

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, January 29th 2019, 8:00PM – Tue, January 29th 2019, 9:05PM (Europe/London).

See #OTalk Influencers/Analytics.



OTemmaS @emmaspellmanOT

a month ago

Good evening at #OTalk thank you so much for joining us and welcome. This is my first host, I'm super nervous but also really looking forward to the chat. <https://t.co/1QDu46eJiW>



OTalk @OTalk_

a month ago

@emmaspellmanOT Wouldn't be the same without you 😊 #OTalk



OTemmaS @emmaspellmanOT

a month ago

RT @OTalk_: ... and don't forget the #OTalk hashtag 😊 <https://t.co/leim0GBjpk>



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

Hello peeps! #otalk



Minh Tran @otramblings

a month ago

@OTalk_ Darnit forgot the #otalk



OTalk @OTalk_

a month ago

@otramblings We look forward to seeing her! 🙌 #OTalk



Student Platform OT @SPOTEurope

a month ago

RT @OTalk_: Tonight's #OTalk chat! 8pm! <https://t.co/gjwPgy2ZPq>



OTemmaS @emmaspellmanOT

a month ago

Just to say before we begin I'm not going to respond in detail to the chat tonight on @OTalk as I don't want to 'lead' the chat – just in case I can use some/all the transcript as data #OTalk



Catherine McNulty @cathymc9781

a month ago

RT @OTBeLY: Join in the #OTalk discussion tonight with our very own @emmaspellmanOT considering the drivers and barriers in the transition...



Becky Cooper @beckycooper___

a month ago

Although having trouble following the #otalk hash tag 😞 the tweets are not being displayed for some reason on my screen!



sherlyn graham @sherlynmelody

a month ago

I'm here lurking #OTalk



OTalk @OTalk_

a month ago

Tonight's chat is hosted by @emmaspellmanOT, with @colourful_ot here on the #OTalk account (and looking forward to seeing what useful tips for students I can pick up!)



OTemmaS @emmaspellmanOT

a month ago

One final pre-flight check @OTalk Please consider letting me analyse your anonymised tweets from tonight's chat in my pilot study for doctorate? My email - emma.spellman@cumbria.ac.uk please see blog on OTalk website for participation sheet and consent form #OTalk



#Hellomynameis Sarah @SLawsonOT
Evening #otalk

a month ago



OTemmaS @emmaspellmanOT
RT @OTalk_: Tonight's chat is hosted by @emmaspellmanOT, with @colourful_ot here on the #OTalk account (and looking forward to seeing what...

a month ago



Becky Cooper @beckycooper____
@BillWongOT Oh no!! Can you shed any light @OTalk_ #OTalk

a month ago



OTemmaS @emmaspellmanOT
Ok, shall we begin @OTalk_ #OTalk?

a month ago



#Hellomynameis Sarah @SLawsonOT
RT @emmaspellmanOT: One final pre-flight check @OTalk Please consider letting me analyse your anonymised tweets from tonight's chat in my...

a month ago



OTalk @OTalk_
RT @emmaspellmanOT: One final pre-flight check @OTalk Please consider letting me analyse your anonymised tweets from tonight's chat in my...

a month ago



OTalk @OTalk_
@emmaspellmanOT Go ahead! :) #OTalk

a month ago



OTemmaS @emmaspellmanOT
deep breath @emmaspellmanOT ... Q1: What does being 'prepared for practice' mean to you please #OTalk?

a month ago



Bill Wong, OTD, OTR/L @BillWongOT
Can we hold up any discussions at this point? #otalk tweets are not showing up for people who are trying to follow the hashtag.

a month ago



deb_OT @dmay_ot
Evening #otalk. Twitter feed and ability to type both failing me tonight but I'm hoping to learn top tips before I graduate in the summer!

a month ago



Minh Tran @otramblings
RT @OTalk_: Tonight's #OTalk chat! 8pm! <https://t.co/gjwPgy2ZPq>

a month ago



OTalk @OTalk_
@SLawsonOT Hello! #OTalk

a month ago



sherlyn graham @sherlynmelody
I'm having a hard time following tonight. My page does not seem to be refreshing the latest post I can see is about an hour ago 🙄 #OTalk

a month ago



OTLovingLife @carspring27
@emmaspellmanOT @OTalk_ @otalk Good evening #OTalk

a month ago


















sherlyn graham @sherlynmelody
@BillWongOT #otalk yeah it's not working 🙄

a month ago



#Hellomynameis Sarah @SLawsonOT
@dmay_ot I am having awful problems with following #otalk the feed won't load 😞

a month ago

-
-  **Kwaku Agyemang** @KwakuOT a month ago
I Suppose It Means The Student Reigns Being Cut Off To Allow You To Mate Your Own Clinical Judgement And All The Skills Associated With That. #OTalk
-
-  **OTalk** @OTalk_ a month ago
Question 1! #OTalk
-
-  **Erin Cullen** @ErinOTstudent a month ago
@emmaspellmanOT @otalk Can we submit the consent form retrospectively? #otalk
-
-  **Freya Sledding** @SleddingFreya a month ago
RT @OTalk_: Question 1! #OTalk <https://t.co/aeEPi8EMtN>
-
-  **OTemmaS** @emmaspellmanOT a month ago
For sure, no rush #OTalk 🙋
-
-  **OTLovingLife** @carspring27 a month ago
@OTalk_ #OTalk looking forward to discussion tonight
-
-  **#Hellomynnameis Sarah** @SLawsonOT a month ago
@dmay_ot The feed is not working on my computer, tablet or phone - very weird #otalk
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
@emmaspellmanOT Can complete all necessary tasks of an entry level qualified OT practitioner can do, have sound clinical reasoning, can adjust to the flow of the current work setting. #otalk
-
-  **OTemmaS** @emmaspellmanOT a month ago
RT @BillWongOT: @emmaspellmanOT Can complete all necessary tasks of an entry level qualified OT practitioner can do, have sound clinical re...
-
-  **OTalk** @OTalk_ a month ago
@SLawsonOT @dmay_ot Not just you! The most recent Tweet I can see is my 15 minute warning... might have to get IT support involved? 😊 @GeekyOT #OTalk
-
-  **OTalk** @OTalk_ a month ago
RT @BillWongOT: @emmaspellmanOT Can complete all necessary tasks of an entry level qualified OT practitioner can do, have sound clinical re...
-
-  **#Hellomynnameis Sarah** @SLawsonOT a month ago
@emmaspellmanOT so sorry Emma, the feed for #otalk doesn't seem to be working and I can't follow the chat. Will try to catch up later
-
-  **Ciara Ross** @o_neill91 a month ago
@OTalk_ The perceived lack of support (through uni we have mentors, lecturers, and practice educators) that all of a sudden stops and expectation that as a NQ OT you will just hit the ground running with a caseload.. #OTalk
-
-  **sherlyn graham** @sherlynmelody a month ago
#otalk more moving and handling practice & functional assessments would have been good to prepare me. However I think it would be so difficult to be prepared if you don't know where you will end up.
-
-  **OTemmaS** @emmaspellmanOT a month ago
its a tricky one, there are various suggestions in the current literature but thank you for your insights so far #OTalk
-
- deb_OT** @dmay_ot a month ago



@OTalk_ @SLawsonOT @GeekyOT If I filter to #otalk its about 25 mins behind. I'm getting some stuff through my standard feed but very little.



Paula Dring @paula_dring

a month ago

RT @OTalk_: 15 minute warning for #OTalk! Who's joining us tonight? 😊



OTalk @OTalk_

a month ago

@o_neill91 Great insight! I think barriers are going to be question 4 in tonight's chat so you're way ahead of us! 😊
#OTalk



Hannah Kay @HannahKayOT

a month ago

Oooh I'm hovering on #OTalk tonight as I'm just about to start my first ever band 5 #OT role. Looking forward to introducing myself as 'Hi I'm Hannah your occupational therapist' not 'Hi I'm Hannah a student occupational therapist' (it's the small things in life) 😊😎



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @o_neill91: @OTalk_ The perceived lack of support (through uni we have mentors, lecturers, and practice educators) that all of a sudden s...



Becky Cooper @beckycooper___

a month ago

@emmaspellmanOT Being able to draw on all relevant (personal and professional) experience to practice within a certain role.. Also to continue to be prepared- prepared to listen, learn, engage with supervision/preceptorship, supervise, teach and so much more #OTalk



deb_OT @dmay_ot

a month ago

RT @BillWongOT: @emmaspellmanOT Can complete all necessary tasks of an entry level qualified OT practitioner can do, have sound clinical re...



OTEmmaS @emmaspellmanOT

a month ago

Q2: Who do you think is involved in preparing students to be able to practice and please give an example if you can #OTalk?



deb_OT @dmay_ot

a month ago

But what are the "necessary tasks of a entry level OT practitioner? #otalk



OTalk @OTalk_

a month ago

@dmay_ot @SLawsonOT @GeekyOT Frustrating! I'll do my best to find everyone's Tweets and retweet them - as long as it catches up eventually they should all be in the transcript afterwards #OTalk



Varsha @VarshaChauhan24

a month ago

Just my thoughts! Drivers: enthusiasm, fresh and up-to-date knowledge, fresh eyes, eager to change systems, Keenness, supervision, reflection Barriers: lacking confidence, worrying not knowing everything (that's okay no one does), being unable to express their thoughts #OTalk



OTEmmaS @emmaspellmanOT

a month ago

thank you @beckycooper___ for thast contribution #OTalk 😊😊



Vicky Swift @VickySwift16

a month ago

@emmaspellmanOT Watching this with interest as I feel the closer I get to qualifying, the more I become conscious of how much I have to learn #finalyear #OTalk #OT #occupationaltherapy



OTEmmaS @emmaspellmanOT

a month ago

RT @beckycooper___: @emmaspellmanOT Being able to draw on all relevant (personal and professional) experience to practice within a certain...

**OTalk @OTalk_**

a month ago

RT @beckycooper___: @emmaspellmanOT Being able to draw on all relevant (personal and professional) experience to practice within a certain...

**Lauren @Lauren_OT**

a month ago

@emmaspellmanOT I suppose being able to demonstrate the necessary skills, knowledge and qualities that are required of a Band 5 OT, but also having an awareness that the learning doesn't stop when you finish uni and the best preparation for practice is in your first job. #OTalk

**Becky Cooper @beckycooper___**

a month ago

@emmaspellmanOT Although I do wonder as a newly qualified how truly prepared you can be.. with the breadth of the OT role its impossible for everything to be taught and learnt. But then I guess that's part of preparing for practice- finding out about the role before starting/research #OTalk

**OTemmaS @emmaspellmanOT**

a month ago

@VickySwift16 it will be good to reflect on your journey so far @VickySwift16 what has been challenging to your being prepared to qualify and what has really helped #OTalk

**OTemmaS @emmaspellmanOT**

a month ago

RT @VickySwift16: @emmaspellmanOT Watching this with interest as I feel the closer I get to qualifying, the more I become conscious of how...

**Bill Wong, OTD, OTR/L @BillWongOT**

a month ago

@dmay_ot Can perform treatments and evaluations independently (unless it is something that requires supervision for certification requirements), can document what went on during treatments independently. #otalk

**sherlyn graham @sherlynmelody**

a month ago

@emmaspellmanOT #otalk my practice educator from my hospital placement was a great support during and after my placement. She helped prepare me, she even helped with my application for work.

**Sarah Blakeburn @blakeburn_sarah**

a month ago

@OTalk_ #OTalk as much in the field experience as possible! Protected preceptorship programs. OT apprenticeship program also sounds very promising in my opinion

**Josie @Pheenie_90**

a month ago

@emmaspellmanOT Having sound "core OT skills" that underpin our practice in any setting! #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

a month ago

#otalk

**OTemmaS @emmaspellmanOT**

a month ago

@sherlynmelody Anything else to add to that interesting tweet #OTalk please?

**sherlyn graham @sherlynmelody**

a month ago

@VickySwift16 @emmaspellmanOT #otalk have you started looking for work? Do you know what setting you would like to be in?

**OTemmaS @emmaspellmanOT**


a month ago


RT @beckycooper___: @emmaspellmanOT Although I do wonder as a newly qualified how truly prepared you can be.. with the breadth of the OT ro...


**OTemmaS @emmaspellmanOT**


a month ago


RT @Lauren_OT: @emmaspellmanOT I suppose being able to demonstrate the necessary skills, knowledge and qualities that are required of a Ban...


 **Lisa Johns** @LisaJJohns a month ago
 @emmaspellmanOT #OTalk I think of training as a car MOT or service. All the basics are covered but experience and learning comes from working in practice. Developing knowledge in particular areas and expanding on real life application of theory and evidence.


 **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
 RT @beckycooper___: @emmaspellmanOT Being able to draw on all relevant (personal and professional) experience to practice within a certain...


 **OTalk** @OTalk_ a month ago
 Question 2! Hope the technical difficulties aren't making it too difficult for everyone to keep up with the chat - if you include the @OTalk_ tag as well as the #OTalk it'll guarantee we get to see everyone's Tweets even if the hashtag's not working!


 **OTemmaS** @emmaspellmanOT a month ago
 RT @LisaJJohns: @emmaspellmanOT #OTalk I think of training as a car MOT or service. All the basics are covered but experience and learning...


 **Becky Cooper** @beckycooper___ a month ago
 @Abbyg0125 @OTalk_ I find this response reassuring- I'm in 2nd year and do wonder about being fully prepared. It's great to know the OT theory and transferrable skills provide a base for being prepared! #OTalk


 **OTemmaS** @emmaspellmanOT a month ago
 RT @OTalk_: Question 2! Hope the technical difficulties aren't making it too difficult for everyone to keep up with the chat - if you inclu...


 **Ciara Ross** @o_neill91 a month ago
 @BillWongOT @OTalk_ @emmaspellmanOT Being able to follow the OT process competently with sound clinical reasoning for treatment planning, with the current level of supervision and support. NQ OTs shouldn't be expected to know it all we all started somewhere. #OTalk


 **RCOT_PLD** @RCOT_PLD a month ago
 RT @OTalk_: 15 minute warning for #OTalk! Who's joining us tonight? 😊

 **Sarah Blakeburn** @blakeburn_sarah a month ago
 RT @OTalk_: Question 2! Hope the technical difficulties aren't making it too difficult for everyone to keep up with the chat - if you inclu...

 **Minh Tran** @otramblings a month ago
 @emmaspellmanOT #OTalk As a new practitioner, I naively believed having an ot degree under my belt was all I needed to practice. As an experienced practitioner, 'prepared' now means the degree plus knowing about the organisation, clinical specialty and up to date EBP

 **sherlyn graham** @sherlynmelody a month ago
 @emmaspellmanOT #otalk one of the 1st things she did was try to understand my learning style. She took me through the OT process. She showed me how to apply theory to practice, in a Nhs setting. Something I struggled with in ACS setting!

 **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
 @emmaspellmanOT As a clinical educator for my 1 week placements, I give students plenty of time to ask me questions about what they will face in future placements and eventually in practice. #otalk

 **Amie Jayne** @Amie_OT a month ago
 @OTalk_ I don't truly think anything can prepare you for practice. I thought i was prepared, I did all my research, brought a diary, organised myself and then spent the first 3 months feeling like a fish out of water #otalk

**Abi Edwards** @AbiEdwards7

a month ago

@OTalk_ @OTalk #OTalk Practice educators and completion of a range of placements extending skills and competence, university lecturers and personal tutors through education and discussion.

**Erin Cullen** @ErinOTstudent

a month ago

@beckycooper___ @emmaspellmanOT I really feel this! I also feel that for me 'preparedness for practice' (as a student and once I do qualify) is a lot about trying to tolerate just being able to learn and not expect perfection. (This is ongoing work) #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @BillWongOT: @emmaspellmanOT As a clinical educator for my 1 week placements, I give students plenty of time to ask me questions about w...

**Lauren** @Lauren_OT

a month ago

@emmaspellmanOT Universities. Placement Educators. Students themselves. #OTalk @OTalk_

**OTemmaS** @emmaspellmanOT

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk one of the 1st things she did was try to understand my learning style. She took me through the OT...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@emmaspellmanOT And now in academia, I need to tell stories about what students may expect before they start their first placements. #otalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @otramblings: @emmaspellmanOT #OTalk As a new practitioner, I naively believed having an ot degree under my belt was all I needed to pra...

**OTemmaS** @emmaspellmanOT

a month ago

RT @o_neill91: @BillWongOT @OTalk_ @emmaspellmanOT Being able to follow the OT process competently with sound clinical reasoning for treatm...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @o_neill91: @BillWongOT @OTalk_ @emmaspellmanOT Being able to follow the OT process competently with sound clinical reasoning for treatm...

**sherlyn graham** @sherlynmelody

a month ago

@carspring27 @OTalk_ @BillWongOT @emmaspellmanOT #otalk yes I found that too. You go out into the community and people call you the #expert #scarytimes 🙄

**OTalk** @OTalk_

a month ago

RT @BillWongOT: @emmaspellmanOT As a clinical educator for my 1 week placements, I give students plenty of time to ask me questions about w...

**OTemmaS** @emmaspellmanOT

a month ago

RT @BillWongOT: @emmaspellmanOT And now in academia, I need to tell stories about what students may expect before they start their first pl...

**OTemmaS** @emmaspellmanOT

a month ago

RT @Lauren_OT: @emmaspellmanOT Universities. Placement Educators. Students themselves. #OTalk @OTalk_

**SueOT@T2O** @therapy2optimum

a month ago

#OTalk preparedness to practice could apply to all patient-facing situations. Do I have the skills to manage this? Have I prepared myself?

**Becky Cooper** @beckycooper____

a month ago

@emmaspellmanOT Students! I think utilising our conscious incompetence can support us to find gaps in our knowledge in order to approach our support network (practice educator's, tutors, work colleagues, etc) for guidance #OTalk @OTalk_

**SuzyorkOT** @SuzyorkOT

a month ago

@emmaspellmanOT Def agree, I found acute placements fantastic at giving you in-depth knowledge and skills, even tho not the area I'm now working. Educators were really excellent as we're fellow OTs in advice and support #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @ErinOTstudent: @beckycooper____ @emmaspellmanOT I really feel this! I also feel that for me 'preparedness for practice' (as a student a...

**OTemmaS** @emmaspellmanOT

a month ago

RT @SuzyorkOT: @emmaspellmanOT Def agree, I found acute placements fantastic at giving you in-depth knowledge and skills, even tho not the...

**OTemmaS** @emmaspellmanOT

a month ago

RT @beckycooper____: @emmaspellmanOT Students! I think utilising our conscious incompetence can support us to find gaps in our knowledge in...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@o_neill91 @OTalk_ @emmaspellmanOT I agree- NQ occupational therapy practitioners should be proactively asking questions! They are not expected to be spoon fed with info, though. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @sherlynmelody: @carspring27 @OTalk_ @BillWongOT @emmaspellmanOT #otalk yes I found that too. You go out into the community and people c...

**Varsha** @VarshaChauhan24

a month ago

@emmaspellmanOT Being able to meet core competencies as an occupational therapist #OTalk

**OTalk** @OTalk_

a month ago

RT @beckycooper____: @emmaspellmanOT Students! I think utilising our conscious incompetence can support us to find gaps in our knowledge in...

**Becky Cooper** @beckycooper____

a month ago

@ErinOTstudent @emmaspellmanOT Absolutely agreed! And managing expectations of self can be quite difficult!! #OTalk @OTalk_

**Ciara Ross** @o_neill91

a month ago

@emmaspellmanOT Peers, practice educators and other staff when we on placements, mentors, lecturers. Everyone has valuable knowledge and skills to share. Working with OT assistants on placements was unbelievably helpful for me when I was a student! #OTalk

**sherlyn graham** @sherlynmelody

a month ago

@beckycooper____ #otalk I'm finding the same problem. It's really frustrating 🙄

**OTemmaS** @emmaspellmanOT

a month ago

RT @VarshaChauhan24: @emmaspellmanOT Being able to meet core competencies as an occupational therapist #OTalk

**Amie Jayne** @Amie_OT

a month ago

@OTalk_ As much as lecturers etc can help to prepare you i think its vital to talk to other newly qualified ots, even just for a bit of reassurance and honesty, it's a challenging transition but you're not alone #otalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @BillWongOT: @o_neill91 @OTalk_ @emmaspellmanOT I agree- NQ occupational therapy practitioners should be proactively asking questions! T...

**Erin Cullen** @ErinOTstudent

a month ago

@Amie_OT @OTalk_ This is what pretty much everyone tells you when you're a student! #otalk

**OTalk** @OTalk_

a month ago

RT @Amie_OT: @OTalk_ As much as lecturers etc can help to prepare you i think its vital to talk to other newly qualified ots, even just fo...

**sherlyn graham** @sherlynmelody

a month ago

@dmay_ot #otalk you are not alone 🙌

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@sherlynmelody @carspring27 @OTalk_ @emmaspellmanOT At least you are not like me yet... imagine doing 2 TEDx talks before your 5th year of practice... lol! #otalk

**OTalk** @OTalk_

a month ago

RT @o_neill91: @emmaspellmanOT Peers, practice educators and other staff when we on placements, mentors, lecturers. Everyone has valuable k...

**OTemmaS** @emmaspellmanOT

a month ago

RT @o_neill91: @emmaspellmanOT Peers, practice educators and other staff when we on placements, mentors, lecturers. Everyone has valuable k...

**OTemmaS** @emmaspellmanOT

a month ago

RT @beckycooper___: @ErinOTstudent @emmaspellmanOT Absolutely agreed! And managing expectations of self can be quite difficult!! #OTalk @OT...

**Erin Cullen** @ErinOTstudent

a month ago

@beckycooper___ @emmaspellmanOT @OTalk_ Very much so! #otalk

**sherlyn graham** @sherlynmelody

a month ago

@OTalk_ #otalk @otalk I'll give it a go 😊

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @o_neill91: @emmaspellmanOT Peers, practice educators and other staff when we on placements, mentors, lecturers. Everyone has valuable k...

**Amie Jayne** @Amie_OT

a month ago

@ErinOTstudent @OTalk_ I heard iy myself but it wasn't until I experienced it first hand that I actually believed it #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @Amie_OT: @OTalk_ As much as lecturers etc can help to prepare you i think its vital to talk to other newly qualified ots, even just fo...

**Becky Cooper** @beckycooper___

a month ago

@sherlynmelody Definitely testing my IT capabilities tonight! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@Amie_OT @OTalk_ And if you are students with disabilities, finding somebody who understands what you are going through is HUGE! #otalk



Amie Jayne @Amie_OT
@BillWongOT @OTalk_ 100%!!!! #otalk

a month ago



OTAmazing @OTAmazing
RT @emmaspellmanOT: deep breath @emmaspellmanOT ... Q1: What does being 'prepared for practice' mean to you please #OTalk?

a month ago



Hiral Khatri, OTD,OT @DrHiralKhatri
Same thing is happening with me as well. #otalk

a month ago



sherlyn graham @sherlynmelody
@otrblings @emmaspellmanOT #otalk ¹⁰⁰

a month ago



Bill Wong, OTD, OTR/L @BillWongOT
@Amie_OT @OTalk_ A year before I qualified, finding a qualified OT with autism was huge reassurance thing for me. That was the concrete visually I needed that I can become an OT too! #otalk

a month ago



Vicky Swift @VickySwift16
@emmaspellmanOT Darn it, forgot the #OTalk! Whoops sorry 😞

a month ago



OTalk @OTalk_
RT @BillWongOT: @Amie_OT @OTalk_ And if you are students with disabilities, finding somebody who understands what you are going through is...

a month ago



OTemmaS @emmaspellmanOT
next question you amazing OTs, loving this #OTalk chat @OTalk, are you ready?

a month ago



Toks Odutayo @TokunboTweetz
@emmaspellmanOT Practice educators! Students should be given a lot more autonomy as the level of responsibility once you qualify can be a bit of a shock to the system 🤔 @OTalk_ #otalk

a month ago



Bill Wong, OTD, OTR/L @BillWongOT
@JacquiG47 @carspring27 @OTalk_ @emmaspellmanOT Well- try being the only occupational therapist at a 200+ bed facility... even though you also have occupational therapy assistants on the team treating patients on OT caseload. #otalk

a month ago



Ciara Ross @o_neill91
@carspring27 @OTalk_ Having worked with a few people who have studied this way it doesn't seem to be as huge a transition. However, some of them have said the expectation and pressure they feel is greater as they already have a working knowledge of the clinical environment. #OTalk

a month ago



Amie Jayne @Amie_OT
@OTalk_ I hope that as a first time educator last year I helped my student to feel more relaxed about graduating. We are still in contact as I hope she would feel she could get in touch at any time if she needed it #otalk

a month ago



OTemmaS @emmaspellmanOT
RT @BillWongOT: @JacquiG47 @carspring27 @OTalk_ @emmaspellmanOT Well- try being the only occupational therapist at a 200+ bed facility... e...

a month ago



OTemmaS @emmaspellmanOT
RT @TokunboTweetz: @emmaspellmanOT Practice educators! Students should be given a lot more autonomy as the level of responsibility once you...

a month ago



Vicky Swift @VickySwift16
@sherlynmelody @emmaspellmanOT Not quite yet - I'm hovering on job sites anxiously! Very open minded about what area - have loved it all so far! #OTalk #OT

a month ago

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @beckycooper___: @emmaspellmanOT Students! I think utilising our conscious incompetence can support us to find gaps in our knowledge in...

**OTalk** @OTalk_

a month ago

RT @TokunboTweetz: @emmaspellmanOT Practice educators! Students should be given a lot more autonomy as the level of responsibility once you...

**Varsha** @VarshaChauhan24

a month ago

#OTalk

**OTemmaS** @emmaspellmanOT

a month ago

Q3: How you have successfully achieved preparedness for practice as a student or how you might have helped a student achieve this please? #OTalk?

**Erin Cullen** @ErinOTstudent

a month ago

@emmaspellmanOT I've found it useful when university lecturers have drawn attention to the way our skills /knowledge are transferable, and when specialist visiting lecturers from full-time clinical practice and recent graduates come to teach #otalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @VickySwift16: @sherlynmelody @emmaspellmanOT Not quite yet - I'm hovering on job sites anxiously! Very open minded about what area - ha...

**OTalk** @OTalk_

a month ago

Great responses to Q.2 - seems like lots of useful information for both students & practice educators to take away from tonight #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @TokunboTweetz: @emmaspellmanOT Practice educators! Students should be given a lot more autonomy as the level of responsibility once you...

**OTalk** @OTalk_

a month ago

RT @emmaspellmanOT: Q3: How you have successfully achieved preparedness for practice as a student or how you might have helped a student ac...

**Becky Cooper** @beckycooper___

a month ago

@TokunboTweetz @emmaspellmanOT @OTalk_ This is interesting and reiterates how much placements and your experience can differ based purely on the Practice Educator #OTalk How was your experience?

**Amie Jayne** @Amie_OT

a month ago

@Abbyg0125 @OTalk_ It took me a week or two in my first role to 'get over' the pressure i was putting on myself to be 'perfect'. It was only when I asked questions that I started to learn #otalk

**Jade Hearson** @JadeH_OT

a month ago

@OTalk_ hello! Just joining now! #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@TokunboTweetz @OTalk_ @emmaspellmanOT I actually do that sometimes with my one weekers. If they are competent, I will give them my entire day's schedule and I will give them appropriate level of supervision. Then, we will debrief what went well and what didn't. #otalk

Amie Jayne @Amie_OT

a month ago

@emmaspellmanOT @OTalk_ I hope that by openly discussing how I found the transition from student to professional I



helped my student feel less alone and mpre comforted #otalk



OTalk @OTalk_

a month ago

RT @Amie_OT: @emmaspellmanOT @OTalk_ I hope that by openly discussing how I found the transition from student to professional I helped my s...



OTalk @OTalk_

a month ago

RT @Amie_OT: @Abbyg0125 @OTalk_ It took me a week or two in my first role to 'get over' the pressure i was putting on myself to be 'perfect'...



Claudia Salmon @yumteayum

a month ago

@VickySwift16 @emmaspellmanOT Believe me but I say the same thing everyday 8 years post qualification. It's a life long learning 😊 #OTalk



OTEmmaS @emmaspellmanOT

a month ago

@ErinOTstudent oooooooooohhhh that's got my interest @ErinOTstudent #OTalk @OTalk



OTEmmaS @emmaspellmanOT

a month ago

RT @ErinOTstudent: @emmaspellmanOT I've found it useful when university lecturers have drawn attention to the way our skills /knowledge are...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

@emmaspellmanOT @OTalk_ I remembered when I did my hand therapy placement. The month before I posted on Facebook on what I needed to prepare for it. A day later, I got a textbook and looked up things on Pinterest. That was very helpful. #otalk



OTEmmaS @emmaspellmanOT

a month ago

RT @beckycooper_: @TokunboTweetz @emmaspellmanOT @OTalk_ This is interesting and reiterates how much placements and your experience can d...



OTEmmaS @emmaspellmanOT

a month ago

RT @yumteayum: @VickySwift16 @emmaspellmanOT Believe me but I say the same thing everyday 8 years post qualification. It's a life long lea...



OTalk @OTalk_

a month ago

RT @BillWongOT: @emmaspellmanOT @OTalk_ I remembered when I did my hand therapy placement. The month before I posted on Facebook on what I...



Ciara Ross @o_neill91

a month ago

@BillWongOT @OTalk_ @emmaspellmanOT Definitely agree. Appropriate questions and appropriate answers is key to a good transition period. #OTalk



OTEmmaS @emmaspellmanOT

a month ago

RT @BillWongOT: @emmaspellmanOT @OTalk_ I remembered when I did my hand therapy placement. The month before I posted on Facebook on what I...



Varsha @VarshaChauhan24

a month ago

Be realistic of the current pressures of your service and keep core OT values at heart. It's not always possible to achieve everything you would like to but as long as you keep working towards that, it makes it worthwhile! #OTalk



Sophie Heywood @SophieHeywood29

a month ago

@Amie_OT @OTalk_ I agree Amie @emmaspellmanOT arranged for two newly qualified OT's to talk about their experiences and CPD @OTCumbria Which was extremely useful. Made the transition less daunting! #OTalk @OTalk_

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@JacquiG47 @carspring27 @OTalk_ @emmaspellmanOT Sometimes the state of business (at least in US)... you might be forced to be in such a situation. So it is important to know what you are walking into with your job interview. #otalk

**sherlyn graham** @sherlynmelody

a month ago

@emmaspellmanOT #otalk @otalk Provide then with a good induction process written by OT's rather than another profession. Breaking down the OT process & supporting the student/NQOT to fit it to that specific setting. Explanation of report writing expected 4 that setting. Good hands on experience

**Tols Odutayo** @TokunboTweetz

a month ago

@beckycooper___ @emmaspellmanOT @OTalk_ All my educators were amazing but realised how much I was sheltered and protected as a student. Once qualified, you don't have the 'student' title as a defence mechanism #otalk

**OTemmaS** @emmaspellmanOT

a month ago

@Amie_OT @OTalk_ fantastic! @Aimie_OT #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @Amie_OT: @emmaspellmanOT @OTalk_ I hope that by openly discussing how I found the transition from student to professional I helped my s...

**Zaytun** @Zaytun_D

a month ago

@emmaspellmanOT Having placement in different fields. Occupational Therapists are able to promote independence in different ways and as students being able to have the opportunity to experience the role of an OT in several different setting is important before being qualified. #OTalk

**Sophie Heywood** @SophieHeywood29

a month ago

RT @Amie_OT: @Abbyg0125 @OTalk_ It took me a week or two in my first role to 'get over' the pressure i was putting on myself to be 'perfect'...

**OTemmaS** @emmaspellmanOT

a month ago

#OTalk community - you on fire tonight, wonderful chat!

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

#otalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @Zaytun_D: @emmaspellmanOT Having placement in different fields. Occupational Therapists are able to promote independence in different w...

**sherlyn graham** @sherlynmelody

a month ago

@VickySwift16 @emmaspellmanOT #otalk @otalk I was the same. I struggled applying theory to practice. Didn't understand how the OT role fitting within my setting.

**OTemmaS** @emmaspellmanOT

a month ago

RT @TokunboTweetz: @beckycooper___ @emmaspellmanOT @OTalk_ All my educators were amazing but realised how much I was sheltered and protecte...

**OTemmaS** @emmaspellmanOT

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk @otalk Provide then with a good induction process written by OT's rather than another profession....

**OTemmaS** @emmaspellmanOT

a month ago

RT @BillWongOT: @JacquiG47 @carspring27 @OTalk_ @emmaspellmanOT Sometimes the state of business (at least in US)... you might be forced to...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @Zaytun_D: @emmaspellmanOT Having placement in different fields. Occupational Therapists are able to promote independence in different w...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @TokunboTweetz: @beckycooper___ @emmaspellmanOT @OTalk_ All my educators were amazing but realised how much I was sheltered and protecte...

**Amie Jayne** @Amie_OT

a month ago

@emmaspellmanOT @OTalk_ I feel it's important to talk about the transition as it's HUGE and I don't feel like its talked about enough. Hopefully the more we talk the more students will feel like they are not alone, we all start in the same position #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

@SophieHeywood29 @Amie_OT @OTalk_ @OTCumbria ah shucks, it was a pleasure 😊 @SophieHeywood29 #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @SophieHeywood29: @Amie_OT @OTalk_ I agree Amie @emmaspellmanOT arranged for two newly qualified OT's to talk about their experiences an...

**OTemmaS** @emmaspellmanOT

a month ago

RT @Amie_OT: @emmaspellmanOT @OTalk_ I feel it's important to talk about the transition as it's HUGE and I don't feel like its talked about...

**Minh Tran** @otramblings

a month ago

@emmaspellmanOT @OTalk_ #otalk for me, the best way was really learning on the job with a very patient senior. I think if a senior is aware that a newly qualified will be joining, they could help prep before the job starts.

**OTalk** @OTalk_

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk @otalk Provide then with a good induction process written by OT's rather than another profession....

**Amie Jayne** @Amie_OT

a month ago

@SophieHeywood29 @OTalk_ @emmaspellmanOT @OTCumbria We had a group of ex-students come to @UoE_OT to talk, it was invaluable! #otalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @otramblings: @emmaspellmanOT @OTalk_ #otalk for me, the best way was really learning on the job with a very patient senior. I think if...

**Sophie Heywood** @SophieHeywood29

a month ago

RT @emmaspellmanOT: @SophieHeywood29 @Amie_OT @OTalk_ @OTCumbria ah shucks, it was a pleasure 😊 @SophieHeywood29 #OTalk

**Varsha** @VarshaChauhan24

a month ago

@Amie_OT @emmaspellmanOT @OTalk_ It is huge but tools like the preceptorship are really helpful to use! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@TokunboTweetz @beckycooper___ @emmaspellmanOT @OTalk_ In the US... license applicant is the last line of defense after student phase is over. But it can only be used one time until you take the licensing test for the first time. If you fail, though, you can't apply for that again. You can't be a practitioner until you pass. #otalk

**Sophie Heywood** @SophieHeywood29

a month ago

RT @Amie_OT: @SophieHeywood29 @OTalk_ @emmaspellmanOT @OTCumbria We had a group of ex-students come to @UoE_OT to talk, it was invaluable!...

**sherlyn graham** @sherlynmelody

a month ago

@TokunboTweetz @beckycooper___ @emmaspellmanOT @OTalk_ #otalk @otalk mine was amazing too. She pushed me, not uncomfortably but she recognised my lack of confidence & supported me through it. By the end of my placement I was on my own and very confident too.

**Becky Cooper** @beckycooper___

a month ago

@emmaspellmanOT In a student capacity, I've always met with my educator prior to placement to understand the service and to ascertain what preparation I can do- reading, etc. Also a discussion regarding what is expected of student to gauge what input and autonomy I will have on placement #OTalk

**OTalk** @OTalk_

a month ago

RT @otramblings: @emmaspellmanOT @OTalk_ #otalk for me, the best way was really learning on the job with a very patient senior. I think if...

**Ciara Ross** @o_neill91

a month ago

@emmaspellmanOT @OTalk_ As an educator I encourage students to take the lead in sessions/planning, sometimes a little out of their comfort zone, and I act as a non judgemental observer, giving honest feedback in a safe supportive environment where they can seek help if needed #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@Amie_OT @SophieHeywood29 @OTalk_ @emmaspellmanOT @OTCumbria @UoE_OT And don't underestimate #otalk too!

**OTemmaS** @emmaspellmanOT

a month ago

There have been a lot of tweets within this chat already that are linking in my mind to knowledge I have about this subject already – really fab tweets tonight, we really are a 'being, doing becoming' community #OTalk <https://t.co/k3KbUTVMuB>

**Amie Jayne** @Amie_OT

a month ago

@BillWongOT @SophieHeywood29 @OTalk_ @emmaspellmanOT @OTCumbria @UoE_OT @OTalk_ is a life line :) #otalk

**OTemmaS** @emmaspellmanOT

a month ago

It is time for the next question, sitting comfortably #OTalk?

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@otramblings @emmaspellmanOT @OTalk_ In some job climates... if you are locum, you need to be able to learn independently without much support from senior staff. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @Amie_OT: @emmaspellmanOT @OTalk_ I feel it's important to talk about the transition as it's HUGE and I don't feel like its talked about...

**ed sum** @musedNeuroOT

a month ago

@uk_james @mollharrisOT @OTalk_ Had a conversation this evening with an old colleague who is about to qualify... those around her are trying to convince her that the NHS is the only way for her first job #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

oh yah @BillWongOT that's the truth #OTalk!

**Becky Cooper** @beckycooper___

a month ago

@sherlynmelody @TokunboTweetz @emmaspellmanOT @OTalk_ @otalk That's great! I have had brilliant experiences too so far- my last educator really found the perfect balance between supporting and challenging me which I found great! #OTalk @OTalk_

Ciara Ross @o_neill91

a month ago

@carspring27 @sherlynmelody @OTalk_ @emmaspellmanOT @otalk Induction is so important for helping manage



expectations of the NQOT/student and giving clear processes to follow such as referral forms/contact numbers #OTalk



OTEmmaS @emmaspellmanOT

a month ago

RT @o_neill91: @emmaspellmanOT @OTalk_ As an educator I encourage students to take the lead in sessions/planning, sometimes a little out o...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @emmaspellmanOT: oh yah @BillWongOT that's the truth #OTalk! <https://t.co/nCor6S7g7H>



OTEmmaS @emmaspellmanOT

a month ago

RT @beckycooper___: @emmaspellmanOT In a student capacity, I've always met with my educator prior to placement to understand the service an...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @Amie_OT: @BillWongOT @SophieHeywood29 @OTalk_ @emmaspellmanOT @OTCumbria @UoE_OT @OTalk_ is a life line :) #otalk



sherlyn graham @sherlynmelody

a month ago

@carspring27 @OTalk_ @emmaspellmanOT @otalk #otalk @otalk ¹⁰⁰



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @o_neill91: @carspring27 @sherlynmelody @OTalk_ @emmaspellmanOT @otalk Induction is so important for helping manage expectations of the...



Amie Jayne @Amie_OT

a month ago

@HeyitsjadeJade @OTalk_ @emmaspellmanOT Talking about not putting too much pressure on yourself is so important #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

@o_neill91 @carspring27 @sherlynmelody @OTalk_ @emmaspellmanOT @otalk And even new job changes too! I remembered I probably asked the most specific questions with my new teaching job last week! #otalk



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @beckycooper___: @sherlynmelody @TokunboTweetz @emmaspellmanOT @OTalk_ @otalk That's great! I have had brilliant experiences too so far-...



SuzyorkOT @SuzyorkOT

a month ago

@TokunboTweetz @OTalk_ @emmaspellmanOT Def! I had great 2nd yr placement which by the end of, felt I was an OT. Similarly in 3rd year, was just able to get on with "the job" #OTalk



OTEmmaS @emmaspellmanOT

a month ago

Q4: What key challenges or barriers do you feel there are to a final year occupational therapy student feeling prepared for practice #OTalk?



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @musedNeuroOT: @uk_james @mollharrisOT @OTalk_ Had a conversation this evening with an old colleague who is about to qualify... those ar...



OTEmmaS @emmaspellmanOT

a month ago

RT @Amie_OT: @HeyitsjadeJade @OTalk_ @emmaspellmanOT Talking about not putting too much pressure on yourself is so important #OTalk

Erin Cullen @ErinOTstudent

a month ago

@emmaspellmanOT As third years, I and some of my peers have set up a peer support network as a way of making the



challenges of final year and a conscious attempt to support each other through the transition, help develop professional identities and good habits #OTalk



Becky Cooper @beckycooper____

a month ago

RT @sherlynmelody @TokunboTweetz @emmaspellmanOT @OTalk_ @otalk Which led to me feeling more confident, being more autonomous and comfortable in decision making, offering suggestions and having effective supervisions #OTalk @OTalk_



OTalk @OTalk_

a month ago

RT @o_neill91: @emmaspellmanOT @OTalk_ As an educator I encourage students to take the lead in sessions/planning, sometimes a little out o...



OTEmmaS @emmaspellmanOT

a month ago

RT @ErinOTstudent: @emmaspellmanOT As third years, I and some of my peers have set up a peer support network as a way of making the challen...



Varsha @VarshaChauhan24

a month ago

@emmaspellmanOT #OTalk



Amie Jayne @Amie_OT

a month ago

@emmaspellmanOT Personally I focused so much on "finishing the course" I wasn't always thinking about what happens next! (Dreadful i know) #otalk



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

@Amie_OT @HeyitsjadeJade @OTalk_ @emmaspellmanOT Well- this is something that this OT has been getting worse at! I am doing high wire acts and my balance is like an intense game of Jenga... lol! #otalk



OTEmmaS @emmaspellmanOT

a month ago

RT @beckycooper____: @sherlynmelody @TokunboTweetz @emmaspellmanOT @OTalk_ @otalk Which led to me feeling more confident, being more autonom...



OTEmmaS @emmaspellmanOT

a month ago

RT @SuzyorkOT: @TokunboTweetz @OTalk_ @emmaspellmanOT Def! I had great 2nd yr placement which by the end of, felt I was an OT. Similarly in...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

@emmaspellmanOT I think how each program prepares the student is a bit different. But regardless, it is always good to connect with alumni so that you can know what to expect. #otalk



Roxana Whiteman @RoxanaRoxyfoxy

a month ago

RT @ErinOTstudent: @emmaspellmanOT As third years, I and some of my peers have set up a peer support network as a way of making the challen...



OTEmmaS @emmaspellmanOT

a month ago

@BillWongOT @Amie_OT @HeyitsjadeJade @OTalk_ oh golly @BillWongOT occupational balance neededdon't we all, me especially! #OTalk



Amie Jayne @Amie_OT

a month ago















@HeyitsjadeJade @OTalk_ @emmaspellmanOT Learning that I don't know all the answers was hard but such a relief. I ask questions everyday and I'm learning but each day I'm improving #OTalk



OTEmmaS @emmaspellmanOT

a month ago

RT @BillWongOT: @emmaspellmanOT I think how each program prepares the student is a bit different. But regardless, it is always good to conn...

-  **Hannah Kay** @HannahKayOT a month ago
I start work next week and my supervisor has organised the first three weeks for me which personally for me is such a relief and feels very supportive. I've got forensic induction, group observations, kitchen inductions and then an induction into my new ward etc. #OTalk
-
-  **OTemmaS** @emmaspellmanOT a month ago
Really interesting snippets of stories being shared in this chat #OTalk thank you everyone, getting close to final question
-
-  **OTemmaS** @emmaspellmanOT a month ago
RT @Amie_OT: @HeyitsjadeJade @OTalk_ @emmaspellmanOT Learning that I don't know all the answers was hard but such a relief. I ask questions...
-
-  **Amie Jayne** @Amie_OT a month ago
@emmaspellmanOT @BillWongOT @HeyitsjadeJade @OTalk_ It takes practice to get that balance right, I don't always get it right but I think recognising those times that I need time for myself is important #OTalk
-
-  **OTalk** @OTalk_ a month ago
Second last question and 10 minutes to go until the end of the chat! Hasn't the hour flown by? 😊 #OTalk
-
-  **Zaytun** @Zaytun_D a month ago
@emmaspellmanOT Through supervision whilst on placement. Being able to identify learning needs and discussing with my Educator. This has been a very useful way to improve and gain confidence as a student, whilst being quite nervous about being qualified #otalk
-
-  **Katie** @Katie_Next a month ago
@emmaspellmanOT Being so focused on finishing the course or getting a job, you kind of forget to take the time to really prepare for practice! #OTalk
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
@emmaspellmanOT @Amie_OT @HeyitsjadeJade @OTalk_ When the licensing responsibilities is off my shoulders for TEDx, I will feel a lot better. I am much better team member than as someone having to oversee everything. #otalk
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
@Amie_OT @emmaspellmanOT @HeyitsjadeJade @OTalk_ The only thing I intentionally do weekly is golf. I actually sometimes treat myself to play at some awesome courses when I am away. #otalk
-
-  **OTemmaS** @emmaspellmanOT a month ago
ok you super duper OTs here is the last question from me: Q5: What else could be done to improve preparing students to practice please? #OTalk?
-
-  **OTemmaS** @emmaspellmanOT a month ago
RT @Katie_Next: @emmaspellmanOT Being so focused on finishing the course or getting a job, you kind of forget to take the time to really pr...
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
RT @Katie_Next: @emmaspellmanOT Being so focused on finishing the course or getting a job, you kind of forget to take the time to really pr...
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT a month ago
RT @Zaytun_D: @emmaspellmanOT Through supervision whilst on placement. Being able to identify learning needs and discussing with my Educato...
-
-  **OTemmaS** @emmaspellmanOT a month ago
RT @Zaytun_D: @emmaspellmanOT Through supervision whilst on placement. Being able to identify learning needs and discussing with my Educato...

**Amie Jayne** @Amie_OT

a month ago

@BillWongOT @emmaspellmanOT @HeyitsjadeJade @OTalk_ I've started to needlefelt! #meaningfuloccupations #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@Zaytun_D @emmaspellmanOT I offer that often to my placement students. I always joked that they got 3 placements in one when they are with me! #otalk

**Toks Odutayo** @TokunboTweetz

a month ago

@OTalk_ I say this with caution: but the reality of limited resources and pressures on services. At uni, you're sold the OT dream in reality, it's hard to implement everything you would like to do as a holistic practitioner in practice #otalk @OTalk_

**ed sum** @musedNeuroOT

a month ago

@emmaspellmanOT My last placement was at the end of my course; Educator had paternity leave and then second supervisor changed jobs - I was the only occupational therapy person in the unit - lots of responsibilities and opportunities; educator springboarded my reflective practice #otalk

**OTalk** @OTalk_

a month ago

RT @TokunboTweetz: @OTalk_ I say this with caution: but the reality of limited resources and pressures on services. At uni, you're sold the...

**sherlyn graham** @sherlynmelody

a month ago

@emmaspellmanOT #otalk @otalk ■ be expected to hit the ground running ■ Have knowledge of a variety of conditions ■ know the OT process for your setting ■ be the moving and handling expertthese are some of the challenges I had.

**OTemmaS** @emmaspellmanOT

a month ago

RT @musedNeuroOT: @emmaspellmanOT My last placement was at the end of my course; Educator had paternity leave and then second supervisor ch...

**Zaytun** @Zaytun_D

a month ago

Loving the advice on #otalk. Currently, on placement and have begun applying for jobs, the thought of being a qualified OT is making me anxious. What a great time to tune into the conversation

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@Amie_OT @emmaspellmanOT @HeyitsjadeJade @OTalk_ Haha- for me golf is meaningful because I can't let my math brain go to waste. Although I never studied game theory, but I love this kind of math. Golf is my interactive game theory course. 🤔 #otalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk @otalk ■ be expected to hit the ground running ■ Have knowledge of a variety of conditions ■ know...

**OTalk** @OTalk_

a month ago

Last question! It's been a great chat tonight, Twitter issues aside 😊 #OTalk

**Becky Cooper** @beckycooper____

a month ago

@emmaspellmanOT The biggest challenge is 'the unknown' for me, it's knowing what to prepare for specifically which nobody can know until the time comes! I have an area of OT which I am hoping to pursue but, for now, I feel the focus has to remain with doing the best I can #OTalk @OTalk_

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @Zaytun_D: Loving the advice on #otalk. Currently, on placement and have begun applying for jobs, the thought of being a qualified OT is...

**OTLovingLife** @carspring27

a month ago

@emmaspellmanOT How about encouraging students to consider a career in research? #OTalk @otalk

**Sarah Blackburn** @blakeburn_sarah

a month ago

RT @TokunboTweetz: @OTalk_ I say this with caution: but the reality of limited resources and pressures on services. At uni, you're sold the...

**OTemmaS** @emmaspellmanOT

a month ago

RT @carspring27: @emmaspellmanOT How about encouraging students to consider a career in research? #OTalk @otalk

**OTalk** @OTalk_

a month ago

RT @carspring27: @emmaspellmanOT How about encouraging students to consider a career in research? #OTalk @otalk

**Minh Tran** @otramblings

a month ago

RT @TokunboTweetz: @OTalk_ I say this with caution: but the reality of limited resources and pressures on services. At uni, you're sold the...

**Erin Cullen** @ErinOTstudent

a month ago

@emmaspellmanOT Honestly, a lot of emotional barriers, self-doubt, fear of failure, fear of ending up in the wrong job... #OTalk

**Amie Jayne** @Amie_OT

a month ago

@OTalk_ More conversations, open discussions, peer mentorship, support networks and asking questions #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@Zaytun_D One advice I often heard when I was in your shoes was... if you feel you have something special to offer to the profession, sometimes the moments when you need to use such specialty appear sooner than you think. #otalk

**Lauren** @Lauren_OT

a month ago

@emmaspellmanOT The ever changing reality of working in health / social care. Doing more with less, less resources, less staff. New ways of working. Lots of roles wanting generic skills alongside OT skills. #OTalk

**OTalk** @OTalk_

a month ago

RT @Amie_OT: @OTalk_ More conversations, open discussions, peer mentorship, support networks and asking questions #otalk

**sherlyn graham** @sherlynmelody

a month ago

@emmaspellmanOT #otalk @otalk try and apply all your theory to practice. Ensure you understand what you are taking away from all your placements. Document your reflections always, that will build up your own experience and help with clinical reasoning.

**OTemmaS** @emmaspellmanOT

a month ago

RT @Lauren_OT: @emmaspellmanOT The ever changing reality of working in health / social care. Doing more with less, less resources, less sta...

**OTemmaS** @emmaspellmanOT

a month ago

RT @ErinOTstudent: @emmaspellmanOT Honestly, a lot of emotional barriers, self-doubt, fear of failure, fear of ending up in the wrong job.....

**Becky Cooper** @beckycooper____

a month ago

@emmaspellmanOT The trust I am employed by has a great preceptorship programme which I'm hoping to take full advantage of following qualification! However, this is not the same across all trusts. I feel this programme is so valuable! #OTalk @OTalk_

**OTemmaS** @emmaspellmanOT

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk @otalk try and apply all your theory to practice. Ensure you understand what you are taking away...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@Zaytun_D And sometimes if you have a great opportunity to do something in OT, don't shy away just because you are inexperienced. You have to be brave and take advantage... because it might not come around again if you hesitate. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk @otalk ■ be expected to hit the ground running ■ Have knowledge of a variety of conditions ■ know...

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @TokunboTweetz: @OTalk_ I say this with caution: but the reality of limited resources and pressures on services. At uni, you're sold the...

**OTemmaS** @emmaspellmanOT

a month ago

Thank you everyone for joining in and I'm sorry that I haven't respond in detail as I didn't want to 'lead' the chat – just in case I can use some/all the transcript as data #OTalk

**Sarah Blakeburn** @blakeburn_sarah

a month ago

RT @carspring27: @emmaspellmanOT How about encouraging students to consider a career in research? #OTalk @otalk

**Toks Odutayo** @TokunboTweetz

a month ago

@emmaspellmanOT A down to earth conversation about managing ones own expectations and the expectations of others, learning it's ok to say no, and to ask for help! #otalk @OTalk_

**Ciara Ross** @o_neill91

a month ago

@emmaspellmanOT NQ OT's should visit universities and have real honest conversations with students as they approach the end of their courses.. would benefit both parties! Helped me at uni to realise it was achievable and in reach. #OTalk

**OTLovingLife** @carspring27

a month ago

@Abbyg0125 @OTalk_ @emmaspellmanOT I wonder if any universities actually tell or encourage students to contribute to the profession by continuing in academia and building up a massive research portfolio?!!!! 😊 @otalk #OTalk

**sherlyn graham** @sherlynmelody

a month ago

@carspring27 @emmaspellmanOT #otalk @otalk this was very useful for me. I was in a day service and my class mates were around the corner in a hospital it was good to share learning and look at our placement reports and compare.

**Erin Cullen** @ErinOTstudent

a month ago

@o_neill91 @emmaspellmanOT Yes I've found this useful #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

Please consider letting me analyse your anonymised tweets from tonight's chat in my pilot study? My email - emma.spellman@cumbria.ac.uk for participant info and consent form or check out the blog on OTalk website #OTalk

**OTemmaS** @emmaspellmanOT

a month ago

RT @sherlynmelody: @carspring27 @emmaspellmanOT #otalk @otalk this was very useful for me. I was in a day service and my class mates were a...

OT Nix @thisisnix

a month ago

(Applicable not just to your first OT role, but to every single new OT post you'll go into!) Spot on response here 🙌 #OTalk



Ciara Ross @o_neill91

a month ago

@emmaspellmanOT Also helps students to manage their expectations for working life #OTalk



OTEmmaS @emmaspellmanOT

a month ago

RT @carspring27: @Abbyg0125 @OTalk_ @emmaspellmanOT I wonder if any universities actually tell or encourage students to contribute to the p...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

@TokunboTweetz @OTalk_ And now something I can say to OT students is- if you want to make #Othistory, you are going to work your butt off just to have a chance to do that. But if you see such an opportunity, don't let go! #otalk



Molly Harris @mollharrisOT

a month ago

@TokunboTweetz @OTalk_ Completely agree with this! Placements are brilliant but as a newly qualified I don't think I fully anticipated the pressure and barriers that are currently impacting on my current service #otalk



OTEmmaS @emmaspellmanOT

a month ago

RT @o_neill91: @emmaspellmanOT NQ OT's should visit universities and have real honest conversations with students as they approach the end...



OTEmmaS @emmaspellmanOT

a month ago

RT @TokunboTweetz: @emmaspellmanOT A down to earth conversation about managing ones own expectations and the expectations of others, learni...



sherlyn graham @sherlynmelody

a month ago

@Abbyg0125 @emmaspellmanOT #otalk @otalk you are so right. I think it is a difficult thing to do. I think as long as we can fit the OT process into our jobs or vice versa, that's a good place to start, maybe?!



OTEmmaS @emmaspellmanOT

a month ago

RT @o_neill91: @emmaspellmanOT Also helps students to manage their expectations for working life #OTalk



OTEmmaS @emmaspellmanOT

a month ago

RT @ErinOTstudent: @o_neill91 @emmaspellmanOT Yes I've found this useful #OTalk



OTEmmaS @emmaspellmanOT

a month ago

Thank you @Colourful_OT and @OTalk for your wonderful support pre and during this #OTalk chat



OTalk @OTalk_

a month ago

RT @o_neill91: @emmaspellmanOT NQ OT's should visit universities and have real honest conversations with students as they approach the end...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

@Zaytun_D @emmaspellmanOT Well- there is the traditional nursing home setting... and then I know quite a bit of OT leadership stuff... and of course being able to see an adult with autism function in the workplace for a week is cool too. #otalk



OTEmmaS @emmaspellmanOT

a month ago

RT @sherlynmelody: @Abbyg0125 @emmaspellmanOT #otalk @otalk you are so right. I think it is a difficult thing to do. I think as long as we...



Bill Wong, OTD, OTR/L @BillWongOT

a month ago

RT @sherlynmelody: @Abbyg0125 @emmaspellmanOT #otalk @otalk you are so right. I think it is a difficult thing to do. I think as long as we...

**OTalk** @OTalk_

a month ago

Thank you for hosting! Best of luck with your research! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

RT @mollharrisOT: @TokunboTweetz @OTalk_ Completely agree with this! Placements are brilliant but as a newly qualified I don't think I full...

**OTalk** @OTalk_

a month ago

RT @sherlynmelody: @emmaspellmanOT #otalk @otalk try and apply all your theory to practice. Ensure you understand what you are taking away...

**OTEmmaS** @emmaspellmanOT

a month ago

Thank you again, do keep those tweets coming, line open 24 hours, I think @OTalk? Good night all – that, was, a, blast #OTalk <https://t.co/wDEtN8xENj>**Amie Jayne** @Amie_OT

a month ago

Thank you for another interesting chat #otalk

**Zaytun** @Zaytun_D

a month ago

@emmaspellmanOT Providing training sessions such as the use of Simulation Training. Allowing students to experience various real-life scenarios whilst in a safe environment followed by a debrief #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

a month ago

@mollharrisOT @TokunboTweetz @OTalk_ Well- some placement students in the US will be in for quite a loop in my work setting soon. They will have to learn about the patient driven payment model in the middle of their placements! #otalk

**Becky Cooper** @beckycooper____

a month ago

@emmaspellmanOT Thank you for hosting a great chat- good luck with your research :-) #OTalk @OTalk_

**sherlyn graham** @sherlynmelody

a month ago

@ErinOTstudent @emmaspellmanOT #otalk @otalk that's exactly how I felt when I first started as a result of the expectation of a NQOT who's bread and butter is moving and handling after completing half a days training over a 3 year course 🤔 #imgladimadeit 🍕

**OTEmmaS** @emmaspellmanOT

a month ago

Many thanks @OTalk_ #OTalk

**Katie** @Katie_Next

a month ago

RT @o_neill91: @emmaspellmanOT NQ OT's should visit universities and have real honest conversations with students as they approach the end...

**OTalk** @OTalk_

a month ago

We're finishing up for this evening but our transcript for tonight's chat will be up later in the week! Well done @emmaspellmanOT on your great questions and hosting! #OTalk <https://t.co/s3nb6p32c5>**Molly Harris** @mollharrisOT

a month ago

@Abbyg0125 @OTalk_ @emmaspellmanOT Agree with this! Its almost impossible for all areas to be covered at university, I feel there are a lot of areas of OT which I have not experienced and do not have placement experience in, which put me off apply for certain roles as a newly qualified! #OTalk

**OTEmmaS** @emmaspellmanOT

a month ago

RT @beckycooper____: @emmaspellmanOT Thank you for hosting a great chat- good luck with your research :-) #OTalk @OTalk_

**Zaytun @Zaytun_D**

a month ago

RT @BillWongOT: @Zaytun_D And sometimes if you have a great opportunity to do something in OT, don't shy away just because you are inexperi...

**OTemmaS @emmaspellmanOT**

a month ago

RT @Zaytun_D: @emmaspellmanOT Providing training sessions such as the use of Simulation Training. Allowing students to experience various r...

**Bill Wong, OTD, OTR/L @BillWongOT**

a month ago

@carspring27 @Abbyg0125 @OTalk_ @emmaspellmanOT @otalk In my clinical doctorate degree orientation, it was mentioned. But not many go into academia yet. #otalk

**OTemmaS @emmaspellmanOT**

a month ago

RT @mollharrisOT: @Abbyg0125 @OTalk_ @emmaspellmanOT Agree with this! Its almost impossible for all areas to be covered at university, I fe...

**OTemmaS @emmaspellmanOT**

a month ago

RT @OTalk_: We're finishing up for this evening but our transcript for tonight's chat will be up later in the week! Well done @emmaspellman...

**Phoebe Hayes OT @phayes_ot**

a month ago

RT @Katie_Next: @emmaspellmanOT Being so focused on finishing the course or getting a job, you kind of forget to take the time to really pr...

Showing 1 to 328 of 328 entries

 #OTalk content from Twitter.

Free Custom Analytics and Transcripts for #OTalk

100,000 Tweets

Simplur has over 100,000 #OTalk tweets going back to September 2011.

Get unrestricted access to all conversations with **Simplur Signals**.