# **#OTalk Transcript**

Healthcare social media transcript of the #OTalk hashtag.

Tue, July 30th 2019, 8:00PM - Wed, July 31st 2019, 8:30AM (Europe/London).

See #OTalk Influencers/Analytics.



OTalk @OTalk\_

Welcome everyone! @OT\_rach here tonight both hosting and on support. I will be tweeting everything from this account to make life easier Say hello if you're out there.



OTalk @OTalk\_

Hello pal 😌#OTalk



OTalk @OTalk\_

Don't forget the hashtag #otalk



Rachael @RachaelD\_OT

@OTalk\_ @OT\_rach Good evening all N #OTalk



OTalk @OTalk\_

Most importantly don't forget the hashtag in all your tweets, if you miss it others will not see what you have said and it will not make the trar #OTalk https://t.co/etftCW7alM



OTalk @OTalk

Let's remind our-selfs of the house rules #OTalk https://t.co/R6TOdaQcYL



Colin P G Jones @colinpgjones

@OTalk\_ Will try to remember..... #OTalk



OTalk @OTalk\_

How is everyone feeling tonight? Say hello even if your just planing on lurking #otalk



 $\textbf{Aisling Durkin} \ @ais\_d$ 

@OTalk\_ Hey pal! #otalk



Sazzle Willow @LadySarahW1

Good evening all @OTalk\_ #OTalk



OTalk @OTalk\_

@colinpgjones You don't want to be on my naughty step! #otalk



Colin P G Jones @colinpgjones

@OTalk\_ Me never..... #OTalk



Laura Yvonne Bulk @LYBOT

@OTalk\_ @OT\_rach Hello From Canada! #OTalk @Caot\_bc



OTalk @OTalk\_

Welcome #OTalk



Lauren @OTLaurenC

@OTalk\_ Technically on maternity leave but still having a lurk 😊 #OTalk



OTalk @OTalk\_

Lovely to have you! #otalk



ForensicDetail @ForensicDetail

@OTalk\_ i'm here - im confused that twitter has changed on my computer :D #otalk



Kwaku Agyemang @KwakuOT

@OTalk\_ I'm Lurking Tonight #OTalk



Laura Yvonne Bulk @LYBOT

@colinpgjones @OTalk\_ I already forgot once #OTalk



OTalk @OTalk\_

Welcome back hope you had a nice time away. #otalk



OTalk @OTalk\_

Question 1) How do you describe occupational therapy to your colleagues, service users and organisations? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

Hello crew! #otalk



Tori OT @Tori\_Doll\_

@OTalk\_ @OT\_rach Hello @OT\_rach #OTalk



OTalk @OTalk\_

Great CPD - to help you keep up to date. #otalk Welcome



OTalk @OTalk

You need to use the hashtag not the @. #otalk



OTalk @OTalk\_

Question 1 #otalk



Erica Davis @ezzybezzy1989

@OTalk\_#OTalk I always explain it as looking at everything you do from getting up in the morning and everything in-between. Explains we everything



Colin P G Jones @colinpgjones

@OTalk\_ I have stollen from a colleague in Hereford /Gloucestershire who says "doing" and "Being" and all that comes in between #OTalk



Tori OT @Tori\_Doll\_

@OTalk\_Q1) I think the description changes depending on audience (patient, MDT, family, commissioners) - however, I am always consist including the @RCOT\_MH evidence base #OTalk



SueOT@T2O @therapy2optimum

 $@\mathsf{OTalk\_Hello} \ from \ soggy \ \mathsf{Devon} \ \#\mathsf{OTalk}. \ \mathsf{Mostly} \ \mathsf{lurking}, \ \mathsf{but} \ \mathsf{unlikely} \ \mathsf{to} \ \mathsf{stay} \ \mathsf{quiet}.$ 



Erica Davis @ezzybezzy1989

@OTalk\_ I love that doing and being it's so true and so who we are #OTalk



#### Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ I will go Chinese here, since I have to use it sometimes at work. 透过日常生活和有意义的活动去帮助病人过有意义的生活. Transliusing activities of daily living and meaningful activities to help patients/clients/service users enjoy meaningful lives. #otalk



### Bill Wong, OTD, OTR/L @BillWongOT

RT @Tori\_Doll\_: @OTalk\_ Q1) I think the description changes depending on audience (patient, MDT, family, commissioners) - however, I a



#### OTalk @OTalk\_

Sounds like our favourite type of lurker #OTalk



#### OTalk @OTalk\_

Do you others use the word activity? #OTalk



# Colin P G Jones @colinpgjones

@OTalk\_ I would probably also add "meaningful activity" "stuff you choose or want to do with your time" #OTalk



#### Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ I will also say this in Chinese. 职能治疗不是关于帮助别人找工作. Translation- Occupational Therapy is not a field that help people (since that's a common myth with our field). #otalk



#### Hannah Silcock @Scrumpess

I always tell people to consider an occupation as everything that they do in their day to day life from getting up, washed and dressed to driv and going horse riding. If it is important to them then it matters and an occupational therapist can help #otalk #valueofOT



#### SueOT@T2O @therapy2optimum

@OTalk\_ #OTalk. Thought: I can support you in finding out what's important in your life, and ways to achieve it? \*open to alternative though #CommunityRehab



#### OTalk @OTalk\_

Why simple for patients? There engaging in the therapy? Is there understanding more than perhaps your colleague who is watching it? #oti



# Laura Yvonne Bulk @LYBOT

@OTalk\_ I'm here, and trying to get some abstracts submitted for @theIIQM #QHR2019YVR while I drop in on #OTalk



#### Bill Wong, OTD, OTR/L @BillWongOT

 $@\operatorname{OTalk}\_$  Yes- I used the word "activity" in that sentence. #otalk



# Sazzle Willow @LadySarahW1

I often explain it as looking at everything an individual does in their routines and enabling them to continue doing these as independently as possible. #OTalk



# OTalk @OTalk\_

That's one on the naughty step with forgetting the hashtag! Don't forget to use the hashtag otherwise it won't go in the transcript and people see what's your saying. #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @Scrumpess: I always tell people to consider an occupation as everything that they do in their day to day life from getting up, washed  $\epsilon$ 



# Bill Wong, OTD, OTR/L @BillWongOT

RT @colinpgjones: @OTalk\_ I would probably also add "meaningful activity" "stuff you choose or want to do with your time" #OTalk



#### John Doyle @JPTDoyle

@OTalk\_ I am here in the background.... #OTalk



# Catherine McNulty @cathymc9781

@OTalk\_ @#Otalk Hello ..folks ..



#### MattOT @MattOT10

@OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we want to do, show expected to do'. Then the therapy side is just how we can help that person engage with the occupation. #OTalk



# SueOT@T2O @therapy2optimum

@OTalk\_ Left cover already #OTalk https://t.co/WLqvo2LQid



#### Bill Wong, OTD, OTR/L @BillWongOT

I am a rebel today... typing in Chinese to answer some of our questions tonight. #otalk https://t.co/tggwniAFBH



#### OTalk @OTalk\_

Is that not an adaption of the world Federation of occupational therapists quote? @thewfot #otalk https://t.co/XSbLTMxLHI



# $\textbf{Bill Wong, OTD, OTR/L} \ @ \textbf{BillWongOT}$

RT @LadySarahW1: I often explain it as looking at everything an individual does in their routines and enabling them to continue doing thes



### OTalk @OTalk\_

RT @cathymc9781: @OTalk\_ @#Otalk Hello ..folks ..



#### Tori OT @Tori\_Doll\_

@ezzybezzy1989 @OTalk\_ @RCOT\_MH Yes, definitely - with patients I always try to put the definition of my role into context. Otherwise to description can come across as quite abstract - especially if they are acutely unwell. I work in a high secure forensic mental health environr #OTalk



#### Erica Davis @ezzybezzy1989

@OTalk\_ I think it's because I work with older people so they sometimes feel we help people back to work. I think how I discuss it with my page does differ to my colleagues. But hoping there will be one definition used by both #OTalk



# OTalk @OTalk\_

Hello welcome #otalk



#### Bill Wong, OTD, OTR/L @BillWongOT

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



# Wendy Bryant @DrWMB

Hello, lurking, listening to the Proms at the same time #otalk



#### Laura Yvonne Bulk @LYBOT

@LadySarahW1 I feel like many of us focus on the doing aspect of occupation when we define it (especially for clients/interprofessional col What about being, becoming, belonging? #OTalk



# Colin P G Jones @colinpgjones

@OTalk\_ I think it is audience dependant, but a valid point about holding the value of informed consent, and informed decisions, need a rel detailed co produced engagement and communication #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @ezzybezzy1989: @OTalk\_ I think it's because I work with older people so they sometimes feel we help people back to work. I think hc



### Bill Wong, OTD, OTR/L @BillWongOT

RT @Tori\_Doll\_: @ezzybezzy1989 @OTalk\_ @RCOT\_MH Yes, definitely - with patients I always try to put the definition of my role into cor



#### OTSheffield @ot\_sheffield

@OTalk\_ Working with an OT ensures you achieve the most out of your life...discovering what drives you, your values, hopes, aspirations. jointly to set goals which lead to positive and meaningful changes. #otalk



#### Maxine @OTMaxine

@OTalk\_ I usually say that Occupational Therapy aims to improve health, wellbeing and quality of life through engagement in meaningful a

purposeful activities. #OTalk



#### Erica Davis @ezzybezzy1989

So true @Tori\_Doll\_ I think we need to explain our role. Many of my patients can be suffering from delirium so can be difficult for them to ur at times #OTalk



Maxine @OTMaxine I love this! #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

@colinpgjones @OTalk\_ Agreed- it's different to explain about what OT is to somebody who is a child or teenager vs. somebody who is a finedical professional, for example. #otalk



#### Bill Wong, OTD, OTR/L @BillWongOT

RT @LYBOT: @LadySarahW1 I feel like many of us focus on the doing aspect of occupation when we define it (especially for clients/interp



### OTalk @OTalk\_

What do you think people understand by the word activities? #otalk



### Colin P G Jones @colinpgjones

@BillWongOT @OTalk\_ I feel there is a Truth here because some colleagues and client/patient/service users/ customers/ etc don't use lan the traditional sense "actions do speak louder than words!" #OTalk may be we need to show more!



# Bill Wong, OTD, OTR/L @BillWongOT

RT @ezzybezzy1989: So true @Tori\_Doll\_ I think we need to explain our role. Many of my patients can be suffering from delirium so can b



# Hannah Kay @HannahKayOT

Lurking 🎥 #otalk



#### Susan Windeatt @mooartdotcom

.@BillWongOT This. Pretty much where we all have to start with the explanation! Every time. #Otalk



#### Bill Wong, OTD, OTR/L @BillWongOT

@ezzybezzy1989 @Tori\_Doll\_ yes- this is EMPHASIZED in the lab course that I am teaching now. Students are expected to learn to expla OT is before they go out on placements. #otalk



# OTalk @OTalk\_

@BillWongOT @colinpgjones But if we don't explain, it fully not assuming the language will be Miss understood - is that not half the problet the public and colleagues not understanding what we do? #otalk



#### Rachael @RachaelD\_OT

@OTalk\_ I stress that OT focuses on what's important to the service user and what they want to achieve. It's for the service user to prioriti goals as they wish, with assistance if they ask for it. There still seems to be some organisations that feel OTs should (1/2) #OTalk



# Laura Yvonne Bulk @LYBOT

@BillWongOT @colinpgjones @OTalk\_ When talking with policy makers (such as those at @BCLegislature), I ask what is something they outside of work, then I go with that example and talk about how #OT is involved in helping ensure people do what is meaningful to them. @ #OTalk



# Colin P G Jones @colinpgjones

@BillWongOT @OTalk\_ But should it be #OTalk



#### Susan Windeatt @mooartdotcom

#Otalk This is a nice explanation! :-)



# Erica Davis @ezzybezzy1989

And I think they know but explaining it can be challenging #OTalk



#### OTalk @OTalk\_

Question 2) What is the difference between occupation and activity? #OTalk



### Bill Wong, OTD, OTR/L @BillWongOT

@colinpgjones @OTalk\_ Yes- That is why I am actually thinking of bringing my "How to Curate a TEDx event" abstract to COTEC next yea

more OT's to understand the process AND take the risk to empower others to share our values. #otalk



#### Bill Wong, OTD, OTR/L @BillWongOT

RT @LYBOT: @BillWongOT @colinpgjones @OTalk\_ When talking with policy makers (such as those at @BCLegislature), I ask what is so the



#### Rachael @RachaelD OT

@OTalk\_ decide which goals are most important for the service user to achieve, taking away from the person-centred nature of OT (1/2) #C



#### Naomi OT @NaomiOT24

@OTalk\_ Hello! N I'm lurking too #otalk



#### Laura Yvonne Bulk @LYBOT

@OTalk\_ @BillWongOT @colinpgjones Perhaps it'd be helpful if we just start using occupational language in our conversations and chartir changing the conversation, in a helpful way, explaining when we need to, being open to questions from colleagues, etc. #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

@colinpgjones @OTalk\_ I think we should use one of our core OT skills- meet the audience where they are at! #otalk



#### Tori OT @Tori Doll

@OTalk\_ The term 'activity' concerns me somewhat - I feel it is losing its value in our culture, particularly in forensic services whereby the form 25 hours of meaningful activity. I question the term "meaningful" in this context and the definition of this #OTalk



#### OTalk @OTalk\_

So that others avoid using the word occupation? And change it to a simpler word? #otalk



#### Laura Yvonne Bulk @LYBOT

@BillWongOT @ezzybezzy1989 @Tori\_Doll\_ They are expected to explain what #OT is, but are they also expected to explain what occupation #OTalk #OT365



#### KIRSTY OT @KIRSTY\_OT

@OTalk\_ This... hits the nail on the head in the prison setting but can be challenging to summarise and condense and be clear exactly wha is to prison staff #OTalk https://t.co/DvtRFTxoLv



# Jo Probyn @probyn\_jo

@OTalk\_#OTalk\_ I think there's confusion outside of the profession about how complex activity is and that's where some misunderstanding happen. OTs are great at selecting activities collaboratively and engaging and sustaining involvement, so get distracted from therapy.



# Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ @colinpgjones Personally, that is why I like the TEDx platform. For those of us who have aspirations to present on it, think about minute opportunity to advertise what you do as an OT practitioner. #otalk



### OTalk @OTalk

I love this - let's be proud of our language and use it. #otalk (let's not water it down for anyone) @OT\_rach talking hear!!



#### OTalk @OTalk\_

I agree #OTalk



# Erica Davis @ezzybezzy1989

RT @OTalk\_: So that others avoid using the word occupation? And change it to a simpler word? #otalk https://t.co/zRufqvg3lL



# Bill Wong, OTD, OTR/L @BillWongOT

@LYBOT @ezzybezzy1989 @Tori\_Doll\_ Yes- I believe that is included because they would be going out on placement for 1-week the follo term. #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

 $RT @KIRSTY\_OT: @OTalk\_This... \ hits the \ nail on the \ head in the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ prison \ setting \ but \ can \ be \ challenging \ to \ summarise \ and \ condense \ and \ the \ challenging \ to \ summarise \ and \ condense \ challenging \ to \ summarise \ challenging \ the \ challe$ 



# $\textbf{Bill Wong, OTD, OTR/L} \ @ \textbf{BillWongOT}$

RT @Tori\_Doll\_: @OTalk\_ The term 'activity' concerns me somewhat - I feel it is losing its value in our culture, particularly in forensic s...



# Jo Probyn @probyn\_jo

@Tori\_Doll\_ @OTalk\_ Agree that 25 hours in forensics is a challenge for OT #OTalk\_



#### Laura Yvonne Bulk @LYBOT

@KIRSTY\_OT @OTalk\_ Thanks! I'm having trouble accessing the image - are you able to add an alternative text version that can be accestolks using screen readers/access tech please? #OTalk



### OTalk @OTalk\_

There was no \_ after the hashtag unlike the @ it's #OTalk



# Hannah Silcock @Scrumpess

@LYBOT @LadySarahW1 OT is a versatile professio&l guess we tailor to our audience/context. What I say now in a physical setting (doing is different to what I said in a palliative setting (being/becoming/belonging focused) But this may limit our discussions by making these pres #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

@Tori\_Doll\_ @OTalk\_ But I also think we got to think from another perspective- what if some languages don't have a precise word for occu #otalk



### Catherine McNulty @cathymc9781

@OTalk\_ #Otalk occupational therapy is the doing stuff of life ... from the everyday doing stuff ..... to the things you wish to do ....your hope dreams ..and everything in-btween ,,,complete with hash tag !!!



#### Erin Cullen @Erin\_newOT

I like this one #otalk



# Colin P G Jones @colinpgjones

@OTalk\_ @BillWongOT But do they need 2know all the detail bells &whistles? in relation to some colleagues I have always found I can tall ears off for hours & they still don't get it. But get them to shadow me then demeonstrate my clinical reasoning & thought process it has mor #OTalk



#### Rachael @RachaelD\_OT

@OTalk\_ If we are using differing definitions, it's likely to cause confusion. What's to stop a colleague using the description you gave them service user? Then you provide a slightly different definition to them and it's the service user who is left confused... #OTalk



OTalk @OTalk\_

#OTalk



# OTalk @OTalk\_

Don't forget that hashtag - you don't want to be on the naughty step #OTalk https://t.co/yHsm4KSiAr



# Erica Davis @ezzybezzy1989

@OTalk\_ Activity is something you do something that make you who you are. An occupation is shaped by the desires and interests of that #OTalk



#### #HelloMvNameIs Laura @laurareidOT

@OTalk\_ I would not be able to explain OT using any kind of jargon to the students I work with in a special needs school it would be unfair has to be appropriate to their level of understanding and the situation #OTalk



#### OTalk @OTalk\_

 $RT @ Rachael D\_OT: @OTalk\_ If we are using differing definitions, it's likely to cause confusion. What's to stop a colleague using the description of the descripti$ 



# Laura Yvonne Bulk @LYBOT

Three cheers for #OT pride! This was a big part of our conversation @Caot\_bc practice network on "occupation" in occupational therapy wi @MKatieBunting from @UBCOSOT #OTalk



# Wendy Bryant @DrWMB

Sorry #otalk I should know!



# Susan Windeatt @mooartdotcom

#OTalk Indeed @BillWongOT This is interesting because #OccupationalTherapy the profession has different names in some other languag wonder if that changes the explanation/role?



### OTalk @OTalk\_

Not quite got the hashtag right there #OTalk

#### Erin Cullen @Erin\_newOT

@OTalk\_ I think occupation is a bit of an unhelpful word - because it does mean 'job' to most people #otalk





#### Colin P G Jones @colinpgiones

@LYBOT @OTalk\_ @BillWongOT I think there is a Truth in that, not being defensive but confident. Maintaining that adult to adult communi from a transitional analysis view.#OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

@RachaelD\_OT @OTalk\_ One problem for me already as a Chinese speaker- we have 3 different translations for "occupational therapy". i



# Hayley OT @hayleyot1

@OTalk\_ 2 sorry #blameautocorrect #otalk



#### OTalk @OTalk\_

Don't forget that hashtag @DrWMB your tweets are so worth people reading. I wouldn't want people to miss them #otalk



#### ForensicDetail @ForensicDetail

I adapt the communication to the person. With someone very unwell or have english second language "it's important for everybody to do the the day to feel well - its my job to help you do things that make you feel well" #OTalk



### Jo Probyn @probyn\_jo

@OTalk\_ Glad it's not just me who's struggling with #OTalk



#### KIRSTY OT @KIRSTY\_OT

@OTalk\_ I feel that activity is more about tasks and a general form of actions that are carried out whereas occupation is shaped by whats invalues and interests. It therefore becomes a more subjective experience which provides meaning for the individual #OTalk \*\*



### Bill Wong, OTD, OTR/L @BillWongOT

RT @laurareidOT: @OTalk\_ I would not be able to explain OT using any kind of jargon to the students I work with in a special needs school



#### Sophie is my name. @ciderwithsophie

@OTalk\_ I dont use activity unless in the context of 'activities of daily living', which I use as a way of describing occupations people partake #OTalk



# OTalk @OTalk\_

@laurareidOT Is the word occupation jargon? #otalk



#### Bill Wong, OTD, OTR/L @BillWongOT

RT @ciderwithsophie: @OTalk\_ I dont use activity unless in the context of 'activities of daily living', which I use as a way of describing...



# OTalk @OTalk

RT @LYBOT: Three cheers for #OT pride! This was a big part of our conversation @Caot\_bc practice network on "occupation" in occupation



#### Laura Yvonne Bulk @LYBOT

@Scrumpess @LadySarahW1 Some of my @ubcMedCHES work is in #Palliative and #EndOfLife settings, and for sure being/becoming/b focussed occupations become even more important to folks at that point (and loved ones). But I agree we don't want to assume doing occu don't matter here. #OTalk



#### Rachael @RachaelD\_OT

@BillWongOT @OTalk\_ Oh wow. That can't be easy! Consistency in relation to definitions seems to be something that as a profession, we to achieve #OTalk



#### OTalk @OTalk\_

Hi Emma, so that people can see what you're writing you need to include the hashtag in all your tweets. #otalk https://t.co/cyf9mZ9VYL



#### OTalk @OTalk\_

RT @Erin\_newOT: @OTalk\_ I think occupation is a bit of an unhelpful word - because it does mean 'job' to most people #otalk



# Hannah Silcock @Scrumpess

@colinpgjones @OTalk\_ @BillWongOT I always offer people to come and shadow. I think it is a really good way to gain understanding. So it is easier to show than it is explain. Let them see it and then talk about it #otalk

### OTalk @OTalk\_

What's the dictionary definition? #otalk





#### Susan Windeatt @mooartdotcom

.@ForensicDetail What a nice short but neat explanation! #OTalk



# Erin Cullen @Erin\_newOT

@OTalk\_ If I'm explaining OT to people I sometimes say 'by occupation, we mean not just work but all the things we do that are important t #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ @laurareidOT I don't think that is a jargon. BUT... I know I have to use a round about way to explain what it is in Chinese. #otalk



# Emma Keeling @emke

@OTalk\_ Occupation is shaped on a persons values and beliefs. Activities are tasks and something that needs to be done #OTalk



#### OTalk @OTalk

Just to let you know we are half way though the chat. #OTalk



#### OTalk @OTalk\_

Question 3) Have you come across a lack of understanding of what occupational therapy is? If so please give examples? #OTalk



#### Lauren @OTLaurenC

RT @OTMaxine: @OTalk\_ I usually say that Occupational Therapy aims to improve health, wellbeing and quality of life through engageme



#### Bill Wong, OTD, OTR/L @BillWongOT

@RachaelD\_OT @OTalk\_ Yes- I have to be on my toes on knowing how to explain what OT is in Cantonese, Mandarin, and English all the actually told my students this.) #otalk



#### Rachael @RachaelD\_OT

@OTalk\_ @laurareidOT It's kind of ironic to refer to ourselves as Occupational Therapists and then not refer to occupations... #OTalk



# Colin P G Jones @colinpgjones

@OTalk\_ Occupation- the choice or selection of, and time involved in "doing" Activity - the vehicle used during that time and journey .... #O



# Bill Wong, OTD, OTR/L @BillWongOT

RT @emke: @OTalk\_ Occupation is shaped on a persons values and beliefs. Activities are tasks and something that needs to be done #O



# Wendy Bryant @DrWMB

@OTalk\_ Ok ok! I'm trying to lurk #OTalk But simultaneously doing activities of emptying dishwasher & listening to @bbcproms while engaç Rest:Do occupation to pace myself. (No I'm not sure I understand it either)



#### OTalk @OTalk\_

I wonder if part of the reason occupational therapy is so misunderstood, it's because we as a profession can't agree on the language to use



# OT Sophie @OTSophie

@OTalk\_ "Activity" on it's own, sounds more like exercise or something being "done to". #organised fun #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @LYBOT: @Scrumpess @LadySarahW1 Some of my @ubcMedCHES work is in #Palliative and #EndOfLife settings, and for sure being/becoming/belon...



# Hannah Silcock @Scrumpess

@LYBOT @LadySarahW1 @ubcMedCHES And thats where generalising can be quite dangerous and stop us getting the most out of our patients/for our patients. It is so important to let patients lead us not us leading the patients or thinking we know their goals because of a co #otalk



#### OTalk @OTalk\_

It's fast paced tonight don't worry just go with the flow but do you remember that #. #Otalk

OTSheffield @ot sheffield



@OTalk\_ I always get confused with Occupational Health! #otalk



# Laura Yvonne Bulk @LYBOT

@colinpgjones @OTalk\_ @BillWongOT Perhaps also would be helpful to start using occupational language with kids - they need to start he words if we want them to learn the words/concepts. Of course, with appropriate explanations/framing. #OTalk



OTalk @OTalk\_

Interesting other's thoughts? #otalk



OT Sophie @OTSophie

#OTalk



DawnVictoriaT @DawnVictoriaT

@OTalk\_ @OT\_rach Little bit late joining & just catching up. Will probably mostly be lurking # #otalk



Susan Windeatt @mooartdotcom

#OTalk Q3. Most commonly 1) to get them a job/help them work (Occupational Health) or 2) just an assumption that it's basically physiothe



Emma Keeling @emke

@OTalk\_ I was once asked if I work in a job centre? #otalk



Erica Davis @ezzybezzy1989

I think this could be true. We can't agree on the best terminology so it gets changed and adapted and then different trusts explain it differen needs to be a general definition and everyone everywhere uses that. #OTalk



Wendy Bryant @DrWMB

@RachaelD\_OT @OTalk\_ @laurareidOT That's what we did all through the 1980s and 1990s. Occupation was a word we didn't want to be associated with, because it either meant paid work, or keeping people "occupied" in most passive sense #otalk



OTalk @OTalk

Lost count of how many people are on my naughty step for forgetting to use the hashtag! #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ Common ones will be if I have Uber drivers picking me up to go to airport (from where I live to LAX). Because occupational therap popular in China yet, so I have to explain to these drivers about what I do for a living in detail. #otalk



Laura Yvonne Bulk @LYBOT

@DrWMB @RachaelD\_OT @OTalk\_ @laurareidOT Also can mean 'occupation' as in the presence of an occupying force (such as the Nazoccupation of the Netherlands in WWII) #OTalk



Tori OT @Tori\_Doll\_

@probyn\_jo @OTalk\_ Yes - I question this daily! What constitutes as 'meaningful' and who is it 'meaningful' to? The patient? ... or the servi two very different things. #OTalk



OTalk @OTalk\_

At least you tried with the hashtag - 20 # otalk



Bill Wong, OTD, OTR/L @BillWongOT

@otsamantha @LYBOT @OTalk\_ @colinpgjones and as somebody who is multilingual, we need to be prepared to explain in multiple ways language we are fluent in. #otalk



Abi Edwards @AbiEdwards7

@OTalk\_#otalk some interpret occupation as being occupied and busy. I think meaningful occupation helps a lot in explanation-has meani importance to the person. Therapy can vibe through assessment, grading, use of self, engagement, motivation



Erica Davis @ezzybezzy1989

@OTalk\_ Yes agreed I always get told. Oh your the person that will help me back to work after an injury. Well actually we cover everything paediatric to older people and everything in-between including learning disabilities and mental health #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @mooartdotcom: #OTalk Q3. Most commonly 1) to get them a job/help them work (Occupational Health) or 2) just an assumption that if

#HelloMyNameIs Laura @laurareidOT



@OTalk\_ To students with additional needs that struggle with communication I would say yes as it holds no meaning, but a symbol/makator can be used for playing, toileting, brushing teeth etc to explain what I can help with, I haven't found that for occupations as a whole #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @LYBOT: @colinpgjones @OTalk\_ @BillWongOT Perhaps also would be helpful to start using occupational language with kids - they r st...



### Rachel J @\_rachelOT

@OTalk\_ In my experience a lot of people have been confused when I say that I work in mental health. Expecting our role to be solely equ provision/physical health. Also the belief that we are just there to provide activities/entertain service users... #otalk



# Wendy Bryant @DrWMB

@colinpgjones @OTalk\_ That's an interesting distinction: is it one you use to explain to people? #otalk



#### OTalk @OTalk\_

Absolutely, I like to say think of the word occupation we see is everything we do for the minute we get up in the morning to the minute we get at night. #otalk (The things we need to and want to do)



# Bill Wong, OTD, OTR/L @BillWongOT

@LYBOT @colinpgjones @OTalk\_ I think we need to encourage kids to bring us to their show and tell days! Also, we should make bigger \( \) in career fairs. #otalk https://t.co/OH9bdLLxgs



#### Erin Cullen @Erin\_newOT

@OTalk\_ Quick Google: most dictionary sites have 1: job or profession. 2: military occupation or occupying a building. Some also have 3: ε ppl engage in e.g. a hobby #otalk



#### Susan Windeatt @mooartdotcom

#OTalk Best "professional misunderstanding" referral into service this week: "Patient needs Physiotherapy to provide walking stick and OT the height of the stick" lol!



# OTalk @OTalk\_

Interesting #otalk



#### ForensicDetail @ForensicDetail

Occupation or activity - is there a difference or are we getting bogged down in semantics? \*controversy klaxon\* #OTalk



### Bill Wong, OTD, OTR/L @BillWongOT

 $RT @\_rachelOT: @OTalk\_In \ my \ experience \ a \ lot \ of \ people \ have \ been \ confused \ when \ I \ say \ that \ I \ work \ in \ mental \ health.. \ Expecting \ our \ rol$ 



# Bill Wong, OTD, OTR/L @BillWongOT

RT @ezzybezzy1989: @OTalk\_ Yes agreed I always get told. Oh your the person that will help me back to work after an injury. Well actuall



# OTSheffield @ot sheffield

@OTalk\_ Yes I would very much agree with that #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @Erin\_newOT: @OTalk\_ Quick Google: most dictionary sites have 1: job or profession. 2: military occupation or occupying a building.



# Samantha Shann @otsamantha

Sorry first time lurking, couldn't keep quiet then got the hashtag wrong!! #otalk



### Becks Blain @BecksBlain

@Tori\_Doll\_ @OTalk\_ Sometimes I think that occupations/activities for my area in an MSU is never going to be meaningful - I don't necess the word. I use 'good enough'. People see the activities as 'fun' and I see occupations I do as treatment and my therapy is via occupation #



### Wendy Bryant @DrWMB

 $@OTalk\_It's one \ activity \ we're \ struggling \ to \ engage \ with. \ Or \ is \ it \ a \ task? \ \#OTalk$ 



# Erica Davis @ezzybezzy1989

@OTalk\_ People's perceptions are very direct @\_rachelOT I work predominantly in physical but am very aware of the other areas that are and think it's about educating people of the areas #OTalk

#### KIRSTY OT @KIRSTY\_OT

@OTalk\_ I was once introduced as an 'Occupational Health Therapist'.... that really confused people!! 🤤 but its 100% getting better and m



than not now, a lot of people have had a connection with OT in some shape or form and the #valueofOT is being recognised #OTalk



# #HelloMyNameIs Laura @laurareidOT

@OTalk\_ 'Oh like a physiotherapist' #OTalk



#### Samantha Pywell @smileyfacehalo

@ezzybezzy1989 Hi #OTalk am lurking... Completely fascinated with this point.. "we can't agree on the language to use".... This can be ma unpicked when looking at complexity and our focus: the individual.....



#### OTalk @OTalk\_

To others talk about self-care productivity and measure, does anyone have any other domains that could be added to this? #otalk https://t.co/aYDivvCbW7



#### Rachael @RachaelD OT

@OTalk\_ During a placement, the consultant for the ward viewed all Occupational Therapists as Discharge Co-ordinators. He was adaman we were able to was to provide equipment for discharge & not for use on the ward #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @KIRSTY\_OT: @OTalk\_ I was once introduced as an 'Occupational Health Therapist'.... that really confused people!! 😂 but its 100% (



# Colin P G Jones @colinpgjones

@DrWMB @OTalk\_ Yes on occasions then depending on the Responce enter into more discussion #OTalk



# OTalk @OTalk\_

RT @RachaelD\_OT: @OTalk\_ @laurareidOT It's kind of ironic to refer to ourselves as Occupational Therapists and then not refer to occup



# Jo Young @HandyOTJO

@ForensicDetail I really like that definition #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @RachaelD\_OT: @OTalk\_ During a placement, the consultant for the ward viewed all Occupational Therapists as Discharge Co-ordina He...



# Abi Edwards @AbiEdwards7

@OTalk\_ #otalk hence the dark side of occupation- important to the person but don't match with mainstream beliefs and values, or seen to damaging



# OTalk @OTalk

@LYBOT @DrWMB @RachaelD\_OT @laurareidOT So the problem is our title? do we need to change it? #otalk



# Tori OT @Tori\_Doll\_

@BecksBlain @OTalk\_ Or you have to be creative in making it meaningful for that person through getting to know them, knowing their goals/aspirations for the future etc. I think this perspective is what makes us so unique within the forensic environment. #OTalk



# Erica Davis @ezzybezzy1989

@smileyfacehalo I think there should just be a general definition which everyone understand however it does need to be individually tailore



# Jo Probyn @probyn\_jo

@BillWongOT @OTalk\_ What do you say @BillWongOT #OTalk



#### OTalk @OTalk\_

LOL I was going to say I had to read that tweet twice! #otalk



# OTalk @OTalk\_

Question 4) What resources have you used to explain Occupational Therapy better to your patients, colleagues and organisations? #OTalk



# ForensicDetail @ForensicDetail

@HandyOTJO i have a different one pinned to my feed - for use in different contexts #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

@otsamantha @LYBOT @OTalk\_ @colinpgjones Here is one thing I am thinking for #wfot22 in Paris. Maybe it will be cool to compile a vid what occupational therapy is in each language + a brief description of what we do. #otalk



#### Sharon Lythgoe @conkerabi3

RT @Scrumpess: I always tell people to consider an occupation as everything that they do in their day to day life from getting up, washed a



#### Becks Blain @BecksBlain

@OTalk\_ I think people think I'm there to cure 'boredom' and just keep the patients amused. Anyone can play board games, go for a walk c cuppa with a patient. An OT uses occupation as a way of a person learning about themselves and why they do what they do- it's treatment



#### Rachael @RachaelD\_OT

@DrWMB @OTalk\_ @laurareidOT I understand, it's a common misconception still today. Perhaps we need to delve deeper into this? If occ is a word that not many Occupational Therapists want to be associated with, maybe we shouldn't be called Occupational Therapists? Playii advocate here... #OTalk



#### Kwaku Agyemang @KwakuOT

@ForensicDetail I Think We Are All Getting Bogged Down......#OTalk



#### OTalk @OTalk\_

Don't forget that hashtag #OTalk



# Laura Yvonne Bulk @LYBOT

@OTalk @DrWMB @RachaelD OT @laurareidOT That's a tricky one! I've heard some say we should have been called functional therap I think occupation means so much more than function or activity... The doing, being, becoming, belonging approach is so meaningful. #OTa



# #HelloMyNameIs Laura @laurareidOT

RT @Scrumpess: I always tell people to consider an occupation as everything that they do in their day to day life from getting up, washed a



#### Aisling Durkin @ais\_d

@OTalk\_ I think of activities as individual blocks - you can do an activity once but occupations are repeated (doesn't have to be frequent) a that have meaning to you #otalk



#### Samantha Pywell @smileyfacehalo

@OTalk @LYBOT @DrWMB @RachaelD OT @laurareidOT No. We just need to be clear occupation holds ambiguity within the term and open to interpretation.... And be aware how to talk with people about this. #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

@probyn\_jo @OTalk\_well- I have to first explain that OT is in allied health, just like PT and SLP. And then I will go into what OT is in definit snapshot of my day. #otalk



# Tori OT @Tori\_Doll\_

@OTalk\_ I think the #VdTMoCA occupational performance area domains cover this well - social ability, personal management, use of free to work ability. I feel these encompass all areas of functioning succinctly. #OTalk



### Susan Windeatt @mooartdotcom

@BillWongOT That sounds great! If you do it please share it afterward! #OTalk



# Hannah Silcock @Scrumpess

@OTalk\_ When I was @ Uni people would ask what I studied. When I said Occupational Therapy I would then be asked what I wanted to c graduated. Or a discussion would start about occupational health. Theres such little knowledge of OT in the general public #otalk



# Lynne Bowers \* @LynneBowers2

@WeAHPs @PeteBudge @theRCOT Liking the individualised inference - values, beliefs, preferences, cognition are so important



# Sophie is my name. @ciderwithsophie

@OTalk\_ We complete training with our support workers. Let's not forget #OTWeek2019 as an opportunity to be planning immediately 🧐 #



# Betsey Walker @walker betsey

@OTalk\_ Yes! I have, all the common ones in secure settings, patients are bored, need more to do, not meeting 25 hours, but focusing mo what we are doing and how it supports bigger picture services goals is definitely helping #OTalk



# Erin Cullen @Erin\_newOT

@OTalk\_ My heart broke during one 'interprofessional education' week when a lecturer from another discipline addressed all the students i class from different groups by summarising the good stuff they do and then ended...oh yeah OTs, they give out equipment #otalk

# Samantha Shann @otsamantha

@OTalk\_ I'm constantly asked what #ocupationaltherapy is but it doesn't frustrate me; I love any opportunity to talk about my amazing profi



enjoy being able to give someone the correct facts so they don't make incorrect assumptions #otalk



#### Wendy Bryant @DrWMB

@OTalk\_ @LYBOT @RachaelD\_OT @laurareidOT No, because I don't think we are the only health profession that is misunderstood. Bette prepared to discuss with people. I used to love that moment when people understood occupational therapy. #OTalk



#### Laura Yvonne Bulk @LYBOT

@BillWongOT @otsamantha @OTalk\_ @colinpgjones What a beautiful idea! Make sure #ASL/#LSQ and other sign languages are include and that we use integrated audio description. #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

@chloe\_kitto @colinpgjones @OTalk\_ The first part is always easy because I can get people excited. The second part is usually what scar people away- because to pull even a small event off requires a lot of sacrifices. #otalk



#### Colin P G Jones @colinpgjones

@RachaelD\_OT @OTalk\_ I think it is the art or the application, but diversity needs differing facets of the profession to be described, depen the situation. It's important we don't confuse but also we should not limit the richness of the profession. It's a balance. #OTalk



#### KIRSTY OT @KIRSTY\_OT

@OTalk\_ I have discussed and shared lots, the #ValueofOT documents with colleagues and partnerships which is also helpful for them to r their own time. It's always helpful to throw in a few wee facts which these publications demonstrate #OTalk



#### OTalk @OTalk

But can everyone, other professions seem to struggle to engage people in doing? Is it harder than it looks? Do we make it look easy? #otal about pitching it at the right level?



#### Emma Keeling @emke

@OTalk\_ I once did a presentation to colleagues titled "the OT stood there and did nothing" to try and explain our assessment process. The gets talked about several years on! #otalk



#### Becks Blain @BecksBlain

@Tori\_Doll\_ @OTalk\_ I always use good enough, the guys I've worked with find it hard to have something that they do that's nice/caring-the believe they are worthy of having care from someone or doing something fun. It's about introducing it gently and exploring occupations with #OTalk



# Sophie is my name. @ciderwithsophie

@Erin\_newOT @OTalk\_ #OTalk https://t.co/KASgErrYf8



# Laura Yvonne Bulk @LYBOT

@DrWMB @OTalk\_ @RachaelD\_OT @laurareidOT agreed. I have many nursing friends, for example, who feel very misunderstood. Being misunderstood is an #UnexpectedOpportunity to enable discovery and learning #OTalk



# Hayley OT @hayleyot1

@OTalk\_ Perception of the OT role as an activities coordinator role when in MH inpatients. Perception that all OT's do is assess for care particle and provide equipment in a CMHT #otalk



#### Bill Wong, OTD, OTR/L @BillWongOT

@LYBOT @otsamantha @OTalk\_ @colinpgjones Maybe this is homework for WFOT delegates for each country to start collaborating! #ota



# Lauren @OTLaurenC

@OTalk\_ Oops #otalk



#### Becky Kelly @beckykelly920

@OTalk\_ I agree - however working in a hospital we are faced with certain constraints meaning we are assessing someone's readiness for discharge based on their capabilities in mobilising/washing/dressing/cooking etc - all of which may not be important to that specific individual



# Betsey Walker @walker\_betsey

@OTalk\_ For example, OT will work on developing the skills that will help this person engage meaningfully in risk reduction work, will provice conditions to test out and rehearse new coping strategies etc, #OTalk



#### Sadie Blue @SadieBlueOT

@OTalk\_ I find the easiest way is to make it personal/relatable to the individual. I usually have a conversation and start with - tell me what y to do every day and what you would love to do every day? Then I give them the spiel #OTalk



# Bill Wong, OTD, OTR/L @BillWongOT

 $RT @ BecksBlain: @Tori\_Doll\_ @OTalk\_I \ always \ use \ good \ enough, \ the \ guys \ I've \ worked \ with \ find \ it \ hard \ to \ have \ something \ that \ they \ do \ they \ t$ 



#### Bill Wong, OTD, OTR/L @BillWongOT

RT @emke: @OTalk\_I once did a presentation to colleagues titled "the OT stood there and did nothing" to try and explain our assessment



#### OTalk @OTalk

And as @BillWongOT said how do the words occupational therapist translate into other languages? Something to think about? #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @KIRSTY\_OT: @OTalk\_ I have discussed and shared lots, the #ValueofOT documents with colleagues and partnerships which is also fo...



# Bill Wong, OTD, OTR/L @BillWongOT

RT @DrWMB: @OTalk\_ @LYBOT @RachaelD\_OT @laurareidOT No, because I don't think we are the only health profession that is misunderstood. Bett...



#### Erica Davis @ezzybezzy1989

@OTalk\_ Ive been involved in a support worker study day to give them a better understanding of different areas we as occupational therap And agree with @ciderwithsophie we shouldn't forget #OTweek2019 #OTalk



### Erin Cullen @Erin\_newOT

@ForensicDetail Do patients/service users want/have time or mental space to get involved in this conversation? #otalk



#### OTalk @OTalk

RT @ais\_d: @OTalk\_ I think of activities as individual blocks - you can do an activity once but occupations are repeated (doesn't have to b.



#### Colin P G Jones @colinpgjones

@otsamantha @OTalk\_ Great point #OTalk



#### OTalk @OTalk\_

A few of you have, so just another reminded Don't forget that hashtag - if you don't use it, your tweet will not be on the transcript and people see what your saying #OTalk https://t.co/d2JVBkWnP9



### Susan Windeatt @mooartdotcom

@emke Haha that's brilliant! #OTalk



# OTalk @OTalk\_

RT @smileyfacehalo: @OTalk\_ @LYBOT @DrWMB @RachaelD\_OT @laurareidOT No. We just need to be clear occupation holds ambigue the term...



#### Wendy Bryant @DrWMB

@RachaelD\_OT @OTalk\_ @laurareidOT For me, being able to talk about and study occupation was hugely liberating. At last there was a 1 the profession again that extended beyond techniques and adapted theories from other professions. #OTalk



#### Becks Blain @BecksBlain

I can speak for my ward - the staff need to just do something to build relationships with the pts. Instead of reading a newspaper on their ow encourage the pt to join in. It's not about HCAs creating treatment/care plans- it's about building relationships via occupation #OTalk



# OTalk @OTalk\_

I like it 6 4 totalk



# Nicola Stirling @nicola\_stirling

I fear this is the same in many services. Currently working hard to change this in the acute hospital setting #otalk



# Jo Probyn @probyn\_jo

@Tori\_Doll\_ @OTalk\_ Agree with this, that's why I think models are really useful so we have a shared language and it's the same across a area. #OTalk



### Bill Wong, OTD, OTR/L @BillWongOT

And as I also shared in some other #otalk discussions- TEDx event curators are people who could be our amplifiers! However, now we nee to break open the space after I hacked it!



### OTalk @OTalk\_

Again don't forget that hashtag #otalk

Bill Wong, OTD, OTR/L @BillWongOT



RT @ciderwithsophie: @OTalk\_ We complete training with our support workers. Let's not forget #OTWeek2019 as an opportunity to be pla



#### Tori OT @Tori\_Doll\_

@OTalk\_ Recently presented to my clinical team around the OT role and use of #VdTMoCA. My team present at the trust induction/away d have developed resources to educate staff/patients in the form of handouts. And I think a great deal comes from quality of clinical notes. #C



### KIRSTY OT @KIRSTY\_OT

@Murphlemurph @OTalk\_ Here we are https://t.co/P40QfYDTtb @theRCOT #OTalk



#### Samantha Shann @otsamantha

@BillWongOT @LYBOT @OTalk\_ @colinpgjones Many Associations & groups do something similar for #WorldOTDay. Good to be thinking call for abstracts #WFOT2022 will be next year \*\* ### which will be next year \*\* ### which



#### OTalk @OTalk\_

Yes but I will teaching this enough, in this country currently? #otalk



#### Rachael @RachaelD\_OT

@OTalk\_ @LYBOT @DrWMB @laurareidOT Personally, I don't think the problem is our title. Perhaps the problem lies in a lack of confiden regards to explaining occupation & the role of an Occupational Therapist... Changing our title would still require us to explain our role... #OI



#### Abi Edwards @AbiEdwards7

@OTalk\_ #otalk writing service improvement / business plan on #otstudent placement that clearly defines what Occupational Therapy is an the project is within the remit.... rather than activity coordinator, peer support worker, recovery college



# Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ If I have time, I will show my first TEDx talk. #otalk https://t.co/qJLcNtoAzB



### Erica Davis @ezzybezzy1989

I think they can struggle but it's taking those tools we've learnt and fixing the problem we are faced with. We need to be better at sharing he engage other professionals. #OTalk



# Susan Windeatt @mooartdotcom

#OTalk But the question remains what would be called then?



#### Hannah Silcock @Scrumpess

@emke @OTalk\_ I love that title ⊜ ⊜ #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

@otsamantha @LYBOT @OTalk\_ @colinpgjones you can count on me submitting my share! #otalk



# Lauren @OTLaurenC

@Erin\_newOT @OTalk\_ I agree. I hear a lot about how we just need to use the word occupation more so that people understand what OT think the problem is the word itself! Questionable Don't have a clue what we should replace it with though! #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @nicola\_stirling: I fear this is the same in many services. Currently working hard to change this in the acute hospital setting #otalk h...



# Bill Wong, OTD, OTR/L @BillWongOT

RT @BecksBlain: I can speak for my ward - the staff need to just do something to build relationships with the pts. Instead of reading a new.



# Catherine McNulty @cathymc9781

@OTalk\_ #Otalk .. you can always 'show by your practice' ... a truly powerful tool in your kit bag ....



# Wendy Bryant @DrWMB

@LYBOT @OTalk\_ @RachaelD\_OT @laurareidOT I like the way you put that! Since I've been on the receiving end of many health service been interesting discussing occupational therapy. Most people are very interested and say what a brilliant idea and why aren't there more C #OTalk



#### Anna Barnett @otannab

@OTalk\_ We seem to have to explain to anyone who isn't an OT what 'occupation' means in our terms - we are great at understanding this the profession, but it needs to go further & it's hard to constantly have to explain! #otalk

Abi Edwards @AbiEdwards7



@OTalk\_ #Otalk upstream and downstream thinking!



#### Lauren @OTLaurenC

@Erin\_newOT @OTalk\_ That's a nice way of putting it #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

RT @ezzybezzy1989: I think they can struggle but it's taking those tools we've learnt and fixing the problem we are faced with. We need to



#### Aisling Durkin @ais d

@Erin\_newOT @OTalk\_ I usually say that it about the things that you want to do or need to do that occupy your time, hence, occupational #otalk



#### OTalk @OTalk

🏩 🙉 because you need a degree to do that? #otalk



#### Samantha Shann @otsamantha

@BillWongOT @LYBOT @OTalk\_ @colinpgjones Check out the @thewfot resource centre https://t.co/Qy6RL94jCk there is a document widefinitions of #occupationaltherapy from member organisations #otalk



# Tori OT @Tori\_Doll\_

@OTalk\_ Is the #VdTMoCA being taught enough specifically? Or models in general? ... Sorry I'm not sure on your response #OTalk



#### OTalk @OTalk\_

Fantastic way of looking at it. #otalk



# Bill Wong, OTD, OTR/L @BillWongOT

@ezzybezzy1989 I think ALL OT's should know this! https://t.co/fEGkwhFSrw If people want multimedia, there is always TEDx talks! #otalk



#### Erica Davis @ezzybezzy1989

Wow.... We do a lot more than that. #Otalk



# OT Akweley Gyasi @mirajay11

RT @mooartdotcom: #OTalk Q3. Most commonly 1) to get them a job/help them work (Occupational Health) or 2) just an assumption that if



# Bill Wong, OTD, OTR/L @BillWongOT

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Check out the @thewfot resource centre https://t.co/Qy6RL94jCk theidocument...



# Kirstie @Kirstie\_OT

@ForensicDetail Occupation, Activity or Social Prescription? 🧐 #ControversylsContagious #OTalk



#### OTalk @OTalk\_

RT @DrWMB: @OTalk\_ @LYBOT @RachaelD\_OT @laurareidOT No, because I don't think we are the only health profession that is misunderstood. Bett...



# Samantha Shann @otsamantha

RT @OTalk\_: Fantastic way of looking at it. #otalk https://t.co/S4iYcWEOuc



#### OTalk @OTalk\_

Question 5) What more could be done to ensure that organisations understand the role of occupational therapists? #OTalk



# $\textbf{Aisling Durkin} \ @ais\_d \\$

@OTalk\_ Yes all the time but i am more than happy to explain what it is that we do!!! #otalk usually it's that i am a physiotherapist but i am I explain the differences but also how our professions complement each other when working with patients towards their goals



# Betsey Walker @walker\_betsey

@emke @OTalk\_ You need to copywrite that! It's brilliant! #OTalk



# Jo Carruthers @Jostaffs1

@OTalk\_#otalk I try to keep it simple and say it's about maintaining peoples independence and quality of life, although I agree, if does dep the audience. It is interesting how we all have our own personal construct of the role, probably depending upon the setting in which we wor



#### Hannah Silcock @Scrumpess

@RachaelD\_OT @OTalk\_ @LYBOT @DrWMB @laurareidOT I agree we need to promote more. I went to Australia for a year and was she that I rarely had to explain what an OT was to anybody. I would start my process of 'I am an occupational therapist which is...' and most kne straight away. It was like a breath of fresh air! #otalk



#### Lauren @OTLaurenC

@BecksBlain @Tori\_Doll\_ @OTalk\_ I think this is a very realistic view and can completely understand where you are coming from having s friends who work in your setting #otalk



#### Wendy Bryant @DrWMB

@OTalk\_ It's much harder than it looks, to engage someone who is unwell or struggling to do stuff. But it's a way of undermining power, to easy or trivial (because it is a powerful thing to be able to do, to be an occupational therapist) #OTalk



#### Tori OT @Tori\_Doll\_

@OTalk\_ I've received a few phone calls in my time from staff trying to contact Occupational Health. I'm getting good at highlighting the diff between the two roles! Haha! #OTalk



#### RachelEastOT @east\_ot

@OTalk\_ I understand occupation to involve the process of "doing" and "engaging" in an activity 🤔 #otalk



### ForensicDetail @ForensicDetail

@Erin\_newOT I wouldn't want to speak on behalf of service users . My impression is often not, esp in early stages of admission - my servic are not in hospl by choice. would hazard guess, that many don't care what occupational therapy is as long as it helps them (not always) #ot



#### OTalk @OTalk\_

This is an interesting idea 🚏, I like it #OTalk also does shortening occupational therapy and occupational therapist to OT, increase the lack understanding, I recall @JuliaScottRCOT encouraging us not to use the Acreman!



# Bill Wong, OTD, OTR/L @BillWongOT

@probyn\_jo @otalk It's a lovely idea... we just need somebody who is very good at organizing community events. #otalk



#### Chloe Kitto @chloe\_kitto

@OTalk\_ #OTalk I I maximise the opportunity to share my clinical reasoning (often in the PEO model) to patients and colleagues to highligh behind our interventions. Ive also pitched an 'OT thought process' poster to my therapies manager so will aim to get that out for #OTweek.



# Sarah L Howard @SarahLHoward2

@OTalk\_ Develop strategic OT leaders to influence transformation across all aspects of health and social care #OTalk



# Lee Ann Hoffman @LeeAnnHoffman2

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Check out the @thewfot resource centre https://t.co/Qy6RL94jCk theidocument...



# OTalk @OTalk\_

That # again #OTalk



# Rachel J @\_rachelOT

@Tori\_Doll\_ @OTalk\_ I'm really interested in this model, but have only ever really heard of it being used in forensic settings. I've been give creative freedom to develop more of an OT role in a previously generic team, do you think it would be easily applied/understood in CMHT?



# Laura Kate @OT\_LauraF

RT @BecksBlain: @OTalk\_ I think people think I'm there to cure 'boredom' and just keep the patients amused. Anyone can play board gam



#### Laura Kate @OT\_LauraF

 $RT @AbiEdwards 7: @OTalk\_\#otalk some interpret occupation as being occupied and busy. I think meaningful occupation helps a lot in expectation of the property of the proper$ 



# Bill Wong, OTD, OTR/L @ BillWongOT

And another thing I think of- I have seen some TEDx talks by future OT's! By future- I mean some are in high school right now who have ar to be one of us. It will be great if some of us drop a line to keep their enthusiasm going! #otalk



#### ForensicDetail @ForensicDetail

 $@ \textit{Kirstie\_OT no difference - occupational the rapy is something else though \#otalk}\\$ 



# Wendy Bryant @DrWMB

@otannab @OTalk\_ But I think every good health professional has to explain their role, repeatedly. It's part of the job. It's important so best made of you, as a resource. It's an opportunity, not a burden. #OTalk

31/07/2019. 08:48



#### Bill Wong, OTD, OTR/L @BillWongOT

RT @chloe\_kitto: @OTalk\_#OTalk | I maximise the opportunity to share my clinical reasoning (often in the PEO model) to patients and coll



#### Becks Blain @BecksBlain

@OTalk\_ I think explaining to our colleagues and patients more. I explain in our ward round meetings all the time. I explain why a pt is doing intervention and what I see future work looking like. I get the pt to explain back to the team aswell. Being present on the ward too #OTalk



#### Laura Kate @OT\_LauraF

RT @walker\_betsey: @OTalk\_ Yes! I have, all the common ones in secure settings, patients are bored, need more to do, not meeting 25 he



#### OTalk @OTalk\_

And where can I find some of your findings Wendy? @DrWMB #otalk



# Laura Kate @OT\_LauraF

RT @walker\_betsey: @OTalk\_ For example, OT will work on developing the skills that will help this person engage meaningfully in risk red



# Laura Kate @OT\_LauraF

RT @hayleyot1: @OTalk\_ Perception of the OT role as an activities coordinator role when in MH inpatients. Perception that all OT's do is a



# Tori OT @Tori\_Doll\_

@OTalk\_ I think this comes from our ability to thoroughly assess and use "just the right challenge" for patients to help them to progress. We have an understanding around the grading of activity and therapeutic value ... as opposed to running an activity 'just because' #OTalk



#### Laura Kate @OT\_LauraF

RT @RachaelD\_OT: @OTalk\_ During a placement, the consultant for the ward viewed all Occupational Therapists as Discharge Co-ordina He...



### Erica Davis @ezzybezzy1989

@OTalk\_ Explaining what we do and why. #Otalk



# Bill Wong, OTD, OTR/L @BillWongOT

@OTalk\_ Yes- and I also encourage students who are potentially multilingual to start practice explaining what occupation and occupational is in their native languages. If they need help, ask their parents/grandparents. #otalk



# Hannah Silcock @Scrumpess

@OTalk\_ Of course you do... you can't buy most of it in argos after all 😌 #otalk



#### Laura Kate @OT\_LauraF

 $RT\ @ciderwith sophie: @Erin\_newOT\ @OTalk\_\#OTalk\ https://t.co/KASgErrYf8$ 



# Colin P G Jones @colinpgjones

@OTalk\_ Get involved, get vocal and be brave #OTalk inhabit our space and what we do best.



#### Emma Keeling @emke

@OTalk\_ @JuliaScottRCOT I try hard not to use OT but sometimes it's just easier. I always introduce myself to patients as an Occupationa Therapist. The reasons for the presentation title being OT was because it was to direct colleagues #otalk



### OTalk @OTalk

Only five mins left any final thoughts? #OTalk



# Bill Wong, OTD, OTR/L @ BillWongOT

RT @DrWMB: @otannab @OTalk\_ But I think every good health professional has to explain their role, repeatedly. It's part of the job. It's im



# OTalk @OTalk\_

Hi James welcome to OTalk please don't forget the hashtag, otherwise your tweets will not end up in the transcript and people can't see wh saying! #otalk



#### OTalk @OTalk\_

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Many Associations & groups do something similar for #WorldOTDay. be thinki...



# Laura Kate @OT\_LauraF

RT @OTalk\_: Question 2) What is the difference between occupation and activity? #OTalk



#### Lauren @OTLaurenC

@BillWongOT @RachaelD\_OT @OTalk\_ Wow! #otalk



#### Erin Cullen @Erin\_newOT

@ForensicDetail I think that's true in a lot of settings - and probably some are interested and others aren't #otalk



#### Laura Yvonne Bulk @LYBOT

@jowilliamsOT @smileyfacehalo @OTalk\_ @DrWMB @RachaelD\_OT @laurareidOT I've been using that one for a long time (particularly loccupy our time' part). But lately I've question that one - because it is only about 'doing' #OTalk



### Wendy Bryant @DrWMB

@\_rachelOT @Tori\_Doll\_ @OTalk\_ It's used in CMH teams in Essex #OTalk



#### Laura Kate @OT\_LauraF

RT @KIRSTY\_OT: @OTalk\_ I feel that activity is more about tasks and a general form of actions that are carried out whereas occupation is



# OTalk @OTalk\_

Now there's a challenge!! #otalk



# Erica Davis @ezzybezzy1989

RT @OTalk\_: Now there's a challenge!! #otalk https://t.co/RPm2IFkVFR



# Bill Wong, OTD, OTR/L @BillWongOT

@DrWMB @otannab @OTalk\_ That was why I was a bit surprised that my "How to Curate a TEDx event" proposal got only accepted for A conference. The reviewers don't know what they actually rejected! #otalk



#### Laura Kate @OT\_LauraF

RT @emke: @OTalk\_ Occupation is shaped on a persons values and beliefs. Activities are tasks and something that needs to be done #O



### Bill Wong, OTD, OTR/L @BillWongOT

RT @emke: @OTalk\_ @JuliaScottRCOT I try hard not to use OT but sometimes it's just easier. I always introduce myself to patients as an



# Kwaku Agyemang @KwakuOT

@OTalk\_ I Personally Think Most Organisations Where OTs Are, The Role Is Understood Otherwise Positions Would Be cut Regularly...I P Feel We Need To Get Our Heads Down And Continue Doing What We Do Best...Making A Difference To People's Lives Is What Will Get U #OTalk



### OTalk @OTalk

Interesting point and I think I agree with you there! #otalk



# Becks Blain @BecksBlain

@OTLaurenC @Tori\_Doll\_ @OTalk\_ If you put too much pressure on patients to be the 'best' at something - it's doesn't work. It's about understanding themselves and adapting their coping strategies for future living and not setting pts up to fail #OTalk



#### Laura Kate @OT\_LauraF

 $RT @ colinpgjones: @OTalk\_Occupation- \ the \ choice \ or \ selection \ of, \ and \ time \ involved \ in "doing" \ Activity - the \ vehicle \ used \ during \ that \ tim.$ 



# Erica Davis @ezzybezzy1989

@OTalk\_ Ensuring that management understand what we do. #OTalk



# Betsey Walker @walker\_betsey

@OTalk\_ Very true, using the #VdTMoCA levels has helped our service identify who will be more able to engage in the activity offered with support and OT focus on the lower levels #OTalk



# hazel lesley spencer @aitch49

RT @OTalk\_: Question 5) What more could be done to ensure that organisations understand the role of occupational therapists? #OTalk



# Abi Edwards @AbiEdwards7

@DrWMB @RachaelD\_OT @OTalk\_ @laurareidOT Thinking about and learning about occupation through the lens of occupation and occu science? #otalk

OTalk @OTalk\_



Love is #OTalk using the occupation of occupational therapy to explain occupational therapy. #Genius



#### OTSheffield @ot\_sheffield

@OTalk\_ We encounter a lot of stick from the staff 

Same old jokes...OTs are like buses, typical three come along at once. I make sure I i staff wherever possible...tell them what I'm doing and why, or get the patient to say #otalk



#### Laura Kate @OT LauraF

RT @OTMaxine: @OTalk\_ I usually say that Occupational Therapy aims to improve health, wellbeing and quality of life through engageme



# Wendy Bryant @DrWMB

@OTalk\_ Er google scholar? I haven't finished emptying the dishwasher! #OTalk



### ForensicDetail @ForensicDetail

@\_rachelOT @Tori\_Doll\_ @OTalk\_ Unfortunately there is no peer reviewed research to support the validity of the model #otalk



### Nicola Stirling @nicola\_stirling

@OTalk\_ We make it look easy cos its what we do! Whole lot of clinical reasoning going on & perhaps we need to be talking about that mo #otalk



# Jo Carruthers @Jostaffs1

@OTalk\_ #Otalk it would be great if the dept. of health & social care could look at skill mix in the NHS rather than doing more of the same. SW could make a huge difference to bed blocking but the NHS employs more nurses!



# Bill Wong, OTD, OTR/L @BillWongOT

RT @AbiEdwards7: @DrWMB @RachaelD\_OT @OTalk\_ @laurareidOT Thinking about and learning about occupation through the lens of occupation and o...



#### OTalk @OTalk\_

@smileyfacehalo He will do amazingly! \* #OTalk (imagine that microphone has been dropped)



#### Tori OT @Tori\_Doll\_

@\_rachelOT @OTalk\_ Most definitely - the model can be used with various diagnosis, client groups, trauma and across settings. If you heat the @VdTMoCAFUK website - you can contact the directors for info and access to lit/resources around the use of the model in a similar se #OTalk



# OTalk @OTalk\_

RT @ais\_d: @Erin\_newOT @OTalk\_ I usually say that it about the things that you want to do or need to do that occupy your time, hence, c



#### Hayley OT @hayleyot1

@OTalk\_ In the MSU I work in, I find explaining my clinical reasoning, for example in ward rounds, for selecting assessments & interventior the outcomes inform the next steps taken, invaluable. A great OT @BecksBlain reinforced the importance of this for me 😌 #oTalk



#### Rachel J @\_rachelOT

@DrWMB @Tori\_Doll\_ @OTalk\_ That's good to hear Wendy! Thank you. I have been leaning towards using MOHO to guide my assessme accessibility of resources is really helpful), but I'm really intrigued by the VdT MoCA! #otalk



# Wendy Bryant @DrWMB

@LYBOT @jowilliamsOT @smileyfacehalo @OTalk\_ @RachaelD\_OT @laurareidOT I find the occupying-time idea slightly unnerving. Fee close to passing or filling time #OTalk



#### OTalk @OTalk

Love a good resource thank you Sam! #otalk



#### Betsey Walker @walker\_betsey

@BecksBlain @OTalk\_ I agree, although it brought many challenges with it being ward based has made a big difference for us #OTalk



# Rachael @RachaelD\_OT

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Check out the @thewfot resource centre https://t.co/Qy6RL94jCk theidocument...



### OTalk @OTalk\_

@Tori\_Doll\_ Sorry tweeting fast, meant to read is this model being taught, enough currently in this country. #otalk



#### OTalk @OTalk\_

#OTalk Research Tuesday 6th August at 8pm https://t.co/OmME3uOBOE



#### Laura Kate @OT\_LauraF

RT @BecksBlain: @OTLaurenC @Tori\_Doll\_ @OTalk\_ If you put too much pressure on patients to be the 'best' at something - it's doesn't



#### OTalk @OTalk

Wow where did the time go! There is still loads I haven't read, Carry on chatting, and I will put the transcript on probably Thursday evening.



#### Lauren @OTLaurenC

@OTalk\_ @LYBOT @DrWMB @RachaelD\_OT @laurareidOT I know it's a really unpopular opinion, but I do think it's just too similar to "occupational health" and it confuses people. Please be kind all, as I say, I know I'm probably on my own here 😝 #otalk



# Betsey Walker @walker\_betsey

 $@ \textit{BecksBlain} \ @ \textit{OTalk\_Able} \ to \ be \ \textit{much more responsive} \ and \ the \ \textit{OTs} \ \textit{find they are sort out much more to} \ be \ \textit{involved in joint care plannin}$ 



# ForensicDetail @ForensicDetail

@OTalk\_ @Tori\_Doll\_ we should teach models with an evidence base. not the ones that cost the most #otalk



# Wendy Bryant @DrWMB

Thank you @OTalk\_I have enjoyed this discussion #otalk have some tasks (taking meds), activities (emptying dishwasher) & occupations (sleeping). Goodnight all! #OTalk



#### Lauren @OTLaurenC

RT @chloe\_kitto: @OTalk\_#OTalk | I maximise the opportunity to share my clinical reasoning (often in the PEO model) to patients and coll



#### Laura Kate @OT\_LauraF

 $RT @Tori\_Doll\_: @OTalk\_I \ think \ this \ comes \ from \ our \ ability \ to \ thoroughly \ assess \ and \ use \ "just \ the \ right \ challenge" \ for \ patients \ to \ help \ th...$ 



#### Laura Kate @OT LauraF

RT @BecksBlain: @OTalk\_ I think explaining to our colleagues and patients more.I explain in our ward round meetings all the time.I explain



# Rachel J @\_rachelOT

@Tori\_Doll\_ @OTalk\_ @VdTMoCAFUK Thank you, that's really helpful! I will get in touch to get some more info. The enthusiasm is contag #otalk



# OTalk @OTalk\_

This is @OT\_rach signing off for now so she can eat her tea as it's gone a bit cold. #otalk https://t.co/PqkZHeUWB1



# Rachel J @\_rachelOT

 $@ForensicDetail \ @Tori\_Doll\_ \ @OTalk\_ \ Oh \ that \ 's \ a \ shame! \ \#otalk$ 



# Laura Kate @OT\_LauraF

RT @SarahLHoward2: @OTalk\_ Develop strategic OT leaders to influence transformation across all aspects of health and social care #OT



# Tori OT @Tori\_Doll\_

@OTalk\_ Haha its a struggle to keep up! The answer is yes ... the amount of universities that the model is being taught at is growing. Howe clinicians need to be formally trained prior to using in practice. There is also a growing evidence base around its use in the UK. #OTalk



# KIRSTY OT @KIRSTY\_OT

@OTalk\_ Even within our own teams we still get the odd referrals which for example should be for physio and vice versa or even SW. I'm n happy to nicely redirect and explain our role at any given opportunity! AND it really is key to promote, promote! #OTalk



# Laura Kate @OT\_LauraF

RT @DrWMB: @OTalk\_ It's much harder than it looks, to engage someone who is unwell or struggling to do stuff. But it's a way of undermi



### Laura Kate @OT\_LauraF

RT @Scrumpess: @RachaelD\_OT @OTalk\_ @LYBOT @DrWMB @laurareidOT I agree we need to promote more. I went to Australia for and was shoc...

# Hannah Silcock @Scrumpess

@Jostaffs1 @OTalk\_ There are so many examples of this. The nurses are understaffed and there is a critical shortage, but still jobs go out



other AHPs (including OTs) could do, but only nurses are specified. Time for the NHS to realise the value of al AHPs and look in to the skill #otalk



#### Chloe Kitto @chloe\_kitto

@OTalk\_ @LYBOT @DrWMB @RachaelD\_OT @laurareidOT We, the OTs, control the narrative. We get to inform the uninformed what O as others in the #OTalk have said - it's an opportunity to showcase! There are plenty of "vague" job titles out there - management consultant merchandiser, etc. Let's sell OUR product!



#### Laura Kate @OT\_LauraF

RT @Erin\_newOT: @OTalk\_ My heart broke during one 'interprofessional education' week when a lecturer from another discipline address



#### Lauren @OTLaurenC

@OTalk\_ One way is making sure we have a voice in MDT meetings and always being prepared to talk about our clinical reasoning and ou measures #otalk



#### Rachel Booth @OT rach

thank you everyone for your contributions I really enjoyed this evening's chat , lots to think about #OTalk



#### Laura Yvonne Bulk @LYBOT

@OTLaurenC @OTalk\_ @DrWMB @RachaelD\_OT @laurareidOT Absolutely! I've oft been confused for someone from "OHS" Occupation and safety Perhaps they should change their name;) #OTalk



# Laura Yvonne Bulk @LYBOT

RT @chloe\_kitto: @OTalk\_ @LYBOT @DrWMB @RachaelD\_OT @laurareidOT We, the OTs, control the narrative. We get to inform the ur what O...



#### ForensicDetail @ForensicDetail

@\_rachelOT @Tori\_Doll\_ @OTalk\_ its an ethical responsibility to look at the evidence base before you make a practice choice. It is then you clinical judgement what you choose to do #otalk



#### Nicola Stirling @nicola\_stirling

@BecksBlain @OT\_LauraF @OTalk\_ Agree with you. Being more visible on wards definitely helps other MDT members to understand our #otalk



# Samantha Shann @otsamantha

This is an excellent article showing the impact of using the word #occupation when describing #occupationaltherapy #otalk https://t.co/stzLl



# OTalk @OTalk

Next weeks #OTalk with @chloe\_kitto



#### Anna Barnett @otannab

@DrWMB @OTalk\_ Definitely, and I always use it as an opportunity. There is no doubt though, that the term occupation confuses many - n have managed to come up with an alternative or better term! #otalk



#### Aisling Durkin @ais\_d

Tonight's #OTalk has reminded me of that Mary Reilly quote that i love "Man, through the use of his hands, as they are energized by mind & influence the state of his own health," (I also like to think of it as "woman, through the use of her hands...) @RFTherapyTeam



# Nicola Stirling @nicola\_stirling

Sad face



# Chloe Kitto @chloe\_kitto

@Scrumpess @RachaelD\_OT @OTalk\_ @LYBOT @DrWMB @laurareidOT #OTalk | And being an Aussie in the UK I'm still surprised at the acknowledgement when I introduce myself as an OT. AHPs are a very prestigious job in Aus (up there with medicine), whereas here I don't prominent.



#### OTalk @OTalk\_

This looks great thank you Sam! (Food really getting cold now) #OTalk (putting phone down)



# Dr Mary Birken @MaryBirken

Missed #otalk so catching up now...l like these explanations of occupation and activity



### Rachel J @\_rachelOT

 $@ForensicDetail \ @Tori\_Doll\_ \ @OTalk\_ \ Absolutely! \ If ound very limited information about this model in my research (other than hearing green in the property of the pr$ 

31/07/2019. 08:48



**Nicola Stirling** @nicola\_stirling @OT\_rach Great session! #otalk



#### Becks Blain @BecksBlain

@nicola\_stirling @OT\_LauraF @OTalk\_ When I'm on the ward, I can explain to nurses and HCAs why a pt is going to a group, or why takin activity off them as 'punishment' isn't ok and why they go and the benefits. We almost have to prove ourselves, but when you get into a team know, it's fab& it works #OTalk

from other trusts using it via twitter), MOHO seemed more suitable, but I'm still interested to hear more, even if it's not used in practice 😇 #



#### Samantha Shann @otsamantha

Really enjoyed my first #otalk interesting discussion & great #CPD. Now must get back to that #occupation I've been avoiding for the last h



#### Chloe Kitto @chloe\_kitto

That's me @ #OTalk #OTsWhoResearch #OccupationalTherapy @theRCOT @RnohTherapies



### OTalk @OTalk\_

Last tweet - enjoyed tonight's chat, why not write a little reflection on how it has impacted on your practice then you can use it as a piece of of continuing professional development! #OTalk https://t.co/Dnl21vIAi2



#### OTalk @OTalk\_

RT @chloe\_kitto: That's me 2 #OTalk #OTsWhoResearch #OccupationalTherapy @theRCOT @RnohTherapies https://t.co/WeAkyrc5U6



### Chloe Kitto @chloe\_kitto

RT @ais\_d: Tonight's #OTalk has reminded me of that Mary Reilly quote that I love "Man, through the use of his hands, as they are energiz



# Lauren @OTLaurenC

@OTalk\_ I know inpatient OT's who are asked daily to drive a patient home "to pick up a few things". This has arisen from it being noticed the will do home visits with a patient as part of graded exposure of returning back to their home environment &caused misunderstanding #otalk



#### Dr Mary Birken @MaryBirken

RT @Tori\_Doll\_: @probyn\_jo @OTalk\_ Yes - I question this daily! What constitutes as 'meaningful' and who is it 'meaningful' to? The patien



### Lauren @OTLaurenC

@otannab @DrWMB @OTalk\_ This is my thinking. I love my job and the opportunity to explain it. But I equally think the title causes confus don't think you have to be of one school of thought or the other #otalk



# Tori OT @Tori\_Doll\_

@\_rachelOT @ForensicDetail @OTalk\_ Lots of the literature originates from South Africa, but pop over to the website and you can obtain t list from there which was updated in April 2019. #OTalk



#### Rachel Booth @OT rach

RT @ais\_d: Tonight's #OTalk has reminded me of that Mary Reilly quote that I love "Man, through the use of his hands, as they are energiz



# Dr Mary Birken @MaryBirken

RT @BecksBlain: @OTalk\_ I think people think I'm there to cure 'boredom' and just keep the patients amused. Anyone can play board garr



#### Lauren @OTLaurenC

@OTalk\_ @JuliaScottRCOT I think being worried about shortening it makes it look a little professionally insecure. It would be like GP's beir they must only use the term 'general practitioner' #otalk



# Debra Jeffery @Debbiejanej

RT @BecksBlain: @OTalk\_ I think people think I'm there to cure 'boredom' and just keep the patients amused. Anyone can play board garr



# Laura Kate @OT\_LauraF

RT @BecksBlain: @nicola\_stirling @OT\_LauraF @OTalk\_ When I'm on the ward, I can explain to nurses and HCAs why a pt is going to a or...



# Waggy Tales @CWaggett1

 $RT @ nicola\_stirling: I fear this is the same in many services. Currently working hard to change this in the acute hospital setting \# otalk h...$ 



# Hannah Silcock @Scrumpess

@chloe\_kitto @RachaelD\_OT @OTalk\_ @LYBOT @DrWMB @laurareidOT We need to look at models like Australias in this country and h

have managed to get it that way. It clearly isn't impossible #otalk



#### The Occupational Therapy Hub @theOThub

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



 $RT\ @emke: @OTalk\_I\ once\ did\ a\ presentation\ to\ colleagues\ titled\ "the\ OT\ stood\ there\ and\ did\ nothing"\ to\ try\ and\ explain\ our\ assessment$ 



Anna Pettican @AnnaPettican

RT @DrWMB: @OTalk\_ It's much harder than it looks, to engage someone who is unwell or struggling to do stuff. But it's a way of undermi



ForensicDetail @ForensicDetail

@Tori\_Doll\_ @\_rachelOT @OTalk\_ Anyone can write anything in literature- but the peer review process is important for credibility #OTalk



The Occupational Therapy Hub @theOThub

@MattOT10 @OTalk\_#OTalk



The Occupational Therapy Hub @theOThub

@MattOT10 @OTalk\_#OTalk



Eleanor Cecil @El\_Cecil\_

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



Tori OT @Tori Doll

@MaryBirken @\_rachelOT @ForensicDetail @OTalk\_ Yes - there is the 'Creating the evidence: Research priorities for VdT Model of Creat informed Occupational Therapy' document, which will focus on developing EB of the model #OTalk



Sue Parkinson @MOHOspark

@DrWMB @AnnaPettican @OTalk\_ Yep - simple doesn't cut it - occupation is FUNDAMENTAL ... often with an emphasis on the Fun #OTa



Eleanor Cecil @El\_Cecil\_

RT @DrWMB: @OTalk\_ It's much harder than it looks, to engage someone who is unwell or struggling to do stuff. But it's a way of undermi



OTalk @OTalk\_

RT @MOHOspark: @DrWMB @AnnaPettican @OTalk\_ Yep - simple doesn't cut it - occupation is FUNDAMENTAL ... often with an empha Fun #...



Dawn Scull @DawnScull

@LizSamuel9



Margaret Spencer @margaretOT360

#otalk boggged down in semantics



Margaret Spencer @margaretOT360

Role emerging placements for students. Then people really understand the value of #occupationaltherapy



Becks Blain @BecksBlain

@MOHOspark @DrWMB @AnnaPettican @OTalk\_ Sometimes simple works, our weekly coffee mornings work so well and the other staff it when I'm away. Maybe it works because I've 'trained' up the staff to facilitate this and explained as we go along? Our staff are amazing arenthusiastic to get involved #OTalk



dave ogden @DaveDaoggio

 $RT @ MattOT10: @OTalk\_I love this quote from the @theOThub, `Occupation is just a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we will be a fancy word that we were also be a fancy word that we will be a fancy word that we were also be a fancy word that we will be a fancy word to be a fancy word word w$ 



Tori OT @Tori Doll

@ForensicDetail @\_rachelOT @OTalk\_ I'm sensing a reluctance around innovative practice and developing the profession, and wondering may be? Would love to discuss this further and hear your views. #OTalk



Margaret Spencer @margaretOT360

Does anyone say that to the GPs? #OT #OTalk

Margaret Spencer @margaretOT360



RT @OTalk\_: Absolutely, I like to say think of the word occupation we see is everything we do for the minute we get up in the morning to t...



#### Odeth Richardson @OdethRichardson

RT @otsamantha: This is an excellent article showing the impact of using the word #occupation when describing #occupationaltherapy #ot



### Jamie Grant @jamiegrantOT

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



#### Anne Bontoft @AnneBontoft

RT @emke: @OTalk\_ I once did a presentation to colleagues titled "the OT stood there and did nothing" to try and explain our assessment



#### Sue Parkinson @MOHOspark

@chloe\_kitto @Scrumpess @RachaelD\_OT @OTalk\_ @LYBOT @DrWMB @laurareidOT And yet when I was in Australia, although I met amazing OTs, I also met OTs whose job descriptions (based on funding policies) only allowed them to do hand massage. We need to fly the OT wherever we are. #OTalk



#### Becks Blain @BecksBlain

@MOHOspark @DrWMB @AnnaPettican @OTalk\_ Sorry yes, totally agree. Maybe what has helped on my ward is I've done training with staff around what my OT role is. It's also about empowering staff on our ward to not be afraid to do activities with the patients to build theral relationships #OTalk



#### Sue Parkinson @MOHOspark

RT @ForensicDetail: @\_rachelOT @Tori\_Doll\_ @OTalk\_ its an ethical responsibility to look at the evidence base before you make a practi



#### Kayleigh Wain @WainKayle

 $RT @ MattOT10: @OTalk\_I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we use to decribe the things that we were also be a fancy word that we will be a fancy word that we were also be a fancy word that we will be a fancy word that we were also be a fancy word that we will be a fancy word to be a fancy word word t$ 



### Sally Parker-west @SallyParkerwes1

Absolutely #OTalk #DementiaCare



#### Linda Renton @LindaRenton

RT @otsamantha: This is an excellent article showing the impact of using the word #occupation when describing #occupationaltherapy #ot



# *COT\_Expert COT\_Expert COT\_Expert COT\_Expert*

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



### Emma Harman @OTEmmaHarman

Agreed - well said @KwakuOT #ContinueToPromoteOurProfession 👏



#### Rachel Booth @OT\_rach

@KwakuOT @OTalk\_ I'm inclined to disagree with you I, I don't feel role of an occupational therapist is truly understood or valued within the red tape means we can often only assess and rarely treat, and we are good at doing other things so the focus on occupation gets missed.



# Rachel Booth @OT\_rach

 $@otannab @OTalk\_ @BucksHealthcare So more that just a paper exercise? Sounds good \#OTalk\_ \\$ 



#### Samantha Shann @otsamantha

Sorry forgot to tag you @clarewilding & @GailWhiteford #otalk



# $\textbf{Dr Carolynne White OT} @ \textbf{Carolynne\_OT}$

@BillWongOT @Tori\_Doll\_ @OTalk\_ Being able to translate occupational therapy concepts into the language of people we work with is escommunicate effectively. #OTalk



### Dr Carolynne White OT @Carolynne\_OT

@OTalk\_ Just catching up on a fantastic #OTalk. Researching occupation with people with health conditions helped me untangle occupation activity and gave me insights into occupation beyond self-care, productivity and leisure. https://t.co/q6UBotgk6k



# Jess Wilson @jessica\_wOT

@OTalk\_ #OTalk all the time & even exam boards for suitable adjustments stating the need for it to be from "specialist children's occupation therapy" then with the example given of an "occupational health letter"

Somia Jan @SomiaOT



Brilliant thread defining Occupational Therapy



#### Somia Jan @SomiaOT

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Check out the @thewfot resource centre https://t.co/Qy6RL94jCk the document...



**Jess Wilson** @jessica\_wOT #OccupationalTherapy



#### Dave Peters @Dpeters1977

RT @Carolynne\_OT: @OTalk\_ Just catching up on a fantastic #OTalk. Researching occupation with people with health conditions helped r untan...



### Dave Peters @Dpeters1977

RT @Carolynne\_OT: @BillWongOT @Tori\_Doll\_ @OTalk\_ Being able to translate occupational therapy concepts into the language of peol work...



# Kwaku Agyemang @KwakuOT

@OT\_rach @OTalk\_ That's A Fair Analysis...I Guess I Am Just Slightly Uncomfortable With Always Trying To Seek Recognition From Othe Explaining The Intricacies Of Occupational Therapy Rather Than Focusing My Energy On Cutting The Red Tape By "Doing" & "Being" Wha Trained To Do. #OTalk



#### Lee Ann Hoffman @LeeAnnHoffman2

@MOHOspark @DrWMB @AnnaPettican @OTalk\_ Loved reading this. So powerful to know your worth and be able to explain our Vocatio #OTPower!! In my student days - had a Dr. referring pts to the "fun and entertainment therapist"! Tsk Tsk. #OT365 #FUNdemental #OccupationalPerformance #OccupationalTherapy #OTalk late share



#### Kelly S @KellyOT

RT @OTalk\_: Question 3) Have you come across a lack of understanding of what occupational therapy is? If so please give examples? #O



#### Chris Styranka @ChrisOaty\_

RT @BecksBlain: I can speak for my ward - the staff need to just do something to build relationships with the pts. Instead of reading a new.



# *<b>©OT\_Expert @***OT\_Expert**

@SigningOTQueen #OTalk hosted by @OTalk\_ have different topics each week as a TwitterChat session There are lots of great OTs who j and give support



#### Merrolee Penman @merrolee

But sometimes there isn't a direct or literal translation?



# *<b>COT\_Expert COT\_Expert COT\_Expert*

RT @BillWongOT: @OTalk\_ Yes- and I also encourage students who are potentially multilingual to start practice explaining what occupatio



# Holly C @ot\_hollyc

RT @Scrumpess: I always tell people to consider an occupation as everything that they do in their day to day life from getting up, washed a



# Libby Lamb @LibbyLamb04

RT @BillWongOT: @OTalk\_ I will also say this in Chinese. 职能治疗不是关于帮助别人找工作. Translation- Occupational Therapy is not a fi help peopl...



# Anna B @FrailtyPracAnna

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



#### Jane Sayner @JaneSayner\_OT

RT @MattOT10: @OTalk\_ I love this quote from the @theOThub, 'Occupation is just a fancy word that we use to decribe the things that we



#### OTalk @OTalk

@HandTherapyHG Hi Helen, there was a lot of discussion during last night's chat about not keeping it simple being proud and using our we Perhaps if we watered-down How exclamations of occupational therapy is that's how it gets misunderstood? #otalk thoughts?



### Rachel Booth @OT\_rach

@KwakuOT @OTalk\_ And 'doing' is so important- but if we don't explain, then what is the point in doing, if we explain, fight and ask for mo

resources we can do more 'doing' better. #otalk



#### Rachel Booth @OT\_rach

@BecksBlain @MOHOspark @DrWMB @AnnaPettican @OTalk\_ Did you hit barriers? In the rehab wards I do the clinical supervision of the staff, doing and activity is seen as the OT's role, we have tried to empower staff including giving them #VDTmoca training, but there is still a of that's not our role? #otalk



#### Rachel Booth @OT\_rach

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Many Associations & groups do something similar for #WorldOTDay. be thinki...



### *<b>©OT\_Expert @***OT\_Expert**

RT @BillWongOT: @otsamantha @LYBOT @OTalk\_ @colinpgjones Here is one thing I am thinking for #wfot22 in Paris. Maybe it will be c com...



# *<b>COT\_Expert COT\_Expert COT\_Expert*

RT @otsamantha: @BillWongOT @LYBOT @OTalk\_ @colinpgjones Many Associations & groups do something similar for #WorldOTDay. be thinki...



### Becks Blain @BecksBlain

@OT\_rach @MOHOspark @DrWMB @AnnaPettican @OTalk\_ Things like buying ingredients for cooking-but gave them the forms and I s to get the money back. Staff do activities with me and then build their confidence to do alone. Our ward staff are enthusiastic so when they do something I encourage straight away #OTalk



#### Becks Blain @BecksBlain

@OT\_rach @MOHOspark @DrWMB @AnnaPettican @OTalk\_ The staff also want to be doing more with the pts on a w/end so nurses do quizzes/walks in the garden/cooking.It's a very interactive ward as they're all able to do tasks Ind and don't need support with 'life skills' it's relational side that they need support with #OTalk



#### Wendy Bryant @DrWMB

Apologies for my terribly uninformative response to this. I was getting tired. This year I have papers in BJOT & @JDisSoc The 2016 Cassor is about occupational alienation. DM me if you can't get hold of any of these papers. Enjoy. #OTalk



#### KIRSTY OT @KIRSTY\_OT

RT @KIRSTY\_OT: @OTalk\_ I feel that activity is more about tasks and a general form of actions that are carried out whereas occupation is



# Rebecca coughlan @Rebeccacoughla3

RT @OTalk\_: Interesting #otalk https://t.co/JyXg383eEX

Showing 1 to 489 of 489 entries



34

22

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