

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, November 27th 2018, 8:00PM – Tue, November 27th 2018, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.



OTalk @OTalk_

2 days ago

Evening all! It's that time again. Tonight's #OTalk topic is about occupation focused goal setting tools for children and young people with @EmmaLairdOT <https://t.co/jRNOZvynVq>



Emma Laird @EmmaLairdOT

2 days ago

#OTalk Welcome to Tonight's OTalk discussing occupation focused goal setting tools for children and young people. Let me know who is joining?



OTalk @OTalk_

2 days ago

So who is out there this evening? #OTalk this @OT_rach on the support account tonight. <https://t.co/dDP6SwXfri>



OTalk @OTalk_

2 days ago

Before we kick off, a little bit of house keeping before we start. Please remember your professional codes of conduct still apply online #OTalk <https://t.co/M7aoOHyXYC>



OTalk @OTalk_

2 days ago

Please consider confidentiality when posting & be respectful of your peers. Any tweets with the #OTalk tag will be added to the transcript. <https://t.co/lyhVUugP0b>



OTalk @OTalk_

2 days ago

Dont forget to include the #OTalk hashtag in all your tweets so everyone can see what you have to say & chat with you. <https://t.co/7RGjPVABPs>



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

hello peeps! #otalk



OTalk @OTalk_

2 days ago

If there are any newbies or lurkers out there give me a shout if you get stuck or lost along the way! #OTalk <https://t.co/l23y1AT10w>



OTalk @OTalk_

2 days ago

With the #OTalk housekeeping out of the way it's over to @EmmaLairdOT for the 1st question. <https://t.co/biQgUZU5Dd>



OTalk @OTalk_

2 days ago

RT @EmmaLairdOT: #OTalk Welcome to Tonight's OTalk discussing occupation focused goal setting tools for children and young people. Let me k...



Dr Allison Sullivan @_allisulli

2 days ago

@EmmaLairdOT Hi Emma: Allison Sullivan, here. I work in at a residential school for children w SED when I'm not teaching the mental health curriculum in occupational therapy at a college in Massachusetts 🌸 #OTalk



Dr Allison Sullivan @_allisulli

2 days ago

RT @OTalk_: If there are any newbies or lurkers out there give me a shout if you get stuck or lost along the way! #OTalk <https://t.co/l23y1...>

**Emma Laird** @EmmaLairdOT

2 days ago

Thank you -#OTalk As we know occupational therapist use a client centred approach to promoting engagement and participation of children and young people, but what goal setting tools are being used across different specialist areas and why?

**Kristina Hobbs** @KristinaHobbsOT

2 days ago

RT @EmmaLairdOT: #OTalk Welcome to Tonight's OTalk discussing occupation focused goal setting tools for children and young people. Let me k...

**OTalk** @OTalk_

2 days ago

Question 1 #OTalk

**Emma Laird** @EmmaLairdOT

2 days ago

@_allisulli Hello Allison, welcome to tonight's #OTalk. It will great to hear from you what goal setting tools you use and why in your specialist area?

**Rachel Rule** @RRule_OT

2 days ago

@EmmaLairdOT @OTalk_ Hello #OTalk 😊

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@EmmaLairdOT I think the COPM could be helpful here. Doing the assessment can help identify potential goals. #otalk

**Rachel Woolcomb** @CoJars

2 days ago

@EmmaLaird I have been using #Talking Mats to enable young people to think and talk about their goals within a neuro setting #otalk

**Juliet Hutcheson** @Juliet_OT

2 days ago

@EmmaLairdOT Hiya, I'm joining into my first #OTalk (lurked a bit and read the transcripts of others though). I lead the EHCP mainstream school pathway in a county in London

**Emma Laird** @EmmaLairdOT

2 days ago

@RRule_OT @OTalk_ hello Rachel and welcome to #OTalk discussing occupation focused outcomes with children and young people. Hope you enjoy the session tonight!

**Hayley Goodwin** @OTthoughts

2 days ago

RT @BillWongOT: @EmmaLairdOT I think the COPM could be helpful here. Doing the assessment can help identify potential goals. #otalk

**Dr Allison Sullivan** @_allisulli

2 days ago

@EmmaLairdOT #OTalk PEGS: Perceived Efficacy & Goal Setting System is a wonderful child-centered assessment tool for children ages 5-9 <https://t.co/ymqHQAmItd> <https://t.co/7cg2nWsDZ7>

**Emma Laird** @EmmaLairdOT

2 days ago

@Juliet_OT Welcome Juliet, this is my first time organising #OTalk so feel free to comment?

**Hayley Goodwin** @OTthoughts

2 days ago

I've been using COPM but also a homemade talking mat / COSA style system to help children understand occupations they value / don't value / able / unable to do. Helps to explain our role too #otalk

**Emma Laird** @EmmaLairdOT

2 days ago

@sharontuppenyot @OTalk_ Hello Sharon, welcome to #OTalk - it will be great to hear everyone's thoughts!

**Rachel Woolcomb** @CoJars

2 days ago

@BillWongOT @EmmaLairdOT what is your experience of using the scoring system? Is it too complex for children? #otalk

 **Hayley Goodwin** @OTthoughts 2 days ago
@Juliet_OT @EmmaLairdOT Welcome to your first #OTalk. It's ok to be a lurker!

 **Bill Wong, OTD, OTR/L** @BillWongOT 2 days ago
RT @_allisulli: @EmmaLairdOT #OTalk PEGS: Perceived Efficacy & Goal Setting System is a wonderful child-centered assessment tool for childr...

 **Rachel Rule** @RRule_OT 2 days ago
@EmmaLairdOT Hello! I am currently a student, but I have observed GAS goals being used in CAMHS settings, due to the child or young person being able to take more ownership of their goals. It was also useful to be used as an individual outcome measure. #otalk

 **Hayley Goodwin** @OTthoughts 2 days ago
 @_allisulli @EmmaLairdOT I like this assessment too #OTalk use it a lot for my EHCP assessments.

 **Juliet Hutcheson** @Juliet_OT 2 days ago
@EmmaLairdOT We use a short questionnaire based on GAS so we can use GAS as our outcome measure. Questionnaire uses COPM language though and I adapt to COPM graphics of the child needs me too #OTalk

 **Bill Wong, OTD, OTR/L** @BillWongOT 2 days ago
@CoJars @EmmaLairdOT I think it can be good for adolescents, though. #otalk

 **Bill Wong, OTD, OTR/L** @BillWongOT 2 days ago
RT @Juliet_OT: @EmmaLairdOT We use a short questionnaire based on GAS so we can use GAS as our outcome measure. Questionnaire uses COPM lan...

 **sara hawker** @sarahawker 2 days ago
@EmmaLairdOT Hi. I'll be dipping in and out today (Currently at youth group!). #OTalk I work in children's services social care

 **Hayley Goodwin** @OTthoughts 2 days ago
I think you need an occupational based goal setting assessment to help keep your practice occupationally focused #otalk. In the past I've ended up with goals that are not functional.

 **Emma Laird** @EmmaLairdOT 2 days ago
@RRule_OT Hello Rachel, it's great to have students perspective so we welcome any thoughts or expencience. #OTalk

 **Juliet Hutcheson** @Juliet_OT 2 days ago
@CoJars @EmmaLaird I've heard about talking mats but need to do more research as I don't know really what they are! Be good to find out :) #OTalk

 **OTalk** @OTalk_ 2 days ago
@sarahawker @EmmaLairdOT All welcome #OTalk

 **sara hawker** @sarahawker 2 days ago
@Juliet_OT @EmmaLairdOT I've heard this one being used. Is it used consistently? #OTalk

 **Emma Laird** @EmmaLairdOT 2 days ago
@OTthoughts @_allisulli #OTalk there are lots of tools available and reasons for selection is different for each therapist depending on if it about seeking the child's view, occupation based assessment or looking at development or underlying reason for possible difficulty

 **Hayley Goodwin** @OTthoughts 2 days ago



@Juliet_OT @CoJars @EmmaLaird Used a lot in LD and really helpful especially when exploring discharging from hospital . Here some information <https://t.co/O2rftYpBw9> and follow @TalkingMats. #OTalk



Juliet Hutcheson @Juliet_OT 2 days ago
@BillWongOT @CoJars @EmmaLairdOT Often with adolescents I just use self-reporting questions and go from there. Sometimes helps the conversation flow and we use coaching model to support skills dev. #OTalk



Hayley Goodwin @OTthoughts 2 days ago
@EmmaLairdOT @_allisulli I like to ensure I have the child views even if it's different to the teacher or parent #OTalk



Student Platform OT @SPOTeurope 2 days ago
RT @OTalk_ : 1 hour until tonight's chat, time to read the blog and settle down. #OTalk 27th November 2018 – Occupation Focused Goal Setti...



Hayley Goodwin @OTthoughts 2 days ago
RT @Juliet_OT: @EmmaLairdOT We use a short questionnaire based on GAS so we can use GAS as our outcome measure. Questionnaire uses COPM lan...



Emma Laird @EmmaLairdOT 2 days ago
@Juliet_OT @BillWongOT @CoJars #OTalk as part of my MSc looking at outcomes I'm looking at the value of assessments in as outcome measures and self reporting measures or occupation based seem to be up and coming in relation to being evidence based



Juliet Hutcheson @Juliet_OT 2 days ago
@sarahawker @EmmaLairdOT It's only been introduced to the service this term but seems to be working well and helps us focus our sessions into outcomes in line with EHCP paperwork. We have adapted so we don't put all the score in just baseline and achieved #OTalk



Hayley Goodwin @OTthoughts 2 days ago
@Juliet_OT @BillWongOT @CoJars @EmmaLairdOT Coaching model is really helpful when exploring goals especially for adolescents and parents #OTalk



Emma Laird @EmmaLairdOT 2 days ago
@lindstheOT #OTalk - welcome Lindsay - hope you enjoy tonight 😊



Juliet Hutcheson @Juliet_OT 2 days ago
@sarahawker @EmmaLairdOT There is a concern about a GAS bank of outcomes but we are being mindful to avoid that and ensure the outcomes are client centred each and every time! #OTalk



Gemma Riches @gemma_riches 2 days ago
Hi I'm joining late. I'm an OT student and lurking! #OTalk



Hayley Goodwin @OTthoughts 2 days ago
@EmmaLairdOT @Juliet_OT @BillWongOT @CoJars Sounds brilliant and very much needed. Hope you'll share your learning #OTalk



OTalk @OTalk_ 2 days ago
How do you ensure this? #otalk



Emma Laird @EmmaLairdOT 2 days ago
@OTthoughts @Juliet_OT @BillWongOT @CoJars This is another area of practice that is emerging with the focus on empowering those most proximal to the child and supporting them to be included within decision making process #OTalk

Sharon Tuppeny @sharontuppenyot 2 days ago



#OTalk COPM - why? researched, occupation centred and have used successfully with wide range of needs



OTalk @OTalk_ 2 days ago
All welcome #OTalk



Juliet Hutcheson @Juliet_OT 2 days ago
@OTthoughts @BillWongOT @CoJars @EmmaLairdOT I work best with the coaching model. As you said esp with parents/adolescents but I use it daily with school staff too and they benefit so much and explore more diverse outcomes #schoolOT #OTalk



Hayley Goodwin @OTthoughts 2 days ago
I feel is important when discussing goals is ensure the child values that occupation / activity. I've seen in my practice therapist practicing catching a ball but the child doesn't like/value ball skills. What's others thoughts? #OTalk



Emma Laird @EmmaLairdOT 2 days ago
@Juliet_OT @sarahawker #OTalk - very much agree it's about keeping occupation at the core.



Jillian Swaine @jillian_swaine 2 days ago
RT @OTalk_ : #OTalk 27th November 2018 – Occupation Focused Goal Setting Tools for Children and Young People <https://t.co/9lgEON9Hjt>



Dr Allison Sullivan @_allisulli 2 days ago
@EmmaLairdOT I just posted two assessments that I think are wonderful to use with younger children. As children get older & if they understand, I like to use the COPM for client-centeredness & collaboration on goal-setting #OTalk <https://t.co/CmqkauoVp0> <https://t.co/JBrZ9FIYt>



Emma Laird @EmmaLairdOT 2 days ago
Question 2 - how can we measure the impact of goal setting with children and young people and their families? #OTalk



Juliet Hutcheson @Juliet_OT 2 days ago
@OTalk_ We don't make the GAS bank. Each child has to have outcomes written and, whilst they are similar to others, we ask clinicians to not copy paste as with typing we get less generic and more personal outcomes. #OTalk



Hayley Goodwin @OTthoughts 2 days ago
@Juliet_OT @BillWongOT @CoJars @EmmaLairdOT I literally tweeted today about how the coaching model was so helpful during a school visit today for a child on an EHCP. #OTalk



OTalk @OTalk_ 2 days ago
Question 2 #otalk



Juliet Hutcheson @Juliet_OT 2 days ago
@OTalk_ This also ensures that we write personal expected outcomes into the box rather than a generic sentence. #OTalk



Hayley Goodwin @OTthoughts 2 days ago
RT @EmmaLairdOT: @OTthoughts @Juliet_OT @BillWongOT @CoJars This is another area of practice that is emerging with the focus on empowering...



Hayley Goodwin @OTthoughts 2 days ago
@CoJars @Juliet_OT @EmmaLaird @TalkingMats That's a great action from today Rachel 😊😊 #OTalk



Student Platform OT @SPOTeurope 2 days ago
RT @OTalk_ : Question 2 #otalk <https://t.co/W8SFvNU0Ar>



Dr Allison Sullivan @_allisulli
Forgot to add #OTalk! @EmmaLairdOT 🎉 CAPE-PAC

2 days ago



Emma Laird @EmmaLairdOT
@OTthoughts @Juliet_OT @BillWongOT @CoJars #OTalk -This is an area of practice I am keen to learn more about especially with being based in Scotland and the introduction of ready to act which is aimed at ahps

2 days ago



Rachel Woolcomb @CoJars
@OTthoughts I agree it is paramount to understand what a child values, we need to take time to listen and not just talk! #otalk

2 days ago



Emma Laird @EmmaLairdOT
@_allisulli What age range does it cover Allison? #OTalk

2 days ago



Hayley Goodwin @OTthoughts
@OTalk_ We do a score before and after...like COPM. It's a confident score. I would prefer to use the language of COPM - ability and satisfaction. #OTalk

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT
@EmmaLairdOT Sometimes academic performances can speak for themselves. #otalk

2 days ago



Emma Laird @EmmaLairdOT
#OTalk - fabulous discussion about using goal setting tools to help the child be part of the decision making process and find out what is meaningful to them?

2 days ago



Rachel Woolcomb @CoJars
@EmmaLairdOT goals can demonstrate a change in performance , knowledge or attitude , too often we only use performance goals #otalk

2 days ago



Dr Allison Sullivan @_allisulli
@EmmaLairdOT #OTalk The CAPE-PAC is very versatile and may be used with individuals 6-21 years old

2 days ago



Student Platform OT @SPOTeurope
RT @OTthoughts: @Juliet_OT @BillWongOT @CoJars @EmmaLairdOT I literally tweeted today about how the coaching model was so helpful during a...

2 days ago



Hayley Goodwin @OTthoughts
@CoJars And I think we need to give lots of advice, even if it's not helpful and can't be imbedded into their daily routine #OTalk

2 days ago



Emma Laird @EmmaLairdOT
@BillWongOT Yes Bill it can but in spite of that as occupational therapists we need to measure the value of our profession. I think there are so many things to consider and Bill you have mentioned key stakeholders. #OTalk

2 days ago



Emma Laird @EmmaLairdOT
 @_allisulli That sounds like a great goal setting tool that can be used across the age span! #OTalk

2 days ago



Hayley Goodwin @OTthoughts
 @_allisulli @EmmaLairdOT Oooo I would like this assessment. Thank you for sharing. One to share with management #OTalk

2 days ago



Bill Wong, OTD, OTR/L @BillWongOT
RT @_allisulli: Forgot to add #OTalk! @EmmaLairdOT 🎉 CAPE-PAC <https://t.co/wH2CraC1Gc>

2 days ago

Rachel Woolcomb @CoJars

2 days ago



@OTthoughts I agree - perhaps we try to please the parents and listen less to what the child is actually telling us #otalk



Emma Laird @EmmaLairdOT

2 days ago

@CoJars That is definitely great thoughts and I think your right we often forget to measure the other aspects that are just as importance as the performance component #OTalk



Hayley Goodwin @OTthoughts

2 days ago

RT @CoJars: @OTthoughts I agree - perhaps we try to please the parents and listen less to what the child is actually telling us #otalk



Vicki @vicki_OT2018

2 days ago

@EmmaLairdOT Hi #OTalk sorry I'm late to the stage!



Bill Wong, OTD, OTR/L @BillWongOT

2 days ago

RT @EmmaLairdOT: @CoJars That is definitely great thoughts and I think your right we often forget to measure the other aspects that are jus...



Hayley Goodwin @OTthoughts

2 days ago

RT @CoJars: @EmmaLairdOT goals can demonstrate a change in performance , knowledge or attitude , too often we only use performance goals #...



Emma Laird @EmmaLairdOT

2 days ago

@vicki_OT2018 Welcome vicki- we are having lots of brilliant discussion.... #OTalk



Juliet Hutcheson @Juliet_OT

2 days ago

@EmmaLairdOT We will be asking for feedback from this year where we have been outcome setting with GAS outcome measure AND occ focused client centred outcomes and see if parents/schools/children prefer GAS to set outcomes #OTalk



deb_OT @dmay_ot

2 days ago

#otalk - So true. On my paediatric placement I realised that all the goals for one child related to self care tasks which would make her parents' and TA's lives easier. Nobody actually asked her what she wanted.



Sharon Tuppeny @sharontuppenyot

2 days ago

Are you using in a community setting ? #OTalk @_allisulli



OTalk @OTalk_

2 days ago

We are 30min tho already #OTalk time flies <https://t.co/DMtBQuGG7>



Dr Allison Sullivan @_allisulli

2 days ago

@EmmaLairdOT I was happy to see tonight's #OTalk topic. I think there are wonderful assessment tools that help put the focus on child centeredness & engagement and they are woefully underutilized



Rachel Woolcomb @CoJars

2 days ago

@OTthoughts @Juliet_OT @EmmaLaird @TalkingMats here is the beginnings of my journey if anyone wants to join! <https://t.co/hyplXU6Cjy> #otalk



Emma Laird @EmmaLairdOT

2 days ago

In my area of practice, we use a self rating scale that the child or young person scores them self before and after intervention. does anyone else use anything similar or different? #OTalk



Hayley Goodwin @OTthoughts

2 days ago

@OTalk_ For me if I just concentration on individual components i.e. fine motor skills or shoulder stability it's harder to measure the outcome because there is no optimal ideal but when we focus on occupational performance this can be

measured. #otalk

Juliet Hutcheson @Juliet_OT

2 days ago



@CoJars @OTthoughts I have started changing how I explore button skills with children to make it more child relevant...not many want to be threading beads but they do like weaving a pattern, finger knitting, and Theraputty treasure hunt! #OTalk

Emma Laird @EmmaLairdOT

2 days ago



@Juliet_OT Opportunity hear.... great networking and sharing of information. Thank you #OTalk

Hayley Goodwin @OTthoughts

2 days ago



RT @CoJars: @OTthoughts @Juliet_OT @EmmaLaird @TalkingMats here is the beginnings of my journey if anyone wants to join! <https://t.co/hyplX...>

Emma Laird @EmmaLairdOT

2 days ago



@_allisulli I think it is an area that we maybe don't always look at the wider picture, so it's great to have everyone's contribution. Thank you #OTalk

Sharon Tuppeny @sharontuppenyot

2 days ago



measuring performance components ? not an outcome #OTalk

Hayley Goodwin @OTthoughts

2 days ago



@Juliet_OT @CoJars Finger knitting - love this idea. I have so much wool! #OTalk

Dr Allison Sullivan @_allisulli

2 days ago



@sharontuppenyot Right now I work at a residential school for children w SED, ages 8-22. I work on the residential side, in the students' home. @Tchamp13 is the Executive Director of this program & its affiliates #OTalk

Juliet Hutcheson @Juliet_OT

2 days ago



@CoJars @OTthoughts Then again...I also have a child on my caseload who wants to be a fire engine... so that has been fun to explore too #OTalk

Emma Laird @EmmaLairdOT

2 days ago



Question 3- how can we use goal setting tools as an outcome measure? #OTalk

OTalk @OTalk_

2 days ago



Question 3 #OTalk

Gemma Riches @gemma_riches

2 days ago



Joined in with #OTalk and discovered OT Coaching What is OT Coaching I Mastery of Doing <https://t.co/1631UITbqn>

Hayley Goodwin @OTthoughts

2 days ago



RT @gemma_riches: Joined in with #OTalk and discovered OT Coaching What is OT Coaching I Mastery of Doing <https://t.co/1631UITbqn>

Hayley Goodwin @OTthoughts

2 days ago



@OTalk_ Without a goal we can not measure the outcome as we don't know what we are working on #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

2 days ago



@EmmaLairdOT when we identify items to work on, then they can be goals for the kids to work towards and re-evaluate periodically. #otalk

Hayley Goodwin @OTthoughts

2 days ago

RT @BillWongOT: @EmmaLairdOT when we identify items to work on, then they can be goals for the kids to work towards and re-evaluate period...

**Rachel Woolcomb** @CoJars

2 days ago

@dmay_ot @OTthoughts child at try to please both parents and therapists , finding a way to have honest conversations is the key #otalk

**Emma Laird** @EmmaLairdOT

2 days ago

@BillWongOT So you encourage the child@to identify there own goals - great when they feel they have ownership on what ever is important to them #OTalk

**Juliet Hutcheson** @Juliet_OT

2 days ago

@gemma_riches That is a great succinct resource. We use the TGROW (or GROW) model and also embed with Occupational Performance Coaching. Coaching is such a worthy skill to master and I think gives more role satisfaction. Enjoy! #OTalk

**Hayley Goodwin** @OTthoughts

2 days ago

RT @dmay_ot: #otalk - So true. On my paediatric placement I realised that all the goals for one child related to self care tasks which woul...

**Emma Laird** @EmmaLairdOT

2 days ago

@vicki_OT2018 Yes agree vicki - lots of factors that influence a child especially as they grow, take on new challenges, learn new skills and knowledge, build up friendship, increase expectations etc #OTalk

**Rachel Woolcomb** @CoJars

2 days ago

@EmmaLairdOT Yes I have used similar but just tend to ask them to place a cross on the line between confident / not confident #otalk

**Dr Allison Sullivan** @_allisulli

2 days ago

On a program level, I would recommend Goal Attainment Scaling #OTalk Many different attributes can be measured in this way to assess impact, for example: pt confidence in knowledge & understanding of their condition, QOL, pre/post efficacy <https://t.co/9wV6vsog5Q>

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@EmmaLairdOT yes- I believe that is important... since that can help us being client centered. #otalk

**Hayley Goodwin** @OTthoughts

2 days ago

@Juliet_OT @CoJars Yes. Please let us know. Keep us posted on your ideas #OTalk

**Hayley Goodwin** @OTthoughts

2 days ago

RT @_allisulli: On a program level, I would recommend Goal Attainment Scaling #OTalk Many different attributes can be measured in this wa...

**Emma Laird** @EmmaLairdOT

2 days ago

@BillWongOT It's def what makes us unique #otalk

**Charlotte Betteridge** @CharlOTte_Paeds

2 days ago

@EmmaLairdOT @OTalk_ I really value having plenty of time to build a rapport to really unpick what is genuinely important to them prior to goal setting, also having opportunities to discuss goals away from parents. Get goals right & you hit the nail on the head with engagement. #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @_allisulli: On a program level, I would recommend Goal Attainment Scaling #OTalk Many different attributes can be measured in this wa...



**Hayley Goodwin** @OTthoughts

2 days ago

@Juliet_OT @gemma_riches I like the GROW model - I use it in management and with staff. Haven't thoughts about using it with clients! #OTalk

**Juliet Hutcheson** @Juliet_OT

2 days ago

@EmmaLairdOT I like both GAS and COPM for (as I use these now). With GAS I find it easier to see how the outcome has been worked towards and I ask where the child thinks they are on the scale so it helps with children who can't see the change themselves #OTalk

**Emma Laird** @EmmaLairdOT

2 days ago

Question 4- how can we support collaborative working within the goal setting process and improve functional outcomes #OTalk

**Hayley Goodwin** @OTthoughts

2 days ago

RT @CharlOTte_Paeds: @EmmaLairdOT @OTalk_ I really value having plenty of time to build a rapport to really unpick what is genuinely import...

**OTalk** @OTalk_

2 days ago

With 15 mins to go I'm very impressed-everyone is remembering the hashtag #OTalk

**Dr Allison Sullivan** @_allisulli

2 days ago

One example can be increased perceived efficacy using the PEGS, for example, & assess at baseline and conclusion of tx: Does the child see himself as being more capable in a given task after intervention? #OTalk

**Emma Laird** @EmmaLairdOT

2 days ago

@vicki_OT2018 I'm really enjoying everyone's valuable contribution #Otalk great opportunity to be networking across different areas of occupational therapists working with children and young people.

**Juliet Hutcheson** @Juliet_OT

2 days ago

@EmmaLairdOT Not yet but it's coming in I think. Sometimes it is hard to ask children where they think they are as they can be so negative or overly positive #OTalk

**Lelanie** @LelanieBrewer

2 days ago

I agree @_allisulli #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

@EmmaLairdOT if possible, we should also consult the child's teachers and parents. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

2 days ago

RT @EmmaLairdOT: @vicki_OT2018 I'm really enjoying everyone's valuable contribution #Otalk great opportunity to be networking across differe...

**Pauline Beirne** @NatLeadAHPCYP

2 days ago

RT @EmmaLairdOT: Question 4- how can we support collaborative working within the goal setting process and improve functional outcomes #OTalk

**Rachel Woolcomb** @CoJars

2 days ago

@EmmaLairdOT do we give enough time to goal setting or is it seen as an afterthought ! #otalk good beginnings=good endings!!

**Emma Laird** @EmmaLairdOT

2 days ago

@_allisulli Thai is something we frequently used but it's only suitable for selected age range. The newer version is more up to date and addresses some of the criticism mentioned within research #OTalk

OTalk @OTalk_

2 days ago



Question 4 #OTalk

Juliet Hutcheson @Juliet_OT

@EmmaLairdOT My team used to only really meet with teachers but now we ask for parents to attend at least 1 session in first term and then complete a follow up phone call/ask them to attend to see what they are doing/how it's going. #OTalk

2 days ago

**Hayley Goodwin @OTthoughts**

RT @_allisulli: One example can be increased perceived efficacy using the PEGS, for example, & assess at baseline and conclusion of tx: Doe...

2 days ago

**Vicki @vicki_OT2018**

@EmmaLairdOT Provide info about what we do and why #OTalk

2 days ago

**Emma Laird @EmmaLairdOT**

@CoJars This is my view but I feel it's important especially in culture where we are trying to empower children and young people to ownership and be part of the decision making process. #Otalk

2 days ago

**Lelanie @LelanieBrewer**

Good point and a reminder that children aren't just passive observers in matters related to them #OTalk

2 days ago

**Juliet Hutcheson @Juliet_OT**

@EmmaLairdOT We also ask for a school representative at every OT apt in school and reduced the reports we were doing to summaries so that the school has more autonomy and ownership with implementing OT advice #OTalk

2 days ago

**Hayley Goodwin @OTthoughts**

@EmmaLairdOT @vicki_OT2018 It's been a great discussion. Thank you #OTalk

2 days ago

**Bethany Lane @bethanylane_OT**

@EmmaLairdOT We use MOHO to help with goal setting in a CAMHS setting. Using the Interest Checklist with the young people really helps me better understand the motivation and barriers behind occupational participation, with the MOHOST highlighting what needs addressing!! #OTalk

2 days ago

**Dr Allison Sullivan @_allisulli**

#OTalk This is such a good point, Rachel. I think we could spend another chat on this topic alone. Weak goals are at the crux of treatment that is limited in scope & individualized intervention.

2 days ago

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @Juliet_OT: @EmmaLairdOT We also ask for a school representative at every OT apt in school and reduced the reports we were doing to summ...

2 days ago

**Hayley Goodwin @OTthoughts**

RT @LelanieBrewer: Good point and a reminder that children aren't just passive observers in matters related to them #OTalk <https://t.co/7X0...>

2 days ago

**Charlotte Betteridge @CharlOTte_Paeds**

RT @OTthoughts: I feel is important when discussing goals is ensure the child values that occupation / activity. I've seen in my practice t...

2 days ago

**Vicki @vicki_OT2018**

@Juliet_OT @EmmaLairdOT That's so important. Parents and their children are experts about their condition or situations #OTalk

2 days ago

**Hayley Goodwin @OTthoughts**

RT @Juliet_OT: @EmmaLairdOT My team used to only really meet with teachers but now we ask for parents to attend

2 days ago



at least 1 session in first...



Emma Laird @EmmaLairdOT

2 days ago

It's important to have those most proximal to the child or young person included as they are likely to have the most impact #OTalk



OTalk @OTalk_

10min left #OTalk

2 days ago



Juliet Hutcheson @Juliet_OT

2 days ago

@EmmaLairdOT Also trying to steer away from new equipment (unless postural)...if you can see it, you can use it...if you can't, think again. And only asking for equipment purchase if nothing else will work. Schools appreciate this more. #innovativeOT #otalk



Hayley Goodwin @OTthoughts

2 days ago

RT @Juliet_OT: @EmmaLairdOT We also ask for a school representative at every OT apt in school and reduced the reports we were doing to summ...



Student Platform OT @SPOTeurope

2 days ago

RT @_allisulli: One example can be increased perceived efficacy using the PEGS, for example, & assess at baseline and conclusion of tx: Doe...



David Marson @DavidCMars

2 days ago

Q.4 Arriving late to the conversation! Yes I think taking time to listen to staff, parents and child's perspective is key #otalk



Hayley Goodwin @OTthoughts

2 days ago

@bethanylane_OT @EmmaLairdOT There's lots of great child based MOHO assessments which I find really help especially the COSA. #OTalk



Rachel Woolcomb @CoJars

2 days ago

@EmmaLairdOT absolutely that is why I like @TalkingMats as it puts the child at the centre of the process and makes them the owner #otalk



Emma Laird @EmmaLairdOT

2 days ago

@bethanylane_OT Again another tool I've not used but it's frequently discussed in the literature and has an important contribution to our practice #OTalk



Juliet Hutcheson @Juliet_OT

2 days ago

@vicki_OT2018 @EmmaLairdOT Sometimes. We have noticed that actually a lot of education and coaching has been required as they have become disenchanted with it all and frustrated so it's building those rapports and encouraging ful engagement again #OTalk



Lelanie @LelanieBrewer

2 days ago

We need to make a real effort to hear what people are saying and not prescribe just what we think is best - even small children are able to express their concerns and needs in their own way #OTalk



Bethany Lane @bethanylane_OT

2 days ago

@EmmaLairdOT I also occasionally use the Kawa model which has helped the young people better visualise and understand their life and mental health difficulties, which often helps them formulate their own goals...very client-centred! #OTalk



Hayley Goodwin @OTthoughts

2 days ago

RT @Juliet_OT: @EmmaLairdOT Also trying to steer away from new equipment (unless postural)...if you can see it, you can use it...if you can...

Hayley Goodwin @OTthoughts 2 days ago
 RT @EmmaLairdOT: It's important to have those most proximal to the child or young person included as they are likely to have the most impact...

Bill Wong, OTD, OTR/L @BillWongOT 2 days ago
 RT @Juliet_OT: @EmmaLairdOT Also trying to steer away from new equipment (unless postural)...if you can see it, you can use it...if you can...

Hayley Goodwin @OTthoughts 2 days ago
 RT @vicki_OT2018: @Juliet_OT @EmmaLairdOT That's so important. Parents and their children are experts about their condition or situations #...

Bill Wong, OTD, OTR/L @BillWongOT 2 days ago
 RT @vicki_OT2018: @Juliet_OT @EmmaLairdOT That's so important. Parents and their children are experts about their condition or situations #...

Emma Laird @EmmaLairdOT 2 days ago
 @CoJars @TalkingMats Hi Rachel, this is a really good tool to use with those with additional needs who need something more visual to focus on #OTalk

Hayley Goodwin @OTthoughts 2 days ago
 RT @_allisulli: #OTalk This is such a good point, Rachel. I think we could spend another chat on this topic alone. Weak goals are at the cr...

sara hawker @sarahawker 2 days ago
 @vicki_OT2018 @Juliet_OT @EmmaLairdOT Agree it's the child and their closest guardian who can expertly pin point what is meaningful for them #otalk

Hayley Goodwin @OTthoughts 2 days ago
 RT @LelanieBrewer: We need to make a real effort to hear what people are saying and not prescribe just what we think is best - even small c...

Dr Allison Sullivan @_allisulli 2 days ago
 @EmmaLairdOT #OTalk This is why the CAPE-PAC is so versatile. Does the child enjoy activities in which he participates more after treatment? Is he more able to do the activities he prefers post-intervention?

Bill Wong, OTD, OTR/L @BillWongOT 2 days ago
 RT @bethanylane_OT: @EmmaLairdOT I also occasionally use the Kawa model which has helped the young people better visualise and understand t...

Emma Laird @EmmaLairdOT 2 days ago
 I think we only have time for one quick question-what are the gaps in research and how can this be addressed in relation to goal setting? #OTalk

Bill Wong, OTD, OTR/L @BillWongOT 2 days ago
 RT @LelanieBrewer: We need to make a real effort to hear what people are saying and not prescribe just what we think is best - even small c...

Juliet Hutcheson @Juliet_OT 2 days ago
 @vicki_OT2018 @EmmaLairdOT Feedback about what OT is key. Many schools are asking for an OT newsletter so we have an email blast. Why we ask children to walk like animals is a common question and grounding that in the science is good for responses as it makes more sense #OTalk

Sharon Tuppeny @sharontuppenyot 2 days ago



RT @_allisulli: @EmmaLairdOT #OTalk This is why the CAPE-PAC is so versatile. Does the child enjoy activities in which he participates more...



Bethany Lane @bethanylane_OT 2 days ago
@EmmaLairdOT I think it's a great tool to ensure we remain occupation-focused, as long as the assessments are done with the patient or as close to the patient as possible so it actually reflects them! #OTalk



Emma Laird @EmmaLairdOT 2 days ago
@bethanylane_OT Thanks for sharing Bill and great to know this can be used with cyp #Otalk



Hayley Goodwin @OTthoughts 2 days ago
RT @_allisulli: @EmmaLairdOT #OTalk This is why the CAPE-PAC is so versatile. Does the child enjoy activities in which he participates more...



Dr Allison Sullivan @_allisulli 2 days ago
RT @LelanieBrewer: We need to make a real effort to hear what people are saying and not prescribe just what we think is best - even small c...



OTalk @OTalk_ 2 days ago
Last question #otalk



Bill Wong, OTD, OTR/L @BillWongOT 2 days ago
RT @Juliet_OT: @vicki_OT2018 @EmmaLairdOT Feedback about what OT is key. Many schools are asking for an OT newsletter so we have an email b...



Emma Laird @EmmaLairdOT 2 days ago
@bethanylane_OT It's important that the focus is on the child and what's going to be more helpful rather than doing an assessment that is meaningless #Otalk



Juliet Hutcheson @Juliet_OT 2 days ago
@OTthoughts @bethanylane_OT @EmmaLairdOT Interest checklist is really useful, I use it with children who want to access sports but not coordinated ball skills/team working. Usually they choose martial arts when they realise this is an option at school! #OTalk



Abi Edwards @AbiEdwards7 2 days ago
@OTalk_ #otalk work collaboratively with children's circles of influence - include, schools, clubs, friends and family members in the target setting if possible, certainly sharing and review....empowers everyone and keeps the child at the centre of the process.



sara hawker @sarahawker 2 days ago
@bethanylane_OT @EmmaLairdOT Yes laws and PEO model is useful depending upon the child's age. #otalk



Rachel Woolcomb @CoJars 2 days ago
@Juliet_OT @vicki_OT2018 @EmmaLairdOT this is on my reading list <https://t.co/5JLB81xq3z> #otalk



Emma Laird @EmmaLairdOT 2 days ago
@Juliet_OT @OTthoughts @bethanylane_OT I would be interested to hear more #OTalk



David Marson @DavidCMars 2 days ago
For an interesting critique of GAS goals - <https://t.co/EIGbru0SVR> #otalk



Pauline Beirne @NatLeadAHPCYP 2 days ago
RT @EmmaLairdOT: It's important to have those most proximal to the child or young person included as they are likely to have the most impac...

**Charlotte Betteridge** @CharlOTte_Paeds

2 days ago

@EmmaLairdOT Standardised outcome measures that are valid for children in the acute setting! Any advice appreciated
👍 #OTalk**Juliet Hutcheson** @Juliet_OT

2 days ago

@CoJars @_allisulli @EmmaLairdOT We are working hard as a team to overcome this. Thankfully my lead is brilliant as making sure we focus on the occupation and checking in with how we're doing and encouraging us to change our language #OTalk #takesateam

**Emma Laird** @EmmaLairdOT

2 days ago

One of my thought having reviewed the evidence in relation to goal setting it the lack of qualitative data especially in relation to parental thoughts about children and young people setting their own goals #Otalk

**Hayley Goodwin** @OTthoughts

2 days ago

Thank you everyone for a great discussion. Lots of ideas and reflections to take forward #OTalk

**Rachel Woolcomb** @CoJars

2 days ago

@bethanylane_OT @EmmaLairdOT good idea, i have not tried Kawa with children but can see how it would work with one of my clients #otalk

**Emma Laird** @EmmaLairdOT

2 days ago

@CoJars @_allisulli Yes that can be tricky #Otalk

**Juliet Hutcheson** @Juliet_OT

2 days ago

@CoJars @vicki_OT2018 @EmmaLairdOT And now on mine! Thanks! #OTalk

**OTalk** @OTalk_

2 days ago

And that's it the hour is up can we all thank @EmmaLairdOT for a great chat tonight #otalk <https://t.co/E1Ncs0Tgfs>**Rachel Woolcomb** @CoJars

2 days ago

@EmmaLairdOT I actually use it with all my clients now, even those without communication needs as a great thinking tool for all #OTalk

**OTalk** @OTalk_

2 days ago

This is @OT_rach signing off, the transcript of tonight's chat will be added to the blog in the next few days for you to read. #otalk <https://t.co/5XwKaFRkZn>**Emma Laird** @EmmaLairdOT

2 days ago

Everyone has made such a valuable contribution to this topic which I think is key to many. I hope everyone has enjoyed actively participating as much as I have in facilitating this. Thank you everyone #Otalk

**Dr Allison Sullivan** @_allisulli

2 days ago

One obvious gap in research has to do with sensory integration. Combining sensory-based assessments with tools like the CAPE-PAC & the PEGS along w GAS can help to demonstrate the link between SI, QOL & occupational performance #OTalk

**Emma Laird** @EmmaLairdOT

2 days ago

@bethanylane_OT Depends on learning style #Otalk

**Vicki** @vicki_OT2018

2 days ago

@EmmaLairdOT I'd like to see more done with those transitioning between services. What goals are reached and how are they measured/what measures can bridge that gap?#Otalk

**OTalk** @OTalk_

2 days ago

Don't forget joining in an #OTalk counts towards your CPD | OTalk <https://t.co/DnI21vqZqu>



 **Emma Laird** @EmmaLairdOT
@CharlOTte_Paeds Anyone help? #Otalk

2 days ago



Bethany Lane @bethanylane_OT
@EmmaLairdOT That's why I only use it occasionally as it definitely doesn't work for all! #Otalk

2 days ago



OTalk @OTalk_
Check out the resource page on our blog for tools to help towards your CPD. #otalk <https://t.co/j9Cb3JT7Yo>

2 days ago



Juliet Hutcheson @Juliet_OT
@EmmaLairdOT @OTthoughts @bethanylane_OT <https://t.co/9Az282Fd4T> Example of an interest checklist. I am developing one for sports and SEN sports in the area to open minds up to the amazing different sports out there i.e. martial arts, w/ch rugby, ultimate frisbee, parkrun #Otalk

2 days ago



Emma Laird @EmmaLairdOT
Well can't believe an hour has passed talking about a topic I am very passionate about. Thank you everyone for your contribution - it has been much appreciated #otalk

2 days ago



Emma Laird @EmmaLairdOT
@OTalk_ Thank you #otalk for participating in a fabulous learning opportunity. I have learned so much from everyone who contributed.

2 days ago



Juliet Hutcheson @Juliet_OT
 @_allisulli I agree with this. I am keen to learn more about CAPE-PAC and the PEGS as I can see the use for them in practice. We should be more aware of how much SI and sensory processing work we provide during acquisitional practice #Otalk

2 days ago



Dr Allison Sullivan @_allisulli
Appreciated #OTalk tonight. Enjoy 😊

2 days ago



Vicki @vicki_OT2018
@EmmaLairdOT Very interesting and current hot topic for me! #otalk #dissertation #serviceimprovement

2 days ago



Juliet Hutcheson @Juliet_OT
@vicki_OT2018 @EmmaLairdOT Transition is such a challenging time. It depends on the child and their plan as to whether some goals are ever reached and we review before discharge and document in our report where the child was in achieving outcomes. Depends on measure used in next place if continued. #Otalk

2 days ago



Emma Laird @EmmaLairdOT
@vicki_OT2018 Thank you for your contribution - such a fabulous opportunity to hear different perspectives #Otalk

2 days ago



Sharon Tuppeny @sharontuppenyot
RT @DavidCMars: For an interesting critique of GAS goals - <https://t.co/EIGbru0SVR> #otalk

2 days ago



Emma Laird @EmmaLairdOT
RT @DavidCMars: For an interesting critique of GAS goals - <https://t.co/EIGbru0SVR> #otalk

2 days ago



Juliet Hutcheson @Juliet_OT
@EmmaLairdOT That went so fast! Definitely worth missing the gym for a topic I am passionate about and I have so much to go and research and learn more about now. Thanks for everyone's input, comments, and conversations and for having me. #Otalk

2 days ago

**Rachel Woolcomb** @CoJars

@EmmaLairdOT thank for some great questions. That was my first ever #OTalk ❤

2 days ago

**Dr Allison Sullivan** @_allisulliRT @DavidCMars: For an interesting critique of GAS goals - <https://t.co/EIGbru0SVR> #otalk

2 days ago

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