

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, September 4th 2018, 8:00PM – Tue, September 4th 2018, 9:15PM (Europe/London).

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OTalk @OTalk_

Hi everyone welcome to tonight's #OTalk research great to have you with us. say hi so that we know who is joining us. Lots to get through tor we're going to get started quite soon



Jo Watson @JoWatson22

Hi all. Looking forward to an interesting discussion this evening #OTalk



Gillian Ward @DrGillianWard

I'm here and ready to chat #Otalk



leisle Ezekiel @lezeki

hi from cloudy Oxford. Ready to #OTalk



Dr Jenny Preston MBE @preston_jenny

Sorry this time with #OTalk



OTalk @OTalk_

Couple of important things, don't forget to include #OTalk or we won't know what you are tweeting. Also pls. Respect all professional codes o conduct. Be nice to each other people and have fun



Gillian Ward @DrGillianWard

Welcome to tonight's #OTalk I'm delighted to be hosting this evening's chat on "Creating a vibrant occupational therapy research community - the way forward?".



Dr Stephanie Tempest @SetG75

Hello 🙋 #OTalk



Catriona Connell @POPPED_Project

on now - opportunity to contribute to @theRCOT R&D review #otalk

Helen Atkin @HelenAtkin2

@OTalk_ Hi looking forward to joining the discussion #OTalk tonight



Alex Smith @YmchwilStroc

@OTalk_ Evening all #OTalk



Andy Graham @andy83g

Hi from rainy Newcastle #otalk



Kerri Schubert @kerri_schOT

haven't really joined in with #otalk for a few weeks but i'm here and ready for some research chat! 🙋



Alison @OTMcCracken
@OTalk_Hi #OTalk crew



OTalk @OTalk_
RT @POPPED_Project: on now - opportunity to contribute to @theRCOT R&D review #otalk <https://t.co/ttWeevuymM>



Gillian Ward @DrGillianWard
Ok so here's question 1. What are the important ingredients in creating and sustaining a vibrant occupational therapy research culture? #OTa



Kerri Schubert @kerri_schOT
RT @DrGillianWard: Welcome to tonight's #OTalk I'm delighted to be hosting this evening's chat on "Creating a vibrant occupational therapy.



OTalk @OTalk_
Welcome back @kerri_schOT great week to join in #OTalk research



Bill Wong, OTD, OTR/L @BillWongOT
@andy83g I am willing to share some sunshine from Los Angeles here... lol! #otalk



leisle Ezekiel @lezeki
informality as many people find research daunting #Otalk



melanie faulkner @melf74
Hi from the Far West of Cornwall! #otalk



Catriona Connell @POPPED_Project
RT @DrGillianWard: Ok so here's question 1. What are the important ingredients in creating and sustaining a vibrant occupational therapy r..



Bill Wong, OTD, OTR/L @BillWongOT
@DrGillianWard It has to start from each of us. If we ourselves are not excited, how can we get others excited about research? #otalk



Dr Stephanie Tempest @SetG75
Ooooooh straight in with a big question! 😊 1) demystify what "doing research" can look like 2) taking as many people with you as possible 3) everyone doing their own manageable bit (and that will look different for each of us) and 4) sharing experiences and outcomes #OTalk



OTalk @OTalk_
Here is Q 1 folks #OTalk



Gillian Ward @DrGillianWard
So how do we create informality?#Otalk



Catriona Connell @POPPED_Project
@DrGillianWard in the practice setting? #otalk



Lelanie @LelanieBrewer
We need to make #research part of our working culture and not an extra thing to do. We owe it to patients/service users and the profession #



Bill Wong, OTD, OTR/L @BillWongOT
@DrGillianWard Another one if it's work environment- a supervisor and/or management that supports value of EBP. #otalk



Kerri Schubert @kerri_schOT
@DrGillianWard I think we need to be enthusiastic, willing to learn and share our opinions #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @SetG75: Ooooooh straight in with a big question! 😊 1) demystify what “doing research” can look like 2) taking as many people with you :



Kerri Schubert @kerri_schOT

RT @BillWongOT: @DrGillianWard Another one if it's work environment- a supervisor and/or management that supports value of EBP. #otalk



Jo Watson @JoWatson22

RT @SetG75: Ooooooh straight in with a big question! 😊 1) demystify what “doing research” can look like 2) taking as many people with you :



Dr Gemma Wells @GemmaOTPhD

@OTalk_ Good evening #OTalk



Kerri Schubert @kerri_schOT

RT @BillWongOT: @DrGillianWard It has to start from each of us. If we ourselves are not excited, how can we get others excited about rese



Gillian Ward @DrGillianWard

Totally agree! #Otalk



Gillian Ward @DrGillianWard

RT @kerri_schOT: @DrGillianWard I think we need to be enthusiastic, willing to learn and share our opinions #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@preston_jenny good news was I didn't had fever. But still, now my work is probably using me as an example of them strongly against anyor going to India for a while. #otalk



OTalk @OTalk_

Oh great question @POPPED_Project do you think it's different in say an academic setting #OTalk good one to think about



Jo Watson @JoWatson22

and how do we make research less daunting @lezeki ? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @kerri_schOT: @DrGillianWard I think we need to be enthusiastic, willing to learn and share our opinions #otalk



leisle Ezekiel @lezeki

a safe space to talk about ideas is key #Otalk



Carolina Cordero @colourful_ot

@OTalk_ Hello! 😊 #OTalk



Gillian Ward @DrGillianWard

In all settings where OT researchers work #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@kerri_schOT @DrGillianWard and of course there is strength in numbers with this. The more the merrier with this kind of thing. #otalk



Kerri Schubert @kerri_schOT

@DrGillianWard we need to have the desire to want to improve/build on our practice. being passionate about evidence based practice and h people you work with supporting this is essential #otalk

Bill Wong, OTD, OTR/L @BillWongOT



RT @lezeki: a safe space to talk about ideas is key #OTalk <https://t.co/aK2OCIOetn>



Dr Jenny Preston MBE @preston_jenny

Can't believe I've just done it again #OTalk. Concentrate and focus 😂😂



Gillian Ward @DrGillianWard

RT @kerri_schOT: @DrGillianWard we need to have the desire to want to improve/build on our practice. being passionate about evidence ba

Technology



Kerri Schubert @kerri_schOT

@BillWongOT @DrGillianWard absolutely, we need to be a team 👍👍 #otalk

Research



Bill Wong, OTD, OTR/L @BillWongOT

RT @kerri_schOT: @DrGillianWard we need to have the desire to want to improve/build on our practice. being passionate about evidence ba

Pricing

Healthcare Hashtags



Bill Wong, OTD, OTR/L @BillWongOT

@kerri_schOT @DrGillianWard I think if we each divide and conquer on some fronts, this will be improved in no time! #otalk

OTalk



OTalk @OTalk_

For those just joining us here Q 1 #OTalk



Catriona Connell @POPPED_Project

@OTalk_ key ingredients are likely the same - but the cultures and 'research literacy' are different #otalk



Dr Stephanie Tempest @SetG75

RT @LelanieBrewer: We need to make #research part of our working culture and not an extra thing to do. We owe it to patients/service users



Gillian Ward @DrGillianWard

RT @OTalk_: For those just joining us here Q 1 #OTalk <https://t.co/0ZypBL1ps9>



Dr Gemma Wells @GemmaOTPhD

@DrGillianWard Acknowledging that we all have the ability to engage in research and the self confidence to pursue our interests #OTalk



OTalk @OTalk_

Me neither 😊 #OTalk



Margaret Spencer @margaretOT360

RT @GemmaOTPhD: @DrGillianWard Acknowledging that we all have the ability to engage in research and the self confidence to pursue our inter...



Bill Wong, OTD, OTR/L @BillWongOT

RT @GemmaOTPhD: @DrGillianWard Acknowledging that we all have the ability to engage in research and the self confidence to pursue our inter...



Kerri Schubert @kerri_schOT

@LelanieBrewer absolutely! I often think it feels like 'extra' work on top of my day job.. maybe we need to have more flexible/availability to stu time to work on research #otalk



Gillian Ward @DrGillianWard

Does everyone have that confidence though #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@GemmaOTPhD @DrGillianWard if we are not too confident in leading research ourselves, why don't we also learn how to be table setters f research? #otalk

Helen Atkin @HelenAtkin2

@JoWatson22 @lezeki Research language often feels inaccessible, so we need to ask ourselves how we can communicate research process findings and outputs in straight forward terms that everyone can understand #OTalk



Margaret Spencer @margaretOT360

Linking with outcome measures which people already have #OTalk



Deborah Harrison @DebbiiHarrison

RT @LelanieBrewer: We need to make #research part of our working culture and not an extra thing to do. We owe it to patients/service users



Catriona Connell @POPPED_Project

@DrGillianWard department culture, set by the leader/manager/head persons #otalk



Jo Watson @JoWatson22

RT @HelenAtkin2: @JoWatson22 @lezeki Research language often feels inaccessible, so we need to ask ourselves how we can communicate research...



Alex Smith @YmchwilStroc

@GemmaOTPhD @DrGillianWard Agree and supporting others to get involved in research no matter if it's only a small part of the research process #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @POPPED_Project: @DrGillianWard department culture, set by the leader/manager/head persons #otalk



Gillian Ward @DrGillianWard

How do you mean Bill? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @margaretOT360: Linking with outcome measures which people already have #OTalk



Margaret Spencer @margaretOT360

I know loads of OTs from new grads to advanced practitioners and I would say not #OTalk



Lelanie @LelanieBrewer

Definitely! It so easy to let the research slip when we have other deadlines but actually we need to make research count as urgent too #OTalk



Jo Watson @JoWatson22

support on the journey is really important #otalk



Dr Gemma Wells @GemmaOTPhD

@DrGillianWard I think that this links to appreciating the unique and valuable role that we play both in practice and academia #OTalk



Gillian Ward @DrGillianWard

Interesting idea - how do we promote this ? #OTalk



Dr Stephanie Tempest @SetG75

I found the time pressure for research activity in the academic setting was different to the clinical setting but was still very much there - esp if you have a large 'admin' role eg Programme Lead, together with teaching commitments #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@DrGillianWard well- perhaps setting up opportunities for researchers to share their messages? Like nominating them to be featured on new #otalk

**Alison @OTMcCracken**

@kerri_schOT @LelanieBrewer Agreed - research does need time - particularly if we're aiming for good quality studies #OTalk . What have your experiences been of trying to find this time?

**Dr Jenny Preston MBE @preston_jenny**

I don't think everyone does have the confidence that's why having access to safe support is so important #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @YmchwilStroc: @GemmaOTPhD @DrGillianWard Agree and supporting others to get involved in research no matter if it's only a small part of...

**Jo Watson @JoWatson22**

RT @preston_jenny: I don't think everyone does have the confidence that's why having access to safe support is so important #OTalk [https://](https://twitter.com/preston_jenny/status/936444444444444444)

**Jo Watson @JoWatson22**

RT @SetG75: I found the time pressure for research activity in the academic setting was different to the clinical setting but was still very...

**Kerri Schubert @kerri_schOT**

@LelanieBrewer I totally agree. I'm in the process of trying to get my diss published but after a busy day on the wards at work, I often let my research take a back seat in the evenings #otalk

**Gillian Ward @DrGillianWard**

Ready for question 2. What networks and collaborations are important to cultivate to underpin and facilitate a culture of research? #OTalk

**Kerri Schubert @kerri_schOT**

RT @LelanieBrewer: Definitely! It so easy to let the research slip when we have other deadlines but actually we need to make research count

**Carolina Cordero @colourful_ot**

RT @HelenAtkin2: @JoWatson22 @lezeki Research language often feels inaccessible, so we need to ask ourselves how we can communicate research...

**Gillian Ward @DrGillianWard**

So easy to do though #OTalk

**Dr Gemma Wells @GemmaOTPhD**

@preston_jenny I agree, and part of that support needs to be reflecting back what individuals can bring to the research table, regardless of their previous level of experience #OTalk

Helen Atkin @HelenAtkin2

@YmchwilStroc @GemmaOTPhD @DrGillianWard There is also something about considering how we communicate something of the excitement of doing research rather than it being seen as something that is only done by 'others' #OTalk

**Alison @OTMcCracken**

@lezeki @JoWatson22 Buddy / Mentor system for researchers and practitioners would really help at all levels I think #OTalk

**Kerri Schubert @kerri_schOT**

@OTMcCracken @LelanieBrewer I'm finding it so hard to make time to focus on my research. After a busy day on the wards at work I sometimes don't feel I have the time/energy to work on my research in the evenings #otalk

**Kerri Schubert @kerri_schOT**

RT @OTMcCracken: @kerri_schOT @LelanieBrewer Agreed - research does need time - particularly if we're aiming for good quality studies #OTalk...

Gillian Ward @DrGillianWard



and keeping them engaged too? #OTalk



OTalk @OTalk_
Q2 folks #OTalk



leisle Ezekiel @lezeki
Linking in with already vibrant communities. We have @CahprOxford locally who do exciting work but few OTs go #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@DrGillianWard 1. Any researchers or experts within interested area of research will be good people to network. 2. Collaborations- service users are definitely important! #otalk



Jo Watson @JoWatson22
Very easy- why is that? do we somehow not give this aspect of our professional role the same importance as face-to-face contact with the folks we work with? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @GemmaOTPhD: @preston_jenny I agree, and part of that support needs to be reflecting back what individuals can bring to the research



Gillian Ward @DrGillianWard
Do we need to promote CAHPR more? #OTalk



Kerri Schubert @kerri_schOT
RT @GemmaOTPhD: @DrGillianWard Acknowledging that we all have the ability to engage in research and the self confidence to pursue our interests...



Jo Watson @JoWatson22
RT @OTMcCracken: @lezeki @JoWatson22 Buddy / Mentor system for researchers and practitioners would really help at all levels I think #OTalk



Andy Graham @andy83g
@OTalk_ Linking NHS with universities #OTalk



OTalk @OTalk_
RT @lezeki: Linking in with already vibrant communities. We have @CahprOxford locally who do exciting work but few OTs go #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @JoWatson22: Very easy- why is that? do we somehow not give this aspect of our professional role the same importance as face-to-face contact with the folks we work with? #OTalk



Kerri Schubert @kerri_schOT
RT @SetG75: I found the time pressure for research activity in the academic setting was different to the clinical setting but was still very challenging



Dr Jenny Preston MBE @preston_jenny
#OTalk Research is a great place to start! My personal networks are formed from within and outwith the profession. I have quite deliberately sought out research peers and mentors that I feel comfortable with, who will challenge me and encourage me.



Lelanie @LelanieBrewer
Being part of a community helps - at @NclUni_IHS I'm lucky to be in 2 group meetings that I get a lot of feedback from. My supervisor @niina encourages us to attend and I've met great people who facilitate a culture of research as a result #OTalk



Eylan Ezekiel 🙌🏻🙌🏻🙌🏻 @eylanezekiel
Can I get a shout out for #OTalk from #PrimaryRocks #ukedchat for fellow public sector professionals using Twitter for CPD. #OTsRock

Catriona Connell @POPPED_Project



Can we learn from NHS research capacity development? <https://t.co/FvC3T0rTic> #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@JoWatson22 sometimes it's not just face to face, though. Like the autism book I just worked in, checking in and meeting up with potential collaborators from time to time is also important, if they are not close by. #otalk



ed sum @musedNeuroOT

@OTMcCracken @kerri_schOT @LelanieBrewer Makes me think of learning to splint - being in awe of those who make it look easy and pretend mine were wonky, wrong size, messy and took ages but much slicker with regular practice #OTalk



Jo Watson @JoWatson22

what do you think might encourage more OTs to take the plunge and engage with CAHPR hubs @lezeki? #OTalk



Dr Gemma Wells @GemmaOTPhD

@DrGillianWard I've found it helps to have peers at various stages of engagement in research - everyone has something to offer, regardless far through they are #OTalk



Gillian Ward @DrGillianWard

How do you promote that network? #OTalk



Andy Graham @andy83g

@OTalk_ R & D departments within hospital trusts are essential to getting anything off the ground #OTalk



Jo Watson @JoWatson22

RT @preston_jenny: #OTalk Research is a great place to start! My personal networks are formed from within and outwith the profession. I h..

Helen Atkin @HelenAtkin2

@kerri_schOT @LelanieBrewer How do we engage managers to support them to understand that by researching or inquiring into our own practice has the potential to lead to more effective practice and less wasted time and effort?#OTalk



Lelanie @LelanieBrewer

@kerri_schOT @OTMcCracken And sometimes it's important to acknowledge that and do more another time #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@andy83g @OTalk_ I would go broader. If your research can have bigger impact, definitely want to invest going to WFOT and find potential collaborators across the globe. #otalk



Alex Smith @YmchwilStroc

@DrGillianWard Yes, but sadly not all areas currently as active as other #OTalk



SuzyorkOT @SuzyorkOT

@SetG75 Research also needs to be accessible, to me this means well written for academics and practitioners #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @andy83g: @OTalk_ R & D departments within hospital trusts are essential to getting anything off the ground #OTalk



Margaret Spencer @margaretOT360

RT @andy83g: @OTalk_ R & D departments within hospital trusts are essential to getting anything off the ground #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @GemmaOTPhD: @DrGillianWard I've found it helps to have peers at various stages of engagement in research - everyone has something of...

**Dr Gemma Wells** @GemmaOTPhD

@DrGillianWard I believe that researchers should collaborate with those they are studying #OTalk

2

**OTalk** @OTalk_

Thanks for the share @POPPED_Project #OTalk

2

**Margaret Spencer** @margaretOT360

Yes let's thing global #OTalk

2

**Dr Jenny Preston MBE** @preston_jennyIs it possible that we might not give research the same attention as it can feel like it is harder than some of the more familiar aspects of our rc
There are many thinks in our roles that feel challenging at first but we need to persevere #OTalk

2

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @GemmaOTPhD: @DrGillianWard I believe that researchers should collaborate with those they are studying #OTalk

2

**Dr Stephanie Tempest** @SetG75I managed to find a small pot of grant money to buy someone in to cover a part of my role - needed to keep disciplined to ringfence the time f
research activity but we did it 😊 #OTalk

2

**Carol Percy** @DrCarolPercy

RT @theRCOT: Don't miss #OTalk tonight on the topic of "Creating a vibrant occupational therapy research community" which will be hosted

2

**Andy Graham** @andy83g

@OTalk_ ...also linking in with RCOT specialist sections to disseminate research or just get ideas about gaps in the literature #OTalk

2

**Lelanie** @LelanieBrewerManagers generally understand but the problem that they have is there are targets to be met the organisation as a whole so it's bigger than a
individual or manager #OTalk

2

**Bill Wong, OTD, OTR/L** @BillWongOT

@GemmaOTPhD @DrGillianWard That's why my door is always open with #autism research and related collaborations. #otalk

2

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @preston_jenny: Is it possible that we might not give research the same attention as it can feel like it is harder than some of the more...

2

**Jo Watson** @JoWatson22

RT @preston_jenny: Is it possible that we might not give research the same attention as it can feel like it is harder than some of the more...

2

**Kerri Schubert** @kerri_schOT@HelenAtkin2 @LelanieBrewer hmm I think it's hard because I'm sure people realise and understand the importance of it.. but we are just sc
especially on the acute wards it's hard to grant the time #otalk

2

**Gillian Ward** @DrGillianWard

Could networking help with this? #Otalk

2

**Alex Smith** @YmchwilStroc

@LelanieBrewer Research time could be written into contracts? #OTalk

2

**Jo Watson** @JoWatson22RT @DrGillianWard: Could networking help with this? #Otalk <https://t.co/ef1zjnHMup>

2

Dr Stephanie Tempest @SetG75

Definitely agree - accessible for all audiences inc service users, funders and commissioners too #OTalk

2



Dr Jenny Preston MBE @preston_jenny

So do we need to do some more work with managers to help them understand how research can support with targets? #OTalk



Gillian Ward @DrGillianWard

Do you mean job descriptions, or service contracts? #OTalk



Dr Jenny Preston MBE @preston_jenny

@YmchwilStroc @LelanieBrewer Brilliant idea @YmchwilStroc #OTalk



Kerri Schubert @kerri_schOT

RT @LelanieBrewer: Managers generally understand but the problem that they have is there are targets to be met the organisation as a who



Jo Watson @JoWatson22

so maybe not just a network for those engaged or wishing to engage more with research, but also for service managers to help them find way support their staff? #OTalk



Gillian Ward @DrGillianWard

Question 3. Thinking on a national level, what would a vibrant research community look like and feel like to be part of? #OTalk



Lelanie @LelanieBrewer

But the protected needs to be acknowledged by everyone and sometimes you might have responsibilities that need actioning on your research #OTalk



Dr Gemma Wells @GemmaOTPhD

@DrGillianWard What about sharing the load amongst a group, perhaps allocating different roles in the research process to different people? not seem quite so overwhelming then #OTalk



OTalk @OTalk_

Time is a hard one, it comes up a lot in coaching as a reason for not doing things. Perhaps time isn't the issue it's maybe what we prioritise, time never will be enough time #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@YmchwilStroc @LelanieBrewer It depends, some clinical jobs will be difficult to do so. Like mine... many therapists already have to deal with weekly reports in my setting. They have little to no time for research. Any research time will probably be on the side. #otalk



Gillian Ward @DrGillianWard

That's a great idea! #OTalk



Dr Jenny Preston MBE @preston_jenny

Is there something here about speculating to accumulate, we are all busy clinically but are we doing the right things in the right way to gain maximum benefit for our clients #OTalk



Kerri Schubert @kerri_schOT

@YmchwilStroc @LelanieBrewer fab idea!! make it more prominent in OT's roles in an acute setting #otalk



ed sum @musedNeuroOT

@kerri_schOT @HelenAtkin2 @LelanieBrewer Who stops you from using your time for research related activities?! Do we just go ahead until someone gives us a good reason not to? Will they be upset if you win an award for your Trust for your research? #OTalk



Alex Smith @YmchwilStroc

@DrGillianWard I work mostly with medics/ medical academics and they are increasingly having research sessions incorporated into their work so I guess that would be our job descriptions #OTalk

**Jo Watson** @JoWatson22

how might a network or community of OT researchers help with tackling the time challenge? #OTalk

**Gillian Ward** @DrGillianWard

Good point well made! #OTalk

**Kerri Schubert** @kerri_schOT

maybe also set appraisal objectives around research to ensure you have to make time for it #otalk

**OTalk** @OTalk_

RT @musedNeuroOT: @kerri_schOT @HelenAtkin2 @LelanieBrewer Who stops you from using your time for research related activities?! D just...

**OTalk** @OTalk_

RT @YmchwilStroc: @DrGillianWard I work mostly with medics/ medical academics and they are increasingly having research sessions incorporat...

**Andy Graham** @andy83g

@OTalk_ I was looking to do a service development in amputee rehab as Band 6 and applied for a @CAHPRNNorthEast small funds grant... OTs need to be aware that there are pots of money out there #OTalk

**Dr Stephanie Tempest** @SetG75

Not sure I totally agree - some 'small' research projects I've been involved in have made a big impact at a local level, as the results translated effectively to a targeted local population. #OTalk

**Kerri Schubert** @kerri_schOT

@OTalk_ prioritisation is key... and I always seem to prioritise other things over my research! #otalk

**Dr Jenny Preston MBE** @preston_jenny

@JoWatson22 Absolutely, I think this is so important! My recent work illustrates how important management support and leadership is in creating a culture of improvement #OTalk

**Margaret Spencer** @margaretOT360

Also some people have a bad experience of 'research' at uni and it put them off. They just think it's not for them and never go back to look at #OTalk

**Naomi Gallant** @naomi_gallant

It definitely needs service managers to lead the way in allowing time for research activity to be a part of everyday practice.. but we can be paid for that as we lead our colleagues #OTalk

**Jo Watson** @JoWatson22

sometimes giving ourselves permission is the trickiest thing - especially if confidence is a little lacking. How might networks help with this? #C

**Jo Watson** @JoWatson22


RT @preston_jenny: @JoWatson22 Absolutely, I think this is so important! My recent work illustrates how important management support an

**Naomi Gallant** @naomi_gallant


RT @JoWatson22: so maybe not just a network for those engaged or wishing to engage more with research, but also for service managers to


**ed sum** 🇧🇷 @musedNeuroOT

@preston_jenny I think so. I have met managers who struggle to support and utilise the skills of staff with post-reg masters and doctorates in research settings #OTalk

Lelanie @LelanieBrewer
 @musedNeuroOT @kerri_schOT @HelenAtkin2 Not one person specifically but a culmination of circumstances. In my previous academic roles issues frequently came up but if you're in charge of something urgent you sometimes need to weigh up the costs of not addressing it in a timely manner #otalk


OTalk @OTalk_
 Q 3 folks #OTalk


Ellen 🧡 @OTEllenUK
 @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it and being part of a research delivery team during my first year of the course has completely changed my attitude towards research! #OTalk


Bill Wong, OTD, OTR/L @BillWongOT
 RT @JoWatson22: sometimes giving ourselves permission is the trickiest thing - especially if confidence is a little lacking. How might netw...


Gillian Ward @DrGillianWard
 RT @OTalk_: Q 3 folks #OTalk <https://t.co/5UaNOX2MVe>


Helen Atkin @HelenAtkin2
 @GemmaOTPhD @DrGillianWard I agree and wonder whether we can take it one step further and use approaches that support us to 'co-inc' together #OTalk


Dr Jenny Preston MBE @preston_jenny
 It's also about finding innovative ways to develop research capacity. We encourage clinicians of all grades to participate within our research activities, and it doesn't need to be onerous #OTalk

Nikki Daniels @NikkiDanielsOT
 @BillWongOT @YmchwilStroc @LelanieBrewer And perhaps that's where we are going wrong! It's always seen as the bit on the side #OTalk


Jo Watson @JoWatson22
 RT @preston_jenny: It's also about finding innovative ways to develop research capacity. We encourage clinicians of all grades to particip...


Gillian Ward @DrGillianWard
 RT @HelenAtkin2: @GemmaOTPhD @DrGillianWard I agree and wonder whether we can take it one step further and use approaches that support us to...

OTalk @OTalk_
 RT @OTEllenUK: @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it a

Kerri Schubert @kerri_schOT
 @musedNeuroOT @HelenAtkin2 @LelanieBrewer In an ideal world that would be fantastic.. but I'm pretty sure if I focused on getting my dissertation published rather than seeing medically fit patients and creating safe discharge plans there would be a few issues #otalk

melanie faulkner @melf74
 oops #otalk !!!

Jo Watson @JoWatson22
 RT @OTEllenUK: @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it a

Bill Wong, OTD, OTR/L @BillWongOT
 @NikkiDanielsOT @YmchwilStroc @LelanieBrewer And another thing I think what has been going wrong- we are also poor at managing our occupational balance, especially those who are capable in research. #otalk

Margaret Spencer @margaretOT360
 Absolutely especially in charity posts #OTalk

**Naomi Gallant** @naomi_gallant

Perhaps over time we can challenge this so that change in attitudes towards research can be embedded #OTalk

**Lelanie** @LelanieBrewer

@BillWongOT @NikkiDanielsOT @YmchwilStroc Definitely! #OTalk

**Dr Jenny Preston MBE** @preston_jenny

@musedNeuroOT Sadly this seems to be quite common @musedNeuroOT #OTalk

**Kerri Schubert** @kerri_schOT

RT @OTEllenUK: @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it a

**Jo Watson** @JoWatson22RT @OTalk_: Q 3 folks #OTalk <https://t.co/5UaNOX2MVe>**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OTEllenUK: @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it a

**Alison** @OTMcCracken

@OTEllenUK @DrGillianWard This is really interesting to hear. I've just started a new role as a Clinical Research Therapist and had been wondering about whether and how to supervise students within my new role #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@OTEllenUK @DrGillianWard or sometimes perhaps make it an alternative to clinical placements, especially for those who struggle in this a #otalk

**ed sum** @musedNeuroOT

@DrGillianWard I wondered about action research with OTs - work on a problem but using research skills with support from academics from HEI; was going to be my professional doctorate topic #OTalk

**OTalk** @OTalk_

RT @OTMcCracken: @OTEllenUK @DrGillianWard This is really interesting to hear. I've just started a new role as a Clinical Research Ther

**Nikki Daniels** @NikkiDanielsOT

@BillWongOT @YmchwilStroc @LelanieBrewer Occupationally deprived #Otalk

**Helen Atkin** @HelenAtkin2

@LelanieBrewer @musedNeuroOT @kerri_schOT Agree, @LelanieBrewer it can be difficult when there are pressing and urgent priorities #C

**Andy Graham** @andy83g

@OTalk_ I think it would be important that it would feel like a place that is informative, relevant to practice and easily accessible so you would share the website, forum, hub (whatever platform it is) with colleagues #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@YmchwilStroc @NikkiDanielsOT @LelanieBrewer In my setting in US, productivity is king. And many already are struggling to keep up with keeping reports timely. #otalk

**Jo Watson** @JoWatson22

for me a research community would be accessible, inclusive, supportive, energising, engaging, challenging, inspiring ... #OTalk

**Margaret Spencer** @margaretOT360



Maybe as a role emerging/developing placement? #OTalk



Naomi Gallant @naomi_gallant

I think part of the problem is needing the networks with local universities so that staff with post-grad qualifications can also have the academic support needed to bring research into practice #OTalk



Gillian Ward @DrGillianWard

RT @JoWatson22: for me a research community would be accessible, inclusive, supportive, energising, engaging, challenging, inspiring ... #



Lelanie @LelanieBrewer

@YmchwilStroc @NikkiDanielsOT @BillWongOT Which is probably better than university timetabling which is quite complex considering the to not only allocate staff but also consider room availability for a large number of students and courses #OTalk



OTalk @OTalk_

Folks there was a Q3 a while ago #OTalk



Margaret Spencer @margaretOT360

No I think everyone needs to incorporate it into practice. Needs to be normalised #OTalk



Gillian Ward @DrGillianWard

How do we support that type of community? #Otalk



Alison @OTMcCracken

@kerri_schOT @musedNeuroOT @HelenAtkin2 @LelanieBrewer Thanks for the real talk. These are the realities for so many OTs - you're not alone! But does very much make conducting research such a challenge. Feels to me like this highlights the importance of managers also being on board #OTalk



Gillian Ward @DrGillianWard

Ok Question 4, time is moving so fast - How can RCOT help to build the occupational therapy research community and network (making no promises)? #OTalk



Jo Watson @JoWatson22

such an important question and issue. A research community cannot thrive and help to support growth in research confidence and capacity if it doesn't engage... #otalk



Nikki Daniels @NikkiDanielsOT

@OTMcCracken @OTalk_ @TEllenUK @DrGillianWard I think this is where we are fundamentally going wrong. Not just our profession but too. How we introduce, present and develop research awareness and skills at pre-reg perhaps needs a complete rethink #Otalk



Bill Wong, OTD, OTR/L @BillWongOT

@NikkiDanielsOT @YmchwilStroc @LelanieBrewer yes- I think many maybe straddling in many directions in OT to make a difference, too! Maybe some of us are guilty of trying to do too much? #otalk



ed sum @musedNeuroOT

@preston_jenny Perhaps managers can give these people more freedom since they have developed higher critical thinking skills #OTalk



Dr Gemma Wells @GemmaOTPhD

@DrGillianWard Establish ways of engaging that are not overly dependent on time or financial support. Online engagement certainly has its pros and cons #OTalk



Jo Watson @JoWatson22

RT @DrGillianWard: Ok Question 4, time is moving so fast - How can RCOT help to build the occupational therapy research community and

**Gillian Ward** @DrGillianWard

RT @JoWatson22: such an important question and issue. A research community cannot thrive and help to support growth in research confidence

**Dr Stephanie Tempest** @SetG75

RT @OTellenUK: @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it as

**Samantha Pywell** @smileyfacehalo

@HelenAtkin2 @kerri_schOT @LelanieBrewer #otalk it's so difficult ... as a clinician doing research it was hard to explain what I'd started.... following in anyone's shoes... it's a lonely place and hard to communicate the benefits..... think local unis have a huge role in supporting the community of

**Carolina Cordero** @colourful_ot

@margaretOT360 That's so interesting, I never thought of a research role as something you could do for a placement! #OTalk

**OTalk** @OTalk_

Ok so maybe we missed Q 3 but this one is REALLY important #OTalk to think about

**Prof Susan Corr** @SusanCorr1

#otalk we would certainly be interested in exploring offering a research placement in our community & mental health services Trust @LPTnhs we've done it for nursing & medical students in the past.

**Margaret Spencer** @margaretOT360

More pots of money and linking with regional groups. Having it on the agenda at a local and national level #OTalk

**Gillian Ward** @DrGillianWard

How can we better engage with Unis? #Otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @smileyfacehalo: @HelenAtkin2 @kerri_schOT @LelanieBrewer #otalk it's so difficult ... as a clinician doing research it was hard to explain

Helen Atkin @HelenAtkin2

@OTMcCracken @kerri_schOT @musedNeuroOT @LelanieBrewer I suspect it would be such an uphill battle as it would be like you were trying to create a research culture going solo #OTalk

**Gillian Ward** @DrGillianWard

fab thank you #Otalk

**Dr Gemma Wells** @GemmaOTPhD

@DrGillianWard Provide opportunities for like minded people to gather. Create a 'register' or ongoing research interests to enable collaborative peer to peer discussions. Writing retreats #OTalk

**Kerri Schubert** @kerri_schOT

@OTMcCracken @musedNeuroOT @HelenAtkin2 @LelanieBrewer absolutely, I think it really shows that we're willing to take on research tasks etc, but we perhaps need to be granted the time during our clinical working hours to do so & the way to do that is to get the managers to be on board.. how would this be achieved? #otalk

**Kerri Schubert** @kerri_schOT

RT @OTMcCracken: @kerri_schOT @musedNeuroOT @HelenAtkin2 @LelanieBrewer Thanks for the real talk. These are the realities for social OTs -...

**Bill Wong, OTD, OTR/L** @BillWongOT

@smileyfacehalo @HelenAtkin2 @kerri_schOT @LelanieBrewer and while associations should also play a role. Maybe make it better incentive to contribute to research? #otalk

**OTalk** @OTalk_

RT @GemmaOTPhD: @DrGillianWard Provide opportunities for like minded people to gather. Create a 'register' or ongoing research interest

**Jo Watson** @JoWatson22

throughout our R&D Review, there has been a consistent theme asking that @RCOT support members in developing research networks and communities. Now it's your chance to help us consider how to do that #OTalk

**Dr Jenny Preston MBE** @preston_jenny

And in my own experience it is that higher critical thinking skills which can be seen as a threat ... sometimes, not always #OTalk

**Naomi Gallant** @naomi_gallant@JoWatson22 I wonder if the AHP Research Champion roles being advertised by @OfficialNIHR can help building networks and providing a protected time for research activity? #OTalk <https://t.co/eD2ND5dNB3>**Jo Watson** @JoWatson22

RT @GemmaOTPhD: @DrGillianWard Provide opportunities for like minded people to gather. Create a 'register' or ongoing research interest

**Alison** @OTMcCracken

@DrGillianWard Would be amazing to have ability to offer / apply for mentorships within research through RCOT. Having contacts outside of immediate workplace can also be great for inspiration, guidance and support #OTalk

**Gillian Ward** @DrGillianWard

Is a register the right thing or do we encourage better use of researchgate or Orcid to create researcher identity? #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@DrGillianWard I will expand it to globally... since there are some similarities. Creating a community of practice is a start, but I think also more "curry nights" or something like that regionally can also be a good idea. #otalk

**Kerri Schubert** @kerri_schOT

@smileyfacehalo @HelenAtkin2 @LelanieBrewer research should be mandatory CPD, for sure!!!! #otalk

**Dr Stephanie Tempest** @SetG75

Go for it Ed! 🙌 I used action research methodology for my PhD - we improved the discharge process for patients on an acute stroke unit as part of the research process - research and practice at the same time to improve service delivery #OTalk

**Margaret Spencer** @margaretOT360

RT @preston_jenny: And in my own experience it is that higher critical thinking skills which can be seen as a threat ... sometimes, not always...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OTMcCracken: @kerri_schOT @musedNeuroOT @HelenAtkin2 @LelanieBrewer Thanks for the real talk. These are the realities for some OTs -...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @naomi_gallant: I think part of the problem is needing the networks with local universities so that staff with post-grad qualifications...

**Ellen** 🧡 @OTEllenUK

@NikkiDanielsOT @OTMcCracken @OTalk_ @DrGillianWard I agree! I'm very lucky to have ended up on a research placement - none of my student colleagues have had this opportunity. Not only has it inspired me to want to work in research, it's made me appreciate all OT theory a lot more! #OTalk

**OTalk** @OTalk_

This is a great opportunity to share your thoughts folks make sure you take it #OTalk

Jackie Pottle @JackiePottleOT



Think we need to shout about links between research and how it can impact directly on clinical practice and improve patient care #OTalk



Gillian Ward @DrGillianWard

RT @OTalk_: This is a great opportunity to share your thoughts folks make sure you take it #OTalk <https://t.co/cpHTd0PI3S>



OTalk @OTalk_

RT @naomi_gallant: @JoWatson22 I wonder if the AHP Research Champion roles being advertised by @OfficialNIHR can help building netw and...



ed sum @musedNeuroOT

@kerri_schOT @HelenAtkin2 @LelanieBrewer Does your employer prevent you from doing CPD, supervision, training others, appraisals, stu education, interviewing others, etc? You may need to be a trailblazer to smooth the path for others #OTalk



Jo Watson @JoWatson22

The certainly will @naomi_gallant multidisciplinary approach is great for many, but some also indicate a desire for something OT specific - pe to help folk get that initial toe in the water. Any suggestions? #OTalk



Kerri Schubert @kerri_schOT

@HelenAtkin2 @OTMcCracken @musedNeuroOT @LelanieBrewer I agree, it would be very much a struggle I think, despite managers reco the importance #otalk



Jo Watson @JoWatson22

RT @DrGillianWard: Is a register the right thing or do we encourage beteruse of researchgate or Orcid to create researcher identity? #Otalk..



Bill Wong, OTD, OTR/L @BillWongOT

@SusanCorr1 @LPTnhs I think redoing the criteria of how students can be qualified OT's is important. It doesn't have to be all clinical, does i #otalk



Dr Jenny Preston MBE @preston_jenny

By offering access to a research population seems to be quite an attractive proposition in my experience. And of course shared research inte #OTalk



Jo Watson @JoWatson22

RT @OTalk_: This is a great opportunity to share your thoughts folks make sure you take it #OTalk <https://t.co/cpHTd0PI3S>



Nikki Daniels @NikkiDanielsOT

@preston_jenny @JoWatson22 So important. Many years ago I was forced to withdraw from a PhD because my line manager (a PT) told me didn't need to develop research skills to this level! Stubborn me has dedicated my career to proving them wrong #Otalk #soapbox



Carolina Cordero @colourful_ot

RT @OTEllenUK: @DrGillianWard I think more opportunity to complete research practice placements would be hugely beneficial! Seeing it a



OTalk @OTalk_

Would this be different to the internships already available via NIHR/ HEE @OTMcCracken #OTalk



Lelanie @LelanieBrewer

More regional events if possible #OTalk



Gillian Ward @DrGillianWard

RT @DrGillianWard: Is a register the right thing or do we encourage beteruse of researchgate or Orcid to create researcher identity? #Otalk..



Alex Smith @YmchwilStroc

@DrGillianWard Both very important tools, but not very useful alone. Perhaps a directory of research of sorts linked to these? #OTalk

**Jo Watson** @JoWatson22

RT @NikkiDanielsOT: @preston_jenny @JoWatson22 So important. Many years ago I was forced to withdraw from a PhD because my line manager (a...

**Dr Gemma Wells** @GemmaOTPhD

@DrGillianWard Make contact with the Occupational Therapy Professional Lead at your local university. They are a fabulous means of signpost and very likely to engage with research opportunities (slightly bias response there 😊) #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@musedNeuroOT @kerri_schOT @HelenAtkin2 @LelanieBrewer In my case, I had sent internal emails about the importance of student education. Not sure how well it is received within my company. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOTRT @LelanieBrewer: More regional events if possible #OTalk <https://t.co/09qDbZ91F2>**Andy Graham** @andy83g

@OTalk_ Work alongside the NIHR, CAHPR and other research driven initiatives to ensure OT is represented alongside the other AHPs (i'm this is happening behind the scenes!) #OTalk

**Kerri Schubert** @kerri_schOT

@musedNeuroOT @HelenAtkin2 @LelanieBrewer I engage in all of those non clinical activities at work, but unfortunately the time I spend on is far far less than my clinical time #otalk

**leisle Ezekiel** @lezeki

Qu 4 #OTalk smaller informal opportunities to share research - maybe regional basis - like the specialist sections

Helen Atkin @HelenAtkin2

@smileyfacehalo @kerri_schOT @LelanieBrewer @smileyfacehalo How do you think universities can be better at 'reaching out' to practitioners relation to research?#OTalk

**Dr Stephanie Tempest** @SetG75

It would feel inclusive - a space for contributing what you could (so not an elite cliquey club 🙈!) #OTalk

**Gillian Ward** @DrGillianWard

Not easy to maintain though? #OTalk

**Dr Stephanie Tempest** @SetG75

RT @JoWatson22: for me a research community would be accessible, inclusive, supportive, energising, engaging, challenging, inspiring ... #OTalk

**Jo Watson** @JoWatson22RT @SetG75: It would feel inclusive - a space for contributing what you could (so not an elite cliquey club 🙈!) #OTalk <https://t.co/dHrWdy0...>**OTalk** @OTalk_

To explore what kinds of things @LelanieBrewer #OTalk

**Jo Watson** @JoWatson22

















RT @andy83g: @OTalk_ I think it would be important that it would feel like a place that is informative, relevant to practice and easily accessible...

**Kate Tudor** @OT_KateT

@DrGillianWard Maybe developing something like a forum to connect clinicians with questions to researchers working in a related field to help bridge the gap and maybe lead to better collaboration? #OTalk

**Dr Jenny Preston MBE** @preston_jenny

@kerri_schOT @smileyfacehalo @HelenAtkin2 @LelanieBrewer Hear hear!!! #OTalk

-
-  **OTalk** @OTalk_
RT @lezeki: Qu 4 #OTalk smaller informal opportunities to share research - maybe regional basis - like the specialist sections
-
-  **ed sum** 🇧🇷 @musedNeuroOT
@SetG75 Well there is a story to my doctoral journey - but I will look to embed research skills in my new team culture #OTalk
-
-  **Dr Stephanie Tempest** @SetG75
RT @OTalk_: This is a great opportunity to share your thoughts folks make sure you take it #OTalk <https://t.co/cpHTd0PI3S>
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT
RT @SetG75: It would feel inclusive - a space for contributing what you could (so not an elite cliquey club 🙏!) #OTalk <https://t.co/dHrWdy0...>
-
-  **Jo Watson** @JoWatson22
RT @lezeki: Qu 4 #OTalk smaller informal opportunities to share research - maybe regional basis - like the specialist sections
-
-  **Gillian Ward** @DrGillianWard
So what can RCOT DO TO HELP CREATE THIS COMMUNITY #OTalk
-
-  **Catriona Connell** @POPPED_Project
@JoWatson22 @rcot often i muse on what people think when they hear network - some people look to belong with like minded souls, some look for practical support, some for research answers, some for grant collaborators. a challenge to get this right for all. #otalk
-
-  **Dr Stephanie Tempest** @SetG75
RT @JackiePottleOT: Think we need to shout about links between research and how it can impact directly on clinical practice and improve p
-
-  **Jackie Pottle** @JackiePottleOT
Link with your academic unit and share interest with consultants -my team have supported me and encourage me to keep going -otherwise a can be a lonely task but so so stimulating #OTalk
-
-  **Jo Watson** @JoWatson22
RT @DrGillianWard: So what can RCOT DO TO HELP CREATE THIS COMMUNITY #OTalk
-
-  **OTalk** @OTalk_
RT @OT_KateT: @DrGillianWard Maybe developing something like a forum to connect clinicians with questions to researchers working in a
-
-  **Bill Wong, OTD, OTR/L** @BillWongOT
RT @OT_KateT: @DrGillianWard Maybe developing something like a forum to connect clinicians with questions to researchers working in a
-
-  **Dr Jenny Preston MBE** @preston_jenny
@SetG75 As if @SetG75 #OTalk
-
-  **Margaret Spencer** @margaretOT360
Nick Pollard at #SHU would def welcome any enquiries #OTalk
-
-  **Nat Jones** @natlouj
@DrGillianWard Specialist Section for Research? What about accessing mentors/coaching, time limited support for a specific project? Regional events/Road Shows on developing research careers? There's already lots of resources available which is fab, how could they be more visible #OTalk
-
-  **Kerri Schubert** @kerri_schOT
@HelenAtkin2 @smileyfacehalo @LelanieBrewer promote the importance of research in clinical work at manager level #otalk
-



Gillian Ward @DrGillianWard
Interesting idea Nat. #OTalk

2



Gillian Ward @DrGillianWard
And our final question tonight, question 5. What are the most effective ways to capture and evaluate the impact of an emerging research community? #OTalk

2



Alex Smith @YmchwilStroc
@DrGillianWard Agree, however @StrokeHubWales has made inroads into establishing a directory of stroke research in Wales 🇬🇧, however, often the smaller projects that are missed #OTalk

2



OTalk @OTalk_
Can you read this folks... we have 15 mins left and an open invitation to contribute to the new strategy. Look up from your own organisation a think big #OTalk

2



Jo Watson @JoWatson22
Really useful observation @POPPED_Project @theRCOT needs to understand what different people mean when they use that word - we are always talking about the same thing! ;) #OTalk

2



Bill Wong, OTD, OTR/L @BillWongOT
@smileyfacehalo @DrGillianWard Or in my case, distances between states. Some big states in the US literally needs at least half dozen potential meetup locations that are somewhat accessible. #otalk

2



Gillian Ward @DrGillianWard
RT @OTalk_: Can you read this folks... we have 15 mins left and an open invitation to contribute to the new strategy. Look up from your own.

2



Dr Stephanie Tempest @SetG75
Or could it be informal, virtual space for people to access at a time that suited them? #OTalk

2



Jo Watson @JoWatson22
RT @OT_KateT: @DrGillianWard Maybe developing something like a forum to connect clinicians with questions to researchers working in a

2



Margaret Spencer @margaretOT360
Have a space on the agenda for any local OT research that's happening #OTalk

2



OTalk @OTalk_
Some great ideas in here @natlouj #OTalk

2



Carolina Cordero @colourful_ot
@dmay_ot That's what I was thinking - might feel like a missed opportunity to get more practical experience? But a mixed research/practice r could still cover that 😊 #OTalk

2



Jo Watson @JoWatson22
RT @natlouj: @DrGillianWard Specialist Section for Research? What about accessing mentors/coaching, time limited support for a specific p

2



Kerri Schubert @kerri_schOT
am loving tonight's #otalk .. feels very good to be involved again after some time off!! also realising my passion for OT research all over again work on getting my diss published!!!!

2



Bill Wong, OTD, OTR/L @BillWongOT
@natlouj @DrGillianWard Or perhaps meeting minutes to read over, too? #otalk

2



Gillian Ward @DrGillianWard
RT @DrGillianWard: And our final question tonight, question 5. What are the most effective ways to capture and evaluate the impact of an en

2

**Jo Watson** @JoWatson22

RT @OTalk_: Can you read this folks... we have 15 mins left and an open invitation to contribute to the new strategy. Look up from your own.

**Margaret Spencer** @margaretOT360

Great idea, and easy to implement #OTalk

**Nat Jones** @natlouj

@BillWongOT @DrGillianWard Sorry forgot my #OTalk a bit rusty!

**Jo Watson** @JoWatson22RT @SetG75: Or could it be informal, virtual space for people to access at a time that suited them? #OTalk <https://t.co/H339ypH4tP>**Naomi Gallant** @naomi_gallant

@JoWatson22 I really appreciate the Facebook group @LynneGoodacre has set up for OT doctoral students, would be good to have another forum, perhaps run from a @theRCOT platform linking interested clinicians with researchers from local universities #OTalk

**Jo Watson** @JoWatson22

RT @naomi_gallant: @JoWatson22 I really appreciate the Facebook group @LynneGoodacre has set up for OT doctoral students, would be to...

**Bill Wong, OTD, OTR/L** @BillWongOT

@colourful_ot @dmay_ot or maybe we need more of such roles in our work, rather than just straight being a clinician. Also, the salary should be comparable to clinicians? #otalk

**Alison** @OTMcCracken

@OTalk_ Was thinking of a mentor scheme which may be for a longer period of time throughout a research career to signpost or offer support. Research career paths are not entirely clear. Perhaps less intense and slightly longer term than the NIHR / HEE options? #OTalk

**Gillian Ward** @DrGillianWard

That's really interesting, how we can connect up existing networks? #OTalk

**SuzyorkOT** @SuzyorkOT

@SetG75 I think that's very true, really important to recognise, evaluate local, small scale projects etc. Often can be transferable too #OTalk

**OTalk** @OTalk_

Wow we're onto our final question for tonight #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @SuzyorkOT: @SetG75 I think that's very true, really important to recognise, evaluate local, small scale projects etc. Often can be tra...

**Alex Smith** @YmchwilStroc

@naomi_gallant @JoWatson22 @LynneGoodacre @theRCOT We could have RCOT research champions? #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@SuzyorkOT @SetG75 or for the latter, can be pooled into something bigger? #otalk

**Kerri Schubert** @kerri_schOT

@smileyfacehalo @preston_jenny @HelenAtkin2 @LelanieBrewer this is such a good point. it needs cascading down from RCOT in the form of policies/guidelines in order to highlight the importance! #otalk

**Dr Stephanie Tempest** @SetG75

RT @JoWatson22: Really useful observation @POPPED_Project @theRCOT needs to understand what different people mean when they use a word -...



Naomi Gallant @naomi_gallant

RT @musedNeuroOT: @kerri_schOT @HelenAtkin2 @LelanieBrewer Who stops you from using your time for research related activities?! D just...



Lucy Gordon @Lucygordon83

@DrGillianWard We were lucky at @CovUniOT as we had the option of completing our own empirical study for our dissertation. We were encouraged to be participants in research studies whilst studying...by doing my own study & being a participant it really sparked my interest for research! #OTalk



Jo Watson @JoWatson22

if @theRCOT were to facilitate the development of an OT research community or network, how would we know if it had an impact? what would we need to measure? #OTalk



Carolina Cordero @colourful_ot

@DrGillianWard I think the variety of types of research that are happening is an important thing to evaluate (e.g. having a mixture of qual and quant research) #OTalk



Gillian Ward @DrGillianWard

Hopefully the new strategy will help here :) #otalk



Nikki Daniels @NikkiDanielsOT

@JoWatson22 @POPPED_Project @theRCOT Perhaps much more effective models such as scholarships of practice to help facilitate more effective, knowledge production #Otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @kerri_schOT: @smileyfacehalo @preston_jenny @HelenAtkin2 @LelanieBrewer this is such a good point. it needs cascading down from RCOT in...



Lucy Gordon @Lucygordon83

RT @OT_KateT: @DrGillianWard Maybe developing something like a forum to connect clinicians with questions to researchers working in a...



OTalk @OTalk_

RT @Lucygordon83: @DrGillianWard We were lucky at @CovUniOT as we had the option of completing our own empirical study for our dissertation...



Samantha Pywell @smileyfacehalo

@preston_jenny #otalk bang on. This is where we need to be open and acknowledge there is stigma attached to doing research on clinical practice and not all managers are research trained or experienced..... the threat thing is about unconscious bias....



Bill Wong, OTD, OTR/L @BillWongOT

@kerri_schOT @smileyfacehalo @preston_jenny @HelenAtkin2 @LelanieBrewer I think it should also be for all the major associations in the world, Australia, Canada, and US. #otalk



OTalk @OTalk_

RT @JoWatson22: if @theRCOT were to facilitate the development of an OT research community or network, how would we know if it had an impact...



Catriona Connell @POPPED_Project

@JoWatson22 @theRCOT indeed - trying to reflect on what kind of a network I would like, has changed as I have understood more about academia and I'm sure will keep changing. #otalk



Gillian Ward @DrGillianWard

RT @JoWatson22: if @theRCOT were to facilitate the development of an OT research community or network, how would we know if it had an impact...

**Dr Jenny Preston MBE** @preston_jenny

See perseverance has paid off @NikkiDanielsOT #OTalk

**Jo Watson** @JoWatson22

that's certainly what we will be aiming for @kerri_schOT #otalk

**Nat Jones** @natlouj

@OTalk_ @DrGillianWard @JoWatson22 Just adding webinars for those that can't make study days or what about some blogs on developing research careers to inform and inspire #OTalk joined late tonight but the 💡 ideas are flowing now...

**SuzyorkOT** @SuzyorkOT

@BillWongOT @SetG75 I do think we need to be mindful of different audiences however, one size doesn't always fit all. Dissemination is imp #OTalk

**OTalk** @OTalk_

RT @BillWongOT: @kerri_schOT @smileyfacehalo @preston_jenny @HelenAtkin2 @LelanieBrewer I think it should also be for all the major associa...

**Lelanie** @LelanieBrewer

@OTalk_ I would value meeting other #OccupationalTherapy #PhD students for one - unfortunately I was unable to attend @theRCOT confere this year so missed a networking event and was unable to get to another recent one day event #OTalk

**Jo Watson** @JoWatson22

RT @natlouj: @OTalk_ @DrGillianWard @JoWatson22 Just adding webinars for those that can't make study days or what about some blogs devel...

**ed sum** 🇧🇷 @musedNeuroOT

@kerri_schOT Could you speak with your colleagues to do a little bit extra each to give you more time at work? They can each get an acknowledgement and an inservice session on your dissertation #OTalk

**Kerri Schubert** @kerri_schOTRT @JoWatson22: that's certainly what we will be aiming for @kerri_schOT #otalk <https://t.co/3Ww7qwRv5k>**Bill Wong, OTD, OTR/L** @BillWongOT

@NikkiDanielsOT @JoWatson22 @POPPED_Project @theRCOT I think we also need some cultural change in workplaces too. Yes, placement students can help. But, for places that are not-conducive to having them, cultural change in workplace will have to do. #otalk

**OTalk** @OTalk_

Keep them coming @natlouj #OTalk

**Alex Smith** @YmchwilStroc

@LelanieBrewer @OTalk_ @theRCOT Let's do it #OTalk

**Kerri Schubert** @kerri_schOT

@musedNeuroOT fab idea, thank you! i'll look into it :) #otalk

**Gillian Ward** @DrGillianWard

What kind of network would you like Catriona #Otalk

**Dr Stephanie Tempest** @SetG75

@BillWongOT @SuzyorkOT Maybe but sometimes meta-analysis or meta-synthesis can lose the magic ingredient that existed at a local level. Research doesn't always have to be about global impact at the potential expense of local change #OTalk

**OT@EdinNapier** @OTEdinNapier1

RT @SetG75: Evidence, Research and Development is everyone's business eg it's a pillar of practice in #RCOTCareerFramework. Looking forward...

**Dr Stephanie Tempest** @SetG75

RT @YmchwilStroc: @naomi_gallant @JoWatson22 @LynneGoodacre @theRCOT We could have RCOT research champions? #OTalk

**Jo Watson** @JoWatson22

@POPPED_Project so maybe we need to consider a multi-faceted network, with access points and foci to suit different people at different times @DrGillianWard #OTalk

**Gillian Ward** @DrGillianWard

RT @JoWatson22: @POPPED_Project so maybe we need to consider a multi-faceted network, with access points and foci to suit different people

**Bill Wong, OTD, OTR/L** @BillWongOT

@SetG75 @SuzyorkOT true- I was just thinking about sometimes some studies want bigger sample sizes and pooling can perhaps be a way

**Samantha Pywell** @smileyfacehalo

@OTalk_ #otalk survey clinicians in practice identify the barriers (e.g. Lack of time..), support by making research activity mandatory (but personalised) eg a band 5 can do a PhD if they have the skill.....

**Jo Watson** @JoWatson22

RT @YmchwilStroc: @naomi_gallant @JoWatson22 @LynneGoodacre @theRCOT We could have RCOT research champions? #OTalk

**Naomi Gallant** @naomi_gallant

@preston_jenny It is very dependent on individuals but I'd agree a top down approach would help clinicians give themselves permission to engage in research activities. Also need to trail-blaze from the bottom up and push boundaries! #OTalk #leadership

**Lelanie** @LelanieBrewer

@lezeki @OTalk_ @theRCOT Definitely! I moved to the Peak District/Sheffield area three days ago so keen to meet any #OccupationalTherapists researchers or #PhD students in the area. #OTalk #networking

**Jackie Pottle** @JackiePottleOT

Support to publish and oral presentation -particularly for anyone lacking confidence -just don't think OTs are 'show offs' but we need to learn to promote our findings and show impact of our research for patients or other professions will do it #OTalk

**Jo Watson** @JoWatson22

RT @NikkiDanielsOT: @JoWatson22 @POPPED_Project @theRCOT Perhaps much more effective models such as scholarships of practice help facilitate...

**Dr Stephanie Tempest** @SetG75

RT @JoWatson22: @POPPED_Project so maybe we need to consider a multi-faceted network, with access points and foci to suit different people

**Naomi Gallant** @naomi_gallant

Love this idea!!! I'd sign up straight away! #OTalk

**Samantha Pywell** @smileyfacehalo

@OT_KateT @DrGillianWard #otalk could set up another twitter feed... get clinicians to put the problems on and research active to try to solve them.....work together

**Jo Watson** @JoWatson22

cultural change is definitely a factor in helping us to move the agenda forward @BillWongOT #OTalk

**Gillian Ward** @DrGillianWard

Last few minutes folks - what do you want us to hear most about moving into the development phase of the RCOT R&D strategy? #OTalk

**Dr Jenny Preston MBE** @preston_jenny

@JoWatson22 @theRCOT Changes in the levels of research engagement and outputs, cultural questionnaires to reflect changing attitudes, income #OTalk

**OTalk** @OTalk_

Just reflecting on the rheumatology conf. I attend3d as an ECR, people at all stages of their career were there which was fab but the agenda: things for everyone. ECRs need to meet with senior research's #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @smileyfacehalo: @OT_KateT @DrGillianWard #otalk could set up another twitter feed... get clinicians to put the problems on and resea

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @JackiePottleOT: Support to publish and oral presentation -particularly for anyone lacking confidence -just don't think OTs are' show of...

**Samantha Pywell** @smileyfacehalo

@natlouj @DrGillianWard #otalk brilliant idea would be great to have specialist section for research.... do other professions have this?...

**Jo Watson** @JoWatson22

open invitation folks. Now's your chance ;) @theRCOT @DrGillianWard #otalk

**OTalk** @OTalk_

Last five minutes folks ... #OTalk

**Jo Watson** @JoWatson22

RT @OTalk_: Just reflecting on the rheumatology conf. I attend3d as an ECR, people at all stages of their career were there which was fab b

**Carolina Cordero** @colourful_ot@DrGillianWard As well as co-produced/participatory research (currently v. interested in that after reading this paper <https://t.co/y22cYZbtSU> #OTalk**Jo Watson** @JoWatson22

RT @preston_jenny: @JoWatson22 @theRCOT Changes in the levels of research engagement and outputs, cultural questionnaires to reflect changi...

**ed sum** @musedNeuroOT

@natlouj @DrGillianWard And free membership if you submit evidence of a research related activity in the past 12 months 😊 #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@JackiePottleOT I think tooting our horns is a skill we got to master. We should not think about we are tooting too loud. We should be thinkin how to toot louder and louder. #otalk

**Prof Susan Corr** @SusanCorr1

#otalk create a resource area on website with things like example job descriptions of clinical roles with significant research component; case etc

**Dr Stephanie Tempest** @SetG75RT @JoWatson22: open invitation folks. Now's your chance ;) @theRCOT @DrGillianWard #otalk <https://t.co/8xyJSI9Otk>**Kerri Schubert** @kerri_schOT

RT @smileyfacehalo: @OTalk_ #otalk survey clinicians in practice identify the barriers (e.g. Lack of time..), support by making research ac...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @SusanCorr1: #otalk create a resource area on website with things like example job descriptions of clinical roles with significant resea...

**Kerri Schubert** @kerri_schOT

@DrGillianWard reach out to practising OT's to get their opinions about where to start #otalk

**Dr Gemma Wells** @GemmaOTPhD

@OTalk_ Maximise the opportunity for like minded people to become aware of and engage with each other #OTalk

**SuzyorkOT** @SuzyorkOT

@SetG75 Definitely. Research can sometimes feel quite lonely and isolated, good to know you've got a community..somewhere...#OTalk

**Dr Stephanie Tempest** @SetG75

RT @SusanCorr1: #otalk create a resource area on website with things like example job descriptions of clinical roles with significant resea...

**Jo Watson** @JoWatson22

RT @SusanCorr1: #otalk create a resource area on website with things like example job descriptions of clinical roles with significant resea...

**Alison** @OTMcCracken

@DrGillianWard There are lots of passionate OTs interested and motivated but feeling they lack the skills or time for research. Also can feel isolating. Building networks and offering opportunities for skills development is vital. Lots of great stuff already happening but we can do more #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@SusanCorr1 and private companies should be willing to create roles for such. It will be such worthy investments in long run. #otalk

**Catriona Connell** @POPPED_Project

@DrGillianWard coming to the end of the doc.. an multidisciplinary one with shared interest in collaborating on competitive grant funding applications.. that happens to meet in the pub on my street? #otalk

**Jackie Pottle** @JackiePottleOT

A list of OT researchers and offers of mentorship ? Would love to encourage others and to have an experienced OT research buddy #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @SuzyorkOT: @SetG75 Definitely. Research can sometimes feel quite lonely and isolated, good to know you've got a community..somev...

**Kate Tudor** @OT_KateT

@natlouj @OTalk_ @DrGillianWard @JoWatson22 Yes please on the webinars. I'm not at a point where I want a "research career" so can't j day trip and overnight stay for a study day. But I'd love to be exploring small scale research projects and have no idea where to start. A webin would just hit the spot! #OTalk

**Kerri Schubert** @kerri_schOTfantastic research #OTalk tonight @DrGillianWard .. feel we've really got onto something here with pushing for more research within clinical w
♥**Ellen** 📷❤ @OTEllenUK

RT @JackiePottleOT: Support to publish and oral presentation -particularly for anyone lacking confidence -just don't think OTs are' show of...

**Samantha Pywell** @smileyfacehalo

@OTalk_ @natlouj #otalk what about a new twitter nite for research.. #otalkresearch say on a Thursday?.....

Bill Wong, OTD, OTR/L @BillWongOT

RT @OT_KateT: @natlouj @OTalk_ @DrGillianWard @JoWatson22 Yes please on the webinars. I'm not at a point where I want a "research



S...

**Dr Stephanie Tempest** @SetG75

We seem to keep coming back to the idea of forming connections / networks to share and learn from each other #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OTMcCracken: @DrGillianWard There are lots of passionate OTs interested and motivated but feeling they lack the skills or time for res

**Kerri Schubert** @kerri_schOTRT @SuzyorkOT: @SetG75 Definitely. Research can sometimes feel quite lonely and isolated, good to know you've got a community..somev
...**Jo Watson** @JoWatson22RT @OT_KateT: @natlouj @OTalk_ @DrGillianWard @JoWatson22 Yes please on the webinars. I'm not at a point where I want a "research
S...**Gillian Ward** @DrGillianWard

My goodness that was the fastest hour! Is time up already? #OTalk

**Kerri Schubert** @kerri_schOTRT @margaretOT360: No I think everyone needs to incorporate it into practice. Needs to be normalised #OTalk <https://t.co/ZHFQcbNe0J>**OTalk** @OTalk_

RT @JackiePottleOT: A list of OT researchers and offers of mentorship ? Would love to encourage others and to have an experienced OT re

**Kerri Schubert** @kerri_schOT

RT @JackiePottleOT: A list of OT researchers and offers of mentorship ? Would love to encourage others and to have an experienced OT re

**Gillian Ward** @DrGillianWard

I like it! #OTalk

**OTalk** @OTalk_Well that flew by folks @LynneGoodacre here on the #OTalk account saying a big thanks to @DrGillianWard for leading tonight's research fo
talk. Lots to read through when the blog is posted in a few days time I think**Gillian Ward** @DrGillianWardThank you so much everyone, its been a fantastic tweet chat! Your contributions will be so valuable as we move into the development phase
R&D strategy and think about how to develop our research identity and community. #OTalk**Alex Smith** @YmchwilStroc

@smileyfacehalo @OTalk_ @natlouj I love @ROTTERsExeter great idea #OTalk

**Samantha Pywell** @smileyfacehalo

@JoWatson22 @kerri_schOT #otalk it's finding a way to enforce or regulate support for research in clinical practice....

**ed sum** @musedNeuroOT@DrGillianWard Consideration of the different levels in the Career Development Framework - still think we are missing those between newly
qualified to those undertaking masters courses with a primary research element of the course #OTalk**Bill Wong, OTD, OTR/L** @BillWongOT

@DrGillianWard again, I will expand to globally. opportunities for collaboration will be important. #otalk

Naomi Gallant @naomi_gallant



RT @OTMcCracken: @DrGillianWard Would be amazing to have ability to offer / apply for mentorships within research through RCOT. Having cont...



Dr Stephanie Tempest @SetG75

So opportunities for virtual and accessible learning and information? #OTalk 👍



Alex Smith @YmchwilStroc

@DrGillianWard Look forward to hearing more and seeing it in practice #OTalk



OTalk @OTalk_

We're in the process of putting together the programme for the 2019 #OTalk Research so if any of you are interested in leading a research for talk pls fill out the form in the OTalk blog. We'd love to hear from you



Gillian Ward @DrGillianWard

RT @OTalk_: We're in the process of putting together the programme for the 2019 #OTalk Research so if any of you are interested in leading



Jo Watson @JoWatson22

RT @DrGillianWard: Thank you so much everyone, its been a fantastic tweet chat! Your contributions will be so valuable as we move into the



Catriona Connell @POPPED_Project

@DrGillianWard shall we start it? you can get the train direct from Rugby my patch. meet you at the local flaming grill #otalk



Gillian Ward @DrGillianWard

Thanks again everyone, it's been a pleasure and thank you to our #OTalk hosts, @RCOT and @JoWatson22 for their support too. Bye



Nat Jones @natlouj

@smileyfacehalo @DrGillianWard #OTalk nursing have a research society which is part of the RCN I've been to meet with them recently as reviewing their research strategy friendly warm bunch and it was really energising, not sure about other NMAHPs..?



Ellen 🇬🇧 @OTEllenUK

RT @smileyfacehalo: @OTalk_ @natlouj #otalk what about a new twitter nite for research.. #otalkresearch say on a Thursday?.....



Gillian Ward @DrGillianWard

One to find out more about #otalk



Dr Jenny Preston MBE @preston_jenny

RT @OTalk_: We're in the process of putting together the programme for the 2019 #OTalk Research so if any of you are interested in leading



Samantha Pywell @smileyfacehalo

@JackiePottleOT Virtual mentorship.... brilliant idea #otalk



Prof Susan Corr @SusanCorr1

#otalk start with a chat with your Trust R&D dept. the NHS R&D community really want to help all professions.



Dr Stephanie Tempest @SetG75

Watch this space EdI might have a cunning plan brewing 😊 #RCOTCareerFramework #OTalk



Jo Watson @JoWatson22

Thanks for you thoughts all. They will all contribute to the ongoing work @theRCOT to refresh our R&D strategy and build research confidence capacity in our great profession #ValueOfOT #OTalk

Samantha Pywell @smileyfacehalo

@natlouj @DrGillianWard #otalk interesting.....

**Naomi Gallant** @naomi_gallant

RT @JoWatson22: Thanks for your thoughts all. They will all contribute to the ongoing work @theRCOT to refresh our R&D strategy and build

**Lucy Gordon** @Lucygordon83

@DrGillianWard Involving students, encouraging individuals to participate in studies so they can really get to grips with what is involved, organisations allowing staff to have protected time to work on their research 😊 #OTalk

**Jo Watson** @JoWatson22

RT @OTalk_: We're in the process of putting together the programme for the 2019 #OTalk Research so if any of you are interested in leading

**Ellen** 🇬🇧❤️ @OTEllenUK

Interesting #OTalk tonight! From my experience, I definitely think there's lots of room for development in terms of the general attitude of clinicians/students towards getting involved in research! ❤️

**Samantha Pywell** @smileyfacehalo

#OTalk really enjoyed tonight, thanks everyone, forgot how quick the speed of chat happens when everyone is passionate!!...

**Alex Smith** @YmchwilStroc

Great @OTalk_ everyone, nice to see so many other OTs engaged in research. Let's start this network now. Don't be strangers! #OTalk

**Andy Graham** @andy83g

@preston_jenny @JoWatson22 @theRCOT I'd say measuring changing attitudes to research is key. If we can't change OTs attitude then we definitely aren't going to change their behaviour! Making research accessible and enjoyable seems key to this process #OTalk

**Nat Jones** @natlouj

@smileyfacehalo @OTalk_ I ❤️ that #OTalk have a regular spot for Research, this is a great way to find out what's going on, and network and

**Jo Watson** @JoWatson22

RT @andy83g: @preston_jenny @JoWatson22 @theRCOT I'd say measuring changing attitudes to research is key. If we can't change OTs : t...

**Jo Watson** @JoWatson22

RT @YmchwilStroc: Great @OTalk_ everyone, nice to see so many other OTs engaged in research. Let's start this network now. Don't be str

**Jo Watson** @JoWatson22RT @SusanCorr1: #otalk start with a chat with your Trust R&D dept. the NHS R&D community really want to help all professions. <https://t.co/>**Rob Brooks** @dr_robbrooks

@DrGillianWard Sorry to have missed tonight #OTalk. Will look through the chat threads.

**Jo Watson** @JoWatson22

RT @smileyfacehalo: @JackiePottleOT Virtual mentorship.... brilliant idea #otalk



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