

# #OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, July 31st 2018, 8:00PM – Tue, July 31st 2018, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.

## Upgrade to Symplur Signals a

- Access to over 100,000 #OTalk t
- Filter tweets by Healthcare Stake
- Impact and Sentiment Analysis

Get Symplur Signals



**OTalk** @OTalk\_

Evening all! Welcome to tonights #OTalk chat! We are talking about The use of sensory based interventions in psychiatric settings. with t and @OT\_rach for support. Say hello even if your just lurking <https://t.co/fqYltf5uaC>



**OTalk** @OTalk\_

I'm here to help today, if you get lost just give me a shout. #OTalk <https://t.co/KiyOUBsUnZ>



**OTalk** @OTalk\_

Whats the first rule of #OTalk? Dont forget to include the hash tag in ALL your tweets. <https://t.co/DrPCYGInk9>



**OTalk** @OTalk\_

Remember your professional codes of conduct apply online as they do in practice. Please consider confidentiality when sharing & respect views and experiences. #OTalk <https://t.co/8TmbvOndqx>



**Emma Hall** @Emm\_OT

@OTalk\_ @RRule\_OT @OT\_rach Hi #OTalk 😊



**OTalk** @OTalk\_

Welcome #OTalk



**Nina Franziska** @ninafoxglove

@OTalk\_ I will try to follow from our little island here in Guernsey-Channel Islands #OTalk



**OTalk** @OTalk\_

Welcome #Otalk



**sherlyn graham** @sherlynmelody

I'm lurking tonight. Hello everyone #OTalk



**Shirley Pearce** @shirleypearceot

@OTalk\_ Hi - just lurking for now #OTalk



**OTalk** @OTalk\_

Welcome grey to have you #Otalk



**Yvette Haynes** @YvetteHaynesOT

@OTalk\_ @RRule\_OT @OT\_rach Hello! :) #OTalk



**Katie Crowfoot** @katie\_crowfoot

@OTalk\_ @RRule\_OT @OT\_rach Looking forward to tonight talk. Whilst managing an acute and PICU Mental Health OT team I think we learn lots tonight. #OTalk

**Nina Franziska** @ninafoxglove

@OTalk\_ @RRule\_OT @OT\_rach #OTalk Hi from Guernse in er Channel Islands

**Laura Jayne** @Smalls\_OT

@OTalk\_ Hello 🙋 I'm here #OTalk

**OTalk** @OTalk\_Right, lets get this show on the road! @RRule\_OT its over to you! #OTalk <https://t.co/ObVTb2ZLJx>**Rachel Rule** @RRule\_OT

Hi guys! So.. #OTalk Q1. Have you ever used sensory based interventions in practice? Which area of psychiatric practice do you work in

**OTalk** @OTalk\_

Question 1 #OTalk

**alison warren** @alisonfwarren

#OTalk alison here from @OTPlymouthUni

**Katie Crowfoot** @katie\_crowfoot

@RRule\_OT I've used then in the past within Assessment &amp; Treatment Learning Disabilities Wards. Now in Acute &amp; PICU mental health the team and looking at how we implement this approach in this setting. #OTalk

**Emma Hall** @Emm\_OT

@RRule\_OT #OTalk @HCOT8 we work in an acute inpatient setting and are keen to look at implementing this approach.

**Laura Jayne** @Smalls\_OT

@RRule\_OT Hello 😊 Yes I have! Currently working in Education (ASD&amp;Attachment/Trauma), previously Mostly Forensic services with A and Adults #OTalk

**Solei OT** 🌻 @soleinj\_

RT @RRule\_OT: Hi guys! So.. #OTalk Q1. Have you ever used sensory based interventions in practice? Which area of psychiatric pract

**SOccupational Therapist** @StudentOTs

Looking forward to this chat as I am interested in working in this setting @RRule\_OT #OTalk @OTalk\_

**Norma Harrington** @NormaMai\_

Would love to get input regarding sensory strategies that can really support people to manage self-injury, those we can explore in inpatie that can be easily transferred into every day life in community #OTalk

**Solei OT** 🌻 @soleinj\_

RT @OTalk\_: #OTalk 15 mins till it's time chat About the use of sensory based interventions in psychiatric settings. With @RRule\_OT an

**Sheila White** @Sheila\_I\_White

@OTalk\_ @RRule\_OT @OT\_rach #OTalk lurking here. Interested in finding out more

**Kwaku Agyemang** @KwakuOT

@OTalk\_ @RRule\_OT @OT\_rach Hi 🙋 #OTalk

**Orla** @orlatheot

@RRule\_OT Not yet, I am on a male mental health rehabilitation ward and we offer to do sensory checklists with patients. #OTalk

**alison warren** @alisonfwarren

RT @Sheila\_I\_White: @OTalk\_ @RRule\_OT @OT\_rach #OTalk lurking here. Interested in finding out more

**Look Hear Australia** @lookhearaust

@OTalk\_ I work in Paeds and we use it all the time, though I am interviewing next week for a psychiatric hospital for children and young people. I could see the implications but really here tonight to watch and learn from people already working in the area :) #OTalk

**alison warren** @alisonfwarren

Am listening in to learn more about different settings applying these approaches #OTalk

**Kwaku Agyemang** @KwakuOT

@RRule\_OT Yes, I've Used It Often In My Work With People With Learning Disabilities And Also In Mental Health Rehab Settings...I Have Observed And Used It Briefly During My Placement Working With Young Offenders In Prison. #OTalk

**Patrick maina** @mainap65

RT @OTalk\_: This is great and self discipline to undertake self directed learning is very important. And I personally believe it increases...

**Sam Baker** @thebakerstron

@RRule\_OT #OTalk Working in high secure forensic services. I have used sensory approaches on a 1:1 basis with High Dependency patients however there is significant further work required due to the environment, which further contributes to sensory deprivation.

**alison warren** @alisonfwarren

Used these approaches for people of all ages with dementia in the past. On wards &amp; at home #OTalk @OTPlymouthUni

**Yvette Haynes** @YvetteHaynesOT

@RRule\_OT I am an O.T Assistant working in mental health and O.T student. I am very interested in learning more about how SI is used in mental health. #OTalk

**Hannah Kay** @HannahKayOT

@RRule\_OT Yes I've seen it used in forensic mental health women's service. Currently doing a sensory modulation assessment with a service user. #OTalk

**OTalk** @OTalk\_

@emmadawsot you need to use the hashtag #OTalk in all your tweets otherwise your tweets will not be seen by others, the # is the only way you need to use @ will not work

**OT PlymouthUni** @OTPlymouthUni

RT @alisonfwarren: Used these approaches for people of all ages with dementia in the past. On wards &amp; at home #OTalk @OTPlymouthUni ...

**Patrick maina** @mainap65RT @OTalk\_: Latest blog from @CupOTservices on the #OTalk team session #RCOT2018. <https://t.co/zsPFoyKRig>**OTalk** @OTalk\_

Use the # not the @ #OTalk

**Ele OT** @eleanorramsell

@RRule\_OT Female PICU here. I'm hoping I can be inspired by the chat as I currently have little knowledge about a sensory based approach. #OTalk

**Norma Harrington** @NormaMai\_

@RRule\_OT I am new to adult acute mental health, we are exploring the use of sensory strategies more and more with @NaomiOT24 let's discuss this! #OTalk

**Karen @kalessandram**

@RRule\_OT i work in learning disabilities, currently in intensive support service and inpatient unit. I use a variety of sensory based interventions depending on the individual. #OTalk

**alison warren @alisonfwarren**

RT @NormaMai\_: @RRule\_OT I am new to adult acute mental health, we are exploring the use of sensory strategies more and more with @NaomiOT2...

**Emma Dawson @emmadawsot**

RT @OTalk\_: Use the # not the @ #OTalk <https://t.co/PGRVpeRb9V>

**Rachel Rule @RRule\_OT**

Q2. What do you perceive to be the barriers or benefits to using sensory based interventions in your specific setting? What made you choose not to use them with individuals previously? #otalk

**Grant Mitchell @MillennialOT**

@OTalk\_ #OTalk as a Inpatient Mental Health young adult unit, I tend to do more exploratory and educational sensory groups rather than interventions; to explore fidgets, Sensory materials, weighted blankets, brushes, fidgets, aromatherapy Etc.

**Emma Hall @Emm\_OT**

@HannahKayOT @RRule\_OT #OTalk sounds interesting. What axes do you use?

Technology

**alison warren @alisonfwarren**

#OTalk really interesting to hear this example @PIELRes

Research

**HCSM News @HCSMnews**

RT @alisonfwarren: #OTalk really interesting to hear this example @PIELRes <https://t.co/Kc8lbdVla4>

Healthcare Hashtags

**OTalk @OTalk\_**

Question 2 here - #OTalk

Company

**Laura Jayne @Smalls\_OT**

@RRule\_OT — Concept sometimes complicated to explain to some. Particularly arousal level and how this should go up and down throughout day relevant to what we are doing. #OTalk

**Grant Mitchell @MillennialOT**

@RRule\_OT #OTalk there is some scarcity of concrete sensory strategy research and evidence, it's tough to apply it directly to mental health settings aside from the research @Tchamp13 has done, i.e. weighted blankets have limited protocols especially for mental health

**Ele OT @eleanorramsell**

#OTalk my lack of confidence holds me back from using this approach more I think. And on a PICU setting, permitted materials are often for a variety of reasons. However some patients are so poorly it is the only intervention they can engage in.

**Laura Jayne @Smalls\_OT**

@RRule\_OT + Very useful pre Psychological therapy such as DBT, EMDR. Can gain lots of coping strategies which can be very effective

**OTalk @OTalk\_**

@NaomiOT24 you need to put the hashtag in all your tweets to join in the conversations. #OTalk

**alison warren @alisonfwarren**

RT @eleanorramsell: #OTalk my lack of confidence holds me back from using this approach more I think. And on a PICU setting, permitted

**Emma Hall @Emm\_OT**

@RRule\_OT #OTalk limited guidance for implementation and evidence base.

**Megan Fowler** @megrfowler

@NormaMai\_ @RRule\_OT @NaomiOT24 I've not long started working in adult acute mental health, we have a sensory room in place w interested in using more once I'm settled into the role! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

Late to the party. #otalk

**Norma Harrington** @NormaMai\_

@RRule\_OT Increasing self-awareness and empowering people to identify their needs and self-manage emotions / symptoms is so imp especially for discharge. I think a barrier could be cost, need for more research within the UK and training! #OTalk

**Rachel Rule** @RRule\_OT

RT @NormaMai\_: @RRule\_OT Increasing self-awareness and empowering people to identify their needs and self-manage emotions / s so...

**Yvette Haynes** @YvetteHaynesOT

@RRule\_OT The O.Ts need for SI training in order to practice SI may create a barrier to adopting a sensory approach within O.T in men services. Mental Health Trusts would need to invest money in training and study leave. The online SI training program may help with this

**Look Hear Australia** @lookhearaust

@OTalk\_ #OTalk I think one of the barriers is other professionals not taking OT seriously/not knowing what we do/ you are just doing XY: that help etc, I get that even from teachers and other professionals

**Rachel Rule** @RRule\_OT

RT @Smalls\_OT: @RRule\_OT + Very useful pre Psychological therapy such as DBT, EMDR. Can gain lots of coping strategies which c ef...

**Katie Crowfoot** @katie\_crowfoot

@RRule\_OT #OTalk Barriers - resources, patients engagement, staff buy in from rest of MDT. Benefits- faster recovery, reduced costs or medication, faster recovery, reduced readmissions rates. More practice strategies to managing behaviour, triggers and symptoms.

**Jade Hearson** @JadeH\_OT

@Smalls\_OT @RRule\_OT Good point - do you also find the way people present these arousal levels can also be very different? #OTalk

**Lucy Howell** @howell\_lucy

@RRule\_OT I have used as compensatory strategies, secondary community mental health #otalk

**alison warren** @alisonfwarren

RT @katie\_crowfoot: @RRule\_OT #OTalk Barriers - resources, patients engagement, staff buy in from rest of MDT. Benefits- faster reco

**Rachel Rule** @RRule\_OT

RT @katie\_crowfoot: @RRule\_OT #OTalk Barriers - resources, patients engagement, staff buy in from rest of MDT. Benefits- faster reco

**Bill Wong, OTD, OTR/L** @BillWongOT

@RRule\_OT When I was in mental health, it was definitely used. However, in my current setting, not so much. #otalk

**Laura Jayne** @Smalls\_OT

@RRule\_OT Often chose SI based interventions based on VdT MoCA Level, also based on risk. On reflection I think I was more likely to lower levels of ability and people who were deprived based on their risks (e.g: Long term segregation) #OTalk

**Laura Jayne** @Smalls\_OT

@MillennialOT @RRule\_OT @Tchamp13 Yes! definitely! #OTalk

**Jenna d'Oliveira** @jennadOliveira



#OTalk Just saying Hi 🙋 for now. . . Very interesting topic though



**Naomi OT** @NaomiOT24

@RRule\_OT @NormaMai\_ and I barriers are space and funding... finding appropriate space for people to explore sensory approaches a able to fund the session! #OTalk



**Kwaku Agyemang** @KwakuOT

@MillennialOT @OTalk\_ I Agree...At Times, It Is More About Teaching People About All The Different Things They Can Use As Coping & Rather Than Pure Interventions To Bring About Changes In Behaviours. #OTalk



**Lucy Howell** @howell\_lucy

@RRule\_OT #otalk barriers- belief in effectiveness both clients and staff. Benefits - quick to have an impact, especially on emotions



**Sam Baker** @thebakerstron

@RRule\_OT #OTalk Benefits - using sensory approaches alongside VdTMoCA. Supporting nursing staff in a poor environment. Highly s for complex caseload. Barriers - Institutionalisation, staff resisting change old practice. Lack of understanding of sensory integration as a



**Grant Mitchell** @MillennialOT

@OTalk\_ #OTalk I think understanding a model or hierarchy of use would be helpful too, whether a means or an end; sensory strategies generally a bottom-up approach, that in someways is distraction oriented, I think framework that fits SI with CBT, DBT, etc would be helpf



**Laura Jayne** @Smalls\_OT

@JadeH\_OT @RRule\_OT Yes I guess so, I found it very difficult with some who often perceived we wanted them to be 'Just Right' all th never go into blue/red zones despite the need to at times e.g if you was going to sleep #OTalk



**Hannah Kay** @HannahKayOT

In my forensic placement it seems a big barrier is the restrictive environment , however, they are able to overcome this by having care pl; to ensure the environment is suited to the service users sensory profile. #otalk



**Bill Wong, OTD, OTR/L** @BillWongOT

@RRule\_OT Because I have to go around different nursing homes, hard to set such goals because of uncertainty of follow through from the teams that are regular staffs there. #otalk



**Rachel Rule** @RRule\_OT

RT @thebakerstron: @RRule\_OT #OTalk Benefits - using sensory approaches alongside VdTMoCA. Supporting nursing staff in a poor e ...



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @MillennialOT: @OTalk\_ #OTalk as a Inpatient Mental Health young adult unit, I tend to do more exploratory and educational sensor



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Smalls\_OT: @RRule\_OT — Concept sometimes complicated to explain to some. Particularly arousal level and how this should go down...



**Grant Mitchell** @MillennialOT

@KwakuOT @OTalk\_ #OTalk exactly, part of that is due to the time demands and treatment routine I have since I do group therapy over



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @eleanorramsell: #OTalk my lack of confidence holds me back from using this approach more I think. And on a PICU setting, permitt



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Smalls\_OT: @RRule\_OT + Very useful pre Psychological therapy such as DBT, EMDR. Can gain lots of coping strategies which c ef...

**Jade Hearson** @JadeH\_OT

@eleanorramsell Did you learn much about sensory in your degree? I am about to go into 3rd year and we only had a brief intro to it. I think discussions are helping to understand why everyone should have more sensory awareness, as every client has different sensory needs! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @NormaMai\_: @RRule\_OT Increasing self-awareness and empowering people to identify their needs and self-manage emotions / so...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @howell\_lucy: @RRule\_OT I have used as compensatory strategies, secondary community mental health #otalk

**Rachel Rule** @RRule\_OT

Q3. What do you feel the role of the Occupational Therapist should be in facilitating sensory based interventions? #otalk

**Laura Jayne** @Smalls\_OT

@karenbeaulieuOT @RRule\_OT Yes, lots of work done in practice I reckon, but little research. #OTalk

**Sam Baker** @thebakerstron

@RRule\_OT #OTalk It also supports therapists in understanding violence and aggression, and provides alternative understanding when patients risk.

**OTalk** @OTalk\_

Question 3 #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @thebakerstron: @RRule\_OT #OTalk It also supports therapists in understanding violence and aggression, and provides alternative

**sherlyn graham** @sherlynmelody

RT @lookhearaust: @OTalk\_ #OTalk I think one of the barriers is other professionals not taking OT seriously/not knowing what we do/ y

**Rachel Rule** @RRule\_OT

RT @thebakerstron: @RRule\_OT #OTalk It also supports therapists in understanding violence and aggression, and provides alternative

**Sam Baker** @thebakerstron

@Smalls\_OT @RRule\_OT #OTalk We have found that VdTMoCA and sensory interventions complement each other - and are hoping to developing that aspect of practice!

**Ele OT** @eleanorramsell

I don't remember it being covered at all to be honest, so all that I know, I have picked up in practice. I would definitely benefit from some of these conversations have inspired me to do a bit more research into the area #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@RRule\_OT Education is one- in service can be helpful to share knowledge with other staffs in the same setting. #otalk

**Kwaku Agyemang** @KwakuOT

@MillennialOT @RRule\_OT @Tchamp13 It Really Does Come Down To Purely Personal Preferences I Believe Regardless Of The Research. Sensory Preferences Differ So Widely That To Capture And Align Protocol Would Be Such A Massive Piece Of Work For Anybody To Undertake. #OTalk

**Jade Hearson** @JadeH\_OT

@Smalls\_OT @RRule\_OT That's such a good point, the zones are very helpful for explaining things- thank you for the insight 😊 #OTalk

**Laura Jayne** @Smalls\_OT

@thebakerstron @RRule\_OT & for us informed aspects our whole service model. It was a huge part of co-regulation before then learning to regulate. #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

@RRule\_OT And caregiver education (when applicable) is also important because sometimes you want to see if there is carryover from sessions. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @thebakerstron: @Smalls\_OT @RRule\_OT #OTalk We have found that VdTMoCA and sensory interventions complement each other hoping...

**Hannah Kay** @HannahKayOT

Benefits is that it allows the service users to find coping strategies or realise what may make them have a sensory overload. Sensory based interventions may also be beneficial when working with people who have self harming behaviours. #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @KwakuOT: @MillennialOT @RRule\_OT @Tchamp13 It Really Does Come Down To Purely Personal Preferences I Believe Regarding Research...

**Laura Jayne** @Smalls\_OT

@thebakerstron @RRule\_OT Yes, they fit very well! (Literally just catching up on your previous tweets!) #OTalk

**Norma Harrington** @NormaMai\_

RT @Smalls\_OT: @RRule\_OT + Very useful pre Psychological therapy such as DBT, EMDR. Can gain lots of coping strategies which are effective...

**alison warren** @alisonfwarren

RT @BillWongOT: @RRule\_OT And caregiver education (when applicable) is also important because sometimes you want to see if there is carryover...

**Grant Mitchell** @MillennialOT

@RRule\_OT #OTalk well the Adolf Meyer use of the ideas "opportunities for... doing, actual practice" I think are key... providing opportunity for experience of the autonomy of redirecting our nervous system, is ultimately OT because it can provide functional independence

**OTalk** @OTalk\_

Some are forgetting to include the # in their tweets if you miss it out, your tweet will not be seen, and it will not go on the transcript of conversation so don't forget #OTalk IN ALL TWEETS. <https://t.co/umqISuhZhc>

**Naomi OT** @NaomiOT24

@megrfowler @NormaMai\_ @RRule\_OT This is amazing! This is what we're working towards - hopefully! 🙌 please let us know what in you use in there 😊 #OTalk

**Sam Baker** @thebakerstron

@Smalls\_OT @RRule\_OT #OTalk this is really interesting to hear - and will be a big part of the development of these approaches in our @JadeMarie\_R @CharCarpenter

**Laura Jayne** @Smalls\_OT

@karenbeaulieuOT @RRule\_OT @PIELRes One for the research questions book! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @MillennialOT: @RRule\_OT #OTalk well the Adolf Meyer use of the ideas "opportunities for... doing, actual practice" I think are key...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @HannahKayOT: Benefits is that it allows the service users to find coping strategies or realise what may make them have a sensory

**Jenna d'Oliveira** @jennadOliveira





**@NormaMai\_** This would be awesome #OTalk



**Katie Crowfoot** @katie\_crowfoot

@OTalk\_ I think OT are key to implementing the sensory based interventions, educating the team in learning, but also making the intervention realistic i.e. into everyday life occupations so that the patient can learn to incorporate into everyday routine. #OTalk



**Rachel Rule** @RRule\_OT

RT @MillennialOT: @RRule\_OT #OTalk well the Adolf Meyer use of the ideas "opportunities for... doing, actual practice" I think are key...



**Laura Jayne** @Smalls\_OT

@thebakerstron @RRule\_OT @JadeMarie\_R @CharCarpenter Your new post links defiantly understand the benefits of SI Regulation; p when looking through attachment and trauma perspective. #OTalk



**Lucy Howell** @howell\_lucy

RT @MillennialOT: @RRule\_OT #OTalk well the Adolf Meyer use of the ideas "opportunities for... doing, actual practice" I think are key...



**Look Hear Australia** @lookhearaust

@RRule\_OT #OTalk teaching, showing, evidencing, and implementing these interventions with our clients, we know they work and we are champion how these interventions are a non-invasive way to help



**Grant Mitchell** @MillennialOT

@KwakuOT @RRule\_OT @Tchamp13 I'm not sure this is necessarily "evidence based" but something along the lines of this would be interesting study #OTalk <https://t.co/oJWrlIkYaF>



**Hannah Kay** @HannahKayOT

As well as in my current placement, I've also seen sensory based interventions used within older adults mental health. #OTalk



**Karen** @kalessandram

@RRule\_OT i think it can be really beneficial in to helping the individuals develop or add to their own coping strategies. I trial strategies v individual and we explore what is calming and use this with a sensory ladder. I add this to a PPBS & crisis plan #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @katie\_crowfoot: @OTalk\_ I think OT are key to implementing the sensory based interventions, educating the team in learning, but a



**Rachel Rule** @RRule\_OT

RT @lookhearaust: @RRule\_OT #OTalk teaching, showing, evidencing, and implementing these interventions with our clients, we know work...



**Grant Mitchell** @MillennialOT

@Smalls\_OT @karenbeaulieuOT @RRule\_OT @PIELRes #OTalk a sensory circuit group! Would you be willing to share what items you Sound useful and interesting



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @kalessandram: @RRule\_OT i think it can be really beneficial in to helping the individuals develop or add to their own coping strateg



**Jade Hearson** @JadeH\_OT

RT @katie\_crowfoot: @OTalk\_ I think OT are key to implementing the sensory based interventions, educating the team in learning, but a



**Kwaku Agyemang** @KwakuOT

@eleanorramsell This Is Interesting To Hear...Similarly In The Prison, The OT Experienced Difficulty Getting Some Items...At Times Making But Also Creative At The Same Time! #OTalk

**Lucy Howell** @howell\_lucy

@RRule\_OT #otalk - with adults - opportunities to explore, educate and facilitate some self discovery

**Bill Wong, OTD, OTR/L @BillWongOT**

@kalessandram @RRule\_OT I was on the receiving end of this once upon a time. That is one of the few things I needed to be a qualifier

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @KwakuOT: @eleanorramsell This Is Interesting To Hear...Similarly In The Prison, The OT Experienced Difficulty Getting Some Item

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @howell\_lucy: @RRule\_OT #otalk - with adults - opportunities to explore, educate and facilitate some self discovery

**Laura Jayne @Smalls\_OT**

@OTalk\_ we have knowledge, so sharing, role modelling the benefits (particularly in challenging/crisis situations). It was lovely to hear our colleagues ring us because they didn't know what else to do, then a simple intervention from SI perspective had massive benefits. #OTalk

**Laura Jayne @Smalls\_OT**

So Important within adult MH! Make functional. #OTalk

**Phil King @philking53**

@RRule\_OT #OTalk sorry forgot the hashtag!

**Norma Harrington @NormaMai\_**

@RRule\_OT Also I wouldn't feel 100% sure about the safest use of sensory strategies with some individuals e. g. people who have been trauma such as sexual abuse and the potential risk that exploring some sensory strategies could trigger feelings /memories e.g. deep pre #OTalk

**Jessika Lack @JessikaLack\_OT**

@RRule\_OT Work in high dependency rehabilitation (locked rehab), we definitely use sensory based approaches, mainly in 1:1s (service tactile hallucinations, anxiety, ASC) or as part of our recovery and wellbeing group, letting individuals learn more about themselves #OTA

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @Smalls\_OT: @OTalk\_ we have knowledge, so sharing, role modelling the benefits (particularly in challenging/crisis situations). It was

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @NormaMai\_: @RRule\_OT Also I wouldn't feel 100% sure about the safest use of sensory strategies with some individuals e. g. people who have been trauma such as sexual abuse and the potential risk that exploring some sensory strategies could trigger feelings /memories e.g. deep pre #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @JessikaLack\_OT: @RRule\_OT Work in high dependency rehabilitation (locked rehab), we definitely use sensory based approaches, mainly in 1:1s (service tactile hallucinations, anxiety, ASC) or as part of our recovery and wellbeing group, letting individuals learn more about themselves #OTA

**Sam Baker @thebakerstron**

@RRule\_OT #OTalk In high security, it's about education - supporting staff to understand the concepts and how these affect the patients' care. Also, by 'doing' - OTs can demonstrate the value through innovation, and using sensory approaches to change the 'status quo'.

**Rachel Rule @RRule\_OT**

Q4. Do you believe that sensory based interventions could reduce the use of seclusion and restraint in your area of practice? If yes, how can this be demonstrated to the wider team? #otalk

**Naomi OT @NaomiOT24**

@RRule\_OT #otalk - preventing readmissions by empowering people to self-regulate, find alternative ways to manage their mental health, explore new interests

**Karen @kalessandram**

@RRule\_OT barriers are it being used as a one size fits all approach and undermining why we are doing it - not looking at the individual's relation to occupation, ie non OTs seeking to give out weighted items to all without the expertise, individual assessment or guidance. #ot

**Grant Mitchell @MillennialOT**

@KwakuOT @eleanorramsell #OTalk to slight answe Question #2 again; item restrictions is a barrier, many tools aren't safe and an orga checkout procedure beyond the basics of weighted blankets and aroma therapy, stressballs... is too much for the other unit staff on a loc

**alison warren @alisonfwarren**

Be great to see examples of successful strategies shared in OTNews or something similar #OTalk @karenbeaulieuOT

**Jessika Lack @JessikaLack\_OT**

@RRule\_OT Specific training (commissioners and NHS England wanting specific sensory integration work for service users) however d banding level unable to acquire funding. Resources (limited space, time and money!) #OTalk

**Ele OT @eleanorramsell**

@MillennialOT @KwakuOT @RRule\_OT @Tchamp13 Really like this! Some real practical ways that you can implement some sensory i into practice #OTalk

**Bill Wong, OTD, OTR/L @BillWongOT**

#otalk

**Norma Harrington @NormaMai\_**

RT @MillennialOT: @OTalk\_ #OTalk as a Inpatient Mental Health young adult unit, I tend to do more exploratory and educational sensor

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @eleanorramsell: @MillennialOT @KwakuOT @RRule\_OT @Tchamp13 Really like this! Some real practical ways that you can implenso...

**Bill Wong, OTD, OTR/L @BillWongOT**

RT @eleanorramsell: I don't remember it being covered at all to be honest, so all that I know, I have picked up in practice. I would defini..

**Yvette Haynes @YvetteHaynesOT**

@RRule\_OT I have seen SafeWards calm down sensory boxes used on wards to help people relax, lower their levels of agitation and ar O.Ts could take sensory interventions a lot further by making them more personalised & related to peoples valued occupations to enable #OTalk

**Laura Jayne @Smalls\_OT**

@alisonfwarren @karenbeaulieuOT We used an example for #ValueofOT would have been over 18months ago now #OTalk

**Kwaku Agyemang @KwakuOT**

@MillennialOT @RRule\_OT @Tchamp13 This Looks Good...Perhaps Picking One Thing To Focus On May Be The Start To Trigger Ever Else...Like A Domino Effect. Will Look Into This When I Start My New Role. Something Like The Self Love Is What I Found The Young O Be Lacking So Could Look At That...#OTalk

**Jade Hearson @JadeH\_OT**

@NormaMai\_ @RRule\_OT Thats such an important point, something I had not thought about before, thankyou. #Otalk

**Rachel Rule @RRule\_OT**

RT @MillennialOT: @KwakuOT @RRule\_OT @Tchamp13 I'm not sure this is necessarily "evidence based" but something along the line woul...

**OTalk @OTalk\_**

Question 4 #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @JadeH\_OT: @NormaMai\_ @RRule\_OT Thats such an important point, something I had not thought about before, thankyou. #Otalk

**alison warren** @alisonfwarren

Many thanks will look this up #OTalk

**Holly Graham** @HollyGtheOTRT @OTalk\_: Question 4 #OTalk <https://t.co/fhTI94Utqu>**Grant Mitchell** @MillennialOT

@RRule\_OT #OTalk I think it does when it's used as a care plan, particularly with self-harm, when collaborating with other unit staff, having strategies even if they aren't implemented perfectly, gives an attempted alternative to verbal de-escalation only approaches

**Jessika Lack** @JessikaLack\_OT

@RRule\_OT Education, helping people learn about themselves and others (in particular other members of MDT or carers/ family). Exploring providing opportunities and experiences in the act of 'doing'. #OTalk

**Karen** @kalessandram

@RRule\_OT also unless we can clearly explain our clinical reasoning, what we are doing and why with good knowledge of sensory processing neuroscience and how it enables person to participate in occupations there is a risk of being asked to just focus on sensory not occupational

**Bill Wong, OTD, OTR/L** @BillWongOT

@RRule\_OT I think so... especially if you find good matches. #otalk

**Katie Crowfoot** @katie\_crowfoot

@RRule\_OT YES! I've seen the reduction of seclusion. But you need to get staff buy in... The only way I've found to prove this is by investing time... Through observations, feedback to the team what I've observed and pre guessing incidents. De-brief/reflect with team, takes time

**Rachel Rule** @RRule\_OT

RT @katie\_crowfoot: @RRule\_OT YES! I've seen the reduction of seclusion. But you need to get staff buy in... The only way I've found to

**alison warren** @alisonfwarren

RT @kalessandram: @RRule\_OT also unless we can clearly explain our clinical reasoning, what we are doing and why with good knowledge...

**Sam Baker** @thebakerstron

@RRule\_OT #OTalk I feel it has the potential to - especially on HDU in high security @JadeMarie\_R . However, OTs need to be assertive in proving/measuring the impact of interventions - focussing on one patient to start things off, build a solid case study to present to MDT.

**Naomi OT** @NaomiOT24

@RRule\_OT #otalk Yes! I really do feel that it can reduce V&amp;A. We're auditing the impact of sensory integrations to highlight the reduction in incidents. We're hoping to have sensory assessments soon after admission and have it written in to care plans so that they client remains in control

**Laura Jayne** @Smalls\_OT

@NormaMai\_ @RRule\_OT Definitely something to consider. we saw a lot of distress and ways of regulating in the environment which we can use (e.g: seclusion to reduce sensory input, restraint for proprioceptive input). Think it's useful to consider that it could be a positive risk to take

**Norma Harrington** @NormaMai\_

@RRule\_OT Agree with all the above! back to basics- to help people to engage in activity e. g. people with sensory avoidant traits may isolate themselves and not engage in activities in busy environments. . by addressing this sensory need, it may help them to increase engagement

**Rachel Rule** @RRule\_OT

RT @thebakerstron: @RRule\_OT #OTalk I feel it has the potential to - especially on HDU in high security @JadeMarie\_R . However, OTs

**Norma Harrington** @NormaMai\_

RT @BillWongOT: @RRule\_OT And caregiver education (when applicable) is also important because sometimes you want to see if they carry over...

**Norma Harrington** @NormaMai\_

RT @NaomiOT24: @RRule\_OT #otalk - preventing readmissions by empowering people to self-regulate, find alternative ways to manage...

**Laura Jayne** @Smalls\_OT

@RRule\_OT Defiantly. More research needs to be done to evidence this #OTalk

**Look Hear Australia** @lookhearaust

@RRule\_OT I do!! I have seen it reduce both seclusion and restraint! But the most successful times was staff buy in, regular and consistent interventions and regular feedback between the team and OT #OTalk

**Norma Harrington** @NormaMai\_

RT @MillennialOT: @RRule\_OT #OTalk well the Adolf Meyer use of the ideas "opportunities for... doing, actual practice" I think are key...

**Sam Baker** @thebakerstron

RT @katie\_crowfoot: @RRule\_OT YES! I've seen the reduction of seclusion. But you need to get staff buy in... The only way I've found to

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @NormaMai\_: @RRule\_OT Agree with all the above! back to basics- to help people to engage in activity e. g. people with sensory a

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Smalls\_OT: @NormaMai\_ @RRule\_OT Defiantly something to consider. we saw a lot of distress and ways of regulating in the environment...

**Grant Mitchell** @MillennialOT

@thebakerstron @RRule\_OT @JadeMarie\_R What kinds of methods to measure might be used? #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @thebakerstron: @RRule\_OT #OTalk I feel it has the potential to - especially on HDU in high security @JadeMarie\_R . However, OT

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @katie\_crowfoot: @RRule\_OT YES! I've seen the reduction of seclusion. But you need to get staff buy in... The only way I've found to

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Smalls\_OT: @RRule\_OT Defiantly. More research needs to be done to evidence this #OTalk

**Sam Baker** @thebakerstron

@katie\_crowfoot @RRule\_OT #OTalk Totally agree with this - staff buy in is hugely important, and it is important to acknowledge this car

**Rachel Rule** @RRule\_OT

RT @NormaMai\_: @RRule\_OT Agree with all the above! back to basics- to help people to engage in activity e. g. people with sensory a

**Hannah Kay** @HannahKayOT

Yes! There was a service user who actually loved to be restrained because of the sensory input and the feeling it gave her. Once they understood the reasoning and what could give them a similar feeling - they didn't get restrained anymore. #otalk

**Jessika Lack** @JessikaLack\_OT

@RRule\_OT We don't have seclusion and I personally only been in a restraint once. Least restrictive practice possible but PICU in same RC has found reduction of seclusion by 75% bringing her dog to work #PATDog #OTalk sensory interventions help engagement with talking

**alison warren** @alisonfwarren

RT @MillennialOT: @thebakerstron @RRule\_OT @JadeMarie\_R What kinds methods to measure might be used? #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @HannahKayOT: Yes! There was a service user who actually loved to be restrained because of the sensory input and the feeling it g

**Naomi OT** @NaomiOT24

This is really great #OTalk - thank you for sharing. Good way to discuss sensory interventions with clients &amp; staff to help them understand

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @JessikaLack\_OT: @RRule\_OT We don't have seclusion and I personally only been in a restraint once. Least restrictive practice po

**Emma Hall** @Emm\_OT

@kalessandram @RRule\_OT #OTalk absolutely. SI goes so much further than the blanket label and can easily be diluted. I think many o feel that we have enough knowledge in this area.

**Jade Hearson** @JadeH\_OT

@RRule\_OT If some research could back this up strongly, it would be so pivotal for alot of practice areas! (#shallwechangeourresearchtopicnow)#Otalk

**Julie-Anne Lowe** @julieannelowe1

@OTalk\_ @RRule\_OT @OT\_rach Hello! Late to the party tonight so having a kirk through the posts #OTalk

**Hannah Kay** @HannahKayOT

I think you have a care plan and supportive MDT in order to achieve this though. This could be demonstrated by educating the teams on of sensory based interventions with psychiatric patients. We need more research!!!! #otalk

**Laura Jayne** @Smalls\_OT

Sorry only a little bit here now! Forgot I needed to help the husband! #OTalk

**Hannah Kay** @HannahKayOT

RT @thebakerstron: @RRule\_OT #OTalk I feel it has the potential to - especially on HDU in high security @JadeMarie\_R . However, OT

**Norma Harrington** @NormaMai\_

RT @Smalls\_OT: @NormaMai\_ @RRule\_OT Defiantly something to consider. we saw a lot of distress and ways of regulating in the env whi...

**Patricia Regan** @PatriciaRegan

RT @kalessandram: @RRule\_OT also unless we can clearly explain our clinical reasoning, what we are doing and why with good knowl se...

**Sam Baker** @thebakerstron

@MillennialOT @RRule\_OT @JadeMarie\_R #OTalk Consistent use of outcome measures - dependent on models/theories used. We us OM's (APOM). Also, seclusion statistics pre/post treatment plan to see impact, along with incident reports.

**Kwaku Agyemang** @KwakuOT

@RRule\_OT OTs Have To Feel Confident About What They Are Observing And Hearing From The Client About Thier Sensory Preferenc Attempting To Facilitate Interventions To Decrease Seclusion &amp; Restraint. Also Clearly Articulating Clinical Reasoning Would Be Of Upm Importance. #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Emm\_OT: @kalessandram @RRule\_OT #OTalk absolutely. SI goes so much further than the blanket label and can easily be dilute ma...



**Rachel Rule** @RRule\_OT

Wow! That hour has flown by. Final Q. 5 How would you envision the assessment & implementation of sensory based interventions in your practice setting? Do you think that this would be supported by the MDT? #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @HannahKayOT: I think you have a care plan and supportive MDT in order to achieve this though. This could be demonstrated by ex

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @thebakerstron: @MillennialOT @RRule\_OT @JadeMarie\_R #OTalk Consistent use of outcome measures - dependent on models/t used. We u...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @KwakuOT: @RRule\_OT OTs Have To Feel Confident About What They Are Observing And Hearing From The Client About Thier S Preference...

**Rachel Rule** @RRule\_OT

RT @KwakuOT: @RRule\_OT OTs Have To Feel Confident About What They Are Observing And Hearing From The Client About Thier S Preference...

**Rachel Rule** @RRule\_OT

RT @thebakerstron: @MillennialOT @RRule\_OT @JadeMarie\_R #OTalk Consistent use of outcome measures - dependent on models/t used. We u...

**Yvette Haynes** @YvetteHaynesOT

@RRule\_OT MDTs who have an awareness and understanding of their SU's sensory needs and preferences may be able to find more th and creative ways to de-escalate situations. #OTalk

**OTalk** @OTalk\_

Question 5 #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@RRule\_OT If I were in an ideal situation, a rehab meeting in service would have been appropriate. #otalk

**Laura Jayne** @Smalls\_OT

@thebakerstron @BillWongOT @MillennialOT @RRule\_OT @JadeMarie\_R Risk management part of the APOM ❤️ #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @YvetteHaynesOT: @RRule\_OT MDTs who have an awareness and understanding of their SU's sensory needs and preferences ma to find...

**Rachel Rule** @RRule\_OT

RT @YvetteHaynesOT: @RRule\_OT MDTs who have an awareness and understanding of their SU's sensory needs and preferences ma to find...

**Laura Jayne** @Smalls\_OT

@NormaMai\_ @RRule\_OT To add the positive risk = using SI and developing strategies to manage which can be transferable. #OTalk

**Karen** @kalessandram

@RRule\_OT Yes definitely, i have seen the impact, particularly when it is used proactively as part of someone's care plan. I think when s acutely unwell cognitive strategies are not effective. We need to communicate our resoning and document it. show impact pre & post #ot

**Yvette Haynes** @YvetteHaynesOT

@RRule\_OT SUs who are empowered to understand their own sensory needs and preferences as part of their Care Plan can work with MDT to prevent harm and the need for seclusion or restraint #OTalk.





**Rachel Rule** @RRule\_OT

RT @kalessandram: @RRule\_OT Yes definitely, i have seen the impact, particularly when it is used proactively as part of someone's car



**Grant Mitchell** @MillennialOT

@RRule\_OT #OTalk speaking from, anecdote, and practical opinion; I think a few big factors is a slightly universal staff share system like of regulation" but adapted and relevant to different ages, with readable, appealing, graphically designed handouts with lists of strategies



**Sheila White** @Sheila\_I\_White

@kalessandram @RRule\_OT #OTalk that's a concern I have. Got to be overriding focus on participation in occupation and sensory strat means to enabling this.



**Look Hear Australia** @lookhearaust

@OTalk\_ #OTalk we mainly use the SPM or SP and get okay take up..... I think though having a specific assessments related to our pop would be more helpful (for the MDT), would like to hear everyones thoughts!



**Rachel Rule** @RRule\_OT

RT @MillennialOT: @RRule\_OT #OTalk speaking from, anecdote, and practical opinion; I think a few big factors is a slightly universal st



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Sheila\_I\_White: @kalessandram @RRule\_OT #OTalk that's a concern I have. Got to be overriding focus on participation in occupa s...



**Tori OT** @Tori\_Doll\_

@RRule\_OT Yes, have used them as part of individual 1:1s within a High Dependency environment within High Secure Forensic MH. #C



**Autismum** @Autismum1

@OTalk\_ @RRule\_OT @OT\_rach #OTalk Hello. I'm just lurking.



**alison warren** @alisonfwarren

RT @Sheila\_I\_White: @kalessandram @RRule\_OT #OTalk that's a concern I have. Got to be overriding focus on participation in occupa s...



**Grant Mitchell** @MillennialOT

RT @thebakerstron: @MillennialOT @RRule\_OT @JadeMarie\_R #OTalk Consistent use of outcome measures - dependent on models/t used. We u...



**Sam Baker** @thebakerstron

@RRule\_OT #OTalk Training in SI has been commissioned for the entire service. Following this, specific work with patients will be key to demonstrate this approach and its value to MDT. Case formulations between OTs can also support each other in developing intervention:



**Katie Crowfoot** @katie\_crowfoot

@RRule\_OT sensory ladder, sensory preferences checklist, assessment of areas identify, observe how patient interacts with. Spend time implementing whilst explaining all the time to staff. offer a week of your time (2full days will be enough, but team will buy in to plan!) #OTe



**Yvette Haynes** @YvetteHaynesOT

@RRule\_OT Could SI O.Ts lead SI awareness training to their wider team? I think I read some where that some mental health services i Zealand have done this... #OTalk



**Naomi OT** @NaomiOT24

@KwakuOT @MillennialOT @RRule\_OT @Tchamp13 #OTalk I agree re research. I think that in MH we discuss a lot of sensory needs v consciously being a sensory intervention ie self harm, personal care, mindfulness. I think @Tchamp13 research is amazing but sensory e vary from person to person, day to day!

**Grant Mitchell** @MillennialOT

RT @katie\_crowfoot: @RRule\_OT sensory ladder, sensory preferences checklist, assessment of areas identify, observe how patient inte

**Lucy Howell** @howell\_lucy

#otalk

**Rachel Rule** @RRule\_OT

RT @katie\_crowfoot: @RRule\_OT sensory ladder, sensory preferences checklist, assessment of areas identify, observe how patient inte

**OTalk** @OTalk\_

#OTalk

**Jessika Lack** @JessikaLack\_OT

@BillWongOT @RRule\_OT Very much supported by MDT.. just need to make sure understanding is clear and that all follow appropriate and try to consider sensory profiles during engagement (ideal environmental or set up of engagement). Gardening with one SU in particu

**Rachel Rule** @RRule\_OT

RT @NaomiOT24: @KwakuOT @MillennialOT @RRule\_OT @Tchamp13 #OTalk I agree re research. I think that in MH we discuss a lot needs...

**Tori OT** @Tori\_Doll\_

@RRule\_OT I have definitely seen a difference in occ performance for specific s.users that I have used SI based interventions with. How profession we definitely need to promote this more &amp; contribute to the evidenced base. It's a huge area within forensic services! #OTalk

**OTalk** @OTalk\_5mins left any finial thoughts? #OTalk <https://t.co/HJaI9T0h3U>**Look Hear Australia** @lookhearaustRT @OTalk\_: #OTalk <https://t.co/svtED4uzPV>**Rachel Rule** @RRule\_OT

RT @Tori\_Doll\_: @RRule\_OT I have definitely seen a difference in occ performance for specific s.users that I have used SI based interv

**Kwaku Agyemang** @KwakuOT

@RRule\_OT Possibly Helping MDT Members To Be Aware Of The Impact Thier Own Sensory Preferences May Have On Them May In ' Heighten Their Awareness Of The Impact &amp; Importance Regulation Of Senses May Be For The Clients. #OTalk

**Phil King** @philking53

@lookhearaust @RRule\_OT Consistent is the key word there but is often the most challenging to achieve with a large staff team! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@JessikaLack\_OT @RRule\_OT In my setting, gardening might not always been an option as a treatment option. #otalk

**Rachel Rule** @RRule\_OT

RT @KwakuOT: @RRule\_OT Possibly Helping MDT Members To Be Aware Of The Impact Thier Own Sensory Preferences May Have ( May In Turn He...

**Participation in Every Day Life Research Group** @PIELRes

RT @NaomiOT24: @KwakuOT @MillennialOT @RRule\_OT @Tchamp13 #OTalk I agree re research. I think that in MH we discuss a lot needs...

**Hannah Kay** @HannahKayOT

RT @KwakuOT: @RRule\_OT Possibly Helping MDT Members To Be Aware Of The Impact Thier Own Sensory Preferences May Have ( May In Turn He...

**Jessika Lack** @JessikaLack\_OT

@YvetteHaynesOT @RRule\_OT We had something like this in our NHS trust. Sensory based approaches in OT offered by particular by learning disability services (funded to provide SI as part of directorate). This was open to all OTs across the trust! Great get together and all #OTalk

**Autismum** @Autismum1

@RRule\_OT #OTalk. I think it would be supported by the MDT. In Sussex we have a huge proportion of people who really struggle to manage emotions and hurt themselves in an attempt to make it stop. Many are not ready to tolerate psychology. A more skills development group is

**Karen** @kalessandram

@RRule\_OT It needs to be part of the care pathway, it part of the initial screening as could be impacting on participation in occupation and a reason for further assessment and intervention is clearly communicated. #otalk Used to empower our clients,

**Participation in Every Day Life Research Group** @PIELRes

@OTalk\_ A priority area for research! @karenbeaulieuOT #OTalk

**Jade Hearson** @JadeH\_OT

@OTalk\_ That has flown by! Thanks @OTalk\_ and @RRule\_OT - what an interesting discussion! 😊 #OTalk

**Emma Hall** @Emm\_OT

@OTalk\_ #OTalk building the evidence base and training!

**OTalk** @OTalk\_

Times up, can we Thank @RRule\_OT for hosting tonight, great job!! 🌞🌞🌞 #OTalk The transcript will be added to the blog for you to download later in the week. <https://t.co/WQ0PYnn5Xu>

**Rachel Rule** @RRule\_OT

RT @kalessandram: @RRule\_OT It needs to be part of the care pathway, it part of the initial screening as could be impacting on participation

**Karen** @kalessandram

@RRule\_OT i think we need to be explaining it to our MDT colleagues and linking with evidence and occupation. I find getting them to understand their own sensory preferences and experience some of the strategies themselves helps. Showing the difference to clients and auditing #

**Naomi OT** @NaomiOT24

@RRule\_OT We have amazing sensory assessments that are evidence based and developed by @NormaMai\_ - they are user friendly and give people options to answer closed questions (exploratory) or give lots of examples (competence) for their sensory preferences. #OTalk

**OTalk** @OTalk\_

This is @OT\_rach logging off, great chat tonight, and thanks for remembering the #OTalk 😊 <https://t.co/ApwiWQ0oJr>

**Katie Crowfoot** @katie\_crowfoot

#OTalk this would make a really interesting OT conference topic day like the OT and Personality disorder one done earlier in the year. Getting together to discuss share and develop skills would be amazing!

**Hannah Kay** @HannahKayOT

First time joining #otalk tonight! I've always lurked in the background but really enjoyed it. Thanks!

**Participation in Every Day Life Research Group** @PIELRes

@RRule\_OT @OTalk\_ 🍷 Great chat, thanks! @karenbeaulieuOT #OTalk

**Yvette Haynes** @YvetteHaynesOT

@JessikaLack\_OT @RRule\_OT That sounds fantastic! Perhaps this is something OTs working in other NHS Trusts could request. #OTalk

**Norma Harrington** @NormaMai\_

I think a sensory based component would provide invaluable information in our initial assessments #OTalk #HillingdonOTs

**Jade Reilly** @JadeMarie\_R

@thebakerstron @MillennialOT @RRule\_OT #OTalk there are a vast number of domains measured using VdTMoCA APOM which sensory intervention could impact upon - risk management as identified by @Smalls\_OT and another specific area to pay attention to could be communication/ interaction skills.

**Karen** @kalessandram

@RRule\_OT #otalk giving a voice to clients who often already know and try to seek what regulates them and making a plan to use the el ones , it can be very empowering. Looking with the individual at what sensory activities meet their needs in the community , eg joining a r

**Sam Baker** @thebakerstron

RT @JadeMarie\_R: @thebakerstron @MillennialOT @RRule\_OT #OTalk there are a vast number of domains measured using VdTMoC. which sensory...

**Hannah Kay** @HannahKayOT

RT @katie\_crowfoot: #OTalk this would make a really interesting OT conference topic day like the OT and Personality disorder one done

**Phil King** @philking53

@lookhearaust @RRule\_OT Sorry that's quite a pessimistic tweet! To get round this I strive to be consistently motivated towards sharing knowledge with others, providing personal examples from my sensory self! #OTalk

**Rachel Rule** @RRule\_OT

Thank you all so much for getting involved in this evenings #OTalk - your input has been fantastic! Looking forward to reading through the Hopefully we will all try to get involved in research in this area to promote its powerful impact in improving lives 🙏

**ASI WISE** @asi\_wise

RT @OTplymouthUni: Very excited that one of our students @RRule\_OT features on @OTalk\_ this week to discuss the use of Sensory Interv...

**Phil King** @philking53

@lookhearaust @RRule\_OT The effect can resemble Twitter! One person passes onto 2 others and the domino's keep going! #OTalk #changeagent

**Jade Reilly** @JadeMarie\_R

RT @thebakerstron: @RRule\_OT #OTalk I feel it has the potential to - especially on HDU in high security @JadeMarie\_R . However, OT

**Norma Harrington** @NormaMai\_

@RRule\_OT Thank you for facilitating this wonderful #OTalk - it was my first time participating but it definitely won't be my last. So insightful really got me thinking. Best of luck for the future, it is definitely bright 🌟

**Jade Reilly** @JadeMarie\_R

RT @thebakerstron: @MillennialOT @RRule\_OT @JadeMarie\_R #OTalk Consistent use of outcome measures - dependent on models/t used. We u...

**Yvette Haynes** @YvetteHaynesOT

@kalessandram @RRule\_OT Would the O.T need to be a qualified SI practitioner to integrate the assessment &amp; implementation of sensory interventions within the care pathway and initial screening? Or could the O.T have gained their sensory knowledge through other courses experience? #OTalk

**Yvette Haynes** @YvetteHaynesOT

@RRule\_OT Thank you, I have enjoyed being a part of it and learning from everyone involved! #OTalk

**Naomi OT** @NaomiOT24



RT @NormaMai\_: I think a sensory based component would provide invaluable information in our initial assessments #OTalk #Hillingdon



**Lucy Myhill** @OTlucymyhill

RT @NormaMai\_: Would love to get input regarding sensory strategies that can really support people to manage self-injury, those we ca

Showing 1 to 287 of 287 entries

 #OTalk conte

## Free Custom Analytics and Transcripts for #OTalk

### 100,000 Tweets

Symplur has over 100,000 #OTalk tweets going back to September 2011.

Get unrestricted access to all conversations with **Symplur Signals**.