

# #OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, October 30th 2018, 8:00PM – Tue, October 30th 2018, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.



**The OT Hub** @theOThub

20 days ago

Hello everyone! Welcome to tonight's #OTalk, hosted by the Hub Team and @TheOTShow! Question 1 coming up!  
<https://t.co/EkO8aU1Bu7>



**Monica lofcu** @Monicalofciu

20 days ago

RT @OTalk\_ : Who will be joining us and @theOThub for tonight's #otalk? Just time to read the blog post.  
<https://t.co/8EbMdpJazO>



**sherlyn graham** @sherlynmelody

20 days ago

#otalk lurking tonight. Topic looks very interesting.



**The OT Show** @TheOTShow

20 days ago

RT @theOThub: Hello everyone! Welcome to tonight's #OTalk, hosted by the Hub Team and @TheOTShow! Question 1 coming up! <https://t.co/EkO8...>



**Monica lofcu** @Monicalofciu

20 days ago

RT @theOThub: Hello everyone! Welcome to tonight's #OTalk, hosted by the Hub Team and @TheOTShow! Question 1 coming up! <https://t.co/EkO8...>



**Margaret Spencer** @margaretOT360

20 days ago

Great to be connecting with everyone this evening #otalk



**Jo Preston** @Joannajpreston

20 days ago

I'm another lurker. Quite new to Twitter. Looking forward to learning something new tonight. #OTalk



**Monica lofcu** @Monicalofciu

20 days ago

#otalk Good evening! Looking forward to tonight's topic. @IamAnOT17



**Sarah Wood** @sarahwoodOT

20 days ago

I'm tuning in tonight. Had a read of the blog and tonight is a topic I'm very interested in, especially the last question!  
#otalk



**The OT Hub** @theOThub

20 days ago

#OTalk ❤️ Creating conditions for more collaborative innovation will be key to improved patient outcomes and future transformations (Innovation into Action, @NHSEngland 2015) Q1: How can shows & online platforms better support collaborative innovation & improved patient outcomes?



**Sazzle Willow** @LadySarahW1

20 days ago

Ready for the latest #OTalk



**OTalk** @OTalk\_

20 days ago

RT @theOThub: Hello everyone! Welcome to tonight's #OTalk, hosted by the Hub Team and @TheOTShow! Question 1 coming up! <https://t.co/EkO8...>

**The OT Hub** @theOThub

20 days ago

@thisisnix @TheOTShow Hey there OT Nix! Welcome to the chat! #OTalk

**Monica Iofciu** @Monicalofciu

20 days ago



RT @theOThub: #OTalk ❤️ Creating conditions for more collaborative innovation will be key to improved patient outcomes and future transformat...

**Jamie Grant** @jamiegrantOT

20 days ago



RT @theOThub: #OTalk ❤️ Creating conditions for more collaborative innovation will be key to improved patient outcomes and future transformat...

**Margaret Spencer** @margaretOT360

20 days ago



RT @theOThub: #OTalk ❤️ Creating conditions for more collaborative innovation will be key to improved patient outcomes and future transformat...

**OTalk** @OTalk\_

20 days ago



Great question, I'm sure our community have lots of ideas?! I think we could learn more service users online #otalk

**OTalk** @OTalk\_

20 days ago



RT @sarahwoodOT: I'm tuning in tonight. Had a read of the blog and tonight is a topic I'm very interested in, especially the last question!...

**LeonoraCoolhaas** @LeonoraOT

20 days ago



Good morning/evening #otalk I'm in #Australia , unable to join you as I'm getting ready for work. Have a great chat &amp; congratulations

**The OT Show** @TheOTShow

20 days ago



RT @theOThub: #OTalk ❤️ Creating conditions for more collaborative innovation will be key to improved patient outcomes and future transformat...

**Toks Odutayo** @TokunboTweetz

20 days ago



@theOThub @NHSEngland Advertise and open invitations to service users? Maybe have device users as guest speakers? Getting real life patient stories. #OTalk

**Margaret Spencer** @margaretOT360

20 days ago



We can connect directly with manufacturers and product designers at Shows #OTalk

**Carol Percy** @DrCarolPercy

20 days ago



RT @OTalk\_: Few minutes til tonight's #otalk commences, grab a drink, get comfy and ready to tweet. It's @GillyGorry on the account tonight...

**sherlyn graham** @sherlynmelody

20 days ago



#otalk i love going to the otshow. I come away with so many ideas and things that will benefit my service users.

**Monica Iofciu** @Monicalofciu

20 days ago



RT @TokunboTweetz: @theOThub @NHSEngland Advertise and open invitations to service users? Maybe have device users as guest speakers? Gettin...

**sherlyn graham** @sherlynmelody

20 days ago



@margaretOT360 @OTalk\_ #otalk yes i agree, this is great. Especially when they can show you techniques etc

**OTalk** @OTalk\_

20 days ago



I agree there's a great variety and the #otalk team will be there this year! Come find our stand!

**The OT Show** @TheOTShow

20 days ago



RT @TokunboTweetz: @theOThub @NHSEngland Advertise and open invitations to service users? Maybe have device users as guest speakers? Gettin...



**Sarah Wood** @sarahwoodOT

20 days ago

@theOThub @NHSEngland The Trust I work for along with many other promote the use of Twitter to connect professionals as well as demonstrating our work to the public. This is a great opportunity to share ideas and best practice #otalk



**CelinaOTstudent** @CelinaOTstudent

20 days ago

#otalk Thought I could have a little look at what's going on tonight :)



**Margaret Spencer** @margaretOT360

20 days ago

I have made some great connections and suggested how companies such as @SpringChickenCo have an OT advisor ##OTalk



**The OT Hub** @theOThub

20 days ago

Events like @TheOTShow help disseminate information on latest products, care methods, etc. Online platforms/spaces, e.g. @theOThub (<https://t.co/YKTQDmpqn>) and OT4OT allow conversations to continue remotely, around the world. Do you think this can translate to our care? #OTalk



**The OT Show** @TheOTShow

20 days ago

RT @sherlynmelody: #otalk I love going to the otshow. I come away with so many ideas and things that will benefit my service users. <https://...>



**Margaret Spencer** @margaretOT360

20 days ago

Welcome always great to have students on board #OTalk



**The OT Hub** @theOThub

20 days ago

Events like @TheOTShow help disseminate information on latest products, care methods, etc. Online platforms/spaces, e.g. @theOThub and OT4OT allow conversations to continue remotely, around the world. Do you think this can translate to our care? #OTalk



**Monica Iofciu** @Monicalofciu

20 days ago

RT @theOThub: Events like @TheOTShow help disseminate information on latest products, care methods, etc. Online platforms/spaces, e.g. @th...



**OTalk** @OTalk\_

20 days ago

Can we influence product design this way? #OTalk



**The OT Show** @TheOTShow

20 days ago

RT @OTalk\_: I agree there's a great variety and the #otalk team will be there this year! Come find our stand! <https://t.co/h8PFBddzPH>



**The OT Hub** @theOThub

20 days ago

Great idea! @theOTshow is generally for professionals, rather than service users, but perhaps it could invite them in to get involved! #OTalk



**The OT Show** @TheOTShow

20 days ago

RT @theOThub: Events like @TheOTShow help disseminate information on latest products, care methods, etc. Online platforms/spaces, e.g. @th...



**Margaret Spencer** @margaretOT360

20 days ago

Yes, I worked with Phil Murgatroyd after the show, exploring his outcome measure #OTalk

**Sarah Wood** @sarahwoodOT

20 days ago



@theOThub @NHSEngland Also keeping an eye out for other shows and conferences that are not OT specific. I went to the Alzheimer's conference last year and brought so many resources back I use #OTalk



**OT Nix** @thisisnix 20 days ago  
@theOThub @NHSEngland [Q1] Being able to network and connect with each other.. to share passion & ideas about our profession is something I notice #OccupationalTherapists do very well Thankful we can do this with greater ease through shows, online, & any integrated meet ups/events! #OTalk



**Margaret Spencer** @margaretOT360 20 days ago  
I don't understand why we don't? #OTalk



**The OT Hub** @theOThub 20 days ago  
@sarahwoodOT @NHSEngland Yes, we think social media is increasingly recognised in the workplace as a helpful tool to showcase our work to the public. Do you find employers are happy with social media use at work though? #OTalk



**Monica Iofciu** @Monicalofciu 20 days ago  
RT @thisisnix: @theOThub @NHSEngland [Q1] Being able to network and connect with each other.. to share passion & ideas about our profession...



**Shelley Faulkner OT** @shelleyamybeth 20 days ago  
@theOThub @NHSEngland Signposting individuals to self-help resources, reminding of the importance of self-care & being an active part of their own rehab is a key part of the role of an #OccupationalTherapist. Providing learning resources, in a printable format for patients is a good idea. #OTalk



**The OT Hub** @theOThub 20 days ago  
@sherlynmelody @margaretOT360 @OTalk\_ @TheOTShow one for 2019 perhaps? #OTalk



**The OT Show** @TheOTShow 20 days ago  
RT @thisisnix: @theOThub @NHSEngland [Q1] Being able to network and connect with each other.. to share passion & ideas about our profession...



**The OT Hub** @theOThub 20 days ago  
RT @margaretOT360: Welcome always great to have students on board #OTalk <https://t.co/rMkQdCH6zH>



**Alice Wimberley** @AliceE\_OT2 20 days ago  
@theOThub @NHSEngland Facebook groups can provide a platform to ask other occupational therapists and find information about specific areas. For example @MH4OT and @ot4ot #OTalk



**The OT Show** @TheOTShow 20 days ago  
RT @sarahwoodOT: @theOThub @NHSEngland Also keeping an eye out for other shows and conferences that are not OT specific. I went to the Alzh...



**The OT Hub** @theOThub 20 days ago  
@margaretOT360 Perhaps @NaidexShow is more for the end user? The OT Show is more for #OccupationalTherapists specifically... #OTalk



**Nicola Stirling** @nicola\_stirling 20 days ago  
@theOThub @sarahwoodOT @NHSEngland Yes. Our service @PTOTSLTDietAHPs positively promotes it #OTalk



**sherlyn graham** @sherlynmelody 20 days ago  
@theOThub @sarahwoodOT @NHSEngland #otalk i always tweet whilst training&other events where i can show my employers how I'm being developed



**The OT Hub** @theOThub 20 days ago  
RT @AliceE\_OT2: @theOThub @NHSEngland Facebook groups can provide a platform to ask other occupational

therapists and find information abou...



**Shelley Faulkner OT** @shelleyamybeth

20 days ago

@theOThub @sarahwoodOT @NHSEngland It isn't considered the most professional format to communicate between professionals and service users. Especially for vulnerable groups. #OTalk



**Dr Allison Sullivan** @\_allisulli

20 days ago

One thing that concerns me is that chats seem to be divided up along professional roles, w service users focusing on peer support chats & professionals focused on discipline-specific ones. Perhaps a purposefully organized combined approach would produce these results #OTalk



**The OT Hub** @theOThub

20 days ago

RT @shelleyamybeth: @theOThub @NHSEngland Signposting individuals to self-help resources, reminding of the importance of self-care & being...



**Margaret Spencer** @margaretOT360

20 days ago

I have been an invited blogger for @RIG recruitment agency #OTalk



**Monica Iofciu** @Monicalofciu

20 days ago

RT @\_allisulli: One thing that concerns me is that chats seem to be divided up along professional roles, w service users focusing on peer s...



**Margaret Spencer** @margaretOT360

20 days ago

Worth the question #OTalk



**The OT Hub** @theOThub

20 days ago

RT @\_allisulli: One thing that concerns me is that chats seem to be divided up along professional roles, w service users focusing on peer s...



**The OT Show** @TheOTShow

20 days ago

RT @sherlynmelody: @theOThub @sarahwoodOT @NHSEngland #otalk i always tweet whilst training&other events where i can show my employers how...



**Shelley Faulkner OT** @shelleyamybeth

20 days ago

@theOThub @sarahwoodOT @NHSEngland Between professionals is great though, especially during training events & when sharing CPD learning. Having shared hashtags is a good way to track input & engagement. Some people aren't keen to use technology, or don't have access outside of work. #OTalk



**The OT Show** @TheOTShow

20 days ago

RT @shelleyamybeth: @theOThub @NHSEngland Signposting individuals to self-help resources, reminding of the importance of self-care & being...



**The OT Show** @TheOTShow

20 days ago

RT @AliceE\_OT2: @theOThub @NHSEngland Facebook groups can provide a platform to ask other occupational therapists and find information abou...



**The OT Hub** @theOThub

20 days ago

@\_allisulli Yes very good point. Integrating professionals and service users can be a challenge. Given each is using online platforms and events for different purposes... #OTalk



**The OT Hub** @theOThub

20 days ago

Any further thoughts before we move onto Question 2? #OTalk



**OTalk** @OTalk\_

20 days ago

@\_allisulli A combination approach would be great. Difficult to achieve but think, but then some said #otalk wouldn't take

off!

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**The OT Show** @TheOTShow

20 days ago



RT @theOThub: Great idea! @theOTshow is generally for professionals, rather than service users, but perhaps it could invite them in to get...

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**OTalk** @OTalk\_

20 days ago



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**OTalk** @OTalk\_

20 days ago



RT @theOThub: @sarahwoodOT @NHSEngland Yes, we think social media is increasingly recognised in the workplace as a helpful tool to showcase...

---

**The OT Hub** @theOThub

20 days ago



@shelleyamybeth @sarahwoodOT @NHSEngland Yes true. Social media is clearly more informal than an email. But it does reach far more people, far quicker... #OTalk

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**Shelley Faulkner OT** @shelleyamybeth

20 days ago



@theOThub @NHSEngland Maybe writing up key learning and sharing on formats such as @theOThub Community Forum <https://t.co/crST6q3Fr> allow for greater engagement from OTs, as we can't all attend every conference or event? #OTalk

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**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago



RT @Joannajpreston: I'm another lurker. Quite new to Twitter. Looking forward to learning something new tonight. #OTalk

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**Kate Tudor** @OT\_KateT

20 days ago



@theOThub @sarahwoodOT @NHSEngland At @WorcsHealthCare we have quite a lot of twitter users, and each Thursday the Trust account is taken over for the day by a different person or team to really promote the range of things going on in the Trust #OTalk

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**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago



RT @TokunboTweetz: @theOThub @NHSEngland Advertise and open invitations to service users? Maybe have device users as guest speakers? Gettin...

---

**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago



RT @LeonoraOT: Good morning/evening #otalk I'm in #Australia , unable to join you as I'm getting ready for work. Have a great chat & congra...

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**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago



RT @CelinaOTstudent: #otalk Thought I could have a little look at what's going on tonight :)

---

**Monica Iofciu** @Monicalofciu

20 days ago



RT @theOThub: @shelleyamybeth @sarahwoodOT @NHSEngland Yes true. Social media is clearly more informal than an email. But it does reach far...

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**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago



RT @thisisnix: @theOThub @NHSEngland [Q1] Being able to network and connect with each other.. to share passion & ideas about our profession...

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20 days ago

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**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago

RT @shelleyamybeth: @theOThub @sarahwoodOT @NHSEngland Between professionals is great though, especially during training events & when shar...

**Dr Allison Sullivan** @\_allisulli

20 days ago

@theOThub This is why a combined forum may be helpful. A recent survey here in the US indicated that 85% of family members do not feel they were adequately supported w information & resources after the dx of SMI in a family member. We spend too much time preaching to the choir #OTalk

**The OT Hub** @theOThub

20 days ago

Yes, @ukotac is another great (regional) event for engaging with manufacturers and products #OTalk

**The OT Hub** @theOThub

20 days ago

Great idea! Could this weekly system be rolled out across other Trusts? #OTalk

**Abi** @Abi21643842

20 days ago

BJOT has some great practice resources and elearning to support professional development. I think it is important to plan CPD time to explore such resources. Day to day we become so busy and forget #OTalk

**The OT Hub** @theOThub

20 days ago

#OTalk

**Shelley Faulkner OT** @shelleyamybeth

20 days ago

@theOThub Only....be honest with service users. If you don't know something, learn it, share it & write a reflection, they learn, you develop & this can be shared with your team to develop others too! #OTalk

**Monica Iofciu** @Monicalofciu

20 days ago

RT @shelleyamybeth: @theOThub Only....be honest with service users. If you don't know something, learn it, share it & write a reflection,...

**Monica Iofciu** @Monicalofciu

20 days ago

RT @Abi21643842: BJOT has some great practice resources and elearning to support professional development. I think it is important to plan...

**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago

RT @\_allisulli: @theOThub This is why a combined forum may be helpful. A recent survey here in the US indicated that 85% of family members...

**Bill Wong, OTD, OTR/L** @BillWongOT

20 days ago

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**The OT Hub** @theOThub

20 days ago



#OTalk ❤️ Professional and geographic isolation QUESTION 2: What are your experiences of social isolation (at work) and how have you overcome them?



**Margaret Spencer** @margaretOT360  
Will look it out #OTalk <https://t.co/nEbLCzduW1>

20 days ago



**Laura Alice** @LauraAliceEv  
RT @shelleyamybeth: @theOThub @NHSEngland Signposting individuals to self-help resources, reminding of the importance of self-care & being...

20 days ago



**Monica Iofciu** @Monicalofciu  
RT @theOThub: #OTalk ❤️ Professional and geographic isolation QUESTION 2: What are your experiences of social isolation (at work) and how ha...

20 days ago



**Kate Tudor** @OT\_KateT  
@\_allisulli @theOThub There must be relevant service user twitter chats going on. Maybe something as simple as doing the same topic one week and promoting joining in both could help people connect #OTalk

20 days ago



**Dr Allison Sullivan** @\_allisulli  
@OTalk\_ It would have to be organized and promoted well ahead. But I think it could be really productive. I think #bpdchat has a mix of service users & professionals in a way that is admirable. I imagine @CarlDunnJr & @BPDFFS would agree that the chat advanced their skills as well #OTalk

20 days ago



**Abi** @Abi21643842  
Youtube, Podcasts and NHS Athens are a great resource, there are online learning platforms along with research journals #OTalk

20 days ago



**Shelley Faulkner OT** @shelleyamybeth  
@OT\_KateT @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare I didn't know this, I work for @WorcsHealthCare <https://t.co/9ybVFWVmsp> am a Lead for @theOThub, volunteer for @backuptrust & fundraise for @QEHBCharity & @MAA\_Charity I'd love to share my knowledge, how do I get involved? #OTalk

20 days ago



**sherlyn graham** @sherlynmelody  
#otalk i have found that working in social services surrounded by social workers, with no clinical supervision can lead to social isolation.

20 days ago



**Margaret Spencer** @margaretOT360  
I got all the OTs in the local area who were working in isolation in charities, independently, schools etc to come together as a role emerging educator group. We take it in turns to host and meet 4 times a year #OTalk

20 days ago



**The OT Hub** @theOThub  
RIGHT, WE MUST MOVE ON! Time is flying by! #OTalk ❤️ QUESTION 2: Professional and geographic isolation - What are your experiences of social isolation (at work) and how have you overcome them? <https://t.co/4afJTo5XgW>

20 days ago



**Margaret Spencer** @margaretOT360  
RT @shelleyamybeth: @OT\_KateT @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare I didn't know this, I work for @WorcsHealthCare <https://t.co/...>

20 days ago



**The OT Show** @TheOTShow  
RT @theOThub: @sarahwoodOT @NHSEngland Yes, we think social media is increasingly recognised in the workplace as a helpful tool to showcase...

20 days ago



**OOFRAS Network** @OOFRAS  
Hi colleagues, here for #OTalk and eager to strengthen the field of occupational therapy practice with people who have been displaced.

20 days ago

---

**LD OT Laura** @CommunityLD\_OT

20 days ago



@theOThub @NHSEngland I didn't really answer the question but I think if starts at a base level. Why don't we learn about the importance of the use of social media and networking using this method at uni for example? Sharing ideas leads to better patient outcomes! #OTalk

---

**OTalk** @OTalk\_

20 days ago



@OT\_KateT @\_allisulli @theOThub We have tried, all chats are open to anyone, we do get the occasional service users, we would love more! #OTalk

---

**The OT Hub** @theOThub

20 days ago



❤️ YES! #OTalk

---

**Nicola Stirling** @nicola\_stirling

20 days ago



@theOThub Joining inpt therapy team v physio heavy. Continued explanation of our role, leading by example, joint working. We now have more OT! #OTalk

---

**The OT Show** @TheOTShow

20 days ago



RT @margaretOT360: We can connect directly with manufacturers and product designers at Shows #OTalk  
<https://t.co/S4n2gDip9U>

---

**Abi** @Abi21643842

20 days ago



@theOThub Being an OT in a generic role can be quite isolating. It has taken me some time to find OTs in other services for support, but worth doing to share learning and knowledge #OTalk

---

**Margaret Spencer** @margaretOT360

20 days ago



Clinical supervision is a prof requirement. Really challenging working alone professionally 😢 #OTalk

---

**LD OT Laura** @CommunityLD\_OT

20 days ago



@theOThub @OTalk\_ @sarahwoodOT @NHSEngland I tend to do it out of work time. However I know people who work for NHS trusts who actively encourage staff to post about the service whilst at work #OTalk

---

**Monica Iofciu** @Monicalofciu

20 days ago



RT @margaretOT360: I got all the OTs in the local area who were working in isolation in charities, independently, schools etc to come toget...

---

**Shelley Faulkner OT** @shelleyamybeth

20 days ago



@theOThub 1/2 Working in community, covering a large geographic area can be lonely. But nothing compares to the isolation in my previous acute role. I am keen to welcome all new staff, knowing how challenging it can be to be a newly qualified in a new town. Creating a journal club...#OTalk

---

**Dr Allison Sullivan** @\_allisulli

20 days ago



@OT\_KateT @theOThub Yes. I just gave the example of #bpdchat. Combining forces for a planned chat with objectives for both service users & clinicians might achieve improve outcomes for both groups via goal attainment scaling #OTalk

---

**OTalk** @OTalk\_

20 days ago



@theOThub Online supervisor, #otalk and 4OT community. I actually think professional isolation is harder than geography, depending on reason for isolation.

---

**Monica Iofciu** @Monicalofciu

20 days ago



RT @shelleyamybeth: @OT\_KateT @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare I didn't know this, I work for @WorcsHealthCare <https://t.co/...>

---

**The OT Hub** @theOThub

20 days ago

@sherlynmelody Yes, it seems rare to be in a big team of #OccupationalTherapists, especially in community settings.



What coping mechanisms/tools do you use to connect with #OTs then? #OTalk



**Margaret Spencer** @margaretOT360

RT @theOThub: ❤ YES! #OTalk <https://t.co/XhQn059nhj>

20 days ago



**The OT Show** @TheOTShow

RT @CommunityLD\_OT: @theOThub @NHSEngland I didn't really answer the question but I think if starts at a base level. Why don't we learn abo...

20 days ago



**Nicola Stirling** @nicola\_stirling

@sherlynmelody Can you buddy up with your local health OTs? #OTalk

20 days ago



**The OT Hub** @theOThub

RT @margaretOT360: I got all the OTs in the local area who were working in isolation in charities, independently, schools etc to come toget...

20 days ago



**OTalk** @OTalk\_

RT @theOThub: #OTalk <https://t.co/DerIxJyDW3>

20 days ago



**OTalk** @OTalk\_

RT @Abi21643842: BJOT has some great practice resources and elearning to support professional development. I think it is important to plan...

20 days ago



**OTalk** @OTalk\_

RT @theOThub: Great idea! Could this weekly system be rolled out across other Trusts? #OTalk <https://t.co/Cfg17ezLdc>

20 days ago



**The OT Hub** @theOThub

@margaretOT360 Awesome idea! This should be rolled out nationwide!!! #OTalk

20 days ago



**Monica Iofciu** @Monicalofciu

RT @theOThub: @sherlynmelody Yes, it seems rare to be in a big team of #OccupationalTherapists, especially in community settings. What copi...

20 days ago



**OOFRAS Network** @OOFRAS

Often occupational therapists working with displaced people are the first OT to work within the organisation. A community of practice is important. #OTalk

20 days ago



**The OT Hub** @theOThub

RT @theOThub: #OTalk <https://t.co/DerIxJyDW3>

20 days ago



**OTalk** @OTalk\_

RT @\_allisilli: @theOThub This is why a combined forum may be helpful. A recent survey here in the US indicated that 85% of family members...

20 days ago



**LD OT Laura** @CommunityLD\_OT

@theOThub I'm quite fortunate in the fact that I work in a relatively big team in a large town. There are 5 OT's all with varying backgrounds and experiences and then all the other professionals so I've never felt isolated #OTalk

20 days ago



**Margaret Spencer** @margaretOT360

Totally agree, constantly justifying your role with no support #OTalk

20 days ago

**OTalk** @OTalk\_

20 days ago



RT @theOThub: @\_allisulli Yes very good point. Integrating professionals and service users can be a challenge. Given each is using online p...



**Nicola Stirling** @nicola\_stirling  
@OTalk\_ @theOThub Agreed #OTalk

20 days ago



**The OT Hub** @theOThub  
@OTalk\_ Yes agreed. So having a really good supervisor - online or by phone - must be key to fighting isolation #OTalk

20 days ago



**LD OT Laura** @CommunityLD\_OT  
@theOThub That being said when I move to my new job I think things may be slightly different. I'll be in a big city with more teams spread wider. I'll have to ensure I make links with the other OT's across the county to ensure I'm not isolated! I like the comaradery and support! #OTalk

20 days ago



**Margaret Spencer** @margaretOT360  
Easy and cheap to do #OTalk

20 days ago



**The OT Show** @TheOTShow  
RT @OT\_KateT: @theOThub @sarahwoodOT @NHSEngland At @WorcsHealthCare we have quite a lot of twitter users, and each Thursday the Trust acco...

20 days ago



**sherlyn graham** @sherlynmelody  
@theOThub #otalk I was given clinical supervision, which helped immensely

20 days ago



**The OT Show** @TheOTShow  
RT @theOThub: Great idea! Could this weekly system be rolled out across other Trusts? #OTalk <https://t.co/Cfg17ezLdc>

20 days ago



**Abi** @Abi21643842  
@theOThub @sherlynmelody We had OT meetings to help create an OT process with an agreed standardised assessment that can be used throughout the recovery pathway. It was also a useful time to discuss ideas and support the practice development of others #OTalk

20 days ago



**Shelley Faulkner OT** @shelleyamybeth  
@theOThub 2/...can be a good way to see other's interests and knowledge, to share new ideas & have social engagement. Creating a club; craft, book, pudding, etc can also help to meet others & share something you enjoy. Daily, having buddy-up systems or cuppa breaks create chat. #OTalk

20 days ago



**Margaret Spencer** @margaretOT360  
I think it's essential for sanity and CPD #OTalk

20 days ago



**The OT Show** @TheOTShow  
RT @\_allisulli: @theOThub This is why a combined forum may be helpful. A recent survey here in the US indicated that 85% of family members...

20 days ago



**Kate Tudor** @OT\_KateT  
@shelleyamybeth @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare @backuptrust @QEHBCharity @MAA\_Charity Every now and then they promote it in one of the comms emails. If I can find you on the global email tomorrow I'll send you the contact details! #OTalk

20 days ago



**LD OT Laura** @CommunityLD\_OT  
@OT\_KateT @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare This was one of the trust's I was referring to when I said staff are actively encouraged to engage in social media. Someone I graduated with does a lot of social media through their account and it great for promoting what we do! #OTalk

20 days ago

**Margaret Spencer** @margaretOT360

20 days ago



RT @sherlynmelody: @theOThub #otalk I was given clinical supervision, which helped immensely



**sherlyn graham** @sherlynmelody  
@nicola\_stirling #OTALK I have clinical supervision now which made ALL the difference.



**The OT Show** @TheOTShow  
RT @theOThub: @\_allisulli Yes very good point. Integrating professionals and service users can be a challenge. Given each is using online p...



**The OT Hub** @theOThub  
@nicola\_stirling Yes agreed. Hub Director Jamie works in a Rapid Response service - very nurse-heavy. It's great to have a close-nit MDT, so long as professional identity and voice aren't diluted! #OTalk



**OOFRAS Network** @OOFRAS  
Inspiration from #WorldOTDay and the example from #OTalk resulted in starting #OOFRASchat each month so OTs working with refugees and asylum seekers can access peers.



**LD OT Laura** @CommunityLD\_OT  
@OT\_KateT @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare Conversely, my trust were not keen for staff to be involved even though we were actively pushing for it. A shame as we just wanted to promote the work we do! #otalk



**The OT Hub** @theOThub  
RT @Abi21643842: @theOThub Being an OT in a generic role can be quite isolating. It has taken me some time to find OTs in other services fo...



**Jade Hearson** @JadeH\_OT  
Looks like some great discussions on #OTalk tonight by the wonderful @theOThub team! Sorry I'm late to the discussion, enjoying catching up though!



**Margaret Spencer** @margaretOT360  
RT @sherlynmelody: @nicola\_stirling #OTALK I have clinical supervision now which made ALL the difference.



**Nicola Stirling** @nicola\_stirling  
@theOThub Find ways to promote our profession within your service...comms team, MDT teaching opportunities, trust staff magazine? #OTalk



**The OT Hub** @theOThub  
@Abi21643842 Very interesting insight! Have you managed to maintain your occupational focus? #OTalk



**Shelley Faulkner OT** @shelleyamybeth  
@theOThub @OTalk\_ Having a good practice educator when studying is vital for development, having a good supervisor when working is essential! #OTalk



**The OT Hub** @theOThub  
RT @CommunityLD\_OT: @OT\_KateT @theOThub @sarahwoodOT @NHSEngland @WorcsHealthCare This was one of the trust's I was referring to when I sai...



**The OT Show** @TheOTShow  
RT @theOThub: @shelleyamybeth @sarahwoodOT @NHSEngland Yes true. Social media is clearly more informal than an email. But it does reach far...



**The OT Hub** @theOThub  
@OTalk\_ #OTalk Question 2

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 **LD OT Laura** @CommunityLD\_OT 20 days ago  
RT @theOThub: 🎉 TONIGHT WE TWEET! Why connect both in person and online? This week's #OTalk: "Bringing the OT community closer together" -...

---

 **Dr Allison Sullivan** @\_allisulli 20 days ago  
@massmutual @NAMIMass some interesting ideas for reaching consumers of health care services and products. Have you tried to offer a guided twitter chat for improved interface between clinicians & clients? #OTalk

---

 **OOFRAS Network** @OOFRAS 20 days ago  
First #OOFRASchat is Monday 5 Nov on disability and displacement. Hopefully the space is valuable to build awareness, knowledge and connections. More info: <https://t.co/2RwV4AG7PB> #OTalk

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 **The OT Hub** @theOThub 20 days ago  
@sarahwoodOT So would you say online platforms, forums, Facebook groups and Twitter chats helped you overcome the isolation of community OT? #OTalk

---

 **Margaret Spencer** @margaretOT360 20 days ago  
100% #OTalk

---

 **The OT Hub** @theOThub 20 days ago  
RT @margaretOT360: 100% #OTalk <https://t.co/aTmGK6ZhJg>

---

 **Abi** @Abi21643842 20 days ago  
@CommunityLD\_OT @theOThub Agree. I have found skyping old uni friends useful to discuss practice and strategies, and access support within your own OT community #OTalk

---

 **Dr Allison Sullivan** @\_allisulli 20 days ago  
I gave a guest lecture on this topic to our first-year students last week! Learning how to communicate the distinct value of occupational therapy as a student will enhance your resume & research indicates that you will be more likely to do so as a professional #OTalk

---

 **Nicola Stirling** @nicola\_stirling 20 days ago  
@theOThub So important! Language and how we describe our role so important. Always keep everything occupation focused. I know not always easy #OTalk

---

 **sherlyn graham** @sherlynmelody 20 days ago  
@sarahwoodOT @nicola\_stirling #otalk yes I was beginning to feel like that.

---

 **The OT Hub** @theOThub 20 days ago  
#OTalk QUESTION 3: The more information available to the healthcare industry, the better able clinicians are to make the best decisions when supporting service users (Sood, 2017). 🎉 Can problems arise (in study or in practice) from information overload? <https://t.co/sc0lrlELMzA>

---

 **Dr Allison Sullivan** @\_allisulli 20 days ago  
#OTalk: Any opinions for me on this?

---

 **The OT Hub** @theOThub 20 days ago  
RT @Abi21643842: @CommunityLD\_OT @theOThub Agree. I have found skyping old uni friends useful to discuss practice and strategies, and acces...

---

 **Monica Iofciu** @Monicalofciu 20 days ago  
RT @\_allisulli: I gave a guest lecture on this topic to our first-year students last week! Learning how to communicate the distinct value o...

**The OT Hub** @theOThub

20 days ago

RT @nicola\_stirling: @theOThub So important! Language and how we describe our role so important. Always keep everything occupation focused....

**RebeccaPearsonOT** @Rebecca86076044

20 days ago

@theOThub Sometimes it can feel overwhelming (especially as a student) to receive so much information all at once, but I believe it does allow us to become our own kind of OT and develop our skills and techniques in a way that lets our own personal values shine through #OTalk

**Nicola Stirling** @nicola\_stirling

20 days ago

@sarahwoodOT @sherlynmelody Can we be more creative with supervision too...more practical sessions, joint working etc? #OTalk

**Abi** @Abi21643842

20 days ago

@theOThub Yes I think I have #OTalk

**The OT Hub** @theOThub

20 days ago

RT @Rebecca86076044: @theOThub Sometimes it can feel overwhelming (especially as a student) to receive so much information all at once, but...

**Margaret Spencer** @margaretOT360

20 days ago

In my experience it's essential to support your clinical work with government guidelines, NICE and relevant research etc. Informs your clinical reasoning and justifies role. That's why it's an essential skill to learn as a student. #OTalk

**Margaret Spencer** @margaretOT360

20 days ago

RT @Rebecca86076044: @theOThub Sometimes it can feel overwhelming (especially as a student) to receive so much information all at once, but...

**Nicola Stirling** @nicola\_stirling

20 days ago

@theOThub Being online alot can sometimes feel intrusive? #OTalk

**OOFRAS Network** @OOFRAS

20 days ago

To get the most from a community of practice using social media we need to be brave. To put our interests 'out there' to accelerate learning. #OTalk #OOFRASchat

**OT Nix** @thisisnix

20 days ago

@shelleyamybeth @theOThub Aww, lovely thoughts— and now I wanna come work with you too @shelleyamybeth! 🎂🎨📚💡 #OTalk #socialisolation #socialengagement 🤝 #IdeasChangeLives 🤘

**The OT Hub** @theOThub

20 days ago

#OTalk - Is information overload most experienced as a student/new #OccupationalTherapist? #OTalk

**The OT Hub** @theOThub

20 days ago

RT @thisisnix: @shelleyamybeth @theOThub Aww, lovely thoughts— and now I wanna come work with you too @shelleyamybeth! 🎂🎨📚💡 #OTalk #soci...

**CelinaOTstudent** @CelinaOTstudent

20 days ago

#OTalk I've recently been in a lecture with other AHP's and the ones on my team did not know what OT's did. They are student Physios so a little worrying when people get them confused frequently...We should be working together and promoting their unique roles as standard I think

**Margaret Spencer** @margaretOT360

20 days ago

Supervision needs to meet your needs and make a difference. Needs to be as person centred as we are with clients. #OTalk

**The OT Hub** @theOThub

@nicola\_stirling In what way does being online feel intrusive? We're curious what you mean :) #OTalk

20 days ago

**OTalk** @OTalk\_

This is we're good clinical reasoning comes into play, selecting the appropriate evidence from a mass of information is an art. #otalk

20 days ago

**Margaret Spencer** @margaretOT360

RT @CelinaOTstudent: #OTalk I've recently been in a lecture with other AHP's and the ones on my team did not know what OT's did. They are s...

20 days ago

**The OT Hub** @theOThub

@sarahwoodOT Again, leaning on a colleague you get on well with - and a decent supervisor - must make information-overload less overwhelming! #OTalk

20 days ago

**CelinaOTstudent** @CelinaOTstudent

@theOThub I am a first year student, and I am at times overwhelmed by the information yes #OTalk

20 days ago

**Margaret Spencer** @margaretOT360

RT @OTalk\_ : This is we're good clinical reasoning comes into play, selecting the appropriate evidence from a mass of information is an art....

20 days ago

**The OT Hub** @theOThub

RT @OTalk\_ : This is we're good clinical reasoning comes into play, selecting the appropriate evidence from a mass of information is an art....

20 days ago

**Shelley Faulkner OT** @shelleyamybeth

@theOThub As an anxious person, I have been overwhelmed a few times, but am finding my own ways to deal with it. I now write everything, keep a diary, save links for reading &amp; watch equipment videos on @YouTube (@TheHydrantUK @PrismMedicalUK @GeberitUK @MangarInt among others) etc #OTalk

20 days ago

**The OT Hub** @theOThub

RT @shelleyamybeth: @theOThub As an anxious person, I have been overwhelmed a few times, but am finding my own ways to deal with it. I now...

20 days ago

**Monica Iofciu** @Monicalofciu

RT @theOThub: #OTalk QUESTION 3: The more information available to the healthcare industry, the better able clinicians are to make the bes...

20 days ago

**Margaret Spencer** @margaretOT360

Yes be very picky about what you choose to support the things you do. #OTalk

20 days ago

**The OT Show** @TheOTShow

RT @theOThub: #OTalk QUESTION 3: The more information available to the healthcare industry, the better able clinicians are to make the bes...

20 days ago

**Carolina Cordero** 🌈 @colourful\_ot

@theOThub Not sure - I would imagine that students in general are probably overloaded by needing info from a lot of different fields, but practising OTs might be overloaded with the amount of detailed, specialised info they need for their area #OTalk

20 days ago

**The OT Hub** @theOThub

@CelinaOTstudent Do you find prioritising a good dose of #selfcare and #leisure occupations help in these stressful times? #OTalk

20 days ago

**Nicola Stirling** @nicola\_stirling

20 days ago

@theOThub I was spending too much time on twitter, useful but not fully switching off! Much better now, only you can find your right balance #OTalk

**The OT Hub** @theOThub

20 days ago

RT @margaretOT360: Yes be very picky about what you choose to support the things you do. #OTalk  
<https://t.co/cOpVKzH5Ev>

**The OT Hub** @theOThub

20 days ago

RT @colourful\_ot: @theOThub Not sure - I would imagine that students in general are probably overloaded by needing info from a lot of diffe...

**Toks Odutayo** @TokunboTweetz

20 days ago

@theOThub YES! #OTalk

**Natalie Matchett OT** @NatMatchOT

20 days ago

RT @margaretOT360: 100% #OTalk <https://t.co/aTmGK6ZhJg>

**Margaret Spencer** @margaretOT360

20 days ago

ALWAYS 😊🎉 #OTalk

**The OT Show** @TheOTShow

20 days ago

RT @Rebecca86076044: @theOThub Sometimes it can feel overwhelming (especially as a student) to receive so much information all at once, but...

**OOFRAS Network** @OOFRAS

20 days ago

@\_allisulli Interesting, how would it work? Sounds like a good experiment. #OTalk Happy to learn what works for #OOFRASchat too.

**OTalk** @OTalk

20 days ago

Final 5 minutes for #otalk. ( Gone fast tonight)

**The OT Hub** @theOThub

20 days ago

#OTalk QUESTION 4 (FINAL QUESTION): Public awareness of #OccupationalTherapy... (yes, that barrier!) 🦅 How can we work to become a profession that is better understood by the public and healthcare colleagues?  
<https://t.co/wSu1TDAqvt>

**The OT Hub** @theOThub

20 days ago

Yes, finding #OccupationalBalance seems to be a fluctuating ability in life! #OTalk

**RebeccaPearsonOT** @Rebecca86076044

20 days ago

@theOThub I think exposure in the mainstream media would be very educational for the public for example a documentary similar to 'Ambulance' which looks at the day to day life of paramedics, OT's deserve the same credit and public appreciation for the invaluable work we do #OTalk

**Cindy OT** @OTDanceQueen

20 days ago

Online platforms are a great way to collaborate with other clinicians on identifying current issues, discussing future research topics and sharing ideas on improving effective interventions that lead to improved patient outcomes. #OTalk

**Sarah Wood** @sarahwoodOT

20 days ago

@theOThub There's been so much in the news lately of prescriptions for gardening by GPs etc. We need more OTs in primary care! #otalk

**The OT Hub** @theOThub  
#OTalk (FINAL QUESTION)

20 days ago



**Shelley Faulkner OT** @shelleyamybeth

 @thisisnix @theOThub I haven't had chance to implement my ideas at present, due to lack of interest in 'change'...but I'm keen to continue. At @theOThub we're creating an online Journal Club...maybe we should start an online craft or bakery club? ha ha @jamiegrantOT...what do you think? #OTalk

20 days ago

**The OT Show** @TheOTShow



RT @OTalk\_ : This is where good clinical reasoning comes into play, selecting the appropriate evidence from a mass of information is an art....

20 days ago

**Margaret Spencer** @margaretOT360



I am arranging to meet lots of OTs face to face that I supervise from Skye and Dorset at the #OTShow #OTalk then we can multitask in one arena

20 days ago

**The OT Hub** @theOThub



 YES PLEASE! #OTalk

20 days ago

**Nicola Stirling** @nicola\_stirling



@OT\_KateT @theOThub Ha, so true! #OTalk

20 days ago

**OTalk** @OTalk\_



@Rebecca86076044 @theOThub I think you get taught the foundations of how to understand research and apply to practice, the experience helps build the cognitive library and strengthen understanding. #otalk

20 days ago

**The OT Hub** @theOThub



As a profession, we seem really great at sharing in collective celebration of the #ValueOfOT - but this doesn't always translate into the wider general public #OTalk

20 days ago

**Shelley Faulkner OT** @shelleyamybeth



@colourful\_ot @theOThub Yes....this! And, if you apply for a different role, you need to learn so much more specific to that post. So much to learn, all of the time. We've just got to pace ourselves....we're only human. #OTalk

20 days ago

**Joyce Latimer** @JoyceInYork



RT @theOThub: #OTalk QUESTION 4 (FINAL QUESTION): Public awareness of #OccupationalTherapy... (yes, that barrier!)  How can we work to...

20 days ago

**Margaret Spencer** @margaretOT360



Deliver, and make a difference so that people really notice, and remember the OT who.....#OTalk

20 days ago

**OOFRAS Network** @OOFRAS



Supervisor and mentors help cut through information overload using 'just in time learning'. Peer chats like #OTalk or #OOFRASchat are perhaps broader and more opportunistic.

20 days ago

**The OT Hub** @theOThub



RT @shelleyamybeth: @colourful\_ot @theOThub Yes....this! And, if you apply for a different role, you need to learn so much more specific to...

20 days ago

**OTalk** @OTalk\_



Thanks so much for tonight's #otalk @theOThub it's been a great discussion.

20 days ago

**The OT Hub** @theOThub



100% #OTalk

20 days ago

**Monica Iofciu** @MonicalofciuRT @theOThub: ❤️💛💚💙 YES PLEASE! #OTalk <https://t.co/7Qr5FeRr46>

20 days ago

**The OT Hub** @theOThub

RT @OTalk\_: Thanks so much for tonight's #otalk @theOThub it's been a great discussion.

20 days ago

**Dr Allison Sullivan** @\_allisulli

Yes problems w info overload are numerous &amp; significant: 1) what to do when data conflicts exist 2) generalizability 3) falsified data 4) research bias/vested interests 5) quality control 6) less sensitivity to outliers 7) market-driven decision making To name a few 😊 #otalk

20 days ago

**The OT Hub** @theOThub

RT @OOFRAS: Supervisor and mentors help cut through information overload using 'just in time learning'. Peer chats like #OTalk or #OOFRASch...

20 days ago

**The OT Hub** @theOThub

RT @\_allisulli: Yes problems w info overload are numerous &amp; significant: 1) what to do when data conflicts exist 2) generalizability 3) f...

20 days ago

**LD OT Laura** @CommunityLD\_OT

@theOThub Absolutely as a student! However I do think people need to have a better understanding of their learning styles. This helped me greatly in managing being overloaded with information. I only tend to be overloaded if someone just talks at me as I don't learn that way #OTalk

20 days ago

**Carolina Cordero** 🌈 @colourful\_ot

@Rebecca86076044 @theOThub Or a (well-researched) fictional programme like Call the Midwife! #OTalk

20 days ago

**Monica Iofciu** @Monicalofciu

RT @theOThub: #OTalk QUESTION 4 (FINAL QUESTION): Public awareness of #OccupationalTherapy... (yes, that barrier!) 🌹 How can we work to...

20 days ago

**Margaret Spencer** @margaretOT360

Have said this for over 10 years. We are trying to get placements in GP practice so they can experience the breadth and depth of our role #otalk not to mention how much we could save the #GP

20 days ago

**Monica Iofciu** @Monicalofciu

RT @\_allisulli: Yes problems w info overload are numerous &amp; significant: 1) what to do when data conflicts exist 2) generalizability 3) f...

20 days ago

**Sarah Wood** @sarahwoodOT

@theOThub Also I think it's important we use our occupational science language. People in my team regularly talk about clients 'occupational balance'. They have such a great understanding of our profession! 😊 #otalk

20 days ago

**Dr Allison Sullivan** @\_allisulli

RT @OOFRAS: First #OOFRASchat is Monday 5 Nov on disability and displacement. Hopefully the space is valuable to build awareness, knowledge...

20 days ago

**Margaret Spencer** @margaretOT360

RT @OOFRAS: Supervisor and mentors help cut through information overload using 'just in time learning'. Peer chats like #OTalk or #OOFRASch...

20 days ago

**Margaret Spencer** @margaretOT360

None @theRCOT #otalk

20 days ago

**Carolina Cordero** 🌈 @colourful\_ot

20 days ago



RT @sarahwoodOT: @theOThub Also I think it's important we use our occupational science language. People in my team regularly talk about cli...



**sherlyn graham** @sherlynmelody  
#OTalk thanks for tonight. It has been great!

20 days ago



**LD OT Laura** @CommunityLD\_OT  
@theOThub I tend to try and take a day or two a month to do specific CPD work in which I'm planning on building my skills and learning new things about my field. But I'm learning everyday and I don't feel overloaded as such, as it's at a natural pace #OTalk

20 days ago



**CelinaOTstudent** @CelinaOTstudent  
@theOThub I find taking a step back and speaking to others on my course helps as they often feel the same way. This helps to put it into perspective. I also struggle as I am dyslexic, so the amount of reading I want to do (a lot) is unrealistic if I wish to remain sane 🤪 #OTalk

20 days ago



**LD OT Laura** @CommunityLD\_OT  
@nicola\_stirling @theOThub I agree. Sometimes you're at work all day then you're online and almost seemingly constantly thinking about work. That's when you know you need to take a step back! #OTalk

20 days ago



**Shelley Faulkner OT** @shelleyamybeth  
@sarahwoodOT @theOThub Like these repeated press releases? @Telegraph : <https://t.co/fgjFgRTH9d> & <https://t.co/gt1sEg5VYb> @GdnSocialCare : <https://t.co/qOmY2WTxoC> @BBCEngland : <https://t.co/j6b7bpUYFT> They leave me shouting "That's Occupational Therapy!!!!" #OTalk

20 days ago



**OT Nix** @thisisnix  
This is a strong statement & it's one I agree with.. this has truth. Specialising is helping me to be a better #OccupationalTherapist & advocate OT profession more clearly to others now ❤️ #OTalk

20 days ago



**LD OT Laura** @CommunityLD\_OT  
@sarahwoodOT @theOThub I've thought this before, how do people not want to do our job?! #OTalk

20 days ago



**OOFRAS Network** @OOFRAS  
When people see us 'walk the talk' that's the best kind of promotion! E.g. Global Day of Service for #WorldOTDay #OTalk  
#OOFRASchat <https://t.co/PWQxvRGAJw>

20 days ago



**The OT Hub** @theOThub  
@OTTalk\_ ❤️ THANK YOU to everyone who took part in #OTalk this evening! The OT Hub and @TheOTShow loved hosting (despite time flying by!) Tonight's chat is over, but do continue discussion - here/at <https://t.co/YKTQDMdpqn> - and in person, on 21st/22nd November! <https://t.co/IPJ1rsppU1>

20 days ago



**The OT Hub** @theOThub  
#OTalk FREE tickets to @TheOTShow can be found at <https://t.co/dnXBbov6J2>

20 days ago



**Shelley Faulkner OT** @shelleyamybeth  
@theOThub We are so holistic, even when a role restricts us, we can still ask about things that other professionals may not have considered. I think this comes across a bit 'jack of all trades' to others, as they don't see the full value in our holistic approach. #ILOVEMYJOB #OTalk

20 days ago



**The OT Hub** @theOThub  
#OTalk ...and finally, a cheeky plug: Check out <https://t.co/aIEXkhYUv6> - for 24/7 chat on all things #OccupationalTherapy! Thanks for all your tweets 😊 All the best, The OT Hub Team

20 days ago



**The OT Hub** @theOThub  
RT @CommunityLD\_OT: @nicola\_stirling @theOThub I agree. Sometimes you're at work all day then you're online and

20 days ago



almost seemingly constantly...



**CelinaOTstudent** @CelinaOTstudent

@thisisnix I genuinely believe this is why people are unsure about what OT's do? #otalk

20 days ago



**The OT Hub** @theOThub

@CommunityLD\_OT @nicola\_stirling Definitely! Striking that balance can be so hard! #OTalk

20 days ago



**OOFRAS Network** @OOFRAS

That's it #OTalk folks! If you know any occupational therapists interested in working with refugees, please invite to #OOFRASchat <https://t.co/2RwV4AG7PB>

20 days ago



**The OT Hub** @theOThub

RT @shelleyamybeth: @sarahwoodOT @theOThub Like these repeated press releases? @Telegraph : <https://t.co/fgjFgRTH9d> & <https://t.co/gt1sEg5V...>

20 days ago



**The OT Hub** @theOThub

RT @CommunityLD\_OT: @sarahwoodOT @theOThub I've thought this before, how do people not want to do our job?! #OTalk

20 days ago



**Theresa Baxter** @Ottabax

RT @margaretOT360: Have said this for over 10 years. We are trying to get placements in GP practice so they can experience the breadth and...

20 days ago



**OT Nix** @thisisnix

Great idea @shelleyamybeth💡 Indeed, do it and the #OTs will come! 🌿😊 When a good idea comes along, we swoop in from everywhere online! 🎉🐥🦉🌿 #OTalk @theOThub 🙌😊

20 days ago



**Catriona Connell** @POPPED\_Project

RT @thisisnix: This is a strong statement & it's one I agree with.. this has truth. Specialising is helping me to be a better #Occupational...

20 days ago



**Dr Allison Sullivan** @\_allisulli

RT @theOThub: #OTalk ...and finally, a cheeky plug: Check out <https://t.co/alEXkhYUv6> - for 24/7 chat on all things #OccupationalTherapy!...

20 days ago



**Theresa Baxter** @Ottabax

RT @margaretOT360: Deliver, and make a difference so that people really notice, and remember the OT who.....#OTalk <https://t.co/JkOD...>

20 days ago



**Theresa Baxter** @Ottabax

RT @margaretOT360: I am arranging to meet lots of OTs face to face that I supervise from Skye and Dorset at the #OTShow #OTalk then we can...

20 days ago



**B2** @OTBrianNY

RT @BillWongOT: As a social media influencer, I have to think strategically on how to promote our profession well. That is why I am thinkin...

20 days ago



**Theresa Baxter** @Ottabax

RT @margaretOT360: Supervision needs to meet your needs and make a difference. Needs to be as person centred as we are with clients. #OTalk...

20 days ago

**The OT Show** @TheOTShow

RT @theOThub: #OTalk FREE tickets to @TheOTShow can be found at <https://t.co/dnXBbov6J2>

20 days ago



**The OT Show** @TheOTShow

20 days ago



RT @theOThub: @OTalk\_ 🎉 THANK YOU to everyone who took part in #OTalk this evening! The OT Hub and @TheOTShow loved hosting (despite time f...



**The OT Hub** @theOThub

20 days ago

RT @thisisnix: Great idea @shelleyamybeth💡 Indeed, do it and the #OTs will come! ❤️😊 When a good idea comes along, we swoop in from everywher...



**The OT Show** @TheOTShow

20 days ago

RT @theOThub: #OTalk ...and finally, a cheeky plug: Check out <https://t.co/aiEXkhYUv6> - for 24/7 chat on all things #OccupationalTherapy!...



**Theresa Baxter** @Ottabax

20 days ago

RT @margaretOT360: I got all the OTs in the local area who were working in isolation in charities, independently, schools etc to come toget...

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