

# #OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, February 5th 2019, 8:00PM – Tue, February 5th 2019, 9:05PM (Europe/London).

See #OTalk Influencers/Analytics.



**OTalk** @OTalk\_

a month ago

Welcome to #OTalk Research. Whether you have experience of using pilot studies, in the process of designing a pilot study or would like to learn more to help you evaluate studies, hopefully you'll find tonight's chat useful.



**OTalk** @OTalk\_

a month ago

Say "hello" if you are joining us this evening and don't forget the #OTalk



**Angelyn Easton** @AngelynJEaston

a month ago

@OTalk\_ Hello #OTalk, just lurking



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Hi everyone, really looking forward to tonight's #OTalk though slightly nervous being on this side of the account with @NikkiDanielsOT



**Zahra Mansha** @ZahraManshaOT

a month ago

@OTalk\_ Hello! 🌟 #OTalk



**Laura Occupational Therapist** @Bsibebaby\_

a month ago

@OTalk\_ lurking #OTalk



**Emma Hooper** @hooper\_ek

a month ago

@OTalk\_ Evening all. Glad to be able to join the chat this evening #OTalk



**Carolina Cordero** 🌈 @colourful\_ot

a month ago

@OTalk\_ Hello! #OTalk



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

Hi everyone - great to be back in 2019 with #OTalk research



**Ellen Chisman** @EllenChisman

a month ago

Good evening everyone. First OTalk in a while. Good to be back :-) #OTalk



**Becky Cooper** @beckycooper\_

a month ago

@OTalk\_ Hello 🌟 #OTalk most likely lurking tonight!



**Izzie LR** @OTizzie

a month ago

@OTalk\_ hello #OTalk 🌟 Student OT here doing my dissertation on a feasibility study proposal (so not quite a pilot study but still interesting to join in!)



**OTEmmaS** @emmaspellmanOT

a month ago

@OTalk\_ Hello I'm here and looking forward to this chat and learning #OTalk <https://t.co/3pcivKiLB8>



**Alex Smith** @YmchwilStroc

a month ago

@OTalk\_ Noswaith Dda pawb, evening all #OTalk

**OTalk** @OTalk\_

Icebreaker question this evening. What does the term 'pilot study' mean to you? #OTalk

a month ago

**Dr Jenny Preston MBE** @preston\_jenny

Let's get started with the first question. Question 1 What does the term 'pilot study' mean to you and what do you think are the main reasons for conducting a pilot study? #OTalk @NikkiDanielsOT

a month ago

**OTalk** @OTalk\_

@emmaspellmanOT Hi Emma! Lots of learning tonight hopefully #OTalk

a month ago

**Suzanne Henshall** @Suze17

@OTalk\_ Hello 🌟 #OTalk

a month ago

**OTalk** @OTalk\_

@OTizzie Or is it? I'm sure all will become clearer during the #OTalk chat @preston\_jenny

a month ago

**Student Platform OT** @SPOTeurope

@OTalk\_ Hello!! #OTalk

a month ago

**OTalk** @OTalk\_

Here's the first question tonight from @preston\_jenny #OTalk

a month ago

**Izzie LR** @OTizzie

@OTalk\_ Anyone confused between pilot/feasibility?! While writing my diss. I realised the terms are often misused. I think a pilot study implements all pieces of a study together to assess how well the components will work whereas a feasibility study tries out parts of a study #OTalk

a month ago

**Ellen Chisman** @EllenChisman

Pilot study...I think of testing out. Maybe your questions for example. To a smaller initial sample. #OTalk

a month ago

**Angelyn Easton** @AngelynJEaston

@OTalk\_ Is it like a starting point to a wider area of research? #OTalk

a month ago

**OTalk** @OTalk\_

Anyone got any thoughts on @OTizzie question? #OTalk

a month ago

**OTEmmaS** @emmaspellmanOT

Q1: I think small scaled down version of the real thing and a try-out of research proposal – at least maybe some elements of it #OTalk

a month ago

**carol duff** @carolfish32

@OTalk\_ Hi #otalk

a month ago

**Dr Jenny Preston MBE** @preston\_jenny

Good point @OTizzie, even the MRC Framework for evaluation complex interventions uses the terms interchangeably #OTalk

a month ago

**Miriam Noonan** @mirnoonanOT

@preston\_jenny @NikkiDanielsOT I'm thinking to test the feasibility &amp;acceptability of your research/trial question if looking at conducting a trial? #OTalk

a month ago

**Suzanne Henshall** @Suze17

a month ago



@OTalk\_ I'm thinking it's about trying out your proposed method of research in practice in a mini way, to identify things you might need to tweak, alter or amend before you do the main one? #otalk



**Emma Hooper** @hooper\_ek

Good point @OTizzie .... add field trials into the mix too & it can feel confusing! #otalk

a month ago



**OTalk** @OTalk\_

RT @preston\_jenny: Good point @OTizzie, even the MRC Framework for evaluation complex interventions uses the terms interchangeably #OTalk ht...

a month ago



**Becky Cooper** @beckycooper\_\_\_\_

@preston\_jenny @NikkiDanielsOT #otalk completing a small scale study prior to wider scale research to determine feasibility and to highlight any changes that need to be made?

a month ago



**Miriam Noonan** @mirnoonanOT

@OTizzie @OTalk\_ Ah I think I'm guilty of using these terms interchangeably! #OTalk

a month ago



**Izzie LR** @OTizzie

@OTalk\_ @preston\_jenny I'd say they are different from the literature I've read defining them but both come under the term preliminary study. From talking to people, however, I do think researchers see them as the same...!! #OTalk

a month ago



**OTEmmaS** @emmaspellmanOT

@OTalk\_ @OTizzie is feasibility when you work out the potential pitfalls and strengths of a project and something that you might want to use in the workplace more? #OTalk - off top of my head so apologies if wrong

a month ago



**Dr Jenny Preston MBE** @preston\_jenny

Might there be specific aspects of the research/trial that you might wish to test @mirnoonanOT #OTalk

a month ago



**Alex Smith** @YmchwilStroc

@preston\_jenny @NikkiDanielsOT When I hear 'pilot study', I think of a small scale preliminary study to ascertain whether crucial components of an intervention or study design are feasible etc. for a further large scale study. So an essential building block for research #OTalk

a month ago



**Ellen Chisman** @EllenChisman

Is feasibility about practicality? Can you recruit enough, can you do it in time etc. Pilot study could include things like, do your questions allow you to gather the data you need to answer the research question. Will it do what you think it will do, a practice run? #otalk

a month ago



**OTalk** @OTalk\_

Perhaps we might have some examples from researchers who have carried these out? Help us with some context to understand the difference or if indeed there is a difference? #otalk

a month ago



**Dr Jenny Preston MBE** @preston\_jenny

RT @YmchwilStroc: @preston\_jenny @NikkiDanielsOT When I hear 'pilot study', I think of a small scale preliminary study to ascertain whether...

a month ago



**Dr Jenny Preston MBE** @preston\_jenny

RT @EllenChisman: Is feasibility about practicality? Can you recruit enough, can you do it in time etc. Pilot study could include things li...

a month ago



**OTalk** @OTalk\_

Any thoughts? #otalk

a month ago

**Miriam Noonan** @mirnoonanOT

@preston\_jenny What first comes to mind is the outcome measures, how many and what outcomes to measure, is what

a month ago



I'm thinking of using acceptable to the population I'm conducting the research with? What is the recruitment process like - easy/difficult? #OTalk



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

This is how I think of it as well @EllenChisman the clue is in the word 'feasible' #otalk



**OTalk** @OTalk\_

a month ago

RT @LynneGoodacre: This is how I think of it as well @EllenChisman the clue is in the word 'feasible' #otalk  
<https://t.co/juZezMePZU>



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Moving on to the next question. Can you tell us about your experiences of conducting, observing or taking part in a pilot study? #OTalk @NikkiDanielsOT



**OTalk** @OTalk\_

a month ago

RT @mirnoonanOT: @preston\_jenny What first comes to mind is the outcome measures, how many and what outcomes to measure, is what I'm think...



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

RT @mirnoonanOT: @preston\_jenny What first comes to mind is the outcome measures, how many and what outcomes to measure, is what I'm think...



**OTalk** @OTalk\_

a month ago

Lots of great reasons for carrying out pilots and lots of questions raised already that hopefully we can explore further this evening #OTalk



**Samantha Pywell** @smileyfacehalo

a month ago

@Bsidebaby\_ @OTalk\_ #OTalk lurking too.... Good evening everyone!....



**OTalk** @OTalk\_

a month ago

Question 2 #OTalk



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

I think this is where the confusion lies - because of the word feasible - so if I pilot a questionnaire I want to know some very specific things about it which are broader than the word feasible #OTalk



**Nikki Daniels** @NikkiDanielsOT

a month ago

RT @OTalk\_ : Lots of great reasons for carrying out pilots and lots of questions raised already that hopefully we can explore further this e...



**Nikki Daniels** @NikkiDanielsOT

a month ago

RT @preston\_jenny: Moving on to the next question. Can you tell us about your experiences of conducting, observing or taking part in a pilot...



**Izzie LR** @OTizzie

a month ago

@EllenChisman I think that is one really big distinction yes! And there are different areas that can be addressed to identify practicality such as acceptability (of an intervention), demand, implementation and more #OTalk



**Iris Benson MBE** @irisbenson100

a month ago

RT @carolfish32: @OTalk\_ Hi #otalk



**OTEmmaS** @emmaspellmanOT

a month ago

RT @LynneGoodacre: This is how I think of it as well @EllenChisman the clue is in the word 'feasible' #otalk  
<https://t.co/juZezMePZU>

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 **Dr Lynne Goodacre** @LynneGoodacre a month ago  
So as part of pre -validating a questionnaire the pilot study might explore things like do people understand the questions, is anything missing, is it too short/too long, are the choices for answering the questions right etc #OTalk

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 **Dr Jenny Preston MBE** @preston\_jenny a month ago  
RT @LynneGoodacre: So as part of pre -validating a questionnaire the pilot study might explore things like do people understand the questio...

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 **OTEmmaS** @emmaspellmanOT a month ago  
Useful for exploratory stage of research, findings from that guide researcher to more explanatory focus #OTalk

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 **Nikki Daniels** @NikkiDanielsOT a month ago  
@LynneGoodacre Good point. I'm just about to pilot a questionnaire and as part of this will be assessing the construct and content validity. I'll get back to you once I've figure out how to do it! #OTalk

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 **Ellen Chisman** @EllenChisman a month ago  
Q2: I had a pilot for my MSc research. Testing my interview schedule and skills. Been a subject in a pilot study at work for using a particular OT assessment #OTalk

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 **Emma Hooper** @hooper\_ek a month ago  
I was involved in a field trial where we were testing the feasibility, acceptability & tolerability of a complex intervention prior to RCT #OTalk @preston\_jenny @OTalk

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 **OTEmmaS** @emmaspellmanOT a month ago  
@OTalk\_ Previous research required closed questions in a survey, in pilot I asked open ended questions in interviews & answers generated fixed choice answers which shaped closed questions for the main #OTalk

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 **OTalk** @OTalk\_ a month ago  
RT @OTizzie: @EllenChisman I think that is one really big distinction yes! And there are different areas that can be addressed to identify...

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 **Bill Wong, OTD, OTR/L** @BillWongOT a month ago  
Hello folks! joining late because of a phone call #otalk

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 **Ellen Chisman** @EllenChisman a month ago  
Good points :-) #otalk @OTizzie

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 **Bill Wong, OTD, OTR/L** @BillWongOT a month ago  
@preston\_jenny @NikkiDanielsOT It means to me that it is a study that is considered as a test of concept- evidence might be scarce. #otalk

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 **OTalk** @OTalk\_ a month ago  
Anyone any experience of doing this? #otalk

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 **Dr Jenny Preston MBE** @preston\_jenny a month ago  
You sound like you have some experience of this @emmaspellmanOT, is there any good advice that you can share with others #OTalk @NikkiDanielsOT

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 **Bill Wong, OTD, OTR/L** @BillWongOT a month ago  
RT @hooper\_ek: I was involved in a field trial where we were testing the feasibility, acceptability & tolerability of a complex interventio...

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**Suzanne Henshall** @Suze17 a month ago



@OTalk\_ I was the 'treating OT' for a feasibility /pilot study being undertaken from Nottingham University on early intervention Vocational Rehab in traumatic Brain injury. #otalk



**Dr Jenny Preston MBE** @preston\_jenny a month ago  
What did the feasibility study tell you @hooper\_ek and how did that inform your actual study #OTalk @NikkiDanielsOT



**Dr Jenny Preston MBE** @preston\_jenny a month ago  
RT @emmaspellmanOT: @OTalk\_ Previous research required closed questions in a survey, in pilot I asked open ended questions in interviews &...



**Nikki Daniels** @NikkiDanielsOT a month ago  
@emmaspellmanOT @OTalk\_ Great example Emma. Do you think sometimes this way of using a pilot study is confused with mixed methods research? #otalk



**OTEmmaS** @emmaspellmanOT a month ago  
teeny tiny experience compared to OT researchers in our wide OT community of practice @preston\_jenny - I will continue to tweet what potential useful nuggets spring to mind #OTalk



**OTTalk** @OTalk\_ a month ago  
RT @preston\_jenny: You sound like you have some experience of this @emmaspellmanOT, is there any good advice that you can share with others...



**Dr Jenny Preston MBE** @preston\_jenny a month ago  
Do you have any learning to share with us @Suze17 #OTalk @NikkiDanielsOT



**Alex Smith** @YmchwilStroc a month ago  
@LynneGoodacre Definitely, feasibility is a catch all term for the evaluation of pilot studies. Others have mentioned other important concepts which sit under this feasibility umbrella e.g adherence, acceptability. I think we can be clear that pilot studies don't evaluate effectiveness #OTalk



**OTEmmaS** @emmaspellmanOT a month ago  
oooh, never thought of it that way @NikkiDResearch. for me its a definite means of testing a part of whole of research design #OTalk



**Dr Jenny Preston MBE** @preston\_jenny a month ago  
@emmaspellmanOT Brilliant @emmaspellmanOT we are all learning and all experiences are equally valid #otalk @NikkiDanielsOT



**Nikki Daniels** @NikkiDanielsOT a month ago  
Can you elaborate @BillWongOT What do you mean by test of concept? #OTalk



**Dr Jenny Preston MBE** @preston\_jenny a month ago  
RT @YmchwilStroc: @LynneGoodacre Definitely, feasibility is a catch all term for the evaluation of pilot studies. Others have mentioned oth...



**Emma Hooper** @hooper\_ek a month ago  
It led to tweaks to the outcome measures, the intervention materials and the study sites. It was useful. #otalk @preston\_jenny @OTalk\_



**Michelle** @Symbolic\_Life a month ago  
RT @preston\_jenny: Might there be specific aspects of the research/trial that you might wish to test @mirnoonanOT #OTalk <https://t.co/dXLP...>

**OTEmmaS** @emmaspellmanOT a month ago  
RT @preston\_jenny: @emmaspellmanOT Brilliant @emmaspellmanOT we are all learning and all experiences are



equally valid #Otalk @NikkiDaniels...



**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@NikkiDanielsOT test of concept means- the concept has not been proven, as it is still in exploratory stages. #otalk



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested  
<https://t.co/BEN1z4nvox> #otalk



**Miriam Noonan** @mirnoonanOT

a month ago

@NikkiDanielsOT @emmaspellmanOT @OTalk\_ A very interesting point! #OTalk



**Miriam Noonan** @mirnoonanOT

a month ago

RT @LynneGoodacre: Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested ht...



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

RT @LynneGoodacre: Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested ht...



**Nikki Daniels** @NikkiDanielsOT

a month ago

@YmchwilStroc @LynneGoodacre Definitely not a purpose, often misunderstood! Run before you can walk! #otalk



**Emma Hooper** @hooper\_ek

a month ago

I wonder if anyone who has identified the need for changes during a pilot / feasibility then re-pilots the altered protocol or whether you go straight onto the wider scale study? #otalk @preston\_jenny @OTalk\_



**Ellen Chisman** @EllenChisman

a month ago

Thank you for this :-) #otalk @LynneGoodacre



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Great discussion tonight and we've already started to consider this but what are the main benefits observed from pilot studies? #OTalk @NikkiDanielsOT



**Nikki Daniels** @NikkiDanielsOT

a month ago

@emmaspellmanOT @NikkiDResearch I think it's both and essential those closed questions evolve transparently. I used focus group data to develop a closed questionnaire but mine is a 2 phase mixed methods study #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

RT @hooper\_ek: I wonder if anyone who has identified the need for changes during a pilot / feasibility then re-pilots the altered protocol...



**OTalk** @OTalk\_

a month ago

Any thoughts? #OTalk



**Alex Smith** @YmchwilStroc

a month ago

@NikkiDanielsOT @LynneGoodacre Do you think questionnaire 'piloting' in this sense sits neatly in the pilot study mould? In essence construct and content validity are about questionnaire effectiveness #OTalk



**OTalk** @OTalk\_

a month ago

Thanks for sharing @LynneGoodacre Download and add to your reading list #Otalk



**Ellen Chisman** @EllenChisman

a month ago

I think it depends on extent to which you are making changes? May be a good idea. I was told if they are substantial then



for one thing you may need to go through ethics again. #otalk @hooper\_ek



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

Hmm interesting point @hooper\_ek when I piloted a questionnaire we made some changes as a result of the pilot and tried it out with a few people but not as many as the original pilot #OTalk I guess the question is at what point do you stop piloting



**Will Chegwidden** @willchegwidden

a month ago

@EllenChisman @LynneGoodacre Feasibility Studies are pieces of research done before a main study in order to answer the question "Can this study be done?"; Pilot studies are a version of the main study that is run in miniature to test whether the components of the main study can all work together. #OTalk



**OTEmmaS** @emmaspellmanOT

a month ago

in my limited practical experience but knowledge from study I think that, right there is a great use of a pilot, I think I'm doing something similar pilot focus group analysed results will shape a questionnaire and one to one interviews #OTalk



**Will Chegwidden** @willchegwidden

a month ago

(From the document posted by @LynneGoodacre - great summary #OTalk



**OTEmmaS** @emmaspellmanOT

a month ago

RT @NikkiDanielsOT: @emmaspellmanOT @NikkiDResearch I think it's both and essential those closed questions evolve transparently. I used foc...



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Good question @YmchwilStroc and does that introduce a potential difference in the use of 'piloting' between quantitative and qualitative methodologies (somewhat provocative here, sorry) #OTalk @NikkiDanielsOT



**Miriam Noonan** @mirnoonanOT

a month ago

@hooper\_ek @preston\_jenny @OTalk\_ The RCT that I am using for secondary analysis piloted the intervention and made some tweaks. One example being one resource was titled: caregivers resource and the feedback was that is should be changed to family and friends resource which it was for the main trial #OTalk



**Suzanne Henshall** @Suze17

a month ago

@preston\_jenny @NikkiDanielsOT There were things highlighted that hadn't been anticipated or eg difficult recruiting pts in some sites, challenges associated in working across different organisations & clinicians interpreting things differently in different sites-all good learning & informed alterations?#OTalk



**OTEmmaS** @emmaspellmanOT

a month ago

RT @OTalk\_: Thanks for sharing @LynneGoodacre Download and add to your reading list #Otalk <https://t.co/8csKqeYufI>



**OTEmmaS** @emmaspellmanOT

a month ago

RT @OTalk\_: Any thoughts? #OTalk <https://t.co/jolpfKs5yU>



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Well that answers that question @willchegwidden, great succinct summary #OTalk @NikkiDanielsOT



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

I agree @YmchwilStroc I see construct and content validity as something which is tested in the main study #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Good example @mirnoonanOT thank you for sharing #OTalk @NikkiDanielsOT



**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @willchegwidden: @EllenChisman @LynneGoodacre Feasibility Studies are pieces of research done before a main



study in order to answer the...



**OTEmmaS** @emmaspellmanOT

a month ago

RT @mirnoonanOT: @preston\_jenny What first comes to mind is the outcome measures, how many and what outcomes to measure, is what I'm thinki...



**Emma Hooper** @hooper\_ek

a month ago

Exactly @LynneGoodacre ... I guess it's coming to a collaborative decision to move forwards rather than perpetually piloting #OTalk



**Claire Murphy** @Incredhead

a month ago

@LynneGoodacre @BJOTeditor Sorry forgot the #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Excellent examples @Suze17, this is exactly what the pilot study is intended to do #OTalk @NikkiDanielsOT



**Claire Murphy** @Incredhead

a month ago

RT @LynneGoodacre: Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested ht...



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

RT @LynneGoodacre: I agree @YmchwilStroc I see construct and content validity as something which is tested in the main study #OTalk <https://...>



**Miriam Noonan** @mirnoonanOT

a month ago

@preston\_jenny @NikkiDanielsOT @OTalk It was a great learning experience and opened my eyes to the importance of why pilot studies are important. #OTalk



**Andrew Bateman** @ozcboss

a month ago

RT @LynneGoodacre: Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested ht...



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

RT @hooper\_ek: Exactly @LynneGoodacre ... I guess it's coming to a collaborative decision to move forwards rather than perpetually piloting...



**OTEmmaS** @emmaspellmanOT

a month ago

I think I am missing lots of tweets from participants to this chat - having IT trouble perhaps - looking forward to seeing these at some point and continuing the learning #OTalk



**OTalk** @OTalk

a month ago

RT @preston\_jenny: Excellent examples @Suze17, this is exactly what the pilot study is intended to do #OTalk @NikkiDanielsOT <https://t.co/K...>



**OTalk** @OTalk

a month ago

@Incredhead @LynneGoodacre @BJOTeditor Happens to the best of us 😊 #Otalk



**OTEmmaS** @emmaspellmanOT

a month ago

RT @preston\_jenny: Excellent examples @Suze17, this is exactly what the pilot study is intended to do #OTalk @NikkiDanielsOT <https://t.co/K...>



**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @OTizzie: @EllenChisman I think that is one really big distinction yes! And there are different areas that can be addressed to identify...

---

 **Dr Jenny Preston MBE** @preston\_jenny a month ago  
It is hard to keep up @emmaspellmanOT, I'm struggling a bit tonight too but the discussion is great with some fantastic examples of learning and sharing #OTalk @NikkiDanielsOT

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 **OTalk** @OTalk\_ a month ago  
Lots of great discussions going on tonight @emmaspellmanOT so it is hard to keep up! The transcript will help if we've all been good and used the #Otak 😊

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 **OTalk** @OTalk\_ a month ago  
RT @preston\_jenny: It is hard to keep up @emmaspellmanOT, I'm struggling a bit tonight too but the discussion is great with some fantastic e...

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 **Dr Jenny Preston MBE** @preston\_jenny a month ago  
Where is the time going tonight? Are we ready for Question 4 What, if any, are the challenges in relation to pilot studies? #OTalk @NikkiDanielsOT

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 **OTEmmaS** @emmaspellmanOT a month ago  
RT @preston\_jenny: It is hard to keep up @emmaspellmanOT, I'm struggling a bit tonight too but the discussion is great with some fantastic e...

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 **OTalk** @OTalk\_ a month ago  
RT @preston\_jenny: Well that answers that question @willchegwidden, great succinct summary #OTalk @NikkiDanielsOT <https://t.co/nkUQs0m3Jh>

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 **Andrew Bateman** @ozcboss a month ago  
#OTalk I have just noticed, are discussing research. the next meeting with BSRM in October in Warwick promises to be a great event...

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 **OTEmmaS** @emmaspellmanOT a month ago  
@preston\_jenny @NikkiDanielsOT Switching to Mac now but it might be network #OTalk @OTalk\_ 🎙

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 **OTalk** @OTalk\_ a month ago  
It's been a great discussion and its going fast! Any challenges to share? #Otalk

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 **OTEmmaS** @emmaspellmanOT a month ago  
RT @OTalk\_: It's been a great discussion and its going fast! Any challenges to share? #Otalk <https://t.co/0yemlzJRsI>

---

 **Bill Wong, OTD, OTR/L** @BillWongOT a month ago  
lurking for the remainder of the check... see you guys next week. #otalk

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 **Dr Lynne Goodacre** @LynneGoodacre a month ago  
When you're recruiting from a small pool of potential participants not using them all up in the pilot #OTalk

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 **Emma Hooper** @hooper\_ek a month ago  
We realised that we'd included a caregiver measure that was validated for over 65s but some caregivers were adult children under 65yo so needed to be replaced. #OTalk @mirnoonanOT @preston\_jenny

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 **Miriam Noonan** @mirnoonanOT a month ago  
@preston\_jenny @NikkiDanielsOT Time! #OTalk

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 **Ellen Chisman** @EllenChisman a month ago  
Q4 time, resources, knowing what to do afterwards with what you have found/learnt. As mentioned earlier, when do you stop piloting. Maybe designing it as well if some things are to be found/developed e.g. in grounded theory #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Thanks @ozcbooss #OTalk discusses research on the first Tuesday of the month. Do join us or perhaps you might even consider hosting a chat.



**OTalk** @OTalk\_

a month ago

@ozcbooss Thanks for sharing. First Tuesday of every month our chat focuses on a research topic so feel free to join us #OTalk



**Claire Murphy** @Incredhead

a month ago

@preston\_jenny @NikkiDanielsOT My colleague and I conducted a small pilot physical health and exercise programme in a first episode psychosis service. There were feasibility elements to it but we wanted to test all elements of the study and intervention and used it to apply for subsequent funding #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Very good point @LynneGoodacre #OTalk @NikkiDanielsOT



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Another excellent example, thanks for sharing @hooper\_ek #OTalk @NikkiDanielsOT



**OTEmmaS** @emmaspellmanOT

a month ago

@OTalk\_ Q4: When you ask a question in the pilot and there's an uncomfortable silence, can feel bad but useful as you know not to ask that in the real study or modify it #OTalk



**OTEmmaS** @emmaspellmanOT

a month ago

@preston\_jenny @OTalk\_ @NikkiDanielsOT Q3: current pilot proving useful to practice the data analysis method in my current pilot that I will use for main #OTalk



**Izzie LR** @OTizzie

a month ago

RT @OTizzie: @OTalk\_ Anyone confused between pilot/feasibility?! While writing my diss. I realised the terms are often misused. I think a...



**OTEmmaS** @emmaspellmanOT

a month ago

@preston\_jenny @OTalk\_ @NikkiDanielsOT Q3: Pilot also useful for building up trust with potential participants in the 'real' study #OTalk



**Emma Hooper** @hooper\_ek

a month ago

I'm wondering if anyone has experienced challenges with publishing the outcomes of pilot studies? #otalk  
@preston\_jenny @OTalk\_



**Izzie LR** @OTizzie

a month ago

RT @OTizzie: @EllenChisman I think that is one really big distinction yes! And there are different areas that can be addressed to identify...



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

Were you successful with the funding bid @Incredhead and were you able to conduct the study? #OTalk  
@NikkiDanielsOT



**Shirley Reynolds #FBPE** @DrS\_Reynolds

a month ago

RT @LynneGoodacre: Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested ht...



**Theresa Travis** @s9tmt

a month ago

RT @preston\_jenny: Another excellent example, thanks for sharing @hooper\_ek #OTalk @NikkiDanielsOT  
<https://t.co/wAhHsFizk5>

 **Dr Lynne Goodacre @LynneGoodacre** a month ago  
Design in a great point for sure - needing to be clear about exactly what you are wanting to find out through the pilot and ensuring its design will explore those issues #OTalk

---

 **Nikki Daniels @NikkiDanielsOT** a month ago  
I used a group of PhD researchers to pilot focus group. Fabulous learning and made essential changes. Used this group so as not to pull from a potentially small population in the main study. Turned out the first real focus group with the real participants was greater value #OTalk

---

 **Dr Jenny Preston MBE @preston\_jenny** a month ago  
RT @emmaspellmanOT: @preston\_jenny @OTalk\_ @NikkiDanielsOT Q3: current pilot proving useful to practice the data analysis method in my curr...

---

 **Nikki Daniels @NikkiDanielsOT** a month ago  
I guess theres a temptation not to pilot if short on time?!? Not condoning it....just saying! #OTalk

---

 **Dr Jenny Preston MBE @preston\_jenny** a month ago  
I feel like I'm rushing now but now for our final question of the night. How do you know if you have done enough piloting to execute a larger scale study? #OTalk @NikkiDanielsOT

---

 **Miriam Noonan @mirnoonanOT** a month ago  
@NikkiDanielsOT That's the worry isn't it. I've heard this being discussed before! #OTalk

---

 **Izzie LR @OTizzie** a month ago  
RT @preston\_jenny: Good point @OTizzie, even the MRC Framework for evaluation complex interventions uses the terms interchangeably #OTalk ht...

---

 **Alex Smith @YmchwilStroc** a month ago  
@NikkiDanielsOT @LynneGoodacre I've not seen the term pilot or feasibility applied in 'questionnaire' or PROMs research as you would need a pre-defined sample size etc. to determine construct or content validity. Too small a sample and the stats won't work. So not really piloting #OTalk

---

 **Nikki Daniels @NikkiDanielsOT** a month ago  
So in effect I did 2 pilots! #otalk #phdlearning

---

 **Cara Lawrence @caralawrence** a month ago  
This is all looking really interesting just joined will have to have a look through! #otalk

---

 **Faith Martin @fam6** a month ago  
RT @LynneGoodacre: Here's a link to an NIHR document that explains the diff between feasibility and pilot studies for anyone interested ht...

---

 **Dr Lynne Goodacre @LynneGoodacre** a month ago  
we reported this in the paper for the main study rather than as a paper in its own right #OTalk

---

 **Emma Hooper @hooper\_ek** a month ago  
Or perhaps there is also a risk that pilot studies don't go beyond this stage into a wider study? #otalk @NikkiDanielsOT @preston\_jenny

---

 **OTalk @OTalk\_** a month ago  
Last question of the evening! #Otalk

---

 **Dr Jenny Preston MBE @preston\_jenny** a month ago  
RT @LynneGoodacre: we reported this in the paper for the main study rather than as a paper in its own right #OTalk  
<https://t.co/po3kr4OC0e>

**OTalk @OTalk\_**

@caralawrence Its been a very informative chat. Lots of questions answered and raised #OTalk

a month ago

**Claire Murphy @Incredhead**

@mirnoonanOT @preston\_jenny @NikkiDanielsOT Also money/funding. We convinced our management team to provide limited funds for a small pilot study and used this to leverage additional funding for a subsequent larger study. However this was not enough to implement all our learning and recommendations from pilot #OTalk

a month ago

**OTEmmaS @emmaspellmanOT**RT @preston\_jenny: Another excellent example, thanks for sharing @hooper\_ek #OTalk @NikkiDanielsOT  
<https://t.co/wAhHsFizk5>

a month ago

**OTEmmaS @emmaspellmanOT**RT @preston\_jenny: Very good point @LynneGoodacre #OTalk @NikkiDanielsOT <https://t.co/vnvjehDIYR>

a month ago

**Dr Jenny Preston MBE @preston\_jenny**

Its been a great chat tonight @caralawrence some excellent real life examples being shared. I can't wait to read the transcript #OTalk @NikkiDanielsOT

a month ago

**OTEmmaS @emmaspellmanOT**RT @LynneGoodacre: we reported this in the paper for the main study rather than as a paper in its own right #OTalk  
<https://t.co/po3kr4OCOe>

a month ago

**Nikki Daniels @NikkiDanielsOT**

@hooper\_ek @preston\_jenny Good point. I'm sure both happen a lot! #OTalk

a month ago

**Dr Jenny Preston MBE @preston\_jenny**

I think that is a very real risk @hooper\_ek and such a pity #OTalk @NikkiDanielsOT

a month ago

**Nikki Daniels @NikkiDanielsOT**

@YmchwilStroc @LynneGoodacre Interesting Alex. I'm going to have to revisit this tomorrow and get my thinking cap on. I engaged a statistician in my protocol and calculated the sample size needed. It was a strict requirement by my supervisory team #OTalk

a month ago

**OTEmmaS @emmaspellmanOT**

@OTalk\_Q5: I'm reliant right now on my brilliant PhD supervisors, I'm constructing a pilot report and will await their guidance on sufficiency or not #OTalk

a month ago

**OTalk @OTalk\_**RT @preston\_jenny: I think that is a very real risk @hooper\_ek and such a pity #OTalk @NikkiDanielsOT  
<https://t.co/0wEtPhSPqo>

a month ago

**Dr Lynne Goodacre @LynneGoodacre**

before you even get to using the questionnaire in the main study @YmchwilStroc questionnaires are usually piloted, once the items have been generated, with a small number of people to check that the questions can be understood etc etc #OTalk

a month ago

**Alex Smith @YmchwilStroc**

@preston\_jenny @NikkiDanielsOT When you successfully obtain funding to run the large scale trial? 😊 #OTalk

a month ago

**OTalk @OTalk\_**

5 minute warning. Keep the comments coming. So much learning tonight #OTalk

a month ago

**Nikki Daniels** @NikkiDanielsOT

RT @OTalk\_: 5 minute warning. Keep the comments coming. So much learning tonight #OTalk

a month ago

**OTEmmaS** @emmaspellmanOT

@OTalk\_ Q5: the only other consideration I have is going back to purpose of pilot and whether or not pilot, in the end, has met that, perhaps this might guide thoughts on sufficiency #OTalk

a month ago

**Cara Lawrence** @caralawrence

@preston\_jenny @NikkiDanielsOT Really interesting! I am wondering where to go next in the research career! (Early days) but such an important part of our work #otalk

a month ago

**Emma Hooper** @hooper\_ek

Sorry jumped the gun on this question with my previous comment about perpetual piloting! Possibly the requirements of the funders / timeline help to move it forwards in a timely way. #otalk @preston\_jenny @OTalk\_

a month ago

**Dr Jenny Preston MBE** @preston\_jenny

As a PhD supervisor we always get the blame!! What factors do you think might be taken into consideration? #OTalk @NikkiDanielsOT

a month ago

**OTalk** @OTalk\_#OTalk – 12th February 2019 – TBI and Cognitive rehabilitation: <https://t.co/j30ROg7laZ>

a month ago

**Claire Murphy** @Incredhead

@preston\_jenny @NikkiDanielsOT Initial funding was 10 participants for 8 week pilot from management team. Dietitian &amp; Physios gave support for free for pilot. Based on the report we got yearly funding for 24 people but not enough to buy in dietitians. Physio was able to continue to help out at no cost #otalk

a month ago

**OTalk** @OTalk\_

The pilot study can be a very important part of the research process so thanks you to everyone for your contributions; it is great to have learnt so much this evening and have some reading to do to learn some more #OTalk

a month ago

**OTEmmaS** @emmaspellmanOT

PhD supervisors rock @preston\_jenny hugely grateful for time and support, hard job #OTalk

a month ago

**Alex Smith** @YmchwilStroc

@LynneGoodacre Definately! I find these tend to be more qualitative, focus group type explorations as opposed to statistical analyses of construct validity etc. Would be interested if you have contrary examples #OTalk

a month ago

**Dr Jenny Preston MBE** @preston\_jenny

Can't argue with that @YmchwilStroc. Sounds like you have been successful with your finding bid. Congratulations #OTalk @NikkiDanielsOT

a month ago

**Dr Lynne Goodacre** @LynneGoodacre

thanks also to @NikkiDanielsOT and @preston\_jenny for making us think at this time of night! #otalk

a month ago

**Angelyn Easton** @AngelynJEaston

@OTalk\_ Thanks all this was really interesting to follow! #OTalk

a month ago

**OTalk** @OTalk\_

That's it folks! Please do keep chatting. Thank you very much to @preston\_jenny for leading with tonight's questions. Goodbye from @NikkiDanielsOT on the #otalk account

a month ago

**Ellen Chisman** @EllenChisman

Thank you to the hosts and to everyone for sharing your thoughts and experiences. Good discussion! #otalk

a month ago



**Dr Jenny Preston MBE** @preston\_jenny

a month ago

It's a brilliant job! I learn so much from my PhD students and I'm always so proud of their achievements #OTalk  
@NikkiDanielsOT



**Theresa Travis** @s9tmt

a month ago

RT @preston\_jenny: I think that is a very real risk @hooper\_ek and such a pity #OTalk @NikkiDanielsOT  
<https://t.co/0wEtPhSPqo>



**OTalk** @OTalk\_

a month ago

@EllenChisman Thank you for joining us #Otalk



**Dr Lynne Goodacre** @LynneGoodacre

a month ago

can't think of any contrary examples at the moment @YmchwilStroc certainly qual but when I've done this it's been more 1:1 than focus groups #Otalk



**Claire Murphy** @Incredhead

a month ago

@hooper\_ek @NikkiDanielsOT @preston\_jenny Also in clinical settings the learning from pilot studies is not shared more widely so other services do not have the opportunity to learn from the pilot or develop a larger study. Or the report never even gets written up! #otalk (May or may not be talking from experience!!)

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