Mandy Graham @MandyGrahamOT 2 days ago

@VikkiBarryOT Me! 👍 #OTalk

🗨️ ↻️ ❤️
-
- 

Sarah Fletcher-Shaw @sarahjoOT 2 days ago

Hello all! @VikkiBarryOT and I are delighted to be hosting tonight's chat on 'Occupational Identity' #OTalk

🗨️ ↻️ ❤️
-
- 

Carolyn @CeeCeeOT 2 days ago

@VikkiBarryOT Lurking here! Hi :) #OTalk

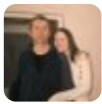
🗨️ ↻️ ❤️
-

**Robert Workman** [@RobW_OT](#)

2 days ago

[@OTalk_](#) [@Helen_OTUK](#) Hi from South Wales [#OTalk](#) <https://t.co/nmJOT9VMti>**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

[@MandyGrahamOT](#) Great to have you joining us Mandy [#OTalk](#)**Louise McMann** [@louise_mcmann](#)

2 days ago

Lurking [#OTalk](#)**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

[@CeeCeeOT](#) Great to have you lurking 🙌👏 Welcome [#OTalk](#)**Chantelle Martin** [@chaniedavies](#)

2 days ago

[@OTalk_](#) [@Helen_OTUK](#) [#OTalk](#) lurking as on long covid webinar**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@CeeCeeOT](#) [@VikkiBarryOT](#) Great to have you joining us! [#OTalk](#)**Bill Wong, OTD, OTR/L** [@BillWongOT](#)

2 days ago

Hello! Popping in today because my students have just finished on campus exams. [#otalk](#)**Rhiannon** [@steedie1978](#)

2 days ago

[@VikkiBarryOT](#) Hello! [#otalk](#)**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@RobW_OT](#) [@OTalk_](#) [@Helen_OTUK](#) Great to have you join us! [#OTalk](#)**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

Hi everyone - really looking forward to hosting tonight with [@sarahjoOT](#) and talking all things occupational identity [#OTalk](#)**Ros French** [@RosFrench1](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) looking forward to it**karen geraghty** [@kagz76](#)

2 days ago

[#OTalk](#) hello fellow OT tweeters 😊**Vikki Barry** [@VikkiBarryOT](#)

2 days ago



@steedie1978 Lovely to have you here [#OTalk](#)



Kadie Claire [@kadieclaire_OT](#)
[@VikkiBarryOT](#) Hello 😊 [#OTalk](#)

2 days ago



Sarah Fletcher-Shaw [@sarahjoOT](#)
[@louise_mcmann](#) Welcome! We hope you enjoy it! [#OTalk](#)

2 days ago



Sherlyn 🙄⭐ [@sherlynmelody](#)
[@OTalk_](#) [@sarahjoOT](#) [@VikkiBarryOT](#) [#Otalk](#) hello there 🙌

2 days ago



Vikki Barry [@VikkiBarryOT](#)
Great to have you all here with us this evening [#OTalk](#)

2 days ago



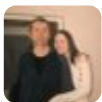
Benita Powrie [@benita_powrie](#)
Here for my first [#Otalk](#) experience

2 days ago



Sarah Fletcher-Shaw [@sarahjoOT](#)
[@chaniedavies](#) [@OTalk_](#) [@Helen_OTUK](#) Multi-tasking 😊 Thankyou for joining us! [#OTalk](#)

2 days ago



Louise McMann [@louise_mcmann](#)
[@sarahjoOT](#) Looking forward to it [#OTalk](#)

2 days ago



Bill Wong, OTD, OTR/L [@BillWongOT](#)
Awaiting my Korean Fried Chicken as I am participating in [#otalk](#). <https://t.co/Riethq1x8d>

2 days ago



#OTalk [@OTalk_](#)
[#OTalk](#) looks like a busy one this evening folks, here if you have any questions about the chat, host will answer regards topic... Have fun all!

2 days ago



Sherlyn 🙄⭐ [@sherlynmelody](#)
[@BillWongOT](#) [#otalk](#) nice

2 days ago



Mandy Graham [@MandyGrahamOT](#)
[@OTalk_](#) [@Helen_OTUK](#) Hi everyone! [#OTalk](#)

2 days ago



CelinaOTstudent [@CelinaOTstudent](#)
[@OTalk_](#) [@sarahjoOT](#) [@VikkiBarryOT](#) [#otalk](#) hello Hudds ladies xx

2 days ago

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@BillWongOT Another multi-tasker! Enjoy! #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Lovely to have lots of you joining us We're sure it's going to be a fantastic chat...@sarahjoOT #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

@CelinaOTstudent @OTalk_ @sarahjoOT Hello!!!! Fabulous to have you join us 🙌🙌🙌🙌 #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@CelinaOTstudent @OTalk_ @VikkiBarryOT Great to have you join us Celina!! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@sherlynmelody BB.Q chicken is an awesome Korean Fried Chicken chain. You should try it when you have the chance. It's slightly more expensive than its competitors, but it's worth the extra money for the quality. #otalk

**Vikki Barry** @VikkiBarryOT

2 days ago

@TokunboTweetz Hi there 👍 #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@MandyGrahamOT @OTalk_ @Helen_OTUK Hi Mandy! Great you could join us! #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Think we should kick off then with the first question...#OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@TokunboTweetz @VikkiBarryOT Welcome! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@sarahjoOT Still got to wait 15-20 minutes for mine since I just ordered. It's night and day between that and KFC chicken! #otalk

**Vikki Barry** @VikkiBarryOT

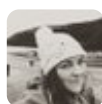
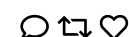
2 days ago

Question 1 #OTalk <https://t.co/BOB93nbiyl>



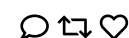
Sherlyn 🌟 @sherlynmelody
@BillWongOT #otalk yep, i can imagine!!

2 days ago



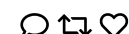
Sarah Fletcher-Shaw @sarahjoOT
@VikkiBarryOT Yes I think we are good to go! Great to see so many here! #OTalk

2 days ago



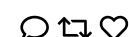
Carolyn @CeeCeeOT
RT @VikkiBarryOT: Question 1 #OTalk <https://t.co/BOB93nbiyl>

2 days ago



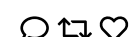
Vikki Barry @VikkiBarryOT
Sure is #OTalk

2 days ago



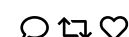
Sarah Fletcher-Shaw @sarahjoOT
@benita_powrie Great you could join us Benita! #OTalk

2 days ago



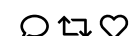
#OTalk @OTalk_
#OTalk Question 1.

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT
RT @VikkiBarryOT: Question 1 #OTalk <https://t.co/BOB93nbiyl>

2 days ago



Vikki Barry @VikkiBarryOT
RT @OTalk_: #OTalk Question 1.

2 days ago



Sarah Fletcher-Shaw @sarahjoOT
posting each question. Our first question of the evening has been posted. What does 'occupational identity' mean to you? @VikkiBarryOT #OTalk

2 days ago



Madeline Warwick OT @MadelineWarwick
@VikkiBarryOT #OTalk I'm not lurking as such, will be back to catch up when kiddies are in bed

2 days ago



Vikki Barry @VikkiBarryOT
RT @sarahjoOT: Vikki will posting each question. Our first question of the evening has been posted. What does 'occupational identity' mean...

2 days ago



Robert Workman @RobW_OT
@VikkiBarryOT #OTalk it's when I am so invested in an occupation that it becomes how I describe myself. These might be varied & change over time.

2 days ago



Freya Sledding ❤️ @SleddingFreya
RT @OTalk_: Let us all say a big #OTalk welcome to @sarahjoOT and @VikkiBarryOT who will be

2 days ago



hosting this evenings chat discussing 'Occupati...



Sherlyn 🤔⭐ @sherlynmelody
@VikkiBarryOT #otalk self awareness based on what you do?

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT
@sherlynmelody Their selling point is their cheeseling boneless chicken wings. 🤔 #otalk

2 days ago



Vikki Barry @VikkiBarryOT
@MadelineWarwick Great you can join us #OTalk

2 days ago



Toks O @TokunboTweetz
@VikkiBarryOT How the meaningful and purposeful things we do, whilst being true our true selves, develops into who we become... aka doing, being, becoming #OTalk

2 days ago



GillianOT @GillianH351981
@OTalk_ @Helen_OTUK Hi just joined running a little late! #OTalk

2 days ago



Sherlyn 🤔⭐ @sherlynmelody
@RobW_OT @VikkiBarryOT #otalk yes i like this description too.

2 days ago



Sam Pywell @smileyfacehalo
RT @OTalk_: Let us all say a big #OTalk welcome to @sarahjoOT and @VikkiBarryOT who will be hosting this evenings chat discussing 'Occupati...

2 days ago



Vikki Barry @VikkiBarryOT
@RobW_OT This is really interesting Rob - so you feel there is something about changes over time? #OTalk

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT
@VikkiBarryOT Hmm... performing occupations that provide meaning to us. #otalk

2 days ago



Vikki Barry @VikkiBarryOT
RT @RobW_OT: @VikkiBarryOT #OTalk it's when I am so invested in an occupation that it becomes how I describe myself. These might be varied...

2 days ago



Sarah Fletcher-Shaw @sarahjoOT
@RobW_OT @VikkiBarryOT The varied and change over time is really significant isn't it? #OTalk

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT
RT @TokunboTweetz: @VikkiBarryOT How the meaningful and purposeful things we do, whilst being true our true selves, develops into who we be...

2 days ago



Vikki Barry @VikkiBarryOT

2 days ago



Do you think elements of self awareness are needed? Fab [#OTalk](#)



Anya de longh [@anyadei](#)

2 days ago

[@VikkiBarryOT](#) How our occupations contribute to how we perceive our own and others identity... what we do makes up who we are [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

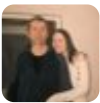
[@GillianH351981](#) [@OTalk](#) [@Helen_OTUK](#) Welcome [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

Lovely!! True to ourselves is so important, I wonder if we can all do that? [#OTalk](#)



Louise McMann [@louise_mcmann](#)

2 days ago

[@VikkiBarryOT](#) The occupations that are central and core to who you are [#OTalk](#)



Sherlyn 🌟 [@sherlynmelody](#)

2 days ago

[@anyadei](#) [@VikkiBarryOT](#) [#Otalk](#) i like this one too.



Amber Ocampo [@AmberOcampo16](#)

2 days ago

RT [@VikkiBarryOT](#): Question 1 [#OTalk](#) <https://t.co/BOB93nbiyl>



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

[@sarahjoOT](#) [@RobW_OT](#) [@VikkiBarryOT](#) For sure- I didn't consider public speaking a meaningful occupation before OT school. But now I realize that I need it for advocacy purposes. [#otalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@GillianH351981](#) [@OTalk](#) [@Helen_OTUK](#) Great to have you join us [#Otalk](#)



Chantelle Martin [@chaniedavies](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) a narrative detailing the collective occupations of a person...their experiences, the sense of who they are through what they do (meaningful activities)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@anyadei](#): [@VikkiBarryOT](#) How our occupations contribute to how we perceive our own and others identity... what we do makes up who we are...



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@BillWongOT](#) 👍 Is it those that shape identity? [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@louise_mcmann](#): [@VikkiBarryOT](#) The occupations that are central and core to who you are [#OTalk](#)

**Susan Griffiths** @SusanGriffiths5

2 days ago

@VikkiBarryOT A number of key occupations that I have engaged in over the years that developed my sense of identity #OTalk

**Carolyn** @CeeCeeOT

2 days ago

@VikkiBarryOT Parts which make up our roles, which informs our routines and habits #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Yes our perception is so important #OTalk

**Mandy Graham** @MandyGrahamOT

2 days ago

@VikkiBarryOT Who I am - roles, responsibilities, routines, occupations imbued with meaning & culture & a sense of connectedness and belonging #OTalk @OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@anyadei @VikkiBarryOT Really interesting to consider our perceptions of others identities through their occupations #OTalk

**Robert Workman** @RobW_OT

2 days ago

@VikkiBarryOT #otalk I feel that my identity remains constant but my occupational identity changes eg. I used to identify as a student but now I identify as an OT. I used to identify as a clubber, now I identify as a runner. Often linked to life stages in my experience.

**Sarah Fletcher-Shaw** @sarahjoOT

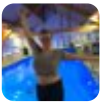
2 days ago

RT @louise_mcmann: @VikkiBarryOT The occupations that are central and core to who you are #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

And my awesome meal is here! #otalk <https://t.co/s39VMPhCla>

**Ellie Bamber** @EllietheOT

2 days ago

@VikkiBarryOT A mean meaningful occupational that becomes part of a persons identity #otalk

**Vikki Barry** @VikkiBarryOT

2 days ago

👏👏 #OTalk

**Anya de longh** @anyadei

2 days ago

@RobW_OT @VikkiBarryOT Important to remember that it isn't static for people - changes naturally and through illness... #OTalk

**karen geraghty** @kagz76

2 days ago

#OTalk it's how I introduce myself as a person and the title loved ones use (my mum mainly) it's a part of who I am fundamentally

**Vikki Barry** @VikkiBarryOT

2 days ago

@BillWongOT @anyadei @RobW_OT Really interesting to consider our perceptions of others identities through their occupations #OTalk



[@BillWongOT](#) [@sarahjoOT](#) [@RobW_OT](#) Really great point Bill [#OTalk](#)



CelinaOTstudent [@CelinaOTstudent](#)

2 days ago

[@VikkiBarryOT](#) [#otalk](#) Occupational identity is what i feel makes up 'me'... all the things i like or want or need to do.... work/parent/friend/family all combined with several smaller components 👍



Ros French [@RosFrench1](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) what is personal to me, what occupations have meaning, purpose set of values, beliefs or things to aspire to be my true self



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@chaniedavies](#) There's something really powerful about narrative I agree [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

What does occupational identity mean to you? [#OTalk](#)



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@VikkiBarryOT](#) A sense of who we are and what we want to become, developed through our history of lived experience, habits and interests during our lives [#OTalk](#)



Robert Workman [@RobW_OT](#)

2 days ago

[@sarahjoOT](#) [@VikkiBarryOT](#) [#OTalk](#) definitely. We change & adapt our occupations based on numerous factors over time.



Toks O [@TokunboTweetz](#)

2 days ago

[@VikkiBarryOT](#) That would be the dream but the reality is probably not... for fear of being judged, misunderstood to deviating from the norm. [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@SusanGriffiths5](#) Completely 👍 [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@CeeCeeOT](#) All part of what we do and who we are [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@VikkiBarryOT](#): [@CeeCeeOT](#) All part of what we do and who we are [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@kagz76](#) 'the title loved ones use' that is really interesting [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@MandyGrahamOT](#) [@otalk](#) Connectness and belonging are so powerful for people - this is something that's coming out so much in my research [#OTalk](#)

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@anyadei @RobW_OT @VikkiBarryOT Very important. And other changes in circumstance, life, environment too #OTalk

**Sherlyn** 🤔⭐ @sherlynmelody

2 days ago

@BillWongOT #otalk I'm not sure what occupational identity you are taking on now Mr Wong, but I'm jealous 😂

**Vikki Barry** @VikkiBarryOT

2 days ago

This is so interesting - do other people experience the same? #OTalk

**Benita Powrie** @benita_powrie

2 days ago

@RobW_OT @VikkiBarryOT #otalk I agree - also different aspects of my occupational identity are relevant in different contexts and times and are perhaps more latent at others

**Anya de longh** @anyadei

2 days ago

@sarahjoOT @VikkiBarryOT I think we own our own occupational identities, but like any identity, I think others views does influence the impact of that identity (+/-ve? stigma or support...?) #OTalk

**Mandy Graham** @MandyGrahamOT

2 days ago

@charfrenchOT @VikkiBarryOT What we want to become - our future selves - great point! 👍 #OTalk

**Bethany** 💙 @BethjmOT

2 days ago

@VikkiBarryOT #OTalk occupational identity to me, is what makes us who we are. Our values, meaningful occupations & goals. I also like a comment from @CelinaOTstudent about what we like/want/need to do.. to support our roles and routine 💚

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@sherlynmelody That will be my occupational identity as a foodie. I missed that part since COVID. 😊 #otalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Completely agree - completely dynamic in nature #OTalk

**Anya de longh** @anyadei

2 days ago

@BillWongOT @sarahjoOT @RobW_OT @VikkiBarryOT So same occupation, but with different meanings over time too? #OTalk

**Kadie Claire** @kadielaire_OT

2 days ago

@VikkiBarryOT Occupations which we participate in. The ability to participate in occupations helps create our identities. It's what we find meaningful, interesting and satisfying to do. Our roles and routines , all contribute to our occupational identity and life experiences. #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@TokunboTweetz @VikkiBarryOT So insightful- how others perceive and judge our occupations and occupational identity. #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

#OTalk

**Robert Workman** @RobW_OT

2 days ago

@anyadei @VikkiBarryOT #OTalk I agree but not just through illness. Any occupational disruption can lead to changes e.g. illness, ageing, having kids, new job, retirement etc

**Sam Pywell** @smileyfacehalo

2 days ago

@VikkiBarryOT Q1. The things you do (or don't do) that matter and make you you. Combined of course with place you do it, the time, the people you do it with, the way it makes you feel, the ways it makes you think, the reasons for doing it, and the meaning that then holds #otalk

**Benita Powrie** @benita_powrie

2 days ago

@sarahjoOT @anyadei @VikkiBarryOT Very interesting point - do we visit occupational identity on others through assumptions we make? #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Question 2: #Otalk <https://t.co/zaUqAXIfSr>



#OTalk @OTalk_

2 days ago

#OTalk Question 2

**Sherlyn** 🤔⭐ @sherlynmelody

2 days ago

@BillWongOT #otalk foodie or feeder lol - if i was there I'm sure you would deprive me of that good good chicken and FRIES 🍟😭 my fave food (fries) 😊

**Vikki Barry** @VikkiBarryOT

2 days ago

@benita_powrie @RobW_OT Context is so key #OTalk

**Sam Pywell** @smileyfacehalo

2 days ago

#OTalk hi everyone, only 20 mins late tonight!... <https://t.co/i8tuXzOlvs>

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@anyadei @BillWongOT @RobW_OT @VikkiBarryOT Very important point- how the same occupation can have a different occupational identity over time. #OTalk

**Charlotte French OT** @charfrenchOT

2 days ago

@MandyGrahamOT @VikkiBarryOT Our identity evolves so much throughout our lives..but the essence of what makes me "me" remains core through the occupations I find meaningful #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

@BethjmOT @CelinaOTstudent Lovely ideas here #Otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@anyadei @sarahjoOT @RobW_OT @VikkiBarryOT Could be- I read a lot of doraemon comics



growing up. But now if I come across them and read them, they have a reminiscence kind of effect.
#otalk



Vikki Barry @VikkiBarryOT

2 days ago

RT @kadielcraire_OT: @VikkiBarryOT Occupations which we participate in. The ability to participate in occupations helps create our identity...



Vikki Barry @VikkiBarryOT

2 days ago

RT @smileyfacehalo: @VikkiBarryOT Q1. The things you do (or don't do) that matter and make you you. Combined of course with place you do it...



Vikki Barry @VikkiBarryOT

2 days ago

RT @VikkiBarryOT: Question 2: #OTalk <https://t.co/zaUqAXIfSr>



Vikki Barry @VikkiBarryOT

2 days ago

RT @OTalk_: #OTalk Question 2



Vikki Barry @VikkiBarryOT

2 days ago

RT @sarahjoOT: @anyadei @BillWongOT @RobW_OT @VikkiBarryOT Very important point- how the same occupation can have a different occupational...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

@sherlynmelody I would just order large portion with your own portion of fries. #otalk



Sherlyn 🙄🌟 @sherlynmelody

2 days ago

@VikkiBarryOT #otalk yes i feel the same. Especially when working with clients/families/carers/paid carers etc, you take on different roles which is linked to your identity as an advocate/educator/enabler etc



Sam Pywell @smileyfacehalo

2 days ago

RT @OTalk_: #OTalk Question 2



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @charfrenchOT: @MandyGrahamOT @VikkiBarryOT Our identity evolves so much throughout our lives..but the essence of what makes me "me" rem...



Mandy Graham @MandyGrahamOT

2 days ago

@benita_powrie @RobW_OT @VikkiBarryOT A temporal aspect to identity perhaps too - time, space, place, context dependent I agree #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

So so true Charlotte #OTalk



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

Question 2: What has occupational identity meant to individuals or groups you have worked with?
"OT-"

#OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@MandyGrahamOT @benita_powrie @RobW_OT @VikkiBarryOT Really important! #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Temporality 👍👉👉 #OTalk

**Carolyn** @CeeCeeOT

2 days ago

A lot of people I work with have had loss of roles which affects how their occupational identity; often occupational alienation and deprivation too due to mental illness, contact with criminal justice or experiencing homelessness #OTalk

**Susan Griffiths** @SusanGriffiths5

2 days ago

@VikkiBarryOT I prefer to think of it as 'fine tuning' for both my identity and occupational identity rather than something that is static or changeable #OTalk

#HelloMyNamels **Sadie** @ot_sadie

2 days ago

RT @charfrenchOT: @VikkiBarryOT A sense of who we are and what we want to become, developed through our history of lived experience, habits...

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@charfrenchOT @MandyGrahamOT @VikkiBarryOT Another one I think of- when I was young, I had to write in my Chinese name often for school work. Now being able to write it out reminds me of my cultural identity. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @SusanGriffiths5: @VikkiBarryOT I prefer to think of it as 'fine tuning' for both my identity and occupational identity rather than some...

**Rachael (she/her)** 🏳️‍🌈 @RachaelD_OT

2 days ago

Evening all 🙌 Sorry I'm late 🙏 Gonna try & catch up... #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

This is so right Carolyn - this is the same in my research - something relates to occupational justice #OTalk

**Vikki Barry** @VikkiBarryOT

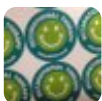
2 days ago

RT @SusanGriffiths5: @VikkiBarryOT I prefer to think of it as 'fine tuning' for both my identity and occupational identity rather than some...

**@UClanOT** @uclanot

2 days ago

RT @OTalk_: #OTalk Question 1.

**@UClanOT** @uclanot

2 days ago

RT @OTalk_: #OTalk Question 2



@UCLanOT [@uclanot](#)

2 days ago

RT [@OTalk_](#): Let us all say a big #OTalk welcome to [@sarahjoOT](#) and [@VikkiBarryOT](#) who will be hosting this evenings chat discussing 'Occupati...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

Cultural aspects of occupational identity- so important! #OTalk



Chantelle Martin [@chaniedavies](#)

2 days ago

[@VikkiBarryOT](#) #OTalk balancing demands of the need to, want to and have to do in spite of challenges to adapt in order to feel satisfaction in meaningful occupation. Often patients feel occupational loss in reality



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@CeeCeeOT](#): A lot of people I work with have had loss of roles which affects how their occupational identity; often occupational alienati...



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@sarahjoOT](#): Cultural aspects of occupational identity- so important! #OTalk



Anya de longh [@anyadei](#)

2 days ago

[@charfrenchOT](#) [@VikkiBarryOT](#) I like the cumulative nature in this definition! #OTalk (also accepting that my bad habits contribute as much as my fav. hobbies... 🤔!)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

[@VikkiBarryOT](#) If it's a collective occupation like mahjong, the context will be different if I am doing it with my family, or have to do it as demonstration to my kids (if I have them) so that they can learn their heritage. #otalk



#OTalk [@OTalk_](#)

2 days ago

[@RachaelD_OT](#) No apols required, it has been a busy one may take some time, or just jump in and the transcript will help catch up. #OTalk



Toks O [@TokunboTweetz](#)

2 days ago

[@VikkiBarryOT](#) Identifying it and being respected for who they are and their choices. This is particularly important for adolescents who are coming into their own, exploring who they are and finding what is meaningful and purposeful to them. #OTalk



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@sarahjoOT](#): Cultural aspects of occupational identity- so important! #OTalk



Vikki Barry [@VikkiBarryOT](#)

2 days ago

Absolutely and often this balance is hard - especially when opportunities are denied or not available #Otalk



Sherlyn 🌟 [@sherlynmelody](#)

2 days ago

[@smileyfacehalo](#) #otalk better late than never, i say 🙌

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@CeeCeeOT stigmatised occupational identities due to changes in roles and circumstances definitely #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @anyadei: @charfrenchOT @VikkiBarryOT I like the cumulative nature in this definition! #OTalk (also accepting that my bad habits contrib...

**Robert Workman** @RobW_OT

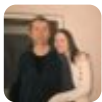
2 days ago

@VikkiBarryOT #OTalk This was so important when I used to lead reminiscence groups. Finding experiences that group members shared based on past occupations was essential to nurturing feelings of belonging & connection. That was the most powerful impact of the activity.

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @BillWongOT: @VikkiBarryOT If it's a collective occupation like mahjong, the context will be different if I am doing it with my family...

**Louise McMann** @louise_mcmann

2 days ago

Our organisation has gone through significant change over the last 2 years which I've found has led to a profound loss of occupational identity for the staff teams. Lack of clear direction and blurring of roles #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

👉👉👉 #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @louise_mcmann: Our organisation has gone through significant change over the last 2 years which I've found has led to a profound loss o...

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @RobW_OT: @VikkiBarryOT #OTalk This was so important when I used to lead reminiscence groups. Finding experiences that group members sha...

**Katie Moffat** @Katie_Moffat

2 days ago

@VikkiBarryOT Who I am, what makes me feel belonging, what makes me interested or excited, how I relate to others, how I express myself and how I understand myself. #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @sarahjoOT: @CeeCeeOT stigmatised occupational identities due to changes in roles and circumstances definitely #OTalk

**Charlotte French OT** @charfrenchOT

2 days ago

@OTalk_ Working with individuals in prison, their occupational identity is usually labelled by the crimes they commit for a very long time. Often this identity has been developed by adverse experiences, and getting to the the person apart from the crime is enriching #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago



RT [@anyadei](#): [@charfrenchOT](#) [@VikkiBarryOT](#) I like the cumulative nature in this definition! [#OTalk](#) (also accepting that my bad habits contrib...



Sarah Fletcher-Shaw [@sarahjoOT](#) 2 days ago
[@TokunboTweetz](#) [@VikkiBarryOT](#) Great points around identity development [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#) 2 days ago
 So true Robert [#OTalk](#)



Carolyn [@CeeCeeOT](#) 2 days ago
 RT [@sarahjoOT](#): [@CeeCeeOT](#) stigmatised occupational identities due to changes in roles and circumstances definitely [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#) 2 days ago
 RT [@Katie_Moffat](#): [@VikkiBarryOT](#) Who I am, what makes me feel belonging, what makes me interested or excited, how I relate to others, how I...



Ros French [@RosFrench1](#) 2 days ago
[@VikkiBarryOT](#) [#OTalk](#) In my experience it's difficult concept to explain and explore, meaningful occupations are varied but often response is I'm retired or focus is on what their profession was, and how occupational identity has changed



Charlotte French OT [@charfrenchOT](#) 2 days ago
[@anyadei](#) [@VikkiBarryOT](#) Agreed, it's those bad habits which add to our personal flare! [#OTalk](#)



Sherlyn 🧡⭐ [@sherlynmelody](#) 2 days ago
[@BillWongOT](#) [#otalk](#) just the response i would love to hear 😂



Sarah Fletcher-Shaw [@sarahjoOT](#) 2 days ago
[@anyadei](#) [@charfrenchOT](#) [@VikkiBarryOT](#) This is a great evolving definition!! [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#) 2 days ago
[@RobW_OT](#) [@VikkiBarryOT](#) Very true! [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#) 2 days ago
[@chaniedavies](#) [@VikkiBarryOT](#) When I play golf, my performance is constantly rubbish. Not easy to keep myself motivated when I am struggling a ton. I play for occasional moments of brilliance. [#otalk](#)



Vikki Barry [@VikkiBarryOT](#) 2 days ago
 Yes I recall this when I worked in forensics - this can also be said for my participants in my research too [#OTalk](#)



Melissa chieza [@melissa_chieza](#) 2 days ago
 RT [@TokunboTweetz](#): [@VikkiBarryOT](#) Identifying it and being respected for who they are and their



choices. This is particularly important for...



karen geraghty @kagz76

2 days ago

#OTalk the ppl/groups I've worked with their OI is really important to them in how the person relates to the wider world and society inc. how the person wishes to be addressed it can augment a sense of self in the words of Einstein it is better to be of use than successful.



Vikki Barry @VikkiBarryOT

2 days ago

Question 3 #OTalk <https://t.co/xJRytcwTFA>



#HelloMyNamels Sadie @ot_sadie

2 days ago

RT @RobW_OT: @VikkiBarryOT #OTalk This was so important when I used to lead reminiscence groups. Finding experiences that group members sha...



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

#OTalk



Vikki Barry @VikkiBarryOT

2 days ago

RT @RosFrench1: @VikkiBarryOT #OTalk In my experience it's difficult concept to explain and explore, meaningful occupations are varied but...



#OTalk @OTalk_

2 days ago

#OTalk



Carolyn @CeeCeeOT

2 days ago

RT @VikkiBarryOT: Question 3 #OTalk <https://t.co/xJRytcwTFA>



Vikki Barry @VikkiBarryOT

2 days ago

RT @sarahjoOT: #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

RT @VikkiBarryOT: Question 3 #OTalk <https://t.co/xJRytcwTFA>



Benita Powrie @benita_powrie

2 days ago

@sarahjoOT #OTalk leisure identities are really important to teenagers - developing their understandings of themselves through learning what they like and what they love - and what defines them. Going to see a band live - or a super-fan? Playing football or a footballer?



CelinaOTstudent @CelinaOTstudent

2 days ago

@sarahjoOT #OTalk For people I have worked with in MH settings its about belonging, feeling part of a community, having purpose(s) in life.



Vikki Barry @VikkiBarryOT

2 days ago

Gosh it's great to see it's so busy it's fantastic #OTalk

**Mandy Graham** @MandyGrahamOT

2 days ago



@VikkiBarryOT Often it's been an initial goal to explore Occ identity as some service users have struggled to identify what is meaningful to them. Sometimes identifying an interest is the start of that important conversation #OTalk

**Rachael (she/her)** @RachaelID_OT

2 days ago

@VikkiBarryOT For me, occupational identity refers to ones current sense of self & who they may wish to become, which is achieved through regular/repetitive occupational participation #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@RosFrench1 @VikkiBarryOT I agree- it is very complex and multi-faceted. Transition through life stages, illness, environmental changes have a huge impact on occupational identity don't they? #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @benita_powrie: @sarahjoOT #OTalk leisure identities are really important to teenagers - developing their understandings of themselves t...

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

RT @RosFrench1: @VikkiBarryOT #OTalk In my experience it's difficult concept to explain and explore, meaningful occupations are varied but...

**Charlotte French OT** @charfrenchOT

2 days ago

@VikkiBarryOT Yes, when working with these individuals over a period of time, you get to know what they require to develop occupational competence and move away from crime, based on what they crave or want as an individual #otalk

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @CelinaOTstudent: @sarahjoOT #OTalk For people i have worked with in MH settings its about belonging, feeling part of a community, havin...

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @RachaelID_OT: @VikkiBarryOT For me, occupational identity refers to ones current sense of self & who they may wish to become, which is a...



#OTalk @OTalk_

2 days ago

#OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@VikkiBarryOT Realizing that the public is not as aware about what we do for a living, that's why I took on organizing virtual TEDx events as a side gig so that I can help toot OT's horn loudly. 📣 #otalk

**Chantelle Martin** @chaniedavies

2 days ago

@VikkiBarryOT The core heart of what i do and enjoy talking to people about ❤️ #OTalk



ODEYEMI @francis_adawale

2 days ago



OPEYEMI [@francis_adewale](#)

RT [@RosFrench1](#): [@VikkiBarryOT](#) [#OTalk](#) In my experience it's difficult concept to explain and explore, meaningful occupations are varied but...



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@charfrenchOT](#): [@VikkiBarryOT](#) Yes, when working with these individuals over a period of time, you get to know what they require to develo...



OPEYEMI [@francis_adewale](#)

2 days ago

RT [@sarahjoOT](#): [@RosFrench1](#) [@VikkiBarryOT](#) I agree- it is very complex and multi-faceted. Transition through life stages, illness, environmen...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@MandyGrahamOT](#) [@VikkiBarryOT](#) How do you describe the terminology to service users Mandy? [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@sarahjoOT](#): [@RosFrench1](#) [@VikkiBarryOT](#) I agree- it is very complex and multi-faceted. Transition through life stages, illness, environmen...



Katie Moffat [@Katie_Moffat](#)

2 days ago

[@VikkiBarryOT](#) Working with young people in the past, occupation and being able to access and engage with occupation as an individual and as a group of peers has been so crucial to the identity of the young person, letting them explore, find passions, discover and rediscover interests. [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@chaniedavies](#): [@VikkiBarryOT](#) The core heart of what i do and enjoy talking to people about [#OTalk](#)



OPEYEMI [@francis_adewale](#)

2 days ago

I agree



Robert Workman [@RobW_OT](#)

2 days ago

[@sarahjoOT](#) [@CeeCeeOT](#) [#OTalk](#) I completed MSc thesis on activity in retirement transition & interested that papers identified 2 tier social structures in some retirement communities based on choice of occupation. Good v bad. Active v passive.



Rhiannon [@steedie1978](#)

2 days ago

[@charfrenchOT](#) [@OTalk](#) Their own perception of and thoughts around their identity can be a huge barrier for them but when the person who they are and their thoughts around their future identity shine through, it's so rewarding as a practitioner [#otalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@Katie_Moffat](#): [@VikkiBarryOT](#) Working with young people in the past, occupation and being able to access and engage with occupation as an...



Carolyn [@CeeCeeOT](#)

2 days ago

[@VikkiBarryOT](#) It's a great topic that's making us think! [#OTalk](#) I love an occupational focus.

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@SusanGriffiths5 @VikkiBarryOT @otalk This is a really important point, and a key area for us as OT's to support. #OTalk

**Toks O** @TokunboTweetz

2 days ago

@VikkiBarryOT Learning who my clients are through what they do and recognising choice when working in systems that don't. And adapting interventions to ensure the individual occupational identity is respected #OTalk

**Ros French** @RosFrench1

2 days ago

@sarahjoOT @VikkiBarryOT #OTalk absolutely! Also how we perceive and understand others occupational identity also needs to be considered

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

RT @TokunboTweetz: @VikkiBarryOT Learning who my clients are through what they do and recognising choice when working in systems that don't...

**OPEYEMI** @francis_adewale

2 days ago

RT @TokunboTweetz: @VikkiBarryOT Learning who my clients are through what they do and recognising choice when working in systems that don't...

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

#OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Me too 🙌🙌 #OTalk

**OPEYEMI** @francis_adewale

2 days ago

RT @BillWongOT: @VikkiBarryOT Realizing that the public is not as aware about what we do for a living, that's why I took on organizing virt...

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @TokunboTweetz: @VikkiBarryOT Learning who my clients are through what they do and recognising choice when working in systems that don't...

**Sherlyn** @sherlynmelody

2 days ago

@sarahjoOT #otalk i had a recent case of a lady who had been bed bound for a about 2yrs due to being palliative. I asked what her LT goal was She said to go Tescos - is that because she loved food/shopping/spending money/seeing lots of people. I didnt think about Occ ID @ the time.

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @RosFrench1: @sarahjoOT @VikkiBarryOT #OTalk absolutely! Also how we perceive and understand others occupational identity also needs to...

**Vikki Barry** @VikkiBarryOT

2 days ago

@RosFrench1 @sarahjoOT So there's a lot about perception? #OTalk



Rachael (she/her)  [@RachaelID_OT](#)

2 days ago

[@VikkiBarryOT](#) Many have struggled with the notion of having an occupational identity. They don't want to be placed into a box... but that's where explanation around Occupational identities being completely unique is key I feel [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@sherlynmelody](#): [@sarahjoOT](#) [#otalk](#) i had a recent case of a lady who had been bed bound for a about 2yrs due to being palliative. I asked...



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@smileyfacehalo](#) [@OTalk](#) Mmm yess..can we become shielded by what others view as our identity, adapted for various situations and protection. Suggesting our persona is moulded for circumstances perhaps? [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

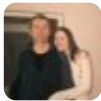
What a fantastic example thanks for sharing [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@sherlynmelody](#) How do you feel the concept fits in with this experience as an OT? [#OTalk](#)



Louise McMann [@louise_mcmann](#)

2 days ago

[@VikkiBarryOT](#) It supports me to educate other staff on true outcome focused support (I work for a social care company). To look at someone's occupational identity rather than the care they need [#OTalk](#)



Robert Workman [@RobW_OT](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) when being person centred it's so important to understand the meaning of the person's chosen activity to them. Not enough to just ask them what they like to do & then adapt it therapeutically.



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@RachaelID_OT](#): [@VikkiBarryOT](#) Many have struggled with the notion of having an occupational identity. They don't want to be placed into a...



Benita Powrie [@benita_powrie](#)

2 days ago

[@sarahjoOT](#) [#OTalk](#) for young people with disabilities, leisure identities show people who they are and what they are capable of, so ensuring they have access to different experiences is really important as an OT



Vikki Barry [@VikkiBarryOT](#)

2 days ago

This is something we really need to consider further I agree [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

Question 3 [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago



RT [@charfrenchOT](#): [@smileyfacehalo](#) [@OTalk](#) Mmm yess..can we become shielded by what others view as our identity, adapted for various situati...



Mandy Graham [@MandyGrahamOT](#)

2 days ago

[@sarahjoOT](#) [@VikkiBarryOT](#) Depends on the individual of course but sometimes “who is X?” “What’s important to X?” Etc I might give examples and say I identify with being a musician or a sister etc or I might ask them about a football shirt they are wearing etc [#OTalk](#)



#OTalk [@OTalk](#)
[#OTalk](#) Question 3

2 days ago



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@RobW_OT](#): [@VikkiBarryOT](#) [#OTalk](#) when being person centred it’s so important to understand the meaning of the person’s chosen activity to...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@MandyGrahamOT](#): [@sarahjoOT](#) [@VikkiBarryOT](#) Depends on the individual of course but sometimes “who is X?” “What’s important to X?” Etc I mi...



Rachael (she/her) [@RachaelID_OT](#)

2 days ago

[@VikkiBarryOT](#) For me, it’s front & centre of everything I do. It needs to be. It’s difficult to achieve person centered practice without acknowledging & reflecting on occupational identities [#OTalk](#)



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@steedie1978](#) [@OTalk](#) Agreed! Seeing themselves as the individual they aspire to be, and becoming through doing is amazing! [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@MandyGrahamOT](#): [@sarahjoOT](#) [@VikkiBarryOT](#) Depends on the individual of course but sometimes “who is X?” “What’s important to X?” Etc I mi...



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@RobW_OT](#): [@VikkiBarryOT](#) [#OTalk](#) when being person centred it’s so important to understand the meaning of the person’s chosen activity to...



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

[@VikkiBarryOT](#) When people ask the question “what would you do if you could go back in time and change something?” I always say “nothing, I wouldn’t be me then”. We are built from our experiences, roles, occupations, values, motivations. [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

RT [@MandyGrahamOT](#): [@sarahjoOT](#) [@VikkiBarryOT](#) Depends on the individual of course but sometimes “who is X?” “What’s important to X?” Etc I mi...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@RachaelID_OT](#) [@VikkiBarryOT](#) This is so important- thankyou Rachael [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago



Occupational identity right there 📌 [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@RachaelD_OT](#): [@VikkiBarryOT](#) For me, it's front & centre of everything I do. It needs to be. It's difficult to achieve person centered pr...



#OTalk [@OTalk](#)

2 days ago

[#OTalk](#) Question 3 How does occupational identity impact upon the work you do as an Occupational therapist?



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[#OTalk](#)



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

[@VikkiBarryOT](#) I work in acute mental health. Many people lose aspects of their identity with MH. As they recover they sometimes regain some of those. It is a joy to witness! [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

So our occupational identity is built on our past? [#OTalk](#)



Carolyn [@CeeCeeOT](#)

2 days ago

[@RachaelD_OT](#) [@VikkiBarryOT](#) Absolutely! Can't set client centred/driven goals without that [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@RachaelD_OT](#): [@VikkiBarryOT](#) For me, it's front & centre of everything I do. It needs to be. It's difficult to achieve person centered pr...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@charfrenchOT](#): [@steedie1978](#) [@OTalk](#) Agreed! Seeing themselves as the individual they aspire to be, and becoming through doing is amazing...



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

[@MandyGrahamOT](#) [@sarahjoOT](#) [@VikkiBarryOT](#) In the US, if I see patients wearing UCLA apparel, I would gulp. [#sportsrivalry](#) [#otalk](#) <https://t.co/8d8Eeo6R2e>



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@CeeCeeOT](#): [@RachaelD_OT](#) [@VikkiBarryOT](#) Absolutely! Can't set client centred/driven goals without that [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

Occupational identity and client-centred work! [#OTalk](#)



Sherlyn 🌟 [@sherlynmelody](#)

2 days ago

[@CeeCeeOT](#) [@VikkiBarryOT](#) [#otalk](#) yeah it really is making me think.

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

Some amazing chats here [#OTalk](#)**Ros French** [@RosFrench1](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) it's the way I want to work but aware of the limitations of the service I currently work in. Focus on what is important to someone and use collaborative practice to work together to occupational balance and their occupational identity rather than generalised assessments

**Anya de longh** [@anyadei](#)

2 days ago

RT [@RobW_OT](#): [@VikkiBarryOT](#) [#OTalk](#) when being person centred it's so important to understand the meaning of the person's chosen activity to...

**Bill Wong, OTD, OTR/L** [@BillWongOT](#)

2 days ago

RT [@RosFrench1](#): [@VikkiBarryOT](#) [#OTalk](#) it's the way I want to work but aware of the limitations of the service I currently work in. Focus on...

**#hellomynameisRebecca** [@RebeccaCus](#)

2 days ago

[@VikkiBarryOT](#) Our past, present, and future! Our memories and experiences, what we are doing or feeling now, our goals and aspirations. [#OTalk](#)

**CelinaOTstudent** [@CelinaOTstudent](#)

2 days ago

[@smileyfacehalo](#) [@charfrenchOT](#) [@OTalk](#) Could it go as far as saying we use some sort of camouflage as students whilst learning and being able to use this as a means of helping ourselves to feel more confident that we are in a learning phase still... something that ill battle soon 😊
[#OTalk](#)

**Charlotte French OT** [@charfrenchOT](#)

2 days ago

[@TokunboTweetz](#) [@VikkiBarryOT](#) [#OTalk](#)

**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@RebeccaCus](#) [@VikkiBarryOT](#) History and experience- and their influence on occupational identity [#OTalk](#)

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

We have to take into consideration what limits this then do you think? [#OTalk](#)

**karen geraghty** [@kagz76](#)

2 days ago

[#OTalk](#) it makes up part of the map of ppl s lived experience I try and be mindful of all the other important roles ie parent/sibling care giver I think there is a symbiotic element. As I know of some ppl who dislike their work.

**Bill Wong, OTD, OTR/L** [@BillWongOT](#)

2 days ago

RT [@kagz76](#): [#OTalk](#) it makes up part of the map of ppl s lived experience I try and be mindful of all the other important roles ie parent/si...

**Bill Wong, OTD, OTR/L** [@BillWongOT](#)

2 days ago



RT @sarahjoOT: @RebeccaCus @VikkiBarryOT History and experience- and their influence on occupational identity #OTalk



Vikki Barry @VikkiBarryOT

2 days ago



Katie Moffat @Katie_Moffat

2 days ago

@VikkiBarryOT Something that stuck out in my studies this year is the importance of context to occupational identity. Eg. walk in the woods with wildlife, natural surroundings is not equivalent to a walk in a busy city. "Walking" is present in both but sometimes only one is meaningful. #OTalk



Ros French @RosFrench1

2 days ago

@VikkiBarryOT @sarahjoOT #OTalk I certainly think we need to be aware of our own perceptions and bias of someone's occupational identity and their true occupational identity how they perceive themselves



Vikki Barry @VikkiBarryOT

2 days ago

Question 4 #Otalk <https://t.co/KnP1RPfhYf>



Rachael (she/her) @RachaelID_OT

2 days ago

@VikkiBarryOT I think it's also important to acknowledge that occupational identities change & we need to share that with those we work with - nothing stays the same #OTalk



Mandy Graham @MandyGrahamOT

2 days ago

@VikkiBarryOT Ensuring I delivered authentic occupations was key - true to sense of self & cultural needs - true to real life as possible and not just what we thought was meaningful #OTalk



Charlotte French OT @charfrenchOT

2 days ago

@VikkiBarryOT Professionally, developing my own occupational identity within the workplace in a setting where no OTs have tread before, has been essential to understand myself and for others - who I am, what I can offer through provision of therapy in prison #OTalk



Carolyn @CeeCeeOT

2 days ago

RT @VikkiBarryOT: Question 4 #Otalk <https://t.co/KnP1RPfhYf>



Anya de longh @anyadei

2 days ago

@Katie_Moffat @VikkiBarryOT Such an important observation Katie! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

@sarahjoOT @RebeccaCus @VikkiBarryOT Haha! True. I used to listen to old school Hong Kong style radio soap. My parents said that I am an old soul because of that occupational choice. #otalk <https://t.co/p8MNultVeL>



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

@CelinaOTstudent @smileyfacehalo @charfrenchOT @OTalk Interesting thoughts around the the transitional aspects of occupational identity, as opposed to the traditional ideas of fixed identity,

your current occupational identity is influencing your future one? [#OTalk](#)



#hellomynameisRebecca @RebeccaCus

2 days ago

[@VikkiBarryOT](#) I use MOHO. Much around motivations for different aspects of occ identity. Basics eg personal care are the foundations for rebuilding occupational identity. Then hobbies/roles/responsibilities. [#OTalk](#)



Vikki Barry @VikkiBarryOT

2 days ago

Context is so key Katie - this can change our OI too [#OTalk](#)



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

past, present and future- [#OTalk](#)



#OTalk @OTalk_
[#OTalk](#) Question 4

2 days ago



Vikki Barry @VikkiBarryOT

2 days ago

RT [@RosFrench1](#): [@VikkiBarryOT](#) [@sarahjoOT](#) [#OTalk](#) I certainly think we need to be aware of our own perceptions and bias of someone's occupati...



karen geraghty @kagz76

2 days ago

[#OTalk](#) I understand a person's paid work isn't necessarily how they would describe their OCC. Identity but I've worked with lots of lovely ppl who do.



Louise McMann @louise_mcmann

2 days ago

[@Katie_Moffat](#) [@VikkiBarryOT](#) I love this Katie! [#OTalk](#)



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

Wow time is flying! Our 4th question is now up!!! [#OTalk](#)



Robert Workman @RobW_OT

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) Continuity Theory of Ageing suggests so. People adapt activities or try new ones but usually with some connection & meaning to life course experience



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

[@sherlynmelody](#) And that is huge portion for an average person. I am 75% done right now. [#otalk](#)



Sherlyn 🤔🌟 @sherlynmelody

2 days ago

[@TokunboTweetz](#) [@VikkiBarryOT](#) [#otalk](#) yes, that right there. It is often ignored, especially where clients may have dementia and have forgotten what they like/we/family are confused because they dont like what they used to or doing the things theyve never done. Because the Occ ID is hidden within their minds.



Vikki Barry @VikkiBarryOT

2 days ago

OI's are so dynamic - do you think that makes it harder to explain? [#OTalk](#)

**Charlotte French OT** [@charfrenchOT](#)

2 days ago

[@CelinaOTstudent](#) [@smileyfacehalo](#) [@OTalk](#) I think so...we present ourselves of what we want to be..which over time becomes self-actualisation, through visualising/acting out our aspired occupational self maybe... 🤔 [#OTalk](#)

**Katie Moffat** [@Katie_Moffat](#)

2 days ago

[@RebeccaCus](#) [@VikkiBarryOT](#) I found using MOHO so useful on my recent placement! [#OTalk](#)

**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@Katie_Moffat](#) [@VikkiBarryOT](#) Context is a key factor isn't it? [#OTalk](#)

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@MandyGrahamOT](#): [@VikkiBarryOT](#) Ensuring I delivered authentic occupations was key - true to sense of self & cultural needs - true to real...

**Andrew Bateman** [@DrAndrewBateman](#)

2 days ago

RT [@OTalk](#): This evening [#OTalk](#) 8pm (UK) will discussing Occupational Identity with Sarah [@SarahjoOT](#) and Vikki [@VikkiBarryOT](#). Time to have...

**Toks O** [@TokunboTweetz](#)

2 days ago

[@VikkiBarryOT](#) I want to say that there is a greater element of choice in occupational identity. As in, choosing to engage in what has value to us and this resulting in what defines us? [#OTalk](#)

**Ros French** [@RosFrench1](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) absolutely there is a difference between reactive and proactive services and generic working and assessments. As an OT having a clear professional identity and support to focus on individual occupational identity

**Carolyn** [@CeeCeeOT](#)

2 days ago

This is huge! [#OTalk](#)

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

There's something really important about considering our own occupational identity [#OTalk](#)

**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@charfrenchOT](#) [@CelinaOTstudent](#) [@smileyfacehalo](#) [@OTalk](#) Aspirations created and fulfilled through occupations! [#OTalk](#)

**Bill Wong, OTD, OTR/L** [@BillWongOT](#)

2 days ago

RT [@TokunboTweetz](#): [@VikkiBarryOT](#) I want to say that there is a greater element of choice in occupational identity. As in, choosing to engag...

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@sarahjoOT](#): past, present and future- [#OTalk](#)

**Rachael (she/her)** [@RachaelD_OT](#)

2 days ago



[@VikkiBarryOT](#) Totally. Firstly you have to explain what it is & that whether we realise it or not, we all have one. Then add to that the notion of fluidity & that's where a lot of people seem to get lost [#OTalk](#)

**#OTalk** [@OTalk_](#)
[#OTalk](#)

2 days ago

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@sarahjoOT](#): Wow time is flying! Our 4th question is now up!!! [#OTalk](#)**#hellomynameisRebecca** [@RebeccaCus](#)

2 days ago

[@VikkiBarryOT](#) Was tempted to see what others put first but that's not in the spirit of the [#OTalk](#) 😂 They are intertwined, inseparable. Your identity is your perception of self, but that is based on what you do and what you value. Occ identity is what you do that fulfils your needs!

**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@sherlynmelody](#) [@TokunboTweetz](#) [@VikkiBarryOT](#) this is a real challenge for the client, family and OT alike. [#OTalk](#)

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@sherlynmelody](#): [@TokunboTweetz](#) [@VikkiBarryOT](#) [#otalk](#) yes, that right there. It is often ignored, especially where clients may have dement...

**Charlotte French OT** [@charfrenchOT](#)

2 days ago

[@sarahjoOT](#) [@CelinaOTstudent](#) [@smileyfacehalo](#) [@OTalk_](#) Absolutely! It's not until you have "done" or "created" something, where it becomes part of your identity [#OTalk](#)

**Bill Wong, OTD, OTR/L** [@BillWongOT](#)

2 days ago

[@TokunboTweetz](#) [@VikkiBarryOT](#) And I think the settings we choose to practice in eventually or at the present also says a lot about our occupational identities as occupational therapy practitioners. [#otalk](#)

**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@charfrenchOT](#): [@CelinaOTstudent](#) [@smileyfacehalo](#) [@OTalk_](#) I think so...we present ourselves of what we want to be..which over time becomes...

**#hellomynameisRebecca** [@RebeccaCus](#)

2 days ago

[@Katie_Moffat](#) [@VikkiBarryOT](#) Once you get your head around the diagrams it's fab! 😂 [#OTalk](#)

**Ros French** [@RosFrench1](#)

2 days ago

[@TokunboTweetz](#) [@VikkiBarryOT](#) [#OTalk](#) I like that, choice of what is meaningful occupation for that individual.

**Katie Moffat** [@Katie_Moffat](#)

2 days ago

[@sarahjoOT](#) [@CelinaOTstudent](#) [@smileyfacehalo](#) [@charfrenchOT](#) [@OTalk_](#) I've never specifically



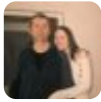
[@sarahjoOT](#) [@CelinaOTstudent](#) [@smileyfacehalo](#) [@charfrenchOT](#) [@OTalk](#) I've never specifically thought of it in this way- but considering it for myself, there are occupations I choose to engage with now, mainly in terms of self care, that I do for the benefit of my future self and probably future identity within that. [#OTalk](#)



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

RT [@VikkiBarryOT](#): Question 4 [#Otalk](#) <https://t.co/KnP1RPfhYf>



Louise McMann [@louise_mcmann](#)

2 days ago

[@VikkiBarryOT](#) I think identity is what we tend to display to others that we don't know well, occupational identity we tend to only share with those we are close to. [#OTalk](#)



Bill Wong, OTD, OTR/L [@BillWongOT](#)

2 days ago

[@MandyGrahamOT](#) [@sarahjoOT](#) [@VikkiBarryOT](#) Well- my OT alma mater has a lot to do with that part of my occupational identity. 😊 [#otalk](#)



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@CelinaOTstudent](#) [@sarahjoOT](#) [@smileyfacehalo](#) [@OTalk](#) Yes..what about traumatic events, illness or changes of circumstances..influencing the transition of our occupational identity [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@CelinaOTstudent](#) [@smileyfacehalo](#) [@charfrenchOT](#) [@OTalk](#) occupational identity transitions- fascinating area [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

Really interesting. What if people don't have the choice? [#OTalk](#)



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

RT [@VikkiBarryOT](#): Question 3 [#Otalk](#) <https://t.co/xJRytcwTFA>



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@RosFrench1](#): [@VikkiBarryOT](#) [#Otalk](#) absolutely there is a difference between reactive and proactive services and generic working and asses...



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

RT [@OTalk](#): [#OTalk](#) Question 2



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

RT [@VikkiBarryOT](#): Question 2: [#Otalk](#) <https://t.co/zaUqAXIfSr>



#hellomynameisRebecca [@RebeccaCus](#)

2 days ago

RT [@VikkiBarryOT](#): Question 1 [#OTalk](#) <https://t.co/BOB93nbjyl>



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@RebeccaCus](#): [@VikkiBarryOT](#) Was tempted to see what others put first but that's not in the



spirit of the #OTalk 🤔 They are intertwined,...



karen geraghty @kagz76

2 days ago

#OTalk could it be said the difference could intrinsic and extrinsic



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

@charfrenchOT @CelinaOTstudent @smileyfacehalo @OTalk_ Yes- when occupations we need to engage in through changes out of our control affect our occupational identity! #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

RT @Katie_Moffat: @sarahjoOT @CelinaOTstudent @smileyfacehalo @charfrenchOT @OTalk_ I've never specifically thought of it in this way- but...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

@MandyGrahamOT @sarahjoOT @VikkiBarryOT The only time I toss that aside is if I attend a TEDx event organized by UCLA. College rivalries don't exist in that space. #otalk <https://t.co/eC5X2yW5l>



Vikki Barry @VikkiBarryOT

2 days ago

How interesting #OTalk



Anya de longh @anyadei

2 days ago

@VikkiBarryOT Is our occupational identity more actively constructed and maleable - so can be changed? We perhaps might feel we have more control and ownership over our occupational identity? #OTalk



Mandy Graham @MandyGrahamOT

2 days ago

@VikkiBarryOT Great question - got me thinking a lot here! 👍 #OTalk



Toks O @TokunboTweetz

2 days ago

@VikkiBarryOT I work in a youth offending team.. so if you're right, I wonder what that says about me 🤔🙄🙄 thankfully there is a lot I feel I can relate to with my kids #OTalk



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

RT @CeeCeeOT: This is huge! #OTalk <https://t.co/Je82uErXtH>



Vikki Barry @VikkiBarryOT

2 days ago

@sarahjoOT @CelinaOTstudent @smileyfacehalo @charfrenchOT @OTalk_ Transitions all the time #OTalk



CelinaOTstudent @CelinaOTstudent

2 days ago

@charfrenchOT @smileyfacehalo @OTalk_ Yes absolutely! What we aspire to 'be' and do with our lives.... by sorta role playing untill we finally get there... fake it till you make it as they say 🤔🤔 #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

RT @anyadei: @VikkiBarryOT Is our occupational identity more actively constructed and maleable



RT @anyadei: @VikkiBarryOT is our occupational identity more actively constructed and malleable - so can be changed? We perhaps might feel w...



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

@TokunboTweets @VikkiBarryOT And also the impact when our choices are changed and restricted? #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

RT @MandyGrahamOT: @VikkiBarryOT Great question - got me thinking a lot here! 👍 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

And on a side note- the title of my first TEDx talk definitely was an example of me embracing my OT alma mater as part of my occupational identity. #otalk



Sherlyn 🤔⭐ @sherlynmelody

2 days ago

@sarahjoOT #otalk massively! I did not ask her why Tesco/why super market - not the park/coffee shop etc. I didnt look for further value i just wanted her to achieve HER goal. It was important to her so that's what I was going to make happen. But now I'm thinking WHY that goal?



Susan Griffiths @SusanGriffiths5

2 days ago

@VikkiBarryOT I think the more experienced you get (much nicer word than older 😂) the more fluid it becomes between identity and occupational identity as they both feed into each other #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

Gosh where has time gone? Final question #OTalk <https://t.co/0eawY2gFPL>



Charlotte French OT @charfrenchOT

2 days ago

@VikkiBarryOT I feel they are interconnected with identity being our characteristics and our occupational identity being what and how we do, based on our personality and life experience #OTalk



Anya de longh @anyadei

2 days ago

@louise_mcmann @VikkiBarryOT OTs in a privileged position, as people often share their occupational identity with their OT! #OTalk



Robert Workman @RobW_OT

2 days ago

@OTalk_ #OTalk I think that occupational identity is more closely linked to specific activities that I do that define me, rather than my identity which is related to other aspects of myself.



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @charfrenchOT: @sarahjoOT @CelinaOTstudent @smileyfacehalo @OTalk_ Absolutely! It's not until you have "done" or "created" something, wh...



#OTalk @OTalk_

2 days ago

#OTalk Question 5



Vikki Barrv @VikkiBarrvOT

2 days ago



@SusanGriffiths5 This is really interesting and I wonder how else it becomes fluid? [#OTalk](#)



Ros French @RosFrench1

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) this is a very challenging question not sure I have really considered what the key differences are but wonder if identity is external what we find easier to explain - show and occupational identity is our meaning and often kept more internalised?



Carolyn @CeeCeeOT

2 days ago

RT [@OTalk_](#): [#OTalk](#) Question 5 <https://t.co/ds4e8LojL4>



Vikki Barry @VikkiBarryOT

2 days ago

RT [@charfrenchOT](#): [@VikkiBarryOT](#) I feel they are interconnected with identity being our characteristics and our occupational identity being...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

[@charfrenchOT](#) [@sarahjoOT](#) [@CelinaOTstudent](#) [@smileyfacehalo](#) [@OTalk_](#) Haha- I think that explains why I am a TEDx event geek! I now attended 23 virtual TEDx events since COVID. [#otalk](#) <https://t.co/3YvUGQ59KB>



Katie Moffat @Katie_Moffat

2 days ago

[@VikkiBarryOT](#) They can be intertwined, but i think it's important to know how to separate them. From personal experience, it can be extremely challenging to retain the identity you have of yourself when you are no longer able to engage with the occupations which contributed to it. [#OTalk](#)



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

[@anyadei](#) [@VikkiBarryOT](#) This is so interesting.. there is definitely work that suggest some people may be labelled with stigmatised identities but they do not describe them as their own occupational identities. [#OTalk](#)



Vikki Barry @VikkiBarryOT

2 days ago

[@anyadei](#) [@louise_mcmann](#) They certainly are - we are so honoured to hear people's narratives [#OTalk](#)



Anya de longh @anyadei

2 days ago

[@VikkiBarryOT](#) Understand it in ourselves (self-awareness) first... lots of reflection? And models like MOHO where it is more explicit - I found MOHO-based occupational formulations on my last placement helped my understanding more... [#OTalk](#)



Vikki Barry @VikkiBarryOT

2 days ago

RT [@RobW_OT](#): [@OTalk_](#) [#OTalk](#) I think that occupational identity is more closely linked to specific activities that I do that define me, rat...



Vikki Barry @VikkiBarryOT

2 days ago

RT [@OTalk_](#): [#OTalk](#) Question 5

#hellomynameisRebecca @RebeccaCus

2 days ago



@chaniedavies @VikkiBarryOT I love this! We should all use narrative reasoning more in our practices. It's tempting to take the snapshot of their presentation and ignore the lifetime of experiences and values! **#OTalk** Meet where they are but recognise and value the whole



Alan White @OTAlanwhite

2 days ago

RT **@VikkiBarryOT**: Question 2: **#Otalk** <https://t.co/zaUqAXIfSr>



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

@VikkiBarryOT Engaging conversations and exchanging ideas with like minded souls. **#otalk** <https://t.co/RcwL4too7M>



Vikki Barry @VikkiBarryOT

2 days ago

RT **@RosFrench1**: **@VikkiBarryOT #OTalk** this is a very challenging question not sure I have really considered what the key differences are but...



Carolyn @CeeCeeOT

2 days ago

@OTalk Reflection, reflective practice, research, understanding the people we work with and their occupational needs? **#OTalk**



Louise McMann @louise_mcmann

2 days ago

@anyadei @VikkiBarryOT Yes, isn't it strange how an OT can spend 10 minutes with someone and find out more about them and what they value than other professionals who spend more time with them... I get a lot of questions from people about 'how do you know that?' **#OTalk**



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

@Katie_Moffat @VikkiBarryOT This is really interesting Katie **#OTalk**



Rachael (she/her) 🏳️ @RachaelID_OT

2 days ago

@VikkiBarryOT Identity, whilst it is open to change, is not necessarily as dynamic as occupational identity. I've heard identity being referred to as 'stable' before, perhaps suggesting that occupational identity is not **#OTalk**



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@RachaelID_OT**: **@VikkiBarryOT** Identity, whilst it is open to change, is not necessarily as dynamic as occupational identity. I've heard id...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@louise_mcmann**: **@anyadei @VikkiBarryOT** Yes, isn't it strange how an OT can spend 10 minutes with someone and find out more about them an...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@RebeccaCus**: **@chaniedavies @VikkiBarryOT** I love this! We should all use narrative reasoning more in our practices. It's tempting to take...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@anyadei**: **@VikkiBarryOT** Understand it in ourselves (self-awareness) first... lots of reflection? And models like MOHO where it is more e...

**Rhiannon @steedie1978**

2 days ago

[@VikkiBarryOT](#) The flip of this would be occupations that make up someone's Occ identity yet it may be unwanted, something done out of a sense of duty or a need yet without choice [#OTalk](#)

**Bill Wong, OTD, OTR/L @BillWongOT**

2 days ago

RT [@sarahjoOT](#): [@anyadei](#) [@VikkiBarryOT](#) This is so interesting.. there is definitely work that suggest some people may be labelled with stig...

**Sarah Fletcher-Shaw @sarahjoOT**

2 days ago

[#OTalk](#)**Vikki Barry @VikkiBarryOT**

2 days ago

There's so many links with narrative reasoning [#OTalk](#)

**Sherlyn 🤔🌟 @sherlynmelody**

2 days ago

[@RosFrench1](#) [@VikkiBarryOT](#) [@sarahjoOT](#) [#otalk](#) i trust the narrative. I believe my clients know what they want and always want to enable that. I suppose its easy when a person wants to do something that is classed as a norm, like sitting in a chair(hoisting)/wanting to go in the garden (ramping)

**Kadie Claire @kadielaire_OT**

2 days ago

[@VikkiBarryOT](#) Self identity is broad, it's based off your perception of responsibilities and every day living. Occupational identify is more specific, but occupations are all connected to history / culture / economics etc which are meaningful to you .. This q really got me thinking😂 [#OTalk](#)

**Vikki Barry @VikkiBarryOT**

2 days ago

RT [@louise_mcmann](#): [@anyadei](#) [@VikkiBarryOT](#) Yes, isn't it strange how an OT can spend 10 minutes with someone and find out more about them an...

**Toks O @TokunboTweetz**

2 days ago

[@VikkiBarryOT](#) Good question! My experience is that we naturally and creatively express what is meaningful to us as our identity. And in others, I think it can result in conforming to what is observed in the environment [#OTalk](#)

**Sarah Fletcher-Shaw @sarahjoOT**

2 days ago

[@anyadei](#) [@louise_mcmann](#) [@VikkiBarryOT](#) Very much so! [#OTalk](#)

**Ros French @RosFrench1**

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) taking time to reflect on our own values and belief and understanding of the concept of occupational identity and how to explain to others - showing value and uniqueness of OT

**Sarah Fletcher-Shaw @sarahjoOT**

2 days ago

RT [@louise_mcmann](#): [@anyadei](#) [@VikkiBarryOT](#) Yes, isn't it strange how an OT can spend 10 minutes with someone and find out more about them an...

**Bill Wong, OTD, OTR/L @BillWongOT**

2 days ago



@charfrenchOT @sarahjoOT @CelinaOTstudent @smileyfacehalo @OTalk_ Well- I also mix a bit of OT skills and knowledge with that. #otalk <https://t.co/dDe2d8FukC>



Mandy Graham @MandyGrahamOT

2 days ago

@VikkiBarryOT With OT students - developing their own occupational profile and lots of reflection on themselves as occupational beings and what contexts have shaped that is helpful in the early days training #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

So there's something about the dynamic nature of occupational identity? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@RosFrench1: @VikkiBarryOT #OTalk** taking time to reflect on our own values and belief and understanding of the concept of occupational i...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@TokunboTweetz: @VikkiBarryOT** Good question! My experience is that we naturally and creatively express what is meaningful to us as our i...



Vikki Barry @VikkiBarryOT

2 days ago

@steedie1978 Exactly #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT **@kadielaire_OT: @VikkiBarryOT** Self identity is broad, it's based off your perception of responsibilities and every day living. Occupati...



#HelloMyNamels Sadie @ot_sadie

2 days ago

@OTalk_ #OTalk I would say occupational identity becomes about engagement, why it's important to the person and/or the relationship with those identities.



Sherlyn 🤔⭐ @sherlynmelody

2 days ago

@RachaelD_OT @VikkiBarryOT #otalk if i am honest i dont think i have ever heard/used the term Occupational Identity, but from all the answers to question 1. I'm finding it hard to fit in a box. I feel like I've been split into a million boxes 😭



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

@RosFrench1 @VikkiBarryOT Self- developed as opposed to a given label? #OTalk



Selina B. ~☆ @Lina_Woy

2 days ago

RT **@louise_mcmann: @anyadei @VikkiBarryOT** Yes, isn't it strange how an OT can spend 10 minutes with someone and find out more about them an...



#hellomynameisRebecca @RebeccaCus

2 days ago

@SusanGriffiths5 @VikkiBarryOT @otalk Yes! The sense of being "other" because of your special interest or knowledge (meaningful occupation) will cause a disconnect between the true occupational identity and the mask. Very confusing and distressing for young minds. #OTalk

**Tokunbo Iweez** @TokunboIweez

2 days ago

@VikkiBarryOT By exploring the meaning behind occupational identities of those that are considerably different from ourselves. I honestly learn so much from my YPs... and also gain some brilliant new interests as a bonus #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Really interesting Kadie I'm glad it's got people thinking #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @TokunboTweez: @VikkiBarryOT Good question! My experience is that we naturally and creatively express what is meaningful to us as our i...

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @RosFrench1: @VikkiBarryOT #OTalk taking time to reflect on our own values and belief and understanding of the concept of occupational i...

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@VikkiBarryOT And as an occupational therapy practitioner, I hope to resume traveling abroad to OT conferences again. I want to continue to learn more about how OT and OS are in different parts of the world. #otalk <https://t.co/HkFwD9a5ZB>

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

Occupational identity- connected to history, culture, economics 👍 - questions to get you thinking #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @MandyGrahamOT: @VikkiBarryOT With OT students - developing their own occupational profile and lots of reflection on themselves as occup...

**Charlotte French OT** @charfrenchOT

2 days ago

@anyadei @VikkiBarryOT I would agree MOHO Occupational formulation has helped me to explore what is the person now, what led them to become that person and where are they going? And then from this is guides my therapy interventions #OTalk

**Rhiannon** @steedie1978

2 days ago

@Katie_Moffat @VikkiBarryOT Absolutely agree! And acceptance and ability to adapt can heavily impact upon mental health but knowing how to untangle the aspects that are so deeply rooted together can be really challenging #otalk

**Sherlyn** 🌟 @sherlynmelody

2 days ago

@VikkiBarryOT #otalk when her daughter sent me the video of her being wheeled out. I cried because i felt that she had been written off and it was such a simple ask. Something people take for granted. It was the best feeling. My heart fully swelled!!

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@VikkiBarryOT @SusanGriffiths5 And how changes beyond our control may give us a new identity- does that also transpire as an occupational identity? #OTalk

**Rachael (she/her)** 🌈 @RachaelD_OT

2 days ago



@VikkiBarryOT I view occupational identity as being very dynamic & thus so hard to define or give examples of. Just when you think you've cracked it, it changes again. It's important to recognise that [#OTalk](#)



Vikki Barry @VikkiBarryOT

2 days ago

I don't think you are alone in your thinking here [#OTalk](#)



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT [@charfrenchOT](#): [@anyadei](#) [@VikkiBarryOT](#) I would agree MOHO Occupational formulation has helped me to explore what is the person now, what...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT [@sarahjoOT](#): Occupational identity- connected to history, culture, economics 👍 - questions to get you thinking [#OTalk](#)



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

Eek- final few minutes!! [#OTalk](#)



Vikki Barry @VikkiBarryOT

2 days ago

RT [@TokunboTweetz](#): [@VikkiBarryOT](#) By exploring the meaning behind occupational identities of those that are considerably different from ours...



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

[@MandyGrahamOT](#) [@VikkiBarryOT](#) Definitely! [#Otalk](#)



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

RT [@BillWongOT](#): [@VikkiBarryOT](#) And as an occupational therapy practitioner, I hope to resume traveling abroad to OT conferences again. I wan...



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

RT [@MandyGrahamOT](#): [@VikkiBarryOT](#) With OT students - developing their own occupational profile and lots of reflection on themselves as occup...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

[@sarahjoOT](#) Yes- and we need history geeks to continue to preserve and build on ours! [#otalk](#)
<https://t.co/qn2vBZwdK1>



Carolyn @CeeCeeOT

2 days ago

[@sarahjoOT](#) Is it me or has this time gone by very quickly tonight? [#OTalk](#)



Vikki Barry @VikkiBarryOT

2 days ago

RT [@charfrenchOT](#): [@anyadei](#) [@VikkiBarryOT](#) I would agree MOHO Occupational formulation has helped me to explore what is the person now, what...



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

Yes!! [#OTalk](#)



Kadie Claire @kadielaide_OT

2 days ago

RT @MandyGrahamOT: @VikkiBarryOT With OT students - developing their own occupational profile and lots of reflection on themselves as occup...



Vikki Barry @VikkiBarryOT

2 days ago

RT @RachaelD_OT: @VikkiBarryOT I view occupational identity as being very dynamic & thus so hard to define or give examples of. Just when y...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @steedie1978: @Katie_Moffat @VikkiBarryOT Absolutely agree! And acceptance and ability to adapt can heavily impact upon mental health bu...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @TokunboTweetz: @VikkiBarryOT By exploring the meaning behind occupational identities of those that are considerably different from ours...



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @VikkiBarryOT: So there's something about the dynamic nature of occupational identity? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @MandyGrahamOT: @VikkiBarryOT With OT students - developing their own occupational profile and lots of reflection on themselves as occup...



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

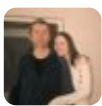
This is so important.. #reflection #learning #understanding #OTalk



Vikki Barry @VikkiBarryOT

2 days ago

How fast has that gone????? 🤔 #OTalk



Louise McMann @louise_mcmann

2 days ago

@VikkiBarryOT From our service users/clients, through reflective practice and engagement with like minded colleagues. #OTalk



Ros French @RosFrench1

2 days ago

@CeeCeeOT @sarahjoOT #OTalk not just you tonight have flown by!



#hellomynameisRebecca @RebeccaCus

2 days ago

@VikkiBarryOT Self reflection to understand what our own occupational identity is. Safe practising with colleagues and mentors on how to use narrative reasoning/appropriately probing Qs. Start with "easy" situations; client has good insight, rapport, communication. Progress further! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @louise_mcmann: @VikkiBarryOT From our service users/clients, through reflective practice and engagement with like minded colleagues. #O...

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@VikkiBarryOT Very fast- running over just like our lectures!! #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

Gone way too fast 🐼 #OTalk

**Charlotte French OT** @charfrenchOT

2 days ago

@VikkiBarryOT If choice/access is lacking, our natural resilience and creativity comes through...I had witnessed so many of my service users engage in occupations which are strong to their identity fidelity in an alternative way - model making with bread for example! #OTalk

**Carolyn** @CeeCeeOT

2 days ago

RT @TokunboTweetz: @VikkiBarryOT By exploring the meaning behind occupational identities of those that are considerably different from ours...

**#OTalk** @OTalk_

2 days ago

#OTalk – 15th June 2021 – Sensory Approaches: OT in Prisons <https://t.co/bZt02fEbbh>

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @charfrenchOT: @VikkiBarryOT If choice/access is lacking, our natural resilience and creativity comes through...I had witnessed so many...

**Rhiannon** @steedie1978

2 days ago

@ot_sadie @OTalk_ Yes to this! we perform occupations but it's the engaging in and motivations that come with that which contributes to occupational identity and maybe that affects whether a person would think of that occupation being part of their OI / Identity? #otalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@CeeCeeOT They say time flies when you are having fun? 😊 #OTalk

👩🏻 **Rachel** @RachelOTstudent

2 days ago

@VikkiBarryOT #OTalk I forgot 🧐

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @charfrenchOT: @VikkiBarryOT If choice/access is lacking, our natural resilience and creativity comes through...I had witnessed so many...

**Carolyn** @CeeCeeOT

2 days ago

RT @OTalk_: #OTalk – 15th June 2021 – Sensory Approaches: OT in Prisons <https://t.co/bZt02fEbbh>

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

RT @steedie1978: @ot_sadie @OTalk_ Yes to this! we perform occupations but it's the engaging in and motivations that come with that which c...

**Robert Workman** @RobW OT

2 days ago



Robert Workman @RobertWorkman
@SwanBay_MH_OT @ot_roberts



Vikki Barry @VikkiBarryOT
Another fab topic #OTalk

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

@sarahjoOT @VikkiBarryOT And I told my students today that they are at week 9 of 14 with me already! #otalk <https://t.co/xMGHvaeFQm>



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @RebeccaCus: @VikkiBarryOT Self reflection to understand what our own occupational identity is. Safe practising with colleagues and ment...



Carolyn @CeeCeeOT

2 days ago

@sarahjoOT Ha! It surely does :) #OTalk



Sherlyn 🌟 @sherlynmelody

2 days ago

@VikkiBarryOT #otalk this is about person centred care/goal setting/positive risk taking/promoting independence/enabling people to fulfil their ID and or Occ ID.



Katie Moffat @Katie_Moffat

2 days ago

@VikkiBarryOT Lots of self reflection, developing emotional intelligence, being willing to have deep exploratory discussion with ourselves and others- getting over the polite small talk phase and really delving into meaningful conversation that can aid us in unpicking ourselves. #OTalk



CelinaOTstudent @CelinaOTstudent

2 days ago

@MandyGrahamOT @VikkiBarryOT #OTalk I like that idea



#OTalk @OTalk_

2 days ago

Wowzer, thats the official #OTalk hour up! Thanks you to @sarahjoOT and @VikkiBarryOT for hosting this evening. Thanks you to all who joined us for such a lively discussion.



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

@charfrenchOT @VikkiBarryOT This is so interesting.. there could be some great research done here Charlotte! #Otalk



Sarah Fletcher-Shaw @sarahjoOT

2 days ago

RT @charfrenchOT: @VikkiBarryOT If choice/access is lacking, our natural resilience and creativity comes through...I had witnessed so many...



Carolyn @CeeCeeOT

2 days ago

I was meant to be lurking tonight, lol #OTalk



Toks O @TokunboTweetz

2 days ago

@OTalk_ Oh boy! I try to space out when I can make these, but I can't miss this one!! Very excited



[@charfrenchOT](#) [@Charlee_W](#) [#JusticeBasedOT](#) [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@RebeccaCus](#): [@VikkiBarryOT](#) Self reflection to understand what our own occupational identity is. Safe practising with colleagues and ment...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@louise_mcmann](#): [@VikkiBarryOT](#) From our service users/clients, through reflective practice and engagement with like minded colleagues. [#O...](#)



Charlotte French OT [@charfrenchOT](#)

2 days ago

Whilst I am here..could I plug next week's [#OTalk](#) hosted by myself and [@Charlee_W](#) about sensory approaches in prisons (and all restrictive environments) A range of expertise and experience very welcome for learning and sharing!!



Ros French [@RosFrench1](#)

2 days ago

[@OTalk_](#) [@sarahjoOT](#) [@VikkiBarryOT](#) [#OTalk](#) thank you really interesting discussions tonight great topic



Carolyn [@CeeCeeOT](#)

2 days ago

[@OTalk_](#) [@sarahjoOT](#) [@VikkiBarryOT](#) Yes thank you! Really enjoyed this evening's [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@BillWongOT](#): [@sarahjoOT](#) Yes- and we need history geeks to continue to preserve and build on ours! [#otalk](#) <https://t.co/qn2vBZwdK1>



Susan Griffiths [@SusanGriffiths5](#)

2 days ago

[@OTalk_](#) Now this is up my street. Looking forward to this one [#OTalk](#)



Carolyn [@CeeCeeOT](#)

2 days ago

RT [@charfrenchOT](#): Whilst I am here..could I plug next week's [#OTalk](#) hosted by myself and [@Charlee_W](#) about sensory approaches in prisons (an...



#OTalk [@OTalk_](#)

2 days ago

Plug away! [#OTalk](#)



Carolyn [@CeeCeeOT](#)

2 days ago

[@charfrenchOT](#) [@Charlee_W](#) Looking forward to this, I'd love to know more! [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@CeeCeeOT](#) [@OTalk_](#) [@VikkiBarryOT](#) Thankyou soooo much for your fantastic engagement [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

Massive thank you to everyone who has joined us tonight - some fantastic discussions - it's been an absolute pleasure [@sarahjoOT](#) [#Otalk](#) <https://t.co/Eq2oZBKN0N>

**Robert Workman** [@RobW_OT](#)

2 days ago

[@OTalk](#) [@sarahjoOT](#) [@VikkiBarryOT](#) [#OTalk](#) enjoyed that! Thank you / Diolch yn fawr 👍**Rhiannon** [@steedie1978](#)

2 days ago

[@OTalk](#) [@sarahjoOT](#) [@VikkiBarryOT](#) Thanks, this was a really interesting [#otalk](#)**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@RosFrench1](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou so much for your fantastic engagement [#OTalk](#)**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@OTalk](#): Wowzer, thats the official [#OTalk](#) hour up! Thanks you to [@sarahjoOT](#) and [@VikkiBarryOT](#) for hosting this evening. Thanks you...**Louise McMann** [@louise_mcmann](#)

2 days ago

[@CeeCeeOT](#) Me too... Got so caught up in the conversation I haven't put my phone down! [#OTalk](#)**Charlotte French OT** [@charfrenchOT](#)

2 days ago

[@OTalk](#) Thank you! [#OTalk](#) <https://t.co/twl6brQg6L>**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@steedie1978](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou so much for joining us! [#OTalk](#)**Kadie Claire** [@kadieclaire_OT](#)

2 days ago

[@MandyGrahamOT](#) [@VikkiBarryOT](#) For my own occupational identity, reflection has been incredibly important for my learning experiences, and for my own self awareness too. It really has helped in my own consolidation. When I first started my training, I had never reflected as in-depth as I do now. [#OTalk](#)**Rhiannon** [@steedie1978](#)

2 days ago

[@charfrenchOT](#) [@Charlee_W](#) Looking forward to it! [#otalk](#)**Sarah Fletcher-Shaw** [@sarahjoOT](#)

2 days ago

[@RobW_OT](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou so much for joining us! [#Otalk](#)**Benita Powrie** [@benita_powrie](#)

2 days ago

[@CeeCeeOT](#) [@OTalk](#) [@sarahjoOT](#) [@VikkiBarryOT](#) Me too! Thanks [@VikkiBarryOT](#) [@sarahjoOT](#) for a very thought provoking [#OTalk](#)**Vikki Barry** [@VikkiBarryOT](#)

2 days ago

RT [@sarahjoOT](#): [@CeeCeeOT](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou soooo much for your fantastic engagement [#OTalk](#)

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @sarahjoOT: @RosFrench1 @OTalk_ @VikkiBarryOT Thankyou so much for your fantastic engagement #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

The importance of reflection #OTalk

**Susan Griffiths** @SusanGriffiths5

2 days ago

@CeeCeeOT Me too! I went in thinking I don't anything about occupational identity so I will just lurk #OTalk

**Louise McMann** @louise_mcmann

2 days ago

@OTalk_ @sarahjoOT @VikkiBarryOT Thank you! This has been great. #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

RT @benita_powrie: @CeeCeeOT @OTalk_ @sarahjoOT @VikkiBarryOT Me too! Thanks @VikkiBarryOT @sarahjoOT for a very thought provoking #OTalk

**Carolyn** @CeeCeeOT

2 days ago

@SusanGriffiths5 Same here! #OTalk

**Vikki Barry** @VikkiBarryOT

2 days ago

@SusanGriffiths5 @CeeCeeOT Thanks so much for joining us #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

A huge thankyou to @OTalk_ for letting us host tonight's chat on 'Occupational identity' and a huge thanks to everyone for your brilliant engagement- so much to think about! @VikkiBarryOT #OTalk

**Sherlyn** 🤔🌟 @sherlynmelody

2 days ago

@VikkiBarryOT #Otalk i need to catch up with the abundance of tweets I have missed. I will read some articles too. This is very interesting & i love that I have a case that has sprung to mind instantly. Im often prescribing equipment & feel i miss out on goal setting with my clients at times

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@sherlynmelody @VikkiBarryOT Thankyou so much for joining us! #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@CeeCeeOT @SusanGriffiths5 so glad you both joined us! 😊 #Otalk

**Vikki Barry** @VikkiBarryOT

2 days ago

@sherlynmelody I'm thrilled you have enjoyed it #otalk

**Jessika Lack** @JessikaLack_OT

2 days ago

RT @OTalk_: #OTalk – 15th June 2021 – Sensory Approaches: OT in Prisons



<https://t.co/bZt02fEbbh>



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@TokunboTweets](#) [@OTalk](#) [@Charlee_W](#) Empty your schedule Toks! We need your amazing contribution! [#OTalk](#)



Sherlyn 🌟 [@sherlynmelody](#)

2 days ago

[@sarahjoOT](#) [@OTalk](#) [@VikkiBarryOT](#) [#otalk](#) this was very good for my reflection and how i can make my practice better for my clients. Thank you for the talk. So much to talk about 😊



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@sarahjoOT](#): A huge thankyou to [@OTalk](#) for letting us host tonight's chat on 'Occupational identity' and a huge thanks to everyone for...



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@SusanGriffiths5](#) [@OTalk](#) Yessss!! Please join! [#OTalk](#)



Sue Parkinson [@MOHOspark](#)

2 days ago

RT [@VikkiBarryOT](#): Gosh where has time gone? Final question [#Otalk](#) <https://t.co/0eawY2gFPL>



Sue Parkinson [@MOHOspark](#)

2 days ago

RT [@anyadei](#): [@VikkiBarryOT](#) Understand it in ourselves (self-awareness) first... lots of reflection? And models like MOHO where it is more e...



Chantelle Martin [@chaniedavies](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) tweets not long enough for all my thoughts. Identity usually of a criteria e.g work role, demographic, sexuality ie catagories first....occupational identity is these and more of what we do to make us us????



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@benita_powrie](#): [@CeeCeeOT](#) [@OTalk](#) [@sarahjoOT](#) [@VikkiBarryOT](#) Me too! Thanks [@VikkiBarryOT](#) [@sarahjoOT](#) for a very thought provoking [#OTalk](#)



Sue Parkinson [@MOHOspark](#)

2 days ago

RT [@charfrenchOT](#): [@anyadei](#) [@VikkiBarryOT](#) I would agree MOHO Occupational formulation has helped me to explore what is the person now, what...



CelinaOTstudent [@CelinaOTstudent](#)

2 days ago

[@OTalk](#) I believe occupational identity is more about the meaning behind it and what it contributes to you as a person, usually more positive... whereas identify is much more simplistic and include possibly more the things we need/have to do but some may disagree with me on that [#OTalk](#)



Kadie Claire [@kadieclaire_OT](#)

2 days ago

[@OTalk](#) [@sarahjoOT](#) [@VikkiBarryOT](#) Thank you! I've enjoyed tonight's [#OTalk](#) ! Lots of interesting conversations



Madeline Warwick OT [@MadelineWarwick](#)

2 days ago



[@charfrenchOT](#) [@anyadei](#) [@VikkiBarryOT](#) [#OTalk](#) I remember having to use an OCAIRS on myself and an older friend to help learn and reflect and it was so useful with helping understand occupational identity and how it develops and changes through our lifetime



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@louise_mcmann](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou so much! [#OTalk](#)



Sue Parkinson [@MOHOspark](#)

2 days ago

RT [@Katie_Moffat](#): [@RebeccaCus](#) [@VikkiBarryOT](#) I found using MOHO so useful on my recent placement! [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

Certainly not long enough [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

RT [@CelinaOTstudent](#): [@OTalk](#) I believe occupational identity is more about the meaning behind it and what it contributes to you as a person...



Sue Parkinson [@MOHOspark](#)

2 days ago

RT [@RebeccaCus](#): [@VikkiBarryOT](#) I use MOHO. Much around motivations for different aspects of occ identity. Basics eg personal care are the fo...



Vikki Barry [@VikkiBarryOT](#)

2 days ago

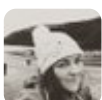
Thanks so much for joining us [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@MadelineWarwick](#) [@charfrenchOT](#) [@anyadei](#) [@VikkiBarryOT](#) This is really interesting [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

RT [@chaniedavies](#): [@VikkiBarryOT](#) [#OTalk](#) tweets not long enough for all my thoughts. Identity usually of a criteria e.g work role, demographi...



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

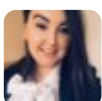
Thankyou so much for joining us! [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

Thank you so much [@OTalk](#) we have thoroughly enjoyed ourselves. Thanks to [@Helen_OTUK](#) for the support [#OTalk](#) <https://t.co/EfvHG7Fhui>



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@VikkiBarryOT](#) Learning about a persons sensory needs and preferences, which enables or inhibits occupational participation, and how these needs are part of their occupational identity [#OTalk](#)



Sarah Fletcher-Shaw [@sarahjoOT](#)

2 days ago

[@charfrenchOT](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou so much [#OTalk](#)



[@Sherlynmelody](#) [@OTalk](#) [@VikkiBarryOT](#) Thankyou so much [#OTalk](#)



Katie Moffat [@Katie_Moffat](#)

2 days ago

[@OTalk](#) [@VikkiBarryOT](#) [@sarahjoOT](#) Thank you for hosting! I wasn't even planning on joining but I got reeled in! One of the reasons I love [#OTalk](#) !



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@TokunboTweetz](#) [@OTalk](#) [@Charlee_W](#) We are using the discussion to learn from others more like haha! [#OTalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@charfrenchOT](#) Links do well [#Otalk](#)



Vikki Barry [@VikkiBarryOT](#)

2 days ago

[@Katie_Moffat](#) [@OTalk](#) [@sarahjoOT](#) Couldn't agree more [#otalk](#)



CelinaOTstudent [@CelinaOTstudent](#)

2 days ago

[@charfrenchOT](#) [@sarahjoOT](#) [@smileyfacehalo](#) [@OTalk](#) [#OTalk](#) This was something I was worried about in Jan as had cancer in one of my thyroids so had surgery to remove it... whilst my mind was thinking will this affect me being an OT in the future? will it affect me passing my degree and so forth and puts things into perspective 😊



Sherlyn 🤔⭐ [@sherlynmelody](#)

2 days ago

[@OTalk](#) [#otalk](#) think i might Lurk for this one - [@KwakuOT](#) this could use your input I'm sure?? Maybe??



Charlotte French OT [@charfrenchOT](#)

2 days ago

[@CelinaOTstudent](#) [@sarahjoOT](#) [@smileyfacehalo](#) [@OTalk](#) I'm sorry to hear you have gone through a difficult time, but yea definitely puts our identity into perspective and how we are adaptable.. [#OTalk](#)



Helen OTUK [@Helen_OTUK](#)

2 days ago

[@VikkiBarryOT](#) [@OTalk](#) Was a pleasure, great chat! [#OTalk](#)



Carolyn [@CeeCeeOT](#)

2 days ago

[@sherlynmelody](#) [@OTalk](#) [@KwakuOT](#) I was thinking of him too! Plus [@butterflylilly9](#) and [@NormaMai_OT](#) for inpatient sensory input [#OTalk](#)



Sherlyn 🤔⭐ [@sherlynmelody](#)

2 days ago

[@CelinaOTstudent](#) [@charfrenchOT](#) [@sarahjoOT](#) [@smileyfacehalo](#) [@OTalk](#) [#Otalk](#) hope you are ok Celina 💕



Chantelle Martin [@chaniedavies](#)

2 days ago

[@VikkiBarryOT](#) [#OTalk](#) another vote for occupational formulations but also occupational assessment questions ie peo to explore the meaning for each individual, analyse before jumping to solutions

**Sherlyn** 🌟 @sherlynmelody

2 days ago

@VikkiBarryOT @OTalk_ @Helen_OTUK #Otalk same here - great talk 👍

**Lara Slater** @lara_slater

2 days ago

@VikkiBarryOT Often we only realise how something impacts our Occ identity until an experience happens e.g working with a complex patient, or your child achieves something! Reflecting & learning from this helps strengthen your identity! Be open to new experiences! #OTalk

**Jill Turner** 🇬🇧 @HousingOT

2 days ago

RT @OTalk_: #OTalk – 15th June 2021 – Sensory Approaches: OT in Prisons

<https://t.co/bZt02fEbbh>**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

Thoroughly enjoyed co-hosting #OTalk this evening with @VikkiBarryOT A huge thanks to @Helen_OTUK for your support and to everyone who engaged. A thought provoking and very fast paced chat! @OTalk_ #OccupationalTherapy #OccupationalIdentity #CPD #lifelonglearning <https://t.co/08TpffjPAf>**Mandy Graham** @MandyGrahamOT

2 days ago

Thanks so much to the wonderful duo @VikkiBarryOT & @sarahjoOT for hosting tonight's fascinating #OTalk discussion on Occupational Identity. Some great contributions, perspectives and reflections. Thanks also to the awesome @OTalk team @Helen_OTUK I always learn so much #OTalk

**Sarah Fletcher-Shaw** @sarahjoOT

2 days ago

@sherlynmelody And many of them whilst partaking in #OTalk too.

**Cheryl McMorris** @cheryl_mcmorris

2 days ago

Sounds interesting! Looking forward to it @kathsmithot @asi_wise @nhsggcmhot @RebeccaFMHOT @con_mcginley @HannahConnor81

**Michaela Young** @MichaelaYoungOT

2 days ago

RT @OTalk_: #OTalk – 15th June 2021 – Sensory Approaches: OT in Prisons

<https://t.co/bZt02fEbbh>**Alan White** @OTAlanwhite

2 days ago

RT @OTalk_: #OTalk – 15th June 2021 – Sensory Approaches: OT in Prisons

<https://t.co/bZt02fEbbh>**Vikki Barry** @VikkiBarryOT

2 days ago

RT @MandyGrahamOT: Thanks so much to the wonderful duo @VikkiBarryOT & @sarahjoOT for hosting tonight's fascinating #OTalk discussion on Oc...

**Vikki Barry** @VikkiBarryOT

2 days ago

Ditto - absolute pleasure thank you everyone who joined us. Let's keep the occupational identity discussions going #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago



RT [@MandyGrahamOT](#): Thanks so much to the wonderful duo [@VikkiBarryOT](#) & [@sarahjoOT](#) for hosting tonight's fascinating [#OTalk](#) discussion on Oc...



Kirstie [@Kirstie_OT](#)

2 days ago

Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This one looks particularly good 😊 . More info via the link <https://t.co/VlxH6ZftTM> [#OTalk](#) <https://t.co/hYOUBjnkQ2>



#OTalk [@OTalk](#)

2 days ago

RT [@Kirstie_OT](#): Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This...



#OTalk [@OTalk](#)

2 days ago

Were taking [#OTalkonTour](#)... join us at [@theRCOT](#) [@LondonRCOT](#) CPD Session on Social Media. Info via the blog [👉 #OTalk](#) <https://t.co/4CQZPmrU3D>



OT Bay Area [@ot_bay](#)

2 days ago

RT [@OTalk_](#): [#OTalk](#) – 15th June 2021 – Sensory Approaches: OT in Prisons <https://t.co/bZt02fEbbh>



Becky Matson [@beckymatson84](#)

2 days ago

RT [@OTalk_](#): [#OTalk](#) – 15th June 2021 – Sensory Approaches: OT in Prisons <https://t.co/bZt02fEbbh>



Kelly M [@OTontheTracks](#)

2 days ago

RT [@Kirstie_OT](#): Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This...



Becks Blain [@BecksBlain](#)

2 days ago

RT [@OTalk_](#): [#OTalk](#) – 15th June 2021 – Sensory Approaches: OT in Prisons <https://t.co/bZt02fEbbh>



Tony Oliver [@VeloTony](#) [@TOliverhu9](#)

2 days ago

RT [@OTalk_](#): [#OTalk](#) – 15th June 2021 – Sensory Approaches: OT in Prisons <https://t.co/bZt02fEbbh>



South East RCOT [@SouthEastRCOT](#)

2 days ago

RT [@Kirstie_OT](#): Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This...



Dr Nikki Daniels [@NikkiDanielsOT](#)

2 days ago

RT [@Kirstie_OT](#): Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This...



The MOHO OT [@themoho_ot](#)

2 days ago

Can't believe I missed last nights [#OTalk](#) ... Will have to catch up via the transcript 😊



Yuho [🇯🇵🇦🇺](#) [@AHPRA registered OT/PhDcandidate](#) [@YuhoOkita](#)

a day ago

This seems really interesting and helpful as we all sometimes need to motivate each other to



smash through writing papers. [#goOTacademia](#)



Yuho   [@AHPRA registered OT/PhDcandidate](#) [@YuhoOkita](#) a day ago

RT [@OTalk](#): If youre looking for a unique [#CPD](#) opportunity why not consider applying to host your own [#OTalk](#) chat? We are now booking from...




Jess the dog [@MOHO_Mutt](#) a day ago

RT [@Kirstie_OT](#): Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This...



Vikki Barry [@VikkiBarryOT](#) a day ago

Sorry you missed it but yes it was a fab discussion  [#OTalk](#)



Bryony Kirkpatrick [@BryonyOTStudent](#) a day ago

RT [@Kirstie_OT](#): Have you checked out [@theRCOT](#) event section on the website? Lots of free events & learning opportunities for members. This...



Sam Pywell [@smileyfacehalo](#) a day ago

RT [@OTalk](#): [#OTalk](#) – 15th June 2021 – Sensory Approaches: OT in Prisons
<https://t.co/bZt02fEbbh>



Nicole OT [@Nmurphy83538102](#) a day ago

RT [@VikkiBarryOT](#): Question 4 [#Otalk](#) <https://t.co/KnP1RPfhYf>



Susan Madigan OT [@SusanMadigan3](#) a day ago

Free Event! 17th June: Showcasing a Tiered Public Health Occupational Therapy Approach to Supporting Student Participation, Health, Wellbeing and Success in Higher Education (OTs supporting disabled students at higher level) Eventbrite in the link [#OTalk](#) <https://t.co/NUITKKV94v>



Pauline Robinson [@Ability_OT](#) a day ago

RT [@SusanMadigan3](#): Free Event! 17th June: Showcasing a Tiered Public Health Occupational Therapy Approach to Supporting Student Participati...




OT NUIGalway [@OTNUIGalway](#) a day ago

RT [@SusanMadigan3](#): Free Event! 17th June: Showcasing a Tiered Public Health Occupational Therapy Approach to Supporting Student Participati...



Dr Nikki Daniels [@NikkiDanielsOT](#) a day ago

RT [@OTalk](#): Were taking [#OTalkonTour](#)... join us at [@theRCOT](#) [@LondonRCOT](#) CPD Session on Social Media. Info via the blog  [#OTalk](#) <https://t.co/...>



Sharon McMorrow [@mcmorrow_sharon](#) a day ago

RT [@SusanMadigan3](#): Free Event! 17th June: Showcasing a Tiered Public Health Occupational Therapy Approach to Supporting Student Participati...



Spotter Staffing [@SpotterStaffing](#) a day ago

[#OTalk](#) Outcome Measures and interventions used by OTs to manage long COVID via [@OTalk](#)
<https://t.co/mxQXIFnKas>

**Emma Frawley** @emmafrawley

a day ago

RT @SusanMadigan3: Free Event! 17th June: Showcasing a Tiered Public Health Occupational Therapy Approach to Supporting Student Participati...

**Elizabeth Casson Trust** @ElizabethCasso1

a day ago

RT @Kirstie_OT: Have you checked out @theRCOT event section on the website? Lots of free events & learning opportunities for members. This...

**Nat Jones** @natlouj

a day ago

RT @Kirstie_OT: Have you checked out @theRCOT event section on the website? Lots of free events & learning opportunities for members. This...

**RCOT London Region** @LondonRCOT

a day ago

RT @Kirstie_OT: Have you checked out @theRCOT event section on the website? Lots of free events & learning opportunities for members. This...

**Lisa Jamieson** @jamieson2015

a day ago

RT @charfrenchOT: Whilst I am here..could I plug next week's #OTalk hosted by myself and @Charlee_W about sensory approaches in prisons (an...

**Charlee** @Charlee_W

a day ago

If you are free next Tuesday, join in on our @OTalk on sensory approaches in prisons & other restrictive environments. We are keen to learn more about the use of sensory interventions to help individuals in their recovery journey! @charfrenchOT @RCOT_MH @BecksBlain

**Susan (fully vaxx'd) Parish** @susanparish

a day ago

RT @TokunboTweez: @Occ4LifeLtd Perhaps a national conference that truly aims to promote EDI by amplifying the voices of those within...

**Amiad Fredman, MD** @DigitalDocMD

a day ago

Really enjoyed my chat with @whiteboxamir who is doing some really cool stuff in #VR and #GamesForHealth. Listening to the interview really makes me want to play this game!! @Virtuleap #medtwitter #neurogaming #HACHat #OTalk

**VR Retweeter** @VrRetweeter

a day ago

RT @DigitalDocMD: Really enjoyed my chat with @whiteboxamir who is doing some really cool stuff in #VR and #GamesForHealth. Listening to th...

**MedEd** @TelehealthBot

a day ago

RT @DigitalDocMD: Really enjoyed my chat with @whiteboxamir who is doing some really cool stuff in #VR and #GamesForHealth. Listening to th...

**York St John OT Society** @YSJOTSOC

a day ago

#OTalk is great to follow along every week to discuss a range of topics! Next weeks is hosted by @charfrenchOT and @Charlee_W (you may recognise Charlotte from our recent #prisonOT talk!)

**RCOT London Region** @LondonRCOT

6 hours ago

RT @OTalk_: Were taking #OTalkonTour... join us at @theRCOT @LondonRCOT CPD Session on Social Media. Info via the blog <https://t....>

**Digital Doc Games** @DigitalDocGames

5 hours ago

RT @DigitalDocMD: Really enjoyed my chat with @whiteboxamir who is doing some really cool stuff in #VR and #GamesForHealth. Listening to th...

**Susan Windeatt** @mooartdotcom

4 hours ago

#OTalkonTour hearing about #OTalk plans at the @LondonRCOT event this evening... apparently it's #OTalk's tenth birthday this year!

**Kirstie** @Kirstie_OT

4 hours ago

Hope everyone joining @LondonRCOT tonight have a great time learning all things Social Media & CPD! #OTalkonTour #OTalk #Twitter4CPD @OTalk_

**Diana_Sheridan**    @DianaSheridan11

4 hours ago

Advice from @Kirstie_OT about use of #Twitter4CPD published in 2018 - still relevant today for those wishing to use #socialmedia for professional benefit - referenced in #OTalk @LondonRCOT webinar this evening.

**Andy J** @Andy_Spin

4 hours ago

#londonrcot latest ♥How to host a chat from #OTalk and Social media etiquette..
<https://t.co/xnEHZTkz5F>

**Ruth Hawley** @Ruth_Hawley

3 hours ago

Enjoyed my first outing for an #OTalkOnTour event joining @LondonRCOT this evening along with @colourful_ot & @Helen_OTUK. Love discussing the benefits and challenges of professional social media use and how to make the most of it. Thanks for the invite. <https://t.co/PeUDJzqo8P>

Showing 1 to 601 of 601 entries

#OTalk content from [Twitter](#).

Free Analytics and Transcripts for #OTalk

200,000 Tweets

Symplur has over 200,000 #OTalk tweets going back to September 2011.

Get unrestricted access to all conversations with **Symplur Signals**.



- Products
- Signals
- Spotlight
- Engage
- Symplur API
- Technology
- About Us
- Blog
- Symplur Vs The Competition
- Healthcare Social Graph
- Healthcare Hashtag Project
- Pricing
- Contact
- Login
- Privacy Policy
- Do Not Sell My Personal Information
- Website Data Collection Preferences

**REQUEST
A DEMO**

© Symplur 2021

Join our mailing list

→Research