



#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, December 1st 2020, 7:40PM – Wed, December 2nd 2020, 2:40PM

(Europe/London).

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Jeni Woods [@Jeni_woods_OT](#)

a month ago

[@uk_james](#) [@OT_Jim](#) I found my volunteer role with the [@RCOTMajorHealth](#) specialist section Committee really beneficial #OTalk



Ros French [@RosFrench1](#)

a month ago

[@Jeni_woods_OT](#) #OTalk learning how to use Twitter to link with others, Reflective practice - having a student and a supportive colleague writing an article for OT news and giving me a gentle nudge I needed! [@chaniedavies](#) thank you



Hello my name is Jim [@OT_Jim](#)

a month ago

[@Jeni_woods_OT](#) Not yet, I'm part of [@Keirwales](#) working group for the professions position statement on EUPD. But I've looked into writing up and publishing some ideas about Kawa's application in supportive discharge, #OTalk



Dr Jenny Preston MBE [@preston_jenny](#)

a month ago

[@Jeni_woods_OT](#) My supervisors!! You don't need to do it on your own #OTalk





#Hellomynameis Sarah. 🎓 💙 💚 😊 @SLawsonOT

a month ago

Jul... Woods @uk_james @OT_Jim @RCOTMajorHealth Volunteering for specialist section/regional committee I'd also a great way to network and begin to build your support community #otalk



Jeni Woods @Jeni_woods_OT

a month ago

Perhaps it's another #OTalk... but it would be useful to have tips on how to publish work.



Catherine McNulty @cathymc9781

a month ago

@OTalk_ @NikkiDanielsOT @Jeni_woods_OT Lurking in and out tonight #OTalk



Ros French @RosFrench1

a month ago

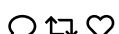
@Jeni_woods_OT #OTalk, I am just starting this process so undertaking Research module, reviewing the literature, having someone to talk through ideas with and lots of mind maps and thought ideas!



Student Platform OT @SPOTeurope

a month ago

Do you have something to share on this? Or do you want to know what activities can help, go see the answers there are really good ones! #OTalk



Sayyada Master @SayyTheOT

a month ago

Love the research talk on #OTalk! Definitely a route I aspire to pursue at some point 😊



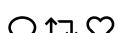
Chantelle Martin @chaniedavies

a month ago

@RosFrench1 @Jeni_woods_OT #OTalk Mutual... Avoided research until our many chats.

Maybe an area I would actually like to get into and more interested than ever thought I'd be.

@RosFrench1 thank you too



Prof Diane Cox @dianecox61

a month ago

#OTalk thanks for the shout out @SLawsonOT just arrived - but late I know



Edward Duncan @easduncan

a month ago

@Jeni_woods_OT Q4 - Publish your research. Even if it's a small study. Publish in a peer reviewed journal #OTalk



#OTalk @OTalk

a month ago

Any volunteers to host this #otalk Research in the New year? Currently compiling the 2021 timetable #otalk A great networking, skill development and learning experience!!



SYMPUR



#Hellomynameis Sarah. 🚆 💙 🏳️🌈 😊 @SLawsonOT

a month ago

Jul... Wooo! Maybe a good subject for another #otalk research in the new year
@NikkiDanielsOT



Prof Diane Cox @dianecox61

a month ago

RT @OTalk: Any volunteers to host this #OTalk Research in the New year? Currently compiling the 2021 timetable #Otalk A great networking,...



Prof Diane Cox @dianecox61

a month ago

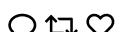
RT @easduncan: @Jeni_woods_OT Q4 - Publish your research. Even if it's a small study. Publish in a peer reviewed journal #OTalk



Dr Jenny Preston MBE @preston_jenny

a month ago

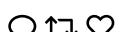
RT @SLawsonOT: @Jeni_woods_OT Maybe a good subject for another #otalk research in the new year @NikkiDanielsOT



Jeni Woods @Jeni_woods_OT

a month ago

Great opportunity and fantastic to connect to others #OTalk



Jo Collier @MassDecoration

a month ago

@OT_Jim @Jeni_woods_OT @Keirwales That sounds interesting. I used Kawa within a MOHO framework with a couple of clients and it opened me up to its usefulness. I look forward to reading your piece on its application in supported discharge #otalk



Prof Diane Cox @dianecox61

a month ago

RT @SLawsonOT: @Jeni_woods_OT @uk_james @OT_Jim @RCOTMajorHealth Volunteering for specialist section/regional committee I'd also a great wa...



Ruth Hawley @Ruth_Hawley

a month ago

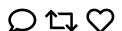
@pd2ot @Jeni_woods_OT @pd2ot can you give us a summary of how you see the difference between PhD and professional doctorate and what factors you'd say would influence choices between these two options. #OTalk



Dr Jenny Preston MBE @preston_jenny

a month ago

RT @OTalk: Any volunteers to host this #OTalk Research in the New year? Currently compiling the 2021 timetable #Otalk A great networking,...



James Lampert @uk_james

a month ago

@SLawsonOT @Jeni_woods_OT @OT_Jim @RCOTMajorHealth I did that in my early days. Had a committee position on a BAOT Regional group. Opened doors to all sorts of things. One was opening of the @theRCOT HQ on Borough High Street when it relocated. Canapés with the Princess Royal 🎉 #OTalk #Memories





Hello my name is Jim @OT_Jim

@MassDecoration @Jeni_woods_OT Welcome to the dark side! #OTalk

a month ago



Jeni Woods @Jeni_woods_OT

a month ago

Last question of the evening... It's been a busy evening! Q6. Can you share any tips or advice to support others with their application to study at doctoral level #OTalk



Kate Tudor @OT_KateT

a month ago

@Jeni_woods_OT Got some great advice about doing things outside my comfort zone and not waiting for someone to ask me but get on and do them myself. Led to OTNews article, presenting at conference, starting @OTPodcastClub podcast and most excitingly meeting @BillWongOT 😍 #OTalk



#OTalk @OTalk

a month ago

Anyone else have any thoughts? #Otalk



Student Platform OT @SPOTeurope

a month ago

This sound like a great way to start it. #OTalk



Hello my name is Jim @OT_Jim

a month ago

@MassDecoration @Jeni_woods_OT @Keirwales As a teaser, think about canals and locks, ;) #OTalk



Chantelle Martin @chaniedavies

a month ago

@SLawsonOT @Jeni_woods_OT @dianecox61 #OTalk spot on and done this a lot this year. Articles in OT mag, OT news, local magazine, newsletter, reflective piece in OT hub and evidence based social prescribing and OT pitch.. No wonder worn out 😂



Dr Anita Atwal @anita_atwal

a month ago

RT @pd2ot: @anita_atwal Yes! My supervisors were amazing. I briefly had an OT supervisor (who was fab), but she left and I had solely nurse...



#HelloMyNameIs Sarah. 🚆 💙 🏳️🌈 😊 @SLawsonOT

a month ago

One thing springs to mind during this #OTalk & I have a vested interested as part of funded research project looking into it in more depth but people talk about wanting to do research in the future... do you consider you're doing any research day to day within your practice?



#OTalk @OTalk

a month ago

Finally, question 6. Any tips? #OTalk



**Tori OT @Tori_Doll**

Julie Woods OT Guest lecturing, publishing your research, presenting at relevant conferences. #OTalk

a month ago

**Imogen M ✨ @Imogen01379300**

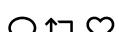
a month ago

@Jeni_woods_OT #OTalk I think being genuinely intrigued, fascinated, and excited about the specific research module/focus area is crucial in a proposal. Otherwise I think the initial preparation can be extremely difficult and something that's seen as a chore??

**James Lampert @uk_james**

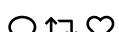
a month ago

RT @SLawsonOT: @Jeni_woods_OT Good question. Establish a profile, use Twitter, linkedin, Researchgate etc & in the words of @dianecox61 pub...

**Student Platform OT @SPOTeurope**

a month ago

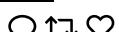
Last question is out. The time flew on tonight's #OTalk.

**Dr Catriona Connell @DrCConnell**

a month ago

talk with people who have got to where you want to get to. Another plug for

@MOT1ON_Research where you'll find mental health researchers of different types #OTalk

**Chantelle Martin @chaniedavies**

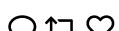
a month ago

@MassDecoration @OT_Jim @Jeni_woods_OT #OTalk have you looked at TRAMM model re cpd? Game changer!

**Alison Kerr @alisonkerrOT**

a month ago

@Jeni_woods_OT Never under estimate the value of spending time on the proposal, the greater the detail and thought given In the planning stage pays dividends in the long run. Expect multiple drafts, it's normal & helpful. Draw upon critical friends + become your own critical friend #OTalk

**Dr Jenny Preston MBE @preston_jenny**

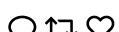
a month ago

@Ruth_Hawley @pd2ot @Jeni_woods_OT Key difference is that clinical doctorates are mainly taught programmes whereas a PhD is not. Definitely informed by what you want to do next in your research career #OTalk

**Prof Diane Cox @dianecox61**

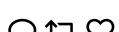
a month ago

@Ruth_Hawley @pd2ot @Jeni_woods_OT Oops #OTalk

**Hello my name is Jim @OT_Jim**

a month ago

@Jeni_woods_OT Be passionate!! This is not something that you should do lightly as it's a big commitment and University are going to want to see you're up for it. #OTalk





#Hellomynameis Sarah. 🚆 💙 🏳️🌈 😊 @SLawsonOT

a month ago



@chaniedavies @Jeni_woods OT @dianecox61 Great examples of sharing your work by telling others as part of your professional development 🚆! #otalk

💬 ↗️ ❤️



Prof Diane Cox @dianecox61

a month ago

#OTalk - oops

💬 ↗️ ❤️



Andrew Bateman @DrAndrewBateman

a month ago

@Jeni_woods OT #OTalk there were some useful resources posted here <https://t.co/pODrxm4NWT> back in April, still relevant and useful I think

💬 ↗️ ❤️



Prof Diane Cox @dianecox61

a month ago

@OTalk Replied forgot #OTalk

💬 ↗️ ❤️



Chantelle Martin @chaniedavies

a month ago

@uk_james @Tori_Doll @Jeni_woods OT #OTalk agree it has helped me narrow my interest areas and believe I can do it in the future.. Plus I actually want to..

💬 ↗️ ❤️



James Lampert @uk_james

a month ago

@kaleytong OT @MassDecoration @Jeni_woods OT Maybe you'd be happy to do a short Teams presentation Q&A for a small group of us sometime and share your insights? #OTalk

💬 ↗️ ❤️

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