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#OTalk Transcript

Healthcare social media transcript of the [#OTalk](#) hashtag.

Tue, November 10th 2020, 3:35PM – Wed, November 11th 2020, 4:35PM (Europe/London).


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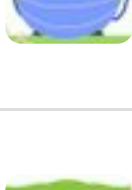
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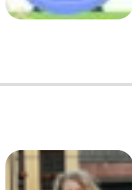
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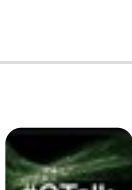
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
I am leading today's [#otalk](#) discussions in less than 4 hours. It will be my third to last talk I got to participate live for a while.

  
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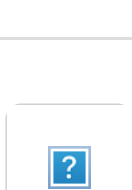
★[OT_Expert](#)★ [@OT_Expert](#) 3 months ago
RT [@BillWongOT](#): I am leading today's [#otalk](#) discussions in less than 4 hours. It will be my third to last talk I got to participate live fo...

  
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★[OT_Expert](#)★ [@OT_Expert](#) 3 months ago
RT [@oana34097995](#): To all my OT colleagues, is anyone of you working as a Team Occupational Therapy Manager For Children and Families? I wou...

  
- 





★[OT_Expert](#)★ [@OT_Expert](#) 3 months ago
RT [@OTalk_](#): [#OTalk](#) 10th Nov 2020 – Finding your Professional Development/CPD mentor- <https://t.co/H6HnbaedgK>

  
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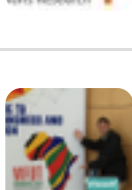
Catherine McNulty [@cathymc9781](#) 3 months ago
RT [@OTalk_](#): [#OTalk](#) 10th Nov 2020 – Finding your Professional Development/CPD mentor- <https://t.co/H6HnbaedgK>




  
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#OTalk [@OTalk_](#) 3 months ago
RT [@OTalk_](#): [#OTalk](#) 10th Nov 2020 – Finding your Professional Development/CPD mentor- <https://t.co/H6HnbaedgK>

  
- 





Janet Snakehole [@AmyBrennan2](#) 3 months ago
RT [@OTalk_](#): [#OTalk](#) 10th Nov 2020 – Finding your Professional Development/CPD mentor- <https://t.co/H6HnbaedgK>

  
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OT Nix  [@thisisnix](#) 3 months ago
Nice one Bill   [@BillWongOT](#)! Take care, and all the best. [#OTalk](#)

  
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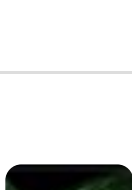
OfficialCAHPR [@OfficialCAHPR](#) 3 months ago
Just under an hour to go before [#OTalk](#) gets underway...

  
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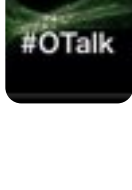
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
10 minutes til [#otalk](#) <https://t.co/EPfKQIWB5V>




  
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#OTalk [@OTalk_](#) 3 months ago
Not long to go before tonight's [#OTalk](#)! This is [@colourful_ot](#) on the account for tonight, just checking in with our 10 minute reminder and a quick refresher on how our chats work and our usual rules 🥰

  
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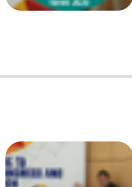
#OTalk [@OTalk_](#) 3 months ago
Our host ([@BillWongOT](#)) will be posting questions, which you can also check out on our website below; everyone else taking part will be replying to these questions using the hashtag [#OTalk](#) <https://t.co/WF7JsA6Jpd>



  
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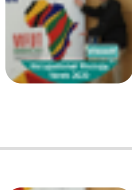
#OTalk [@OTalk_](#) 3 months ago
Our rules are mostly common sense:  be kind  follow social media guidelines from your employer, RCOT and HCPC 🥰 respect patient privacy and confidentiality  don't forget the hashtag - [#OTalk](#), with one T - so that we can see your Tweets and include them our transcript!

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
My Novembers typically are NOT this busy. But this month I am hosting an [#otalk](#), 3 [@ted_circles](#), and 1 small scale pilot TEDx event. <https://t.co/ZyK6MAndSA>

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
RT [@OTalk_](#): Our rules are mostly common sense:  be kind  follow social media guidelines from your employer, RCOT and HCPC 🥰 respect patie...

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[#otalk](#) Alrighty... hello everyone! Welcome to today's discussion. <https://t.co/dGVEjcOXYI>

  
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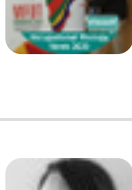
#OTalk [@OTalk_](#) 3 months ago
RT [@BillWongOT](#): [#otalk](#) Alrighty... hello everyone! Welcome to today's discussion. <https://t.co/dGVEjcOXYI>

  
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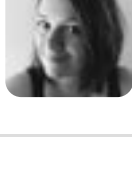
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[#otalk](#) I will start off with Q1. Why is mentoring important for us in our journeys as OT students and practitioners? <https://t.co/NoqN1uJjpu>

  
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Rachael [@RachaelID_OT](#) 3 months ago
[@BillWongOT](#) Hey [@BillWongOT](#)! Evening all [#OTalk](#)

  
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#OTalk [@OTalk_](#) 3 months ago
RT [@BillWongOT](#): [#otalk](#) I will start off with Q1. Why is mentoring important for us in our journeys as OT students and practitioners? https:...

  
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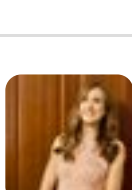
#OTalk [@OTalk_](#) 3 months ago
[@RachaelID_OT](#) [@BillWongOT](#) Evening! Thanks for joining us 🥰 [#OTalk](#)

  
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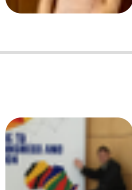
Georgia Vine [@GeorgiaVineOT](#) 3 months ago
[@BillWongOT](#) [@OTalk_](#) Howdy [#OTalk](#)

  
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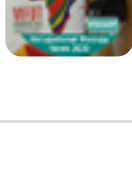
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@GeorgiaVineOT](#) [@OTalk_](#) this is my cameo this year in hosting. Not sure when I will host again. [#otalk](#)

  
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Cecily Borgstein [@WonderingOT](#) 3 months ago
[@BillWongOT](#) Hello [#OTalk](#) lovely to be back this week! I think mentors are so important because they can offer a space to explore our interests and can also be so inspiring. I have learnt so much from some of my (usually unofficial) mentors

  
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Student Platform OT [@SPOTeurope](#) 3 months ago
[@BillWongOT](#) Hey! What a great topic for today, since we are a group of students 🥰 [#OTalk](#)

  
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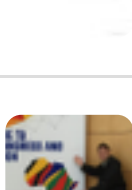
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@celiabentleyOT](#) yup- it's different from supervising because it's related to CPD. [#otalk](#)

  
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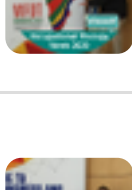
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
RT [@WonderingOT](#): [@BillWongOT](#) Hello [#OTalk](#) lovely to be back this week! I think mentors are so important because they can offer a space to e...

  
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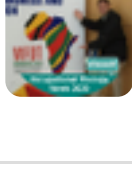
#OTalk [@OTalk_](#) 3 months ago
RT [@WonderingOT](#): [@BillWongOT](#) Hello [#OTalk](#) lovely to be back this week! I think mentors are so important because they can offer a space to e...

  
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Rachael [@RachaelID_OT](#) 3 months ago
[@BillWongOT](#) It provides a way to tap into the knowledge, skills, and experience of others. Not only can the mentee learn from the mentor, but I believe that the mentor can learn from the mentee too [#OTalk](#)

  
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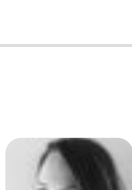
#OTalk [@OTalk_](#) 3 months ago
RT [@RachaelID_OT](#): [@BillWongOT](#) It provides a way to tap into the knowledge, skills, and experience of others. Not only can the mentee learn f...

  
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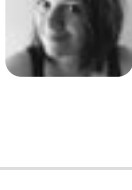
#OTalk [@OTalk_](#) 3 months ago
[@GeorgiaVineOT](#) [@BillWongOT](#) Hello! [#OTalk](#)

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@WonderingOT](#) I concur with that. I know when I have my own CPD mentors, I purposely picked people who have experiences in leadership positions in AOTA that I might be interested in serving and/or are familiar with how AOTA works. [#otalk](#)

  
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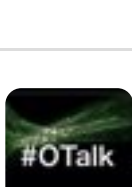
Georgia Vine [@GeorgiaVineOT](#) 3 months ago
[@BillWongOT](#) [@OTalk_](#) Ahh [#OTalk](#)

  
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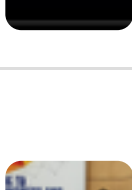
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@WonderingOT](#) Another criteria I picked my mentors was- hearing my mentors presented across the globe actually inspired me to connect and present abroad as well. [#otalk](#)

  
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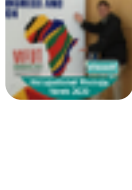
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
RT [@RachaelID_OT](#): [@BillWongOT](#) It provides a way to tap into the knowledge, skills, and experience of others. Not only can the mentee learn f...

  
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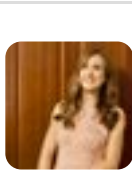
#OTalk [@OTalk_](#) 3 months ago
RT [@BillWongOT](#): [@WonderingOT](#) I concur with that. I know when I have my own CPD mentors, I purposely picked people who have experiences in l...

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@RachaelID_OT](#) yup- mentorship can be a 2 way street. [#otalk](#)

  
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Georgia Vine [@GeorgiaVineOT](#) 3 months ago
[@BillWongOT](#) To just not feel alone and to bounce off one another [#OTalk](#)

  
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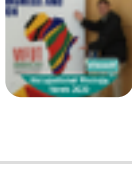
Student Platform OT [@SPOTeurope](#) 3 months ago
Do you have an opinion on this? [#OTalk](#)

  
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#OTalk [@OTalk_](#) 3 months ago
RT [@GeorgiaVineOT](#): [@BillWongOT](#) To just not feel alone and to bounce off one another [#OTalk](#)

  
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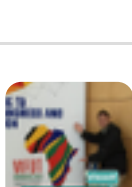
Cecily Borgstein [@WonderingOT](#) 3 months ago
[@GeorgiaVineOT](#) [@BillWongOT](#) Completely agree with this, having someone to talk things through with is so helpful [#OTalk](#)

  
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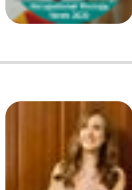
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@GeorgiaVineOT](#) My ventures in TEDx world actually was my own idea, though it was inspired from a late CPD mentor that I had. It is not easy when nobody else in OT had experience with organizing one of these events. [#otalk](#)

  
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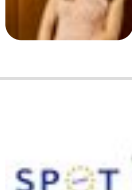
Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
RT [@WonderingOT](#): [@GeorgiaVineOT](#) [@BillWongOT](#) Completely agree with this, having someone to talk things through with is so helpful [#OTalk](#)





  
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Georgia Vine [@GeorgiaVineOT](#) 3 months ago
[@WonderingOT](#) [@BillWongOT](#) Yeah I always have to talk everything through! [#OTalk](#)

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[@SPOTeurope](#) of course I do... but I will wait for you guys to contribute first... hehe! [#otalk](#)

  
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OT Nix  [@thisisnix](#) 3 months ago
[@GeorgiaVineOT](#) [@BillWongOT](#) This is SO important, I agree . It can be the make or break situation of either: lighting the spark within you, or danger of the spark fizzling out completely!   [#OTalk](#)

  
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



Chantelle Martin [@chaniedavies](#) 3 months ago
[@GeorgiaVineOT](#) [@BillWongOT](#) Support without a power dynamic [#OTalk](#)


  
- 




Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
[#otalk](#) Alright... getting ready for question 2. What qualities you are looking for in your CPD mentor? (I will be more specific this time because my first question wasn't too clear.)

  
- 

Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
RT [@chaniedavies](#): [@GeorgiaVineOT](#) [@BillWongOT](#) Support without a power dynamic [#OTalk](#)

  
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Bill Wong, OTD, OTR/L [@BillWongOT](#) 3 months ago
RT [@thisisnix](#): [@GeorgiaVineOT](#) [@BillWongOT](#) This is SO important, I agree . It can be the make or break situation of either: lighting the sp...

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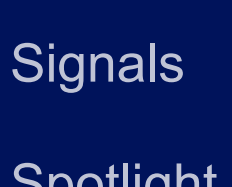
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