

# #OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, June 19th 2018, 8:00PM – Tue, June 19th 2018, 9:15PM (Europe/London).

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**OTalk** @OTalk\_



Evening all! Welcome to tonights #OTalk chat! We are talking @theRCOT strategic intentions & keeping the occupational focus with @OT\_rach @Kirstie\_OT on support. Who's out there? <https://t.co/dtwH6Sfjl6>

**Amie Jayne** @Amie\_OT



@OT\_rach Every week i remember how much i love bitmoji! #otalk

**Julie-Anne Lowe** @julieannelowe1



@OTalk\_ @theRCOT @OT\_rach @Kirstie\_OT Hello! Looking forward to my sofa cpd session #OTalk

**Rachel** @OT\_rach



Hello all say hi if your here even if your just lurking #OTalk <https://t.co/MwA2UvfM4L>

**Rachel** @OT\_rach



RT @OTalk\_: Evening all! Welcome to tonights #OTalk chat! We are talking @theRCOT strategic intentions & keeping the occupational focus with @OT\_rach @Kirstie\_OT on support. Who's out there? <https://t.co/dtwH6Sfjl6>

**Amie Jayne** @Amie\_OT



@OTalk\_ @theRCOT @OT\_rach @Kirstie\_OT I'm here :) #OTalk

**Rachel** @OT\_rach



Love this !! #OTalk <https://t.co/TOqMSD3JKX>

**OTalk** @OTalk\_



@julieannelowe1 @theRCOT @OT\_rach @Kirstie\_OT Welcome back Julie! #OTalk

**Look Hear Australia** @lookhearaust



@OTalk\_ @OT\_rach @theRCOT We will miss it tonight, doing some self care and at pub quiz!! Will folks and read the transcript on the v

**EmmaOT** @OTBartlett



@OT\_rach Hi. I'm here and lurking ! #otalk

**Vikki Barry** @VikkiBarryOT



I'm here but not sure how much I can contribute in between kiddie duties and feeling shattered myself #OTalk

**OTalk** @OTalk\_



@parrkers @theRCOT @OT\_rach @Kirstie\_OT Hi Sharon. Welcome to tonights chat. Dont forget to add the #OTalk hash to your tweets so everyone can join in with you

**Julie-Anne Lowe** @julieannelowe1



@OTalk\_ @theRCOT @OT\_rach @Kirstie\_OT It's been a while .. the bake off threw me 😂 #OTalk



**@gem\_OT** @gemOT18  
@OTalk\_ @theRCOT @OT\_rach @Kirstie\_OT Trying to be here #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
Hello people! #otalk



**Sharon Parkin** @parkers  
@OTalk\_ @theRCOT @OT\_rach @Kirstie\_OT I'll never get the hang of it #OTalk



**Dr Jenny Preston MBE** @preston\_jenny  
Hi @OT\_rach, I'm here too #OTalk <https://t.co/B7H6JXUHkW>



**Paediatric OT** @OT\_south  
@OT\_rach I'm lurking! New to #OTalk



**Orla** @orlatheot  
@OT\_rach Hi! Looking forward to the discussion #OTalk



**Rachel** @OT\_rach  
Right then let's get this party started #OTalk <https://t.co/2YF4reG9NJ>



**OTalk** @OTalk\_  
Whats the first rule of #OTalk? Dont forget to include the hash tag in ALL your tweets. <https://t.co/YSh5EZiASd>



**OTalk** @OTalk\_  
@parkers @theRCOT @OT\_rach @Kirstie\_OT Yea you will! Youre in the best company to try something new! #Otalk



**RCOT Northern Ireland** @RCOTNIreland  
RT @OTalk\_: Whats the first rule of #OTalk? Dont forget to include the hash tag in ALL your tweets. <https://t.co/YSh5EZiASd>



**Rachel** @OT\_rach  
Just go with the flow and if you get lost just asked for help. #OTalk



**RCOT Northern Ireland** @RCOTNIreland  
RT @OT\_rach: Right then let's get this party started #OTalk <https://t.co/2YF4reG9NJ>



**OTalk** @OTalk\_  
Dont forget that your professional codes of conduct apply online as they do in practice. Please consider confidentiality when sharing & re others views and experiences. #OTalk <https://t.co/Kq9o4mTcwV>



**Rachel** @OT\_rach  
Question 1 : Before tonight's chat had you heard of RCOT'S strategic intentions? If so what are your thoughts? How do you think they co #OTalk #RCOT2018 <https://t.co/lmdG9He5E7>



**Rebecca Allison** @Rebecca72400332  
Hi. I'm here to try #OTalk again. Still learning!



**Rachel** @OT\_rach  
RT @OTalk\_: Dont forget that your professional codes of conduct apply online as they do in practice. Please consider confidentiality whe

**Rachel** @OT\_rach



RT @OTalk\_: Whats the first rule of #OTalk? Dont forget to include the hash tag in ALL your tweets. <https://t.co/YSh5EZiASd>



@gem\_OT @gemOT18  
@OT\_rach I'm already feeling ok with this #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
Ready to go as ever! #otalk <https://t.co/MmgJz0Sf2O>



**Rachel** @OT\_rach  
@OT\_south Welcome #OTalk



**OTalk** @OTalk\_  
Right, lets get this show on the road! @OT\_rach its over to you! #OTalk <https://t.co/CBKa0x285M>



**Rachel** @OT\_rach  
@VikkiBarryOT Nice to have you here. #OTalk



@gem\_OT @gemOT18  
@OT\_rach Being honest I hadn't but really want to take the opportunity to think how we can be more occupation focus #OTalk



**OTalk** @OTalk\_  
Question one... #OTalk <https://t.co/E2RgJux0sZ>



**Dr Jenny Preston MBE** @preston\_jenny  
I was lucky enough to attend the @theRCOT launch event. There is literally tons that we can all do to support the strategic intentions #O <https://t.co/6uTk3MEI7Y>



**RCOT Northern Ireland** @RCOTNIreland  
RT @gemOT18: @OT\_rach Being honest I hadn't but really want to take the opportunity to think how we can be more occupation focus :



**Kim Willis** @KimWillisOT  
@gemOT18 @OT\_rach Same here #OTalk



**Rachel** @OT\_rach  
Great to read #OTalk what about others? <https://t.co/JOlgiqIEqW>



**Rachel** @OT\_rach  
RT @preston\_jenny: I was lucky enough to attend the @theRCOT launch event. There is literally tons that we can all do to support the s



**EmmaOT** @OTBartlett  
@OT\_rach I've heard that they are there but haven't had chance to look at them yet #otalk



**OTalk** @OTalk\_  
Just gonna leave this here... 😂 #OTalk <https://t.co/srht9cLvkD>



**Bill Wong, OTD, OTR/L** @BillWongOT  
@gemOT18 @OT\_rach This is true in the US context too. Just had a discussion on the new platform on AOTA called CommunOT discuss we are meeting our own Vision 2025. #otalk



**Amie Jayne** @Amie\_OT  
@OT\_rach I've heard of them! I would be slightly worried if I hadn't. I agree with needing to promote the profession more, I'm always talk someone about occupational therapy #OTalk



**Rachel** @OT\_rach  
@preston\_jenny @theRCOT Did you make pledge Jenny? #otalk

Technology



**Vikki Barry** @VikkiBarryOT  
#OTalk With being on the N&Y committee I had heard of the strategic intentions and feel it's particularly important to ensure that we are r needs of Occupational Therapists nationwide in as proactive and engaging manner as possible #OTalk <https://t.co/TuzK5GiAGN> Pricing



**Rachel** @OT\_rach  
@OTBartlett There is a video on the @theRCOT website good to watch. #OTalk

Healthcare Hashtags



**Rachel** @OT\_rach  
<https://t.co/g3N0a266wL> Here is a link to @theRCOT video #OTalk

Company



**Vikki Barry** @VikkiBarryOT  
@Amie\_OT @OT\_rach Ditto! I think it's vital for all of us #OTalk



**Dr Jenny Preston MBE** @preston\_jenny  
Yes I did @OT\_rach and I was proud to share it on Twitter. My pledge is to continue to raise the profile of occupational therapy in everyth do #OTalk <https://t.co/tNQFyiIMkY>



**Rachel** @OT\_rach  
RT @VikkiBarryOT: #OTalk With being on the N&Y committee I had heard of the strategic intentions and feel it's particularly important to



**Amie Jayne** @Amie\_OT  
Here's the video! <https://t.co/94TjIKoCRS> #OTalk <https://t.co/tutb1SabGv>



**Orla** @orlatheot  
@OT\_rach Also considering people aren't in one job for life and then retire anymore. People will have multiple streams of revenue now (: hustles) and retrain and reskill throughout their life #otalk



**Sharon Parkin** @parrkers  
@OTalk\_ Yes, vaguely. Just googled to remind myself #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
@Amie\_OT @OT\_rach Speaking of which... have you seen the latest TEDx talk by Joy Doll? She gave a good one on how OT can be a partner in multidisciplinary teams in healthcare earlier this year. #otalk



**Kim Willis** @KimWillisOT  
@Amie\_OT @OT\_rach I agree. As OT's we seem to always need to promote our profession, why is that?! #OTalk



**@gem\_OT** @gemOT18  
@OT\_rach @preston\_jenny @theRCOT Although I wasn't at conference I really like the idea of making a pledge #OTalk mine was to try here!



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @VikkiBarryOT: #OTalk With being on the N&Y committee I had heard of the strategic intentions and feel it's particularly important to



**Orla** @orlatheot  
@OT\_rach #otalk sorry!



**Rachel** @OT\_rach  
@orlatheot And how can you do that in practice #OTalk

**OTalk @OTalk\_**

#OTalk You can check out the @theRCOT strategic intentions & supporting info via the link <https://t.co/YviL7pC2zj>

**Vikki Barry @VikkiBarryOT**

@preston\_jenny @OT\_rach I think we can all echo your pledge Jenny! Mine was to continue to shout about, inspire and enthuse all about Occupational Therapy #OTalk

**RCOT Northern Ireland @RCOTNIreland**

@OT\_rach The feedback about the strategic intentions has been excellent. Members are delighted with the clear direction and regional events that have been brought out. #OTalk #occupation #occupationalTherapists

**Vikki Barry @VikkiBarryOT**

RT @Amie\_OT: Here's the video! <https://t.co/94TjIKoCRS> #OTalk <https://t.co/tutb1SabGv>

**Amie Jayne @Amie\_OT**

@KimWillisOT @OT\_rach I think it's because partly, compared to nurses and other healthcare professions, occupational therapy is relatively unknown and partly because there are so many different healthcare professions the public don't always know who does what #OTalk

**OTalk @OTalk\_**

RT @OT\_rach: <https://t.co/g3N0a266wL> Here is a link to @theRCOT video #OTalk

**Rachel @OT\_rach**

Great question? #otalk do other professions not have to do this? <https://t.co/xZKM3uwAQQ>

**@gem\_OT @gemOT18**

@KimWillisOT @Amie\_OT @OT\_rach Similar conversations where we work but we must keep going with it to move forward #OTalk

**Vikki Barry @VikkiBarryOT**

@gemOT18 @OT\_rach @preston\_jenny @theRCOT You can do your own pledge via twitter #OTalk

**EmmaOT @OTBartlett**

@OT\_rach @theRCOT Thanks. Just watched it. #OTalk

**Rachel @OT\_rach**

RT @orlatheot: @OT\_rach Also considering people aren't in one job for life and then retire anymore. People will have multiple streams of income #otalk

**Rachel @OT\_rach**

RT @preston\_jenny: Yes I did @OT\_rach and I was proud to share it on Twitter. My pledge is to continue to raise the profile of occupational therapy #otalk

**Amie Jayne @Amie\_OT**

@VikkiBarryOT @preston\_jenny @OT\_rach Mine was to keep shouting about occupational therapy, (even if I annoy my family with it), to know what occupational therapy is #OTalk

**Julie-Anne Lowe @julieannelowe1**

@OT\_rach I ran out of charactots #OTalk .. straight to the naughty step for me kirstie!

**Bill Wong, OTD, OTR/L @BillWongOT**

@KimWillisOT @Amie\_OT @OT\_rach If it is my answer, I think partly is because we are a relatively newer profession. Partly is because some portion of our history of existence... our ways of finding relevancy in public were not the most efficient. #otalk

**Orla @orlatheot**

@OT\_rach No more paper notes, include 21st century occupations on interest checklists (blogging, vlogging, video-gaming), and look at way of how things like VR could be used in rehab (dementia, stroke) #otalk

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 **Dr Jenny Preston MBE** @preston\_jenny  
@VikkiBarryOT @OT\_rach Loving the positivity in this pledge @VikkiBarryOT #OTalk

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 **Rachel** @OT\_rach  
It happens. #OTalk <https://t.co/GCU0pm31Z4>

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 **OTalk** @OTalk\_  
@OT\_rach My pledge (@Kirstie\_OT) was to help OT position itself for the 21st century by sharing and promoting emerging roles & diver Starting with my own work in the assistance dog/dog training sector #OTalk

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 **Bill Wong, OTD, OTR/L** @BillWongOT  
RT @VikkiBarryOT: @preston\_jenny @OT\_rach I think we can all echo your pledge Jenny! Mine was to continue to shout about, inspire enth...

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 **Amie Jayne** @Amie\_OT  
@BillWongOT @KimWillisOT @OT\_rach Pretty much what I said too! =] #OTalk

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 **Vikki Barry** @VikkiBarryOT  
@Amie\_OT @preston\_jenny @OT\_rach Couldn't agree more! We can't expect others to do it for us - it's part and parcel of our role I thin

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 **Kim Willis** @KimWillisOT  
@OT\_rach I think our profession is so broad. We work across all areas of health & social care with all conditions and all age groups. No define as our roles differ depending on setting #OTalk

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 **Bill Wong, OTD, OTR/L** @BillWongOT  
RT @OTalk\_: @OT\_rach My pledge (@Kirstie\_OT) was to help OT position itself for the 21st century by sharing and promoting emerging

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 **SuzyorkOT** @SuzyorkOT  
RT @OTalk\_: #OTalk You can check out the @theRCOT strategic intentions & supporting info via the link <https://t.co/YviL7pC2zj>

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 **Rachel** @OT\_rach  
What if people don't want there information on electronic systems? How does the 21st-century manage that? #otalk <https://t.co/Jjqmjlvsz>

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 **OTalk** @OTalk\_  
@julieannelowe1 @OT\_rach We will let you off this once... wouldnt want to scare you off again 😊 #OTALK

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 **Vikki Barry** @VikkiBarryOT  
RT @preston\_jenny: @VikkiBarryOT @OT\_rach Loving the positivity in this pledge @VikkiBarryOT #OTalk

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 **Alexandra** @AlexThompsonOT  
RT @preston\_jenny: Yes I did @OT\_rach and I was proud to share it on Twitter. My pledge is to continue to raise the profile of occupatio

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 **Bill Wong, OTD, OTR/L** @BillWongOT  
RT @VikkiBarryOT: @Amie\_OT @preston\_jenny @OT\_rach Couldn't agree more! We can't expect others to do it for us - it's part and pe ou...

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 **@gem\_OT** @gemOT18  
RT @OT\_rach: <https://t.co/g3N0a266wL> Here is a link to @theRCOT video #OTalk

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 **Amie Jayne** @Amie\_OT  
@OTalk\_ @OT\_rach @Kirstie\_OT I totally think there's a role in occupational therapists working in the assistance dog sector, matching f sounds so interesting! #OTalk



**Vikki Barry** @VikkiBarryOT  
Love this #OTalk <https://t.co/K7aILNCuvT>



**Orla** @orlatheot  
RT @OT\_rach: What if people don't want there information on electronic systems? How does the 21st-century manage that? #otalk <https://t.co/1234567890>



**Julie-Anne Lowe** @julieannelowe1  
@OT\_rach But I should really be able to write to a word count... part of the day job! #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
@VikkiBarryOT @Amie\_OT @preston\_jenny @OT\_rach That is why I decided to suck up and organize my own TEDx event! I want to go consistent avenue rather than relying on other members in public. #otalk



**OTalk** @OTalk\_  
@Amie\_OT @OT\_rach @Kirstie\_OT Me too. But i may be a little bias 😊 #OTalk



**Kim Willis** @KimWillisOT  
@OT\_rach Probably for another day, but I also feel we have been herded into roles and responsibilities that lead us away from an Occup focus ie discharge planning and equipment provision #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @KimWillisOT: @OT\_rach I think our profession is so broad. We work across all areas of health & social care with all conditions and



**Rachel** @OT\_rach  
Really busy one tonight hope everyone can keep up, just go with the flow but we need to move on to question two now. #otalk



**Amie Jayne** @Amie\_OT  
@orlatheot @OT\_rach I reviewed a great article on using VR within falls prevention, it's definitely a way to go #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @Amie\_OT: @OTalk\_ @OT\_rach @Kirstie\_OT I totally think there's a role in occupational therapists working in the assistance dog s



**OTalk** @OTalk\_  
RT @OT\_rach: Really busy one tonight hope everyone can keep up, just go with the flow but we need to move on to question two now. #otalk



**Vikki Barry** @VikkiBarryOT  
I agree however the one thing we specialise and are experts in across all the areas and settings is occupation - that's our expertise! #OT. <https://t.co/q8Ye2tV509>



**Orla** @orlatheot  
@OT\_rach Good question, is there a system in place for that at the moment where electronic notes are kept? #OTalk



**Paediatric OT** @OT\_south  
@orlatheot @OT\_rach #otalk we've started looking at VR in rehab, keeping up with advances in tech can be tricky!



**Amie Jayne** @Amie\_OT  
@VikkiBarryOT @preston\_jenny @OT\_rach I think most people who are passionate about their jobs like to talk about it, I'm no different!



**ForensicDetail** @ForensicDetail  
#otalk

**Orla** @orlatheot  
@Amie\_OT @OT\_rach Cool, do you have the reference for that? #OTalk



**Julie-Anne Lowe** @julieannelowe1  
Try again..#OTalk <https://t.co/xUOs0lUkVa>



**@gem\_OT** @gemOT18  
@OT\_rach There was a recent article from @Ageing\_Better about technology and older people which I found interesting in that not everyone wants to use tech #OTalk



**Rachel** @OT\_rach  
Moving on - Question 2: What is your understanding of 'occupation' and its meaning with occupational therapy? #OTalk #RCOT2018



**Sarah Innes** @SarahInnes16  
@OT\_rach I've heard of the strategic intentions. First at my regions RCOT leadership roadshow. It's great to see the occupational therapy being raised. We all have a role to play in evidencing our worth and showing the #valueofOT #OTalk



**Amie Jayne** @Amie\_OT  
@BillWongOT @OT\_rach I may have to check that out! =] #OTalk



**OTalk** @OTalk\_  
Question two... #OTalk <https://t.co/MSzIK7bFAi>



**OTalk** @OTalk\_  
RT @OT\_rach: Moving on - Question 2: What is your understanding of 'occupation' and its meaning with occupational therapy? #OTalk



**Dr Jenny Preston MBE** @preston\_jenny  
@KimWillisOT @Amie\_OT @OT\_rach Sometimes I wonder if we do need to promote the profession as much as we think we need to (so controversial!) but increasingly I discover people who know all about occupational therapy #OTalk



**Amie Jayne** @Amie\_OT  
@orlatheot @OT\_rach I'll have to dig it out tomorrow, it's on my desk at work! #OTalk



**Vikki Barry** @VikkiBarryOT  
@Amie\_OT @preston\_jenny @OT\_rach Very true! #OTalk



**Lauren** @Lauren\_OT  
RT @OT\_rach: Moving on - Question 2: What is your understanding of 'occupation' and its meaning with occupational therapy? #OTalk



**ForensicDetail** @ForensicDetail  
I like number 2 - positioning for the 21st century - the fast moving 24 hour news cycle, rapid dissemination of good and questionable ideas develop critical thinking #otalk



**Helen Brown** @HelenBrown09  
Hi Folks just lurking - interesting chat though #otalk



**EmmaOT** @OTBartlett  
@KimWillisOT @OT\_rach Even when doing discharge planning & equipment we can talk about enabling meaningful occupation. Use the of occupation #OTalk



**Vikki Barry** @VikkiBarryOT  
@julieannelowe1 Really do share your thoughts on this Julie #OTalk

**Rachel** @OT\_rach



This a great and you don't need to be an older person. I have friends in there 30's that choice not to have phone or social media for exan  
#OTalk <https://t.co/CcpvyCtq5b>



**Bill Wong, OTD, OTR/L** @BillWongOT

@orlatheot @OT\_rach I know in my setting in the US... as long as my work has contract with the nursing homes, we can definitely go back and check prior medical records... given I have access to the nursing homes previously (which means I worked in those before) #otalk



**Paediatric OT** @OT\_south

@OT\_rach #OTalk occupation is crucial to well-being



**Dr Jenny Preston MBE** @preston\_jenny

RT @KimWillisOT: @OT\_rach Probably for another day, but I also feel we have been herded into roles and responsibilities that lead us away from our original purpose



**Orla** @orlatheot

@OT\_south @OT\_rach Wow, with children? What does that involve? #OTalk



**OTalk** @OTalk\_

To this I once heard someone say start with "I am an occupational therapist and in my role I..." rather than trying to explain OT as a whole or breadth. (I think it might have been @LindaAgnew2?) #OTalk <https://t.co/H1ihkOtnBX>



**Amie Jayne** @Amie\_OT

@preston\_jenny @KimWillisOT @OT\_rach I think it depends on the setting, I've met more people that have a good knowledge of occupational therapy within the healthcare sector, but know a lot of people outside of healthcare that still think I'm occupational health or a physio #OTalk



**Vikki Barry** @VikkiBarryOT

What a question...looking forward to seeing the responses to this #OTalk <https://t.co/HpP42MOKAJ>



**Orla** @orlatheot

@Amie\_OT @OT\_rach Thanks 😊 #OTalk



**Jessika Lack** @JessikaLack\_OT

RT @BillWongOT: @Amie\_OT @OT\_rach Speaking of which... have you seen the latest TEDx talk by Joy Doll? She gave a good one on how OT can be...



**@gem\_OT** @gemOT18

@OT\_rach Very true! Some would say that's for the better #OTalk



**Carolina Cordero** @colourful\_ot

@Amie\_OT @KimWillisOT @OT\_rach It's also very varied; someone could e.g. understand perfectly what an OT working in the orthopaedic department of a hospital does but not have any idea of how that same profession could lend itself to working in mental health in the community since they are so different! #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OTBartlett: @KimWillisOT @OT\_rach Even when doing discharge planning & equipment we can talk about enabling meaningful occupation... Use...



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @ForensicDetail: I like number 2 - positioning for the 21st century - the fast moving 24 hour news cycle, rapid dissemination of good news



**Sharon Parkin** @parkers

@OT\_rach Following on from another twitter convo.. I feel more OT services need to be more accessible eg in GP practices. Sometimes it can make it difficult to access probably due to overwhelming workloads #OTalk

**Vikki Barry** @VikkiBarryOT



@OTBartlett @KimWillisOT @OT\_rach I couldn't agree more Emma #OTalk



**ForensicDetail** @ForensicDetail

@OTalk\_ @LindaAgnew2 feel like i might dig out "occupational therapy in a tweet" challenge #otalk



**Bill Wong, OTD, OTR/L** @BillWongOT

@ForensicDetail I think that is why live tweeting at conference is always a good idea. While we should get some interactions with our usual suspects, if we can reach certain others who don't know about OT... we are doing awesome work. #otalk



**OTalk** @OTalk\_

Jenny throwing one in from the left field...thoughts? #OTalk <https://t.co/D8PICzKCqq>



**Rachel** @OT\_rach

What do we call it to ensure it showed we are occupation focussed? Or do we just not do discharge planning? Is that someone's else's job? <https://t.co/gTzleYOkIj>



**Vikki Barry** @VikkiBarryOT

Like the sound of this #OTalk <https://t.co/gdJoXrZnPR>



**Rachel** @OT\_rach

Why? #OTALK <https://t.co/mUsEvLwwiW>



**Amie Jayne** @Amie\_OT

@colourful\_ot @KimWillisOT @OT\_rach Completely agree with you there, understand that the profession lends itself to both physical and health settings can initially be confusing, it's why I focus on occupations being 'pieces of doing' and using examples #OTalk



**OTalk** @OTalk\_

Do it! Lots of new people in the Twittersphere these days! #OTalk <https://t.co/Y9FfTEeBvo>



**Julie-Anne Lowe** @julieannelowe1

@OT\_rach For me it is the fundamental aspect of being human... everything revolves around doing within a particular environment, there context and the understanding of this is crucial to our practice #OTalk



**Suzanne Henshall** @Suze17

@OT\_rach I'm here. #OTalk



**Sarah Innes** @SarahInnes16

@OT\_rach @OTalk\_ Occupation is core to human nature. It's key to engage in things we need and want to do. It's a powerful tool, vital to occupational therapy to support people to live life the way they want to, to the best of their potential. #OTalk #rcot



**Ruth Hawley** @Ruth\_Hawley

Same for me too, saw them at #RCOT2018 and in OT news and been firstly thinking how I can support #OTeducation to enable students confident with technology and digital skills to prepare them for practice. #OTalk <https://t.co/AFyfnHMYQK>



**EmmaOT** @OTBartlett

@VikkiBarryOT When I talk about occupations I explain... 'it is all the things that you do that occupy your time', then take it from there. #OTalk



**Amie Jayne** @Amie\_OT

@ForensicDetail @OTalk\_ @LindaAgnew2 Do it, I'll give it a go =] #OTalk



**Rachel** @OT\_rach

How do we do this #OTalk <https://t.co/PoXjSvyk0P>

 **Sharon Parkin** @parrkers

@OT\_rach @OTalk\_ It maybe easier if the question is posed on the other @OTalk\_ or @OT\_rach as I'm losing the plot here trying to keep it simple. #OTalk

 **Rachel** @OT\_rach

RT @Suze17: @OT\_rach I'm here. #OTalk

 **Rachel** @OT\_rach

@Suze17 Welcome #OTalk

 **ForensicDetail** @ForensicDetail

@Amie\_OT @OTalk\_ @LindaAgnew2 Haha - brilliant - i only just unpinned it from my page. Will rake it out from my old blog post #otalk

 **@gem\_OT** @gemOT18

@JessikaLack\_OT @KimWillisOT @OT\_rach I guess it's how we frame it and by the very nature of being OTs we are having that 'occupational' conversation. #OTalk

 **Bill Wong, OTD, OTR/L** @BillWongOT

@preston\_jenny @KimWillisOT @Amie\_OT @OT\_rach I admit I at times overdo it. I think in some global south countries or countries which are recently developed, though, we still need to establish our place. #otalk

 **Amie Jayne** @Amie\_OT

@Ruth\_Hawley I would have loved more focus on using technology and how it can be adapted for healthcare #OTalk

 **Kim Willis** @KimWillisOT

@JessikaLack\_OT @OT\_rach I understand your point, but I feel that these roles are taking priority over person focused intervention. Person needs to be able to x, y and, z prior to d/c, according to ward.. Not necessarily the person #OTalk

 **Bill Wong, OTD, OTR/L** @BillWongOT

RT @julieannelowe1: @OT\_rach For me it is the fundamental aspect of being human... everything revolves around doing within a particular context

 **Bill Wong, OTD, OTR/L** @BillWongOT

RT @SarahInnes16: @OT\_rach @OTalk\_ Occupation is core to human nature. It's key to engage in things we need and want to do. It's the most powerful...

 **Bill Wong, OTD, OTR/L** @BillWongOT

RT @gemOT18: @JessikaLack\_OT @KimWillisOT @OT\_rach I guess it's how we frame it and by the very nature of being OTs we are having that 'occupational' conversation. #OTalk

 **Dr Jenny Preston MBE** @preston\_jenny

@OTalk\_ Just still in a state of shock that my 17 year old son came home from school saying his friend wants to be an occupational therapist. I promise I never influenced his decision 😂😂 #OTalk. Just pleased my son owned up to knowing one 😂😂

 **OTalk** @OTalk\_

@parrkers @OT\_rach We post it on both to ensure we don't miss anyone. Maybe try following just @OT\_rach tweets and see if that helps

 **Vikki Barry** @VikkiBarryOT

It all depends on what the person's occupational needs are. If discharge planning relates to their occupational goal then it's definitely our occupational perspective is what drives our thinking and intervention #OTalk <https://t.co/1uHHXHLHcs>

 **Orla** @orlatheot

@OT\_rach Occupations are the activities that we need, want, and have to do. #otalk

 **Orla** @orlatheot



RT @SarahInnes16: @OT\_rach @OTalk\_ Occupation is core to human nature. It's key to engage in things we need and want to do. It's powerful...



**Dr Jenny Preston MBE** @preston\_jenny

RT @OTBartlett: @KimWillisOT @OT\_rach Even when doing discharge planning & equipment we can talk about enabling meaningful use...



**Rachel** @OT\_rach

@parrkers @OTalk\_ The host always asked the questions - @OTalk\_ account is the admin to support the host #OTalk (different host eve



**OTalk** @OTalk\_

@preston\_jenny Haha. Have you been sending him to school with @theRCOT pens?? #OTalk



**@gem\_OT** @gemOT18

@OTBartlett @VikkiBarryOT I always think that's a great place to start and I always talk about engaging in activities that are meaningful #OTalk



**Vikki Barry** @VikkiBarryOT

👉 #OTalk <https://t.co/YqUnsNcfns>



**Vikki Barry** @VikkiBarryOT

RT @SarahInnes16: @OT\_rach @OTalk\_ Occupation is core to human nature. It's key to engage in things we need and want to do. It's powerful...



**Lauren** @Lauren\_OT

@parrkers @OT\_rach I agree, and I would love to work in a GP's, primarily supporting people with mental health problems. No idea how selling myself and this idea though! #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @Ruth\_Hawley I would have loved more focus on using technology and how it can be adapted for healthcare #OTalk



**Marie Baistow** @Mrsbaistow

RT @OTalk\_: Evening all! Welcome to tonights #OTalk chat! We are talking @theRCOT strategic intentions & keeping the occupational f



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @preston\_jenny: @OTalk\_ Just still in a state of shock that my 17 year old son came home from school saying his friend wants to be



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @orlatheot: @OT\_rach Occupations are the activities that we need, want, and have to do. #otalk



**Amie Jayne** @Amie\_OT

@OT\_rach For me, an occupation is a piece of doing, it may be for self-care, to be productive or for leisure, being able to engage in occupation influence on physical and mental health and is core to the occupational therapy profession #OTalk



**CatherineGreenlaw** @c\_\_greenlaw

RT @OTBartlett: @KimWillisOT @OT\_rach Even when doing discharge planning & equipment we can talk about enabling meaningful use...



**Ruth Hawley** @Ruth\_Hawley

@Amie\_OT Yes it's hard to keep up to date when tech changes at fast pace. I loved the article about the need for addressing the digital part of OT practice in this month's OT news #OTalk



**Orla** @orlatheot

RT @Ruth\_Hawley: Same for me too, saw them at #RCOT2018 and in OT news and been firstly thinking how I can support #OTeducatic



s...

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**Carolina Cordero** @colourful\_ot

@OTalk\_ I find most people are familiar with OT in at least one setting (e.g. my grandmother mainly knows OTs as the people who help adaptive equipment after a hip replacement) so the challenge is explaining all the other different roles we can have #OTalk

**Dr Jenny Preston MBE** @preston\_jennyNow there's a missed opportunity #OTalk <https://t.co/8yvY4dJhvj>**ForensicDetail** @ForensicDetail

In 2016 - i set myself the challenge to define occupational therapy in a tweet - with the launch of the #rcotstrategicintentions including 'po the 21st century' does it still fit the bill??? 1/2 #otalk

**Amie Jayne** @Amie\_OT

@ForensicDetail @OTalk\_ @LindaAgnew2 Brilliant, I shall start thinking of what to write #OTalk

**Kim Willis** @KimWillisOT

RT @julieannelowe1: @OT\_rach For me it is the fundamental aspect of being human... everything revolves around doing within a partici

**Vikki Barry** @VikkiBarryOT

@preston\_jenny @OTalk\_ Fabulous! #OTalk

**Rachel** @OT\_rach

Question 3: How do you describe occupation to your colleagues and users of your service? #OTalk #RCOT2018

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Lauren\_OT: @parrkers @OT\_rach I agree, and I would love to work in a GP's, primarily supporting people with mental health prob

**ForensicDetail** @ForensicDetail

Occupational therapy is:- The deliberate application of occupation as a therapeutic medium – to achieve a defined occupational goal. #ot

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @OT\_rach For me, an occupation is a piece of doing, it may be for self-care, to be productive or for leisure, being able t

**Vikki Barry** @VikkiBarryOT

RT @gemOT18: @OTBartlett @VikkiBarryOT I always think that's a great place to start and I always talk about engaging in activities tha

**Kim Willis** @KimWillisOT

RT @colourful\_ot: @OTalk\_ I find most people are familiar with OT in at least one setting (e.g. my grandmother mainly knows OTs as the

**Ruth Hawley** @Ruth\_Hawley

@Amie\_OT Maybe use of technology would be good focus for a stream for future @theRCOT conference? #OTalk

**Suzanne Henshall** @Suze17

@preston\_jenny @KimWillisOT @Amie\_OT @OT\_rach A lot of my service users get so much 'footfall' through their home including heal care / carers &amp; housing professionals that alas they understandably struggle to know the OT or their remit. #OTalk

**Vikki Barry** @VikkiBarryOT

RT @Amie\_OT: @OT\_rach For me, an occupation is a piece of doing, it may be for self-care, to be productive or for leisure, being able t

**Julie-Anne Lowe** @julieannelowe1

RT @SarahInnes16: @OT\_rach @OTalk\_ Occupation is core to human nature. It's key to engage in things we need and want to do. It's :



powerful...



**Paediatric OT @OT\_south**

@parkers @OT\_rach @parkers #otalk this would be good to see, more preventative approach as oppose to reactive where barriers to occupational performance may increase due to delay in getting help



**Amie Jayne @Amie\_OT**

@Ruth\_Hawley I say that but haven't read it just yet! #OTalk



**Occupational Therapy @SETAcuteOT**

RT @RCOTNIreland: @OT\_rach The feedback about the strategic intentions has been excellent. Members are delighted with the clear c



**OTalk @OTalk\_**

Question three...#OTalk <https://t.co/VM3zllmgD6>



**ForensicDetail @ForensicDetail**

Occupational therapy = The deliberate application of occupation as a therapeutic medium – to achieve a defined occupational goal. #otal @theRCOT <https://t.co/x3lzsKop4s>



**Bill Wong, OTD, OTR/L @BillWongOT**

@Lauren\_OT @parkers @OT\_rach I think confidence comes with time. But perhaps case examples from you and showing #valueofot a the most important things you got to do. #otalk



**Vikki Barry @VikkiBarryOT**

RT @ForensicDetail: Occupational therapy is:- The deliberate application of occupation as a therapeutic medium – to achieve a defined o



**ForensicDetail @ForensicDetail**

@Amie\_OT @OTalk\_ @LindaAgnew2 It's on my feed - i'll pin it, see what you think #otalk



**Amie Jayne @Amie\_OT**

@Suze17 @preston\_jenny @KimWillisOT @OT\_rach Too true, my nana has had so many different people involved in her care, she's 92 calls everyone 'her girls'. It gets very confusing trying to work out who has seen her #OTalk



**@gem\_OT @gemOT18**

Really like this definition! #OTalk <https://t.co/Mn5LjCUkvN>



**Ele OT @eleanorramsell**

@OTalk\_ @LindaAgnew2 I love this idea. It would really make it specific to the individual. I think I'll try to incorporate this into my practice



**CatherineGreenlaw @c\_\_greenlaw**

RT @julieannelowe1: @OT\_rach For me it is the fundamental aspect of being human... everything revolves around doing within a partic



**Bill Wong, OTD, OTR/L @BillWongOT**

@colourful\_ot @OTalk\_ Same goes with the autism community as well- many caregivers know about our roles in pediatrics, but not necessarily other setting and/or populations. #otalk



**Amie Jayne @Amie\_OT**

@Ruth\_Hawley @theRCOT I like the sound of that, even more tech focused occupation stations would be brilliant! #OTalk



**Ruth Hawley @Ruth\_Hawley**

@Amie\_OT In fairness only read this evening whilst waiting for tea to cook so just fortuitous #OTalk

**'Lamide @girllikemabel**



RT @SarahInnes16: @OT\_rach @OTalk\_ Occupation is core to human nature. It's key to engage in things we need and want to do. It's powerful...



'Lamide @girllikemabel  
RT @orlatheot: @OT\_rach Occupations are the activities that we need, want, and have to do. #otalk



OTalk @OTalk\_  
Dont forget those hashtags people #OTalk <https://t.co/srht9cLvKD>



ForensicDetail @ForensicDetail  
@OTalk\_ Although there are more characters now... #otalk



Bill Wong, OTD, OTR/L @BillWongOT  
RT @Amie\_OT: @Ruth\_Hawley @theRCOT I like the sound of that, even more tech focused occupation stations would be brilliant! #OTalk



'Lamide @girllikemabel  
RT @julieannelowe1: @OT\_rach For me it is the fundamental aspect of being human... everything revolves around doing within a partic...



Ruth Hawley @Ruth\_Hawley  
Good idea #OTalk <https://t.co/27jTxAyPaM>



Rachel @OT\_rach  
It is important that our service users know who we are and what we do? #OTalk <https://t.co/059wSsJJyz>



Amie Jayne @Amie\_OT  
@eleanorramsell @OTalk\_ @LindaAgnew2 I think it's good to tailor what you are saying to the individual you're working with, it gives it meaning and hopefully helps them to remember what you are saying #OTalk



Bill Wong, OTD, OTR/L @BillWongOT  
RT @eleanorramsell: @OTalk\_ @LindaAgnew2 I love this idea. It would really make it specific to the individual. I think I'll try to incorpo...



'Lamide @girllikemabel  
RT @Amie\_OT: @OT\_rach For me, an occupation is a piece of doing, it may be for self-care, to be productive or for leisure, being able to...



Vikki Barry @VikkiBarryOT  
All those activities that we have, need or want to do that provide meaning and value to our lives and it's those that actually make us who we are. Imagine what life might be or who we would be without them?! #OTalk <https://t.co/f8buD4dCyD>



Lauren @Lauren\_OT  
@BillWongOT @parkers @OT\_rach I feel confident and think it would be a greatly valued service but the commissioning of services and securing funding to do it seems a pretty complex process, it's that that I don't fully understand or know where to start with. #OTalk



@gem\_OT @gemOT18  
@OTalk\_ I use case examples to colleagues as stories are more memorable #OTalk



OTalk @OTalk\_  
@ForensicDetail I spotty that cheeky add of the hash tag missy 😊 #OTalk



ForensicDetail @ForensicDetail  
@gemOT18 Thanks - all my own work... here's the lined blog post <https://t.co/sMMEEMHFwu> #otalk



'Lamide @girllikemabel  
RT @preston\_jenny: Yes I did @OT\_rach and I was proud to share it on Twitter. My pledge is to continue to raise the profile of occupatio...

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @eleanorramsell @OTalk\_ @LindaAgnew2 I think it's good to tailor what you are saying to the individual you're working

**Julie-Anne Lowe** @julieannelowe1

@OT\_rach To be honest sometimes with difficulty within different faculties. But then we have the beauty of debate and I start with what w life be like if you couldn't do ..... that usually sparks great debate and eventually enlightenment #OTalk

**Kim Willis** @KimWillisOT

RT @VikkiBarryOT: All those activities that we have, need or want to do that provide meaning and value to our lives and it's those that ac

**Rebecca Allison** @Rebecca72400332

@KimWillisOT @preston\_jenny @OT\_rach Totally agree with you there. Every now and then I find myself realising I've lost what was imj #OTalk

**Rachel** @OT\_rachGreat - so do we sometimes simplify the language? #OTalk <https://t.co/Gd4pXbF3WK>**Dr Jenny Preston MBE** @preston\_jennyAbsolutely still fits the bill @ForensicDetail #OTalk <https://t.co/as8F3tjFb9>**@gem\_OT** @gemOT18

@ForensicDetail Perfect! I have lots of reading to do after my first #OTalk

**Amie Jayne** @Amie\_OT

@OT\_rach Yes, in the case that a service users family can understand who to turn to, but in a 92 year old with cognitive decline, from ex with my nana, it's more important she knows there is a team there for her and we all work together to give her the best care #OTalk

**ForensicDetail** @ForensicDetail

@OTalk\_ busted! my computer is being grumpy #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

@OT\_rach And also our community partners too. They can be the ones that provide us avenues to enhance their services. #otalk

**Amie Jayne** @Amie\_OT

@OT\_rach But I may be a little biased #OTalk

**Rachel** @OT\_rachWelcome #OTalk <https://t.co/UXXSmkABoX>**Vikki Barry** @VikkiBarryOT

@gemOT18 @OTalk\_ I did exactly this with school children a couple of weeks ago...once I started talking about people I had worked eit with eyes lit up! That's occupational therapy right there #OTalk

**Vikki Barry** @VikkiBarryOTRT @ForensicDetail: @gemOT18 Thanks - all my own work... here's the lined blog post <https://t.co/sMMEEMHFwu> #otalk**ForensicDetail** @ForensicDetail

@preston\_jenny Brill! #otalk

**Kirstie** @Kirstie\_OT

My participation in tonights #OTalk is being fuelled by replays of @linkinpark #MakeChesterProud celebration. Both glad and very sad to at his last gig in Birmingham. #RIPchester



**@Caroline2018** @student\_ot

@OT\_rach Things that bring value to our lives. Things that we do everyday that are meaningful and shape who we are.#OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

@OT\_rach Absolutely! Look at our TED/TEDx talks for example, most of the speakers seldom/never use jargon. If they do, they will need at 6th grade level. #otalk



**Ruth Hawley** @Ruth\_Hawley

@OT\_rach Understanding occupation has many complex layers so always learning more about it no matter how much I know! #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

The things you need, want and have to do as part of your everyday life #OTalk <https://t.co/WhmNk4PlrA>



**OTalk** @OTalk\_

@ForensicDetail #SadMac 😢 #OTalk



**Occupational Therapy** @SETAcuteOT

@OT\_rach We are delighted with @theRCOT strategic intentions as they support us in asking about #occupations such as work and leisure are the driver of every assessment we complete #OTalk



**Amie Jayne** @Amie\_OT

@OT\_rach Yes, depending on the person and their level of understanding my own definition is tailored and sometimes simplified. At the moment it is useful but not 100% if that takes away from the professional definition/professional identity, if that makes sense? #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @student\_ot: @OT\_rach Things that bring value to our lives. Things that we do everyday that are meaningful and shape who we are



**Vikki Barry** @VikkiBarryOT

I think we have to be careful about language as we do need to maintain the use of occupational language as it's that which makes us unique <https://t.co/ca7oWOzZf8>



**Kim Willis** @KimWillisOT

Love this. It always disappoints me when I begin to explain OT and people's expressions change... 'all sounds a bit fluffy to me'. Making people understand is a challenge. More understanding= valued more? #OTalk <https://t.co/txPxmEDJGN>



**'Lamide** @girllikemabel

RT @BillWongOT: @ForensicDetail I think that is why live tweeting at conference is always a good idea. While we should get some interaction



**Rachel** @OT\_rach

I love this, always learning #OTALK <https://t.co/uTPBoDaaBb>



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Ruth\_Hawley: @OT\_rach Understanding occupation has many complex layers so always learning more about it no matter how much I know! #OTalk...



**Vikki Barry** @VikkiBarryOT

RT @preston\_jenny: Absolutely still fits the bill @ForensicDetail #OTalk <https://t.co/as8F3tjFb9>



**OTalk** @OTalk\_

Half way through tonights chat! Super busy tonight but great to see so many newbies out there giving #OTalk a go!



**Carolina Cordero** @colourful\_ot

@Amie\_OT @Ruth\_Hawley @theRCOT Maybe controversial but I'd love a video gaming occupation station - I'm on a paediatric placement



moment and of course it's all very anti-'screen time' but I wonder if paediatric OTs might better understand why games are meaningful to kids had played them #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @SETAcuteOT: @OT\_rach We are delighted with @theRCOT strategic intentions as they support us in asking about #occupations s a...



**Rachel** @OT\_rach

Welcome #OTalk <https://t.co/LgekYgaa9P>



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @OT\_rach Yes, depending on the person and their level of understanding my own definition is tailored and sometimes s



**'Lamide** @girllikemabel

RT @KimWillisOT: @OT\_rach I think our profession is so broad. We work across all areas of health & social care with all conditions and



**Vikki Barry** @VikkiBarryOT

RT @Ruth\_Hawley: @OT\_rach Understanding occupation has many complex layers so always learning more about it no matter how much #OTa...



**Amie Jayne** @Amie\_OT

@VikkiBarryOT @gemOT18 @OTalk\_ I'm speaking to college students next week to talk to them about the 'hidden career' of occupation hopefully I will help light their eyes up too #OTalk



**Ravita OT** @RavitaOt

RT @preston\_jenny: Yes I did @OT\_rach and I was proud to share it on Twitter. My pledge is to continue to raise the profile of occupatio



**Bill Wong, OTD, OTR/L** @BillWongOT

@VikkiBarryOT To a mass audience, though, it is better to err on the side of easier language. #otalk



**Ruth Hawley** @Ruth\_Hawley

@OT\_rach And as a core concept occupation has everything to do with occupational therapy! #OTalk



**Julie-Anne Lowe** @julieannelowe1

@OT\_rach 2/2 we also discuss 'dark' and maladaptive occupations - this is a great debate to have with students when they realise that not all aspects of occupation are positive #otalk



**OTalk** @OTalk\_

@LindaAgnew2 I'm impressed with my memory there! #OTalk A perfect example of #HelloMyNameIs as well 👍



**'Lamide** @girllikemabel

RT @KimWillisOT: @JessikaLack\_OT @OT\_rach I understand your point, but I feel that these roles are taking priority over person focus



**Rachel** @OT\_rach

So now we have an idea of what occupation is and how we explain it I'll move on to question 4. #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @KimWillisOT: Love this. It always disappoints me when I begin to explain OT and people's expressions change... 'all sounds a bit flu



**Amie Jayne** @Amie\_OT

@colourful\_ot @Ruth\_Hawley @theRCOT Sounds brilliant, @Kirstie\_OT and I spent a while at conference talking about Pokemon Go as an occupation and the value in communities that have come from the game! It's something I would love to look into more! #OTalk

**Rachel** @OT\_rach

Question 4: How do you or can you ensure you are 'occupation' focused in your interventions? #OTalk #RCOT2018

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @VikkiBarryOT @gemOT18 @OTalk\_ I'm speaking to college students next week to talk to them about the 'hidden care occupat...

**@gem\_OT** @gemOT18

@Amie\_OT @VikkiBarryOT @OTalk\_ Sounds great Amie let us know how it goes #OTpromotion #OTalk

**'Lamide** @girllikemabel

RT @Amie\_OT: @eleanorramsell @OTalk\_ @LindaAgnew2 I think it's good to tailor what you are saying to the individual you're working

**Vikki Barry** @VikkiBarryOT

@Amie\_OT @gemOT18 @OTalk\_ I'm sure you will - for me it's those authentic cases that demonstrate exactly what we do #OTalk

**Kim Willis** @KimWillisOTYes. We shouldn't need a different language in order to feel we add value and are unique. #OTalk <https://t.co/nuUGpYSF5Q>**Ravita OT** @RavitaOt

RT @OTBartlett: @KimWillisOT @OT\_rach Even when doing discharge planning &amp; equipment we can talk about enabling meaningful or Use...

**ForensicDetail** @ForensicDetail

@OTalk\_ It needs ice cream i think.... #otalk

**OTalk** @OTalk\_

@cathymc9781 Welcome aboard Catherine! Add the #OTalk hashtag into your tweets to join in

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT @VikkiBarryOT @gemOT18 @OTalk\_ Perhaps you can show the TED talk by Holly Cohen... since many people in the your generation do like TED/TEDx talks. #otalk

**Amie Jayne** @Amie\_OT

@VikkiBarryOT @gemOT18 @OTalk\_ Sometimes, I feel it's the cases and human touch to an explanation that really help others understand some cases catch the occupational therapy bug =] #OTalk

**OTalk** @OTalk\_Question four... #OTalk <https://t.co/wHstusMt6F>**lindsey.macintyre@yahoo.co.uk** @lindseymacintyre2

@OTalk\_ Occupation is something that an individual wants to do, needs to do and is expected to do #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @VikkiBarryOT @gemOT18 @OTalk\_ Sometimes, I feel it's the cases and human touch to an explanation that really help understand...

**OTalk** @OTalk\_

@ForensicDetail Dont we all! Strawberry for me please! #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @julieannelowe1: @OT\_rach 2/2 we also discuss 'dark' and maladaptive occupations - this is a great debate to have with students w

**Amie Jayne** @Amie\_OT



@Suze17 @preston\_jenny @KimWillisOT @OT\_rach I've had that on placements, my favourite one was someone asking why I was a p green trousers and was it because the others were 'better than me' and I wasn't as experienced #OTalk



**OTalk** @OTalk\_  
RT @Amie\_OT: @VikkiBarryOT @gemOT18 @OTalk\_ Sometimes, I feel it's the cases and human touch to an explanation that really he unde...



**Bill Wong, OTD, OTR/L** @BillWongOT  
@julieannelowe1 @OT\_rach I love hearing this topic... don't feel it is discussed in US as much. #otalk



**Ruth Hawley** @Ruth\_Hawley  
@colourful\_ot @Amie\_OT @theRCOT As a parent with a child who's a gamer, I think this sounds fab. Always difficult to label any occup wholly positive or wholly negative, that's why concepts around #darkoccupations so interesting #OTalk



**Ele OT** @eleanorramsell  
@BillWongOT @VikkiBarryOT I was thinking the same - sometimes OT language can sound a bit "jargony" outside of the profession, a to be understood by all can overrule. It might also make our role better understood if they can understand our language #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @lindseymacinty2: @OTalk\_ Occupation is something that an individual wants to do, needs to do and is expected to do #otalk



**Catriona Connell** @POPPED\_Project  
Wow - channel 4 challenging the political dogma that people are always better in work. Work has changed from a stable role job and soc connection. Is the modern temp contract, zero hours workforce likely to benefit so much? #c4news #otalk



**'Lamide** @girllikemabel  
RT @julieannelowe1: @OT\_rach To be honest sometimes with difficulty within different faculties. But then we have the beauty of debate



**Fiona Hegarty** @FeHOT\_KOP  
#OTalk As part of our #Guernsey #AHP had to explain Occupational Therapy in under 30 seconds .. took lots of redrafts to get it down. <https://t.co/Yqm5T8QABQ> via @YouTube



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @Amie\_OT: @Suze17 @preston\_jenny @KimWillisOT @OT\_rach I've had that on placements, my favourite one was someone aski was a phys...



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @eleanorramsell: @BillWongOT @VikkiBarryOT I was thinking the same - sometimes OT language can sound a bit "jargony" outsic pro...



**Catherine McNulty** @cathymc9781  
#OTalk <https://t.co/sYmDPeThlq>



**Kim Willis** @KimWillisOT  
@OT\_rach I ensure the needs of the individual are at the heart. What do THEY want& need. Enabling people to carry out chosen occup best outcome measure there is. Using occupation as treatment and goal. #OTalk



**ForensicDetail** @ForensicDetail  
@julieannelowe1 @OT\_rach Great debate. Are they really maladaptive - or just socially disapproved of... #otalk



**Kim Willis** @KimWillisOT  
RT @eleanorramsell: @BillWongOT @VikkiBarryOT I was thinking the same - sometimes OT language can sound a bit "jargony" outsic pro...

**Orla** @orlatheot



RT @KimWillisOT: @OT\_rach I ensure the needs of the individual are at the heart. What do THEY want& need. Enabling people to carry



**Dr Jenny Preston MBE** @preston\_jenny  
@Amie\_OT @Suze17 @KimWillisOT @OT\_rach I hope you set them straight!! #OTalk



**OTalk** @OTalk\_  
Heading into the last 15 minutes with @OT\_rach. Some great points & ideas going on! #OTalk <https://t.co/cMJblzF0qs>



**'Lamide** @girllikemabel  
RT @lindseymacinty2: @OTalk\_ Occupation is something that an individual wants to do, needs to do and is expected to do #otalk



**Bill Wong, OTD, OTR/L** @BillWongOT  
@eleanorramsell @VikkiBarryOT That makes me being a TEDx curator a unique challenge. I will definitely get someone good... but then his/her speech be understood universally means I got to put my OT hat away when reviewing the script. #otalk



**Paediatric OT** @OT\_south

@OT\_rach #otalk invest time in assessment & goal-setting. with #cypf may include several conversations with parents / teachers / child t full picture in order to determine most effective intervention. adpat assess tools for clients



**Vikki Barry** @VikkiBarryOT  
@ForensicDetail @julieannelowe1 @OT\_rach I think they can be considered both!!! #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @FeHOT\_KOP: #OTalk As part of our #Guernsey #AHP had to explain Occupational Therapy in under 30 seconds .. took lots of redi



**Orla** @orlatheot

RT @OT\_south: @OT\_rach #otalk invest time in assessment & goal-setting. with #cypf may include several conversations with parents /



**Andrew\_S\_Hatton** @Andrew\_S\_Hatton

RT @POPPED\_Project: Wow - channel 4 challenging the political dogma that people are always better in work. Work has changed from



**Rachel** @OT\_rach

@ForensicDetail @julieannelowe1 Today's news is a great example, cannabis oil - has negative connotations because of societies view cannabis. But does the pros outweigh the cons. #OTalk



**Julie-Anne Lowe** @julieannelowe1

@ForensicDetail @OT\_rach All depends on what they are and the context and environment in which they are undertaken #OTalk



**ForensicDetail** @ForensicDetail

@VikkiBarryOT @julieannelowe1 @OT\_rach who decides? #otalk



**Tracey McMahon** @MAFTC

RT @POPPED\_Project: Wow - channel 4 challenging the political dogma that people are always better in work. Work has changed from



**Amie Jayne** @Amie\_OT

@Ruth\_Hawley @colourful\_ot @theRCOT I love the concept of dark occupations and too true, gaming is a really interesting topic and I've increasingly more interested in how pokemon go has created communities and networks and more social outlets in my area then the put



**@gem\_OT** @gemOT18

@KimWillisOT @OT\_rach Absolutely. Being patient centred and explaining that activities and occupations are used for treatment. Explai value of occupation #OTalk

**Dr Jenny Preston MBE** @preston\_jenny



@KimWillisOT @OT\_rach Absolutely agree, must be driven by the person #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

@FeHOT\_KOP @YouTube One thing I will try to ensure when I review the OT TEDx presentation for my event is- the speaker should be explain what we do in 2 minutes or less. #otalk



**OTalk** @OTalk\_

@Amie\_OT @Suze17 @preston\_jenny @KimWillisOT @OT\_rach I (@Kirstie\_OT) had this once, although they said it in jest... told their trousers were in the wash so i thought id wear the greens and rock their world 😂 #OTalk



**Rachel** @OT\_rach

RT @KimWillisOT: @OT\_rach I ensure the needs of the individual are at the heart. What do THEY want& need. Enabling people to carry



**Catherine McNulty** @cathymc9781

@OT\_rach #OTalk occupation focused practice means the practice is focussed on the human doing stuff identified and planned in partne the person



**Rachel** @OT\_rach

RT @preston\_jenny: @KimWillisOT @OT\_rach Absolutely agree, must be driven by the person #OTalk



**Amie Jayne** @Amie\_OT

@preston\_jenny @Suze17 @KimWillisOT @OT\_rach I did, with my best smile and actually had them the next day call me the occupatio #OTalk



**Vikki Barry** @VikkiBarryOT

@ForensicDetail @julieannelowe1 @OT\_rach Good question! And a good debate to be had. If it's meaningful to the individual but consic maladaptive and socially unacceptable - who's right???? #OTalk



**ForensicDetail** @ForensicDetail

@OT\_rach @julieannelowe1 And the question about whether work is still the cure all panacea for helping people live well and stay healt



**Deborah Webster** @debwebster77

@julieannelowe1 @OT\_rach This is very true. There are a lot of occupations that we feel obliged, compelled, to do. #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @cathymc9781: @OT\_rach #OTalk occupation focused practice means the practice is focussed on the human doing stuff identified & planned...



**Julie-Anne Lowe** @julieannelowe1

@OT\_rach @ForensicDetail Exactly .. all about the context. This really links to cultural competence in practice and being acutely aware of personal values and beliefs #OTalk



**Amie Jayne** @Amie\_OT

@OTalk\_ @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT Haha that's brilliant, I just took to explaining that there was difference, I used the 'a physio will get you walking, but will you walk down that corridor naked? no, an occupational therapist will help yo dressed' and explained it further in terms of ADLs #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @gemOT18: @KimWillisOT @OT\_rach Absolutely. Being patient centred and explaining that activities and occupations are used for ...



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Amie\_OT: @Ruth\_Hawley @colourful\_ot @theRCOT I love the concept of dark occupations and too true, gaming is a really intere



**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OT\_south: @OT\_rach #otalk invest time in assessment & goal-setting. with #cypf may include several conversations with parents /



**@Caroline2018** @student\_ot

@OTalk\_ Perhaps working together with people we care for, identifying their needs and understanding what is meaningful to them to enable participation .Not forgetting contextual factors which can influence participation #OTalk



**@gem\_OT** @gemOT18

@Amie\_OT @preston\_jenny @Suze17 @KimWillisOT @OT\_rach Love this! New twitter name?! #OTalk



**Vikki Barry** @VikkiBarryOT

@OT\_rach @ForensicDetail @julieannelowe1 Exactly and what about the value and meaning to the individual #OTalk



**Rebecca Allison** @Rebecca72400332

@OTalk\_ Asking what matters? Helping people move their focus away from symptoms and explore self management based strategies to function #OTalk



**Rachel** @OT\_rach

Loving this discussion and debate that is coming out!! Great stuff everyone!! But we need to move on to the next question!! #OTalk  
<https://t.co/rH0V9XCog3>



**OTalk** @OTalk\_

@Amie\_OT @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT #NakedWalkers 😂 #OTalk



**OTalk** @OTalk\_

RT @Amie\_OT: @OTalk\_ @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT Haha that's brilliant, I just took to explaining there w...



**'Lamide** @girllikemabel

RT @OTalk\_: @Amie\_OT @Suze17 @preston\_jenny @KimWillisOT @OT\_rach I (@Kirstie\_OT) had this once, although they said it in j... them...



**Ruth Hawley** @Ruth\_Hawley

@OT\_rach At the risk of stating the obvious; start by exploring what the person wants to do and take it from there - occupation focused a centred #OTalk



**ForensicDetail** @ForensicDetail

@VikkiBarryOT @julieannelowe1 @OT\_rach And what is the responsibility of the occupational therapist? #otalk



**Suzanne Henshall** @Suze17

@OT\_rach I use my initial axmt & discharge letters to raise the profile of OT by summarising my input in functional & occupational outcome/contact/letter/interaction can be a promoting OT & 'Occupation' opportunity in line with #rcot strategy. #OTalk



**Dr Jenny Preston MBE** @preston\_jenny

@Suze17 @KimWillisOT @Amie\_OT @OT\_rach Are we absolutely certain that this doesn't happen to other professionals too, is it only occupational therapists that get mistaken for others ... I wonder 🤔 #OTalk



**OTalk** @OTalk\_

RT @OT\_rach: Loving this discussion and debate that is coming out!! Great stuff everyone!! But we need to move on to the next question!



**Vikki Barry** @VikkiBarryOT

RT @Amie\_OT: @OTalk\_ @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT Haha that's brilliant, I just took to explaining there w...

**Ele OT** @eleanorramsell

@OT\_rach This is sometimes difficult - my thinking around my working is always occupation focussed but that is not necessarily always interventions to colleagues and patients 1/2 #OTalk

**Rachel** @OT\_rach

Question 5: What if anything will you do differently to put 'occupation' at the heart of what you do? #OTalk #RCOT2018

**ForensicDetail** @ForensicDetail

@julieannelowe1 @OT\_rach thinking about how there are shaped by our development in society, and that not everyone had the same e: society #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Ruth\_Hawley: @OT\_rach At the risk of stating the obvious; start by exploring what the person wants to do and take it from there - c

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @Rebecca72400332: @OTalk\_ Asking what matters? Helping people move their focus away from symptoms and explore self mana... based stra...

**Vikki Barry** @VikkiBarryOT

RT @Ruth\_Hawley: @OT\_rach At the risk of stating the obvious; start by exploring what the person wants to do and take it from there - c

**Linda Agnew** @LindaAgnew2

@OTalk\_ If you're customising your explanation of OT to the person, it follows that you focus on occupations that are relevant to them ar they want and need to achieve. I do explain 'occupations', talk about it being the things we do, and them what that means for them. #OT/

**Dr Jenny Preston MBE** @preston\_jenny

@Amie\_OT @Suze17 @KimWillisOT @OT\_rach Success!! #OTalk

**Kim Willis** @KimWillisOT

RT @Suze17: @OT\_rach I use my initial axmt & discharge letters to raise the profile of OT by summarising my input in functional & occu

**Amie Jayne** @Amie\_OT

@gemOT18 @preston\_jenny @Suze17 @KimWillisOT @OT\_rach I may have to do it! #OTalk

**EmmaOT** @OTBartlett

@Amie\_OT @OTalk\_ @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT I've been wondering recently if we should be c ODLs instead? #OTalk

**OTalk** @OTalk\_

Question five... #OTalk <https://t.co/AEVJ8iV4A5>

**Sarah Innes** @SarahInnes16

@OTalk\_ #OTalk

**Vikki Barry** @VikkiBarryOT

RT @OT\_rach: Question 5: What if anything will you do differently to put 'occupation' at the heart of what you do? #OTalk #RCOT2018

**Ele OT** @eleanorramsell

@OT\_rach Sometimes the occupation focus is the goal rather than the method of intervention - psychoeducation work for example 2/2 #

**Ruth Hawley** @Ruth\_Hawley

@Amie\_OT @colourful\_ot @theRCOT Missed out on pokemon go due to dissertation pressures and technical phone issues when it hit t definitely see the appeal. #geocaching meets gaming! #OTalk

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**Amie Jayne** @Amie\_OT

@preston\_jenny @Suze17 @KimWillisOT @OT\_rach I've never actually asked other professions but I would imagine it would happen to professions. I think nurses are easier to spot but more of the dieticians etc #OTalk

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**Julie-Anne Lowe** @julieannelowe1

@ForensicDetail @VikkiBarryOT @OT\_rach I suppose it's about the individuals Occupational narrative and the role of the OT is to elicit the first instance #OTalk

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**Carolina Cordero** @colourful\_ot

@ForensicDetail @julieannelowe1 @OT\_rach Ties in with what I was just talking about in another thread; lots of talk atm about technology either a meaningless or an actively harmful occupation for kids and I think some of it is evidence-based and some of it is just people's perception #OTalk

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**Rachel** @OT\_rach

Interesting thought what do others think? #otalk activities of daily living or occupations of daily living? <https://t.co/Wd7qN5SPNw>

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**@gem\_OT** @gemOT18

@OTTalk\_ Can't find the tweet now but someone mentioned putting Occupational outcome measures in d/c letters which I find so helpful to continue #OTalk

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**Paediatric OT** @OT\_south

@OT\_rach #otalk as mentioned earlier (apologies lost the thread detailing who!) - use occupation as the target AND tool

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**Amie Jayne** @Amie\_OT

@OTBartlett @OTTalk\_ @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT Interesting thought! Maybe start a movement

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**Catherine McNulty** @cathymc9781

#OTalk helps us understand the addictive nature of humans and 'flow' czimxelstky (sorry misspelt but you get the drift here).. we tread fir <https://t.co/nFGuCVFuf>

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**OTalk** @OTalk\_

Ooooo. Thoughts? #OTalk <https://t.co/LrdBrazoQ3>

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**Rachel** @OT\_rach

@OTTalk\_ @Amie\_OT @Suze17 @preston\_jenny @KimWillisOT @Kirstie\_OT Feel like I have missed out on some fun here!! #OTalk

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**Kim Willis** @KimWillisOT

@OTTalk\_ Ensure that every contact/intervention is linked to an occupational goal or uses occupation to enhance the well being of the person with. #OTalk

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**Vikki Barry** @VikkiBarryOT

Interesting thought #OTalk <https://t.co/KhSaT7imeF>

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**VRA UK** @UKVRA

RT @VikkiBarryOT: Interesting thought #OTalk <https://t.co/KhSaT7imeF>

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**'Lamide** @girllikemabel

RT @Amie\_OT: @OTTalk\_ @Suze17 @preston\_jenny @KimWillisOT @OT\_rach @Kirstie\_OT Haha that's brilliant, I just took to explaining it there w...

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**Amie Jayne** @Amie\_OT

@Ruth\_Hawley @colourful\_ot @theRCOT I didn't play it a lot before but picked it up again this year and use it while travelling on visits as I have become part of the local pokemon go community, we all meet up and go pokemon hunting together, really enjoy it. I now talk to people I meet #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

RT @KimWillisOT: @OTalk\_ Ensure that every contact/intervention is linked to an occupational goal or uses occupation to enhance the individual's quality of life

**Suzanne Henshall** @Suze17

@OT\_rach An MS Nurse specialist asked to spend a day with me as aged read one of my letters &amp; was interested to learn more. #OTalk

**Rachel** @OT\_rachDo people really understand what nurses do? #OTalk are different areas of nursing completely different? <https://t.co/Otc873kPN7>**Bill Wong, OTD, OTR/L** @BillWongOT

RT @julieannelowe1: @ForensicDetail @VikkiBarryOT @OT\_rach I suppose it's about the individuals Occupational narrative and the role

**@gem\_OT** @gemOT18

@OT\_rach Really like the idea of this and talking more about occupations of daily living this could be so much more productive in further understanding #OTalk

**Dr Jenny Preston MBE** @preston\_jenny

@Amie\_OT @Suze17 @KimWillisOT @OT\_rach In NHS Scotland we all wear the same blue uniforms with our profession embroidered chest. It must happen to others too, surely 😊 #OTalk

**OTalk** @OTalk\_The #OTalk fam love a good movement! <https://t.co/7txUTs1otv>**Bill Wong, OTD, OTR/L** @BillWongOT

RT @eleanorramsell: @OT\_rach Sometimes the occupation focus is the goal rather than the method of intervention - psychoeducation v

**Julie-Anne Lowe** @julieannelowe1

@OTalk\_ For me it's about recognising the importance of occupation in my own life and identifying balance and then ensuring I include the focus of my practice #OTalk

**Kim Willis** @KimWillisOT

@OT\_rach ADL is a term used by most health care professionals... Universal and understood language #OTalk

**Amie Jayne** @Amie\_OT

@OT\_rach @OTalk\_ @Suze17 @preston\_jenny @KimWillisOT @Kirstie\_OT Well, if you choose to join #NakedWalkers that's up to you

**Deborah Webster** @debwebster77

@OT\_rach Always patient lead and goal focussed at all times. #OTalk

**Rachel** @OT\_rachI like this #otalk <https://t.co/Ylq6bMEdgB>**OTalk** @OTalk\_

RT @julieannelowe1: @OTalk\_ For me it's about recognising the importance of occupation in my own life and identifying balance and the

**ForensicDetail** @ForensicDetail

@julieannelowe1 @VikkiBarryOT @OT\_rach occupational narrative a great way to identify why someone participates in certain things in ways - but still have to stop people doing things that are socially disapproved of or illegal #otalk

**Vikki Barry** @VikkiBarryOTIsn't it the same for most professions? The people practising that profession are the experts aren't they? #OTalk <https://t.co/5R2FAQ9D1>**Paediatric OT** @OT\_south



@OT\_rach #otalk not be afraid to use compensatory strategies that improve occupational performance as highlighted by @Sallydyspraxia



**Bill Wong, OTD, OTR/L** @BillWongOT

@OT\_rach I think it is important to find meaningful occupations that these individuals want to do... as long as it is within reason, of course



**Vikki Barry** @VikkiBarryOT

RT @gemOT18: @OT\_rach Really like the idea of this and talking more about occupations of daily living this could be so much more prc



**OTalk** @OTalk\_

@Amie\_OT @OT\_rach @Suze17 @preston\_jenny @KimWillisOT @Kirstie\_OT Hahahaha. This chat took a strange direction! #OTalk



**Amie Jayne** @Amie\_OT

@OT\_rach Well, in general if you see someone in a dark blue uniform you think of nurse. I think it's more of a recognisable profession, a there are different areas of nursing and I wouldn't imagine I know all of them #OTalk



**Amie Jayne** @Amie\_OT

@preston\_jenny @Suze17 @KimWillisOT @OT\_rach I didn't realise that, it must be confusing no? #OTalk



**ForensicDetail** @ForensicDetail

@colourful\_ot @julieannelowe1 @OT\_rach Depends whose perception of harm is privileged? #otalk



**Kim Willis** @KimWillisOT

@OT\_south @OT\_rach @Sallydyspraxia Compensation has its place, most definitely. I tend to use at the very beginning or very end of intervention. #OTalk



**Amie Jayne** @Amie\_OT

@OTalk\_ @OT\_rach @Suze17 @preston\_jenny @KimWillisOT @Kirstie\_OT haha! #OTalk



**Bill Wong, OTD, OTR/L** @BillWongOT

@Amie\_OT @OT\_rach In the US... I know I am the only wear OT T-shirts almost always. Other staff usually wear scrubs. #otalk



**Julie-Anne Lowe** @julieannelowe1

@ForensicDetail @VikkiBarryOT @OT\_rach I have a great session with students exploring this and how we can utilise the skills the people from engaging in such activities to adopt potentially positive occupations #OTalk



**OTalk** @OTalk\_

Just throwing it out there... what do people think is "within reason?". Should this even apply to OT practice #OTalk <https://t.co/Xql1u8U75>



**OTEllenC** @OTEllenC

@KimWillisOT @Amie\_OT @OT\_rach To quote Mary Reilly (1962): "The wide & gaping chasm which exists between the complexity of life the commonplaceness of our treatment tools is, and always will be, both the pride and anguish of our profession." That's why we're always explaining ourselves! #OTalk



**OTalk** @OTalk\_

5 minutes left... #OTalk



**OTalk** @OTalk\_

RT @ForensicDetail: Occupational therapy = The deliberate application of occupation as a therapeutic medium – to achieve a defined outcome



**Ruth Hawley** @Ruth\_Hawley

@OT\_rach With my role I will be considering opportunities to make #OTeducation occupation focused too #OTalk

**@gem\_OT** @gemOT18



@julieannelowe1 @OTalk\_ I too have found this useful and in a group setting when we make plans for the following week I'll often comm too so pts can ask me about it. It's good role-modelling #OTalk



**Vikki Barry** @VikkiBarryOT  
Do you mean constraint by resources? #OTalk <https://t.co/OKHcZWcYka>



**Amie Jayne** @Amie\_OT  
@OT\_rach For me, it's talking about occupation, in clinical practice I would imagine it's about remembering to keep occupations at the cc remember why I am doing particular sessions / tasks / assesments #OTalk



**Kim Willis** @KimWillisOT  
RT @OTEllenC: @KimWillisOT @Amie\_OT @OT\_rach To quote Mary Reilly (1962): "The wide & gaping chasm which exists between th complexity of i...



**Rachel** @OT\_rach  
Wow 5min left I have to move on to the last question! #OTalk <https://t.co/uxM6DawozG>



**Bill Wong, OTD, OTR/L** @BillWongOT  
@OTalk\_ Good question. In my setting... because some patients are in locked units sometimes, it's not the easiest to get clearance to ge to a local drug store or market. #otalk



**OTalk** @OTalk\_  
The awesome @ForensicDetail bringing back the "Define OT in a tweet" challenge! #OTalk <https://t.co/B1NYEnzxN6>



**Fiona Hegarty** @FeHOT\_KOP  
#otalk agree. OTs tend to explain what they do "issued RTS" rather than why "Achieved independence in toileting". Drs cure illness not p pills 😊 <https://t.co/opFKjoUdxR>



**Dr Jenny Preston MBE** @preston\_jenny  
@Amie\_OT @Suze17 @KimWillisOT @OT\_rach Yes very confusing for everyone!#OTalk. However it serves as a reminder that we are i defined by what colour we wear.



**Vikki Barry** @VikkiBarryOT  
RT @OTEllenC: @KimWillisOT @Amie\_OT @OT\_rach To quote Mary Reilly (1962): "The wide & gaping chasm which exists between th complexity of i...



**Carolina Cordero** @colourful\_ot  
@Amie\_OT @preston\_jenny @Suze17 @KimWillisOT @OT\_rach We're definitely not the only obscure profession; on my current placer gotten phone calls from people who received appointments for podiatry, didn't know what that was, and ended up calling us (paediatric C of the podiatry/paediatric word similarity! #OTalk



**Rachel** @OT\_rach  
Hello @OTEllenC - hope your well! #OTalk <https://t.co/XjYTjD0zrh>



**Catherine McNulty** @cathymc9781  
#OTalk gotta go guys great dipping into discussions at the heart of our practice.. remembering we are only profession focused on the occ doing stuff of all humans lived... Lets make sure we keep to it and be proud of the focus of practice <https://t.co/lllqWx7CeK>



**Amie Jayne** @Amie\_OT  
@OTEllenC @KimWillisOT @OT\_rach I had forgotten this, thank you for reminding me of it, I feel like I need it stuck on my wall! #OTalk



**Julie-Anne Lowe** @julieannelowe1  
@OTalk\_ Constantly go back to occupational science principles , doing and activity analysis #OTalk, as well as reading , exploring and tr ways of doing

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**Bill Wong, OTD, OTR/L** @BillWongOT

@OTalk\_ Or sometimes if patients with dementia who are long term care patients might say, "I want to go home. I miss my family." Some might not be able to honor such requests. #otalk

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**Rachel** @OT\_rach

Question 6: What is your pledge to meet the RCOT strategic intentions? #OTalk #RCOT2018

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**Vikki Barry** @VikkiBarryOT

Is not not occupation focused because your teaching it or do you mean in the sense of practical application? Would be interesting to have discussions about this Ruth #OTalk <https://t.co/ROCqHNzEsa>

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**Amie Jayne** @Amie\_OT

@preston\_jenny @Suze17 @KimWillisOT @OT\_rach Very true! I am very used to looking out for particular colours to represent different professions in England #OTalk

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**Vikki Barry** @VikkiBarryOT

RT @Amie\_OT: @OT\_rach For me, it's talking about occupation, in clinical practice I would imagine it's about remembering to keep occ

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**Ele OT** @eleanorramsell

@OT\_rach Just a thought-I'll continue to make myself present within the MDT-OT incorporate the best parts of other professions (psych physio etc) so why can't other professions incorporate the best bits of us to their practice making occupation at the heart of what we ALL

---

**ForensicDetail** @ForensicDetail

@julieannelowe1 @VikkiBarryOT @OT\_rach this has been called 'volitional realignment' - finding new occupations that meet the same n are meaningful, but get you into less trouble #otalk <https://t.co/jueAX7c9ek>

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**Rachel** @OT\_rach

Great quote!! Might put this on the office wall. #OTalk <https://t.co/XjYTjD0zrh>

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**Bill Wong, OTD, OTR/L** @BillWongOT

RT @eleanorramsell: @OT\_rach Just a thought-I'll continue to make myself present within the MDT-OT incorporate the best parts of othe

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**OTalk** @OTalk\_

Last question to wrap up tonights #OTalk chat. What is your #OTpledge? <https://t.co/LyWaNfGyLa>

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**@gem\_OT** @gemOT18

@Amie\_OT @OTEllenC @KimWillisOT @OT\_rach Love a quote. Tomorrow's task for me too to print this! #OTalk

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**Bill Wong, OTD, OTR/L** @BillWongOT

RT @colourful\_ot: @Amie\_OT @preston\_jenny @Suze17 @KimWillisOT @OT\_rach We're definitely not the only obscure profession; or current pla...

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**Bill Wong, OTD, OTR/L** @BillWongOT

RT @FeHOT\_KOP: #otalk agree. OTs tend to explain what they do "issued RTS" rather than why "Achieved independence in toileting". I

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**Julie-Anne Lowe** @julieannelowe1

@ForensicDetail @VikkiBarryOT @OT\_rach I like this terminology! #OTalk

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**Bill Wong, OTD, OTR/L** @BillWongOT

RT @OTEllenC: @KimWillisOT @Amie\_OT @OT\_rach To quote Mary Reilly (1962): "The wide & gaping chasm which exists between the complexity of i...

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**Amie Jayne** @Amie\_OT

@colourful\_ot @preston\_jenny @Suze17 @KimWillisOT @OT\_rach In that case do we worry about it more than other professions do? /



necessary to worry about people getting out name right? #OTalk



**Orla** @orlatheot  
@OT\_rach Remain occupation-focused on my role-emerging placement in substance abuse rehabilitation 😊 #OTalk



**Vikki Barry** @VikkiBarryOT  
@julieannelowe1 @OTalk\_ Agreed Julie 👍 #OTalk



**Ele OT** @eleanorramsell  
@OTalk\_ Should we be aiming for a dark occupation as our goal? I have worked with patients who have serious substance use issues and goal is to return to these. Dilemma. #OTalk



**OTalk** @OTalk\_  
RT @OTEllenC: @KimWillisOT @Amie\_OT @OT\_rach To quote Mary Reilly (1962): "The wide & gaping chasm which exists between the complexity of i...



**Bill Wong, OTD, OTR/L** @BillWongOT  
RT @orlatheot: @OT\_rach Remain occupation-focused on my role-emerging placement in substance abuse rehabilitation 😊 #OTalk



**Amie Jayne** @Amie\_OT  
@ForensicDetail @julieannelowe1 @VikkiBarryOT @OT\_rach I've not heard of this before, definitely going to look at it in more detail #OTalk



**Vikki Barry** @VikkiBarryOT  
RT @ForensicDetail: @julieannelowe1 @VikkiBarryOT @OT\_rach this has been called 'volitional realignment' - finding new occupations



**Vikki Barry** @VikkiBarryOT  
RT @OT\_rach: Great quote!! Might put this on the office wall. #OTalk <https://t.co/XjYTjD0zrh>



**Bill Wong, OTD, OTR/L** @BillWongOT  
See you guys next week! Hope y'all have a fab week. #otalk will be tweeting some #caot2018 updates in the next few days since I will be



**Rachel** @OT\_rach  
Don't forget to go to @theRCOT webpage and make your pledge! #otalk <https://t.co/PzLP4xsb1p>



**Dr Jenny Preston MBE** @preston\_jenny  
@Amie\_OT @colourful\_ot @Suze17 @KimWillisOT @OT\_rach A whole other discussion perhaps #OTalk



**Julie-Anne Lowe** @julieannelowe1  
@OT\_rach As the wife and mother of nurses ( one adult and 1mh) I see that they have similar struggles at time salthough their role is more universally understood, the nuances of individual roles with nursing can be just as misunderstood #OTalk



**Vikki Barry** @VikkiBarryOT  
RT @OT\_rach: Don't forget to go to @theRCOT webpage and make your pledge! #otalk <https://t.co/PzLP4xsb1p>



**Ele OT** @eleanorramsell  
@OTalk\_ Gym use in a patient with a serious eating disorder. But the difficulty with these conversations is that we need to consider whose standards are we expecting patients to live by? #OTalk



**@gem\_OT** @gemOT18  
@OT\_rach To ensure all the OTs I work with know about the intentions and see how we can meet them #OTalk

**OTalk** @OTalk\_  
Thats our offical hour up but please so keep tweeting, chatting & contributing as we dont grab the transcript for a few days! #OTalk



<https://t.co/cUMczJw8KW>



**Vikki Barry** @VikkiBarryOT  
@julieannelowe1 @OT\_rach Good point, I hear the same from colleagues #OTalk



**Ruth Hawley** @Ruth\_Hawley  
@OT\_rach My pledge to meet the @theRCOT strategic intentions is to enable students to develop confidence in digital skills ready for 2 practice and to be able to articulate loud and proud re #ValueOfOT #OTalk



**Rachel** @OT\_rach  
That was great and went so fast! Really enjoyed the hour. #OTalk <https://t.co/MIY4KNf3V8>



**Amie Jayne** @Amie\_OT  
@eleanorramsell @OTalk\_ I think there's always a challenging line between what we should facilitate or not, e.g. smoking, graffiti art. #O



**@Caroline2018** @student\_ot  
That's mine and am really working hard to stay focused . No turning back. #OTalk <https://t.co/laCwG3FDGq>



**Mrs A.** @idva12  
RT @POPPED\_Project: Wow - channel 4 challenging the political dogma that people are always better in work. Work has changed from



**Vikki Barry** @VikkiBarryOT  
Thanks guys! @Kirstie\_OT @OT\_rach as always #OTalk <https://t.co/B7AiK4Z8Uo>



**Kim Willis** @KimWillisOT  
@OT\_rach Great stuff! Nos da from beautiful Pembrokeshire..... #OTalk



**Carolina Cordero** @colourful\_ot  
@Amie\_OT @preston\_jenny @Suze17 @KimWillisOT @OT\_rach Reminds me of a sociology module I had in which a topic that came u point was whether OT has an "inferiority complex" because of traditionally being seen as less scientific and less valuable than e.g. medic interesting thing to think about! #OTalk



**Paediatric OT** @OT\_south  
@OT\_rach more time in determining occupation focused goals collaboratively with #cypf & promote use of #assistivetech in enhancing p in /outside of the organisation #otalk



**OTalk** @OTalk\_  
Thanks to @OT\_rach for a great #OTalk topic & getting everyone involved with the @theRCOT strategic intentions. Find out how to add  
➡ <https://t.co/V5SzFZ14TJ>



**Julie-Anne Lowe** @julieannelowe1  
@OT\_rach Wow .. thanks Rachel, great hours cpd chat . Thank you #OTalk



**OTalk** @OTalk\_  
@VikkiBarryOT @Kirstie\_OT @OT\_rach Thanks for joining us Vikki #Otalk



**Dr Jenny Preston MBE** @preston\_jenny  
@Suze17 @Amie\_OT @KimWillisOT @OT\_rach Yes ... and they do 😂😂😂. Thank goodness for my "Hello my name is Jenny" badge #



**Amie Jayne** @Amie\_OT  
@OT\_rach My pledge is to continue promoting the value of occupational therapy, encourage conversation about the profession and with continue to talk to students about the value of membership and how they can utilise it for their own learning #OTalk

**Rachel** @OT\_rachNight all #OTalk <https://t.co/nDc4aA7HxV>**Vikki Barry** @VikkiBarryOT

RT @OTalk\_: Thanks to @OT\_rach for a great #OTalk topic &amp; getting everyone involved with the @theRCOT strategic intentions. Find o

**OTalk** @OTalk\_Thanks everyone for all your tweets & contributions! We shall be back again next week with @SarahSharland19 when we will be talking Health Act & Deprivation of Liberty Safeguards. #OTalk <https://t.co/g2aLauxPcU>**Kim Willis** @KimWillisOTInferiority complex. Inferiorly valued and resourced (is that even a word?!) #OTalk <https://t.co/M1Lu7fpf8>**Amie Jayne** @Amie\_OT

@colourful\_ot @preston\_jenny @Suze17 @KimWillisOT @OT\_rach Ooo... I've not heard that viewpoint before, that's an interesting one

**Dr Jenny Preston MBE** @preston\_jenny

@MatthewHocking2 @BillWongOT @OTalk\_ And did he follow his career advice?#OTalk

**@gem\_OT** @gemOT18

@OT\_rach Thanks for being so kind to me in my first #OTalk will def join in in the future!

**Vikki Barry** @VikkiBarryOT

RT @OTalk\_: @VikkiBarryOT @Kirstie\_OT @OT\_rach Thanks for joining us Vikki #Otalk

**Rachel** @OT\_rachYour welcome tune in next week! #OTalk <https://t.co/LiEpj1iW0H>**Rachel** @OT\_rachRT @student\_ot: That's mine and am really working hard to stay focused . No turning back. #OTalk <https://t.co/laCwG3FDGq>**Carolina Cordero** @colourful\_ot

@Amie\_OT @preston\_jenny @Suze17 @KimWillisOT @OT\_rach It's a little bit like the #ImmodestWomen thing I think; it's not so much matters, more that we want to make sure the work we do is acknowledged and respected #OTalk

**OTalk** @OTalk\_Inspired by #RCOT2018? Have some learning or research to share? Why not host an #OTalk chat of your own? More info & sign up via <https://t.co/Kf8nFtq4Zi>**Amie Jayne** @Amie\_OT

@OTalk\_ @SarahSharland19 Sounds like an interesting one, I will set my alarm for next week =] #OTalk

**Amie Jayne** @Amie\_OT

@OTalk\_ @OT\_rach @theRCOT Thank you for another great discussion #OTalk

**Ruth Hawley** @Ruth\_Hawley

@VikkiBarryOT Yes clearly occupation focused in teaching intent, but am always interested in how to do more in practical application. Be chat more about it Vikki #OTalk

**OTalk** @OTalk\_Great tip! Set that alarm for 7:50 every Tuesday to make sure you dont miss #OTalk! <https://t.co/B39BPVoMZb>**Dr Jenny Preston MBE** @preston\_jenny



@colourful\_ot @Amie\_OT @Suze17 @KimWillisOT @OT\_rach Totally agree #OTalk



**Paediatric OT** @OT\_south

@OT\_rach great to hear opinions from others, to learn about @RCOT new strategic intentions & make a pledge, thank you #otalk



**Rachel** @OT\_rach

Hope to see you again soon #OTALK <https://t.co/2FVksTJKew>



**Amie Jayne** @Amie\_OT

@colourful\_ot @preston\_jenny @Suze17 @KimWillisOT @OT\_rach I totally agree to that! You can call me what you like if you understand the importance of the work I do #OTalk



**Rachel** @OT\_rach

Lovely to have you!! #otalk hope you come back next week. <https://t.co/ZxHnZjd3VU>



**OTalk** @OTalk\_

Dont forget contributing towards or hosting an #OTalk can count as CPD. Be sure to complete the reflective log & download your certificate <https://t.co/Dnl21vqZqu>



**Dr Jenny Preston MBE** @preston\_jenny

Yes thanks @OT\_rach really enjoyed that tonight, along with all the controversies (sorry!) #OTalk <https://t.co/7i25qfbBX5>



**'Lamide** @girllikemabel

@OT\_rach It was a good time with #OTalk today.. Can't wait for next week for another #OTalk time. Glad I joined in



**Suzanne Henshall** @Suze17

@OT\_rach Whilst continuing to value & keep 'occupation' at the heart of my clinical practice, I also actively mentor the junior OTs & OTs do the same. Thus embedding it as an 'occupational culture' throughout the service #OTalk #positiveculture #RCOT



**Dr Jenny Preston MBE** @preston\_jenny

RT @OTalk\_: Thanks everyone for all your tweets & contributions! We shall be back again next week with @SarahSharland19 when we...



**OTalk** @OTalk\_

Thanks again everyone, this is @Kirstie\_OT signing off! #OTalk <https://t.co/G6mXb170zV>



**Dr Jenny Preston MBE** @preston\_jenny

RT @Amie\_OT: @colourful\_ot @preston\_jenny @Suze17 @KimWillisOT @OT\_rach I totally agree to that! You can call me what you like under...



**Rachel** @OT\_rach

Always great to read someone has enjoyed it. #OTalk <https://t.co/1bsG7kQGYv>



**Kirstie** @Kirstie\_OT

RT @OTalk\_: Inspired by #RCOT2018? Have some learning or research to share? Why not host an #OTalk chat of your own? More info vi...



**Kirstie** @Kirstie\_OT

RT @OTalk\_: The awesome @ForensicDetail bringing back the "Define OT in a tweet" challenge! #OTalk <https://t.co/B1NYEnzxN6>

Showing 1 to 516 of 516 entries

 #OTalk conte

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