# **#OTalk Transcript**

Healthcare social media transcript of the **#OTalk** hashtag.

Tue, June 15th 2021, 7:00PM - Thu, June 17th 2021, 12:15PM (Europe/London).

See #OTalk Influencers/Analytics.



#### Sharon@OT @SharonOTUclan

2 days ago

<u>@smileyfacehalo</u> <u>@OTalk</u> <u>@smileyfacehalo</u> This is your 1 hour reminder for <u>#OTalk</u> 8pm <u>https://t.co/ABQvGyf9JA</u>





#### Sharon@OT @SharonOTUclan

2 days ago

@smileyfacehalo 30min #OTalk reminder 8pm https://t.co/rWfOO6avhk

 $Q \square \nabla$ 



#### Sam Pywell @smileyfacehalo

2 days ago

<u>@SharonOTUclan</u> <u>@OTalk</u> keep the reminders coming everyone, i dont want to miss this one!!!... #OTalk





## Hello my name is Jim @OT\_Jim

2 days ago

@charfrenchOT @Charlee W Glad I checked what tonight's #OTalk topic was!

 $Q \square Q$ 



#### The MOHO OT @themoho ot

2 days ago

RT <u>@charfrenchOT</u>: Tonight's the night! <u>#OTalk</u> about sensory approaches within restrictive environments such as prisons. Hosted by <u>@Charlee</u> ...

 $Q \square \nabla$ 



#### #OTalk @OTalk

2 days ago

RT <u>@Charlee\_W</u>: Tonight's <u>@OTalk\_</u> topic - Sensory Approaches: OT in Prisons, hosted by <u>@Charlee\_W</u> and <u>@charfrenchOT</u> Hope you can join the d...

 $Q \square Q$ 



#### OfficialCAHPR @OfficialCAHPR

2 days ago

Just 10 minutes to go before #OTalk gets underway...

 $O \Box O$ 



#### Hello my name is Jim @OT Jim

2 days ago

@OTalk @LondonRCOT @colourful ot Going to be an interesting one tonight! #OTalk



SIC



2 days ago



Anyone can join <u>#OTalk</u> - our only rules are 1) respect patient/service user confidentiality 2) respect other participants in the chat and 3) follow HCPC and employers' social media policies. Oh and don't forget the hashtag! <a href="https://t.co/OvfQBjwFsQ">https://t.co/OvfQBjwFsQ</a>

 $Q \square \nabla$ 



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@OT\_Jim @OTalk</u> <u>@LondonRCOT @colourful\_ot</u> Glad you could make it! Really looking forward to your contributions #OTalk

Q 17 V



#### Hello my name is Jim @OT Jim

2 days ago

RT @OfficialCAHPR: Just 10 minutes to go before #OTalk gets underway...

Q 17 0



#### Carolyn @CeeCeeOT

2 days ago

RT <u>@Charlee\_W</u>: Tonight's <u>@OTalk\_</u> topic - Sensory Approaches: OT in Prisons, hosted by <u>@Charlee\_W</u> and <u>@charfrenchOT</u> Hope you can join the d...

 $Q \square \nabla$ 



#OTalk @OTalk\_

2 days ago

Who's joining us for <u>#OTalk</u> this evening? Hoping to see some new faces from our recent event with <u>@LondonRCOT</u> but equally excited to see our regulars! (this is <u>@colourful\_ot</u> on the account tonight by the way) <u>https://t.co/eZ09geigrS</u>

O II O



#OTalk @OTalk

2 days ago

<u>@ZMaster63</u> Nope it's here on Twitter! Just search for the <u>#OTalk</u> hashtag and you'll see everyone tweeting using the hashtag, including our hosts who will be asking questions for discussion <u>#OTalk</u>

 $Q \square \nabla$ 



#OTalk @OTalk

2 days ago

@ZMaster63 This page explains in a bit more detail: <a href="https://t.co/XJjhms61V8">https://t.co/XJjhms61V8</a> (thanks @AOTAInc ) #OTalk

 $Q \square \nabla$ 



Hello my name is Jim @OT\_Jim

2 days ago

<u>@OTalk</u> <u>@LondonRCOT</u> <u>@colourful\_ot</u> Definitely present and looking forward to brushing the cobwebs off my sensory integration knowledge <u>#OTalk</u>

 $Q \square \nabla$ 



## Charlotte French OT @charfrenchOT

2 days ago

Hello hello hello everyone! We are really looking forward to tonight's discussion! <u>@Charlee\_W</u> #OTalk https://t.co/0jjGYLMHco

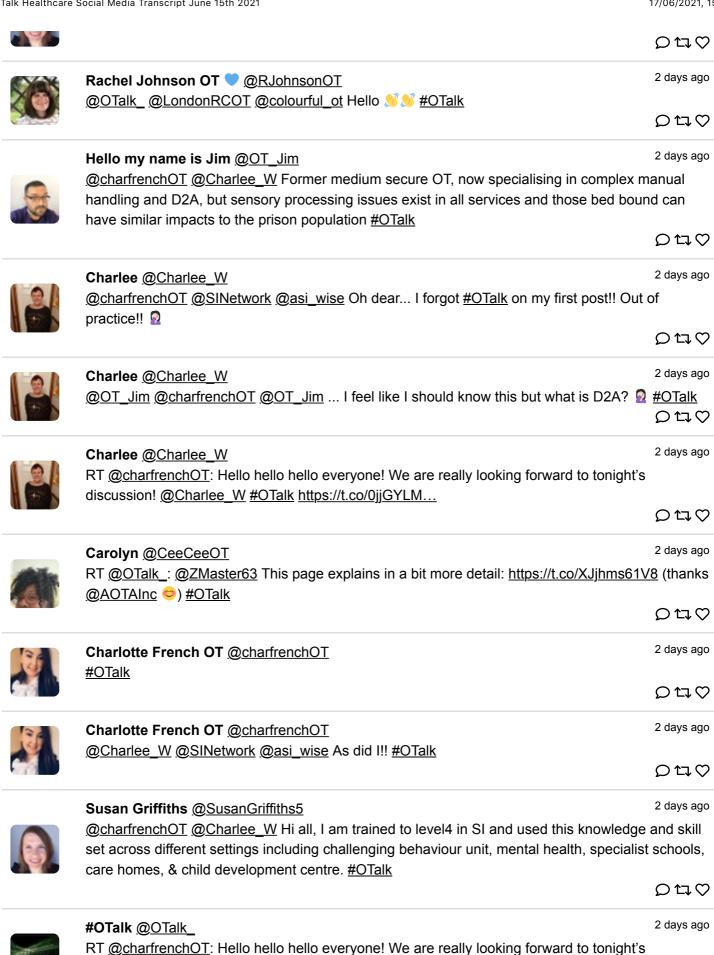
Q 17 Q



Susan Griffiths @SusanGriffiths5

2 days ago

<u>@OTalk</u> <u>@LondonRCOT</u> <u>@colourful\_ot</u> Old face here! Looking forward to this chat <u>#OTalk</u>



discussion! @Charlee W #OTalk https://t.co/0jjGYLM...

 $Q \square \nabla$ 



#OTalk @OTalk\_

2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Former medium secure OT, now specialising in complex manual handling and D2A, but sensory processing i...

 $Q \square \nabla$ 



#OTalk @OTalk

2 days ago

RT <u>@SusanGriffiths5</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Hi all, I am trained to level4 in SI and used this knowledge and skill set across different s...

 $Q \square \nabla$ 



Hello my name is Jim @OT\_Jim

2 days ago

<u>@Charlee\_W</u> <u>@charfrenchOT</u> Sorry, D2A = discharge to assess, the "new" model of acute physical hospital operation. <u>#OTalk</u>

 $Q \square \nabla$ 



Toks O @TokunboTweetz

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Sorry, forgot <u>#OTalk</u> and to introduce myself. Does that ⊌ count?

Q 17 Q



**BAMEOTUK** @BAMEOTUK

2 days ago

RT <u>@OTalk</u>: <u>@ZMaster63</u> This page explains in a bit more detail: <u>https://t.co/XJjhms61V8</u> (thanks <u>@AOTAInc</u> ) #OTalk

 $Q \square Q$ 



Charlotte French OT @charfrenchOT

2 days ago

<u>@SusanGriffiths5</u> <u>@Charlee\_W</u> Fantastic, welcome and really looking forward to your wide knowledge and contribution! <u>#OTalk</u>

 $Q \square \nabla$ 



Charlee @Charlee\_W

2 days ago

<u>@SusanGriffiths5</u> <u>@charfrenchOT</u> Sounds like you have alot of experience <u>@SusanGriffiths5</u> We look forward to hearing your responses to the questions. Thanks for joining us tonight  $\stackrel{\bigcirc}{=}$  <u>#OTalk</u>

 $Q \square Q$ 



Charlee @Charlee W

2 days ago

<u>@TokunboTweetz</u> <u>@charfrenchOT</u> Of course <u>@TokunboTweetz</u> I am glad it wasn't just me which forgot the hashtag too <u>#OTalk</u>

 $Q \square \nabla$ 



Charlotte French OT @charfrenchOT

2 days ago

Okay then, let's get this sensory party started - Question 1 <u>#OTalk</u> <u>@Charlee\_W</u> <u>https://t.co/qUpjaXVJMk</u>

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Charlotte French OT @charfrenchOT

2 days ago

@Charlee\_W @TokunboTweetz As did I oops!! #OTalk

 $Q \square \nabla$ 

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Unariee @Unariee vv

<u>@OT\_Jim</u> <u>@charfrenchOT</u> • Thanks for sharing the abbreviation and thanks for joining us tonight @OT\_Jim #OTalk



2 days ago

∠ uayə ayu



BethM @bethOT89

@charfrenchOT @Charlee W Evening all! I'm Beth, I work in a PICU in Devon! #OTalk

0130



Charlotte French OT @charfrenchOT

@bethOT89 @Charlee W Welcome Beth #OTalk

0110

2 days ago



Rachel Johnson OT 

@RJohnsonOT

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Hi, I am also trained to Advanced practitioner level (SI network module 4) and work in a specialist school and college and residential units for children and young adults with complex behaviours. Looking forward to hear how others are using SI with different populations #OTalk



2 days ago



Charlotte French OT @charfrenchOT

<u>@RJohnsonOT</u> <u>@Charlee\_W</u> Thank you for joining and brining your experience with children and young people to the discussion <u>#OTalk</u>

Q 17 Q



#OTalk @OTalk\_

2 days ago

RT <u>@RJohnsonOT</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Hi, I am also trained to Advanced practitioner level (SI network module 4) and work in a specialis...

 $O \square \nabla$ 



#OTalk @OTalk\_

2 days ago

RT <u>@charfrenchOT</u>: Okay then, let's get this sensory party started - Question 1 <u>#OTalk</u> <u>@Charlee\_W</u> <u>https://t.co/qUpjaXVJMk</u>

 $Q \square \nabla$ 



Toks O @TokunboTweetz

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> For children/adolescents with MH needs ax and intervention can be really beneficial for supporting with self/emotional regulation and distress tolerance skills. Also needed when working with neurodiverse CYPs with sensory processing needs #OTalk

 $Q \square Q$ 



Charlee @Charlee\_W

@bethOT89 @charfrenchOT Thanks for joining us tonight @bethOT89 © #OTalk

2 days ago

 $Q \square \nabla$ 



Sam Pywell @smileyfacehalo

2 days ago

#otalk hi everyone am professionally lurking tonight (learning off all of you!) https://t.co/aF0IVo4Dut

 $\Omega \square \nabla$ 

Hello my name is Jim @OT\_Jim

2 days ago



<u>@charfrenchOT</u> <u>@Charlee\_W</u> 1) it is looking at the 8 (hope that's still correct) senses and how the mind/body interprets them. From these Ax we can help a person understand or adapt their environment <u>#OTalk</u>

Q 17 V

2 days ago



Carolyn @CeeCeeOT @smileyfacehalo Ditto! #OTalk

Q13 Φ



## Charlotte French OT @charfrenchOT

2 days ago

<u>@TokunboTweetz</u> <u>@Charlee\_W</u> It feels so important to explore regulation and self awareness with this client group, to be able to develop strategies to improve occupational performance into adulthood <u>#OTalk</u>



Hello my name is Jim @OT\_Jim @smileyfacehalo #OTalk https://t.co/xIMIC4jV0D 2 days ago



## Charlotte French OT @charfrenchOT

2 days ago

<u>@OT\_Jim @Charlee\_W</u> Yes it is still 8! The list gets longer! I really like the fact that interception sense) is now included! <u>#OTalk</u>



2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> 1) it is looking at the 8 (hope that's still correct) senses and how the mind/body interprets them. Fr...



#OTalk @OTalk

2 days ago

RT <u>@TokunboTweetz</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> For children/adolescents with MH needs ax and intervention can be really beneficial for support...



Charlee @Charlee W

2 days ago

<u>@charfrenchOT</u> The importance of assessing & providing a SI intervention is to help individuals become more in touch with how they are feeling via sensory processing & by giving them a chance to explore a different coping strategy to prepare for talking therapy <u>#OTalk</u>



Hello my name is Jim @OT Jim

2 days ago

@charfrenchOT @Charlee\_W Absolutely! That inner feeling of stuff bubbling or burning. #OTalk



Deborah murphy @Murphlemurph

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Hello. Sorry I got carried away in the garden. Better late than never #OTalk



Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> From experience, sensory assessment and interventions for those with MH needs have focused on sensory/emotional regulation but there is so much more to this that just regulation. I have seen many given an incorrect MH diagnosis when actually they have sensory difficulties <u>#OTalk</u>



Charlee @Charlee\_W

2 days ago



@OT Jim @charfrenchOT Yeah I think the interaction between how they process their senses and the environment is so important. This can often be the most difficult thing to amend or change in restrictive environments #OTalk



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@OT\_Jim @Charlee\_W</u> Yes, I sometimes find they with our clients that being able to define those feelings and then be able to regulate them, is a lightbulb moment in some cases, where it's been so confusing and at times distressing beforehand #OTalk



Toks O @TokunboTweetz

2 days ago

@SusanGriffiths5 @charfrenchOT @Charlee W Yes!!! And medicated too! Description #OTalk





#### Charlotte French OT @charfrenchOT

2 days ago

<u>@SusanGriffiths5</u> <u>@Charlee W</u> Absolutely! That actually, the reason that individual is struggling to cope, is because of underlying sensory needs! #OTalk



#OTalk @OTalk

2 days ago

RT @SusanGriffiths5: @charfrenchOT @Charlee W From experience, sensory assessment and interventions for those with MH needs have focused on...



#OTalk @OTalk

2 days ago

RT @Charlee W: @OT Jim @charfrenchOT Yeah I think the interaction between how they process their senses and the environment is so important...



#OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: <u>@TokunboTweetz</u> <u>@Charlee</u> <u>W</u> It feels so important to explore regulation and self awareness with this client group, to be ab...



## Rachel Johnson OT ( @RJohnsonOT

2 days ago

@charfrenchOT @Charlee W It is really important to re assess and tweak strategies as children grow in to adults. Recommendations are often made for young children that are not appropriate as they get older. #OTalk



#### Charlotte French OT @charfrenchOT

2 days ago

RT @SusanGriffiths5: @charfrenchOT @Charlee W From experience, sensory assessment and interventions for those with MH needs have focused on...



## BethM @bethOT89

2 days ago

@charfrenchOT @OTalk\_ @Charlee\_W Ive only recently completed a two day workshop in SI so really interested in how I can incorporate these skills and interventions into my practice. Still have got a lot to learn, only just at the start of my SI journey! #OTalk



## Hello my name is Jim @OT Jim

2 days ago

@Charlee W @charfrenchOT I find it the same with bed care and hoisting, our standard equipment provision makes no real allowance for diverse processing profiles which can be debilitating in the extreme, #OTalk



#### Charlotte French OT @charfrenchOT

2 days ago

We are off to a flying start! Loving people's comments! Question 2 #OTalk @Charlee W



#### https://t.co/fzBmPdt6vs



#OTalk @OTalk\_

2 days ago

RT <u>@RJohnsonOT</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> It is really important to re assess and tweak strategies as children grow in to adults. Recommenda...



Carolyn @CeeCeeOT

2 days ago

I'm already inspired to take a short course/further learning on sensory integration, I wonder how this could be used in community mental health? #OTalk



Charlee @Charlee W

2 days ago

<u>@chloe\_kitto</u> <u>@charfrenchOT</u> <u>@OTalk\_</u> Definitely! The impact of mental illness can have an effect on an individuals relationship with sensory input. Is there a particular assessment which you like to use <u>@ChloeKitto</u>? <u>#OTalk</u>



Hello my name is Jim @OT\_Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Complete disengagement, especially in PICU due to noise and lighting, if it's overwhelming for me as the therapist, how do we expect others to engage? <u>#OTalk</u>



#OTalk @OTalk\_

2 days ago

RT <u>@Charlee\_W</u>: <u>@chloe\_kitto @charfrenchOT</u> <u>@OTalk\_</u> Definitely! The impact of mental illness can have an effect on an individuals relationshi...



#OTalk @OTalk\_

2 days ago

RT <u>@charfrenchOT</u>: We are off to a flying start! Loving people's comments! Question 2 <u>#OTalk</u> <u>@Charlee W https://t.co/fzBmPdt6vs</u>



#OTalk @OTalk

2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Complete disengagement, especially in PICU due to noise and lighting, if it's overwhelming for me as...



Hello my name is Jim @OT Jim

2 days ago

<u>@CeeCeeOT</u> Definitely worth exploring! There are loads of opportunities to improve our practice and outcomes <u>#OTalk</u>



Charlotte French OT @charfrenchOT

2 days ago

<u>@OT\_Jim @Charlee\_W</u> That's a really good point, do we need to consider our own sensory needs perhaps, to offer the most effective therapeutic use of self <u>\$\psi\$</u>? <u>#OTalk</u>



Charlee @Charlee\_W

2 days ago

<u>@bethOT89</u> <u>@charfrenchOT</u> <u>@OTalk</u> There seems like alot to learn but honestly even with alot of training I am still learning so much especially how to incorporate sensory assessment and intervention into practice <u>#OTalk</u>



Toks O @TokunboTweetz

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> There is less control/ ability to adapt the environment to meet individual sensory needs. Trying to think how this relates to the setting I work in, and 'time-out' rooms (or whatever they call them) in schools comes to mind #OTalk



Carolyn @CeeCeeOT

2 days ago



<u>@OT\_Jim</u> I know so little about it! I know tonight's <u>#OTalk</u> will be such a good springboard for learning about sensory integration and occupation.



## Charlee @Charlee W

2 days ago

<u>@RJohnsonOT</u> <u>@charfrenchOT</u> Yeah definitely <u>@RJohnsonOT</u>! The reassessment is probably as important as the initial assessment and intervention <u>#OTalk</u>



## Hello my name is Jim @OT\_Jim

2 days ago

@charfrenchOT @Charlee W #OTalk https://t.co/elut8GacaA



#OTalk @OTalk

2 days ago

RT <u>@TokunboTweetz</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> There is less control/ ability to adapt the environment to meet individual sensory needs. Tryin...



## Charlotte French OT @charfrenchOT

2 days ago

<u>@CeeCeeOT</u> Definitely worth exploring how this could be utilised in a community setting to develop occupational participation with sensory strategies <u>#OTalk</u>



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@CeeCeeOT</u> <u>@OT\_Jim</u> <u>@asi\_wise</u> and <u>@SINetwork</u> would be a great place to start <u>#OTalk</u>



#### Toks O @TokunboTweetz

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Then children are further punished for being "naughty, disruptive and defiant" because of an unmet need #OTalk



#### Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Lack of control over environment = not able to seek or avoid sensory input they need which may exacerbate mental health difficulties. <u>#OTalk</u>



#### Charlee @Charlee W

2 days ago

<u>@TokunboTweetz</u> <u>@charfrenchOT</u> I agree Toks... the complete lack of control in the environment and being able to adapt it is so difficult <u>#OTalk</u>



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@Murphlemurph</u> <u>@Charlee\_W</u> Hello Debs!! Nothing like a bit of occupational balance and self-care!! Welcome <u>#OTalk</u>



#### wheredoyougetyourprOTein? @clarsyarveyunt

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Institutionalisation. If the setting is the only factor feeling stable and predictable, one might become accustomed to not engaging with the environment and addressing issues holistically, thus potentially resulting in compensation rather than overcoming <u>#OTalk</u>



## wheredoyougetyourprOTein? @clarsyarveyunt

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Could also reduce awareness/ vigilance when exposed to richer environments, which increases preexisting vulnerabilities. <u>#OTalk</u>



## Rachel Johnson OT ( @RJohnsonOT

2 days ago

@charfrenchOT @Charlee W I think you have to be much more creative as a therapist when



working in a more restrictive environment. Most of the training focuses on working with typically developing children in a specialist clinic - if only!! #OTalk



#OTalk @OTalk\_ 2 days ago

RT <u>@RJohnsonOT</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> I think you have to be much more creative as a therapist when working in a more restrictive enviro...



Charlee @Charlee\_W

2 days ago

<u>@charfrenchOT</u> Impacts could be the unpredictability of the environment and others too <a href="#">
#OTalk</a>



#OTalk @OTalk

2 days ago

RT <u>@clarsyarveyunt</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Could also reduce awareness/ vigilance when exposed to richer environments, which increases pr...



#OTalk @OTalk

2 days ago

RT <u>@clarsyarveyunt</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Institutionalisation. If the setting is the only factor feeling stable and predictable, one mi...



#OTalk @OTalk\_

2 days ago

RT <u>@SusanGriffiths5</u>: <u>@charfrenchOT @Charlee W</u> Lack of control over environment = not able to seek or avoid sensory input they need which ma...



#OTalk @OTalk\_

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> Impacts could be the unpredictability of the environment and others too <u>#</u> #OTalk



Rachel OT @\_rachelOT

2 days ago

<u>@CeeCeeOT</u> I have done an intro to sensory interventions in community mental health. I find it especially useful for people with hx of trauma/substance use. #OTalk



Deborah murphy @Murphlemurph

2 days ago

@charfrenchOT @Charlee\_W I'm lurking and learning @#OTalk



Charlotte French OT @charfrenchOT

2 days ago

<u>@clarsyarveyunt</u> <u>@Charlee\_W</u> Yes, that's very common for individuals in prison who then struggle to adapt to the "sensory overload" of the community again, for example busy shops, streets, smells, brightness, which can inhibit occupational participation #OTalk



Rachel OT @\_rachelOT

2 days ago

@OTalk\_ @LondonRCOT @colourful\_ot Hello! Just here lurking 😔 #OTalk



Carolyn @CeeCeeOT

2 days ago

<u>@charfrenchOT</u> <u>@OT\_Jim</u> <u>@asi\_wise</u> <u>@SINetwork</u> Thank you! <u>#OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: <u>@clarsyarveyunt</u> <u>@Charlee\_W</u> Yes, that's very common for individuals in



prison who then struggle to adapt to the "sensory o...



## Charlotte French OT @charfrenchOT

2 days ago

<u>@RJohnsonOT</u> <u>@Charlee\_W</u> I agree!! Trying to think of alternative strategies in a very limited environment. The good thing about sensory interventions is the persons own body can be a fab tool to use for sensory integration! #OTalk



#### Charlee @Charlee W

2 days ago

<u>@clarsyarveyunt</u> <u>@charfrenchOT</u> Good answer! Often the individuals I work with become almost comfortable in an environment like prison due to the structure, boundaries & routine which can make it difficult to think about the potential chaos of community life <u>#OTalk</u>



## Carolyn @CeeCeeOT

2 days ago

<u>@\_rachelOT</u> Exactly my client group! Thanks for this <u>#OTalk</u>



## Rachel OT @ rachelOT

2 days ago

@CeeCeeOT I did mine with @asi\_wise if it's any help 6 #OTalk



## Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@RJohnsonOT</u> <u>@Charlee\_W</u> Also educating them about SI - helping them to understand their own sensory needs is just as powerful as using any sensory strategies <u>#OTalk</u>



## Charlotte French OT @charfrenchOT

2 days ago

Wowza we are half way already! I can't type quick enough - so much interest and passion from you all on this subject! Here's Question 3 <u>#OTalk</u> <u>@Charlee W https://t.co/TmBZB0L7Pq</u>



#### Rachel OT @ rachelOT

2 days ago

<u>@CeeCeeOT</u> I mostly do sensory profiles/education/strategies in the community. I ran sensory circuits previously though for young people and found that good for teaching self regulation. Had lots of useful feedback from people <u>#OTalk</u>



#OTalk @OTalk\_

2 days ago

RT <u>@SusanGriffiths5</u>: <u>@charfrenchOT @RJohnsonOT @Charlee\_W</u> Also educating them about SI - helping them to understand their own sensory needs...



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@SusanGriffiths5</u> <u>@RJohnsonOT</u> <u>@Charlee\_W</u> Yes, self-awareness is so important to transition from therapist directed to self directed goals <u>#OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: <u>@RJohnsonOT</u> <u>@Charlee\_W</u> I agree!! Trying to think of alternative strategies in a very limited environment. The good thing...



#OTalk @OTalk\_

2 days ago

RT <u>@\_rachelOT</u>: <u>@CeeCeeOT</u> I mostly do sensory profiles/education/strategies in the community. I ran sensory circuits previously though for y...



**Abi** @Abi21643842

2 days ago

https://www.symplur.com/healthcare-hashtags/OTalk/transcript/...5%2F2021&shour=11&smin=0&tdate=6%2F17%2F2021&thour=4&tmin=15

ShathOTOO SaharfranahOT SOTally SCharles W. Mahlar ata ata 2015 has an



<u>@petriO ι δ9</u> <u>@cnamenchO ι</u> <u>@O raik</u> <u>@Cnamee\_vv</u> ivianier etc etc 20 ι ο nas good resources on interception in particular. Search in Google <u>#OTalk</u>



## Hello my name is Jim @OT Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> 3) so I see SI as a key component of the OT provision, so not having it is like us not doing community leaves or CPA reports, we must look at including it in our core education programmes <u>#OTalk</u>



## Charlotte French OT @charfrenchOT

2 days ago

<u>@\_rachelOT @CeeCeeOT @asi\_wise</u> As did I, and currently going through their full certificate m. But the mental health 2 day training was an amazing summary and gave a lot of education and practical assessment/intervention ideas #OTalk



## Charlee @Charlee\_W

2 days ago

<u>@charfrenchOT</u> It could offer an opportunity to think about themselves in a different way, thinking about their sensory processing and might explain why they like or dislike certain things <u>#OTalk</u>



#### **Abi** <u>@Abi21643842</u>

2 days ago

<u>@charfrenchOT</u> <u>@OTalk</u> <u>@Charlee\_W</u> The lifespan is helpful to consider, as emotional regulation development may differ depending on growth and capacity to learn. The focus may be more role modelling and skill development in early years <u>#OTalk</u>



## Rachel OT @\_rachelOT

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> I haven't worked in restrictive environments but I would imagine as with any sensory interventions it could mean ++ occ participation/QOL through ability to self regulate in a difficult environment <u>#OTalk</u>



## wheredoyougetyourprOTein? @clarsyarveyunt

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> And lead to reverting back to something safe, numbing and familiarie addictions/crime/self harming behaviours <u>#OTalk</u>



#### Toks O @TokunboTweetz

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> As previously mentioned, really invaluable for self/emotional regulation! Its incredibly hard to participate in occupations when distressed or the environment disallows. I imagine in prison they're considered as "kicking off" which could lead to further punishment? <u>#OTalk</u>



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@OT\_Jim</u> <u>@Charlee\_W</u> I completely agree! It's part of our overall occupational performance assessment, and can't be a stand alone assessment, nor not considered to formulate occupational barriers and abilities #OTalk



#### Paige <a href="#">PaigeeGrace</a>

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> I've been using the Sensory Profile collaboratively with service users to further understand their sensory needs. Following this, we create sensory diets to help them regulate themselves <u>#OTalk</u>



## Carolyn @CeeCeeOT

2 days ago

RT <u>@charfrenchOT</u>: Wowza we are half way already! I can't type quick enough - so much interest and passion from you all on this subject! Her...



#### Caroline Finch @carolinefinch19

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> SI assessments and interventions can help increase people's participation in occupation and also help the MDT understand people a bit more <u>#OTalk</u>



#### Charlee @Charlee W

2 days ago

<u>@charfrenchOT</u> Other benefits to be to help individuals with PTSD cope with symptoms especially linking to their sensory systems e.g. providing positive olfactory strategies when experiencing some negative flashbacks <u>#OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: Wowza we are half way already! I can't type quick enough - so much interest and passion from you all on this subject! Her...



#OTalk @OTalk\_

2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> 3) so I see SI as a key component of the OT provision, so not having it is like us not doing community...



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@TokunboTweetz</u> <u>@Charlee\_W</u> Yes! Kicking off or "on a dirty protest" when in fact, they are seeking a sensory stimulation that is majorly lacking in their environment! <u>#OTalk</u>



#### #OTalk @OTalk\_

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> It could offer an opportunity to think about themselves in a different way, thinking about their sensory proce...



#OTalk @OTalk\_

2 days ago

RT <u>@TokunboTweetz</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> As previously mentioned, really invaluable for self/emotional regulation! Its incredibly hard t...



#OTalk @OTalk

2 days ago

RT <u>@PaigeeGrace</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> I've been using the Sensory Profile collaboratively with service users to further understand thei...



#OTalk @OTalk

2 days ago

RT <u>@carolinefinch19</u>: <u>@charfrenchOT @Charlee\_W</u> SI assessments and interventions can help increase people's participation in occupation and a...



#### Carolyn @CeeCeeOT

2 days ago

<u>@\_rachelOT @charfrenchOT @Charlee\_W</u> I'm now also thinking of care homes re adults/older adults with DoLS in place and sensory integration <u>#OTalk</u>



#### Charlee @Charlee W

2 days ago

<u>@carolinefinch19</u> <u>@charfrenchOT</u> Yeah definitely... I think it can help members of MDT think about how to work with an individual in a more positive and productive way <u>#OTalk</u>



#### Abi @Abi21643842

2 days ago

<u>@charfrenchOT</u> <u>@OTalk</u> <u>@Charlee</u> <u>W</u> Client centred practice is key here, individual interventions would need to consider increasing (skill development) or decreasing environmental demands (avoid sensory overload). Those with a learning disability or Autism may really struggle in

#### such environments #OTalk



## Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@Charlee</u> <u>W</u> Personally I think everyone with MH needs should be screened for sensory needs. But for those in prison, it can help them to understand why they may have made some of their choices in their lifestyle and how they can make changes but still have their sensory needs met #OTalk



#### Charlotte French OT @charfrenchOT

2 days ago

<u>@carolinefinch19</u> <u>@Charlee\_W</u> Looking through a sensory lens can definitely help our colleagues understand that person as a sensory being for sure, who craves and needs these needs supported effectively <u>#OTalk</u>



## Hello my name is Jim @OT\_Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> It amazes me how many practitioners don't consider a persons sensory processing needs when looking at occupational performance and formulations <u>#OTalk</u>



## Charlotte French OT @charfrenchOT

2 days ago

RT <u>@carolinefinch19</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> SI assessments and interventions can help increase people's participation in occupation and a...



BethM @bethOT89

2 days ago

@\_rachelOT @CeeCeeOT Oo what are sensory circuits?? #OTalk



## Hello my name is Jim @OT\_Jim

2 days ago

<u>@CeeCeeOT</u> <u>@\_rachelOT</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> I'm on the same wave length with hoisting and micro environments <u>#OTalk</u>



#### Charlotte French OT @charfrenchOT

2 days ago

@OT\_Jim @Charlee\_W Do you think it comes down to lack of knowledge/confidence? #OTalk



Carolyn @CeeCeeOT

2 days ago

<u>@OT\_Jim</u> <u>@\_rachelOT</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> Yes! <u>#OTalk</u>



#### Charlee @Charlee W

2 days ago

<u>@\_rachelOT</u> <u>@charfrenchOT</u> I think there is definitely the opportunity to improve quality of life for individuals to address sensory needs, this could be increased by communicating these with wider team members <u>#OTalk</u>



Helen @HelenArnfieldOT

2 days ago

<u>@OT\_Jim</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> My bad, forgot <u>#otalk</u>



#### Charlotte French OT @charfrenchOT

2 days ago

3 down, 2 to go... Quesrion 4 <u>#OTalk @Charlee\_W</u> <u>https://t.co/Wid3MoOWr7</u>

Backet OT @ reshalOT

2 davs ann



#### Racilei O i @\_lacileiO i

<u>@CeeCeeOT</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> Absolutely! I worked in locked residential as a support worker (we weren't trained in SI) but we used a lot of sensory strategies. People explored what felt good/an alternative to self harm/aggression/destruction of property. Definitely the most popular coping strategies #OTalk



#### Charlee @Charlee W

2 days ago

RT <u>@charfrenchOT</u>: Okay then, let's get this sensory party started - Question 1 <u>#OTalk</u> <u>@Charlee W https://t.co/qUpjaXVJMk</u>



#### Charlee @Charlee W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> The importance of assessing & providing a SI intervention is to help individuals become more in touch with how...



## Charlee @Charlee\_W

2 days ago

RT <u>@charfrenchOT</u>: We are off to a flying start! Loving people's comments! Question 2 <u>#OTalk</u> @Charlee W https://t.co/fzBmPdt6vs



## Hello my name is Jim @OT\_Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee</u> <u>W</u> I personally feel it falls into the unknowingly unawareness of established culture within practice areas, also the unwillingness to change #OTalk



## Charlee @Charlee\_W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> Impacts could be the unpredictability of the environment and others too <u>#OTalk</u>



## Charlee @Charlee\_W

2 days ago

RT <u>@charfrenchOT</u>: Wowza we are half way already! I can't type quick enough - so much interest and passion from you all on this subject! Her...



#### Caroline Finch @carolinefinch19

2 days ago

<u>@CeeCeeOT</u> <u>@\_rachelOT</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> Absolutely, I worked in older adults for a number of years- alot of sensory needs, especially as the sensory systems change so much with ageing <u>#OTalk</u>



#### Carolyn @CeeCeeOT

2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> It amazes me how many practitioners don't consider a persons sensory processing needs when looking at...



## Charlee @Charlee\_W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> Other benefits to be to help individuals with PTSD cope with symptoms especially linking to their sensory syst...



## Charlee @Charlee\_W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> It could offer an opportunity to think about themselves in a different way, thinking about their sensory proce...



## #OTalk @OTalk\_

2 days ago

RT <u>@Charlee\_W</u>: <u>@\_rachelOT</u> <u>@charfrenchOT</u> I think there is definitely the opportunity to improve quality of life for individuals to address s...



#### #OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: <u>@carolinefinch19</u> <u>@Charlee\_W</u> Looking through a sensory lens can definitely help our colleagues understand that person as a...



#### **Abi** @Abi21643842

2 days ago

<u>@charfrenchOT</u> <u>@OTalk</u> <u>@Charlee\_W</u> sensory assessments can be used to structure groups based on occupations that promote regulation eg. Mindful activity such as arts and crafts, zen diagrams or knitting (if risk assessed) <u>#OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@SusanGriffiths5</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Personally I think everyone with MH needs should be screened for sensory needs. But for those...



#### Charlotte French OT @charfrenchOT

2 days ago

For me, assessing and formulating sensory needs as part of the individuals overall occupational performance, ultimately aids that individual to work towards occupational goals to be more independent, and have greater quality of life <u>#OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@Abi21643842</u>: <u>@charfrenchOT @OTalk</u> <u>@Charlee\_W</u> Client centred practice is key here, individual interventions would need to consider incr...



#OTalk @OTalk

2 days ago

RT @charfrenchOT: 3 down, 2 to go... Quesrion 4 #OTalk @Charlee\_W https://t.co/Wid3MoOWr7



#### Charlee @Charlee W

2 days ago

RT @charfrenchOT: 3 down, 2 to go... Quesrion 4 #OTalk @Charlee\_W https://t.co/Wid3MoOWr7



#### Rachel Johnson OT ( @RJohnsonOT

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> I think the physical environmental restrictions can be overcome with creativity. The cultural restrictions however are much harder to tackle... or even know where to start! <u>#OTalk</u>



**#OTalk** @OTalk

2 days ago

RT <u>@RJohnsonOT</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> I think the physical environmental restrictions can be overcome with creativity. The cultural rest...



## Toks O @TokunboTweetz

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Educate the system. What is lovely about sensory based interventions is that they make for the most engaging team and service workshops! Demonstrations really help service providers get a glimpse into the experiences of those we work with. <u>#OTalk</u>



#### Rachel OT @ rachelOT

2 days ago

<u>@bethOT89</u> <u>@CeeCeeOT</u> In a nutshell you have an alerting, organising and calming station and people move between them to find a balance. Can rate how they feel before and after session. Used a lot in schools but can be adapted to MH <u>#OTalk</u>



## Carolyn @CeeCeeOT

2 days ago

<u>@charfrenchOT @OT\_Jim @Charlee\_W</u> I can confess for me that certainly applies, but I do think this would be a great CPD opportunity. Watch this space! <u>#OTalk</u>



## Charlee @Charlee\_W

2 days ago

<u>@RJohnsonOT</u> <u>@charfrenchOT</u> Definitely! The culture of an environment can be different to tackle #OTalk



#### Rachel OT @ rachelOT

2 days ago

<u>@HannahKayOT</u> <u>@CeeCeeOT</u> Go for it! Welcome to the community 69 #OTalk



## Charlotte French OT @charfrenchOT

2 days ago

<u>@RJohnsonOT</u> <u>@Charlee\_W</u> I would very much agree! Physical resource, we can work around with a bit of creativity!! But yes...cultural change and perception of the clinical justification from others - a working progress! <u>#OTalk</u>



## Carolyn @CeeCeeOT

2 days ago

RT @charfrenchOT: 3 down, 2 to go... Quesrion 4 #OTalk @Charlee\_W https://t.co/Wid3MoOWr7



## Charlee @Charlee\_W

2 days ago

<u>@charfrenchOT</u> The lack of understanding from others within the team and then others not wanting to understand too <u>#OTalk</u>



#### **Abi** @Abi21643842

2 days ago

<u>@SusanGriffiths5</u> <u>@OTalk</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> I agree, also there is a high numbers of clients with complex needs who have experienced traumas and adverse experiences. Using Trauma informed approach can help support our interventions <u>#OTalk</u>



#### Charlee @Charlee W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> The lack of understanding from others within the team and then others not wanting to understand too <u>#OTalk</u>



#### Hello my name is Jim @OT Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> An example from practice, Young adult with EUPD and anorexia nervousa, vestibular seeking and had restrictions on pacing. During "feeds" would struggle with staying still etc. So massive culture change needed to use a swing during the "feed" <u>#OTalk</u>



## Deborah murphy @Murphlemurph

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> I recall on my training them saying "take one of the more challenging 'prisoners', and if you make a difference with them then people will start to shift & become interested". I found this to be true <u>#OTalk</u>



#### Charlee @Charlee W

2 days ago

<u>@TokunboTweetz</u> <u>@charfrenchOT</u> Education of others is soooo important so they can see for themselves the benefits of sensory based interventions for the individuals we work with and ourselves #OTalk

Charletta Franch OT @sharfranchOT

3 yane auu

#### Cnariotte French O1 @cnanrenchO1





<u>@TokunboTweetz</u> <u>@Charlee\_W</u> A weekly sensory group on our prison unit, initially had confused faces and "play" comments prison officers, a few weeks in they are now identifying their own sensory preferences, and understanding the impact of our lads psychosis, trauma or neurodiversity a bit more! #OTalk



## Rachel OT @ rachelOT

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Research from.<u>@Tchamp13</u> too about the reduction of seclusion and restraint in hospitals through use of sensory strategies <u>#OTalk</u>



## Charlotte French OT @charfrenchOT

2 days ago

Final 10 minutes and last question - Question 5 <u>#Otalk @Charlee\_W</u> <u>https://t.co/nCdzsBMwpu</u>



## Charlee @Charlee W

2 days ago

<u>@charfrenchOT</u> The physical limitations can be around resources and having to be creative but also the limitations around what can be given to individuals in high risk areas or allowed in the environment like PICU or prison settings <u>#OTalk</u> <u>#PositiveRiskTaking</u>



## Charlotte French OT @charfrenchOT

2 days ago

@OT Jim @Charlee W How did it go? #OTalk



#### Carolyn @CeeCeeOT

2 days ago

Awesome stuff! #ValueOfOT #SmallChangeBigImpact #OTalk



#### Charlee @Charlee W

2 days ago

@Murphlemurph @charfrenchOT \*eye roll\* #OTalk



## Hello my name is Jim @OT\_Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> The specialist section holding regular updates, <u>@theRCOT</u> also working with NICE or <u>@NHSEngland</u> to include sensory processing assessments as the gold standard for OT provision <u>#OTalk</u>



#### #OTalk @OTalk

2 days ago

RT <u>@TokunboTweetz</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Educate the system. What is lovely about sensory based interventions is that they make for the...



#### **Abi** @Abi21643842

2 days ago

<u>@charfrenchOT</u> <u>@OTalk</u> <u>@Charlee\_W</u> I think we need to use our models and frameworks to support cultural practice eg. Kawa model for those not in Westernised societies. How can we access family or community support to develop emotional regulation? <u>#OTalk</u>



## #OTalk @OTalk\_

2 days ago

RT <u>@charfrenchOT</u>: <u>@TokunboTweetz</u> <u>@Charlee\_W</u> A weekly sensory group on our prison unit, initially had confused faces and "play" comments pri...



2 days ago

CharfrenchOT @Charlee W Networking (ie # lusticehasedOT) to share practice! Sharing



practice widely (ie #OTalk and conferences) and collaborating with researchers to ensure that evidence captures and is reflective of actual current practices. And recognition from <a href="https://example.com/@theRCOT">@theRCOT</a>



## Charlotte French OT @charfrenchOT

2 days ago

<u>@HelenArnfieldOT</u> <u>@OT\_Jim</u> <u>@Charlee\_W</u> Yes, sensory processing is for everyone, regardless or formal training <u>#OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: Final 10 minutes and last question - Question 5 <u>#Otalk @Charlee\_W</u> https://t.co/nCdzsBMwpu



Charlee @Charlee W

2 days ago

<u>@OT\_Jim</u> <u>@charfrenchOT</u> <u>@theRCOT</u> <u>@NHSEngland</u> This sounds brilliant <u>@OT\_Jim</u> Definitely something more people need to be involved with from these environments to ensure it is relevant to our services. Thanks for sharing! <u>& #OTalk</u>



#OTalk @OTalk

2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> The specialist section holding regular updates, <u>@theRCOT</u> also working with NICE or <u>@NHSEngland</u> to incl...



#### Hello my name is Jim @OT\_Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> It was the first positive steps on their recovery, they brought it up in CPA as the biggest difference in their treatment and without the swing they wouldn't be in the meeting or planning to progress with a safe discharge home <u>#OTalk</u> best feeling ever!



Toks O @TokunboTweetz

2 days ago

<u>@OT\_Jim</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> <u>@theRCOT</u> <u>@NHSEngland</u> Which specialist section? #OTalk



#### Charlotte French OT @charfrenchOT

2 days ago

@OT\_Jim @Charlee\_W @theRCOT @NHSEngland Yes, yes and yes! 🎉 #OTalk



#OTalk @OTalk\_

2 days ago

RT <u>@TokunboTweetz</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> Networking (ie <u>#JusticebasedOT</u>) to share practice! Sharing practice widely (ie <u>#OTalk</u> and confe...



## Rachel Johnson OT ( @RJohnson OT

2 days ago

<u>@Charlee\_W</u> <u>@charfrenchOT</u> I agree, but there are also lots of sensory strategies calming/alerting techniques that can be done without any equipment if the individual is willing to engage <u>#OTalk</u>



## Charlee @Charlee\_W

2 days ago

<u>@TokunboTweetz</u> <u>@charfrenchOT</u> <u>@theRCOT</u> Networking is soooo important... Great plug for <u>#JusticeBasedOTs</u> <u>@TokunboTweetz</u> ... usually this is me hahaha <u></u> #<u>OTalk</u>



Abi @Abi21643842

2 days ago

<u>@charfrenchOT</u> <u>@OTalk</u> <u>@Charlee\_W</u> RCOT has some good practice examples about working in prisons prisons <u>https://t.co/E3HSn3SjJh</u> #OTalk



## Charlotte French OT @charfrenchOT

2 days ago

<u>@RJohnsonOT</u> <u>@Charlee\_W</u> Yes! Proprioceptive and vestibular activities, tactile objects which can be fabricated from "non-restricted" items, food/drink items available to choose from! <u>#OTalk</u>



## Hello my name is Jim @OT\_Jim

2 days ago

<u>@TokunboTweetz</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> <u>@theRCOT</u> <u>@NHSEngland</u> To be brutally honest, all of them! It is a key element of practice that needs to be included in every aspect of the profession as much as the models or activity analysis #OTalk



Charlee @Charlee W

2 days ago

<u>@charfrenchOT</u> By having more research and streamlined guidelines, it will allow us to be more confident and consistent in the assessment and interventions offered! #OTalk



#OTalk @OTalk\_

2 days ago

#OTalk - 22nd June 2021 - Using podcasts for CPD https://t.co/v61mTZ8fA5



Carolyn @CeeCeeOT

2 days ago

RT @OTalk : #OTalk - 22nd June 2021 - Using podcasts for CPD https://t.co/v61mTZ8fA5



## Charlee @Charlee\_W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> The physical limitations can be around resources and having to be creative but also the limitations around wha...



#### Toks O @TokunboTweetz

2 days ago

<u>@Charlee\_W @charfrenchOT @theRCOT</u> Thought I'd alleviate you from your diligent services as you're cohosting tonight <u>@ & #OTalk</u>



## Charlotte French OT @charfrenchOT

2 days ago

<u>@Abi21643842</u> <u>@OTalk</u> <u>@Charlee\_W</u> There is still a long way to go with prison guidance from <u>@theRCOT</u>, in comparison to secure hospital guidance, prisons does not have a specific version. A lot of the examples are international! As a <u>#JusticebasedOT</u> network we hope to develop this in the future <u>#OTalk</u>



## Charlee @Charlee W

2 days ago

RT <u>@charfrenchOT</u>: Final 10 minutes and last question - Question 5 <u>#Otalk @Charlee\_W</u> https://t.co/nCdzsBMwpu



## Charlee @Charlee\_W

2 days ago

RT <u>@Charlee\_W</u>: <u>@charfrenchOT</u> By having more research and streamlined guidelines, it will allow us to be more confident and consistent in th...



## Charlotte French OT @charfrenchOT

2 days ago

That's the end of our allotted time, but please continue chatting if you wish - I know I will! <a href="Mcharlee\_W"><u>@Charlee\_W</u> #OTalk <a href="https://t.co/okjVqKa6gy">https://t.co/okjVqKa6gy</a>



#OTalk @OTalk

2 days ago

RT <u>@charfrenchOT</u>: <u>@Abi21643842</u> <u>@OTalk</u> <u>@Charlee</u> <u>W</u> There is still a long way to go with prison guidance from <u>@theRCOT</u> in comparison to secu



#### Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@TokunboTweetz</u> <u>@Charlee\_W</u> When I worked in MH, I focused on running sessions with the staff - got them to assess their own sensory needs & discuss in a group how it impact them & others before I started running a sensory group with those with MH needs. <u>#OTalk</u>



Charlee @Charlee W

2 days ago

@TokunboTweetz @charfrenchOT @theRCOT Cheers @ #OTalk https://t.co/ffBYn5S4Lh



## Hello my name is Jim @OT\_Jim

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Thank you both for a great <u>#OTalk</u> definitely some takeaways



## Charlotte French OT @charfrenchOT

2 days ago

<u>@SusanGriffiths5</u> <u>@TokunboTweetz</u> <u>@Charlee\_W</u> I had a similar experience, It works really well, when your able to have your own self-awareness to support others <u>#OTalk</u>



#OTalk @OTalk\_

2 days ago

Thanks for hosting @charfrenchOT and @Charlee\_W - really interesting topic! #OTalk



## Charlotte French OT @charfrenchOT

2 days ago

@OTalk\_ @Charlee\_W Thank you for having us!! #OTalk



#### Carolyn @CeeCeeOT

2 days ago

<u>@OT\_Jim</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> Absolutely! I'm keen to learn more and will look up short course/CPD opportunities, thank you so much for tonight's <u>#OTalk</u>



## Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@TokunboTweetz</u> <u>@Charlee\_W</u> Agree. Also help with shifting cultural limitations. #OTalk



## Charlee @Charlee\_W

2 days ago

<u>@SusanGriffiths5</u> <u>@charfrenchOT</u> <u>@TokunboTweetz</u> I think this is a great idea... I have just started in a new workplace and keen to start as I mean to go on... if you have any resources to share <u>@SusanGriffiths5</u> that would be great! <u>#OTalk</u>



#### Susan Griffiths @SusanGriffiths5

2 days ago

<u>@charfrenchOT</u> <u>@Charlee\_W</u> Great talk, thank you! Always happy to talk about anything sensory related. #OTalk



#### Charlotte French OT @charfrenchOT

2 days ago

RT <u>@OTalk</u>: Thanks for hosting <u>@charfrenchOT</u> and <u>@Charlee\_W</u> - really interesting topic! #OTalk



OTNorthumbria @OTNorthumbria @HelenAtkin2 @julieannelowe1

2 days ago



Charlee @Charlee W

2 days ago

<u>@OTalk</u> <u>@charfrenchOT</u> Thanks for having us <u>@OTalk</u> I hope it was useful for people #OTalk



#### Hannah Spencer @hspenceruk

2 days ago

Looking forward to next week's #OTalk @Ruth\_Hawley @OT\_KateT @OTPodcastClub @



#### OT & Chill @ot\_chill

2 days ago

@charfrenchOT @Charlee W Well done...great chat...great responses from people. #OTalk



## Charlee @Charlee\_W

2 days ago

<u>@luckyot</u> <u>@charfrenchOT</u> <u>@OTalk</u> <u>@RCOT\_MH</u> <u>@theRCOT</u> I think this is something we need to be looking at and evaluating the services we are working on to get some information to the wider audience and <u>@theRCOT</u> so the understanding of our role is improved <u>#OTalk</u>



#### Charlee @Charlee\_W

2 days ago

RT <u>@charfrenchOT</u>: That's the end of our allotted time, but please continue chatting if you wish - I know I will! @Charlee W #OTalk https://...



## Ann Marie Farrell @AnnMFarrell

2 days ago

RT <u>@SusanMadigan3</u>: Free Event! 17th June: Showcasing a Tiered Public Health Occupational Therapy Approach to Supporting Student Participati...



## Charlee @Charlee\_W

2 days ago

<u>@TokunboTweetz</u> <u>@SusanGriffiths5</u> <u>@charfrenchOT</u> I definitely need to do a staff sensory education group <u>@ #OTalk</u>



#### Robert Workman @RobW OT

2 days ago

RT @OTalk : #OTalk - 22nd June 2021 - Using podcasts for CPD https://t.co/v61mTZ8fA5



## Susan Griffiths @SusanGriffiths5

2 days ago

<u>@TokunboTweetz</u> <u>@charfrenchOT</u> <u>@Charlee\_W</u> Oh they so do <u>@.</u> They get so animated when they start sharing their sensory preferences and dislikes and how this may clash with others who have different sensory preferences/dislikes <u>#OTalk</u>



## OTNorthumbria @OTNorthumbria @SINetwork

2 days ago



## Charlotte French OT @charfrenchOT

2 days ago

<u>@SusanGriffiths5</u> <u>@TokunboTweetz</u> <u>@Charlee\_W</u> You should have seen them with kinetic sand... it was like hypnosis! <u>#OTalk</u>



## Susan Griffiths @SusanGriffiths5

2 days ago

<u>@Charlee\_W @charfrenchOT @TokunboTweetz</u> I will have a look and see what I can find. A good book to use is 'Living Sensationally' by Winnie Dunn. It also has a questionnaire in the book that

you can priotocopy and get stail to complete to identify their sensory patterns #O talk



#OTalk @OTalk

2 days ago

RT <u>@hspenceruk</u>: Looking forward to next week's <u>#OTalk @Ruth\_Hawley @OT\_KateT</u> <u>@OTPodcastClub</u> <u>\cup https://t.co/ZjV9LRHSOz</u>



Charlee @Charlee W

2 days ago

<u>@charfrenchOT</u> <u>@SusanGriffiths5</u> <u>@TokunboTweetz</u> Love kinetic sand... perfect for my toddler as there is very little mess! Ideal for my sensory preferences hahaha  $\ensuremath{\mbox{\ensuremath{\omega}}}$  <u>#OTalk</u>



Kate Tudor @OT\_KateT

2 days ago

If you want some sneaky advanced insight, come and join <u>@OTPodcastClub</u> this Thursday, 7:30. We're talking sensory stuff (or wherever we end up from that starting point) You've still got time to listen to the episode too ( since I need to fit it in still) <a href="https://t.co/3Q0cg5wG4f">https://t.co/3Q0cg5wG4f</a>



Kate Tudor @OT\_KateT

2 days ago

RT <u>@hspenceruk</u>: Looking forward to next week's <u>#OTalk @Ruth\_Hawley @OT\_KateT</u> <u>@OTPodcastClub</u> <u>@</u>



OTPodcastClub @OTPodcastClub

2 days ago

RT <u>@hspenceruk</u>: Looking forward to next week's <u>#OTalk @Ruth\_Hawley @OT\_KateT</u> <u>@OTPodcastClub</u> <u>@</u>



Dr Nikki Daniels @NikkiDanielsOT

2 days ago

RT @OTalk\_: #OTalk - 22nd June 2021 - Using podcasts for CPD https://t.co/v61mTZ8fA5



Tahani Almutairi @tahani93saad

2 days ago

RT <u>@charfrenchOT</u>: Final 10 minutes and last question - Question 5 <u>#Otalk @Charlee\_W</u> <u>https://t.co/nCdzsBMwpu</u>



Natalie Clarke on mclarke

2 days ago

RT <u>@hspenceruk</u>: Looking forward to next week's <u>#OTalk</u> <u>@Ruth\_Hawley</u> <u>@OT\_KateT</u> <u>@OTPodcastClub</u>



Jessika Lack @JessikaLack OT

2 days ago

RT <u>@OT\_Jim</u>: <u>@charfrenchOT</u> <u>@Charlee\_W</u> The specialist section holding regular updates, <u>@theRCOT</u> also working with NICE or <u>@NHSEngland</u> to incl...



Adele Nelson @Even\_OT

a day ago

I would say, a personality and a heart are essentials in <u>#OccupationalTherapy</u>. I'm also going to add a good sense of humour to the list. <u>#AHPs #OTalk</u>



Ruth Hawley @Ruth\_Hawley

a day ago

Yay. Looking forward to talking all things <u>#Podcasts</u> at mine & <u>@OT\_KateT</u> <u>#OTalk</u> next week. Come join us.



Hannah Spencer @hspenceruk

a day ago

RT <u>@Ruth\_Hawley</u>: Yay. Looking forward to talking all things <u>#Podcasts</u> at mine & <u>@OT\_KateT</u> <u>#OTalk</u> next week. Come join us.



## Kate Tudor @OT\_KateT

a day ago

RT <u>@Ruth\_Hawley</u>: Yay. Looking forward to talking all things <u>#Podcasts</u> at mine & <u>@OT\_KateT</u> <u>#OTalk</u> next week. Come join us.



OT\_Expert @OT\_Expert

a day ago

#Pride #OTPride #OccupationalTherapy #PrideMonth @LGBTQIAOTUK @OTalk\_ #LGBTQIAOTUK



Rachael (she/her) MachaelD OT

a day ago

<u>@OT\_Expert</u> <u>@StormKarli</u> <u>@LGBTQIAOTUK</u> <u>@SophieJSmith3</u> <u>@BAMEOTUK</u> <u>@disableddoctors</u> <u>@OfSlts</u> <u>@cspdisability</u> <u>@cspbame</u> <u>@DoctorsAutistic</u> I know there were talks about this during a recent <u>#OTalk...</u> <u>@Occ4LifeLtd</u> may be best to talk to, I think she is involved...



a day ago

RT <u>@RachaelD\_OT</u>: <u>@OT\_Expert @StormKarli @LGBTQIAOTUK @SophieJSmith3</u> @BAMEOTUK @disableddoctors @OfSlts @cspdisability @cspbame @DoctorsAuti...



## Occupational Therapy Doctoral Network (UK) @DoctoralOTUK

a day ago

RT @OTalk : #OTalk - 22nd June 2021 - Using podcasts for CPD https://t.co/v61mTZ8fA5



## Rebecca, Occupational Therapist @RebeccaCrouch

a day ago

<u>@ForensicOT\_ELFT</u> Oh my goodness! I can't believe I missed this. Will be sure to have a look at the post~<u>#otalk</u> chat. <u>@Charlee\_W</u>, how did it go?



Gail Still @Gail DPT

18 hours ago

We're looking forward to meeting <u>#alliedhealth</u> professionals tomorrow at the South West Provider Collaborative virtual <u>#recruitment</u> fair <u>@DPT\_NHS</u> If you're an <u>#occupationaltherapist</u> or <u>#psychologist</u>, come and speak to us about careers. <u>https://t.co/m32rOdBzkF...</u> <u>#OTalk #NHS</u> <u>https://t.co/LQJGVmAg8F</u>



Gail Still @Gail DPT

18 hours ago

We're looking forward to meeting <u>#alliedhealth</u> professionals tomorrow at the South West Provider Collaborative virtual <u>#recruitment</u> fair <u>@DPT\_NHS</u> If you're an <u>#occupationaltherapist</u> or <u>#psychologist</u>, come and speak to us about careers. <u>https://t.co/hQHQ3FBWUq #OTalk #NHS https://t.co/h5gFUSgNyB</u>



Gail Still @Gail\_DPT

18 hours ago

We're looking forward to meeting <u>#alliedhealth</u> professionals tomorrow at the South West Provider Collaborative virtual <u>#recruitment</u> fair <u>@DPT\_NHS</u> If you're an <u>#occupationaltherapist</u> or <u>#psychologist</u>, come and speak to us about careers. <u>https://t.co/hQHQ3FBWUq #OTalk #NHS https://t.co/UxipPjcfB7</u>



## Occupational Therapy Writing Group @otwg\_gcu

17 hours ago

RT <u>@otwg\_gcu</u>: Need space to write? The occupational therapy writing group is probably for you. Online 18.00-20.00 (just before <u>#otalk</u>) Tues...



## Join Devon Partnership NHS Trust @DPT\_Jobs

17 hours ago

RT <u>@Gail\_DPT</u>: We're looking forward to meeting <u>#alliedhealth</u> professionals tomorrow at the



South vvest Provider Collaborative virtual #recru...



## Sally Burgess @SallyBurgess8

17 hours ago

RT <u>@Gail\_DPT</u>: We're looking forward to meeting <u>#alliedhealth</u> professionals tomorrow at the South West Provider Collaborative virtual <u>#recru</u>...



Name cannot be blank<sup>o</sup> @ @waitlamthinking

17 hours ago

RT <u>@Gail\_DPT</u>: We're looking forward to meeting <u>#alliedhealth</u> professionals tomorrow at the South West Provider Collaborative virtual <u>#recru</u>...



Charlee @Charlee\_W

16 hours ago

<u>@RebeccaCrouch</u> <u>@ForensicOT\_ELFT</u> <u>@RebeccaCrouch</u> - I think it went well thank you. Hope you have managed to catch up on the comments, I retweeted them all on my page too <u>\$\omega\$\$ #OTalk\$</u>



## Susan Madigan OT @SusanMadigan3

3 hours ago

I think what the <u>#OTinHEI #NFSeminar @AOTInews</u> has really highlighted is how creatively <u>#OTalk</u> Occupational Therapists have responded to the changing needs of students since the start of this pandemic. There is a clear need and growing rationale for #OTOnEveryCampus

Showing 1 to 272 of 272 entries



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