

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, March 10th 2020, 8:00PM – Wed, March 11th 2020, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.

#OTalk @OTalk_

a day ago



Just some housekeeping for tonight's #otalk. Please try to remember the #otalk in each tweet. And follow your code of conduct.

<https://t.co/p0YFBwgWgm>

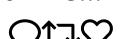


#HelloMyNameIs Carolyn @CeeCeeOT

a day ago



RT @93SophieC: Just preparing for hosting my first #OTalk - looking forward to hearing everyone's ideas and experiences ! #OccupationalThe...



 **Sherlyn**  @sherlynmelody

a day ago



Lurking tonight, whilst watching #thesplit 😊 #OTalk

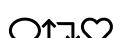


Ellen @OTEllenUK

a day ago



#BakeOff and #OTalk are my favourite type of Tuesday 🍪



#OTalk @OTalk_

a day ago



Please give use a shout out if you're online for tonight chat with @93SophieC . It's @GillyGorry on the account for support. Let me know if you need assistance. #otalk



Ellen @OTEllenUK

a day ago



@OTalk_ @93SophieC @GillyGorry Hello 🙌 #OTalk

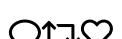


#OTalk @OTalk_

a day ago



@OTEllenUK Perfect Tuesday! #otalk





JasminOT @JasminLaffy
@OTalk_ @93SophieC @GillyGorry Hello everyone 🙌🙌 #otalk

a day ago

🔗



Margaret Spencer @margaretOT360
#otalk looking forward to it, despite being at the same time as #bakeoff !

a day ago

🔗



Emily Suffield @emilysuffield
@OTalk_ @93SophieC @GillyGorry Hello 🙌 #otalk

a day ago

🔗



Carolina Cordero 🌈 @colourful_ot
@OTalk_ @93SophieC (me getting comfy) #OTalk <https://t.co/ERTuEevelJ>

a day ago

🔗



#OTalk @OTalk_
RT @margaretOT360: #otalk looking forward to it, despite being at the same time as #bakeoff !

a day ago

🔗



Rachel Johnson OT Seashell Trust @RJOTSeashell
@OTalk_ @93SophieC @GillyGorry Hi everyone #OTalk

a day ago

🔗



Hannah Spencer @hspenceruk
@OTalk_ @93SophieC @GillyGorry Following along too. Evening all!
#OTalk

a day ago

🔗



JasminOT @JasminLaffy
@OTEllenUK Oh I'm so jealous. #bakeoff is hard to watch here in Australia.
Stuck behind pay walls #otalk

a day ago

🔗



Lucy Griffiths @LGOTSeashell
RT @93SophieC: Just preparing for hosting my first #OTalk - looking forward to hearing everyone's ideas and experiences ! #OccupationalThe...

a day ago

🔗



Katie Phipps @OTKatieP
@OTalk_ @93SophieC @GillyGorry Hello everyone! So proud of you for hosting tonight @93SophieC! #otalk

a day ago

🔗



Anna Broadbent @annabhg2

@OTalk_ @93SophieC @GillyGorry #otalk - and that bit!

a day ago



Sophie Cresswell @93SophieC

Let's get started! Question 1: what are the main factors influencing/ that did influence your first post as a newly qualified? #OTalk

a day ago



#OTalk @OTalk_

Excellent question.

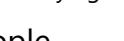
a day ago



Margaret Spencer @margaretOT360

It was the same area as I went into OT to work in. Working with people with learning disabilities was what I was doing as a volunteer . #otalk

a day ago



Emily Suffield @emilysuffield

@93SophieC I went for a mixed rotation as it offered a wide range of experiences and a good support structure #otalk

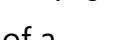
a day ago



Gilly- does- Doing @GillyGorry

@93SophieC I want to feel like a "real OT" actually think I was a bit of a role snob and made many assumptions. I mostly wanted a challenge and a place to have a voice. #otalk. Switching between accounts. @OTalk_

a day ago



Rachel Johnson OT Seashell Trust @RJOTSeashell

@93SophieC It was quite a long time ago for me 😱 but I chose an area I had done a practice placement in as I felt that would help my confidence. #OTalk

a day ago



Carolina Cordero 🌈 @colourful_ot

@93SophieC I knew from my placements (particularly my final placement in a CAMHS clinic) that I wanted to work in mental health so that was a big part of my decision #OTalk

a day ago



Katie Phipps @OTKatieP

a day ago



@93SophieC I felt as though I needed to experience a range of settings so went for a rotation - it's so hard to know where you want to be! It's been challenging but has really helped me build my core OT skills and resilience #OTalk



Margaret Spencer @margaretOT360

a day ago



It was 35 years ago for me, and I still think it was the right choice as I still work in that area 😊#otalk



JasminOT @JasminLaffy

a day ago



@93SophieC I went with private practice that could offer me a range of clients with good support. Also I loved community OT in my placements #otalk



Sherlyn @sherlynmelody

a day ago



@93SophieC #otalk I went with my gut! I had applied for an NHS posts & Social services post, got interviews. I hate interviews. I was offered both post. Told lady at NHS my situation & she said can you make a decision I have other people to call. #shockhorror!! Ok hello social services 🤪



Colleen Beck @TheOTtoolbox

a day ago



My first position was in 2000 and jobs were hard to find in my location at that time. I did land a position that offered a well-rounded experience in a variety of settings. It turned out to be a wonderful first job! #OTtalk



Vanessa Phillips @VanessajpOT

a day ago



@93SophieC I think my placements and previous work experience massively influenced my first post and I think the variety of settings in the rotation helped too! #otalk



#OTalk @OTalk_

a day ago



RT @margaretOT360: It was 35 years ago for me, and I still think it was the right choice as I still work in that area 😊#otalk



 **#OTalk** @OTalk_

a day ago

RT @OTKatieP: @93SophieC I felt as though I needed to experience a range of settings so went for a rotation - it's so hard to know where yo...



#OTalk @OTalk_

a day ago

RT @colourful_ot: @93SophieC I knew from my placements (particularly my final placement in a CAMHS clinic) that I wanted to work in mental...



 **Susan Griffiths** @SusanGriffiths5

a day ago

@93SophieC My first post was the same place/team where I had one of my placements and following this I worked in the holidays as an OTA. This meant that I did not have the anxiety that many newly qualified OTs had going into their 1st post. #otalk



#OTalk @OTalk_

a day ago

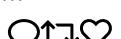
RT @RJOTSeashell: @93SophieC It was quite a long time ago for me 🙄 but I chose an area I had done a practice placement in as I felt that wou...



#OTalk @OTalk_

a day ago

RT @JasminLaffy: @93SophieC I went with private practice that could offer me a range of clients with good support. Also I loved community O...



#OTalk @OTalk_

a day ago

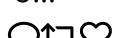
RT @sherlynmelody: @93SophieC #otalk I went with my gut! I had applied for an NHS posts & Social services post, got interviews. I hate inte...



#OTalk @OTalk_

a day ago

RT @VanessajpOT: @93SophieC I think my placements and previous work experience massively influenced my first post and I think the variety o...



 **Sherlyn**  @sherlynmelody

a day ago

@93SophieC #otalk I didn't really mind where I worked I just wanted to work with older people and I could not wait to be an #OT





#OTalk @OTalk_
#otalk

a day ago



Ellen @OTEllenUK

a day ago

@93SophieC I was definitely influenced by placement experiences. I knew I wanted a role in the community #OTalk



#OTalk @OTalk_

a day ago

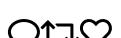
RT @SusanGriffiths5: @93SophieC My first post was the same place/team where I had one of my placements and following this I worked in the h...



Ben Kirkwood @OT_BenK

a day ago

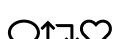
@93SophieC I always was interested in forensics and I did a placement in it and loved it! and here I am #OTalk



#OTalk @OTalk_

a day ago

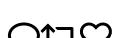
RT @sherlynmelody: @93SophieC #otalk I didn't really mind where I worked I just wanted to work with older people and I could not wait to be...



#OTalk @OTalk_

a day ago

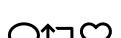
RT @OTEllenUK: @93SophieC I was definitely influenced by placement experiences. I knew I wanted a role in the community #OTalk



#OTalk @OTalk_

a day ago

RT @OT_BenK: @93SophieC I always was interested in forensics and I did a placement in it and loved it! and here I am #OTalk



Carolina Cordero @colourful_ot

a day ago

@93SophieC @GillyGorry @OTalk_ I definitely relate to wanting a challenge - I knew when I read the description of my current role that it would be a bit more responsibility than I might have elsewhere since I would be working as the only OT on the team but I liked the idea of aiming high 😊#OTalk



 **Hayley OT** @hayleyot1

a day ago

@93SophieC Always knew I wanted to work in a mental health setting, previous degree in psychology #OTalk



 **Susan Griffiths** @SusanGriffiths5

a day ago

@93SophieC I knew when I took on this first post that it was not an area I wanted to stay in but I was able to get 9 months post qualifying experience before getting my dream job (at the time) in mental health. It easier to get a job once you got your foot in the door! #OTalk



 **Sophie Cresswell** @93SophieC

a day ago

@OTEllenUK Yes the type of role as well as the population we want to work with is a big decision that placement can give us insight into #OTalk

 **Ben Kirkwood** @OT_BenK

a day ago

@93SophieC I think so as I found placements you really did get to see OT in action compared to uni theory based work. It also allowed me to learn about different models of practice and ways of working! #OTalk

 **Sophie Cresswell** @93SophieC

a day ago

@sherlynmelody What a great approach, anywhere you go with enthusiasm will always be a positive learning experience ! #OTalk

 **Jack McKnight** @JackMcK50281163

a day ago

@93SophieC I have only applied for one the things that are influencing me are an area of practice I'm interested in or rotation to see what I like. Also I'm a mature student with a family who have been through a lot during my qualifying process so geographical area is a factor. #OTalk

Enable Me Solutions- OT & Case Management Services

@CarolineSturdy

a day ago

@93SophieC #OTalk all my placements were NHS so naturally I felt like I should apply for a rotational post. 6 yrs later moved to housing & I've been in the community every since. When I trained there weren't many SS placements so I never experienced it as a student. Is that the same now?

 **latish** @tis7ha

a day ago

@OTEllenUK @93SophieC Placement gave me an insight, I think I always knew I wanted to work in the hospital environment. Knowing rotations were an option to build on skill set & gain experience in various areas definitely sold it for me starting out as a NQ  #OTalk

Katie Phipps @OTKatieP

a day ago



@93SophieC @OTEllenUK I think my placements influenced me in the other way - I didn't feel I knew enough about working in mental health from my 1 placement in a really specialist setting so I wanted a chance to explore that :) #OTalk

Chloe Dickson @ChloeDicksonOT

a day ago



@93SophieC My first post was influenced by my final placement as a student. Loved my time in paediatrics and was desperate to go back. Was so lucky to get my job in my final placement #otalk

❤️JM Sherlyn GB❤️ @sherlynmelody

a day ago



@93SophieC #otalk I found that to be the case with all my placements. I was enthusiastic coz I really wanted to be the best OT 😊 It was a career change for me and my dream job.

latish @tis7ha

a day ago



@93SophieC I went to visit the trust & was really impressed by what the staff were saying & pilots they were carrying out. I also really wanted to complete a preceptorship programme to help transition/bridge the gap! #OTalk

Sophie Cresswell @93SophieC

a day ago



Question 2 coming up.... What are the possible benefits and challenges of entering a static, third sector post as a newly qualified practitioner ? I definitely had some FOMO (fear of missing out) at first ! #OTalk

#OTalk @OTalk_

a day ago

Another good question. #otalk

Hannah Spencer @hspenceruk

a day ago



@sherlynmelody @93SophieC Sounds familiar here too - I can't help but enjoy all learning experiences, placement and uni based 😊 open minded for 1st role come Autumn too #OTalk

Gilly- does- Doing @GillyGorry

a day ago



@colourful_ot @93SophieC @OTalk_ And you Excel I'm sure! #otalk

Georgia Vine @GeorgiaVineOT

a day ago



@93SophieC A benefit is it gives more attention to areas that are often overlooked. #OTalk



Carolina Cordero  @colourful_ot a day ago
@GillyGorry @93SophieC @OTalk_ I'm constantly learning, I'll put it that way 😊 #OTalk



Gilly- does- Doing @GillyGorry a day ago
@93SophieC There can be challenges around supervision. Self monitoring own competence. But there are many benefits to exploring new ways of doing things and learning to stand on your own two feet #otalk



Margaret Spencer @margaretOT360 a day ago
Challenges - lone working, no OT team benefits -autonomy, making a difference, making your own decisions #otalk



#OTalk @OTalk_ a day ago
RT @margaretOT360: Challenges - lone working, no OT team benefits - autonomy, making a difference, making your own decisions #otalk



Emily Suffield @emilysuffield a day ago
@93SophieC It could be challenging if you were the only OT, and might not be as much support through preceptorship etc. but would be a really good way to challenge yourself, practice autonomously and build confidence! #OTalk



Margaret Spencer @margaretOT360 a day ago
RT @GeorgiaVineOT: @93SophieC A benefit is it gives more attention to areas that are often overlooked. #OTalk



#OTalk @OTalk_ a day ago
Wow half way through already! #otalk <https://t.co/Ar60Qi2FvW>



Lucy Griffiths @LGOTSeashell a day ago
@93SophieC If I am honest I went into the first available role in my local hospital - adult elderly care - despite knowing I wanted a paediatric role. At the time it was very rare to get in as a band 5 so gained experience until the dream role came up!! #OTalk



Margaret Spencer @margaretOT360 a day ago
RT @GillyGorry: @93SophieC There can be challenges around supervision. Self monitoring own competence. But there are many benefits to explo...

Susan Griffiths @SusanGriffiths5

a day ago



@93SophieC More isolated with less peer support; often thrown in the deep end and are expected to hit the floor running. You either drown or you thrive on the challenge and develop your OT skills and experience much quicker #OTalk

Poppy Goodall @poppy_goodall

a day ago



#OTalk

Ben Kirkwood @OT_BenK

a day ago



@93SophieC I feel for me going in to a static post works as I take a long time to settle and process things and I feel I can grow my confidence and specialise in an area I'm interested in. Compared to doing a rotation which I don't think I'd settle or feel as confident as I am now #OTalk

Margaret Spencer @margaretOT360

a day ago



RT @emilysuffield: @93SophieC It could be challenging if you were the only OT, and might not be as much support through preceptorship etc....

Margaret Spencer @margaretOT360

a day ago



RT @SusanGriffiths5: @93SophieC More isolated with less peer support; often thrown in the deep end and are expected to hit the floor runnin...

Hannah Spencer @hspenceruk

a day ago



Good thread for us final year pre-reg #StudentOT lot as we begin to ponder our potential next steps. Interesting to read what influenced others' first qualified posts #OTalk @DerbyOTsociety @SPOTeurope

Ben Kirkwood @OT_BenK

a day ago



@93SophieC Yet some times I feel doing a rotation gives you more experience in all areas of OT and and different practices and way of working 😊 #OTalk

Ellie OT for Kids @EllieOTforKids

a day ago



@93SophieC I found not working in a traditional OT role I worried about missing out of core OT skills and lack of repel indemnity as an OT. But I was amazing for my confidence and being able talk about what OT is #OTalk

JasminOT @JasminLaffy

a day ago



@93SophieC So far in loving it! So much learning and growth in a short amount of time #otalk



Margaret Spencer @margaretOT360

a day ago

Me too #OTalk



Katie Phipps @OTKatieP

a day ago

@93SophieC Can't answer from experience but I know for me it felt a daunting prospect and I wanted the support and structure of an established preceptorship programme. I think it can be a great opportunity to work autonomously and build your professional confidence though! #OTalk



Nicky Phillips @NickyP_OT

a day ago

@93SophieC I dont speak from experience as I'm in the NHS, but there's so much red tape here... I imagine 3rd sector jobs have a bit less of this? #otalk



Molly Harris @mollharrisOT

a day ago

@93SophieC I always knew I wanted to work in Paediatrics, I had a placement within my current team and when a B5 position came up I knew straight away I wanted it! Knowing the team and service model was definitely a motivator #OTalk



#OTalk @OTalk_

a day ago

Not necessarily. #otalk



Ellie OT for Kids @EllieOTforKids

a day ago

@93SophieC In terms of not doing a rotation a sometimes worry that I have not tried many areas but I love the area of paediatrics and can see myself staying in the area #OTalk



#OTalk @OTalk_

a day ago

RT @OTKatieP: @93SophieC Can't answer from experience but I know for me it felt a daunting prospect and I wanted the support and structure...



#OTalk @OTalk_

a day ago

RT @margaretOT360: Me too #OTalk



#OTalk @OTalk_

a day ago

RT @JasminLaffy: @93SophieC So far in loving it! So much learning and growth in a short amount of time #otalk



#OTalk @OTalk_

a day ago

RT @EllieOTforKids: @93SophieC I found not working in a traditional OT role I worried about missing out of core OT skills and lack of repel...



#OTalk @OTalk_

a day ago

RT @hspenceruk: Good thread for us final year pre-reg #StudentOT lot as we begin to ponder our potential next steps. Interesting to read wh...



#OTalk @OTalk_

a day ago

RT @SusanGriffiths5: @93SophieC More isolated with less peer support; often thrown in the deep end and are expected to hit the floor runnin...



Sophie Cresswell @93SophieC

a day ago

@JasminLaffy Yes definitely @JasminLaffy , lots of opportunity for growth in a short space of time #OTalk



Carolina Cordero 🌈 @colourful_ot

a day ago

@SusanGriffiths5 @93SophieC That's a perfect description of my current position - I think I've learned a lot more in a short period of time than I might have otherwise (and developed a stronger professional identity) but being thrown in the deep end has been stressful occasionally 😅 #OTalk



Margaret Spencer @margaretOT360

a day ago

Yes you have to create your own boundaries and policies #otalk



Katie Phipps @OTKatieP

a day ago

@emilysuffield @OT_BenK @93SophieC Definitely agree! While I think in some ways that's good for building that confidence it can be so hard to keep starting again as soon as you've found your feet! #OTalk



Lucy Griffiths @LGOTSeashell

a day ago

#OTalk



Ellie OT for Kids @EllieOTforKids

a day ago

@VanessajpOT @93SophieC My first two jobs were not in the NHS so I am very interested in trying the Nhs to see the difference #OTalk



Margaret Spencer @margaretOT360

a day ago

You have probably covered most things though #otalk

 **Poppy Goodall** @poppy_goodall

a day ago

@93SophieC I think the benefits would be being able to set up an OT service working alongside service users and gaining lots of confidence when clinical reasoning ! #OTalk

 **Bethany Marshall** @BethjmOT

a day ago

@93SophieC I originally was looking at rotation posts in a hospital setting. But a community band 5 post came up.. from my community placement I loved assessing people in their home environment. Now my post is part of a rotation so worked out really well to have time in each setting #OTalk

 **Carolina Cordero** 🌈 @colourful_ot

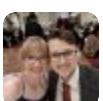
a day ago

@OT_BenK @93SophieC That was my thinking as well, especially in some areas of mental health where it can take months to get to a point where you have a good enough relationship with someone to really be helpful to them #OTalk

 **Margaret Spencer** @margaretOT360

a day ago

Yes I would hate that #otalk

 **JasminOT** @JasminLaffy

a day ago

@EllieOTforKids @93SophieC Yes I feel this as well. It seems like people strive for the rotational positions of uni. I wanted a steady position I could gain solid experience in. But I questioned if I was missing out several times #otalk

 **Anna Broadbent** @annabhg2

a day ago

@93SophieC I'm a newly qualified mature student working as a lone OT, for me benefits include autonomy, responsibility and the opportunity to develop the role - challenges centre around establishing professional boundaries and articulating OT and gaps in clinical knowledge #otalk

 **Margaret Spencer** @margaretOT360

a day ago

RT @poppy_goodall: @93SophieC I think the benefits would be being able to set up an OT service working alongside service users and gaining...

 **Margaret Spencer** @margaretOT360

a day ago

RT @annabhg2: @93SophieC I'm a newly qualified mature student working as a lone OT, for me benefits include autonomy, responsibility and th...



Sophie Cresswell @93SophieC

a day ago

@L GOTSeashell Good point @L GOTSeashell - every job is still a great learning opportunity! #OTalk



Ellie OT for Kids @EllieOTforKids

a day ago

@JasminLaffy @93SophieC I knew that I didn't want to work in a hospital so I figured look for something I do fancy instead 👩 #OTalk



Carolina Cordero 🌈 @colourful_ot

a day ago

@annabhg2 @93SophieC I've really appreciated the autonomy, especially being able to make choices about how I'm applying theory and evidence to practice (e.g. choosing to use MOHO-based assessments since I think they make the most sense for the people I work with) #OTalk



Margaret Spencer @margaretOT360

a day ago

RT @colourful_ot: @annabhg2 @93SophieC I've really appreciated the autonomy, especially being able to make choices about how I'm applying t...



Bethany Marshall @BethjmOT

a day ago

@OTalk_ @93SophieC @GillyGorry Logged onto the wifi while I'm away 🌟 This looked like a great chat to be part of & to see the discussions. Hello everyone 🙌 #OTalk



Ellie OT for Kids @EllieOTforKids

a day ago

@margaretOT360 I have only ever worked in small teams of OT since graduating (teams of 2 OTs max) I am very keen to work in a bigger team to learn from others #OTalk



OTEmmaS @emmaspellmanOT

a day ago

RT @SusanGriffiths5: @93SophieC More isolated with less peer support; often thrown in the deep end and are expected to hit the floor runnin...



#OTalk @OTalk_

a day ago

RT @colourful_ot: @annabhg2 @93SophieC I've really appreciated the autonomy, especially being able to make choices about how I'm applying t...



#OTalk @OTalk_

a day ago

RT @annabhg2: @93SophieC I'm a newly qualified mature student working as a lone OT, for me benefits include autonomy, responsibility and th...

RachelEastOT @east_ot

a day ago



@93SophieC I believed that the fast pace of a hospital environment would be the best (quickest) way of building up my medical knowledge across a diverse range of patient groups. I wasn't wrong - I've learnt so much even in 6 months! #OTalk

Alison Janes @kaleidoscopier

a day ago



@93SophieC My 1st job post qualification was public health community development/health education - v different from practice placements but pre-training I worked in the charity sector, was interested in #SocialDeterminantsofHealth and prevention & thought OT skills would help #otalk

Margaret Spencer @margaretOT360

a day ago



RT @kaleidoscopier: @93SophieC My 1st job post qualification was public health community development/health education - v different from pr...

OTEmmaS @emmaspellmanOT

a day ago



@93SophieC A benefit might be growing your own service in a non traditional area and really using OT skills in innovative way. A challenge might be risk of role blurring, I guess focus needs to be fixed on occupation #otalk

Sophie Cresswell @93SophieC

a day ago



It's great to hear all your experiences and thoughts - sounds like you're all drawing the most from your roles! Time for question 3: What do you think could be done to open up doors for newly qualified therapists in 3rd sector settings? #OTalk

Margaret Spencer @margaretOT360

a day ago



RT @emmaspellmanOT: @93SophieC A benefit might be growing your own service in a non traditional area and really using OT skills in innovati...

Emily Suffield @emilysuffield

a day ago



@kaleidoscopier @93SophieC This sounds like a really interesting post! #OTalk

Opportune-OT @Opportune_OT

a day ago



RT @emmaspellmanOT: @93SophieC A benefit might be growing your own service in a non traditional area and really using OT skills in innovati...

callummackOT @CallumMackOT

a day ago



RT @93SophieC: Question 2 coming up.... What are the possible benefits and challenges of entering a static, third sector post as a newly qu...



Rachel Johnson OT Seashell Trust @RJOTSeashell

a day ago

Great to have one of our fab OTs hosting #OTalk tonight. @93SophieC
@seashelltrust #teamseashell



paula #laboursocialist and proud 🤝 @paula48012820

a day ago

RT @annabhg2: @93SophieC I'm a newly qualified mature student working as a lone OT, for me benefits include autonomy, responsibility and th...



#OTalk @OTalk_

a day ago

RT @emmaspellmanOT: @93SophieC A benefit might be growing your own service in a non traditional area and really using OT skills in innovati...



#OTalk @OTalk_

a day ago

RT @kaleidoscopier: @93SophieC My 1st job post qualification was public health community development/health education - v different from pr...



Bethany Marshall @BethjmOT

a day ago

@93SophieC From my role emerging placement, I can imagine benefits are being able to create your own role, in an innovative way. Challenges may be worrying about your OT identity& depending on the setting, supervision and support structures to help with your professional development #OTalk



#OTalk @OTalk_

a day ago

Question 3 #otalk



Margaret Spencer @margaretOT360

a day ago

Having student placements makes services realise what we can do and that they need a #occupationaltherapist #otalk I have had students go on to work in areas they have created roles in on a 3rd sector placement



Alison Janes @kaleidoscopier

a day ago

@emilysuffield @93SophieC It was, I learned a lot & worked with a lovely team #OTalk



Margaret Spencer @margaretOT360

a day ago

RT @BethjmOT: @93SophieC From my role emerging placement, I can imagine benefits are being able to create your own role, in an innovative w...

 **Opportune-OT** @Opportune_OT

a day ago

RT @BethjmOT: @93SophieC From my role emerging placement, I can imagine benefits are being able to create your own role, in an innovative w...

 **Emily Suffield** @emilysuffield

a day ago

@93SophieC Maybe linking up between organisations to create peer supervision opportunities? #OTalk

 **Sophie Cresswell** @93SophieC

a day ago

@margaretOT360 Great point! Going into role emerging settings is a great way to show off the fantastic impact OT can have! #OTalk

 **Margaret Spencer** @margaretOT360

a day ago

RT @93SophieC: @margaretOT360 Great point! Going into role emerging settings is a great way to show off the fantastic impact OT can have! #...

 **Opportune-OT** @Opportune_OT

a day ago

@93SophieC More role emerging placements! #OTalk

 **Georgia Vine** @GeorgiaVineOT

a day ago

@93SophieC More education and involvement in conferences? #OTalk

 **Susan Griffiths** @SusanGriffiths5

a day ago

@93SophieC Clear information on how to go about getting OT supervision and peer support. Link up with other organisations especially for preceptorship.#otalk

 **Sophie Cresswell** @93SophieC

a day ago

@emilysuffield Great idea :) #OTalk

 **Margaret Spencer** @margaretOT360

a day ago

Should happen on every course. Fantastic opportunity for students. #otalk

 **Sophie Cresswell** @93SophieC

a day ago

@Opportune_OT I completely agree! #OTalk

Bethany Marshall @BethjmOT

a day ago



In addition to this, benefits may include, using the role to promote the role of occupational therapists  to other professionals & third sector organisations. Showing where we fit into the organisation & how we can support them & service users who are part of it #OTalk

Ellie OT for Kids @EllieOTforKids

a day ago



@margaretOT360 For me my role emerging placement followed by the OT leadership and innovation modules at uni made me feel like writing a service plan and designing my own job could be done. #OTalk

OTEmmaS @emmaspellmanOT

a day ago



@93SophieC With our growing evidence based we academics can further improve learning materials within related modules such as practice placement and contemporary issues/entrepreneurial #otalk would help students to prepare for related roles

Margaret Spencer @margaretOT360

a day ago



A few people including myself offer Supervision for #OT's in emerging roles #otalk

Katie Phipps @OTKatieP

a day ago



@93SophieC I think ensuring there is appropriate support that can easily be accessed for newly qualified OTs and communicating what that looks like to potential applicants would be really key #OTalk

#OTalk @OTalk_

a day ago



RT @BethjmOT: @93SophieC From my role emerging placement, I can imagine benefits are being able to create your own role, in an innovative w...

Opportune-OT @Opportune_OT

a day ago



@EllieOTforKids @margaretOT360 It can be done! #OTalk

Margaret Spencer @margaretOT360

a day ago



RT @EllieOTforKids: @margaretOT360 For me my role emerging placement followed by the OT leadership and innovation modules at uni made me fe...

Margaret Spencer @margaretOT360

a day ago



RT @emmaspellmanOT: @93SophieC With our growing evidence based we academics can further improve learning materials within related modules...

Opportune-OT @Opportune_OT

a day ago



RT @EllieOTforKids: @margaretOT360 For me my role emerging placement followed by the OT leadership and innovation modules at uni made me fe...

Margaret Spencer @margaretOT360

a day ago



RT @OTKatieP: @93SophieC I think ensuring there is appropriate support that can easily be accessed for newly qualified OTs and communicatin...

Rachel Johnson OT Seashell Trust @RJOTSeashell

a day ago



I agree that role emerging placements and traditional placements within the third sector are a great way to give OT students a taster. #OTalk

Sophie Cresswell @93SophieC

a day ago



@JessOTPowell @JessOTPowell Love this! We definitely need to be tooting our OT horns! #OTalk

Ellie OT for Kids @EllieOTforKids

a day ago



@Opportune_OT @margaretOT360 I am trying to start a community project for children to learn to swim @Bamberinclusive using the OT theories #OTalk

Zoë Nicholls @ZoeNicholls_OT

a day ago



@93SophieC I've accepted a rotation post at the hospital closest to my parents house as still unsure of where I want to work eventually and also like that I'll have support at home whilst going through the transition to newly qualified #otalk

OTEmmaS @emmaspellmanOT

a day ago



RT @BethjmOT: @93SophieC From my role emerging placement, I can imagine benefits are being able to create your own role, in an innovative w...

Carolina Cordero 🌈 @colourful_ot

a day ago



@OT_BenK @93SophieC I think it's much closer to how we get to know people in "real life"; outside of work I wouldn't expect someone I'd just met to tell me their life story #OTalk

OTEmmaS @emmaspellmanOT

a day ago



RT @emmaspellmanOT: @93SophieC A benefit might be growing your own service in a non traditional area and really using OT skills in innovati...

Sophie Cresswell @93SophieC

a day ago



Final question: What resources and strategies could you use as a newly qualified to support development in areas where formal preceptorship may not be available? #OTalk

OTEmmaS @emmaspellmanOT

a day ago



RT @annabhg2: @93SophieC I'm a newly qualified mature student working as a lone OT, for me benefits include autonomy, responsibility and th...

Anna Broadbent @annabhg2

a day ago



@93SophieC Agree with all of the previous - opportunities for peer support, easier access to other OT's working in similar clinical and geographical areas and maybe some kind of long arm style supervision #otalk

OTEmmaS @emmaspellmanOT

a day ago



RT @colourful_ot: @annabhg2 @93SophieC I've really appreciated the autonomy, especially being able to make choices about how I'm applying t...

Margaret Spencer @margaretOT360

a day ago



100% we are #occupationaltherapists probably the best problem solvers in the world #otalk

Margaret Spencer @margaretOT360

a day ago



RT @RJOTSeashell: I agree that role emerging placements and traditional placements within the third sector are a great way to give OT stude...

OTEmmaS @emmaspellmanOT

a day ago



RT @hspenceruk: Good thread for us final year pre-reg #StudentOT lot as we begin to ponder our potential next steps. Interesting to read wh...

OTEmmaS @emmaspellmanOT

a day ago



RT @EllieOTforKids: @93SophieC I found not working in a traditional OT role I worried about missing out of core OT skills and lack of repel...

Opportune-OT @Opportune_OT

a day ago



@EllieOTforKids @margaretOT360 @Bamberinclusive Sounds amazing! #OTalk

Rebecca Twinley @RebeccaTwinley

a day ago



@margaretOT360 @channineclarke work has led to implementing @BrightOccTher students all have a #diverse placement #otalk I myself did one and it became the most occupational memory (as a student doing placement, as it were) I have.

Margaret Spencer @margaretOT360

a day ago



RT @93SophieC: @JessOTPowell @JessOTPowell Love this! We definitely need to be tooting our OT horns! #OTalk

OTEmmaS @emmaspellmanOT

a day ago



RT @OTKatieP: @93SophieC Can't answer from experience but I know for me it felt a daunting prospect and I wanted the support and structure...

OTEmmaS @emmaspellmanOT

a day ago



RT @margaretOT360: Challenges - lone working, no OT team benefits - autonomy, making a difference, making your own decisions #otalk

Margaret Spencer @margaretOT360

a day ago



RT @colourful_ot: @OT_BenK @93SophieC I think it's much closer to how we get to know people in "real life"; outside of work I wouldn't expe...

OTEmmaS @emmaspellmanOT

a day ago



RT @sherlynmelody: @93SophieC #otalk I didn't really mind where I worked I just wanted to work with older people and I could not wait to be...

Ellie OT for Kids @EllieOTforKids

a day ago



@Opportune_OT @margaretOT360 @Bamberinclusive Thankyou nervous but very excited about it #OTalk

OTEmmaS @emmaspellmanOT

a day ago



RT @SusanGriffiths5: @93SophieC My first post was the same place/team where I had one of my placements and following this I worked in the h...

Opportune-OT @Opportune_OT

a day ago



@margaretOT360 Definitely! #OTalk

OTEmmaS @emmaspellmanOT

a day ago



RT @VanessajpOT: @93SophieC I think my placements and previous work experience massively influenced my first post and I think the variety o...



OTEmmaS @emmaspellmanOT

a day ago

RT @RJOTSeashell: @93SophieC It was quite a long time ago for me 📸 but I chose an area I had done a practice placement in as I felt that wou...



OTEmmaS @emmaspellmanOT

a day ago

RT @OTKatieP: @93SophieC I felt as though I needed to experience a range of settings so went for a rotation - it's so hard to know where yo...



OTEmmaS @emmaspellmanOT

a day ago

RT @margaretOT360: It was 35 years ago for me, and I still think it was the right choice as I still work in that area 😊 #otalk



Margaret Spencer @margaretOT360

a day ago

Good Supervision would provide this #otalk



Susan Griffiths @SusanGriffiths5

a day ago

@margaretOT360 I think there is a need for more OTs to offer this service like you #OTalk



Sophie Cresswell @93SophieC

a day ago

@margaretOT360 True! With both peers and managers- we can be a great resource to each other #OTalk



Susan Griffiths @SusanGriffiths5

a day ago

@93SophieC Twitter is a great place to get peer support #OTalk



Ellie OT for Kids @EllieOTforKids

a day ago

@93SophieC Peer support and good use of clinical supervision. Defiantly need to keep on top of CPD #OTalk



Opportune-OT @Opportune_OT

a day ago

RT @SusanGriffiths5: @93SophieC Twitter is a great place to get peer support #OTalk



Sophie Cresswell @93SophieC

a day ago

@SusanGriffiths5 It certainly is - thanks #OTalk !



Anna Broadbent @annabhg2

a day ago

@93SophieC As a side line - I am currently looking for exactly these type of possibilities- I work in a mental health/neuro care home in West Yorkshire- if anyone can point me in a helpful direction.... #otalk



Georgia Vine @GeorgiaVineOT
@93SophieC Online communities #OTalk

a day ago



#OTalk @OTalk_
RT @93SophieC: Final question: What resources and strategies could you use as a newly qualified to support development in areas where form...



Margaret Spencer @margaretOT360
All the students @sheffhallamuni undergrad and pre reg #OccupationalTherapy course have a role emerging placement as part of their assessed 1000 hours. Amazing experience and learning opportunity from both sides. A real win/win #otalk



Ellen @OTEllenUK
@93SophieC @margaretOT360 For me, peer support has been invaluable! #OTalk



Margaret Spencer @margaretOT360
Thanks Susan 😊 #otalk



Rachel OT 🌻 @_rachelOT
@93SophieC I went into a 'generic' role, against quite a lot of well meaning advice that I needed to first learn to be a 'proper OT'. I knew I wanted to work in mental health + a good preceptorship. I have so much autonomy to work in an occupation focused way with everyone I meet! #otalk



Margaret Spencer @margaretOT360
RT @SusanGriffiths5: @93SophieC Twitter is a great place to get peer support #OTalk



Margaret Spencer @margaretOT360
RT @EllieOTforKids: @93SophieC Peer support and good use of clinical supervision. Defiantly need to keep on top of CPD #OTalk



Margaret Spencer @margaretOT360
RT @GeorgiaVineOT: @93SophieC Online communities #OTalk



Ellen @OTEllenUK
RT @Opportune_OT: @93SophieC More role emerging placements! #OTalk



Margaret Spencer @margaretOT360

a day ago

RT @_rachelOT: @93SophieC I went into a 'generic' role, against quite a lot of well meaning advice that I needed to first learn to be a 'pr...



Alison Janes @kaleidoscopier

a day ago

@93SophieC Depends on the job! Benefits can be flexibility in processes/services & making quicker service improvements - in the 3rd sector you often become multi-skilled as you pick up 'extra jobs.' You can also get good opportunities in project planning & evidencing impact #OTalk



Margaret Spencer @margaretOT360

a day ago

RT @kaleidoscopier: @93SophieC Depends on the job! Benefits can be flexibility in processes/services & making quicker service improvemen...



OTEmmaS @emmaspellmanOT

a day ago

@93SophieC Join specialist section in @theRCOT go to local area #shout about practice such at @NW_RCOT have supervision from academic at local university such at @OTCumbria join @OTalk_ #OTALK



Rachel OT @_rachelOT

a day ago

@93SophieC The RCOT career development framework would probably be really useful, to guide your progress in a similar way to personal development plans in the NHS and keep you motivated and on track #otalk



Katie Phipps @OTKatieP

a day ago

@93SophieC @GeorgiaVineOT Twitter has brought me so many new ideas, resources and connections! Feels like I have so many colleagues I've never even met! #OTalk



Margaret Spencer @margaretOT360

a day ago

RT @margaretOT360: Thanks Susan #otalk



#OTalk @OTalk_

a day ago

#OTalk 17th March 2020 – Student vision and internationalisation with @SPOTeurope <https://t.co/PIRjXfahB9>



Rachel Johnson OT Seashell Trust @RJOTSeashell

a day ago

Absolutely - I have been an OT for nearly 25 years and still benefit so much from my clinical supervision. #OTalk



Georgia Vine @GeorgiaVineOT

a day ago

@OTKatieP @93SophieC I feel exactly the same! 😊 Which is why I'm doing a #VirtualOTPlacement #OTalk



Hannah Spencer @hspenceruk

a day ago

@OTKatieP @93SophieC @GeorgiaVineOT ↑ ↑ Exactly this @OTKatieP I've definitely felt this as a #StudentOT don't anticipate it changing into practice #OTalk



Sophie Cresswell @93SophieC

a day ago

Thanks to everyone who joined in tonight's #OTalk - I feel privileged to have your attention despite bake off and holidays! Free cpd events and online forums such as the OT hub are a great resources. Please feel free to message, I am happy to share my wonderful nq experience 😊



Opportune-OT @Opportune_OT

a day ago

@93SophieC Thank you for hosting a great #OTalk ! 😊



Hannah Spencer @hspenceruk

a day ago

RT @OTalk_: #OTalk 17th March 2020 – Student vision and internationalisation with @SPOTeurope <https://t.co/PIRjXfahB9>



Rebecca Twinley @RebeccaTwinley

a day ago

RT @OTalk_: #OTalk 17th March 2020 – Student vision and internationalisation with @SPOTeurope <https://t.co/PIRjXfahB9>



Anna Broadbent @annabhg2

a day ago

@93SophieC @OTalk_ RCOT specialist section, online communities, contacts from uni, attending events, any networking opportunity! Career development framework and HCPC guidance on CPD #otalk



Hannah Spencer @hspenceruk

a day ago

@93SophieC Thank you @93SophieC - a really good one for final year pre-reggers #OTalk



Emily Suffield @emilysuffield

a day ago

@93SophieC Thanks @93SophieC great #otalk

Alison Janes @kaleidoscopier

a day ago



@93SophieC Challenges - difficulty accessing OT supervision & maintaining OT network, concerns about how evidence from a non-traditional role for meeting professional standards will be viewed & not fitting traditional NHS hierarchy/bands - what this might mean for future employment #OTalk

Katie Phipps @OTKatieP

a day ago



@GeorgiaVineOT @93SophieC @OTalk_ This is fantastic stuff Georgia - what a brilliant idea! Looking forward to reading more as your placement progresses 😊 Good luck with it all! #VirtualOTPlacement #OTalk

Ben Kirkwood @OT_BenK

a day ago



I really enjoyed this #OTalk tonight thanks @93SophieC ☺️ 🙌

Alison Janes @kaleidoscopier

a day ago



@93SophieC Completely agree re: maintaining communities of practice. Don't be afraid to communicate what you do - a tweet, blog, piece in @OTnews, opinion piece or research in a journal - to share knowledge, keep improving, build an evidence base & notice where there are gaps! #OTalk

Margaret Spencer @margaretOT360

a day ago



RT @OT_BenK: I really enjoyed this #OTalk tonight thanks @93SophieC ☺️ 🙌

Sue Parkinson @MOHOspark

a day ago



RT @colourful_ot: @annabhg2 @93SophieC I've really appreciated the autonomy, especially being able to make choices about how I'm applying t...

Mandy Graham @MandyGrahamOT

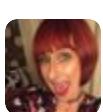
a day ago



Well done Sophie! 🌟 🌟 🌟 @OTLeeds graduates continuing to make us proud! @ClinAppSciLBU

Deb Knowles OT @debbieduckie

a day ago



@93SophieC I'd applied for a few mixed rotations but nothing came of them. I fell into this role by accident and I love the work. #OTalk

Deb Knowles OT @debbieduckie

a day ago



@93SophieC Def FOMO! I still think that I've limited my future a bit. I'm an older OT but only newly qualified (how long do I say that for?) challenges are that I'm isolated, but well supported iyswim #OTalk

 **Barbara Ann Smith** @Babsyslapsy a day ago

@93SophieC #OTalk. I wanted variety of experience to build on experience from placements and new experience. Mixed ages and both physical and mental health. Live somewhere I could afford to buy a property

 **Deb Knowles OT** @debbieduckie a day ago

@93SophieC Something I need to address: a relationship with universities and offering placements #OTalk

 **Deb Knowles OT** @debbieduckie a day ago

@93SophieC I used the RCOT guidance and worked with my professional supervisor. It's on my radar to devise one for the company #OTalk

 **OTEmmaS** @emmaspellmanOT a day ago

RT @margaretOT360: A few people including myself offer Supervision for #OT's in emerging roles #otalk <https://t.co/cc7nloJl6C>

 **Deb Knowles OT** @debbieduckie a day ago

@93SophieC Exactly, innovation, also needed from employers. Not all of us have it need to have done a standard rotation. #OTalk

 **Deb Knowles OT** @debbieduckie a day ago

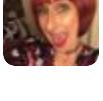
@93SophieC I've been very fortunate and love my role. Certainly need ambition and innovation to make the most of it #OTalk

 **Deb Knowles OT** @debbieduckie a day ago

@SusanGriffiths5 @93SophieC I think I thrived!!! #OTalk

 **Anna Broadbent** @annabhg2 a day ago

@93SophieC Well done Sophie, great job - my first #otalk too

 **Deb Knowles OT** @debbieduckie a day ago

@colourful_ot @SusanGriffiths5 @93SophieC Ditto that. I really had to get a grip of my OT identity quickly. #OTalk

 **Deb Knowles OT** @debbieduckie a day ago

@annabhg2 @93SophieC Very similar to mine and I love it. Especially the autonomy. #OTalk

Molly Harris @mollharrisOT

a day ago



@93SophieC The trust I work in runs specific professional development meetings for band 5s working in all areas throughout the trust so you get to meet other therapists working in settings similar or completely different setting to your own which is interesting! #OTalk

Deb Knowles OT @debbieduckie

a day ago



@NickyP_OT @93SophieC I feel that they do, more room for innovation too #OTalk

Bethany Marshall @BethjmOT

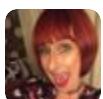
a day ago



Great #OTalk discussions tonight & spoke to @lallyanne on Twitter, another Occupational therapist joining me on @scotterwardlchs in April when I rotate! Multitasking at its finest, I've been enjoying my time at the beach front bar with mum ❤️🍺💚 #lovelyevening @OTalk_

Deb Knowles OT @debbieduckie

a day ago



@93SophieC Definitely use online communities, use whatever you have and forge those relationships. I've worked hard to not be one a generic worker and retain my occupational identity, there have been challenges! #OTalk

Bethany Marshall @BethjmOT

a day ago



Thanks @93SophieC for hosting the #OTalk- fab discussions & I'll catch up with reading the rest of them when I'm home. You did a great job 😊

Student Platform OT @SPOTeurope

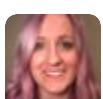
a day ago



Role emerging placements pros and cons 😊 thanks Beth! #otalk

Gemma Scott @gscottOTS

a day ago



@OTalk_ gutted again to be doing uni work & missing out on a super relevant #otalk 🙁 I am keen to work in the 3rdsector, with particular interest in voc rehab! Have organised my elective placement in a charity as a taster! See the benefits and challenges to practice firsthand!

peter walton @ihealthE1

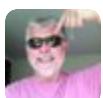
a day ago



RT @93SophieC: Question 2 coming up.... What are the possible benefits and challenges of entering a static, third sector post as a newly qu...

peter walton @ihealthE1

a day ago



RT @93SophieC: It's great to hear all your experiences and thoughts - sounds like you're all drawing the most from your roles! Time for q...



James Lampert @uk_james

a day ago

RT @93SophieC: It's great to hear all your experiences and thoughts - sounds like you're all drawing the most from your roles! Time for q...



James Lampert @uk_james

a day ago

@BethjmOT @93SophieC I see @debbieduckie has been part of #OTalk on this topic, whether third or private sector there are similar challenges if not part of a large NHS or local authority structure. Creative opportunities avail and I'd suggest there's nothing static, more fast paced and innovative!



James Lampert @uk_james

a day ago

@tis7ha @93SophieC A good OT supervisor will help you to challenge yourself and if you're drawn to those kinds of roles then you'll probably be the person to seek out and create your own #OTalk



James Lampert @uk_james

a day ago

@kaleidoscopier @93SophieC There are plenty of ways of becoming parts of OT networks and I shouldn't worry either about being part of the herd. There's plenty of ways too of maintaining professional standards no matter who employs you or if you're working as an independent practitioner #otalk



James Lampert @uk_james

a day ago

@debbieduckie @NickyP_OT @93SophieC There's no holding you back on some of the fab stuff you're doing Deb! #OTalk Hoping that we get some new grads applying for the Technology Enabled Care posts I'm advertising in Worthing, West Sussex, for our new service right now
<https://t.co/4mOQ77i2TG>



Scotter Ward LCHS @scotterwardlchs

a day ago

RT @BethjmOT: Great #OTalk discussions tonight & spoke to @lallyanne on Twitter, another Occupational therapist joining me on @scotterwardl...



Natalie Pickering @Nat_Pickering

a day ago

RT @OTalk_: #OTalk 17th March 2020 – Student vision and internationalisation with @SPOTeurope <https://t.co/PIRjXfahB9>



Annie OT Student @AnnieSevern_OT

13 hours ago

RT @OTalk_: We now having booking for both cancellations - what an amazing #otalk community <https://t.co/IU36dAU7NO>

Emma Playfair @EmPlayfair

13 hours ago



@oonagh_jordan @theOThub @theRCOT @RCOT_NP #OTalk
@louiseclark15 @JenniferNCrow @chungsongyau - lots of replies to this
new grads question re MCA, making me wonder if it might be a good
topic for OTalk one evening? Specifically OTs role in MCA etc...?

Michelle Ryan @castlewalls

10 hours ago



RT @SLawsonOT: @TinaTina18lee is this the #otalk we talked about today
for @AbbeRCOTWales? The link to the transcript for the chat is near...

Michelle Ryan @castlewalls

10 hours ago



RT @tcookot: @GemmaVictoria15 @CovUniOT I also use my twitter
activity in my CPD portfolio. If you participate in #OTalk tweet chats
@OTalk...

Michelle Ryan @castlewalls

10 hours ago



RT @uk_james: @debbieduckie @NickyP_OT @93SophieC There's no
holding you back on some of the fab stuff you're doing Deb! #OTalk
Hoping tha...

Showing 1 to 263 of 263 entries



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