

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, April 28th 2020, 8:00PM – Thu, April 30th 2020, 9:30PM (Europe/London).

See #OTalk Influencers/Analytics.

✧ **Annie OT Student** ✧ @AnnieSevern_OT

3 months ago



Hi everyone! Welcome to tonight's #OTalk! Tonight's topic is 'Groupwork in Dementia Care'. I am so looking forward to hearing your experiences of planning and implementing groups - whichever client group it has been with – everybody's input is welcomed! Who is joining tonight? <https://t.co/CVqSziyOKV>

💬 ↺ ❤️

Margaret Spencer @margaretOT360

3 months ago



RT @OTalk_: For anyone new to #OTalk, how it works is that our host (tonight that's @AnnieSevern_OT) will post questions throughout the hou...

💬 ↺ ❤️

Margaret Spencer @margaretOT360

3 months ago



Looking forward to it Annie #otalk

💬 ↺ ❤️

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



#otalk hello everyone! Something for me to do while being forced to stay at home for 2+ weeks.

💬 ↺ ❤️

Opportune-OT @Opportune_OT

3 months ago



@AnnieSevern_OT Hello! Looking forward to tonight's chat, especially question 1 & 2! #OTalk

💬 ↺ ❤️

✧ **Annie OT Student** ✧ @AnnieSevern_OT

3 months ago

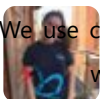


So just to introduce myself (as I'm relatively new to twitter and #OTalk)... I am a second year OT Masters student at Sheffield Hallam. My current role emerging placement is in Dementia Care and I'm researching 'Changes in Identity Following Stroke' for my dissertation!

💬 ↺ ❤️

✧ **Annie OT Student** ✧ @AnnieSevern_OT

3 months ago



Hey! That's great! Feel free to share your experiences in other questions to even if they aren't in Dementia Care! Looking forward to it! #OTalk

💬 ↺ ❤️

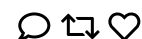
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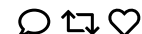
Opportune-OT @Opportune_OT
@AnnieSevern_OT Perfect! Thank you 😊 #OTalk

3 months ago



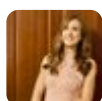
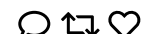
Margaret Spencer @margaretOT360
RT @BillWongOT: #otalk hello everyone! Something for me to do while being forced to stay at home for 2+ weeks.

3 months ago



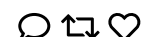
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3 months ago



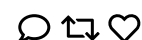
Georgia Vine @GeorgiaVineOT
@AnnieSevern_OT Hello Annie #OTalk

3 months ago



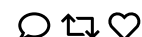
🌟 **Annie OT Student** 🌟 @AnnieSevern_OT
Let's get started! Question 1: As an OT, what skills do you believe are essential in researching, planning and delivering a successful group? #OTalk
<https://t.co/vej9DEUL9h>

3 months ago



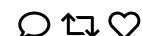
#OTalk @OTalk_
RT @AnnieSevern_OT: Hi everyone! Welcome to tonight's #OTalk! Tonight's topic is 'Groupwork in Dementia Care'. I am so looking forward to h...

3 months ago



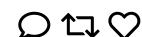
#OTalk @OTalk_
RT @AnnieSevern_OT: Let's get started! Question 1: As an OT, what skills do you believe are essential in researching, planning and deliveri...

3 months ago



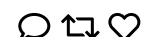
Bill Wong, OTD, OTR/L @BillWongOT
@AnnieSevern_OT I actually was thinking about me doing my first TEDCircles pilot on Saturday/early Sunday in UK time. Our abilities to do journal clubs actually translate well in such setting. #otalk

3 months ago



Laura @LauraCoffin_OT
@AnnieSevern_OT Hi! Recently finished a role emerging placement in care home for people with dementia. Looking forward to this #OTalk!

3 months ago



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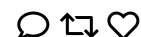
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Anya de longh @anyadei

3 months ago



@AnnieSevern_OT Hello! I did group work in a non-OT role before and have just started my OT MSc at @OT_UEA where we recently covered dementia and groups, so looking forward to learning more through OT perspective this evening! #OTalk

**Opportune-OT** @Opportune_OT

3 months ago



@AnnieSevern_OT Flexibility! I think it's important to have researched and planned different "options" to use in group sessions and be prepared to read the group dynamic and adapt the delivery of the session depending on this. #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago



@AnnieSevern_OT But in terms of academia setting/delivering CPD workshops, this also counts too because occasionally we have to divide participants in groups. We need to think on our feet sometimes. #otalk

**Margaret Spencer** @margaretOT360

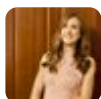
3 months ago



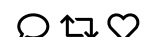
Critiquing the evidence base, listening to your service users, creating the best environment you can, detailed planning including beginnings/endings and outcome measures #otalk

**Georgia Vine** @GeorgiaVineOT

3 months ago



@AnnieSevern_OT Creativity, organisation, remaining client-centred, being respectful, open and honest! #OTalk

**Susan Griffiths** @SusanGriffiths5

3 months ago



@AnnieSevern_OT @OTalk_ Curiosity! Finding out from the service users what they want, what works for them, what format, etc. #OTalk

**#OTalk** @OTalk_

3 months ago



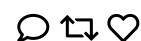
RT @SusanGriffiths5: @AnnieSevern_OT @OTalk_ Curiosity! Finding out from the service users what they want, what works for them, what format...

**#OTalk** @OTalk_

3 months ago



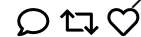
RT @GeorgiaVineOT: @AnnieSevern_OT Creativity, organisation, remaining client-centred, being respectful, open and honest! #OTalk

**#OTalk** @OTalk_

3 months ago



RT @margaretOT360: Critiquing the evidence base, listening to your service users, creating the best environment you can, detailed planning.



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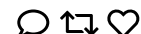
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#OTalk @OTalk_

3 months ago

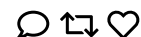
RT @Opportune_OT: @AnnieSevern_OT Flexibility! I think it's important to have researched and planned different "options" to use in group se...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

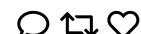
@AnnieSevern_OT and I don't know if anyone already mentions this- facilitating this chat technically also require group skills! #otalk



Opportune-OT @Opportune_OT

3 months ago

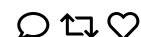
@SusanGriffiths5 @AnnieSevern_OT @OTalk_ Definitely! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

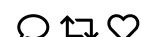
RT @GeorgiaVineOT: @AnnieSevern_OT Creativity, organisation, remaining client-centred, being respectful, open and honest! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

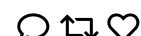
RT @SusanGriffiths5: @AnnieSevern_OT @OTalk_ Curiosity! Finding out from the service users what they want, what works for them, what format...



OT Sophie @OTSophie

3 months ago

@AnnieSevern_OT Knowing what you are trying to achieve, how you plan to evaluate it, who it is aimed for, what their needs are and what the evidence is to support it. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

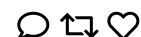
@GeorgiaVineOT @AnnieSevern_OT I will also add adaptive- because sometimes we might have dynamic groups, and some might need pushes to get going. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @anyadei: @AnnieSevern_OT Hello! I did group work in a non-OT role before and have just started my OT MSc at @OT_UEA where we recently c...



Anya de longh @anyadei

3 months ago

@AnnieSevern_OT As an OT student, I'd suggest starting with what's important to the participants and designing it to meet their needs and priorities, and complimenting the other care/input they might be receiving? Ideally, it would be co-designed with people with lived experience #OTalk



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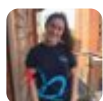
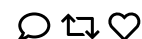


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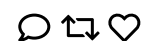
Georgia Vine @GeorgiaVineOT
@BillWongOT @AnnieSevern_OT Good point! #OTalk

3 months ago



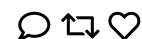
🌟 **Annie OT Student** 🌟 @AnnieSevern_OT
@BillWongOT Great point! Guess I'm about to test mine! 😊 #OTalk

3 months ago



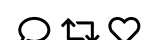
Student Platform OT @SPOTEurope
@AnnieSevern_OT Good luck - we are here and very much looking forward to your #OTalk!

3 months ago



#OTalk @OTalk_
@AnnieSevern_OT @SusanGriffiths5 (don't forget the hashtag #OTalk 😊)

3 months ago



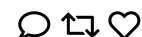
Margaret Spencer @margaretOT360
It does, and is harder than real life 😊 #otalk

3 months ago



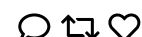
Katie Moffat @Katie_Moffat
@AnnieSevern_OT Having a plan B, C, D to switch to depending on the group dynamic. Being mindful of conversations being dominated- and taking responsibility in making sure everyone's contribution is facilitated. #OTalk

3 months ago



Margaret Spencer @margaretOT360
RT @AnnieSevern_OT: @BillWongOT Great point! Guess I'm about to test mine! 😊 #OTalk

3 months ago



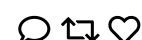
Bill Wong, OTD, OTR/L @BillWongOT
@margaretOT360 I think we should develop translatable skills in facilitating different types of groups, though. #otalk

3 months ago



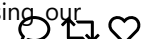
Student Platform OT @SPOTEurope
Taking time to find out narratives of the service users to find what is meaningful, evidence based practice, communicating with residents, staff and family, checking out what resources you can access! :) #OTalk

3 months ago



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT
@Katie_Moffat Love it - definitely agree! No two group sessions will ever be the same, and we have to be ready to adapt! #OTalk

3 months ago






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Sarah @SarahROT2


3 months ago

@AnnieSevern_OT @OTalk_ Collaboration with client/ patient, organisation, creativity, using activity therapeutically, flexibility and adaptability... whilst considering group dynamics, risk management and environmental considerations #OTalk




#OTalk @OTalk_

3 months ago

@margaretOT360 Is there a Twitter equivalent of "Zoom fatigue"? 🤔
<https://t.co/Y2LbyJuECT> #OTalk

Anya de longh @anyadei

3 months ago

@SusanGriffiths5 @AnnieSevern_OT @OTalk_ From my course and reading so far, curiosity seems to be central to so much in OT! Such a good work! #OTalk




Laura @LauraCoffin_OT

3 months ago




@AnnieSevern_OT Activity analysis and grading! Totally gives you an extra superpower when planning activities #OTalk




#OTalk @OTalk_

3 months ago

RT @BillWongOT: @margaretOT360 I think we should develop translatable skills in facilitating different types of groups, though. #otalk




Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@margaretOT360 I know- there are some pros at this, I also say. I would say people who run #hcltr chats are definitely pros! #otalk




#OTalk @OTalk_

3 months ago

RT @anyadei: @AnnieSevern_OT As an OT student, I'd suggest starting with what's important to the participants and designing it to meet their...

#OTalk @OTalk_

3 months ago

RT @OTSophie: @AnnieSevern_OT Knowing what you are trying to achieve, how you plan to evaluate it, who it is aimed for, what their needs are...

#OTalk @OTalk_

3 months ago

RT @SarahROT2: @AnnieSevern_OT @OTalk_ Collaboration with client/ patient, organisation, creativity, using activity therapeutically, flexib...

Bill Wong, OTD, OTR/L @BillWongOT

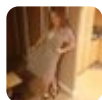
3 months ago

@OTalk_ @margaretOT360 If I have to do more than 1 chat per day, definitely could have some mental fatigue! #otalk

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Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT @OTalk_ I've found all of the core skills of OT! Collaboration, problem solving, using activity as a therapeutic tool, enablement etc all to be helpful with group work #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@LauraCoffin_OT Definitely! As a student, these things seemed so complicated at first, but definitely become natural as you get used to them - then you end up doing them without even knowing! #OTalk



Ellie Bamber @EllietheOT

3 months ago

@AnnieSevern_OT Knowing who your group is aimed at and being flexible enough so go with the flow rather than trying to micromanage everything #OTalk



#OTalk @OTalk_

3 months ago

RT @LauraCoffin_OT: @AnnieSevern_OT Activity analysis and grading! Totally gives you an extra superpower when planning activities #OTalk



Margaret Spencer @margaretOT360

3 months ago

Absolutely the cornerstone of any intervention #otalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

Loving all these responses! But as I have six questions to get through... Here's question 2: How do you ensure your groups are different from other non OT led groups that may be being delivered in a service? #OTalk <https://t.co/uTy8iQDpR2>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@OTalk_ @margaretOT360 and remember the sore thumb award I "won" whenever I was at RCOT? I not only get mental fatigue, but also hands, too! #otalk



Anya de longh @anyadei

3 months ago

@margaretOT360 Planning endings is such an important group - thats the bit that can influence their ongoing progress/wellbeing! Any tips on how to create good endings? With groups I used to run, we encouraged them to meet up themselves if they wanted to! #OTalk



Katie Moffat @Katie_Moffat

3 months ago

@AnnieSevern_OT I would also say having the confidence to sit through a few awkward silences without jumping in too soon or moving on! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Katie_Moffat: @AnnieSevern_OT I would also say having the confidence to sit through a few awkward silences without jumping in too soon...



Margaret Spencer @margaretOT360

3 months ago

Always it's like learning to drive a car or ride a bike #otalk

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Marcus Dean @MarcusD88167580

3 months ago

@AnnieSevern_OT #otalk getting to know your potential group participants to know what will work for them (co-production if possible) and having a lot of flexibility in planning and doing. Planning something realistic for the time you have. I always tend to have too much to do and time goes fast



Student Platform OT @SPOTEurope

3 months ago

Person centred activities, that reinforce meaning and identity wherever possible! #OTalk



Ellie Bamber @EllietheOT

3 months ago

@AnnieSevern_OT Using our OT skills and using the IT process throughout #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Katie_Moffat @AnnieSevern_OT Even in Twitter chats sometimes will have times like this... especially if engaging in this format is not natural for the participants. #otalk



Anya de longh @anyadei

3 months ago

@Katie_Moffat @AnnieSevern_OT So true! Easier said than done! I used to count to ten in my head before saying anything in those silences... but hard, and probably didn't always manage it! 😊 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @anyadei: @margaretOT360 Planning endings is such an important group - thats the bit that can influence their ongoing progress/wellbeing...



#OTalk @OTalk_

3 months ago

RT @AnnieSevern_OT: Loving all these responses! But as I have six questions to get through... Here's question 2: How do you ensure your gro...



Opportune-OT @Opportune_OT

3 months ago

@AnnieSevern_OT As occupational therapists, I think our ability to assess and analyse allows us to use a "generic" plan for a group session and deliver it in a way that will maximise participation and meet the needs of each individual attendee in that specific group. #OTalk



Fiona Page @FionaPageOT

3 months ago

@AnnieSevern_OT @OTalk_ A bit of flexibility, it won't always go as planned and that is ok #OTalk



Margaret Spencer @margaretOT360

3 months ago

Embedding in the PEOP model, having outcomes measures and always being client led within the sessions #otalk

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@MarcusD88167580 Yes - co-production! Been reading a lot about that lately and considering how I would use it if I were to implement the current groups I'm planning! Also, being realistic is key - and I must bare that in mind... #OTalk



#OTalk @OTalk_

3 months ago

RT @margaretOT360: Embedding in the PEOP model, having outcomes measures and always being client led within the sessions #otalk <https://t.c...>



#OTalk @OTalk_

3 months ago

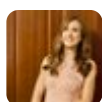
RT @Opportune_OT: @AnnieSevern_OT As occupational therapists, I think our ability to assess and analyse allows us to use a "generic" plan f...



Isabel @IsabelSkelton_

3 months ago

RT @AnnieSevern_OT: Hi everyone! Welcome to tonight's #OTalk! Tonight's topic is 'Groupwork in Dementia Care'. I am so looking forward to h...



Georgia Vine @GeorgiaVineOT

3 months ago

@AnnieSevern_OT Good question! I guess making sure that you do research and look at other resources already out there. #OTalk



Opportune-OT @Opportune_OT

3 months ago

@AnnieSevern_OT Oops! That was wordy! Does it make sense? 🙄 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@AnnieSevern_OT I will use TED circles... since don't have too much experience in groups format other than doing professional presentations or in the classroom. I think I tend to put a lot more thought and use OT interpretations (of life at its fullest) to run such a group on Saturday. #otalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@margaretOT360 So true for OT...Can't go wrong if you're applying the PEOP! #OTalk



Margaret Spencer @margaretOT360

3 months ago

Yes I always talk about endings from the half way point and having something significant, a bit of a 'do' #otalk



Margaret Spencer @margaretOT360

3 months ago

Patience is all #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@AnnieSevern_OT In my case, I can guarantee I am the first OT person to run a TEDCircles gathering. So, I think my audience (fellow TEDxers) will get to see how my perspective is coming to play in facilitating. #otalk

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Katie Moffat @Katie_Moffat

3 months ago

@anyadei @AnnieSevern_OT I always used to do this too, I've learned to love an awkward silence! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

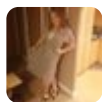
@FionaPageOT @OTalk_ Definitely - we have to be used to everything not going 'perfectly planned' and that is completely fine. Impossible for a group to ever run perfectly, surely!? #OTalk



Anya de longh @anyadei

3 months ago

@AnnieSevern_OT I'm really keen to hear others responses to this! How might service users notice the difference, and how does the difference matter to them? Acknowledging the need to highlight the unique offer of OT... and making the whole service offer real and meaningful #OTalk



Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT I think the same as what makes us different from other professions - thinking holistically about the person, their occupations and environments and tapping in to these to make the group meaningful and purposeful, considering overcoming injustices to facilitate engagement #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @FionaPageOT @OTalk_ Definitely - we have to be used to everything not going 'perfectly planned' and that is completely...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@anyadei @Katie_Moffat Love this tip, I will try it, thank you! #OTalk



Suzy Wilkinson @suzyjwilkinson

3 months ago

@AnnieSevern_OT An open mind abd not been to set on your own goals or expectations as your participants may well have their own #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @beckycooper_OT: @AnnieSevern_OT I think the same as what makes us different from other professions - thinking holistically about the pe...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

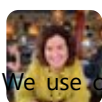
RT @anyadei: @AnnieSevern_OT I'm really keen to hear others responses to this! How might service users notice the difference, and how does...



Margaret Spencer @margaretOT360

3 months ago

Plan for a lot and deliver at the clients pace, if it's a little that's fine #OTalk



Margaret Spencer @margaretOT360

3 months ago

RT @GeorgiaVineOT: @AnnieSevern_OT Good question! I guess making sure that you do research and look at other resources already out there. #...

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✧ **Annie OT Student** ✧ @AnnieSevern_OT

3 months ago

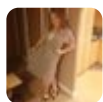
@beckycooper_OT I agree, it's the traits within everything we do as OTs, not just delivering groups! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Katie_Moffat @anyadei @AnnieSevern_OT although in Twitter chat... awkward silent = chat not as lively discussion wise. There's a big difference between 12 tweets by all participants per minute vs. under 3, for example. #otalk



Becky Cooper @beckycooper_OT

3 months ago

@suzyjwilkinson @AnnieSevern_OT Love this take on the personal skills needed #OTalk



#OTalk @OTalk_

3 months ago

RT @GeorgiaVineOT: @AnnieSevern_OT Good question! I guess making sure that you do research and look at other resources already out there. #...



#OTalk @OTalk_

3 months ago

RT @anyadei: @AnnieSevern_OT I'm really keen to hear others responses to this! How might service users notice the difference, and how does...



#OTalk @OTalk_

3 months ago

RT @beckycooper_OT: @AnnieSevern_OT I think the same as what makes us different from other professions - thinking holistically about the pe...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @suzyjwilkinson: @AnnieSevern_OT An open mind abd not been to set on your own goals or expectations as your participants may well have t...



Laura @LauraCoffin_OT

3 months ago

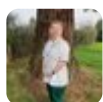
@AnnieSevern_OT In a care home setting groups were often 'one size fits all' activities. OT groups considered interests and abilities (particularly sensory) and also measured outcomes #OTalk



Katie Moffat @Katie_Moffat

3 months ago

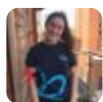
@BillWongOT @anyadei @AnnieSevern_OT Very good point to consider the environment of the chat! #OTalk



Suzy Wilkinson @suzyjwilkinson

3 months ago

@AnnieSevern_OT Ensuring you relate everything back to an occupational focus #OTalk



✧ **Annie OT Student** ✧ @AnnieSevern_OT

3 months ago

Keep the tweets coming! I'll throw the next question into the mix too... Question 3: How have you noticed participating in group work can make a difference with people with dementia and/or their carers? #OTalk <https://t.co/r2HUHdocR6>

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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Katie_Moffat @anyadei @AnnieSevern_OT yes- if Twitter chats are too slow, I fall asleep! But then again, this is subjective. I am used to being fast in articulating my points. #otalk



Anya de longh @anyadei

3 months ago

@Opportune_OT @AnnieSevern_OT Lots of sense! I found it a really helpful answer - thank you! So much value in analysis to help show worth and impact (in range of ways) in clinical settings! #OTalk



Margaret Spencer @margaretOT360

3 months ago

We go at the pace of the service user, not the curriculum or plan. Participation will make a difference that can be measured, which we will ask them about, get feedback on each session at the end, and amend the next session accordingly #otalk



Susan Griffiths @SusanGriffiths5

3 months ago

@AnnieSevern_OT #OTalk this is where our activity analysis skills and our ability to adapt and grade the group to each individual and being able to transfer this learning to everyday activities



Marcus Dean @MarcusD88167580

3 months ago

@AnnieSevern_OT #otalk OT Process, activity analysis, use of an OT model, outcome measures, holistic and person centred planning, clinical reasoning models and use of OT evidence base.



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@annabhg2 YES! I agree it's so important to remember that any more than one person = a group. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Katie_Moffat @anyadei @AnnieSevern_OT I know when I mentioned that some chats can average up to 12+ tweets per minute, some OT's were like, "How can I even keep up? We barely can do a tweet every 2-3 minutes!" #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @annabhg2 YES! I agree it's so important to remember that any more than one person = a group. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

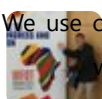
RT @MarcusD88167580: @AnnieSevern_OT #otalk OT Process, activity analysis, use of an OT model, outcome measures, holistic and person centre...



Katie Moffat @Katie_Moffat

3 months ago

@anyadei @AnnieSevern_OT I second this! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SusanGriffiths5: @AnnieSevern_OT #OTalk this is where our activity analysis skills and our ability to adapt and grade the group to each...
You can change your preferences at any time.





Opportune-OT @Opportune_OT

3 months ago

@anyadei @AnnieSevern_OT Thank you & yes definitely! #OTalk



Anya de longh @anyadei

3 months ago

@margaretOT360 playing devils advocate if I may, non-OTs might also say that they do some of that too?! Being person-centred is a strength of OT, but not unique to OT. Don't mean to challenge - this is curiosity (but limited expression in 120 characters!) #OTalk



Segun Therapy @FabulousGTP

3 months ago

RT @AnnieSevern_OT: Let's get started! Question 1: As an OT, what skills do you believe are essential in researching, planning and deliveri...



Margaret Spencer @margaretOT360

3 months ago

For my LD group we have feedback about changes in behaviour outside the group, parents and carers have fed back changes. Increase in confidence and self esteem #otalk



Susan Griffiths @SusanGriffiths5

3 months ago

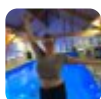
@AnnieSevern_OT Not worked with dementia population but I have seen it make a difference when I run parents groups. Parents don't feel so isolated or lonely when they hear from other parents who are in the same boats. Also seen similar effect when I worked in MH #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

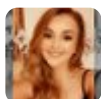
@SusanGriffiths5 @AnnieSevern_OT absolutely- for my OT-only TEDCircles in June, I will try to tailor the chat specifically for the OT audience if possible, since it will be all OT. But after that, I will just use a more generalized approach because audience will be mixed. #otalk



Ellie Bamber @EllietheOT

3 months ago

@anyadei @AnnieSevern_OT Making the whole session meaningful- love this ❤️❤️ #OTalk



Natalie @NatalieS_OT

3 months ago

@AnnieSevern_OT @OTalk_ OT groups should always aim to develop a specific skill/set of skills which has been identified as a deficit in the client group and would be of benefit to them (e.g. communication skills, cognitive skills) #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@anyadei I'm interested too! I don't have the experience in both to compare from a personal perspective... I suppose it is in the language of the group facilitator too, do the service users always know and understand when it's an OT group? i.e is it directly referred to? #OTalk



#OTalk @OTalk

3 months ago

RT @AnnieSevern_OT: Keep the tweets coming! I'll throw the selection question into the mix too... Question 3: How have you noticed participating...
You can change your preferences at any time.



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @anyadei I'm interested too! I don't have the experience in both to compare from a personal perspective... I suppose i...



#OTalk @OTalk_

3 months ago

RT @SusanGriffiths5: @AnnieSevern_OT Not worked with dementia population but I have seen it make a difference when I run parents groups. Pa...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @NatalieS_OT: @AnnieSevern_OT @OTalk_ OT groups should always aim to develop a specific skill/set of skills which has been identified as...



Angie Hodgson @AngieHodgson2

3 months ago

@suzyjwilkinson @AnnieSevern_OT #OTalk exactly what I was going to say!



Student Platform OT @SPOTEurope

3 months ago

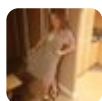
RT @AnnieSevern_OT: Keep the tweets coming! I'll throw the next question into the mix too... Question 3: How have you noticed participating...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@Megandenika That sounds amazing, when conversation happens naturally and isn't 'forced' too! #OTalk



Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT 100%! Have been involved with CST groups and seen the positive impact it has had on those that attend and their carers who socialise while their loved one is at the group #OTalk



Anya de longh @anyadei

3 months ago

@AnnieSevern_OT Thats a good point! I guess the OT facilitator would introduce themselves as an OT, but would they share OT models (in lay terms) for example to help people reflect/understand their situation? We used to share the biopsychosocial model in our nonOT course... #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

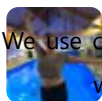
@Katie_Moffat @anyadei @AnnieSevern_OT yes- we should adapt to our group mates, especially when we are not at our home courts. #otalk



GillianOTStudent @GillianH351981

3 months ago

@AnnieSevern_OT Using the OT process as a guide, why the individuals are attending the group, gathering information from the participants, planning the intervention around the gathered information and evidence base, setting goals together, re-evaluating the goals, measuring the outcome #OTalk



Ellie Bamber @EllietheOT

3 months ago

@AnnieSevern_OT Not worked with Dementia groups but with my schools groups I think teachers and parents value the service and improvements that groups of children could make #OTalk

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✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

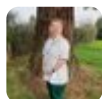
@IsabelSkelton_ Yes! The link with carers is so important, it can have a huge impact for both / numerous people involved #OTalk



Sarah @SarahROT2

3 months ago

@AnnieSevern_OT @OTalk_ I think it's utilising our core OT skills, holistic practice, considering the bigger picture and what's happening behind the scenes? I.e communication/documentation, collaboration, goal planning, assessment, promotion of OT within MDT #OTalk



Suzy Wilkinson @suzyjwilkinson

3 months ago

@AnnieSevern_OT I don't have any experience of this but I am interested in the responses. I would imagine that it would help with a sense of belonging #OTalk



Student Platform OT @SPOTEurope

3 months ago

I saw a real difference from start of a group to the end, individuals were withdrawn at first - but if you get to know the individuals, what they need for encouragement. Also, in terms of carers, they were more relaxed once they felt part of the group rather than a 'guardian'



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@GillianH351981 Using the OT process as a guide for groups is a great idea... Can always be implemented and gives structure #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Katie_Moffat @anyadei @AnnieSevern_OT and that is why social media managers love me when I come over to international OT conferences. They know I am an OT who can do a good job to bring social media presence to their events... lol! #otalk



Katie Moffat @Katie_Moffat

3 months ago

@AnnieSevern_OT Sense of self and well-being! Not a planned group work session- but on my placement two patients bonded over their shared name! From this small interaction both of them engaged more in activities available to them ! #OTalk



Ellie Bamber @EllietheOT

3 months ago

@AnnieSevern_OT It also offered peer support and a chance to learn from each other #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Katie_Moffat: @AnnieSevern_OT Sense of self and well-being! Not a planned group work session- but on my placement two patients bonded o...



HJenkOT @OtJenk

3 months ago

RT @beckycooper_OT: @AnnieSevern_OT I think the same as what makes us different from other professions - thinking holistically about the pe...

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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SarahROT2: @AnnieSevern_OT @OTalk_ I think it's utilising our core OT skills, holistic practice, considering the bigger picture and...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @IsabelSkelton_ Yes! The link with carers is so important, it can have a huge impact for both / numerous people involve...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @GillianH351981: @AnnieSevern_OT Using the OT process as a guide, why the individuals are attending the group, gathering information fro...



#OTalk @OTalk_

3 months ago

RT @EllietheOT: @AnnieSevern_OT It also offered peer support and a chance to learn from each other #OTalk



#OTalk @OTalk_

3 months ago

RT @Katie_Moffat: @AnnieSevern_OT Sense of self and well-being! Not a planned group work session- but on my placement two patients bonded o...



Laura @LauraCoffin_OT

3 months ago

@AnnieSevern_OT Running a Boccia group I saw people who had previously been written off in terms of ability challenge these assumptions. It was really powerful #OTalk



Anna Broadbent @annabhg2

3 months ago

@AnnieSevern_OT A holistic, strengths based approach with an occupational focus #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @annabhg2: @AnnieSevern_OT A holistic, strengths based approach with an occupational focus #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @LauraCoffin_OT: @AnnieSevern_OT Running a Boccia group I saw people who had previously been written off in terms of ability challenge t...



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

Okay here's question 4: How did you measure the difference being part of a group has meant to people? #OTalk <https://t.co/dY9FBe1Wgm>



Anya de longh @anyadei

3 months ago

@EllietheOT @AnnieSevern_OT I've not worked with people with dementia yet but from other areas, the learning from each other can be really empowering and show they can help others even when they might be feeling helpless! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @anyadei: @EllietheOT @AnnieSevern_OT I've not worked with people with dementia yet but from other areas, the learning from each other c...

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#OTalk @OTalk_

3 months ago

RT @anyadei: @EllietheOT @AnnieSevern_OT I've not worked with people with dementia yet but from other areas, the learning from each other c...



#OTalk @OTalk_

3 months ago

RT @AnnieSevern_OT: Okay here's question 4: How did you measure the difference being part of a group has meant to people? #OTalk <https://t....>



🌟 Annie OT Student 🌟 @AnnieSevern_OT

3 months ago

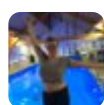
@anyadei @EllietheOT Absolutely love the notion that they can learn from one another, and empowerment! Hopefully has a positive impact on their self-worth, like you say, even in times when they aren't feeling okay themselves #OTalk



Student Platform OT @SPOTEurope

3 months ago

Feedback, critique, reflection and outcome measures #OTalk



Ellie Bamber @EllietheOT

3 months ago

@anyadei @AnnieSevern_OT Defiantly- always reassuring to know that others have simailr difficulties and can overcome them #OTalk



#OTalk @OTalk_

3 months ago

RT @SPOTEurope: Feedback, critique, reflection and outcome measures #OTalk <https://t.co/izz1e53lkA>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

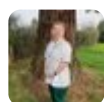
@AnnieSevern_OT A likert scale pre/post... pre in this instance mean before day 1 of group. Post can be designated checkpoints that you think the group should start to have effects. #otalk



Student Platform OT @SPOTEurope

3 months ago

#OTalk (sorry!)



Suzy Wilkinson @suzyjwilkinson

3 months ago

@AnnieSevern_OT In the sen school I used to work in we measured the difference by monitoring their behaviour directly after the group event, and also by their willingness to join general groups happening in the school day #OTalk



#OTalk @OTalk_

3 months ago

RT @SPOTEurope: #OTalk (sorry!) <https://t.co/LSKafK7ifW>



#OTalk @OTalk_

3 months ago

RT @BillWongOT: @AnnieSevern_OT A likert scale pre/post... pre in this instance mean before day 1 of group. Post can be designated checkpoi...

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Student Platform OT @SPOTeurope

3 months ago



I saw a real difference from start of a group to the end, individuals were withdrawn at first - getting to know the individuals and what they need for encouragement helped. In terms of carers, they were more relaxed once they felt part of the group rather than a 'guardian' #otalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @suzywilkinson: @AnnieSevern_OT In the sen school I used to work in we measured the difference by monitoring their behaviour directly a...

Anna Broadbent @annabhg2

3 months ago



@AnnieSevern_OT @OTalk_ For people living with the later stages of dementia I have observed an increase in the fulfilling of previous social roles and adoption of new ones in group environments #OTalk

Margaret Spencer @margaretOT360

3 months ago



RT @AnnieSevern_OT: Okay here's question 4: How did you measure the difference being part of a group has meant to people? #OTalk https://t....

🌟 Annie OT Student 🌟 @AnnieSevern_OT

3 months ago



@BillWongOT I have used likert scales before when I helped run a memory group in Neuro - I know likert scales are a solid go-to as they definitely measure outcomes! #OTalk

#OTalk @OTalk_

3 months ago



RT @annabhg2: @AnnieSevern_OT @OTalk_ For people living with the later stages of dementia I have observed an increase in the fulfilling of...

#OTalk @OTalk_

3 months ago



RT @SPOTeurope: I saw a real difference from start of a group to the end, individuals were withdrawn at first - getting to know the individ...

Ellie Bamber @EllietheOT

3 months ago



@AnnieSevern_OT Depends what the group was specifically working on- smart goals being met, outcome measures, behaviour improvements #OTalk

Laura @LauraCoffin_OT

3 months ago



@anyadei @AnnieSevern_OT Made me proud to be an OT! #OTalk

Susan Griffiths @SusanGriffiths5

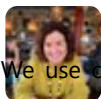
3 months ago



@AnnieSevern_OT Service user feedback and evaluation form. Depending on the aims of the group some outcome measures may also reflect how much difference being part of a group i.e. social skills outcome measures #OTalk

Margaret Spencer @margaretOT360

3 months ago



#OTalk Using photo elicitation

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Annie OT Student @AnnieSevern_OT

3 months ago

@annabhg2 @OTalk_ That's amazing, what kind of groups / activities have you facilitated? (Sorry if you have mentioned this in a previous tweet - I will be re-reading everything after 9pm!) #OTalk



#OTalk @OTalk_

3 months ago

RT @margaretOT360: #OTalk Using photo-elicitation <https://t.co/M691J1pMNh>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SusanGriffiths5: @AnnieSevern_OT Service user feedback and evaluation form. Depending on the aims of the group some outcome measures ma...



Anya de longh @anyadei

3 months ago

@AnnieSevern_OT I was always asked by potential referring professionals in my nonOT groups how long these positive changes were maintained for but it was so hard to do long term follow up. How do OTs manage this in OT-led groups? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

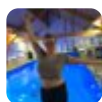
RT @LauraCoffin_OT: @anyadei @AnnieSevern_OT Made me proud to be an OT! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @EllietheOT: @AnnieSevern_OT Depends what the group was specifically working on- smart goals being met, outcome measures, behaviour impr...



Ellie Bamber @EllietheOT

3 months ago

@AnnieSevern_OT Also qualitative information from participants and asking what they feel that have gained #OTalk



#OTalk @OTalk_

3 months ago

@margaretOT360 Really cool! Could you tell us more? #OTalk



Sarah @SarahROT2

3 months ago

@AnnieSevern_OT I recently ran a group project - image colourising, on an acute MH ward. I observed: socialisation, peer support, team work and verbal and non communication between peers. On completion patients reported feeling part of 'something', pride and accomplishment #OTalk



#OTalk @OTalk_

3 months ago

RT @SarahROT2: @AnnieSevern_OT I recently ran a group project - image colourising, on an acute MH ward. I observed: socialisation, peer sup...



#OTalk @OTalk_

3 months ago

RT @EllietheOT: @AnnieSevern_OT Also qualitative information from participants and asking what they feel that have gained #OTalk

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Anya de longh @anyadei

3 months ago

@margaretOT360 I've not heard of that before - could you say a bit more about it? Sounds intriguing and a different way to measure! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SarahROT2: @AnnieSevern_OT I recently ran a group project - image colourising, on an acute MH ward. I observed: socialisation, peer sup...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @EllietheOT: @AnnieSevern_OT Also qualitative information from participants and asking what they feel that have gained #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@EllietheOT Yep, it definitely isn't a 'one size fits all' approach and needs to be decided on in relation to the client group and nature of the group! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

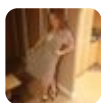
RT @anyadei: @AnnieSevern_OT I was always asked by potential referring professionals in my nonOT groups how long these positive changes wer...



Student Platform OT @SPOTEurope

3 months ago

This sounds interesting!? #OTalk



Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT As well as direct feedback from the individual, sometimes a loved one or carer can provide some insight too - for example whether there was a positive behavioural signs #OTalk



Katie Moffat @Katie_Moffat

3 months ago

@AnnieSevern_OT I think it's important to facilitate reflection rather than just rating scales. I've been part of a group process in the past, and it was months after finishing that I realised what the process and interactions had meant to me, but no longer had the outlet #OTalk



#OTalk @OTalk_

3 months ago

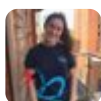
RT @Katie_Moffat: @AnnieSevern_OT I think it's important to facilitate reflection rather than just rating scales. I've been part of a group...



#OTalk @OTalk_

3 months ago

RT @beckycooper_OT: @AnnieSevern_OT As well as direct feedback from the individual, sometimes a loved one or carer can provide some insight...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@SarahROT2 That sounds amazing, talk about making a difference!! Those reported feelings are worth everything #OTalk



Margaret Spencer @margaretOT360

3 months ago

Simple but too complex for this amount of characters #otalk

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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Katie_Moffat: @AnnieSevern_OT I think it's important to facilitate reflection rather than just rating scales. I've been part of a group...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@Katie_Moffat I agree wholeheartedly. Scales have their place but reflection and discussion is key to ensuring it is client-centred and meaningful! #OTalk



Becky Cooper @beckycooper_OT

3 months ago

@Katie_Moffat @AnnieSevern_OT Definitely an advocate for qualitative feedback too! And loving the thought of facilitating this #OTalk



Marcus Dean @MarcusD88167580

3 months ago

@AnnieSevern_OT #otalk outcome measures but also feedback from both participants in the group as well as other project workers who may be able to identify impacts that group participants and the OT (especially if they don't normally work with these participants) haven't seen.



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

Now we've got question 5: 'Meaningful activity' is at the heart of what we do, what has been the content of the sessions when you have delivered groups for either people with dementia and/or their carers? #OTalk <https://t.co/wWJTSWY1V8>



Anya de longh @anyadei

3 months ago

@Katie_Moffat @AnnieSevern_OT Capturing reflections as well as rating is such a good point! Otherwise we might be missing out on some of the best feedback about the course, or key opportunities to improve to support people with 'maintenance' etc #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Katie_Moffat @AnnieSevern_OT I think it really depends on the type of groups you run. I consider even RCOT conferences as a group event too. For them, reflection and open ended questions are important to improve for next edition. #otalk



Katie Moffat @Katie_Moffat

3 months ago

@suzyjwilkinson @AnnieSevern_OT A school I worked in was similar- looking at friendships, communication, joining in activities etc! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @anyadei: @Katie_Moffat @AnnieSevern_OT Capturing reflections as well as rating is such a good point! Otherwise we might be missing out...



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3 months ago

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Angie Hodgson @AngieHodgson2

3 months ago

#OTalk We used this for placement, discussing changes they'd experienced in everyday life. Really practical improvements which show value added

**Margaret Spencer** @margaretOT360

3 months ago

Especially when your clients have cognitive issues #otalk

**Laura** @LauraCoffin_OT

3 months ago

@AnnieSevern_OT @Megandenika Really agree with this! In a care home setting people were often isolated. Groups gave a real way to connect #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@MarcusD88167580 I agree that feedback is key, as outcome measures / scales etc are great, but actually talking with the service users about their feelings and feedback could help them feel less like 'just a statistic'! #OTalk

**Anna Broadbent** @annabhg2

3 months ago

@AnnieSevern_OT Ideally service user feedback, verbal and non verbal, more often, observation of behaviour following group intervention - I find identifying measurable outcomes in this scenario challenging 😊 #OTalk

**Student Platform OT** @SPOTeurope

3 months ago

Music sessions where individuals share their favourite music and share why - usually turns into a disco!! I think any group activity with a reminiscence element makes for great content #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@margaretOT360 Yes! I know I wouldn't have used a scale with my service users in dementia care, it wouldn't have felt appropriate with them #OTalk

**Ellie Bamber** @EllietheOT

3 months ago

@AngieHodgson2 I think it's so important to include the 'soft skills' wired on the groups as that can sometimes where make the biggest difference. It's just not a good when applying for funding #OTalk

**#OTalk** @OTalk_

3 months ago

RT @AnnieSevern_OT: Now we've got question 5: 'Meaningful activity' is at the heart of what we do, what has been the content of the session...

**#OTalk** @OTalk_

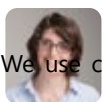
3 months ago

RT @SPOTeurope: Music sessions where individuals share their favourite music and share why - usually turns into a disco!! I think any group...

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago


RT @EllietheOT: @AngieHodgson2 I think it's so important to include the 'soft skills' wired on the groups as that can sometimes where make...


**Anya de longh** @anyadei


3 months ago


@AnnieSevern_OT @MarcusD88167580 Absolutely! Thinking about the 'experience' of 'being measured' is so important! I can imagine that if I was made to feel like a statistic it might reduce some of the positive gains I might have made on the course! 😊 #OTalk


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 **Becky Cooper** @beckycooper_OT 3 months ago
 @AnnieSevern_OT To support with developing content of the group for the individuals, I have found the Pool Activity Level a really good guide for determining what activities are suitable balanced with what is meaningful for the individual #OTalk


 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @SPOTeurope: Music sessions where individuals share their favourite music and share why - usually turns into a disco!! I think any group...


 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @annabhg2: @AnnieSevern_OT Ideally service user feedback, verbal and non verbal, more often, observation of behaviour following group in...


 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @AnnieSevern_OT: @MarcusD88167580 I agree that feedback is key, as outcome measures / scales etc are great, but actually talking with th...


 **Margaret Spencer** @margaretOT360 3 months ago
 I run relationships and sexuality groups for people with LD, exploring relationships and communication is literally at the heart of everything #otalk


 **Suzy Wilkinson** @suzyjwilkinson 3 months ago
 @beckycooper_OT @AnnieSevern_OT Yes, this can be very beneficial for how did the person react/behave later that day or when you are not around #OTalk

 **🌟 Annie OT Student 🌟** @AnnieSevern_OT 3 months ago
 @SPOTeurope This sounds amazing- i'd like to join! I've had similar experiences and i think it leads to reminiscing which is especially integral in dementia care #OTalk

 **Margaret Spencer** @margaretOT360 3 months ago
 RT @AngieHodgson2: #OTalk We used this on placement, discussing changes they'd experienced in everyday life. Real practical improvements wh...

 **Angie Hodgson** @AngieHodgson2 3 months ago
 @EllietheOT #OTalk absolutely! We can see the value we add but it can be very difficult to quantify it for funding and commissioning

 **Becky Cooper** @beckycooper_OT 3 months ago
 @anyadei @AnnieSevern_OT @MarcusD88167580 Definitely, and sometimes leads to being told what people think you may want to hear and not completely accurate feedback! #OTalk

 **🌟 Annie OT Student 🌟** @AnnieSevern_OT 3 months ago
 @EllieDi80809949 @Katie_Moffat 100%! Makes them feel more human and I think helps maintain a good rapport with individuals... #OTalk

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Sarah @SarahROT2

3 months ago



@AnnieSevern_OT Patient feedback, observations and evaluation forms. The use of outcomes measures could also be used. Regular reflection of group facilitation skills, therapeutic use of self, strengths and areas for improvement #OTalk

Margaret Spencer @margaretOT360

3 months ago



They can be fun, as we review what has happened inside the group and outside it. #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @SarahROT2: @AnnieSevern_OT Patient feedback, observations and evaluation forms. The use of outcomes measures could also be used. Regula...

#OTalk @OTalk_

3 months ago



RT @beckycooper_OT: @AnnieSevern_OT To support with developing content of the group for the individuals, I have found the Pool Activity Lev...

✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago



@anyadei @MarcusD88167580 I definitely think refraining from using the word 'measure' in this context in front of service users is worthwhile... It is a scientific sounding word which sometimes could diminish the client-centred feel? #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

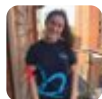
3 months ago



@SarahROT2 @AnnieSevern_OT yes- observations are important, especially if such participants might not be able to provide honest responses. Think of our service users who have moderate/advanced dementia and/or mental disabilities. #otalk

✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago



@beckycooper_OT Yes definitely! This will help us understand the wider impact too which is so important #OTalk

Margaret Spencer @margaretOT360

3 months ago



Yes just saying 'what's different for you?' Is fine #otalk

✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago



Last but not least... Question 6: In general what are the positives of delivering group work with people who have dementia and/or their carers? #OTalk
<https://t.co/yzCncPYVvy>

Anyadei @anyadei

3 months ago



@AnnieSevern_OT @MarcusD88167580 Great point! And it also implies there is a sense that you could 'fail' a group course if you don't 'improve enough' which isn't the case! People get such individual things out of a group course - there is no one size (or outcome!) that fits all! 📌📌📌 #OTalk

Student Platform OT @SPOTeurope

3 months ago



Hopely connections feelings of belonging and identity :) #OTalk

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✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@margaretOT360 Much less pressurising as well somehow. I think this is so important for certain service user groups espically #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

RT @SPOTeurope: Hopefully connections, feelings of belonging and identity :) #OTalk <https://t.co/9N3aPZbNQe>



Margaret Spencer @margaretOT360

3 months ago

Connecting, and interacting with others at any level #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@AnnieSevern_OT For carers, I think allowing them to support one another and exchange strategies can be beneficial. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @margaretOT360: Connecting, and interacting with others at any level #otalk <https://t.co/Lz54oS5YiS>



Anna Broadbent @annabhg2

3 months ago

@AnnieSevern_OT @OTalk_ Always learning and adapting but had success with sensory boxes - today it was 'beach in a box' (also use a 'garden in a box' and men's grooming objects), art/craft and table top games also activities that feed into gardening tasks are on the agenda for future #OTalk



Laura @LauraCoffin_OT

3 months ago

@AnnieSevern_OT As a student you have some scope to be creative I think. Adapting tools like quality of life measures for this population can be interesting #OTalk



#OTalk @OTalk_

3 months ago

RT @annabhg2: @AnnieSevern_OT @OTalk_ Always learning and adapting but had success with sensory boxes - today it was 'beach in a box' (also...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@beckycooper_OT I haven't yet used the Pool Activity Level, but have read lots about it and would be keen to use it - I was surprised I hadn't seen anyone mention it so far but then your tweet popped up! #OTalk



#OTalk @OTalk_

3 months ago

RT @AnnieSevern_OT: Last but not least... Question 6: In general what are the positives of delivering group work with people who have dementi...



#OTalk @OTalk_

3 months ago

RT @BillWongOT: @AnnieSevern_OT For carers, I think allowing them to support one another and exchange strategies can be beneficial. #otalk

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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

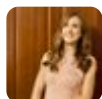
@margaretOT360 yes- especially if those who are new to this, or don't know access to similar avenues online. #otalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@LauraCoffin_OT Ooh that sounds like a great idea, thank you for sharing this! #OTalk



Georgia Vine @GeorgiaVineOT

3 months ago

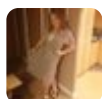
@AnnieSevern_OT Giving them a new look on life #OTalk



Katie Moffat @Katie_Moffat

3 months ago

@AnnieSevern_OT I haven't ever delivered or observed any sessions- but recently been doing a lot of reading around childhood games/songs, using food and sweets as a memory! The food certainly is meaningful for a family member of mine who has dementia! #OTalk



Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT It's so useful isn't it! To provide ideas and some structure for making sure the intervention is client centred #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@BillWongOT Absolutely! I think knowing you are able to talk to people in similar situations, sharing experiences and ideas with one another - It could be really important for them. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @BillWongOT Absolutely! I think knowing you are able to talk to people in similar situations, sharing experiences and i...



Suzy Wilkinson @suzyjwilkinson

3 months ago

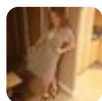
@AnnieSevern_OT #OTalk not having the pressure that can come from 1:1 work, seeing someone participating can trigger a response to act and join in. For carers seeing participation can be uplifting



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

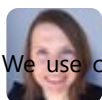
@Katie_Moffat This is great! There is so much stuff out there about sensory stimulation too.. This would fit right in there too, as well as reminiscence #OTalk



Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT A sense of identity and the social constructs which come along with this including social capital and occupational justice for both individuals living with a dementia and their carers #OTalk



Susan Griffiths @SusanGriffiths5

3 months ago

@AnnieSevern_OT Give them a sense of belonging, a community of their own where they are accepted and supported. #OTalk

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Anna Broadbent @annabhg2

3 months ago

@AnnieSevern_OT I have also been using the Pool Activity Level, it's been helpful for developing a detailed personal narrative to ensure meaning and an occupational profile to ensure an appropriately graded approach #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @annabhg2: @AnnieSevern_OT I have also been using the Pool Activity Level, it's been helpful for developing a detailed personal narrativ...



Laura @LauraCoffin_OT

3 months ago

@AnnieSevern_OT No problem! Really helped me to think creatively about issues like communication #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SusanGriffiths5: @AnnieSevern_OT Give them a sense of belonging, a community of their own where they are accepted and supported #OTalk



#OTalk @OTalk_

3 months ago

RT @suzyjwilkinson: @AnnieSevern_OT #OTalk not having the pressure that can come from 1:1 work, seeing someone participating can trigger a...



#OTalk @OTalk_

3 months ago

RT @GeorgiaVineOT: @AnnieSevern_OT Giving them a new look on life #OTalk



#OTalk @OTalk_

3 months ago

RT @SusanGriffiths5: @AnnieSevern_OT Give them a sense of belonging, a community of their own where they are accepted and supported #OTalk



Esco P. @ap3_trillog

3 months ago

RT @suzyjwilkinson: @AnnieSevern_OT #OTalk not having the pressure that can come from 1:1 work, seeing someone participating can trigger a...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@suzyjwilkinson Yes! I love the idea of peer encouragement even if non directly. It can be so powerful and often bring people out of their shells even. Often people wait for others to participate so they feel comfortable to do so themselves #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @suzyjwilkinson Yes! I love the idea of peer encouragement even if non directly. It can be so powerful and often bring...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@GeorgiaVineOT Absolutely - that is powerful, love it! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@AnnieSevern_OT @suzyjwilkinson we see that amongst service users in disability groups... so carers should have similar effect. #OTalk

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GillianOTStudent @GillianH351981

3 months ago

@AnnieSevern_OT Company and conversation for either the carer or the client in a situation where they may be spending most of there time alone. An escape from the condition #OTalk



Marcus Dean @MarcusD88167580

3 months ago

@AnnieSevern_OT #otalk social interaction (reduction in loneliness), sharing strategies, the benefits of the activity. Maybe some sense of normalising a condition if you don't get a chance to meet others in a similar situation.



Anna Broadbent @annabhg2

3 months ago

@AnnieSevern_OT @OTalk_ Peer modelling behaviour, sense of belonging and identity and opportunity to occupy previous roles, particularly social ones #OTalk



Margaret Spencer @margaretOT360

3 months ago

RT @AnnieSevern_OT: @GeorgiaVineOT Absolutely - that is powerful, love it! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@MarcusD88167580 I agree - I think normalisation and feeling part of a community is huge, we cannot underestimate the impact groups can have on these service users in terms of sharing ideas, conversation and company #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @annabhg2: @AnnieSevern_OT @OTalk_ Peer modelling behaviour, sense of belonging and identity and opportunity to occupy previous roles, p...



Georgia Vine @GeorgiaVineOT

3 months ago

RT @AnnieSevern_OT: @GeorgiaVineOT Absolutely - that is powerful, love it! #OTalk



Anya de longh @anyadei

3 months ago

@AnnieSevern_OT A chance to not feel alone, to share and to feel comfortable and accepted with your memory loss (so not having to hide it?) when you might feel alienated from other social settings where you are expected to remember #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AnnieSevern_OT: @MarcusD88167580 I agree - I think normalisation and feeling part of a community is huge, we cannot underestimate the i...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@annabhg2 @OTalk_ Yes, yes and YES! This is so important and i love that a group can achieve this for people #OTalk



Margaret Spencer @margaretOT360

3 months ago

Also having a role, purpose and sense of belonging to something #OTalk

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

RT @annabhg2: @AnnieSevern_OT @OTalk_ Peer modelling behaviour, sense of belonging and identity and opportunity to occupy previous roles, p...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@AnnieSevern_OT @MarcusD88167580 sense of belonging is important... especially if these carers are new kids on the block, so to speak. #otalk



Katie Moffat @Katie_Moffat

3 months ago

@AnnieSevern_OT Strategies for carers and families, and positive emotions for the individual. Even if the experience itself isn't remembered, the positive emotion can still promote well-being. #OTalk



Laura @LauraCoffin_OT

3 months ago

@AnnieSevern_OT Gardening. Boccia for people with dementia and their carers. There's lots of scope for inter-generational groups and connecting different ages #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@BillWongOT @MarcusD88167580 Yes I agree and of course it links strongly with identity! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @LauraCoffin_OT: @AnnieSevern_OT Gardening. Boccia for people with dementia and their carers. There's lots of scope for inter-generation...



#OTalk @OTalk_

3 months ago

RT @Katie_Moffat: @AnnieSevern_OT Strategies for carers and families, and positive emotions for the individual. Even if the experience itse...



#OTalk @OTalk_

3 months ago

RT @margaretOT360: Also having a role, purpose and sense of belonging to something #OTalk <https://t.co/5OdL72blrz>



#OTalk @OTalk_

3 months ago

RT @anyadei: @AnnieSevern_OT A chance to not feel alone, to share and to feel comfortable and accepted with your memory loss (so not having...



#OTalk @OTalk_

3 months ago

RT @annabhg2: @AnnieSevern_OT @OTalk_ Peer modelling behaviour, sense of belonging and identity and opportunity to occupy previous roles, p...



#OTalk @OTalk_

3 months ago

RT @MarcusD88167580: @AnnieSevern_OT #otalk social interaction (reduction in loneliness), sharing strategies, the benefits of the activity....



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Katie_Moffat: @AnnieSevern_OT Strategies for carers and families, and positive emotions for the individual. Even if the experience itse...

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



Wow - that was the fastest hour of my life, ever! Thank you so much for your participation tonight, I'm overwhelmed by the responses! I'm looking forward to reading through the transcript. Stay safe everyone and thanks again! #OTalk <https://t.co/qQGAGfVdtS>

Anya de longh @anyadei

3 months ago



@LauraCoffin_OT @AnnieSevern_OT I really like the idea of inter-generational groups! Have many OTs done these? Adaptive sports could be an easy area to explore? We have a bit of this naturally at our @ChesilSailing sessions? Would be interested to hear other examples! #OTalk

Margaret Spencer @margaretOT360

3 months ago



Amazing #OTalk Annie. Excellent questions and brilliant hosting well done!

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @anyadei: @LauraCoffin_OT @AnnieSevern_OT I really like the idea of inter-generational groups! Have many OTs done these? Adaptive sports...

Student Platform OT @SPOTEurope

3 months ago



Thank you so much Annie - you did a fabulous job! We really enjoyed it! #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



Thank you so much for your help and support @margaretOT360 in the planning, questions, blog-writing and participating!

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



@AnnieSevern_OT as for me... hopefully I only need to self quarantine for 2 weeks and that's that. #otalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



@AnnieSevern_OT and I think we should also extend our thoughts to @OT_rach too. It's appropriate given what she is going through right now. #otalk

Anya de longh @anyadei

3 months ago



@AnnieSevern_OT Thank you - such an interesting discussion, and lots of new ideas to think about! Well hosted! #OTalk

Ellie Dixon @EllieDixon_OT

3 months ago



Thankyou @AnnieSevern_OT for this really great #OTalk! Well done!

#OTalk @OTalk_

3 months ago



We'll have a transcript of this chat up on our website <https://t.co/xq6um0oxke> soon, and we'll be back next week for a research-focused #OTalk! In the meantime, check out the reflection forms on our website to record this chat as part of your CPD

<https://t.co/mheGDCPEZ> collection of data as described in our [Website Data Collection Policy](#).



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#OTalk @OTalk_

3 months ago



9pm! That's officially the end of #OTalk for tonight but feel free to keep talking - some great sharing of ideas and experience happening 🤗 Thanks @AnnieSevern_OT for hosting and thanks everyone else for taking part <https://t.co/WLSI7pW7Dx>

Laura @LauraCoffin_OT

3 months ago



@anyadei @AnnieSevern_OT @ChesilSailing Boccia worked really well. Lots of grading opportunities! In a care home setting I saw a toddler/parent group which was great but would have benefited from OT input. Other students evaluated a group with primary school children based on cognitive stimulation principles #OTalk

#OTalk @OTalk_

3 months ago



RT @EllieDi80809949: Thankyou @AnnieSevern_OT for this really great #OTalk! Well done! <https://t.co/E1wGJk8HZZ>

#OTalk @OTalk_

3 months ago



@AnnieSevern_OT Thanks Annie! 🤗 It does fly by, doesn't it?! #OTalk

🌟 Annie OT Student 🌟 @AnnieSevern_OT

3 months ago



Reflective forms for part of your CPD below ↓ ↓ ↓

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @LauraCoffin_OT: @anyadei @AnnieSevern_OT @ChesilSailing Boccia worked really well. Lots of grading opportunities! In a care home settin...

🌟 Annie OT Student 🌟 @AnnieSevern_OT

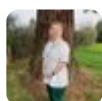
3 months ago



@anyadei Thank you so much, and thank you for all your contributions too - looking forward to properly reading everything through now too! #OTalk

Suzy Wilkinson @suzyjwilkinson

3 months ago



@AnnieSevern_OT Thank you, that was my first full interaction with #OTalk and I have learnt a lot.

🌟 Annie OT Student 🌟 @AnnieSevern_OT

3 months ago



RT @OTalk_: 9pm! That's officially the end of #OTalk for tonight but feel free to keep talking - some great sharing of ideas and experience...

Katie Moffat @Katie_Moffat

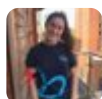
3 months ago



Wonderful #OTalk this evening, thank you @AnnieSevern_OT for hosting! Lots of very interesting conversations! @OTalk_

🌟 Annie OT Student 🌟 @AnnieSevern_OT

3 months ago



@suzyjwilkinson That's great to hear, thank you, there was definitely some really interesting discussion, I have lots of thoughts and ideas now! #OTalk

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Anna Broadbent @annabhg2

3 months ago

@AnnieSevern_OT Great questions Annie, thank you #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@Katie_Moffat @OTalk_ Thank you @Katie_Moffat for all your tweets - I really enjoyed it and lots of food for thought from tonight too #OTalk



Anna Pettican @AnnaPettican

3 months ago

RT @anyadei: @LauraCoffin_OT @AnnieSevern_OT I really like the idea of inter-generational groups! Have many OTs done these? Adaptive sports...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

RT @anyadei: @LauraCoffin_OT @AnnieSevern_OT I really like the idea of inter-generational groups! Have many OTs done these? Adaptive sports...



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@LauraCoffin_OT @anyadei @ChesilSailing This sounds amazing. I definitely need to look into Boccia groups. #OTalk



RuthC @ruthotlife

3 months ago

@AnnieSevern_OT I ensure they are meaningful, graded, have beginning, middle, end and are evaluated #otalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

Very grateful for tonight's #OTalk discussion and everyone who participated! I am currently planning a six-week Support group for Carers of People with Dementia. Lots of interesting contributions that I will be taking forward and looking into more. Thanks everyone!



Katie Moffat @Katie_Moffat

3 months ago

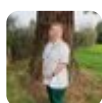
@AnnieSevern_OT @EllieDi80809949 Making the people feel human I think is important! I sometimes think on number rating scales or 'strongly/ mostly agree' type scales the emphasis can get lost depending on the meaning of the vocabulary to the individual. #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@CariadOt I agree! Understanding the condition is so important before putting anything into practice in terms of groups. Also, a genuine interest is key - otherwise, I really believe it shows #OTalk



Suzy Wilkinson @suzyjwilkinson

3 months ago

I just participated in my first #OTalk it was not only educational but enjoyable and interesting #OTderby #OTstudent



Laura @LauraCoffin_OT

3 months ago

@AnnieSevern_OT Thank you, really enjoyed it! Good luck with your placement! #OTalk

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@LauraCoffin_OT Thank you very much! And for all your tweets too! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@Katie_Moffat @EllieDi80809949 I honestly think that should be at the forefront of everything we do (Making them feel human)! And yes I agree, because everyone uses different language so we need to make sure it is personal to and reflective of them #OTalk



Carol Percy @DrCarolPercy

3 months ago

RT @AnnieSevern_OT: Let's get started! Question 1: As an OT, what skills do you believe are essential in researching, planning and deliveri...



Joanne Coutts ❤️ @joannecoutts

3 months ago

@AnnieSevern_OT Analytical skills, problem solving and forward planning. To be able to organise a successful OT group #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@EllietheOT This is such a good point. I think facilitating a group you HAVE to be aware you will not be able to micro manage things, you will have to go with the swing of it (to some extent) and adapt accordingly #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@Opportune_OT I like this idea, I think I should bear this in mind the 'researching and planning different options'. I think its one thing being able to adapt a session, but with alternative plans.. you can ensure the adapted group still has therapeutic value and fulfils aims! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@suzyjwilkinson Absolutely... I think you have to let go of your own goals - as this isn't about us as the OT / group facilitator, it is about the service users! Their expectations or goals may be completely different to how you envisaged it - and that is okay! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@anyadei Definitely, essentially co-production! I think it is definitely important to consider what is important to the participants, as it is them you are hoping to benefit! We must be carefuln we don't get sidelined by our own hopes, expectations etc as the professionals #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@OTSophie Agreed! I think it helps when planning, that you plan your aims and how you will evaluate if they are met simultaneously. That way, you can ensure you meet what you want to achieve! #OTalk



Margaret Spencer @margaretOT360

3 months ago

RT @AnnieSevern_OT: @anyadei Definitely, essentially co-production! I think it is definitely important to consider what is important to the...
You can change your preferences at any time.





🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@SarahROT2 @OTalk_ All key factors when planning groups! Therapeutic use of activity is something I have read a lot about recently, to ensure my group will be specific to OT and differ from non OT led groups! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

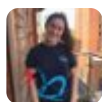
@NatalieS_OT @OTalk_ This can be challenging too! But yes you are so right, I think it is crucial to maintain awareness of each participant in the group, to make sure they are okay and their needs are being met. If not, then you are 'in the know' and you can adapt accordingly #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@IsabelSkelton_ Absolutely! Client centred goals too, so that we don't get caught up in our own expectations or hopes of the groups! Ultimately, of course it must all come back to the service users' goals - what are they & are we meeting them? #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@joannecoutts Yes! Problem solving and adaptability is key to facilitating groups - also we need to know that a successful group does not necessarily mean it went exactly to plan! That's where the problem solving comes in :) #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@GeorgiaVineOT Research, research and more research! Ensuring evidence-based practice too #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@EllitheOT Of course! The OT process being applied to groups makes so much sense and gives structure and purpose to all stages. #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@Opportune_OT Yes I agree - a generic plan can be made and then delivered in a way that suits to the needs of the members accordingly. Of course, this may mean adapting it but that's okay and expected! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@CariadOt That makes sense, relating it back to occupation will of course always ensure it is an OT specific group! I think I need to remember this tip, as it seems obvious now you have pointed it out, but easy enough to get lost in practice... Thank you! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@suzyjwilkinson Of course!! Makes so much sense but I think in practice it takes some getting used to, or rather it is easy to lose an occupational focus (for all we are OT's!) Thank you for this #OTalk

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@anyadei I have seen some more responses from the #OTalk that links with this question.... I think ensuring everything comes back to an occupational focus - which made me think, it is important that service users understand what is meant by 'occupation' and relating the group to it #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@BillWongOT This sounds great - spreading the word of OT! #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

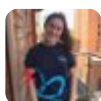
3 months ago



@AnnieSevern_OT Sadly I am the only one in OT across the globe who is doing it! #otalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@SusanGriffiths5 I totally agree. I think this is what adds to the therapeutic value of groups, by making them applicable to every day life too. We have the skills as OTs to do this. Thank you! #OTalk

Anya de longh @anyadei

3 months ago



RT @AnnieSevern_OT: @anyadei Definitely, essentially co-production! I think it is definitely important to consider what is important to the...

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@NatalieS_OT @OTalk_ Ooh I love this - definitely something to go by when planning groups to deliver. I think this makes sure it truly benefits the individuals in every day life and ensures skills are transferable outside of the group itself #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@SarahROT2 @OTalk_ Indeed! This is the first mention of MDT I have seen during this discussion too, and I think the promotion of OT within MDT is great #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

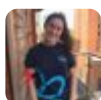
3 months ago



@LauraCoffin_OT Wow this is spot on! I have most definitely observed this in care home settings. It is the same cliché activities you see, which yes may be great for some individuals, but may be others' worst nightmare. So important to consider interests, personalities, abilities etc #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@IsabelSkelton_ I agree! I think it's especially hard when we are used to the OT specific language, and we break it down into lay terms for individuals - but it can be challenging when they struggle to identify their occupational needs or "what they want to be different" #OTalk

🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago



@annabhg2 So important to maintain a strengths based approach #OTalk

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@ruthotlife This is a great point in terms of planning the groups! I have used Cole's structure the seven steps to plan my groups, using them as a general rule has meant I have a distinctive start, middle and end! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@EllietheOT I believe this can be one of the most beneficial parts of groups #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@Katie_Moffat It's the little things that can make a big difference! Finding common ground between clients can have such positive outcomes - such as this! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@Megandenika Wow that sounds like an amazing session / group, lots of benefits were had by the sounds of it!! #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@anyadei This is a good question.. I'm not sure there is a right answer, as I'm sure it massively depends on the setting i.e wards, community etc. I suppose they can be hard to measure, but if a skill has been taught or is sustainable, the service users can continue X/Y/Z at home.. #OTalk



Sarah @SarahROT2

3 months ago

@AnnieSevern_OT @OTalk_ Absolutely, I encourage students from different disciplines to shadow me on placement too, to gain an understanding of our role. I highlight motivation, communication and interaction, process, motor skills and environmental considerations within occupation #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@anyadei Not sure this made sense... I suppose I meant at least with sustainable activities you have the knowledge that clients can continue it at home. Still no way of measuring it though. This must depend on demands on services I think #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

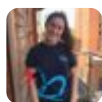
@annabhg2 @OTalk_ This sounds amazing! Do you have any photos of these boxes? I am so intrigued and would love to do something similar one day as I am passionate about dementia care.. Thanks so much for sharing this I love it #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@LauraCoffin_OT I would love to know more about this group, it sounds fab and so worthwhile! How many sessions did you run? #OTalk



🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@SusanGriffiths5 Love this. Reducing feelings of isolation is a huge part of groups I think, we all need a sense of belonging / community, so it makes sense that we see people respond well to peer support #OTalk

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✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@beckycooper_OT This is a great set up.. So is a specific group put on for the carers, or is it more of an informal chance to chat and socialise? I have only recently learnt about CST, It's great #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@suzyjwilkinson This is interesting and sounds useful! Did you use a standardised tool to measure this or was it subjective? #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@SarahROT2 I definitely think using more than one way of 'measuring' is the way forward! It brings different elements into it and gives you a better idea of the bigger picture #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@SusanGriffiths5 I like that! Actually just looking at the benefits of being 'part of the group' rather than just specifically looking at the skills / activity directly being used in the group #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@annabhg2 My thoughts exactly... That's why I included it as a question because I wanted to see what others did! I like the use of both verbal and non-verbal feedback #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@beckycooper_OT Have you used the Pool Activity Level with people with dementia? Do you have any tips / advice when it comes to using it? #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@LauraCoffin_OT I think the idea for inter-generational groups is amazing, I would love to facilitate this in a group one day! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@Katie_Moffat YES to this! I have experienced this, where their loved ones / carers say that they 'had a certain glow about them' after an activity or session.. 'even though they don't remember what they've done' - it doesn't matter - still promotes positive emotions and wellbeing #OTalk



Laura @LauraCoffin_OT

3 months ago

@AnnieSevern_OT We ran 7 sessions in the end I think. It was a link with a football club. Definitely had challenges! Would be happy to share more details if you want to get in touch! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@beckycooper_OT Yes! Enabling occupational justice and providing opportunities to these individuals is absolutely what we should aim to achieve within groups #OTalk

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✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@BillWongOT @suzyjwilkinson I think so too, as we all benefit from a sense of belonging, peer support and community #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@EllieDi80809949 Definitely!! I feel so passionate about the fact carers must be given the right support and opportunities, in order to be able to deliver their caring role and responsibilities! #OTalk



OTNeil @neil_ot

3 months ago

RT @margaretOT360: Also having a role, purpose and sense of belonging to something #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@GillianH351981 Absolutely, I think also for the carers it is key to have some dedicated time where they prioritise their own needs and have time for themselves - This way they are better equipped to maintain their own wellbeing whilst fulfilling their caring role #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@anyadei I completely agree! I think that being in a shared environment with others who have dementia or memory loss too, will make them feel less conspicuous as well. In these shared environments, there are no expectations or pressures #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@SusanGriffiths5 Yes! This is so important to us all as human beings! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@SarahROT2 @OTalk_ I think this is so important to have this opportunities as students. I have shadowed physios, nurses, doctors, speech and language therapists... and it has given me greater exposure to the client group and therefore how I could further OT input! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@NatalieS_OT @OTalk_ Oooh thank you - I'm not familiar but I will definitely be having a look into this now! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

I don't use these things unless I want to participate in #otalk but are unable to do so due to time zone changes... but these are helpful tools for anyone who need some assistance when facilitating #otalk or #otalk2us. <https://t.co/cKujnvl6zA>



Suzy Wilkinson @suzyjwilkinson

3 months ago

@AnnieSevern_OT Subjective and different for each student based on their EHCP and our knowledge of them. #OTalk

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Melissa AZ @melissaagueyz

3 months ago

Great Question #OTHY306 @JulieHughes2013 @jennifer0brien - Understanding group dynamics, group leaderships skills



beyondcovid @beyondcovid

3 months ago

RT @margaretOT360: We go at the pace of the service user, not the curriculum or plan. Participation will make a difference that can be meas...



beyondcovid @beyondcovid

3 months ago

RT @AnnieSevern_OT: Loving all these responses! But as I have six questions to get through... Here's question 2: How do you ensure your gro...



Dr Rachel Chin @rachelchin91

3 months ago

RT @SarahROT2: @AnnieSevern_OT I recently ran a group project - image colourising, on an acute MH ward. I observed: socialisation, peer sup...



Cassandra @Cass_OT__

3 months ago

RT @SPOTEurope: Music sessions where individuals share their favourite music and share why - usually turns into a disco!! I think any group...



Margaret Spencer @margaretOT360

3 months ago

RT @EllieDi80809949: Thankyou @AnnieSevern_OT for this really great #OTalk! Well done!



nicola jane drake @washolland
#OTcoreskills

3 months ago



Justin Clark @ValFalcon3

3 months ago

RT @suzyjwilkinson: I just participated in my first #OTalk it was not only educational but enjoyable and interesting #OTderby #OTstudent



♥OT_Expert♥ @OT_Expert

3 months ago

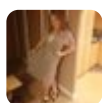
RT @AnnieSevern_OT: Loving all these responses! But as I have six questions to get through... Here's question 2: How do you ensure your gro...



♥OT_Expert♥ @OT_Expert

3 months ago

RT @AnnieSevern_OT: Let's get started! Question 1: As an OT, what skills do you believe are essential in researching, planning and deliveri...



Becky Cooper @beckycooper_OT

3 months ago

@AnnieSevern_OT The carers almost formed their own group while individual with dementia attended CST which was lovely to see. I've not personally been involved with carers groups but we have had carers who attended a group come in to uni to chat to us and they found it very valuable! #OTalk

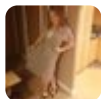
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Becky Cooper @beckycooper_OT

3 months ago



@AnnieSevern_OT I have used it in a workshop at uni and weaved it in to a community mental health placement too. The book guides you through everything from the checklist to the profiles. Also found it helpful to look at the theoretical models it draws from, like lifespan approach #OTalk

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @margaretOT360: We go at the pace of the service user, not the curriculum or plan. Participation will make a difference that can be meas...

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @AnnieSevern_OT: Let's get started! Question 1: As an OT, what skills do you believe are essential in researching, planning and deliveri...

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @anyadei: @AnnieSevern_OT As an OT student, I'd suggest starting with what's important to the participants and designing it to meet thei...

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @MarcusD88167580: @AnnieSevern_OT #otalk getting to know your potential group participants to know what will work for them (co-productio...

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @AnnieSevern_OT: @anyadei Definitely, essentially co-production! I think it is definitely important to consider what is important to the...

Anna Braunizer (she/her) @ABraunizer

3 months ago



@AnnieSevern_OT @anyadei And with client/partnership, ensuring that they are compensated and patient partners are diverse: <https://t.co/0eKmlHbdym> #OTalk

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @Katie_Moffat: @AnnieSevern_OT I think it's important to facilitate reflection rather than just rating scales. I've been part of a group...

Anna Braunizer (she/her) @ABraunizer

3 months ago



@AnnieSevern_OT Depends on context of group - from my clients tell me, qualitative, open-ended questions are more meaningful, but if funders are involved, they often need to see the quantitative outcomes to see the value - so using a combination of both & developing w/patient partners #OTalk

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @margaretOT360: Critiquing the evidence base, listening to your service users, creating the best environment you can, detailed planning...

Anna Braunizer (she/her) @ABraunizer

3 months ago



RT @margaretOT360: Embedding in the PEOP model, having outcomes measures and always being client-led within the sessions #otalk

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Anna Braunizer (she/her) @ABraunizer

3 months ago



@AnnieSevern_OT OT groups are focused on doing and occupation as a means or ends - orienting the groups towards doing occupation - that's our lens. We also have lens of accessibility (and not alone in this) for creating accessible "spaces" for groups #OTalk

Charlie Danger @DangerOT

3 months ago



Did you know about the range of #assistivetech webinars coming from @ATIAorg? Tonight at 8:30 BST there's a great one from @attipscast & Rachel Madel. Not free (\$55) but worth it for great content & ideas on developing core language! #AAC #slpeeps #OTalk <https://t.co/K8TOroDOPN>

Chris Bugaj @attipscast

3 months ago



RT @DangerOT: Did you know about the range of #assistivetech webinars coming from @ATIAorg? Tonight at 8:30 BST there's a great one from @a...

Colette Datt 🏠❤️ RGN RNC BSC MSC @datt_colette

3 months ago



RT @OTalk_: A quick review of the rules: be kind & respectful (this includes respecting confidentiality of the people we work with), keep t...

Dr Nikki Daniels @NikkiDanielsOT

3 months ago



Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. Our host will be Dr Eddie Duncan, Associate Professor, University of Stirling.

#Hellomynameis Sarah 📠🇬🇧 @SLawsonOT

3 months ago



RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...

#OTalk @OTalk_

3 months ago



Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, Associate Professor, University of Stirling and our topic 'managing research during a pandemic'. <https://t.co/SNv1XJjcpn>

Dr Nikki Daniels @NikkiDanielsOT

3 months ago



RT @OTalk_: Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, As...

Dr Nikki Daniels @NikkiDResearch

3 months ago



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Dr Nikki Daniels @NikkiDResearch

3 months ago



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Helen Brown @HelenBrown09

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



Sarah Mercer @pd2ot

3 months ago

Looking forward to this :)



Hannah Melville @ot_hannah

3 months ago

#fallsprevention @LaterLifeTrain @RCOT_OP @AGILECSP @MDTea_podcast Any advice or recommendations for evidence based virtual clinic/programmes to run falls assessment and intervention? #AHPs #OTalk



Amanda White @ajciliaOT

3 months ago

#covidrehab



CovidRehab @covid_rehab

3 months ago

Upcoming #OTalk Tweet Chat on Research in #OccupationalTherapy May 5, 2020 8:00pm-9:00pm GMT by @Helen_OTUK @OTalk_via @ajciliaOT #covidrehab



Chloe Kitto @chloe_kitto

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



Stephy Ren Nana @stephyren

3 months ago

RT @OTalk_: Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, As...



Suzanne W_1 @SuzanneW_1

3 months ago

RT @OTalk_: Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, As...



♥OT_Expert♥ @OT_Expert

3 months ago

RT @OTalk_: Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, As...



Michelle Broderick @MBroderickOT

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



Thérèse Lebedis OBE @therese_jackson

3 months ago

RT @covid_rehab: Upcoming #OTalk Tweet Chat on Research in #OccupationalTherapy May 5, 2020 8:00pm-9:00pm GMT by @Helen_OTUK @OTalk_via...



Graham Walker @OT_Graham

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...

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Anna Pettican @AnnaPettican
RT @ajciliaOT: #covidrehab

3 months ago



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@ABraunizer Such a good point that it should always come back to occupation! I think it's easy to lose sight of that, but I'm currently planning a group and will most definitely remember this, thank you! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

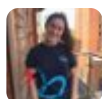
@ABraunizer That's so true - definitely depends on who you need to share outcome measures with. Using both types is a good idea to cover all bases though - I'm definitely going to take forward #OTalk



Emma Hooper @hooper_ek

3 months ago

Very topical subject for next week's #OTalk Research chat. Do join Eddie Duncan and the @OTalk_Research team at 8pm Tuesday @NikkiDResearch @preston_jenny



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@ABraunizer @anyadei Thank you so much for sharing this article, I am going to read this today! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@beckycooper_OT That sounds good - I recently got the book out of the library (pre-lockdown) but haven't looked at it thoroughly yet. I'll have a look this afternoon, thank you #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@beckycooper_OT I love that, they actually pretty much formed their own group naturally. I'm planning my Support Group for Carers and timewise, I'm making sure it runs alongside the group sessions being run for the people with dementia. It's such a good idea if both can be facilitated #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@SarahROT2 @HartleySamantha @rachelchin91 I love this! I haven't come across it before either so thank you for sharing. Will definitely look into it more now! #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@chevster45 I definitely need to look at the PAL framework... How was your experience with life history work? I've read some great things about it, and I'm thinking of planning a group around it #OTalk



✨ **Annie OT Student** ✨ @AnnieSevern_OT

3 months ago

@chevster45 I've seen this feedback a lot, which is really positive! It's definitely just as an important as the actual content of the group / activity in terms of how it benefits individuals #OTalk

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🌟 **Annie OT Student** 🌟 @AnnieSevern_OT

3 months ago

@melissaagueyz @JulieHughes2013 @jennifer0brien Yes these are definitely key! Of course the best way to gain these skills is to practice and do it for real. I was due to do that before my placement got pulled due to lockdown. But one day soon 😊
#OTalk



💖 **OTEmmaS** 💖 @emmaspellmanOT

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



The AHP Knitter @AnitavAHP

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



OfficialCAHPR @OfficialCAHPR

3 months ago

Details about the next edition of #OTalk



Alex Smith @YmchwilStroc

3 months ago

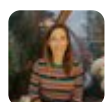
RT @OTalk_: Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, As...



Occupational Therapy Research Network Wales @ORIENTCymru

3 months ago

RT @OTalk_: Next Tuesday is the first of the month! That can only mean one thing....#OTalk Research!! Our host will be Dr Eddie Duncan, As...



adrienne cormican @adicormy

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



Dr Mary Birken @MaryBirken

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



Adèle Nelson @Even_OT

3 months ago

A question to the British Occupational Therapists out there, how long are you permitted for CPD each month? @theRCOT @RCOTTrentregion
#OccupationalTherapy #OTalk



Dr. Sherron Furtado @sherron_furtado

3 months ago

RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...



Michelle Perryman-Fox 🦊 @Symbolic_Life

3 months ago

RT @hooper_ek: Very topical subject for next week's #OTalk Research chat. Do join Eddie Duncan and the @OTalk_ Research team at 8pm Tuesday...

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RuthC @ruthotlife

3 months ago



@AnnieSevern_OT Hi Annie, I found identifying meaning occupations and doing sensitive reminiscence around the topic eg) favourite music, playing it and I'd why special first kiss, reminded of mother, wedding dance etc/reminiscing everyday occupations eg) cooking, who taught you, fav dish #OTalk


Annie OT Student @AnnieSevern_OT

3 months ago

@ruthotlife Oh I absolutely love this idea!! Thank you so much for sharing! I have seen the first part done often, but I love the thought of actually asking them why it is special. So many benefits for both the client, the therapist and the therapeutic relationship / rapport! #OTalk

RuthC @ruthotlife

3 months ago



@AnnieSevern_OT Positives are they come alive. Talk to the dog sing a song smile at a good memory. Carers feel supported when you involve them in discussion and listen to them & signpost to support. I want to know you care about their loved one #OTalk

Clare McKenzie @ClareMcOT

3 months ago



RT @NikkiDanielsOT: Join me for May's #OTalk Research (Tuesday 5th May) when we will be discussing 'managing research during a pandemic'. O...

Margaret Spencer @margaretOT360

3 months ago



RT @Even_OT: A question to the British Occupational Therapists out there, how long are you permitted for CPD each month? @theRCOT @RCOTTren...

Deb HOME. @debbieduckie

3 months ago



#occupationaltherapy talking research during #Covid19UK

James Lampert @uk_james

3 months ago



RT @debbieduckie: #occupationaltherapy talking research during #Covid19UK

Dr Jenny Preston MBE @preston_jenny

3 months ago



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Dr Jenny Preston MBE @preston_jenny

3 months ago



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Deb HOME. @debbieduckie

3 months ago



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