

# #OTalk Transcript

Healthcare social media transcript of the [#OTalk](#) hashtag.

Tue, May 4th 2021, 8:00PM – Thu, May 6th 2021, 9:15PM (Europe/London).

See [#OTalk Influencers/Analytics](#).



**#OTalk @OTalk\_**

Good evening everyone and welcome to this month's [#OTalk](#) Research <https://t.co/j68diIdbAd>



**#OTalk @OTalk\_**

Welcome to everyone joining us, please say a quick hello to let us know who is joining in tonight [#OTalk](#) [@GemmaOTPhD](#) [@preston\\_jenny](#) <https://t.co/bw4t>



**Dr Gemma Wells @GemmaOTPhD**

Good Evening [#OTalk](#) Q1. What do you consider to be the benefits of taking an autoethnographic approach in Occupational Therapy research?



**#OTalk @OTalk\_**

Final instructions ahead of tonight's [#OTalk](#) chat [@GemmaOTPhD](#) <https://t.co/8IVqpzjiTv>



**Dr Gemma Wells @GemmaOTPhD**

RT [@GemmaOTPhD](#): Good Evening [#OTalk](#) Q1. What do you consider to be the benefits of taking an autoethnographic approach in Occupational The...



**Sherlyn 🌟 @sherlynmelody**

[@OTalk\\_](#) [@GemmaOTPhD](#) [@preston\\_jenny](#) [#OTalk](#) im lurking tonight :)



**The MOHO OT @themoho\_ot**

[@OTalk\\_](#) [@GemmaOTPhD](#) [@preston\\_jenny](#) I'm lurking too! [#otalk](#)



**#OTalk @OTalk\_**

Thank you [@GemmaOTPhD](#) for our first question of the evening [#OTalk](#)



**Rob Brooks @dr\_robbrooks**

[@GemmaOTPhD](#) [#OTalk](#) still getting my head around what it is. Is the researcher the participant?



**The MOHO OT @themoho\_ot**

RT [@OTalk\\_](#): Welcome to everyone joining us, please say a quick hello to let us know who is joining in tonight [#OTalk](#) [@GemmaOTPhD](#) [@preston\\_j...](#)



**#OTalk @OTalk\_**

RT [@dr\\_robbrooks](#): [@GemmaOTPhD](#) [#OTalk](#) still getting my head around what it is. Is the researcher the participant?



**The MOHO OT @themoho\_ot**

RT [@GemmaOTPhD](#): Good Evening [#OTalk](#) Q1. What do you consider to be the benefits of taking an autoethnographic approach in Occupational The...



**Esther Dark @EstherDark3**

[@GemmaOTPhD](#) Allows the researcher to write first person lived accounts & their voice to be heard on issues which are otherwise in the dark/misunderstood [#OTalk](#) [@OTalk\\_](#)



**Dr Gemma Wells @GemmaOTPhD**

[@dr\\_robbrooks](#) Yes, it is essentially an approach where the participant tries to make sense of their experiences by drawing on theory that already exists [#O...](#)



**#OTalk @OTalk\_**

RT [@EstherDark3](#): [@GemmaOTPhD](#) Allows the researcher to write first person lived accounts & their voice to be heard on issues which are other...

**Dr Gemma Wells** @GemmaOTPhD

RT @EstherDark3: @GemmaOTPhD Allows the researcher to write first person lived accounts &amp; their voice to be heard on issues which are other...



#OTalk @OTalk\_

RT @GemmaOTPhD: @dr\_robbrooks Yes, it is essentially an approach where the participant tries to make sense of their experiences by drawing...

**Dr Gemma Wells** @GemmaOTPhD

@dr\_robbrooks Although I also see it as a means by which the theory could also be critiqued #OTalk



#OTalk @OTalk\_

RT @GemmaOTPhD: @dr\_robbrooks Although I also see it as a means by which the theory could also be critiqued #OTalk

**Wendy Bryant** @DrWMB

@OTalk\_ @GemmaOTPhD @preston\_jenny Hello I'm here now #OTalk apologies, a bit late



#OTalk @OTalk\_

@DrWMB @GemmaOTPhD @preston\_jenny Good to have you here @DrWMB #OTalk

**Alex Smith** @YmchwilStroc

@GemmaOTPhD @dr\_robbrooks Apologies for lateness! I'm like Rob it seems a bit tautological to me #OTalk

**Wendy Bryant** @DrWMB

@GemmaOTPhD @dr\_robbrooks So do you decide on the theory before approaching your experience? #OTalk

**Rob Brooks** @dr\_robbrooks

@GemmaOTPhD #OTalk Interesting. I can see it bringing new insights perhaps not obvious to an outside researcher looking in.

**OT & Chill** @ot\_chill

@GemmaOTPhD #OTalk I don't know know too much about it but I can imagine that it can help researchers and practitioners really question their own lived and the implications this may have on their own practice.

**Dr Gemma Wells** @GemmaOTPhD

Perhaps another way to think of this is to consider what the benefits might be of you (as a researcher) sharing your narrative and drawing on theory to explo

**Dr Gemma Wells** @GemmaOTPhD

RT @ot\_chill: @GemmaOTPhD #OTalk I don't know know too much about it but I can imagine that it can help researchers and practitioners reall...



#OTalk @OTalk\_

RT @ot\_chill: @GemmaOTPhD #OTalk I don't know know too much about it but I can imagine that it can help researchers and practitioners reall...



#OTalk @OTalk\_

RT @dr\_robbrooks: @GemmaOTPhD #OTalk Interesting. I can see it bringing new insights perhaps not obvious to an outside researcher looking i...

**Dr Nikki Daniels** @NikkiDanielsOT

@OTalk\_ @GemmaOTPhD @preston\_jenny Good evening everyone #OTalk



#OTalk @OTalk\_

RT @GemmaOTPhD: Perhaps another way to think of this is to consider what the benefits might be of you (as a researcher) sharing your narrat...

**Hello my name is Jim** @OT\_Jim

@GemmaOTPhD @dr\_robbrooks #OTalk it sounds very much how we as a profession practice? Wrapping the appropriate theories around the lived experie ourselves and our clients to jointly develop goals and a pathway to them?



#OTalk @OTalk\_

RT @YmchwilStroc: @GemmaOTPhD @dr\_robbrooks Apologies for lateness! I'm like Rob it seems a bit tautological to me #OTalk

#OTalk @OTalk\_



RT @OT\_Jim: @GemmaOTPhD @dr\_robbrooks #OTalk it sounds very much how we as a profession practice? Wrapping the appropriate theories around..



**Wendy Bryant @DrWMB**

@GemmaOTPhD That's interesting. I'm thinking about an auto ethnography of a particular experience, critiquing understandings of involvement and particip



**Dr Gemma Wells @GemmaOTPhD**

@DrWMB @dr\_robbrooks It seems that you would move between the two; I think I would capture my narrative first, however you may be lead by your area  
#OTalk



**Ros French @RosFrench1**

@GemmaOTPhD #OTalk, still trying to fully understand the approach to consider the benefits, but I am guessing it allows exploration of values of OT from th  
experience?



**Hello my name is Jim @OT\_Jim**

@OTalk @GemmaOTPhD @preston\_jenny Sorry slightly waterlogged, but here now! #OTalk



**Rob Brooks @dr\_robbrooks**

@OT\_Jim You mean like formulation 🙌🏻👍🏻 #OTalk



**Dr Gemma Wells @GemmaOTPhD**

@DrWMB This sounds very interesting #OTalk



**#OTalk @OTalk\_**

RT @RosFrench1: @GemmaOTPhD #OTalk, still trying to fully understand the approach to consider the benefits, but I am guessing it allows exp...



**Varsha @VarshaChauhan24**

Hi I'm tweet lurking on #OTalk #interesting regarding this research approach 🤔



**Wendy Bryant @DrWMB**

@OT\_Jim @GemmaOTPhD @dr\_robbrooks #OTalk the difference would be the decision to do research & approach design, data gathering and analysis sy



**Hello my name is Jim @OT\_Jim**

@dr\_robbrooks #OTalk exactly what I was building too.... ;)



**Alex Smith @YmchwilStroc**

@GemmaOTPhD In relation to 'narrative' do we mean in the sense of an actively engaged qualitative researcher? What distinguishes this from notions of re  
#OTalk



**Lauren Kenton @Lauren\_kenton15**

@OTalk @GemmaOTPhD @preston\_jenny I'm here in the background #OTalk



**#OTalk @OTalk\_**

RT @DrWMB: @OT\_Jim @GemmaOTPhD @dr\_robbrooks #OTalk the difference would be the decision to do research & approach design, data gathering ;



**Dr Gemma Wells @GemmaOTPhD**

@OT\_Jim @dr\_robbrooks Absolutely. I also see it as a reflective approach #OTalk



**#OTalk @OTalk\_**

RT @YmchwilStroc: @GemmaOTPhD In relation to 'narrative' do we mean in the sense of an actively engaged qualitative researcher? What distin...



**Wendy Bryant @DrWMB**

@GemmaOTPhD @dr\_robbrooks It's hard to capture your own narrative without having some idea how to frame it first, isn't it? #OTa...



**#OTalk @OTalk\_**

RT @DrWMB: @GemmaOTPhD @dr\_robbrooks It's hard to capture your own narrative without having some idea how to frame it first, isn't it? #OTa...

**Sherlyn** 🌟 @sherlynmelody

RT @GemmaOTPhD: @dr\_robbrooks Yes, it is essentially an approach where the participant tries to make sense of their experiences by drawing...

**Rob Brooks** @dr\_robbrooks

@DrWMB @OT\_Jim @GemmaOTPhD I imagine rigour is key or it could be come navel gazing #OTalk

**Wendy Bryant** @DrWMB

@GemmaOTPhD Thanks I've been discussing it over past 4 years with a colleague but I don't really feel I know enough about the method to take it on #OTalk

**Dr Gemma Wells** @GemmaOTPhD

@YmchwilStroc I think there is a difference although I am unsure I can articulate concisely enough to tweet! #OTalk

**Sherlyn** 🌟 @sherlynmelody

RT @YmchwilStroc: @GemmaOTPhD @dr\_robbrooks Apologies for lateness! I'm like Rob it seems a bit tautological to me #OTalk

**Rhiannon Macpherson** @RhiMacpOT

@OTalk @GemmaOTPhD @preston\_jenny Sorry late.....just catching up on chat so far #OTalk

**Varsha** @VarshaChauhan24

@YmchwilStroc @GemmaOTPhD I like this idea can using your mother tongue be an example? #OTalk

**Sherlyn** 🌟 @sherlynmelody

RT @GemmaOTPhD: @DrWMB @dr\_robbrooks It seems that you would move between the two; I think I would capture my narrative first, however you...

**#OTalk** @OTalk\_

This does sound like a complex methodology so well done @GemmaOTPhD for helping us to try and understand this better #OTalk

**Rob Brooks** @dr\_robbrooks

@DrWMB @GemmaOTPhD I am thinking it's could be a great way to capture diverse and marginalised experiences and challenge existing theory #OTalk

**#OTalk** @OTalk\_

RT @GemmaOTPhD: @YmchwilStroc I think there is a difference although I am unsure I can articulate concisely enough to tweet! #OTalk

**Wendy Bryant** @DrWMB

@GemmaOTPhD @YmchwilStroc I think the difference is that you design the study, data gathering and analysis before starting, whereas reflexivity is prima responsive? Otherwise it feels like a rabbit hole... #OTalk

**Dr Gemma Wells** @GemmaOTPhD

Some very interesting points raised so far. I am going to move us on to Q2. How could you use autoethnography to inform your practice of Occupational The

**Alex Smith** @YmchwilStroc

@GemmaOTPhD That's the curse of Twitter! Feel free to share any useful papers you might have that you feel could unpick this #OTalk

**#OTalk** @OTalk\_

RT @dr\_robbrooks: @DrWMB @GemmaOTPhD I am thinking it's could be a great way to capture diverse and marginalised experiences and challenge...

**#OTalk** @OTalk\_

RT @DrWMB: @GemmaOTPhD @YmchwilStroc I think the difference is that you design the study, data gathering and analysis before starting, wher...

**Esther Dark** @EstherDark3

@GemmaOTPhD Bringing an insider's perspective. Being a sensitive &amp; reflexive practitioner #OTalk

**#OTalk** @OTalk\_

Now for our second question of the evening #OTalk

**#OTalk** @OTalk\_

RT @YmchwilStroc: @GemmaOTPhD That's the curse of Twitter! Feel free to share any useful papers you might have that you feel could unpick t...

**Ed Sum Occupational Therapist** 🇧🇪 🇬🇧 @musedNeuroOT

@dr\_robbrooks @DrWMB @OT\_Jim @GemmaOTPhD Is it more credible to gaze at other people's navels? And enough navels until you reach saturation?



**Dr Gemma Wells** @GemmaOTPhD

@DrWMB I am on the verge of giving it a go. I intend to start with writing about a particular experience and then exploring OT theory in relation to that exper



**Wendy Bryant** @DrWMB

@dr\_robbrooks @GemmaOTPhD Yes, that makes sense. When I was working with people with advanced dementia and first encountered MOHO, it made r  
engage in an autoethnography then would have enabled me to investigate what models of practice could be more helpful #OTalk



**#OTalk** @OTalk\_

RT @GemmaOTPhD: @DrWMB I am on the verge of giving it a go. I intend to start with writing about a particular experience and then exploring...



**#OTalk** @OTalk\_

RT @DrWMB: @dr\_robbrooks @GemmaOTPhD Yes, that makes sense. When I was working with people with advanced dementia and first encountered M



**Alex Smith** @YmchwilStroc

@DrWMB @GemmaOTPhD It's a bit 'Meta' isn't it? Sort of research on research, that refers to other 'theory' to understand the experience of researching ...  
I felt it was tautological earlier, although I might be wildly off the mark #OTalk



**Wendy Bryant** @DrWMB

@musedNeuroOT @dr\_robbrooks @OT\_Jim @GemmaOTPhD 🤔 as long as you're capturing your experience of gazing at navels, whoever they belong to



**Dr Gemma Wells** @GemmaOTPhD

@musedNeuroOT @dr\_robbrooks @DrWMB @OT\_Jim I believe that this would depend on your relationship with knowledge and what you consider to be v  
relation to how it is created and the conclusions you seen as valid to draw #OTalk



**#OTalk** @OTalk\_

RT @YmchwilStroc: @DrWMB @GemmaOTPhD It's a bit 'Meta' isn't it? Sort of research on research, that refers to other 'theory' to understand...



**#OTalk** @OTalk\_

RT @GemmaOTPhD: @musedNeuroOT @dr\_robbrooks @DrWMB @OT\_Jim I believe that this would depend on your relationship with knowledge and wh



**Sherlyn** 🌟 @sherlynmelody

RT @GemmaOTPhD: @OT\_Jim @dr\_robbrooks Absolutely. I also see it as a reflective approach #OTalk



**Hello my name is Jim** @OT\_Jim

@DrWMB @GemmaOTPhD @dr\_robbrooks #OTalk exactly like the application of the OT Process we are taught?



**Wendy Bryant** @DrWMB

@YmchwilStroc @GemmaOTPhD The first auto ethnographic study I heard of was presented by a nurse working in a setting where she was struggling to er  
aspects of the service. Through the study she was able to explore her own relevant experiences & offer insights into service improvement #OTalk



**OT & Chill** @ot\_chill

@GemmaOTPhD I feel it can provide some critical reflexivity especially if moving into a a practice area one does not know very much about or an area you  
big assumptions which has not previously been captured by research. #OTalk



**#OTalk** @OTalk\_

RT @DrWMB: @YmchwilStroc @GemmaOTPhD The first auto ethnographic study I heard of was presented by a nurse working in a setting where she w...



**Dr Gemma Wells** @GemmaOTPhD

RT @DrWMB: @YmchwilStroc @GemmaOTPhD The first auto ethnographic study I heard of was presented by a nurse working in a setting where she w...



**#OTalk** @OTalk\_

RT @ot\_chill: @GemmaOTPhD I feel it can provide some critical reflexivity especially if moving into a a practice area one does not know ver...



**Sherlyn** 🌟 @sherlynmelody

@dr\_robbrooks @DrWMB @GemmaOTPhD #otalk e.g. the study of dermatology is deemed to be Eurocentric so this could be an area for research with my  
a black person and how the theory does or doesn't fit???



**Wendy Bryant** @DrWMB

@GemmaOTPhD So what analytical approach will you take to the data? I've always associated grounded theory with ethnography, but that's a probably sim  
#OTalk

**#OTalk** @OTalk\_



RT @DrWMB: @GemmaOTPhD So what analytical approach will you take to the data? I've always associated grounded theory with ethnography, but...



**Prof Diane Cox** @dianecox61  
Late to join in but here now #OTalk



**Ros French** @RosFrench1  
@GemmaOTPhD #OTalk as a reflexive practitioner, enhanced clinical reasoning and evidence-based practice application of lived experience to inform best



**Dr Gemma Wells** @GemmaOTPhD  
@dr\_robbrooks @DrWMB Absolutely. We all have experiences that we have gained through life that would have been shaped by our context. I feel that much captured to expose these lived experiences #OTalk



**Helen** @HelenArnfieldOT  
@GemmaOTPhD Oooo interesting stuff... Should be writing dissertation... We so need to understand the people/communities we work with and this is a deeper I think.. really gotta read the transcript later, procrastination not good 🙄🙄 #otalk



**Wendy Bryant** @DrWMB  
@OT\_Jim @GemmaOTPhD @dr\_robbrooks Yes, but there's a different intention. Research is about investigation, without intending to benefit individuals directly. Ethnography is literally culture (ethno) - writing (graphs)? #OTalk



**#OTalk** @OTalk\_ RT @GemmaOTPhD: @dr\_robbrooks @DrWMB Absolutely. We all have experiences that we have gained through life that would have been shaped by o...



**Prof Diane Cox** @dianecox61  
@GemmaOTPhD @dr\_robbrooks @DrWMB Can you remind me of questions - trying to catch up @OTalk\_ #OTalk



**#OTalk** @OTalk\_ RT @DrWMB: @OT\_Jim @GemmaOTPhD @dr\_robbrooks Yes, but there's a different intention. Research is about investigation, without intending to...



**#OTalk** @OTalk\_ RT @HelenArnfieldOT: @GemmaOTPhD Oooo interesting stuff... Should be writing dissertation... We so need to understand the people/communities...



**Wendy Bryant** @DrWMB  
@ot\_chill @GemmaOTPhD That's so helpful #OTalk



**Dr Gemma Wells** @GemmaOTPhD  
@DrWMB I would agree that a grounded theory approach would sit well with autoethnography #OTalk



**#OTalk** @OTalk\_ RT @OTalk\_: Now for our second question of the evening #OTalk



**#OTalk** @OTalk\_ @dianecox61



**Sherlyn** 🌟 @sherlynmelody  
@GemmaOTPhD @DrWMB #otalk this sounds like the kind of research I would like to do, I didn't even think you could do that. this is a great OTalk.



**Alex Smith** @YmchwilStroc  
@DrWMB @GemmaOTPhD An interesting use of method. It captures something that is often lost as it is very everyday. My concerns are around the 'purity' experience and how we articulate that, when relating to existing theory. Surely the existing theory would impart bias on interpretation #OTalk



**Wendy Bryant** @DrWMB  
@sherlynmelody @dr\_robbrooks @GemmaOTPhD Yes, and what interests me is if your experience of dermatology is personal and/or professional. I'm now Sally Denshire's work, will look her up #otalk



**#OTalk** @OTalk\_ @dianecox61



**Esther Dark** @EstherDark3  
@GemmaOTPhD @OTalk\_ @dr\_robbrooks @DrWMB What epistemological position do you use? #OTalk

**#OTalk** @OTalk\_





RT @YmchwilStroc: @DrWMB @GemmaOTPhD An interesting use of method. It captures something that is often lost as it is very everyday. My conc...



#OTalk @OTalk\_

RT @EstherDark3: @GemmaOTPhD @OTalk\_ @dr\_robbrooks @DrWMB What epistemological position do you use? #OTalk



Dr Gemma Wells @GemmaOTPhD

Moving onto Q3. What are the potential challenges of using autoethnography within Occupational Therapy research? #OTalk



Wendy Bryant @DrWMB

@GemmaOTPhD 🙄 that's a relief. I used a critical ethnographic approach in my PhD alongside participatory action research which worked really well, but i time ago now #OTalk



#OTalk @OTalk\_

And here we have question 3



Dr Heather Baglee @HeatherBaglee

#OTalk great topic for discussion - watching/listening with interest! @GemmaOTPhD



Sherlyn 🌟 @sherlynmelody

RT @DrWMB: @sherlynmelody @dr\_robbrooks @GemmaOTPhD Yes, and what interests me is if your experience of dermatology is personal and/or prof...



Wendy Bryant @DrWMB

@sherlynmelody @GemmaOTPhD I've been fascinated by studies I've heard about: it takes a lot of thinking & planning, clear focus and good supervision b #OTalk



Esther Dark @EstherDark3

@GemmaOTPhD Ethical challenges - can leave the researcher vulnerable #OTalk



#OTalk @OTalk\_

Agreed @HeatherBaglee what a fascinating discussion tonight #OTalk @GemmaOTPhD



Dr Heather Baglee @HeatherBaglee

@GemmaOTPhD Ethical approval took a toll on the possibility of this methodology for our MSc students #OTalk



Dr Gemma Wells @GemmaOTPhD

@YmchwilStroc @DrWMB I agree, but I would also hope it would open opportunity to critique existing theory and to evolve new ways of understanding the experience #OTalk



Wendy Bryant @DrWMB

@YmchwilStroc @GemmaOTPhD I think that's where grounded theory as an analytical approach is important, because there's a thorough and consistent m between theory and data, testing and changing the theory. #OTalk



#OTalk @OTalk\_

Can you tell us a bit more about the challenges @HeatherBaglee #OTalk @GemmaOTPhD



#OTalk @OTalk\_

RT @GemmaOTPhD: @YmchwilStroc @DrWMB I agree, but I would also hope it would open opportunity to critique existing theory and to evolve new...



#OTalk @OTalk\_

RT @DrWMB: @YmchwilStroc @GemmaOTPhD I think that's where grounded theory as an analytical approach is important, because there's a thorough...



Ros French @RosFrench1

@GemmaOTPhD #OTalk, potential bias, remaining objective - difficulty articulating OT core values, skills and lack of evidence and theory?



Sherlyn 🌟 @sherlynmelody

RT @ot\_chill: @GemmaOTPhD I feel it can provide some critical reflexivity especially if moving into a a practice area one does not know ver...



Dr Gemma Wells @GemmaOTPhD

@HeatherBaglee My experience of ethics approval and creative/ different approaches to research methods echoes this #OTalk

Sherlyn 🌟 @sherlynmelody



RT @GemmaOTPhD: @DrWMB I would agree that a grounded theory approach would sit well with autoethnography #OTalk



**Teoh Jou Yin** @teohjouyin

@HeatherBaglee @GemmaOTPhD Interested to find out more as the autoethnographies I have seen published in OT journals seem to indicate "no ethical approval needed" because of the method. #OTalk



**#OTalk** @OTalk\_

RT @GemmaOTPhD: @HeatherBaglee My experience of ethics approval and creative/ different approaches to research methods echoes this #OTalk



**OT & Chill** @ot\_chill

@GemmaOTPhD Potentially limited research in certain areas of OT practice to draw upon to support your own lived experience? #OTalk



**#OTalk** @OTalk\_

RT @teohjouyin: @HeatherBaglee @GemmaOTPhD Interested to find out more as the autoethnographies I have seen published in OT journals seem to...



**Dr Heather Baglee** @HeatherBaglee

@OTalk\_ @GemmaOTPhD Seemed to be a lack of familiarity with the methodology and insufficient time in a dissertation year for lots of revisions and liaison



**Wendy Bryant** @DrWMB

@EstherDark3 @GemmaOTPhD @OTalk\_ @dr\_robbrooks It has to be interpretive as it's ethnography? I think there are other methods of investigating your experiences - I feel like I knew about this once #otalk



**Dr Gemma Wells** @GemmaOTPhD

@teohjouyin @HeatherBaglee This is the approach I was taking too as it is my story to tell and analyse. However I guess it becomes challenging when your story describes the roles of others #OTalk



**#OTalk** @OTalk\_

RT @HeatherBaglee: @OTalk\_ @GemmaOTPhD Seemed to be a lack of familiarity with the methodology and insufficient time in a dissertation year...



**Esther Dark** @EstherDark3

@HeatherBaglee @GemmaOTPhD This is so sad that ethical bodies & committees can thwart creative research methodologies #OTalk



**#OTalk** @OTalk\_

RT @DrWMB: @EstherDark3 @GemmaOTPhD @OTalk\_ @dr\_robbrooks It has to be interpretive as it's ethnography? I think there are other methods of...



**Rob Brooks** @dr\_robbrooks

@GemmaOTPhD #OTalk Could be exposing for the researcher - emotions, feelings, tensions, challenges. So personal but so real.



**Dr Gemma Wells** @GemmaOTPhD

@HeatherBaglee @OTalk\_ I had the same experience getting approval to use photo elicitation in my PhD #OTalk



**Teoh Jou Yin** @teohjouyin

@GemmaOTPhD Not knowing how to do it? #OTalk - sure there are books, and I have participated in a guided activity during the pandemic which was meant to be autoethnographies, but it only guided participants up to data production and analysis / writing up was left to us!



**Alex Smith** @YmchwilStroc

@DrWMB @GemmaOTPhD Yes I can see GT being useful as an analytic approach, especially if your from the constructivist end. I'm struggling a little as I'm a Glaser who has a more objective stance #OTalk



**#OTalk** @OTalk\_

RT @dr\_robbrooks: @GemmaOTPhD #OTalk Could be exposing for the researcher - emotions, feelings, tensions, challenges. So personal but so real...



**#OTalk** @OTalk\_

RT @teohjouyin: @GemmaOTPhD Not knowing how to do it? #OTalk - sure there are books, and I have participated in a guided activity during th...



**Sherlyn** 🌟 @sherlynmelody

RT @DrWMB: @GemmaOTPhD 🌟 that's a relief. I used a critical ethnographic approach in my PhD alongside participatory action research which w...



**Prof Diane Cox** @dianecox61

@GemmaOTPhD Gives you a unique perspective of your lived experience #OTalk

**Dr Gemma Wells** @GemmaOTPhD





**@dr\_robbrooks** The impact of exploring experiences that hold personal meaning, perhaps difficult situations, could evoke all manner of issues [#OTalk](#)



**Dr Heather Baglee** [@HeatherBaglee](#)

[@GemmaOTPhD](#) [@teohjouyin](#) I think there also needs to be provision for care of you as researcher - there may be impacts due to self discovery which need planned for. [#OTalk](#)



**Wendy Bryant** [@DrWMB](#)

[@RosFrench1](#) [@GemmaOTPhD](#) It's interesting about ethnography and bias: the original ethnographers tried to be objective but these days I think it's ackn we all have biases and must be reflexive in research, to manage them [#otalk](#)



**#OTalk** [@OTalk](#)

RT [@HeatherBaglee](#): [@GemmaOTPhD](#) [@teohjouyin](#) I think there also needs to be provision for care of you as researcher - there may be impacts du...



**Sherlyn** 🌟 [@sherlynmelody](#)

[@HeatherBaglee](#) [@GemmaOTPhD](#) [#otalk](#) absolutely, glad I showed up tonight.



**#OTalk** [@OTalk](#)

RT [@DrWMB](#): [@RosFrench1](#) [@GemmaOTPhD](#) It's interesting about ethnography and bias: the original ethnographers tried to be objective but these...



**#OTalk** [@OTalk](#)

RT [@sherlynmelody](#): [@HeatherBaglee](#) [@GemmaOTPhD](#) [#otalk](#) absolutely, glad I showed up tonight.



**Alex Smith** [@YmchwilStroc](#)

[@GemmaOTPhD](#) [@DrWMB](#) I think for me I struggle with a single narrative carrying enough critical weight to overturn or challenge existing theory [#OTalk](#)



**Sherlyn** 🌟 [@sherlynmelody](#)

RT [@DrWMB](#): [@YmchwilStroc](#) [@GemmaOTPhD](#) I think that's where grounded theory as an analytical approach is important, because there's a thorough...



**Wendy Bryant** [@DrWMB](#)

[@HeatherBaglee](#) [@GemmaOTPhD](#) [@teohjouyin](#) I would agree. Plus there's the issue of access to data for other researchers following on. That has concern my vague plans. Plus whether findings would impact on personal situation [#OTalk](#)



**Prof Diane Cox** [@dianecox61](#)

[@GemmaOTPhD](#) [#OTalk](#) depends on your lens and the purpose of the 'auto' aspect - others have said that it can become insular



**#OTalk** [@OTalk](#)

RT [@YmchwilStroc](#): [@GemmaOTPhD](#) [@DrWMB](#) I think for me I struggle with a single narrative carrying enough critical weight to overturn or chall...



**Dr Gemma Wells** [@GemmaOTPhD](#)

[@YmchwilStroc](#) [@DrWMB](#) Perhaps you could view it as a starting point to challenging theory? [#OTalk](#)



**Teoh Jou Yin** [@teohjouyin](#)

[@ot\\_chill](#) [@GemmaOTPhD](#) But I think that is the whole point of doing an autoethnography. If there were more research to draw on, or more sources (potential participants) for instance, would there still be a need to do an autoethnography (case study of one!)?! [#OTalk](#)



**#OTalk** [@OTalk](#)

Just checking but I seem to have lost question 4 [@GemmaOTPhD](#) [#otalk](#)



**#OTalk** [@OTalk](#)

RT [@DrWMB](#): [@HeatherBaglee](#) [@GemmaOTPhD](#) [@teohjouyin](#) I would agree. Plus there's the issue of access to data for other researchers following o...



**Wendy Bryant** [@DrWMB](#)

[@GemmaOTPhD](#) [@HeatherBaglee](#) [@OTalk](#) I'm sad to hear this too: I found it easier as time has gone on [#OTalk](#)



**#OTalk** [@OTalk](#)

RT [@dianecox61](#): [@GemmaOTPhD](#) [#OTalk](#) depends on your lens and the purpose of the 'auto' aspect - others have said that it can become insular



**#OTalk** [@OTalk](#)

RT [@teohjouyin](#): [@ot\\_chill](#) [@GemmaOTPhD](#) But I think that is the whole point of doing an autoethnography. If there were more research to draw o...

**Dr Gemma Wells** [@GemmaOTPhD](#)



Q4. What might prevent you from personally engaging with autoethnography? [#OTalk](#)



[#OTalk @OTalk\\_](#)

Thank you [@GemmaOTPhD](#). Our 4th question of the evening [#OTalk](#)



**Wendy Bryant** [@DrWMB](#)

[@YmchwilStroc](#) [@GemmaOTPhD](#) I struggled with this in aspects of my PhD which was a critical ethnography rather than autoethnography. I wanted to be s with data but the sheer volume was daunting [#OTalk](#)



[#OTalk @OTalk\\_](#)

RT [@DrWMB](#): [@YmchwilStroc](#) [@GemmaOTPhD](#) I struggled with this in aspects of my PhD which was a critical ethnography rather than autoethnograph...



**Teoh Jou Yin** [@teohjouyin](#)

[@DrWMB](#) [@HeatherBaglee](#) [@GemmaOTPhD](#) When you say access to data for other researchers, do you mean like if other researchers request for the dat there might be elements in there which could be used against you? [#OTalk](#)



**OT & Chill** [@ot\\_chill](#)

[@teohjouyin](#) [@GemmaOTPhD](#) [#OTalk](#) Good point...I suppose it all depends on the topic being explored which may then dictate which research method to u



**The MOHO OT** [@themoho\\_ot](#)

RT [@GemmaOTPhD](#): Moving onto Q3. What are the potential challenges of using autoethnography within Occupational Therapy research? [#OTalk](#)



[#OTalk @OTalk\\_](#)

RT [@teohjouyin](#): [@DrWMB](#) [@HeatherBaglee](#) [@GemmaOTPhD](#) When you say access to data for other researchers, do you mean like if other researchers..



**The MOHO OT** [@themoho\\_ot](#)

RT [@GemmaOTPhD](#): Q4. What might prevent you from personally engaging with autoethnography? [#OTalk](#)



**Dr Gemma Wells** [@GemmaOTPhD](#)

[@teohjouyin](#) [@DrWMB](#) [@HeatherBaglee](#) I think for me it would be about wanting to keep control of the disclosures that I may have made within the initial pr



**Wendy Bryant** [@DrWMB](#)

[@teohjouyin](#) [@ot\\_chill](#) [@GemmaOTPhD](#) Yes, if existing research appeared to exclude potential groups of participants - an autoethnography might prepare i for shifting the research agenda? [#OTalk](#)



**Ros French** [@RosFrench1](#)

[@GemmaOTPhD](#) [#OTalk](#), ethics, ability to justify the approach but it actually sounds really interesting to explore OT core values and philosophy



**Prof Diane Cox** [@dianecox61](#)

Probably already been mentioned but auto ethnography could be used as self reflection or multiple volatile individual reflections as a learning tool through ar from the pander mic and the changes to practice likely to stay [#OTalk](#)



**Dr Gemma Wells** [@GemmaOTPhD](#)

[@RosFrench1](#) We are all occupational beings with experiences that could help develop our professional understanding [#OTalk](#)



**Helen** [@HelenArnfieldOT](#)

[@DrWMB](#) [@RosFrench1](#) [@GemmaOTPhD](#) I would be inclined to agree. How can 1 work so closely with a person/community, build solid & mutually benefic relationship 2 make ethnography work... And not have at least some small essence of bias. We are but human! Reflexivity is been noted in my recent resear



[#OTalk @OTalk\\_](#)

Only 10 minutes remaining folks. Time for our final question of the evening [@GemmaOTPhD](#) [#OTalk](#)



[#OTalk @OTalk\\_](#)

RT [@DrWMB](#): [@teohjouyin](#) [@ot\\_chill](#) [@GemmaOTPhD](#) Yes, if existing research appeared to exclude potential groups of participants - an autoethnog...



**Prof Diane Cox** [@dianecox61](#)

[#otalk](#) oops not volatile that was supposed to be collective\*



**Teoh Jou Yin** [@teohjouyin](#)

[@DrWMB](#) [@ot\\_chill](#) [@GemmaOTPhD](#) Then the concern of not having existing research to draw on to support development of an autoethnography would no as the version you describe would then be able to situate itself in relation to existing research? [#OTalk](#)

**Alex Smith** [@YmchwilStroc](#)



@GemmaOTPhD @DrWMB I guess that opens another question, when does a trickle become a flood? Or when and how would we judge sufficient criteria I go from a starting point to a place where existing theory can be overturned? #OTalk



#OTalk @OTalk\_

RT @dianecox61: Probably already been mentioned but auto ethnography could be used as self reflection or multiple volatile individual refle...



Wendy Bryant @DrWMB

@GemmaOTPhD @teohjouyin @HeatherBaglee Yes: the autoethnography I was considering might include my hospital letters about my vasculitis. Clearly to be an access and storage issue. I imagine it could be similar if an OT was planning to use CPD records? #OTalk good to have diverse data sources in ethno



Prof Diane Cox @dianecox61

@GemmaOTPhD @RosFrench1 Yes through a social identity lens perhaps 🤔 #OTalk



Dr Gemma Wells @GemmaOTPhD

Gosh where has the time gone?! Here is the fifth and final question for your consideration: Q5. If you were to complete one piece of autoethnographic work, be the main theme that you would be interested in exploring? #OTalk



#OTalk @OTalk\_

RT @HelenArnfieldOT: @DrWMB @RosFrench1 @GemmaOTPhD I would be inclined to agree. How can 1 work so closely with a person/community, build



#OTalk @OTalk\_

RT @GemmaOTPhD: @RosFrench1 We are all occupational beings with experiences that could help develop our professional understanding #OTalk



Hello my name is Jim @OT\_Jim

@DrWMB @GemmaOTPhD @dr\_robbrooks Aww, that makes sense, I forgot about the intention element #OTalk



#OTalk @OTalk\_

RT @teohjouyin: @DrWMB @ot\_chill @GemmaOTPhD Then the concern of not having existing research to draw on to support development of an autoe...



The MOHO OT @themoho\_ot

RT @GemmaOTPhD: Gosh where has the time gone?! Here is the fifth and final question for your consideration: Q5. If you were to complete one...



#OTalk @OTalk\_

RT @YmchwilStroc: @GemmaOTPhD @DrWMB I guess that opens another question, when does a trickle become a flood? Or when and how would we jud



Dr Aimee Grant 🏳️ (she/they) @DrAimeeGrant

RT @GemmaOTPhD: Moving onto Q3. What are the potential challenges of using autoethnography within Occupational Therapy research? #OTalk



#OTalk @OTalk\_

Now for our final question #OTalk @GemmaOTPhD



Prof Diane Cox @dianecox61

@DrWMB @GemmaOTPhD @teohjouyin @HeatherBaglee Yes as documentary evidence - interesting use of information often written about us rather than



#OTalk @OTalk\_

RT @dianecox61: @DrWMB @GemmaOTPhD @teohjouyin @HeatherBaglee Yes as documentary evidence - interesting use of information often written at



Teoh Jou Yin @teohjouyin

@OTalk\_ @GemmaOTPhD I didn't even see Q4 #OTalk ...



Ros French @RosFrench1

@dianecox61 @GemmaOTPhD #OTalk definitely giving me something to think about that I hadn't before - another idea for my dissertation! Look these disci



#OTalk @OTalk\_

@teohjouyin @GemmaOTPhD We sneaked it in I promise #OTalk



Hello my name is Jim @OT\_Jim

@teohjouyin @OTalk\_ @GemmaOTPhD Don't worry I missed Q2-Q4.... #OTalk

#OTalk @OTalk\_



RT @RosFrench1: @dianecox61 @GemmaOTPhD #OTalk definitely giving me something to think about that I hadn't before - another idea for my dis...



**Ros French** @RosFrench1  
@GemmaOTPhD #OTalk, professional identity, values and development



**Sherlyn** 🌟 @sherlynmelody  
@GemmaOTPhD #otalk health inequalities, social inequalities, the vastness of diversity.



**Wendy Bryant** @DrWMB  
@teohjouyin @ot\_chill @GemmaOTPhD I guess an OT could do an autoethnography about anything that's already been researched, if they perceived a kn...  
As the world changes, research findings become less relevant & autoethnography is part of the renewal cycle? #OTalk



#OTalk @OTalk\_  
They will all be there in the transcript, it's been hard for everyone keeping up tonight with so much interesting debate and discussion #OTalk @GemmaOTPhD



#OTalk @OTalk\_  
RT @DrWMB: @teohjouyin @ot\_chill @GemmaOTPhD I guess an OT could do an autoethnography about anything that's already been researched, if th...



**Dr Heather Baglee** @HeatherBaglee  
@GemmaOTPhD The complexities of personal/professional identity #OTalk



#OTalk @OTalk\_  
Only 5 minutes remaining, I'm sorry to have to bring this to a close tonight #OTalk @GemmaOTPhD



**OT & Chill** @ot\_chill  
@teohjouyin @DrWMB @GemmaOTPhD I see what you mean. I can imagine a critique of the research which excludes a certain group may lead to a bit of a hole...perhaps a different research method to explore similar issue maybe better? #OTalk



**Teoh Jou Yin** @teohjouyin  
@sherlynmelody @GemmaOTPhD That's a very big topic - as you say, 'vastness' ... #OTalk



**Sherlyn** 🌟 @sherlynmelody  
@HeatherBaglee @GemmaOTPhD #otalk role blurring



**Wendy Bryant** @DrWMB  
@GemmaOTPhD I want to explore my experiences of being on a double-blind randomised controlled trial for a new drug. Being an occupational therapist gives particular perspectives on it, as well as being really unwell #OTalk



#OTalk @OTalk\_  
RT @DrWMB: @GemmaOTPhD I want to explore my experiences of being on a double-blind randomised controlled trial for a new drug. Being an occ...



**Hello my name is Jim** @OT\_Jim  
@GemmaOTPhD #OTalk the transition from service member to Veteran, with the question of does a profession help with the change (ie studying to become support)



**The MOHO OT** @themoho\_ot  
Could you use it to look at maintaining our professional identity when working in generic roles / role emerging positions? #otalk



#OTalk @OTalk\_  
#OTalk - 11th May 2021 - "Resilience" - helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Sherlyn** 🌟 @sherlynmelody  
@teohjouyin @GemmaOTPhD #otalk I mean tapping into diversity - there are 9 protected characteristics which one has priority?? How can you choose one another? if you see what I mean.



**Prof Diane Cox** @dianecox61  
We all have a unique perspective so understanding yourself through auto ethnography could be a starting point for any research #OTalk



**Hello my name is Jim** @OT\_Jim  
@themoho\_ot Definitely an interesting idea, especially with so many working in generic or reductionist roles #OTalk

**Rob Brooks** @dr\_robbrooks  
#otalk thanks @GemmaOTPhD and @OTalk\_ great discussion 🌟



Sherlyn 🌟 @sherlynmelody  
@themoho\_ot #OTalk yes!!



#OTalk @OTalk\_

That's our hour over, that was quick! Enormous thanks to @GemmaOTPhD for proposing the topic and facilitating such an interesting discussion. Thanks all our participants who have engaged so positively and constructively this evening. Lots to ponder tonight #OTalk



Teoh Jou Yin @teohjouyin  
@sherlynmelody @GemmaOTPhD You can do 9 autoethographies then! 🤔 #OTalk



Prof Diane Cox @dianecox61

Thank you @GemmaOTPhD @preston\_jenny glad a managed 25 mins @OTalk\_ #OTalk



#OTalk @OTalk\_

RT @dr\_robbrooks: #otalk thanks @GemmaOTPhD and @OTalk\_ great discussion 😊



Hello my name is Jim @OT\_Jim

@sherlynmelody @teohjouyin @GemmaOTPhD Can you chose? Surely a choice between one would mean you are actively discriminating against it? #OTa



Sherlyn 🌟 @sherlynmelody

@OTalk\_ @GemmaOTPhD #otalk yes was amazing, got me thinking about all sorts of things. Thank you.



Alex Smith @YmchwilStroc

@OTalk\_ @GemmaOTPhD Diolch @GemmaOTPhD ! Really interesting, I always enjoy discussing theory and having certain assumptions challenged #OTa



Dr Gemma Wells @GemmaOTPhD

Thank you so much to everyone who contributed to #OTalk this evening discussing #autoethnography as a research method in #occupationaltherapy So much to consider



Sherlyn 🌟 @sherlynmelody

@teohjouyin @GemmaOTPhD #otalk yes and you can do all the writing!! we have a deal :) ha ha ha



Hello my name is Jim @OT\_Jim

@OTalk\_ @GemmaOTPhD Thank you very much, I'll catch up on the rest tomorrow.. that was a very rapid #OTalk



Lucy Chambers she/her 🌟 #blm 🌈 @luckyot

RT @OTalk\_: #OTalk – 11th May 2021 – “Resilience” – helpful or a hindrance? <https://t.co/uNfos8y5rK>



Dr. Malabika Ghosh @MalabikaDr

@GemmaOTPhD @HeatherBaglee Really enjoying the informative discussion about auto ethnography. What is your experience of the ethical approval process for research involving this methodology. #OTalk



The MOHO OT @themoho\_ot

RT @OTalk\_: That's our hour over, that was quick! Enormous thanks to @GemmaOTPhD for proposing the topic and facilitating such an interes...



The MOHO OT @themoho\_ot

RT @OTalk\_: #OTalk – 11th May 2021 – “Resilience” – helpful or a hindrance? <https://t.co/uNfos8y5rK>



MarquetteOT @MarquetteOT

RT @OTalk\_: #OTalk – 11th May 2021 – “Resilience” – helpful or a hindrance? <https://t.co/uNfos8y5rK>



Dr. Malabika Ghosh @MalabikaDr

Attended a really informative discussion around autoethnography on the #OTalk platform. Thanks @ Dr. Gemma Wells



Hannah Spencer @hspenceruk

RT @OTalk\_: #OTalk – 11th May 2021 – “Resilience” – helpful or a hindrance? <https://t.co/uNfos8y5rK>

Rachael (she/her) 🌟 @RachaelD\_OT

It's official... I am hosting my first #OTalk next week. The plan was always to do this with @SallyBeckwithOT, but unfortunately our diaries just didn't allow it.



go... "Resilience" - helpful or a hindrance?



**Hannah Spencer** @hspenceruk

Brilliant @RachaelD\_OT ! Look forward to joining you #OTalk



**Deborah Murphy** @Murphlemurph

This looks excellent. Looking forward to it #OTalk



**Jeni Woods** @Jeni\_woods\_OT

This looks like a really interesting topic! See you next week #OTalk



**Ed Sum Occupational Therapist** @musedNeuroOT

Should be a good one and highly relevant for these tough times...



**Carolyn** @CeeCeeOT

RT @RachaelD\_OT: It's official... I am hosting my first #OTalk next week. The plan was always to do this with @SallyBeckwithOT, but unfortu...



**The MOHO OT** @themoho\_ot

RT @RachaelD\_OT: It's official... I am hosting my first #OTalk next week. The plan was always to do this with @SallyBeckwithOT, but unfortu...



**Kelly S** @KellyOT

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Dr Gemma Wells** @GemmaOTPhD

RT @RachaelD\_OT: It's official... I am hosting my first #OTalk next week. The plan was always to do this with @SallyBeckwithOT, but unfortu...



**Robert Workman** @RobW\_OT

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Neuro ProActive** @NeuroProActive

Resilience. A lovely corporate buzz word over used by those who are only 'resilient' because they don't actually do anything and are therefore under no pres whatsoever. ... sitting in a corner office drinking tea isn't 'resilience'.



**CAHPR London** @CAHPR\_London

RT @OfficialCAHPR: The latest #OTalk tweetchat gets underway in just over 20 minutes...



**Caroline** @Carolin55760793

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Michelle Hone** @honemichelle1

RT @RachaelD\_OT: It's official... I am hosting my first #OTalk next week. The plan was always to do this with @SallyBeckwithOT, but unfortu...



**Catherina Nolan-Ruffle** @NolanRuffle

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Mandy Espey Chief AHP DBTH & RDASH** @EspeyMandy

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Kosiwa Lokosu** @KosiwaOT

RT @RachaelD\_OT: It's official... I am hosting my first #OTalk next week. The plan was always to do this with @SallyBeckwithOT, but unfortu...



**NorthWest RCOT** @NW\_RCOT

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>



**Keir Harding** @Keirwales

RT @OTalk\_: #OTalk – 11th May 2021 – "Resilience" – helpful or a hindrance? <https://t.co/uNfos8y5rK>

**Marjorie Ghisoni** 🍌🍌 #5aday4resilience #staysafe @DrMGhisoni





 #OTalk c

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